```python
from collections import Counter
def MostCommon(lst):
    '''
    Find the most common element from lst.
    '''
    data = Counter(lst)
    return data.most_common(1)[0][0]

def check():
    assert MostCommon([1, 2, 1]) == 1
    assert MostCommon([4, 0, 0]) == 0
    ...
```