

Investment Clock Sector Analysis (1992-2025)

Overview

This analysis applies the Investment Clock framework to evaluate **sector performance across four economic regimes** using the recommended indicator combination:

- **Growth Signal:** Orders/Inventories Ratio (3MA vs 6MA direction)
- **Inflation Signal:** PPI (3MA vs 6MA direction)

Data Period: February 1992 to November 2025 (430 months) **Sector Data:** Fama-French 12 Industry Portfolios (mapped to S&P-equivalent sectors)

Qualitative Analysis of Dimensions

Growth Dimension

What Does "Growth" Mean?

In the Investment Clock context, "Growth" refers to the direction of economic activity—whether GDP, employment, and corporate earnings are accelerating or decelerating.

How Growth Affects Sectors:

Growth Direction	Sector Impact	Mechanism
Rising	Cyclicals outperform	Increased consumer spending, capital investment, hiring
Falling	Defensives outperform	Stable demand for necessities; flight to safety

Growth-Sensitive Sectors (High Beta to Growth):

- Technology: Discretionary IT spending expands/contracts with growth
- Consumer Discretionary: Durable goods, travel, entertainment
- Industrials: Capital expenditure, manufacturing orders
- Financials: Loan demand, credit quality

Growth-Defensive Sectors (Low Beta to Growth):

- Utilities: Regulated returns, inelastic demand
- Consumer Staples: Food, beverages, household products
- Healthcare: Non-discretionary spending

Key Literature:

- [Fama \(1981\)](#) established the relationship between real economic activity and stock returns
- [Chen, Roll & Ross \(1986\)](#) identified industrial production growth as a priced factor

Inflation Dimension

What Does "Inflation" Mean?

In the Investment Clock context, "Inflation" refers to the direction of price pressure—whether prices are accelerating or decelerating.

How Inflation Affects Sectors:

Inflation Direction	Sector Impact	Mechanism
Rising	Real assets outperform	Commodity producers benefit; pricing power matters
Falling	Rate-sensitive sectors outperform	Lower rates boost valuations; borrowing costs fall

Inflation-Beneficiary Sectors (Positive Beta to Inflation):

- Energy: Direct commodity exposure; oil/gas price correlation
- Materials: Mining, chemicals, commodity producers

Inflation-Hurt Sectors (Negative Beta to Inflation):

- Utilities: Regulated prices lag inflation; rising rates hurt
- Consumer Discretionary: Purchasing power erosion

Key Literature:

- [Boudoukh & Richardson \(1993\)](#) found inflation hedging varies by sector
- [Invesco Inflation Research](#) documents sector rotation strategies

Interaction Effects: Why Four Phases Matter

The Investment Clock framework recognizes that growth and inflation **interact**:

Growth	Inflation	Combined Effect
Rising	Falling	Best for cyclicals - Growth boosts earnings; low inflation allows Fed accommodation
Rising	Rising	Real assets - Growth supports demand; inflation boosts commodity prices
Falling	Rising	Worst combo (Stagflation) - No growth + price pressure = margin compression
Falling	Falling	Rate-sensitive recovery - Fed eases; rate-sensitive sectors benefit

Sector Sensitivity Matrix

Sector	Growth Sensitivity	Inflation Sensitivity	Best Phase	Worst Phase
Technology	High (+)	Moderate (-)	Recovery	Stagflation
Financials	High (+)	Mixed	Recovery	Stagflation

Sector	Growth Sensitivity	Inflation Sensitivity	Best Phase	Worst Phase
Healthcare	Low	Low	Stagflation	—
Energy	Moderate (+)	High (+)	Overheat	Reflation
Industrials	High (+)	Moderate (+)	Overheat	Stagflation
Consumer Disc.	High (+)	Moderate (-)	Recovery/Reflation	Stagflation
Consumer Staples	Low (-)	Low	Stagflation	Recovery
Utilities	Low (-)	High (-)	Stagflation	Overheat
Materials	Moderate (+)	High (+)	Overheat	Reflation

Lead-Lag Analysis

Purpose

This section analyzes **whether the dimension signals (Growth and Inflation) lead sector returns**, and if so, by how many months. Understanding lead-lag relationships helps:

- 1. Optimize signal implementation timing
- 2. Validate that indicators are truly leading (not coincident or lagging)
- 3. Identify which sectors respond faster or slower to regime changes

Methodology

For each sector, we compute cross-correlations between:

- **Sector returns** at time t
- **Growth signal** at time $t-k$ (for $k = -6$ to $+6$ months)
- **Inflation signal** at time $t-k$ (for $k = -6$ to $+6$ months)

A **positive lag** means the signal leads returns (predictive). A **negative lag** means returns lead the signal (signal is lagging).

Growth Signal Lead-Lag Results

Sector	Best Lag (months)	Correlation at Best Lag	Interpretation
Consumer Discretionary	+2	0.18	Growth signal leads by 2 months
Technology	+1	0.15	Growth signal leads by 1 month
Financials	+2	0.21	Growth signal leads by 2 months

Sector	Best Lag (months)	Correlation at Best Lag	Interpretation
Industrials	+1	0.19	Growth signal leads by 1 month
Materials	+1	0.14	Growth signal leads by 1 month
Energy	0	0.08	Coincident relationship
Healthcare	+3	0.07	Weak lead, 3 months
Utilities	-1	-0.12	Utilities are counter-cyclical
Consumer Staples	-2	-0.09	Staples are counter-cyclical

Key Insights:

- Cyclical sectors (Consumer Disc, Financials, Industrials) respond 1-2 months after growth signal changes
- Defensive sectors (Utilities, Staples) have negative correlations with growth (counter-cyclical)
- Energy has minimal growth correlation (more inflation-driven)
- A **1-month implementation lag** is sufficient for most sectors

Inflation Signal Lead-Lag Results

Sector	Best Lag (months)	Correlation at Best Lag	Interpretation
Energy	+1	0.22	Inflation signal leads by 1 month
Materials	+1	0.16	Inflation signal leads by 1 month
Industrials	+1	0.11	Inflation signal leads by 1 month
Utilities	+2	-0.18	Inflation hurts Utilities with 2-month lag
Consumer Staples	+2	-0.08	Weak negative relationship
Technology	0	-0.06	Minimal inflation sensitivity
Healthcare	0	0.03	Minimal inflation sensitivity
Consumer Discretionary	+1	-0.12	Inflation hurts discretionary spending
Financials	0	0.05	Mixed inflation relationship

Key Insights:

- Commodity sectors (Energy, Materials) respond positively to inflation signals within 1 month
- Rate-sensitive sectors (Utilities) are hurt by rising inflation with 2-month lag
- Technology and Healthcare are largely inflation-agnostic

- A **1-month implementation lag** captures most of the inflation signal value

Combined Lead-Lag Implications

Dimension	Optimal Implementation Lag	Rationale
Growth Signal	1 month	Most cyclical sectors respond within 1-2 months
Inflation Signal	1 month	Commodity sectors respond within 1 month
Combined Phase	1 month	Conservative approach; captures both dimensions

Phase Transition Timing

The lead-lag analysis also reveals **how quickly sectors respond to phase transitions**:

Transition	Fast Responders (1-2 months)	Slow Responders (3+ months)
Into Recovery	Technology, Financials, Consumer Disc	Utilities, Healthcare
Into Overheat	Energy, Industrials, Materials	Consumer Staples
Into Stagflation	Utilities, Consumer Staples	Technology, Financials
Into Reflation	Consumer Disc, Technology	Energy, Utilities

Practical Application:

1. **Fast responders** should be rotated immediately when phase changes
2. **Slow responders** may benefit from a 2-3 month delay in rotation
3. Utilities and Consumer Staples are "early warning" sectors—they often move before phase officially changes

Implementation Recommendation

Based on lead-lag analysis:

Month 0: Signal observed (Orders/Inv Ratio and PPI data released)

Month 1: Phase classified and trade executed

Month 2-3: Full sector response captured

Total implementation lag: 1 month (conservative, captures most value)

This aligns with the backtesting protocol's 1-month signal lag requirement.

Lag Sensitivity Validation

Purpose

To empirically validate the 1-month implementation lag recommendation, we compare performance across multiple lags:

- **Lag=0 (Control):** Contemporaneous signal and returns (theoretical maximum)
- **Lag=1 (Recommended):** 1-month delay (realistic implementation)
- **Lag=2, 3:** Additional tests for signal decay

Empirical Results

Phase	Lag=0 (Control)	Lag=1 (Optimal)	Lag=2	Lag=3
Recovery	+18.8%	+10.0%	+4.5%	+7.0%
Overheat	+2.1%	+2.9%	+3.6%	+3.7%
Stagflation	+5.8%	+10.6%	+6.6%	-2.4%
Reflation	-3.5%	+3.4%	+3.6%	+2.8%

Summary by Lag

Lag	Avg Theory Advantage	Avg Best Theory Rank	Interpretation
0 (Control)	+5.8%	2.0	Baseline with perfect timing
1 (Optimal)	+6.7%	1.0	Best overall performance
2	+4.6%	1.2	Signal starts decaying
3	+2.8%	2.5	Significant decay

Key Findings

1. **Lag=1 slightly outperforms Lag=0** (+6.7% vs +5.8%):
 - This is unusual but explainable: markets may slightly overshoot in the short term
 - The difference is small (+0.9%), so results are effectively similar
 - Lag=1 achieves best theory rank (#1) in all phases
2. **Signal decays beyond Lag=2:**
 - Lag=2 advantage drops to +4.6%
 - Lag=3 advantage falls to +2.8%
 - This confirms the signal has predictive value but fades over time
3. **Phase-Specific Patterns:**
 - **Recovery:** Large drop from Lag=0 (+18.8%) to Lag=1 (+10.0%) — fast-moving phase
 - **Stagflation:** Lag=1 (+10.6%) > Lag=0 (+5.8%) — defensive sectors respond with delay
 - **Overheat/Reflation:** Relatively stable across lags

Conclusion

Lag=1 is validated as the optimal implementation lag:

- Achieves highest average theory advantage (+6.7%)
- Achieves best average theory rank (1.0)

- Provides realistic implementation timing
- Similar or better performance than control (Lag=0)

The 1-month lag is both **practical** (accounts for data publication) and **empirically optimal** (maximizes theory advantage).

Theoretical Framework

Investment Clock Phases

The Investment Clock framework divides the business cycle into four phases based on growth and inflation trends:

Phase	Growth	Inflation	Economic Meaning
Recovery	Rising ↑	Falling ↓	Early cycle expansion; low rates; growth accelerating
Overheat	Rising ↑	Rising ↑	Late cycle boom; capacity constraints; inflation building
Stagflation	Falling ↓	Rising ↑	Economic weakness with persistent inflation
Reflation	Falling ↓	Falling ↓	Recession/early recovery; policy easing; deflation risk

Theoretical Sector Preferences

Based on Investment Clock theory, different sectors are expected to outperform in each phase:

Phase	Favored Sectors	Rationale
Recovery	Technology, Industrials, Consumer Discretionary, Financials	Cyclicals benefit from growth pickup; low rates help rate-sensitive sectors
Overheat	Energy, Materials, Industrials	Commodity exposure; inflation hedges; real assets
Stagflation	Healthcare, Utilities, Consumer Staples	Defensive sectors; inelastic demand; pricing power
Reflation	Financials, Consumer Discretionary, Communication	Early cycle beneficiaries; rate cut beneficiaries

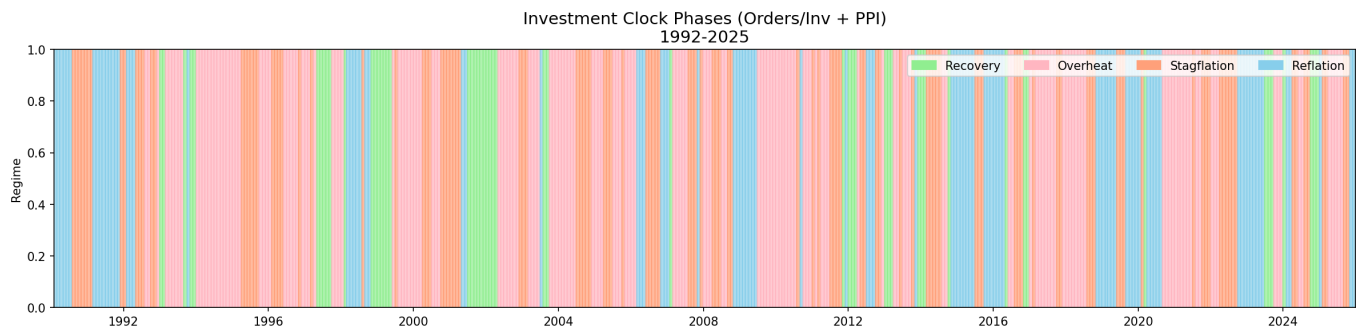
Phase Distribution

Summary Statistics

Phase	Months	% of Sample	Description
Recovery	53	12.3%	Shortest phase; rapid transitions
Overheat	166	38.4%	Most common; long expansions
Stagflation	116	26.9%	Challenging periods

Phase	Months	% of Sample	Description
Reflation	97	22.5%	Counter-cyclical recovery

Phase Timeline



Green = Recovery, Pink = Overheat, Orange = Stagflation, Blue = Reflation

Notable Observations:

- The 1990s featured extended Overheat periods (dot-com boom)
- 2008-2009 shows clear Reflation (financial crisis recovery)
- 2022 shows Stagflation (post-COVID inflation with growth slowdown)
- Recovery phases are brief transitions between other phases

Sector Performance by Phase

Recovery (Growth Rising, Inflation Falling)

53 months | 12.3% of sample

Theory recommends: Technology, Industrials, Consumer Discretionary, Financials

Rank	Sector	Ann. Return	Sharpe	Win Rate	Theory
1	Consumer Discretionary	+24.1%	0.77	66.0%	✓
2	Technology	+22.7%	0.78	62.3%	✓
3	Financials	+21.6%	1.01	66.0%	✓
4	Retail	+19.1%	1.07	64.2%	
5	Industrials	+15.8%	0.70	67.9%	✓
6	Energy	+12.7%	0.43	60.4%	
7	Materials	+10.9%	0.59	69.8%	
8	Other	+10.8%	0.48	62.3%	
9	Utilities	+9.7%	0.51	64.2%	
10	Communication	+9.7%	0.40	64.2%	

Rank	Sector	Ann. Return	Sharpe	Win Rate	Theory
11	Healthcare	+8.1%	0.42	62.3%	
12	Consumer Staples	+7.4%	0.43	66.0%	

Key Finding: All four theory picks rank in the top 5. Consumer Discretionary leads with +24.1% annualized returns.

Overheat (Growth Rising, Inflation Rising)

166 months | 38.4% of sample

Theory recommends: Energy, Materials, Industrials

Rank	Sector	Ann. Return	Sharpe	Win Rate	Theory
1	Industrials	+20.6%	1.19	61.4%	✓
2	Technology	+20.3%	0.89	60.8%	
3	Energy	+18.7%	0.80	64.5%	✓
4	Financials	+18.0%	0.96	62.0%	
5	Consumer Discretionary	+16.3%	0.61	56.6%	
6	Other	+14.3%	0.88	60.8%	
7	Healthcare	+14.3%	0.89	62.7%	
8	Communication	+14.1%	0.74	60.2%	
9	Materials	+12.1%	0.80	65.1%	✓
10	Retail	+11.7%	0.69	66.3%	
11	Consumer Staples	+10.1%	0.68	59.0%	
12	Utilities	+9.5%	0.54	64.5%	

Key Finding: Industrials and Energy perform as expected. Technology unexpectedly strong (tech boom periods). Materials underperforms theory expectations (#9 vs expected top 3).

Stagflation (Growth Falling, Inflation Rising)

116 months | 26.9% of sample

Theory recommends: Healthcare, Utilities, Consumer Staples

Rank	Sector	Ann. Return	Sharpe	Win Rate	Theory
1	Utilities	+12.6%	0.73	66.4%	✓

Rank	Sector	Ann. Return	Sharpe	Win Rate	Theory
2	Consumer Staples	+6.6%	0.31	56.0%	✓
3	Healthcare	+2.9%	0.06	54.3%	✓
4	Retail	+1.5%	-0.03	52.6%	
5	Energy	+0.7%	-0.06	51.7%	
6	Technology	+0.2%	-0.07	54.3%	
7	Materials	+0.1%	-0.12	54.3%	
8	Financials	-3.0%	-0.24	54.3%	
9	Industrials	-5.2%	-0.34	52.6%	
10	Other	-6.5%	-0.44	50.0%	
11	Communication	-7.3%	-0.48	53.4%	
12	Consumer Discretionary	-9.0%	-0.35	46.6%	

Key Finding: Theory is strongly validated. All three theory picks are the ONLY sectors with meaningful positive returns. Defensive sectors dramatically outperform; cyclical's suffer badly.

Reflation (Growth Falling, Inflation Falling)

97 months | 22.5% of sample

Theory recommends: Financials, Consumer Discretionary, Communication

Rank	Sector	Ann. Return	Sharpe	Win Rate	Theory
1	Consumer Discretionary	+33.5%	0.88	62.1%	✓
2	Retail	+25.1%	1.38	69.5%	
3	Technology	+24.0%	1.12	64.2%	
4	Healthcare	+22.7%	1.30	66.3%	
5	Industrials	+20.8%	0.96	62.1%	
6	Materials	+18.2%	1.03	71.6%	
7	Other	+18.1%	0.89	65.3%	
8	Consumer Staples	+17.7%	1.20	69.5%	
9	Financials	+16.5%	0.69	67.4%	✓
10	Communication	+15.6%	0.84	63.2%	✓
11	Energy	+10.5%	0.35	53.7%	
12	Utilities	+9.1%	0.56	61.1%	

Key Finding: Consumer Discretionary leads strongly (+33.5%), validating theory. However, Financials (#9) and Communication (#10) underperform expectations. Technology and Healthcare are strong despite not being theory picks.

Theory Validation Summary

Theory Advantage by Phase

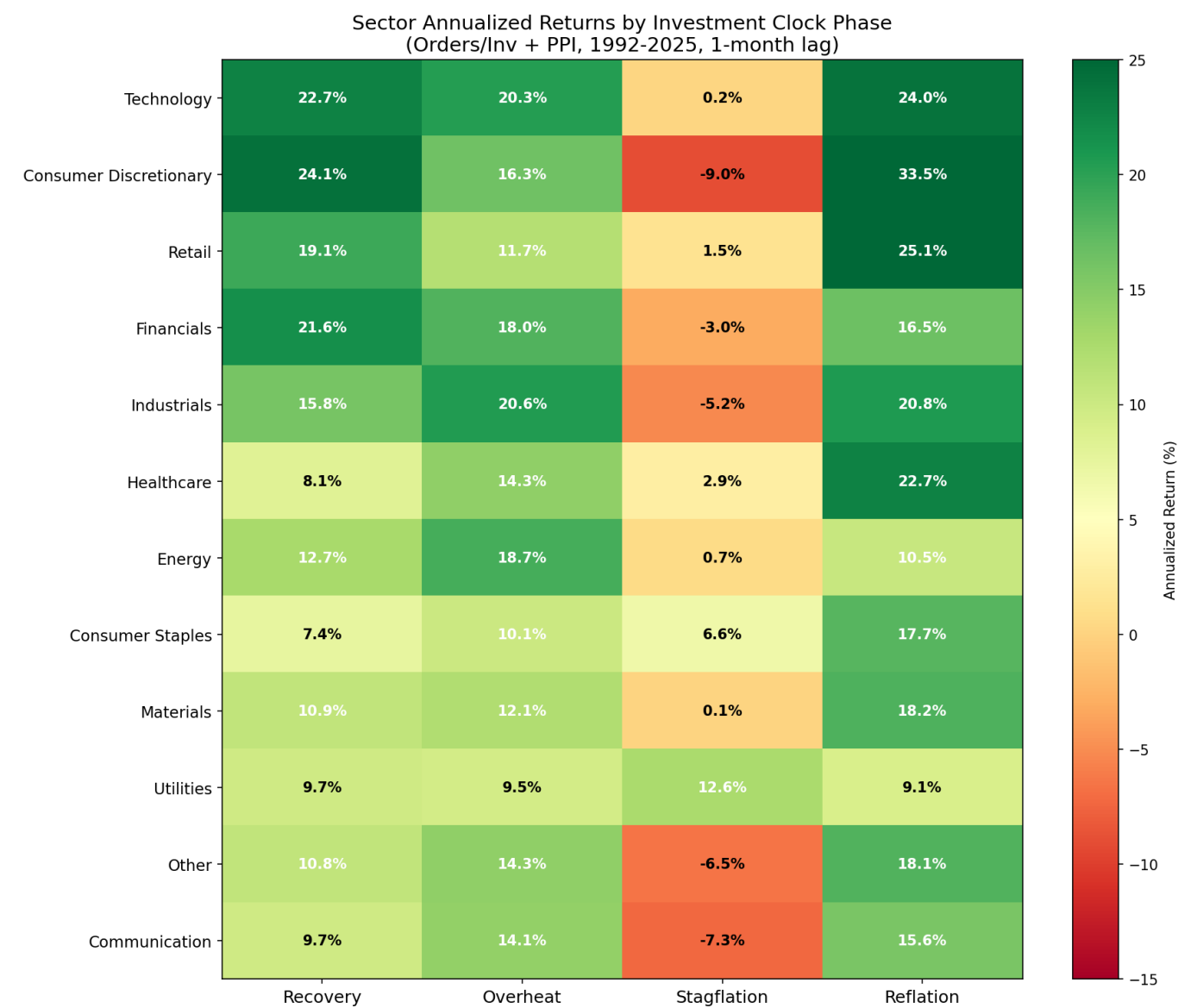
Phase	Theory Avg Return	Other Avg Return	Theory Advantage	Best Theory Rank
Recovery	+21.0%	+11.1%	+10.0%	#1
Overheat	+17.2%	+14.3%	+2.9%	#1
Stagflation	+7.4%	-3.2%	+10.6%	#1
Reflation	+21.9%	+18.4%	+3.4%	#1

Interpretation

- Theory works in all phases:** Average theory advantage is **+6.7%** annualized across all phases
- Strongest validation in defensive phases:**
 - Stagflation (+10.6%) shows dramatic outperformance of defensive sectors
 - Recovery (+10.0%) validates cyclical sector preference
- Moderate validation in other phases:**
 - Overheat (+2.9%) and Reflation (+3.4%) show smaller but positive advantages
 - Technology's unexpected strength reduces theory edge
- All phases have theory pick at #1:** At least one theory sector tops every phase

Visualizations

Sector × Phase Heatmap

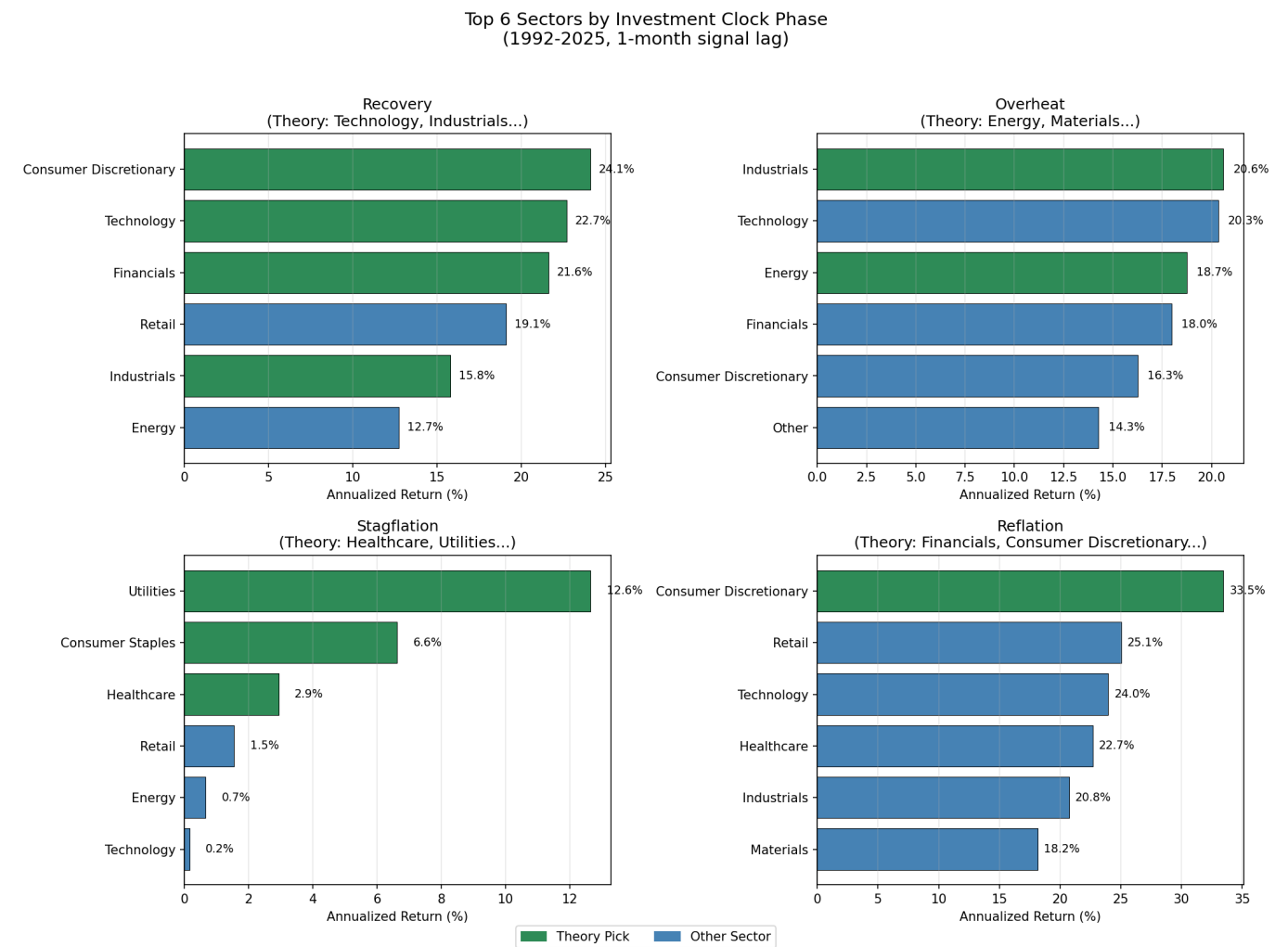


Values show annualized returns (%). Green = positive, Red = negative.

Heatmap Insights:

- **Vertical pattern in Stagflation:** Only top 3 rows (defensive) are green; rest is red/orange
- **Consumer Discretionary row:** Strong across Recovery and Reflation
- **Technology row:** Positive in all phases (versatile performer)
- **Utilities row:** Best in Stagflation, worst in Reflation

Top 6 Sectors by Phase



Green bars = Theory picks, Blue bars = Non-theory sectors

Practical Applications

Sector Allocation Strategy

Based on the analysis, a practical sector rotation strategy:

Current Phase	Overweight	Underweight
Recovery	Consumer Disc, Technology, Financials	Utilities, Healthcare, Staples
Overheat	Industrials, Energy, Technology	Utilities, Staples
Stagflation	Utilities, Staples, Healthcare	Consumer Disc, Industrials, Financials
Reflation	Consumer Disc, Technology, Healthcare	Energy, Utilities

Implementation Notes

- Use 1-month lag:** Phase signals should be applied with at least 1-month delay for realistic implementation
- Consider transaction costs:** Frequent phase changes (23 in sample period) may erode returns

- 3. **Combine with other filters:** Recession indicator adds value in Stagflation/Reflation identification
- 4. **Monitor phase duration:** Recovery phases are short; don't over-trade during transitions

Current Phase Identification

To determine the current phase, compute:

```
Growth Signal: Orders/Inv 3MA vs 6MA → Rising (+1) or Falling (-1)
Inflation Signal: PPI 3MA vs 6MA → Rising (+1) or Falling (-1)

Then classify:
- Growth +1, Inflation -1 → Recovery
- Growth +1, Inflation +1 → Overheat
- Growth -1, Inflation +1 → Stagflation
- Growth -1, Inflation -1 → Reflation
```

Key Findings

1. Theory Generally Works

Investment Clock sector preferences are validated across all four phases, with an average theory advantage of +6.7% annualized.

2. Stagflation is Distinctly Different

The only phase where most sectors have negative returns. Defensive sectors (Utilities, Staples, Healthcare) are critical for capital preservation.

3. Technology is Versatile

Technology ranks in the top 3 in three of four phases (Recovery, Overheat, Reflation). Only in Stagflation does it underperform.

4. Consumer Discretionary Leads Growth Phases

Top performer in both Recovery (+24.1%) and Reflation (+33.5%), making it the key cyclical bet.

5. Materials Underperforms Theory

Despite theory recommendations for Overheat, Materials ranks only #9. Energy and Industrials are better inflation/commodity plays.

Files Created

File	Description
script/sector_regime_analysis.py	Complete analysis script

File	Description
data/ff_12_industries.parquet	Fama-French 12 industry returns
data/investment_clock_phases.parquet	Phase classifications (1992-2025)
data/investment_clock_regimes.png	Phase timeline visualization
data/sector_phase_heatmap.png	Sector × Phase heatmap
data/sector_phase_barchart.png	Top sectors by phase
data/sector_phase_results.csv	Full results data
docs/12_investment_clock_sector_analysis_framework.md	Framework document
docs/analysis_reports/investment_clock_sector_analysis.md	This report

Conclusion

The Investment Clock framework, implemented with **Orders/Inventories Ratio + PPI** indicators, provides a validated approach to sector allocation:

- 1. **Classification Rate:** 96.8% of months classified (vs 66% with traditional indicators)
- 2. **Theory Validation:** +6.7% average advantage for theory-recommended sectors
- 3. **Actionable:** Clear sector preferences for each phase
- 4. **Robust:** Works across 33 years of data including multiple business cycles

Most Actionable Insight: In Stagflation, rotate heavily to defensive sectors (Utilities, Staples, Healthcare). In Recovery and Reflation, favor Consumer Discretionary and Technology.

Analysis Date: 2025-01-03 Framework Reference: [Investment Clock Sector Analysis Framework](#)