

unit **5** Oral Quiz

Student A

A Ask your partner these questions.

1. Do you have a headache today?
2. Do you exercise every day?
3. How healthy are your eating habits?
4. Can you breathe deeply and hold your breath?

[If yes, say:] Try it!

B Now answer your partner's questions.

C Read the information about three people's exercise programs. Answer your partner's questions.

Ben
walk – Mon. / Fri.
gym – Tues. / Thurs. / Sun.
Evan and Ann
yoga – Mon. / Thurs.
walk – Sun. (2 hours)

D Now ask your partner these questions about three people's exercise programs. (Use the simple present.)

1. How often _____ (Lucy / exercise) every week?
 2. How long _____ (Steve and Lynn / walk) on Sundays?
 3. _____ (Lucy / lift) weights on Mondays?
 4. How many times a week _____ (Steve and Lynn / go) to the gym?
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E Ask your partner three questions about how he or she feels, healthy or unhealthy habits he or she has, and exercise routine. Then give your partner three pieces of advice to improve.