LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1380 008 Fenchurch St to Shoeburyness			FSS	Anglia	05/08/06
Location	Location Mileage M Ch Running lines & speed restrictions			Signalling & Remarks	
UPMINSTER Upminster GF Upminster (UR)	15 20 15 36 15 38	UM DM W E 50 MU 70 T5 UN NO NO NO NO NO NO NO NO NO	To Romford EA1040 seq	TCB RA8 Upminster IEC RA8 AC: R W - Westbound LUL District LE - Eastbound LUL District Li LOD (P) (Dagenham East C Upminster) at 15m 11ch Platform 1 - 247m (267yds) F Platform 2 - 247m (267yds) F LOD (P) (Upminster/West Homes)	Line ne rossovers/
OHNS Whipps Farm LC	15 69 17 45 T	40 50 50 70 70 75 10 75			