LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1110 002 Thorpe-Le-Sol	Thorpe-Le-Soken Jn to Walton-On-Naze			Anglia	20/05/07
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
FRINTON-ON-SEA Frinton gate box Frinton LC	67 60 * 68 66 68 76 68 76 69 60 *	U&D * 30 EMU 50 * 50 * 50 * 50	on	TCB Thorpe-Le-Soker RA7 AC: F	ISE
WALTON-ON-THE-NAZE	70 05 * 70 15	UP & DOWN WALTON		Platform - 166m (182 yd)	