

LOR	Seq.	Line of Route Description	ELR	Route	Last Updated
LN627	011	Northallerton Longlands Jn to Newcastle East Jn via the Coast	LEN3	London North Eastern	02/12/06
Location		Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks
STADIUM OF LIGHT		90 48	<div><div>US</div><div>DS</div><div>20 50</div><div>80 kmh</div><div>20 40</div><div>60 kmh</div><div>20 60</div><div>80 kmh</div><div>20 60</div><div>80 kmh</div><div>30 60</div><div>80 kmh</div><div>30 70</div><div>80 kmh</div><div>30 70</div><div>80 kmh</div><div>30 70</div><div>50 kmh</div><div>30 70</div><div>30 kmh</div><div>25 70</div></div>		<div>TCB RA8</div> <div>Tyneside SB (T) AC: York ECR</div> <div>NRN 093</div> <div>DS= Down Sunderland US= Up Sunderland</div>
		90 69 *			<div>kmh speeds apply to Metro trains only</div>
SEABURN		91 00 *			
		91 32			
		91 40 *			
		93 11 *			
		93 14 *			
EAST BOLDON		93 17			
		93 21			