Network Capability – Baseline Declaration : (1) Track and Route Mileage : (2) Line-speeds : London North Western Route (North) This document provides a snap-shot of the capability of the network as at 1 April 2009.

Hence for operational and planning needs during CP4, capability information should be obtained from the National Electronic Sectional Appendix

LOR Seq. Line of Route Description			ELR	Route	Last Updated
NW4033 019 Carnforth North Jn. to Carlisle South Jn. (Via Barrow)				LNW North	22/03/08
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
	6 31	To Workington Loco Sidings		AB Workington Main I	NRN No.2 SB 088
Workington Main No.2 SB	6 52 6 53 6 65 *	UP MAIN To Workington To Workington	on	AB (PF) applies in both direction the Reception siding Platform Lengths: Workington Platform Up 80m (87 yds) Platform Down 79m (86 yds)	
WORKINGTON	6 69	DOWN SIDING RECEPTION SIDING MIDDLE SIDING No.1 SE SHED SDG			
Workington Main No.3 SB	6 77	No.1 No.1		Workington Main I	10.5 OC
Merchants Quay LC (UWC)	7 00 * 7 01				