LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1400 001 Gas Factory Jn to Bow Jn			GFB	Anglia	05/08/06
Location	Mileage Running lines & speed restrictions			Signalling & Remarks	
Gas Factory Jn	2 57 2 59 *	To Fenchurch Street EA1380 seq 2 To Barking EA1380 seq 2		TCB Upminster IEC RA8 AC: R	C (UR) 020 06 omford
OHNS	2 75	30 ① UP & DOWN	on	Light locomotives & locomonot to exceed 20mph. Liverpool St IE	
Bow Road (Closed)	3 07				
Bow Jn	3 16 * 3 24 (2 69)	To Shenfield EA1010 seq 5		General instruction applies a (Bridge 609) at 3m 18ch	t Fairfield Road