LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1161 002 Bishops Sto	BGK	Anglia	11/08/07		
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
		U D 70 70		TCB Cambridge RA8 AC:	SB (CA) Romford 020 49
ELSENHAM Elsenham LC (MCG)	35 45 35 45			Up platform -165m (179 yd)	
				Down platform -167m (181 y	d)
Elsenham GSP	35 64		on	al t	ISE
Ugley Lane LC (UWC)	37 13 T				
Hogs Croft LC	38 73 T	→		HABD Up main line, near siç	gnal CA34 at 39m 48ch
NEWPORT	39 72			Up platform - 168m (182yd) Down platform - 167m (181y	d)
Elephant LC (UWC)	40 13			General instruction applies a the following bridges: Newport Viaduct (Bridge 151 London Road (Bridge 1515)	4) at 40m 36ch.
		70 70 V U D			