LOR Seq. Line of Route Description			ELR	Route	Last Updated
			ESK	Anglia	05/08/06
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
Bealings LC (ABCL)	72 25 * 75 79 78 54 * 78 75 *	U D 451 451		RETB 111 Saxmundham (109 Test) RA7 1 Nuclear Flask trains not to Other freight trains not to e General instruction applies Sandy Lane (Bridge 422) a	at