LOR Seq. Line of Route Description			ELR	Route	Last Updated
			LTN	Anglia	22/07/07
Location	Location Mileage M Ch Running lines & speed restrictions			Signalling & Remarks	
Gidea Park Carriage sidings	13 55 * 13 68 * 14 03	UM DM UE DE 40 PMU 150	Park ge s	TCB Liverpool St I	Electric Multiple the higher speed