LOR Seq. Line of Route Description ELR					R Route Anglia	Last Updated	
EA1380 007	Fenchurch St to	enchurch St to Shoeburyness FSS				05/08/06	
Location		Mileage M Ch	Running lines & speed restrictions		Signalling	Signalling & Remarks	
			U D	W E	TCB Upminste		
Becontree (LUL)		9 48	50 MU 70 T5		W - Westbound LUL Dis E - Eastbound LUL Distr		
Dagenham Heathw	ay (LUL)	10 36					
Dagenham East (Ll	JL)	11 25	DOWN MAIN  UP MAIN		nalı	JSE	
Dagenham East Cr	ossovers	11 60	40 40		LOD (P) (Upney Juncti East Crossovers & Dage Crossovers/Upminster) a	enham East	
Elm Park (LUL)		12 57			General instruction appli	es at	
Hornchurch (LUL)		13 56	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		the following bridges: Upper Rainham Road (B Upminster Road (Bridge		
Upminster Bridge (I	LUL)	14 38	50 50 MU 75 U D				