

LOR	Seq.	Line of Route Description	ELR	Route	Last Updated
LN600	003	Shaftholme Jn. to Reston GSP	ECM4	London North Eastern	02/12/06
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
Copmanthorpe No. 2 LC (R/G)	185 19			<div> <div>TCB</div> <div>RA9</div> </div> <div> <div>York SB (Y)</div> <div>AC:York ECR</div> </div> <div> <div>NRN</div> <div>069</div> </div> <p>UL = Up Leeds DL = Down Leeds</p> <p>Class 373 / 2 trains must not exceed 110 mph on the Up Main line between York 186 20 and Colton Jn 182 75 (No lineside signs are provided for this speed)</p> <p>① - To/From Holgate Reception Sidings D/UHGL = Down and Up Holgate Goods Loop 505m / 1659 feet</p> <p>(NOTE:- Table duplicated in LN854 seq 10)</p>	
	186 20 *				
	186 43 *				
	187 25 *				
Holgate Jn	187 43				
	187 78 *				
	188 07 *				