LOR Seq. Line of Route D	escription		ELR	Route	Last Updated
EA1011 002 Seven Kings to Ipswich LTN			Anglia	05/08/06	
Location	Location Mileage M Ch Running lines & speed restrictions			Signalling & Remarks	
		$\begin{array}{c cccc} UM & DM & UE & DE \\ & & & & & & \\ \hline & & & & & & \\ \hline & & & &$		TCB Liverpool St IE RA8 AC: R	NRN CSR ECC (L) comford 020 44
				1 Class 321, 322 and 360 Electric Multiple Unit trains may travel at the higher speed	
CHADWELL HEATH	9 79			Platforms 1 to 4 - 184m (199yds)	
Not	for	DOWN ELECTRIC DOWN MAIN UP MAIN	on	al t	ISE
		80 80 DMU ① DMU ① 55 90 ① 90 ① 55			
OHNS	11 21				
OHNS	11 26			General instruction applies Jutsums Lane (Bridge 95) at 1	11m 32ch
	11 41 *	80 T 40 70 70 90 1			
		80 90 1			