LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1370 005 Gospel Oak to Barking Tilbury Jn West			TFH	Anglia	22/09/08
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
Woodgrange Park Jn	11 73 * 11 74 11 79 12 00 *	To Forest EA1030 s	Gate Jn. eq 1		IECC (L) O20 CSR Romford 43
WOODGRANGE PARK	12 05	30 × 45 30 × 30	on	Up platform - 165m (178yds Down platform - 165m (178y	) yds)
Barking Station Jn.	13 05 <b>*</b> 13 12	25 *		Upminster IE	CSR 06
BARKING	12 05	To Fenchurch St. EA1380 seq 5	earking Platform 1	Eastbound LUL District     Westbound LUL District     Connection from Barking     to LUL District line. Only     Trains during a possess  platform 1 - 183m (199yds)	line g Bay Platform line v for use by Engineering
Barking Tilbury Line Jn West	13 42	To Barking EA1380 seq 5	_		