LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1011 017 Seven Kings to Ipswich			LTN	Anglia	05/08/06
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
Ardleigh GSP Ardleigh LC (CCTV)	56 00 56 04 57 46 *	15 100 15 100 15 25			omford 020 33
NIA4	58 74 * 59 20 *	95	210	General instruction applies at Dedham Road (Bridge 223) a Platform 1 - 108m (117yds) Platform 2 - 245m (265yds)	t 58m 27ch
MANNINGTREE Manningtree South Jn. LC (CCTV)	59 35 59 46	25 25		Platform 3 - 245m (265yds) General instruction applies at Ipswich Road (Bridge 226) at	59m 42ch
OHNS	59 47	To Harwich			
S.II.S	59 60 *	To Harwich EA1120 seq 1			
Manningtree North Jn	59 69	25 80 80 25 15			CSR 74
Plucks Farm LC	60 30 * 62 44 T				