LOR Seq. Line of Route Description			ELR	Route	Last Updated
LN101 016 Kings Cross to Shaftholme Jn			ECM1	London North Eastern	30/08/08
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
New England North Bretton F.S. OHNS	77 20 * 78 14 78 17 79 09 * 79 12 *	Running lines & speed restrictions NU ND US UF DF UST DS/DST 15 15 40 70 65 70 15 15 40 75 (PLOD4002) ** (PLOD4002) ** (PLOD4002)	on	TCB Peterborough S RA9 AC:York NU = North Up Arrival ND = North Down Departure No Block Regulations apply on US = Up Slow UF = Up Fast DF = Down Fast UST = Up Stamford DS/DST = Down Slow/Down St	NRN 023 these lines camford
Werrington Jn	79 34	To/From Spalding LN170 seq 1 70 80 125 75		Protection provided. See L	ocal Instruction