LOR Seq. Line of Route Description			ELR	Route	Last Updated
LN627 007 Northallerton Longlands Jn to Newcastle East Jn via the Coast			LEN3	London North Eastern	07/02/09
Location	Mileage Running lines & speed restrictions			Signalling & Remarks	
	85 52 *	UM DM 45 45 45 * 55		AB Hall Dene SB RA8	(HD) 093
	87 47 87 58 *	15 * 40		CW Up at 87 48 (473 yards beforeaching signal RG32)	ore
Ryhope Grange Sidings		15 1		1 To/From Sidings	
Ryhope Grange SB (RG)	87 63 88 31 *	To/From Hendon LN662 seq 1	on	TCB Ryhope Grange SB	(RG)
		UM DS		Tyneside S	B (T)
	89 05 *	55   * * [1] 20			
Sunderland South Tunnels (650 metres / 711 yards)	89 <sub>to</sub> 06 89 <sup>to</sup> 38	<u> </u>		1 = 20 mph applies from 89 08 in Down direction for wrong dire	
(116 metres / 127 yards)	89 <sub>to</sub> 39 89 <sup>to</sup> 45 89 40 *	45			
	33 43 %	20		DS= Down Sunderland US= Up Sunderland	
		20			