LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1011 009 Seven Kings to Ipswich			LTN	Anglia	05/08/06
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
OHNS	20 71	UM DM 90 90 V		TCB Liverpool St IE RA8 AC: R General instruction applies at the following bridges: Lower Road - also known as Hutton Lane (Bridge 130) at 2	omford 020 45
Ingatestone LC (MCB)	23 10 *	70 \rightarrow 70 \ri	on	Burnthouse Lane (Bridge 133) DPL - 436m (476yds) Ingatestone gate box not a blo) at 22m 58ch
(supervised by Ingatestone Gate Box.) INGATESTONE	23 50	UP MAIN		Up Platform 1 - 248m (268yds Down Platform 2 - 250m (271	s) yds)
	24 60	XX A0 DOWN MAIN		LOD(P) (Church Lane Crosso Shenfield at 24m 60ch	vers /
Church Lane LC (CCTV) (supervised by Ingatestone Gate Box.)	24 68	85 70 UM DM			