LOR	Seq.	Line of Route	Description		ELR	Route	Last Updated
EA1040	001	Romford to Up	nford to Upminster ROU			Anglia	05/08/06
Location		Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks		
ROMFOR	D		0 00	To Chadwell Heath EA1011 seq 4		OTNS Liverpool St RA8 AC: Platform 1 63m (69 yd)	IECC (L) Romford 020 44
		OHNS	0 13 * 0 18 * 0 35 * 0 42	To Gidea Park EA1011 seq 4	on	al t	JSE
EMER\$0	N PAR	OHNS	0 70 1 64	30 ————————————————————————————————————		Platform 86m (94 yds)	
UPMINSTER			3 25 *	SINCHURCH STORY		Platform 143m (156 yds)	