	·			Route	Last Updated	
EA1350 001	Channelsea No	orth Jn to Temple M	lills East Jn	CHM LLS	Anglia	10/01/09
Location M		Mileage M Ch	Mileage Running lines & speed restrictions		Signalling & Remarks	
Channelsea North .	Jn	3 32 0 00	To Channelsea South Jn EA1320 seq 6 High Meads To Lea	. In	TCB Stratford N L RA8	ondon SB (S) AC: Romford 020 48
High Meads Jn.	ot	0 15 *	15 15 EA134	0 seq 1	al	use
			High Meads Loop 20 20			
		0 42 *	To Stratford Central Jn West EA1280 seq 1			
Temple Mills East J	Jn	0 59	To Copper EA1280 s	mill North Jn eq 1		