LOR Seq. Line of Route Description ELR GW733 009 Sutton Bridge Junction to Aberystwyth SBA			ELR	Route	Last Updated
			SBA	Western	05/08/06
Location	Mileage Running lines & speed restrictions			Signalling & Remarks	
Oerffrwyd LC (UWC)	57 15	U&D 65 4 		RETB 101 Machynlleti RA5	h SB (MH)
Plas Newydd LC (UWC)	57 40 * 57 52 * 57 76 58 48 *	65 * I 60 I * 			100
Post Office No.1 LC (UWC) Post Office No.2 LC (UWC) Carno LC (AHBC)	58 72 58 73 59 17 *	T	OI I		JSE
Sam LC (UWC)	59 36 * 59 42 59 53 *	▲65 75 ▼ * T			
Pikins LC (UWC)	59 59 * 60 35	* 80 			
		80 U&D			