LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1011 001 Seven Kings to Ipswich LTN			LTN	Anglia	05/08/06
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
		Continued on EA1010 seq 13  UM DM UE DE  80 DMU 40 70  90 1 70		TCB Liverpool St IEC RA8 AC: Ro	CC (L) omford 020 44
				① Class 321, 322 and 360 Electric Multiple Unit trains may travel at the higher speed	
GOODMAYES	9 23			Platform 1 - 185m (200yds) Platform 2 - 184m (198yds) Platform 3 - 184m (198yds) Platform 4 - 184m (198yds)	
Not	for	DOWN ELECTRIC  DOWN MAIN  UP MAIN	on	al u	SE
	9 57 *	*     <u>*</u>   <u>55</u>   70			
		80			