LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1010 011 Liverpool Street to Seven Kings			LTN	Anglia	05/08/06
Location	Mileage M Ch	Running lines & speed restrictions		Signalling & Remarks	
		UE DE UM <u>DM</u>		TCB Liverpool St IECC (L) RA8 AC: Romford 020 43	
OHNS	5 71	50 70 80 DMU 1 1 15 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		① Class 321, 322 and 360 Electric Multiple Unit trains may travel at the higher speed	
MANOR PARK	6 10 * 6 19	50 70 * 1 25		Platform 1 - 168m (182yds) Platform 2 - 185m (199yds) Platform 3 - 194m (210yds) Platform 4 - 163m (175yds)	CSI 44
Not '	6 40 *	* 10 25	on	al t	ISE
lldersbrook sid ing s	6 67 *	* * * * * * * * * * * * * * * * * * *			
ford Flyover	7 09 *	DOWN PASSENGER AVOIDING TO DOWN ELECTRIC TO DOWN ELECTRIC TO DOWN ELECTRIC TO DOWN ELECTRIC TO DOWN MAIN TO			
		DOWN MAIN DOWN MAIN BO DOWN			