LOR Seq. Line of Route Description			ELR	Route	Last Updated
EA1012 003 Ipswich to Trov			LTN	Anglia	05/08/06
Location	Mileage M Ch	Running lines & speed restrictions	Signalling & Remarks		
STOWMARKET Stowmarket (MCB) LC (Supervised by Stowmarket Gate Box)	80 00 * 80 35 * 80 46 80 54	15 Siding 70 Down 15 Siding 15 Siding 15 Siding	on	TCB Colchester RA8 AC: D&UGL 538m (588yds) PF Up Platform - 250m (270yds) Down Platform - 250m (270y Stowmarket gate box not a b	SB (CO) Romford 020