Hence for operational and planning needs during CP4, capability information should be obtained from the National Electronic Sectional Appendix Last Updated Seq. Line of Route Description ELR LOR Route SC109 004 Polmont Jn to Greenhill Upper Jn (via Falkirk Grahamston) CMS SCM3 Scotland 14/05/07 PMT Mileage Running lines & speed restrictions Signalling & Remarks Location М Čh NRN D Carmuirs East Jn SB (CEJ) 50 (Change of ELR PMT to CMS) 25 79 25 79 Carmuirs East Jn & SB 0 40 1 25 (1) = Through junction to and from 50 Carmuirs West Jn 1 25 To Larbert Jn SC110 seg 1 30 0 16 * Carmuirs West Jn SB (CW) (Change of ELR To Larbert Jn CMS to SCM3) -0 02 SC119 seq 2 Carmuirs West Jn & SB 0 40 3 Through junction to **>**50 108 74 Carmuirs East Jn NOTE change of direction at Carmuirs West Jn 108 75 * 60 108 54 * 60 U D