

My Youth Week Experience – Past Simple Activity

As part of the Youth Week activities, you will participate in at least one event organized by Bienestar al Aprendiz. Then, you will write a short text in English using the Past Simple to describe your experience.

Objective

Reinforce the use of the Past Simple tense by narrating real-life experiences from Youth Week activities.

Instructions

1. Participate in at least one Youth Week activity.
2. Write a short text in English (8–10 sentences) describing what you did, who you did it with, and how you felt.
3. Include at least 5 irregular verbs and 3 regular verbs in the Past Simple form.
4. Be sure to include a nice picture of your experience.
5. Record your voice talking about your experience.
4. Submit your text before our next class.

Example

Last Wednesday, I joined the Youth Week sports activity. I played volleyball with my friends and met new people. I also tried a dance class for the first time. We laughed a lot and had a great time. At the end, I took many photos. I enjoyed the experience because it was different from my usual routine.

Useful Verbs – Past Simple

Regular Verbs (Base Form → Past Simple)

enjoy → enjoyed

play → played

visit → visited

watch → watched

dance → danced

Irregular Verbs (Base Form → Past Simple)

go → went

meet → met

take → took

see → saw

have → had