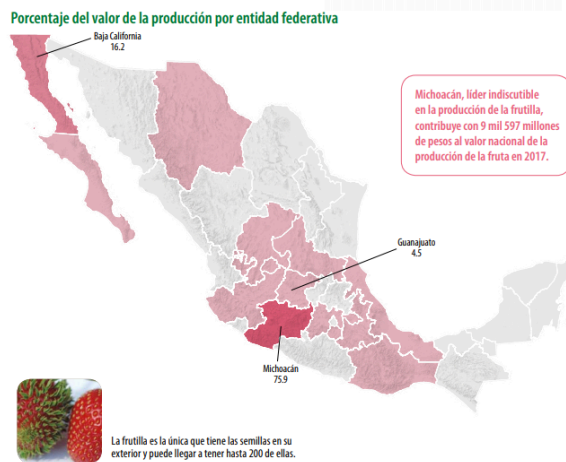


FRESAS CON CREMA



Strawberries arrived in Mexico in the 1800s and hold a special place in Mexican

cuisine. Thanks to different climates, Mexico produces large amounts of strawberries and is the number one exporter to the United States annually, with some of the leading producers being the states of Baja California, Guanajuato, and Michoacan.

Fresas con Crema, or Strawberries and

Cream, is a popular Mexican no-bake dessert made from freshly sliced strawberries mixed into a sweetened cream sauce.

Additionally it's also sold ready-made in the freezer section of most grocery stores in Mexico. You'll also often find it on offer at state fairs.

ELENAS VERSION

Sour cream

Condensed milk

Evaporated milk

Vanilla

Heavy cream

Strawberries

Topping:

Strawberry sauce

cream,

lime zest

Mint