TORTILLA SOUP

Known in Spanish as Sopa De Tortilla, Tortilla Soup is a humble Mexican soup that is consumed by the nation's populace every day. It is in no way a celebratory dish, but a simple comfort food that derived its name from the generous topping of crispy tortillas on top of the soup.



The more popular story about the soup's origins says that it was invented in the Mexican state of Tlaxcala. In the native Uto-Aztecan language of Nahuatl, Tlaxcala literally means 'the place where tortillas are abundant'.

From Tlaxcala, the dish traveled to various parts of Mexico and was adopted by households everywhere. In some places, people took to adding cream or sour cream to the soup. In others, people played around

with local herbs and took to adding them. But the essence of Tortilla Soup has forever remained the same served with crispy tortillas on top.

ELENA'S VERSION

Onion, garlic, tomatoes, Guajillo, cumin, oregano, corn tortillas, chicken stock

Garnish:

- Queso fresco
- Crema
- Cilantro
- Avocado
- Fried Guajillo
- Tortilla strips