

COMPLETE REFERENCE

Natural Minor

Every Key · Every Position · Every Exercise

The natural minor scale is the most common minor sound in rock and pop music. Its dark, melancholic quality drives everything from ballads to metal. This resource builds fluency across all positions and keys.

12 Keys • 5 Positions • 480 Exercises • 612 Tab Blocks

All tablature verified by mathematical fretboard computation

Generated by [mirador-tab-generator](#)

Contents

Foundation Keys	4
A Natural Minor	4
E Natural Minor	14
D Natural Minor	24
G Natural Minor	34
C Natural Minor	44
B Natural Minor	54
Sharp and Flat Keys	65
F# Natural Minor	65
Bb Natural Minor	75
Eb Natural Minor	85
Ab Natural Minor	95
Db Natural Minor	105
F Natural Minor	115

PART

Foundation Keys

The keys every guitarist learns first. Open chord shapes are abundant, fret positions sit in the comfortable 0–8 range, and most popular songs live here. Master these six keys and you can play over the vast majority of rock, blues, and pop music.

A Natural Minor, E Natural Minor, D Natural Minor, G Natural Minor, C Natural Minor, B Natural Minor

A Natural Minor

Notes: A, B, C, D, E, F, G | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 4-9

```
e |-----5-- 7-- 8--|
B |-----5-- 6-- 8-----|
G |-----4-- 5-- 7-----|
D |-----5-- 7-- 9-----|
A |-----5-- 7-- 8-----|
E |-- 5-- 7-- 8-----|
```

E:5=A | E:7=B | E:8=C | A:5=D | A:7=E | A:8=F | D:5=G | D:7=A | D:9=B | G:4=B | G:5=C | G:7=D | B:5=E | B:6=F | B:8=G |
e:5=A | e:7=B | e:8=C

Position 2

Frets 6-10

```
e |-----7-- 8--10--|
B |-----6-- 8--10-----|
G |-----7-- 9--10-----|
D |-----7-- 9--10-----|
A |-----7-- 8--10-----|
E |-- 7-- 8--10-----|
```

E:7=B | E:8=C | E:10=D | A:7=E | A:8=F | A:10=G | D:7=A | D:9=B | D:10=C | G:7=D | G:9=E | G:10=F | B:6=F | B:8=G | B:10=A |
| e:7=B | e:8=C | e:10=D

Position 3

Frets 7-12

```
e |-----7-- 8--10--|
B |-----8--10--12-----|
G |-----7-- 9--10-----|
D |-----7-- 9--10-----|
A |-----7-- 8--10-----|
E |-- 7-- 8--10-----|
```

E:7=B | E:8=C | E:10=D | A:7=E | A:8=F | A:10=G | D:7=A | D:9=B | D:10=C | G:7=D | G:9=E | G:10=F | B:8=G | B:10=A |
B:12=B | e:7=B | e:8=C | e:10=D

Position 4

Frets 9-14

```
e |-----10--12--13--|
B |-----10--12--13-----|
G |-----9--10--12-----|
D |-----9--10--12-----|
A |-----10--12--14-----|
E |--10--12--13-----|
```

E:10=D | E:12=E | E:13=F | A:10=G | A:12=A | A:14=B | D:9=B | D:10=C | D:12=D | G:9=E | G:10=F | G:12=G | B:10=A | B:12=B
 | B:13=C | e:10=D | e:12=E | e:13=F

Position 5

Frets 12-16

```
e |-----12--13--15--|
B |-----12--13--15--|
G |-----12--14--16--|
D |-----12--14--15--|
A |-----12--14--15--|
E |--12--13--15-----|
```

E:12=E | E:13=F | E:15=G | A:12=A | A:14=B | A:15=C | D:12=D | D:14=E | D:15=F | G:12=G | G:14=A | G:16=B | B:12=B |
 B:13=C | B:15=D | e:12=E | e:13=F | e:15=G

Companion Chords

Play these chords over your A Natural Minor exercises:

```
      Am      C      Dm      Em      F      G
e |--0--| |--0--| |--1--| |--0--| |--1--| |--3--|
B |--1--| |--1--| |--3--| |--0--| |--1--| |--0--|
G |--2--| |--0--| |--2--| |--0--| |--2--| |--0--|
D |--2--| |--2--| |--0--| |--2--| |--3--| |--0--|
A |--0--| |--3--| |--X--| |--2--| |--3--| |--2--|
E |--X--| |--X--| |--X--| |--0--| |--1--| |--3--|
```

Progression: **Am - C - Dm - Em - F - G**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----5-- 7-- 8--|
B |-----5-- 6-- 8--|
G |-----4-- 5-- 7--|
D |-----5-- 7-- 9--|
A |-----5-- 7-- 8--|
E |-- 5-- 7-- 8-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 8-- 7-- 5-----|
B |-----8-- 6-- 5-----|
G |-----7-- 5-- 4-----|
D |-----9-- 7-- 5-----|
A |-----8-- 7-- 5-----|
E |-----8-- 7-- 5-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----5h7--| --7p5-----|
B |-----5h6-----| -----6p5-----|
G |-----4h5-----| -----5p4-----|
D |-----5h7-----| -----7p5-----|
A |-----5h7-----| -----7p5-----|
E |--5h7-----| -----7p5--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----4--|
D |-----5-----5--7--5--7--8--7--8-----8-----|
A |-----5-----5--7--5--7--8--7--8-----8-----|
E |--5--7--8--7--8-----8-----|

e |-----5-----5--7--5--7--8--|
B |-----5-----5--6--5--6--8--6--8-----8-----|
G |-----4--5--4--5--7--5--7-----7-----|
D |--9-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----5--6--|
G |-----4-----4--5--7--5--7-----|
D |-----5--7--5--7--9-----9-----|
A |-----5-----5--7--8--7--8-----|
E |--5--7--8-----8-----|

e |-----5-----5--7--8-----|
B |--5--6--8-----8-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----5--7--8--|
B |-----5--6--8-----|
G |-----4--5--7-----|
D |-----5--7--9-----|
A |-----5--7--8-----|
E |--5--7--8-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U5--D7--U8--|
B |-----D5--U6--D8--|
G |-----U4--D5--U7--|
D |-----D5--U7--D9--|
A |-----U5--D7--U8--|
E |--D5--U7--D8-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->5-- 7-- 8--|
B |----->5-- 6-- 8--|
G |----->4-- 5-- 7--|
D |----->5-- 7-- 9--|
A |----->5-- 7-- 8--|
E |-->5-- 7-- 8-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |----- 7-- 8--10--|
B |----- 6-- 8--10--|
G |----- 7-- 9--10--|
D |----- 7-- 9--10--|
A |----- 7-- 8--10--|
E |-- 7-- 8--10-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--10-- 8-- 7-----|
B |-----10-- 8-- 6-----|
G |-----10-- 9-- 7-----|
D |-----10-- 9-- 7-----|
A |-----10-- 8-- 7-----|
E |-----10-- 8-- 7-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----7h8--| --8p7-----|
B |-----6h8--| -----8p6-----|
G |-----7h9--| -----9p7-----|
D |-----7h9--| -----9p7-----|
A |-----7h8--| -----8p7-----|
E |--7h8-----| -----8p7--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 7--|

```

```

D |-----7-----7-- 9-- 7-- 9--10-- 9--10-----|
A |-----7-----7-- 8-- 7-- 8--10-- 8--10-----10-----|
E |-- 7-- 8--10-- 8--10-----10-----|

e |-----7-----7-- 8-- 7-- 8--10--|
B |-----6-----6-- 8-- 6-- 8--10-- 8--10-----10-----|
G |-----7-- 9-- 7-- 9--10-- 9--10-----10-----|
D |--10-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----6-- 8--|
G |-----7-----7-- 9--10-- 9--10-----|
D |-----7-- 9-- 7-- 9--10-----10-----|
A |-----7-----7-- 8--10-- 8--10-----|
E |-- 7-- 8--10-----10-----|

e |-----7-----7-- 8--10-----|
B |-- 6-- 8--10-----10-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----7-- 8--10--|
B |-----6-- 8--10-----|
G |-----7-- 9--10-----|
D |-----7-- 9--10-----|
A |-----7-- 8--10-----|
E |-- 7-- 8--10-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U7--D8--U10--|
B |-----D6--U8--D10--|
G |-----U7--D9--U10--|
D |-----D7--U9--D10--|
A |-----U7--D8--U10--|
E |--D7--U8--D10-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->7-- 8--10--|
B |----->6-- 8--10-----|
G |----->7-- 9--10-----|
D |----->7-- 9--10-----|
A |----->7-- 8--10-----|
E |-->7-- 8--10-----|

```


Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----7-- 8--10--|
B |-----8--10--12-----|
G |-----7-- 9--10-----|
D |-----7-- 9--10-----|
A |-----7-- 8--10-----|
E |-- 7-- 8--10-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--10-- 8-- 7-----|
B |-----12--10-- 8-----|
G |-----10-- 9-- 7-----|
D |-----10-- 9-- 7-----|
A |-----10-- 8-- 7-----|
E |-----10-- 8-- 7-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----7h8--| --8p7-----|
B |-----8h10-----| -----10p8-----|
G |-----7h9-----| -----9p7-----|
D |-----7h9-----| -----9p7-----|
A |-----7h8-----| -----8p7-----|
E |--7h8-----| -----8p7--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----7--|
D |-----7-- 9-- 7-- 9--10-- 9--10--|
A |-----7-- 9-- 7-- 9--10-- 9--10--10--|
E |-- 7-- 8--10-- 8--10--10--|

e |-----7-----7-- 8-- 7-- 8--10--|
B |-----8-----8--10-- 8--10--12--10--12-----12-----|
G |-----7-- 9-- 7-- 9--10-- 9--10--10-----|
D |--10-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----8--10--|
G |-----7-- 9--10-- 9--10--|
D |-----7-- 9-- 7-- 9--10--10-----|
A |-----7-----7-- 8--10-- 8--10-----|
```

```

E|-- 7-- 8--10-----10-----|
e|----- 7----- 7-- 8--10-----|
B|-- 8--10--12-----12-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 7-- 8--10--|
B|----- 8--10--12-----|
G|----- 7-- 9--10-----|
D|----- 7-- 9--10-----|
A|----- 7-- 8--10-----|
E|-- 7-- 8--10-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U7--D8--U10--|
B|-----D8--U10--D12--|
G|-----U7--D9--U10--|
D|-----D7--U9--D10--|
A|-----U7--D8--U10--|
E|--D7--U8--D10--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->7-- 8--10--|
B|----->8--10--12--|
G|----->7-- 9--10--|
D|----->7-- 9--10--|
A|----->7-- 8--10--|
E|-->7-- 8--10--|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----10--12--13--|
B|-----10--12--13--|
G|----- 9--10--12--|
D|----- 9--10--12--|
A|-----10--12--14--|
E|--10--12--13--|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --13--12--10-----|
B | -----13--12--10-----|
G | -----12--10-- 9-----|
D | -----12--10-- 9-----|
A | -----14--12--10-----|
E | -----13--12--10-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----10h12--| --12p10-----|
B | -----10h12--| -----12p10-----|
G | -----9h10--| -----10p9-----|
D | -----9h10--| -----10p9-----|
A | -----10h12--| -----12p10-----|
E | --10h12-----| -----12p10--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----9--|
D | -----9-----9--10--9--10--12--10--12-----|
A | -----10-----10--12--10--12--14--12--14-----14-----|
E | --10--12--13--12--13-----13-----|

e | -----10-----10--12--10--12--13--|
B | -----10-----10--12--10--12--13--12--13-----13-----|
G | -----9--10--9--10--12--10--12-----12-----|
D | --12-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----10--12--|
G | -----9-----9--10--12--10--12-----|
D | -----9--10--9--10--12-----12-----|
A | -----10-----10--12--14--12--14-----|
E | --10--12--13-----13-----|

e | -----10-----10--12--13-----|
B | --10--12--13-----13-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----10--12--13--|
B | -----10--12--13-----|
G | -----9--10--12-----|
D | -----9--10--12-----|
A | -----10--12--14-----|
E | --10--12--13-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U10--D12--U13--|
B |-----D10--U12--D13--|
G |-----U9--D10--U12--|
D |-----D9--U10--D12--|
A |-----U10--D12--U14--|
E |--D10--U12--D13--|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->10--12--13--|
B |----->10--12--13--|
G |----->9--10--12--|
D |----->9--10--12--|
A |----->10--12--14--|
E |-->10--12--13--|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----12--13--15--|
B |-----12--13--15--|
G |-----12--14--16--|
D |-----12--14--15--|
A |-----12--14--15--|
E |--12--13--15--|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--15--13--12-----|
B |--15--13--12-----|
G |--16--14--12-----|
D |--15--14--12-----|
A |--15--14--12-----|
E |--15--13--12-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----12h13--| --13p12-----|
B |-----12h13-----| -----13p12-----|
G |-----12h14-----| -----14p12-----|
D |-----12h14-----| -----14p12-----|
A |-----12h14-----| -----14p12-----|
E |--12h13-----| -----13p12--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----12--|
D |-----12-----12--14--12--14--15--14--15--|
A |-----12-----12--14--12--14--15--14--15-----15-----|
E |--12--13--15--13--15-----15-----|

e |-----12-----12--13--12--13--15--|
B |-----12-----12--13--12--13--15--13--15-----15-----|
G |-----12--14--12--14--16--14--16-----16-----|
D |--15-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----12--13--|
G |-----12-----12--14--16--14--16-----|
D |-----12--14--12--14--15-----15-----|
A |-----12-----12--14--15--14--15-----|
E |--12--13--15-----15-----|

e |-----12-----12--13--15-----|
B |--12--13--15-----15-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----12--13--15--|
B |-----12--13--15-----|
G |-----12--14--16-----|
D |-----12--14--15-----|
A |-----12--14--15-----|
E |--12--13--15-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U12--D13--U15--|
B |-----D12--U13--D15--|
G |-----U12--D14--U16--|
D |-----D12--U14--D15--|
A |-----U12--D14--U15--|
E |--D12--U13--D15--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->12--13--15--|
B |----->12--13--15--|
G |----->12--14--16--|
D |----->12--14--15--|
A |----->12--14--15--|
E |-->12--13--15--|

```

E Natural Minor

Notes: E, F#, G, A, B, C, D | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 0-4

```
e |----- 0-- 2-- 3--|
B |----- 0-- 1-- 3-----|
G |----- 0-- 2-- 4-----|
D |----- 0-- 2-- 4-----|
A |----- 0-- 2-- 3-----|
E |-- 0-- 2-- 3-----|
```

E:0=E | E:2=F# | E:3=G | A:0=A | A:2=B | A:3=C | D:0=D | D:2=E | D:4=F# | G:0=G | G:2=A | G:4=B | B:0=B | B:1=C | B:3=D
| e:0=E | e:2=F# | e:3=G

Position 2

Frets 1-5

```
e |----- 2-- 3-- 5--|
B |----- 1-- 3-- 5-----|
G |----- 2-- 4-- 5-----|
D |----- 2-- 4-- 5-----|
A |----- 2-- 3-- 5-----|
E |-- 2-- 3-- 5-----|
```

E:2=F# | E:3=G | E:5=A | A:2=B | A:3=C | A:5=D | D:2=E | D:4=F# | D:5=G | G:2=A | G:4=B | G:5=C | B:1=C | B:3=D | B:5=E
| e:2=F# | e:3=G | e:5=A

Position 3

Frets 2-7

```
e |----- 2-- 3-- 5--|
B |----- 3-- 5-- 7-----|
G |----- 2-- 4-- 5-----|
D |----- 2-- 4-- 5-----|
A |----- 2-- 3-- 5-----|
E |-- 2-- 3-- 5-----|
```

E:2=F# | E:3=G | E:5=A | A:2=B | A:3=C | A:5=D | D:2=E | D:4=F# | D:5=G | G:2=A | G:4=B | G:5=C | B:3=D | B:5=E | B:7=F#
| e:2=F# | e:3=G | e:5=A

Position 4

Frets 4-9

```
e |----- 5-- 7-- 8--|
B |----- 5-- 7-- 8-----|
G |----- 4-- 5-- 7-----|
D |----- 4-- 5-- 7-----|
A |----- 5-- 7-- 9-----|
E |-- 5-- 7-- 8-----|
```

E:5=A | E:7=B | E:8=C | A:5=D | A:7=E | A:9=F# | D:4=F# | D:5=G | D:7=A | G:4=B | G:5=C | G:7=D | B:5=E | B:7=F# | B:8=G
 | e:5=A | e:7=B | e:8=C

Position 5

Frets 7-11

```
e |----- 7-- 8--10--|
B |----- 7-- 8--10-----|
G |----- 7-- 9--11-----|
D |----- 7-- 9--10-----|
A |----- 7-- 9--10-----|
E |-- 7-- 8--10-----|
```

E:7=B | E:8=C | E:10=D | A:7=E | A:9=F# | A:10=G | D:7=A | D:9=B | D:10=C | G:7=D | G:9=E | G:11=F# | B:7=F# | B:8=G |
 B:10=A | e:7=B | e:8=C | e:10=D

Companion Chords

Play these chords over your E Natural Minor exercises:

```
      Em      G      Am      Bm      C      D
e |--0--| |--3--| |--0--| |--2--| |--0--| |--2--|
B |--0--| |--0--| |--1--| |--3--| |--1--| |--3--|
G |--0--| |--0--| |--2--| |--4--| |--0--| |--2--|
D |--2--| |--0--| |--2--| |--4--| |--2--| |--0--|
A |--2--| |--2--| |--0--| |--2--| |--3--| |--X--|
E |--0--| |--3--| |--X--| |--X--| |--X--| |--X--|
```

Progression: **Em - G - Am - Bm - C - D**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |----- 0-- 2-- 3--|
B |----- 0-- 1-- 3-----|
G |----- 0-- 2-- 4-----|
D |----- 0-- 2-- 4-----|
A |----- 0-- 2-- 3-----|
E |-- 0-- 2-- 3-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 3-- 2-- 0-----|
B |-- 3-- 1-- 0-----|
G |-- 4-- 2-- 0-----|
D |-- 4-- 2-- 0-----|
A |-- 3-- 2-- 0-----|
E |-- 3-- 2-- 0-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----0h2--| --2p0-----|
B |-----0h1-----| -----1p0-----|
G |-----0h2-----| -----2p0-----|
D |-----0h2-----| -----2p0-----|
A |-----0h2-----| -----2p0-----|
E |--0h2-----| -----2p0--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |----- 0--|
D |----- 0----- 0-- 2-- 0-- 2-- 3-- 2-- 3----- 3-----|
A |----- 0----- 0-- 2-- 0-- 2-- 3-- 2-- 3----- 3-----|
E |-- 0-- 2-- 3-- 2-- 3----- 3-----|

e |----- 0----- 0-- 2-- 0-- 2-- 3--|
B |----- 0----- 0-- 1-- 0-- 1-- 3-- 1-- 3----- 3-----|
G |----- 0-- 2-- 0-- 2-- 4-- 2-- 4----- 4-----|
D |-- 4-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |----- 0-- 1--|
G |----- 0----- 0-- 2-- 4-- 2-- 4-----|
D |----- 0-- 2-- 0-- 2-- 4----- 4-----|
A |----- 0----- 0-- 2-- 3-- 2-- 3-----|
E |-- 0-- 2-- 3----- 3-----|

e |----- 0----- 0-- 2-- 3-----|
B |-- 0-- 1-- 3----- 3-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |----- 0-- 2-- 3--|
B |----- 0-- 1-- 3-----|
G |----- 0-- 2-- 4-----|
D |----- 0-- 2-- 4-----|
A |----- 0-- 2-- 3-----|
E |-- 0-- 2-- 3-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.


```

e |-----U0--D2--U3--|
B |-----D0--U1--D3--|
G |-----U0--D2--U4--|
D |-----D0--U2--D4--|
A |-----U0--D2--U3--|
E |--D0--U2--D3-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->0-- 2-- 3--|
B |----->0-- 1-- 3--|
G |----->0-- 2-- 4--|
D |----->0-- 2-- 4--|
A |----->0-- 2-- 3--|
E |-->0-- 2-- 3-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |----- 2-- 3-- 5--|
B |----- 1-- 3-- 5--|
G |----- 2-- 4-- 5--|
D |----- 2-- 4-- 5--|
A |----- 2-- 3-- 5--|
E |-- 2-- 3-- 5-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |-- 5-- 3-- 2-----|
B |----- 5-- 3-- 1-----|
G |----- 5-- 4-- 2-----|
D |----- 5-- 4-- 2-----|
A |----- 5-- 3-- 2-----|
E |----- 5-- 3-- 2-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----2h3--| --3p2-----|
B |-----1h3--| -----3p1-----|
G |-----2h4--| -----4p2-----|
D |-----2h4--| -----4p2-----|
A |-----2h3--| -----3p2-----|
E |--2h3--| -----3p2--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 2--|

```

```

D |-----2-----2-- 4-- 2-- 4-- 5-- 4-- 5-----|
A |-----2-----2-- 3-- 2-- 3-- 5-- 3-- 5-----5-----|
E |-- 2-- 3-- 5-- 3-- 5-----5-----|

e |-----2-----2-- 3-- 2-- 3-- 5--|
B |-----1-----1-- 3-- 1-- 3-- 5-- 3-- 5-----5-----|
G |-----2-- 4-- 2-- 4-- 5-- 4-- 5-----5-----|
D |-- 5-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----1-- 3--|
G |-----2-----2-- 4-- 5-- 4-- 5-----|
D |-----2-- 4-- 2-- 4-- 5-----5-----|
A |-----2-----2-- 3-- 5-- 3-- 5-----|
E |-- 2-- 3-- 5-----5-----|

e |-----2-----2-- 3-- 5-----|
B |-- 1-- 3-- 5-----5-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----2-- 3-- 5--|
B |-----1-- 3-- 5-----|
G |-----2-- 4-- 5-----|
D |-----2-- 4-- 5-----|
A |-----2-- 3-- 5-----|
E |-- 2-- 3-- 5-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U2--D3--U5--|
B |-----D1--U3--D5--|
G |-----U2--D4--U5--|
D |-----D2--U4--D5--|
A |-----U2--D3--U5--|
E |--D2--U3--D5--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->2-- 3-- 5--|
B |----->1-- 3-- 5--|
G |----->2-- 4-- 5--|
D |----->2-- 4-- 5--|
A |----->2-- 3-- 5--|
E |-->2-- 3-- 5--|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----2-- 3-- 5--|
B |-----3-- 5-- 7--|
G |-----2-- 4-- 5--|
D |-----2-- 4-- 5--|
A |-----2-- 3-- 5--|
E |-- 2-- 3-- 5--|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 5-- 3-- 2-----|
B |-----7-- 5-- 3-----|
G |-----5-- 4-- 2-----|
D |-----5-- 4-- 2-----|
A |-----5-- 3-- 2-----|
E |-----5-- 3-- 2--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----2h3--| --3p2-----|
B |-----3h5-----| -----5p3-----|
G |-----2h4-----| -----4p2-----|
D |-----2h4-----| -----4p2-----|
A |-----2h3-----| -----3p2-----|
E |--2h3-----| -----3p2--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----2--|
D |-----2-- 4-- 2-- 4-- 5-- 4-- 5--|
A |-----2-- 3-- 2-- 3-- 5-- 3-- 5-- 5--|
E |-- 2-- 3-- 5-- 3-- 5-- 5--|

e |-----2-----2-- 3-- 2-- 3-- 5--|
B |-----3-----3-- 5-- 3-- 5-- 7-- 5-- 7-- 7--|
G |-----2-- 4-- 2-- 4-- 5-- 4-- 5-- 5--|
D |-- 5-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----3-- 5--|
G |-----2-- 4-- 5-- 4-- 5--|
D |-----2-- 4-- 2-- 4-- 5-- 5--|
A |-----2-----2-- 3-- 5-- 3-- 5--|
```

```

E|-- 2-- 3-- 5----- 5-----|
e|----- 2----- 2-- 3-- 5-----|
B|-- 3-- 5-- 7----- 7-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 2-- 3-- 5--|
B|----- 3-- 5-- 7-----|
G|----- 2-- 4-- 5-----|
D|----- 2-- 4-- 5-----|
A|----- 2-- 3-- 5-----|
E|-- 2-- 3-- 5-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U2--D3--U5--|
B|-----D3--U5--D7-----|
G|-----U2--D4--U5-----|
D|-----D2--U4--D5-----|
A|-----U2--D3--U5-----|
E|--D2--U3--D5-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->2-- 3-- 5--|
B|----->3-- 5-- 7-----|
G|----->2-- 4-- 5-----|
D|----->2-- 4-- 5-----|
A|----->2-- 3-- 5-----|
E|-->2-- 3-- 5-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|----- 5-- 7-- 8--|
B|----- 5-- 7-- 8-----|
G|----- 4-- 5-- 7-----|
D|----- 4-- 5-- 7-----|
A|----- 5-- 7-- 9-----|
E|-- 5-- 7-- 8-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | -- 8-- 7-- 5-----|
B | ----- 8-- 7-- 5-----|
G | ----- 7-- 5-- 4-----|
D | ----- 7-- 5-- 4-----|
A | ----- 9-- 7-- 5-----|
E | ----- 8-- 7-- 5-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----5h7-- | --7p5-----|
B | -----5h7-- | -----7p5-----|
G | -----4h5-- | -----5p4-----|
D | -----4h5-- | -----5p4-----|
A | -----5h7-- | -----7p5-----|
E | -----5h7-- | -----7p5-----|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | ----- 4--|
D | ----- 4----- 4-- 5-- 4-- 5-- 7-- 5-- 7-----|
A | ----- 5----- 5-- 7-- 5-- 7-- 9-- 7-- 9----- 9-----|
E | -- 5-- 7-- 8-- 7-- 8----- 8-----|

e | ----- 5----- 5-- 7-- 5-- 7-- 8-- 7-- 8----- 5----- 5-- 7-- 5-- 7-- 8--|
B | ----- 5----- 5-- 7-- 5-- 7-- 8-- 7-- 8----- 8-----|
G | ----- 4-- 5-- 4-- 5-- 7-- 5-- 7----- 7-----|
D | -- 7-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | ----- 5-- 7--|
G | ----- 4----- 4-- 5-- 7-- 5-- 7-----|
D | ----- 4-- 5-- 4-- 5-- 7----- 7-----|
A | ----- 5----- 5-- 7-- 9-- 7-- 9-----|
E | -- 5-- 7-- 8----- 8-----|

e | ----- 5----- 5-- 7-- 8-----|
B | -- 5-- 7-- 8----- 8-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | ----- 5-- 7-- 8--|
B | ----- 5-- 7-- 8-----|
G | ----- 4-- 5-- 7-----|
D | ----- 4-- 5-- 7-----|
A | ----- 5-- 7-- 9-----|
E | -- 5-- 7-- 8-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U5--D7--U8--|
B |-----D5--U7--D8--|
G |-----U4--D5--U7--|
D |-----D4--U5--D7--|
A |-----U5--D7--U9--|
E |--D5--U7--D8-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->5-- 7-- 8--|
B |----->5-- 7-- 8--|
G |----->4-- 5-- 7--|
D |----->4-- 5-- 7--|
A |----->5-- 7-- 9--|
E |-->5-- 7-- 8-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |----- 7-- 8--10--|
B |----- 7-- 8--10--|
G |----- 7-- 9--11--|
D |----- 7-- 9--10--|
A |----- 7-- 9--10--|
E |-- 7-- 8--10-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--10-- 8-- 7-----|
B |--10-- 8-- 7-----|
G |--11-- 9-- 7-----|
D |--10-- 9-- 7-----|
A |--10-- 9-- 7-----|
E |--10-- 8-- 7-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----7h8--| --8p7-----|
B |-----7h8--| -----8p7-----|
G |-----7h9--| -----9p7-----|
D |-----7h9--| -----9p7-----|
A |-----7h9--| -----9p7-----|
E |--7h8--| -----8p7--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----7--|
D |-----7-----7--9--7--9--10--9--10--|
A |-----7-----7--9--7--9--10--9--10--10--|
E |--7--8--10--8--10-----10--|

e |-----7-----7--8--7--8--10--|
B |-----7-----7--8--7--8--10--8--10-----10--|
G |-----7--9--7--9--11--9--11-----11--|
D |--10--|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----7--8--|
G |-----7-----7--9--11--9--11-----|
D |-----7--9--7--9--10-----10--|
A |-----7-----7--9--10--9--10--|
E |--7--8--10-----10--|

e |-----7-----7--8--10--|
B |--7--8--10-----10--|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----7--8--10--|
B |-----7--8--10-----|
G |-----7--9--11-----|
D |-----7--9--10-----|
A |-----7--9--10-----|
E |--7--8--10-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U7--D8--U10--|
B |-----D7--U8--D10--|
G |-----U7--D9--U11--|
D |-----D7--U9--D10--|
A |-----U7--D9--U10--|
E |--D7--U8--D10--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->7--8--10--|
B |----->7--8--10-----|
G |----->7--9--11-----|
D |----->7--9--10-----|
A |----->7--9--10-----|
E |-->7--8--10-----|

```

D Natural Minor

Notes: D, E, F, G, A, A#, C | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 9-14

```
e |-----10--12--13--|
B |-----10--11--13-----|
G |-----9--10--12-----|
D |-----10--12--14-----|
A |-----10--12--13-----|
E |--10--12--13-----|
```

E:10=D | E:12=E | E:13=F | A:10=G | A:12=A | A:13=A# | D:10=C | D:12=D | D:14=E | G:9=E | G:10=F | G:12=G | B:10=A |
B:11=A# | B:13=C | e:10=D | e:12=E | e:13=F

Position 2

Frets 11-15

```
e |-----12--13--15--|
B |-----11--13--15-----|
G |-----12--14--15-----|
D |-----12--14--15-----|
A |-----12--13--15-----|
E |--12--13--15-----|
```

E:12=E | E:13=F | E:15=G | A:12=A | A:13=A# | A:15=C | D:12=D | D:14=E | D:15=F | G:12=G | G:14=A | G:15=A# | B:11=A# |
B:13=C | B:15=D | e:12=E | e:13=F | e:15=G

Position 3

Frets 12-17

```
e |-----12--13--15--|
B |-----13--15--17-----|
G |-----12--14--15-----|
D |-----12--14--15-----|
A |-----12--13--15-----|
E |--12--13--15-----|
```

E:12=E | E:13=F | E:15=G | A:12=A | A:13=A# | A:15=C | D:12=D | D:14=E | D:15=F | G:12=G | G:14=A | G:15=A# | B:13=C |
B:15=D | B:17=E | e:12=E | e:13=F | e:15=G

Position 4

Frets 14-19

```
e |-----15--17--18--|
B |-----15--17--18-----|
G |-----14--15--17-----|
D |-----14--15--17-----|
A |-----15--17--19-----|
E |--15--17--18-----|
```


E:15=G | E:17=A | E:18=A# | A:15=C | A:17=D | A:19=E | D:14=E | D:15=F | D:17=G | G:14=A | G:15=A# | G:17=C | B:15=D | B:17=E | B:18=F | e:15=G | e:17=A | e:18=A#

Position 5

Frets 17-21

```

e |-----17--18--20--|
B |-----17--18--20--|
G |-----17--19--21--|
D |-----17--19--20--|
A |-----17--19--20--|
E |--17--18--20-----|

```

E:17=A | E:18=A# | E:20=C | A:17=D | A:19=E | A:20=F | D:17=G | D:19=A | D:20=A# | G:17=C | G:19=D | G:21=E | B:17=E | B:18=F | B:20=G | e:17=A | e:18=A# | e:20=C

Companion Chords

Play these chords over your D Natural Minor exercises:

	Dm	F	Gm	Am	A#	C
e	--1--	--1--	--3--	--0--	--6--	--0--
B	--3--	--1--	--3--	--1--	--6--	--1--
G	--2--	--2--	--3--	--2--	--7--	--0--
D	--0--	--3--	--5--	--2--	--8--	--2--
A	--X--	--3--	--5--	--0--	--8--	--3--
E	--X--	--1--	--3--	--X--	--6--	--X--

Progression: **Dm - F - Gm - Am - A# - C**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----10--12--13--|
B |-----10--11--13--|
G |-----9--10--12-----|
D |-----10--12--14-----|
A |-----10--12--13-----|
E |--10--12--13-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--13--12--10-----|
B |--13--11--10-----|
G |--12--10--9-----|
D |--14--12--10-----|
A |--13--12--10-----|
E |--13--12--10-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----10h12--| --12p10-----|
B |-----10h11-----| -----11p10-----|
G |-----9h10-----| -----10p9-----|
D |-----10h12-----| -----12p10-----|
A |-----10h12-----| -----12p10-----|
E |--10h12-----| -----12p10--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |----- 9--|
D |-----10-----10--12--10--12--13--12--13-----13-----|
A |-----10-----10--12--10--12--13--12--13-----13-----|
E |--10--12--13--12--13-----13-----|

e |-----10-----10--12--10--12--13--|
B |-----10-----10--11--10--11--13--11--13-----13-----|
G |----- 9--10-- 9--10--12--10--12-----12-----|
D |--14-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----10--11--|
G |----- 9----- 9--10--12--10--12-----|
D |-----10--12--10--12--14-----14-----|
A |-----10-----10--12--13--12--13-----|
E |--10--12--13-----13-----|

e |-----10-----10--12--13-----|
B |--10--11--13-----13-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----10--12--13--|
B |-----10--11--13-----|
G |----- 9--10--12-----|
D |-----10--12--14-----|
A |-----10--12--13-----|
E |--10--12--13-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U10--D12--U13--|
B |-----D10--U11--D13--|
G |-----U9--D10--U12--|
D |-----D10--U12--D14--|
A |-----U10--D12--U13--|
E |--D10--U12--D13--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->10--12--13--|
B |----->10--11--13--|
G |----->9--10--12--|
D |----->10--12--14--|
A |----->10--12--13--|
E |-->10--12--13--|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----12--13--15--|
B |-----11--13--15--|
G |-----12--14--15--|
D |-----12--14--15--|
A |-----12--13--15--|
E |--12--13--15--|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--15--13--12--|
B |--15--13--11--|
G |--15--14--12--|
D |--15--14--12--|
A |--15--13--12--|
E |--15--13--12--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----12h13--| --13p12-----|
B |-----11h13--| -----13p11-----|
G |-----12h14--| -----14p12-----|
D |-----12h14--| -----14p12-----|
A |-----12h13--| -----13p12-----|
E |--12h13--| -----13p12--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----12--|

```

```

D |-----12-----12--14--12--14--15--14--15-----|
A |-----12-----12--13--12--13--15--13--15-----15-----|
E |--12--13--15--13--15-----15-----|

e |-----12-----12--13--12--13--15--|
B |-----11-----11--13--11--13--15--13--15-----15-----|
G |-----12--14--12--14--15--14--15-----15-----|
D |--15-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----11--13--|
G |-----12-----12--14--15--14--15-----|
D |-----12--14--12--14--15-----15-----|
A |-----12-----12--13--15--13--15-----|
E |--12--13--15-----15-----|

e |-----12-----12--13--15-----|
B |--11--13--15-----15-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----12--13--15--|
B |-----11--13--15-----|
G |-----12--14--15-----|
D |-----12--14--15-----|
A |-----12--13--15-----|
E |--12--13--15-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U12--D13--U15--|
B |-----D11--U13--D15--|
G |-----U12--D14--U15--|
D |-----D12--U14--D15--|
A |-----U12--D13--U15--|
E |--D12--U13--D15-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->12--13--15--|
B |----->11--13--15--|
G |----->12--14--15--|
D |----->12--14--15--|
A |----->12--13--15--|
E |-->12--13--15-----|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----12--13--15--|
B |-----13--15--17--|
G |-----12--14--15--|
D |-----12--14--15--|
A |-----12--13--15--|
E |--12--13--15-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--15--13--12-----|
B |-----17--15--13-----|
G |-----15--14--12-----|
D |-----15--14--12-----|
A |-----15--13--12-----|
E |-----15--13--12--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----12h13--| --13p12-----|
B |-----13h15-----| -----15p13-----|
G |-----12h14-----| -----14p12-----|
D |-----12h14-----| -----14p12-----|
A |-----12h13-----| -----13p12-----|
E |--12h13-----| -----13p12--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----12--|
D |-----12-----12--14--12--14--15--14--15-----|
A |-----12-----12--13--12--13--15--13--15-----15-----|
E |--12--13--15--13--15-----15-----|

e |-----12-----12--13--12--13--15--|
B |-----13-----13--15--13--15--17--15--17-----17-----|
G |-----12--14--12--14--15--14--15-----15-----|
D |--15-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----13--15--|
G |-----12-----12--14--15--14--15-----|
D |-----12--14--12--14--15-----15-----|
A |-----12-----12--13--15--13--15-----|
```

```

E|--12--13--15-----15-----|
e|-----12-----12--13--15-----|
B|--13--15--17-----17-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|-----12--13--15--|
B|-----13--15--17-----|
G|-----12--14--15-----|
D|-----12--14--15-----|
A|-----12--13--15-----|
E|--12--13--15-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U12--D13--U15--|
B|-----D13--U15--D17-----|
G|-----U12--D14--U15-----|
D|-----D12--U14--D15-----|
A|-----U12--D13--U15-----|
E|--D12--U13--D15-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->12--13--15--|
B|----->13--15--17-----|
G|----->12--14--15-----|
D|----->12--14--15-----|
A|----->12--13--15-----|
E|-->12--13--15-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----15--17--18--|
B|-----15--17--18-----|
G|-----14--15--17-----|
D|-----14--15--17-----|
A|-----15--17--19-----|
E|--15--17--18-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --18--17--15-----|
B | -----18--17--15-----|
G | -----17--15--14-----|
D | -----17--15--14-----|
A | -----19--17--15-----|
E | -----18--17--15-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----15h17-- | --17p15-----|
B | -----15h17-----| -----17p15-----|
G | -----14h15-----| -----15p14-----|
D | -----14h15-----| -----15p14-----|
A | -----15h17-----| -----17p15-----|
E | --15h17-----| -----17p15--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----14-----|
D | -----14-----14--15--14--15--17--15--17-----|
A | -----15-----15--17--15--17--19--17--19-----19-----|
E | --15--17--18--17--18-----18-----|

e | -----15-----15--17--15--17--18--17--18-----15-----15--17--15--17--18--|
B | -----15-----15--17--15--17--18--17--18-----18-----|
G | -----14--15--14--15--17--15--17-----17-----|
D | --17-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----15--17--|
G | -----14-----14--15--17--15--17-----|
D | -----14--15--14--15--17-----17-----|
A | -----15-----15--17--19--17--19-----|
E | --15--17--18-----18-----|

e | -----15-----15--17--18-----|
B | --15--17--18-----18-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----15--17--18--|
B | -----15--17--18-----|
G | -----14--15--17-----|
D | -----14--15--17-----|
A | -----15--17--19-----|
E | --15--17--18-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U15--D17--U18--|
B |-----D15--U17--D18--|
G |-----U14--D15--U17--|
D |-----D14--U15--D17--|
A |-----U15--D17--U19--|
E |--D15--U17--D18-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->15--17--18--|
B |----->15--17--18--|
G |----->14--15--17--|
D |----->14--15--17--|
A |----->15--17--19--|
E |-->15--17--18-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----17--18--20--|
B |-----17--18--20--|
G |-----17--19--21--|
D |-----17--19--20--|
A |-----17--19--20--|
E |--17--18--20-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--20--18--17-----|
B |--20--18--17-----|
G |--21--19--17-----|
D |--20--19--17-----|
A |--20--19--17-----|
E |--20--18--17-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----17h18--| --18p17-----|
B |-----17h18-----| -----18p17-----|
G |-----17h19-----| -----19p17-----|
D |-----17h19-----| -----19p17-----|
A |-----17h19-----| -----19p17-----|
E |--17h18-----| -----18p17--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.


```

e |-----|
B |-----|
G |-----17--|
D |-----17-----17--19--17--19--20--19--20-----|
A |-----17-----17--19--17--19--20--19--20-----20-----|
E |--17--18--20--18--20-----20-----|

e |-----17-----17--18--17--18--20--|
B |-----17-----17--18--17--18--20--18--20-----20-----|
G |-----17--19--17--19--21--19--21-----21-----|
D |--20-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----17--18--|
G |-----17-----17--19--21--19--21-----|
D |-----17--19--17--19--20-----20-----|
A |-----17-----17--19--20--19--20-----|
E |--17--18--20-----20-----|

e |-----17-----17--18--20-----|
B |--17--18--20-----20-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----17--18--20--|
B |-----17--18--20-----|
G |-----17--19--21-----|
D |-----17--19--20-----|
A |-----17--19--20-----|
E |--17--18--20-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U17--D18--U20--|
B |-----D17--U18--D20--|
G |-----U17--D19--U21--|
D |-----D17--U19--D20--|
A |-----U17--D19--U20--|
E |--D17--U18--D20--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->17--18--20--|
B |----->17--18--20-----|
G |----->17--19--21-----|
D |----->17--19--20-----|
A |----->17--19--20-----|
E |-->17--18--20-----|

```

G Natural Minor

Notes: G, A, Bb, C, D, Eb, F | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 2-7

```
e |----- 3-- 5-- 6--|
B |----- 3-- 4-- 6-----|
G |----- 2-- 3-- 5-----|
D |----- 3-- 5-- 7-----|
A |----- 3-- 5-- 6-----|
E |-- 3-- 5-- 6-----|
```

E:3=G | E:5=A | E:6=Bb | A:3=C | A:5=D | A:6=Eb | D:3=F | D:5=G | D:7=A | G:2=A | G:3=Bb | G:5=C | B:3=D | B:4=Eb | B:6=F
| e:3=G | e:5=A | e:6=Bb

Position 2

Frets 4-8

```
e |----- 5-- 6-- 8--|
B |----- 4-- 6-- 8-----|
G |----- 5-- 7-- 8-----|
D |----- 5-- 7-- 8-----|
A |----- 5-- 6-- 8-----|
E |-- 5-- 6-- 8-----|
```

E:5=A | E:6=Bb | E:8=C | A:5=D | A:6=Eb | A:8=F | D:5=G | D:7=A | D:8=Bb | G:5=C | G:7=D | G:8=Eb | B:4=Eb | B:6=F |
B:8=G | e:5=A | e:6=Bb | e:8=C

Position 3

Frets 5-10

```
e |----- 5-- 6-- 8--|
B |----- 6-- 8--10-----|
G |----- 5-- 7-- 8-----|
D |----- 5-- 7-- 8-----|
A |----- 5-- 6-- 8-----|
E |-- 5-- 6-- 8-----|
```

E:5=A | E:6=Bb | E:8=C | A:5=D | A:6=Eb | A:8=F | D:5=G | D:7=A | D:8=Bb | G:5=C | G:7=D | G:8=Eb | B:6=F | B:8=G |
B:10=A | e:5=A | e:6=Bb | e:8=C

Position 4

Frets 7-12

```
e |----- 8--10--11--|
B |----- 8--10--11-----|
G |----- 7-- 8--10-----|
D |----- 7-- 8--10-----|
A |----- 8--10--12-----|
E |-- 8--10--11-----|
```

E:8=C | E:10=D | E:11=Eb | A:8=F | A:10=G | A:12=A | D:7=A | D:8=Bb | D:10=C | G:7=D | G:8=Eb | G:10=F | B:8=G | B:10=A | B:11=Bb | e:8=C | e:10=D | e:11=Eb

Position 5

Frets 10-14

```
e |-----10--11--13--|
B |-----10--11--13--|
G |-----10--12--14--|
D |-----10--12--13--|
A |-----10--12--13--|
E |--10--11--13-----|
```

E:10=D | E:11=Eb | E:13=F | A:10=G | A:12=A | A:13=Bb | D:10=C | D:12=D | D:13=Eb | G:10=F | G:12=G | G:14=A | B:10=A | B:11=Bb | B:13=C | e:10=D | e:11=Eb | e:13=F

Companion Chords

Play these chords over your G Natural Minor exercises:

	Gm	Bb	Cm	Dm	Eb	F
e	--3--	--6--	--8--	--1--	--11--	--1--
B	--3--	--6--	--8--	--3--	--11--	--1--
G	--3--	--7--	--8--	--2--	--12--	--2--
D	--5--	--8--	--10--	--0--	--13--	--3--
A	--5--	--8--	--10--	--X--	--13--	--3--
E	--3--	--6--	--8--	--X--	--11--	--1--

Progression: **Gm - Bb - Cm - Dm - Eb - F**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----3-- 5-- 6--|
B |-----3-- 4-- 6--|
G |-----2-- 3-- 5--|
D |-----3-- 5-- 7--|
A |-----3-- 5-- 6--|
E |-- 3-- 5-- 6-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 6-- 5-- 3-----|
B |-----6-- 4-- 3-----|
G |-----5-- 3-- 2-----|
D |-----7-- 5-- 3-----|
A |-----6-- 5-- 3-----|
E |-----6-- 5-- 3-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----3h5--| --5p3-----|
B |-----3h4-----| -----4p3-----|
G |-----2h3-----| -----3p2-----|
D |-----3h5-----| -----5p3-----|
A |-----3h5-----| -----5p3-----|
E |--3h5-----| -----5p3--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |----- 2--|
D |----- 3-- 3-- 5-- 3-- 5-- 6-- 5-- 6-- 6--|
A |----- 3-- 3-- 5-- 3-- 5-- 6-- 5-- 6-- 6--|
E |-- 3-- 5-- 6-- 5-- 6-- 6--|

e |----- 3-- 3-- 5-- 3-- 5-- 6--|
B |----- 3-- 3-- 4-- 3-- 4-- 6-- 4-- 6-- 6--|
G |----- 2-- 3-- 2-- 3-- 5-- 3-- 5-- 5--|
D |-- 7--|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |----- 3-- 4--|
G |----- 2-- 2-- 3-- 5-- 3-- 5--|
D |----- 3-- 5-- 3-- 5-- 7-- 7--|
A |----- 3-- 3-- 5-- 6-- 5-- 6--|
E |-- 3-- 5-- 6-- 6--|

e |----- 3-- 3-- 5-- 6--|
B |-- 3-- 4-- 6-- 6--|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |----- 3-- 5-- 6--|
B |----- 3-- 4-- 6--|
G |----- 2-- 3-- 5--|
D |----- 3-- 5-- 7--|
A |----- 3-- 5-- 6--|
E |-- 3-- 5-- 6--|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U3--D5--U6--|
B |-----D3--U4--D6--|
G |-----U2--D3--U5--|
D |-----D3--U5--D7--|
A |-----U3--D5--U6--|
E |--D3--U5--D6-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->3-- 5-- 6--|
B |----->3-- 4-- 6--|
G |----->2-- 3-- 5--|
D |----->3-- 5-- 7--|
A |----->3-- 5-- 6--|
E |-->3-- 5-- 6-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----5-- 6-- 8--|
B |-----4-- 6-- 8--|
G |-----5-- 7-- 8--|
D |-----5-- 7-- 8--|
A |-----5-- 6-- 8--|
E |--5-- 6-- 8-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--8-- 6-- 5-----|
B |-----8-- 6-- 4-----|
G |-----8-- 7-- 5-----|
D |-----8-- 7-- 5-----|
A |-----8-- 6-- 5-----|
E |-----8-- 6-- 5-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----5h6--| --6p5-----|
B |-----4h6--| -----6p4-----|
G |-----5h7--| -----7p5-----|
D |-----5h7--| -----7p5-----|
A |-----5h6--| -----6p5-----|
E |--5h6-----| -----6p5-----|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----5--|

```

```

D |-----5-----5-- 7-- 5-- 7-- 8-- 7-- 8-----|
A |-----5-----5-- 6-- 5-- 6-- 8-- 6-- 8-----8-----|
E |-- 5-- 6-- 8-- 6-- 8-----8-----|

e |-----5-----5-- 6-- 5-- 6-- 8--|
B |-----4-----4-- 6-- 4-- 6-- 8-- 6-- 8-----8-----|
G |-----5-- 7-- 5-- 7-- 8-- 7-- 8-----8-----|
D |-- 8-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----4-- 6--|
G |-----5-----5-- 7-- 8-- 7-- 8-----|
D |-----5-- 7-- 5-- 7-- 8-----8-----|
A |-----5-----5-- 6-- 8-- 6-- 8-----|
E |-- 5-- 6-- 8-----8-----|

e |-----5-----5-- 6-- 8-----|
B |-- 4-- 6-- 8-----8-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----5-- 6-- 8--|
B |-----4-- 6-- 8-----|
G |-----5-- 7-- 8-----|
D |-----5-- 7-- 8-----|
A |-----5-- 6-- 8-----|
E |-- 5-- 6-- 8-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U5--D6--U8--|
B |-----D4--U6--D8--|
G |-----U5--D7--U8--|
D |-----D5--U7--D8--|
A |-----U5--D6--U8--|
E |--D5--U6--D8--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->5-- 6-- 8--|
B |----->4-- 6-- 8--|
G |----->5-- 7-- 8--|
D |----->5-- 7-- 8--|
A |----->5-- 6-- 8--|
E |-->5-- 6-- 8--|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----5-- 6-- 8--|
B |-----6-- 8--10-----|
G |-----5-- 7-- 8-----|
D |-----5-- 7-- 8-----|
A |-----5-- 6-- 8-----|
E |-- 5-- 6-- 8-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 8-- 6-- 5-----|
B |-----10-- 8-- 6-----|
G |-----8-- 7-- 5-----|
D |-----8-- 7-- 5-----|
A |-----8-- 6-- 5-----|
E |-----8-- 6-- 5-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----5h6--| --6p5-----|
B |-----6h8-----| -----8p6-----|
G |-----5h7-----| -----7p5-----|
D |-----5h7-----| -----7p5-----|
A |-----5h6-----| -----6p5-----|
E |--5h6-----| -----6p5-----|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----5--|
D |-----5-- 5-- 7-- 5-- 7-- 8-- 7-- 8--|
A |-----5-- 5-- 6-- 5-- 6-- 8-- 6-- 8-- 8--|
E |-- 5-- 6-- 8-- 6-- 8-- 8--|

e |-----5-- 5-- 6-- 5-- 6-- 8--|
B |-----6-- 8-- 6-- 8--10-- 8--10--10--|
G |-----5-- 7-- 5-- 7-- 8-- 7-- 8-- 8--|
D |-- 8--|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----6-- 8--|
G |-----5-- 5-- 7-- 8-- 7-- 8--|
D |-----5-- 7-- 5-- 7-- 8-- 8--|
A |-----5-- 5-- 6-- 8-- 6-- 8--|
```

```

E|-- 5-- 6-- 8----- 8-----|
e|----- 5----- 5-- 6-- 8-----|
B|-- 6-- 8--10-----10-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 5-- 6-- 8--|
B|----- 6-- 8--10-----|
G|----- 5-- 7-- 8-----|
D|----- 5-- 7-- 8-----|
A|----- 5-- 6-- 8-----|
E|-- 5-- 6-- 8-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U5--D6--U8--|
B|-----D6--U8--D10--|
G|-----U5--D7--U8--|
D|-----D5--U7--D8--|
A|-----U5--D6--U8--|
E|--D5--U6--D8-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->5-- 6-- 8--|
B|----->6-- 8--10-----|
G|----->5-- 7-- 8-----|
D|----->5-- 7-- 8-----|
A|----->5-- 6-- 8-----|
E|-->5-- 6-- 8-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|----- 8--10--11--|
B|----- 8--10--11-----|
G|----- 7-- 8--10-----|
D|----- 7-- 8--10-----|
A|----- 8--10--12-----|
E|-- 8--10--11-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.


```

e | --11--10-- 8-----|
B | -----11--10-- 8-----|
G | -----10-- 8-- 7-----|
D | -----10-- 8-- 7-----|
A | -----12--10-- 8-----|
E | -----11--10-- 8--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----8h10--| --10p8-----|
B | -----8h10-----| -----10p8-----|
G | -----7h8-----| -----8p7-----|
D | -----7h8-----| -----8p7-----|
A | -----8h10-----| -----10p8-----|
E | --8h10-----| -----10p8--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----7--|
D | -----7----- 7-- 8-- 7-- 8--10-- 8--10-----|
A | -----8----- 8--10-- 8--10--12--10--12-----12-----|
E | -- 8--10--11--10--11-----11-----|

e | -----8----- 8--10-- 8--10--11--|
B | -----8----- 8--10-- 8--10--11--10--11-----11-----|
G | -----7-- 8-- 7-- 8--10-- 8--10-----10-----|
D | --10-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----8--10--|
G | -----7----- 7-- 8--10-- 8--10-----|
D | -----7-- 8-- 7-- 8--10-----10-----|
A | -----8----- 8--10--12--10--12-----|
E | -- 8--10--11-----11-----|

e | -----8----- 8--10--11-----|
B | -- 8--10--11-----11-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----8--10--11--|
B | -----8--10--11-----|
G | -----7-- 8--10-----|
D | -----7-- 8--10-----|
A | -----8--10--12-----|
E | -- 8--10--11-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U8--D10--U11--|
B |-----D8--U10--D11--|
G |-----U7--D8--U10--|
D |-----D7--U8--D10--|
A |-----U8--D10--U12--|
E |--D8--U10--D11-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->8--10--11--|
B |----->8--10--11--|
G |----->7-- 8--10--|
D |----->7-- 8--10--|
A |----->8--10--12--|
E |-->8--10--11-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----10--11--13--|
B |-----10--11--13--|
G |-----10--12--14--|
D |-----10--12--13--|
A |-----10--12--13--|
E |--10--11--13-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--13--11--10-----|
B |--13--11--10-----|
G |--14--12--10-----|
D |--13--12--10-----|
A |--13--12--10-----|
E |--13--11--10-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----10h11--| --11p10-----|
B |-----10h11-----| -----11p10-----|
G |-----10h12-----| -----12p10-----|
D |-----10h12-----| -----12p10-----|
A |-----10h12-----| -----12p10-----|
E |--10h11-----| -----11p10--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----10--|
D |-----10-----10--12--10--12--13--12--13--|
A |-----10-----10--12--10--12--13--12--13--|
E |--10--11--13--11--13-----13-----|

e |-----10-----10--11--10--11--13--|
B |-----10-----10--11--10--11--13--11--13-----13-----|
G |-----10--12--10--12--14--12--14-----14-----|
D |--13-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----10--11--|
G |-----10-----10--12--14--12--14-----|
D |-----10--12--10--12--13-----13-----|
A |-----10-----10--12--13--12--13-----|
E |--10--11--13-----13-----|

e |-----10-----10--11--13-----|
B |--10--11--13-----13-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----10--11--13--|
B |-----10--11--13-----|
G |-----10--12--14-----|
D |-----10--12--13-----|
A |-----10--12--13-----|
E |--10--11--13-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U10--D11--U13--|
B |-----D10--U11--D13--|
G |-----U10--D12--U14--|
D |-----D10--U12--D13--|
A |-----U10--D12--U13--|
E |--D10--U11--D13--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->10--11--13--|
B |----->10--11--13--|
G |----->10--12--14--|
D |----->10--12--13--|
A |----->10--12--13--|
E |-->10--11--13--|

```

C Natural Minor

Notes: C, D, Eb, F, G, Ab, Bb | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 7-12

```
e |-----8--10--11--|
B |-----8-- 9--11-----|
G |-----7-- 8--10-----|
D |-----8--10--12-----|
A |-----8--10--11-----|
E |--8--10--11-----|
```

E:8=C | E:10=D | E:11=Eb | A:8=F | A:10=G | A:11=Ab | D:8=Bb | D:10=C | D:12=D | G:7=D | G:8=Eb | G:10=F | B:8=G | B:9=Ab
| B:11=Bb | e:8=C | e:10=D | e:11=Eb

Position 2

Frets 9-13

```
e |-----10--11--13--|
B |-----9--11--13-----|
G |-----10--12--13-----|
D |-----10--12--13-----|
A |-----10--11--13-----|
E |--10--11--13-----|
```

E:10=D | E:11=Eb | E:13=F | A:10=G | A:11=Ab | A:13=Bb | D:10=C | D:12=D | D:13=Eb | G:10=F | G:12=G | G:13=Ab | B:9=Ab
| B:11=Bb | B:13=C | e:10=D | e:11=Eb | e:13=F

Position 3

Frets 10-15

```
e |-----10--11--13--|
B |-----11--13--15-----|
G |-----10--12--13-----|
D |-----10--12--13-----|
A |-----10--11--13-----|
E |--10--11--13-----|
```

E:10=D | E:11=Eb | E:13=F | A:10=G | A:11=Ab | A:13=Bb | D:10=C | D:12=D | D:13=Eb | G:10=F | G:12=G | G:13=Ab | B:11=Bb
| B:13=C | B:15=D | e:10=D | e:11=Eb | e:13=F

Position 4

Frets 12-17

```
e |-----13--15--16--|
B |-----13--15--16-----|
G |-----12--13--15-----|
D |-----12--13--15-----|
A |-----13--15--17-----|
E |--13--15--16-----|
```

E:13=F | E:15=G | E:16=Ab | A:13=Bb | A:15=C | A:17=D | D:12=D | D:13=Eb | D:15=F | G:12=G | G:13=Ab | G:15=Bb | B:13=C
 | B:15=D | B:16=Eb | e:13=F | e:15=G | e:16=Ab

Position 5

Frets 15-19

```
e |-----15--16--18--|
B |-----15--16--18--|
G |-----15--17--19--|
D |-----15--17--18--|
A |-----15--17--18--|
E |--15--16--18-----|
```

E:15=G | E:16=Ab | E:18=Bb | A:15=C | A:17=D | A:18=Eb | D:15=F | D:17=G | D:18=Ab | G:15=Bb | G:17=C | G:19=D | B:15=D
 | B:16=Eb | B:18=F | e:15=G | e:16=Ab | e:18=Bb

Companion Chords

Play these chords over your C Natural Minor exercises:

```
      Cm      Eb      Fm      Gm      Ab      Bb
e |--8--| |--11--| |--1--| |--3--| |--4--| |--6--|
B |--8--| |--11--| |--1--| |--3--| |--4--| |--6--|
G |--8--| |--12--| |--1--| |--3--| |--5--| |--7--|
D |--10--| |--13--| |--3--| |--5--| |--6--| |--8--|
A |--10--| |--13--| |--3--| |--5--| |--6--| |--8--|
E |--8--| |--11--| |--1--| |--3--| |--4--| |--6--|
```

Progression: **Cm - Eb - Fm - Gm - Ab - Bb**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----8--10--11--|
B |-----8-- 9--11-----|
G |-----7-- 8--10-----|
D |-----8--10--12-----|
A |-----8--10--11-----|
E |-- 8--10--11-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--11--10-- 8-----|
B |--11-- 9-- 8-----|
G |--10-- 8-- 7-----|
D |--12--10-- 8-----|
A |--11--10-- 8-----|
E |--11--10-- 8--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----8h10--| --10p8-----|
B |-----8h9---| -----9p8-----|
G |-----7h8---| -----8p7-----|
D |-----8h10---| -----10p8-----|
A |-----8h10---| -----10p8-----|
E |--8h10-----| -----10p8--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----7--|
D |-----8-----8--10--8--10--12--10--12-----|
A |-----8-----8--10--8--10--11--10--11-----11-----|
E |--8--10--11--10--11-----11-----|

e |-----8-----8--10--8--10--11--|
B |-----8-----8--9--8--9--11--9--11-----11-----|
G |-----7--8--7--8--10--8--10-----10-----|
D |--12-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----8--9--|
G |-----7-----7--8--10--8--10-----|
D |-----8--10--8--10--12-----12-----|
A |-----8-----8--10--11--10--11-----|
E |--8--10--11-----11-----|

e |-----8-----8--10--11-----|
B |--8--9--11-----11-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----8--10--11--|
B |-----8--9--11-----|
G |-----7--8--10-----|
D |-----8--10--12-----|
A |-----8--10--11-----|
E |--8--10--11-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U8--D10--U11--|
B |-----D8--U9--D11-----|
G |-----U7--D8--U10-----|
D |-----D8--U10--D12-----|
A |-----U8--D10--U11-----|
E |--D8--U10--D11-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->8--10--11--|
B |----->8-- 9--11-----|
G |----->7-- 8--10-----|
D |----->8--10--12-----|
A |----->8--10--11-----|
E |-->8--10--11-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----10--11--13--|
B |----- 9--11--13-----|
G |-----10--12--13-----|
D |-----10--12--13-----|
A |-----10--11--13-----|
E |--10--11--13-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--13--11--10-----|
B |-----13--11-- 9-----|
G |-----13--12--10-----|
D |-----13--12--10-----|
A |-----13--11--10-----|
E |-----13--11--10--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----10h11--| --11p10-----|
B |----- 9h11-----| -----11p9-----|
G |-----10h12-----| -----12p10-----|
D |-----10h12-----| -----12p10-----|
A |-----10h11-----| -----11p10-----|
E |--10h11-----| -----11p10--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----10--|

```

```

D |-----10-----10--12--10--12--13--12--13-----|
A |-----10-----10--11--10--11--13--11--13-----13-----|
E |--10--11--13--11--13-----13-----|

e |-----10-----10--11--10--11--13-----|
B |-----9-----9--11--9--11--13--11--13-----13-----|
G |-----10--12--10--12--13--12--13-----13-----|
D |--13-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----9--11-----|
G |-----10-----10--12--13--12--13-----|
D |-----10--12--10--12--13-----13-----|
A |-----10-----10--11--13--11--13-----|
E |--10--11--13-----13-----|

e |-----10-----10--11--13-----|
B |--9--11--13-----13-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----10--11--13--|
B |-----9--11--13-----|
G |-----10--12--13-----|
D |-----10--12--13-----|
A |-----10--11--13-----|
E |--10--11--13-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U10--D11--U13--|
B |-----D9--U11--D13-----|
G |-----U10--D12--U13-----|
D |-----D10--U12--D13-----|
A |-----U10--D11--U13-----|
E |--D10--U11--D13-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->10--11--13--|
B |----->9--11--13-----|
G |----->10--12--13-----|
D |----->10--12--13-----|
A |----->10--11--13-----|
E |-->10--11--13-----|

```


Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----10--11--13--|
B |-----11--13--15--|
G |-----10--12--13--|
D |-----10--12--13--|
A |-----10--11--13--|
E |--10--11--13-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--13--11--10-----|
B |-----15--13--11-----|
G |-----13--12--10-----|
D |-----13--12--10-----|
A |-----13--11--10-----|
E |-----13--11--10--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----10h11--| --11p10-----|
B |-----11h13-----| -----13p11-----|
G |-----10h12-----| -----12p10-----|
D |-----10h12-----| -----12p10-----|
A |-----10h11-----| -----11p10-----|
E |--10h11-----| -----11p10--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----10--|
D |-----10-----10--12--10--12--13--12--13--|
A |-----10-----10--11--10--11--13--11--13-----13-----|
E |--10--11--13--11--13-----13-----|

e |-----10-----10--11--10--11--13--|
B |-----11-----11--13--11--13--15--13--15-----15-----|
G |-----10--12--10--12--13--12--13-----13-----|
D |--13-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----11--13--|
G |-----10-----10--12--13--12--13--|
D |-----10--12--10--12--13-----13-----|
A |-----10-----10--11--13--11--13-----|
```

```

E|--10--11--13-----13-----|
e|-----10-----10--11--13-----|
B|--11--13--15-----15-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|-----10--11--13--|
B|-----11--13--15-----|
G|-----10--12--13-----|
D|-----10--12--13-----|
A|-----10--11--13-----|
E|--10--11--13-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U10--D11--U13--|
B|-----D11--U13--D15-----|
G|-----U10--D12--U13-----|
D|-----D10--U12--D13-----|
A|-----U10--D11--U13-----|
E|--D10--U11--D13-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->10--11--13--|
B|----->11--13--15-----|
G|----->10--12--13-----|
D|----->10--12--13-----|
A|----->10--11--13-----|
E|-->10--11--13-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----13--15--16--|
B|-----13--15--16-----|
G|-----12--13--15-----|
D|-----12--13--15-----|
A|-----13--15--17-----|
E|--13--15--16-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --16--15--13-----|
B | -----16--15--13-----|
G | -----15--13--12-----|
D | -----15--13--12-----|
A | -----17--15--13-----|
E | -----16--15--13-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----13h15-- | --15p13-----|
B | -----13h15-----| -----15p13-----|
G | -----12h13-----| -----13p12-----|
D | -----12h13-----| -----13p12-----|
A | -----13h15-----| -----15p13-----|
E | --13h15-----| -----15p13--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----12--|
D | -----12--13--12--13--15--13--15-----|
A | -----13--13--15--13--15--17--15--17-----17-----|
E | --13--15--16--15--16-----16-----|

e | -----13-----13--15--13--15--16--|
B | -----13-----13--15--13--15--16--15--16-----16-----|
G | -----12--13--12--13--15--13--15-----15-----|
D | --15-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----13--15--|
G | -----12--13--15--13--15-----|
D | -----12--13--12--13--15-----15-----|
A | -----13--13--15--17--15--17-----|
E | --13--15--16-----16-----|

e | -----13-----13--15--16-----|
B | --13--15--16-----16-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----13--15--16--|
B | -----13--15--16-----|
G | -----12--13--15-----|
D | -----12--13--15-----|
A | -----13--15--17-----|
E | --13--15--16-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U13--D15--U16--|
B |-----D13--U15--D16-----|
G |-----U12--D13--U15-----|
D |-----D12--U13--D15-----|
A |-----U13--D15--U17-----|
E |--D13--U15--D16-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->13--15--16--|
B |----->13--15--16-----|
G |----->12--13--15-----|
D |----->12--13--15-----|
A |----->13--15--17-----|
E |-->13--15--16-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----15--16--18--|
B |-----15--16--18-----|
G |-----15--17--19-----|
D |-----15--17--18-----|
A |-----15--17--18-----|
E |--15--16--18-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--18--16--15-----|
B |--18--16--15-----|
G |--19--17--15-----|
D |--18--17--15-----|
A |--18--17--15-----|
E |--18--16--15-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----15h16--| --16p15-----|
B |-----15h16-----| -----16p15-----|
G |-----15h17-----| -----17p15-----|
D |-----15h17-----| -----17p15-----|
A |-----15h17-----| -----17p15-----|
E |--15h16-----| -----16p15--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----15--|
D |-----15-----15--17--15--17--18--17--18--|
A |-----15-----15--17--15--17--18--17--18-----18--|
E |--15--16--18--16--18-----18-----|

e |-----15-----15--16--15--16--18--|
B |-----15-----15--16--15--16--18--16--18-----18--|
G |-----15--17--15--17--19--17--19-----19--|
D |--18-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----15--16--|
G |-----15-----15--17--19--17--19-----|
D |-----15--17--15--17--18-----18--|
A |-----15-----15--17--18--17--18-----|
E |--15--16--18-----18-----|

e |-----15-----15--16--18-----|
B |--15--16--18-----18-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----15--16--18--|
B |-----15--16--18-----|
G |-----15--17--19-----|
D |-----15--17--18-----|
A |-----15--17--18-----|
E |--15--16--18-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U15--D16--U18--|
B |-----D15--U16--D18--|
G |-----U15--D17--U19--|
D |-----D15--U17--D18--|
A |-----U15--D17--U18--|
E |--D15--U16--D18--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->15--16--18--|
B |----->15--16--18--|
G |----->15--17--19--|
D |----->15--17--18--|
A |----->15--17--18--|
E |-->15--16--18--|

```

B Natural Minor

Notes: B, C#, D, E, F#, G, A | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 6-11

```
e |-----7-- 9--10--|
B |-----7-- 8--10-----|
G |-----6-- 7-- 9-----|
D |-----7-- 9--11-----|
A |-----7-- 9--10-----|
E |-- 7-- 9--10-----|
```

E:7=B | E:9=C# | E:10=D | A:7=E | A:9=F# | A:10=G | D:7=A | D:9=B | D:11=C# | G:6=C# | G:7=D | G:9=E | B:7=F# | B:8=G | B:10=A | e:7=B | e:9=C# | e:10=D

Position 2

Frets 8-12

```
e |-----9--10--12--|
B |-----8--10--12-----|
G |-----9--11--12-----|
D |-----9--11--12-----|
A |-----9--10--12-----|
E |-- 9--10--12-----|
```

E:9=C# | E:10=D | E:12=E | A:9=F# | A:10=G | A:12=A | D:9=B | D:11=C# | D:12=D | G:9=E | G:11=F# | G:12=G | B:8=G | B:10=A | B:12=B | e:9=C# | e:10=D | e:12=E

Position 3

Frets 9-14

```
e |-----9--10--12--|
B |-----10--12--14-----|
G |-----9--11--12-----|
D |-----9--11--12-----|
A |-----9--10--12-----|
E |-- 9--10--12-----|
```

E:9=C# | E:10=D | E:12=E | A:9=F# | A:10=G | A:12=A | D:9=B | D:11=C# | D:12=D | G:9=E | G:11=F# | G:12=G | B:10=A | B:12=B | B:14=C# | e:9=C# | e:10=D | e:12=E

Position 4

Frets 11-16

```
e |-----12--14--15--|
B |-----12--14--15-----|
G |-----11--12--14-----|
D |-----11--12--14-----|
A |-----12--14--16-----|
E |--12--14--15-----|
```

E:12=E | E:14=F# | E:15=G | A:12=A | A:14=B | A:16=C# | D:11=C# | D:12=D | D:14=E | G:11=F# | G:12=G | G:14=A | B:12=B
| B:14=C# | B:15=D | e:12=E | e:14=F# | e:15=G

Position 5

Frets 14-18

```
e |-----14--15--17--|
B |-----14--15--17--|
G |-----14--16--18--|
D |-----14--16--17--|
A |-----14--16--17--|
E |--14--15--17-----|
```

E:14=F# | E:15=G | E:17=A | A:14=B | A:16=C# | A:17=D | D:14=E | D:16=F# | D:17=G | G:14=A | G:16=B | G:18=C# | B:14=C#
| B:15=D | B:17=E | e:14=F# | e:15=G | e:17=A

Companion Chords

Play these chords over your B Natural Minor exercises:

	Bm	D	Em	F#m	G	A
e	--2--	--2--	--0--	--2--	--3--	--0--
B	--3--	--3--	--0--	--2--	--0--	--2--
G	--4--	--2--	--0--	--2--	--0--	--2--
D	--4--	--0--	--2--	--4--	--0--	--2--
A	--2--	--X--	--2--	--4--	--2--	--0--
E	--X--	--X--	--0--	--2--	--3--	--X--

Progression: **Bm - D - Em - F#m - G - A**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----7--9--10--|
B |-----7--8--10--|
G |-----6--7--9--|
D |-----7--9--11--|
A |-----7--9--10--|
E |--7--9--10-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--10--9--7-----|
B |--10--8--7-----|
G |-----9--7--6-----|
D |-----11--9--7-----|
A |-----10--9--7-----|
E |-----10--9--7-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----7h9--| --9p7-----|
B |-----7h8-----| -----8p7-----|
G |-----6h7-----| -----7p6-----|
D |-----7h9-----| -----9p7-----|
A |-----7h9-----| -----9p7-----|
E |--7h9-----| -----9p7--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----6--|
D |-----7-----7--9--7--9--10--9--10-----10-----|
A |-----7-----7--9--7--9--10--9--10-----10-----|
E |--7--9--10--9--10-----10-----|

e |-----7-----7--9--7--9--10--|
B |-----7-----7--8--7--8--10--8--10-----10-----|
G |-----6--7--6--7--9--7--9-----9-----|
D |--11-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----7--8--|
G |-----6-----6--7--9--7--9-----|
D |-----7--9--7--9--11-----11-----|
A |-----7-----7--9--10--9--10-----|
E |--7--9--10-----10-----|

e |-----7-----7--9--10-----|
B |--7--8--10-----10-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----7--9--10--|
B |-----7--8--10-----|
G |-----6--7--9-----|
D |-----7--9--11-----|
A |-----7--9--10-----|
E |--7--9--10-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.


```

e |-----U7--D9--U10--|
B |-----D7--U8--D10-----|
G |-----U6--D7--U9-----|
D |-----D7--U9--D11-----|
A |-----U7--D9--U10-----|
E |--D7--U9--D10-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->7-- 9--10--|
B |----->7-- 8--10-----|
G |----->6-- 7-- 9-----|
D |----->7-- 9--11-----|
A |----->7-- 9--10-----|
E |-->7-- 9--10-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----9--10--12--|
B |-----8--10--12-----|
G |-----9--11--12-----|
D |-----9--11--12-----|
A |-----9--10--12-----|
E |--9--10--12-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--12--10-- 9-----|
B |-----12--10-- 8-----|
G |-----12--11-- 9-----|
D |-----12--11-- 9-----|
A |-----12--10-- 9-----|
E |-----12--10-- 9--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----9h10--| --10p9-----|
B |-----8h10-----| -----10p8-----|
G |-----9h11-----| -----11p9-----|
D |-----9h11-----| -----11p9-----|
A |-----9h10-----| -----10p9-----|
E |--9h10-----| -----10p9--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----9--|

```

```

D |----- 9----- 9--11-- 9--11--12--11--12-----|
A |----- 9----- 9--10-- 9--10--12--10--12-----12-----|
E |-- 9--10--12--10--12-----12-----|

e |----- 9----- 9--10-- 9--10--12--|
B |----- 8----- 8--10-- 8--10--12--10--12-----12-----|
G |----- 9--11-- 9--11--12--11--12-----12-----|
D |--12-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |----- 8--10--|
G |----- 9----- 9--11--12--11--12-----|
D |----- 9--11-- 9--11--12-----12-----|
A |----- 9----- 9--10--12--10--12-----|
E |-- 9--10--12-----12-----|

e |----- 9----- 9--10--12-----|
B |-- 8--10--12-----12-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |----- 9--10--12--|
B |----- 8--10--12-----|
G |----- 9--11--12-----|
D |----- 9--11--12-----|
A |----- 9--10--12-----|
E |-- 9--10--12-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U9--D10--U12--|
B |-----D8--U10--D12--|
G |-----U9--D11--U12--|
D |-----D9--U11--D12--|
A |-----U9--D10--U12--|
E |--D9--U10--D12--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->9--10--12--|
B |----->8--10--12-----|
G |----->9--11--12-----|
D |----->9--11--12-----|
A |----->9--10--12-----|
E |-->9--10--12-----|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----9--10--12--|
B |-----10--12--14-----|
G |-----9--11--12-----|
D |-----9--11--12-----|
A |-----9--10--12-----|
E |--9--10--12-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--12--10--9-----|
B |--14--12--10-----|
G |--12--11--9-----|
D |--12--11--9-----|
A |--12--10--9-----|
E |--12--10--9-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----9h10--|--10p9-----|
B |-----10h12-----|-----12p10-----|
G |-----9h11-----|-----11p9-----|
D |-----9h11-----|-----11p9-----|
A |-----9h10-----|-----10p9-----|
E |--9h10-----|-----10p9-----|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----9--|
D |-----9-----9--11--9--11--12--11--12-----|
A |-----9-----9--10--9--10--12--10--12-----12-----|
E |--9--10--12--10--12-----12-----|

e |-----9-----9--10--9--10--12--|
B |-----10-----10--12--10--12--14--12--14-----14-----|
G |-----9--11--9--11--12--11--12-----12-----|
D |--12-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----10--12--|
G |-----9-----9--11--12--11--12-----|
D |-----9--11--9--11--12-----12-----|
A |-----9-----9--10--12--10--12-----|
```

```

E|-- 9--10--12-----12-----|
e|----- 9----- 9--10--12-----|
B|--10--12--14-----14-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 9--10--12--|
B|-----10--12--14-----|
G|----- 9--11--12-----|
D|----- 9--11--12-----|
A|----- 9--10--12-----|
E|-- 9--10--12-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U9--D10--U12--|
B|-----D10--U12--D14--|
G|-----U9--D11--U12--|
D|-----D9--U11--D12--|
A|-----U9--D10--U12--|
E|--D9--U10--D12--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->9--10--12--|
B|----->10--12--14--|
G|----->9--11--12--|
D|----->9--11--12--|
A|----->9--10--12--|
E|-->9--10--12--|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----12--14--15--|
B|-----12--14--15--|
G|-----11--12--14--|
D|-----11--12--14--|
A|-----12--14--16--|
E|--12--14--15--|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --15--14--12-----|
B | -----15--14--12-----|
G | -----14--12--11-----|
D | -----14--12--11-----|
A | -----16--14--12-----|
E | -----15--14--12-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----12h14-- | --14p12-----|
B | -----12h14-----| -----14p12-----|
G | -----11h12-----| -----12p11-----|
D | -----11h12-----| -----12p11-----|
A | -----12h14-----| -----14p12-----|
E | --12h14-----| -----14p12--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----11-----|
D | -----11--12--11--12--14--12--14-----|
A | -----12-----12--14--12--14--16--14--16-----16-----|
E | --12--14--15--14--15-----15-----|

e | -----12-----12--14--12--14--15--|
B | -----12-----12--14--12--14--15--14--15-----15-----|
G | -----11--12--11--12--14--12--14-----14-----|
D | --14-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----12--14--|
G | -----11-----11--12--14--12--14-----|
D | -----11--12--11--12--14-----14-----|
A | -----12-----12--14--16--14--16-----|
E | --12--14--15-----15-----|

e | -----12-----12--14--15-----|
B | --12--14--15-----15-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----12--14--15--|
B | -----12--14--15-----|
G | -----11--12--14-----|
D | -----11--12--14-----|
A | -----12--14--16-----|
E | --12--14--15-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e | -----U12--D14--U15--|
B | -----D12--U14--D15--|
G | -----U11--D12--U14--|
D | -----D11--U12--D14--|
A | -----U12--D14--U16--|
E | -----D12--U14--D15--|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e | ----->12--14--15--|
B | ----->12--14--15--|
G | ----->11--12--14--|
D | ----->11--12--14--|
A | ----->12--14--16--|
E | ----->12--14--15--|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e | -----14--15--17--|
B | -----14--15--17--|
G | -----14--16--18--|
D | -----14--16--17--|
A | -----14--16--17--|
E | -----14--15--17--|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e | --17--15--14-----|
B | -----17--15--14-----|
G | -----18--16--14-----|
D | -----17--16--14-----|
A | -----17--16--14-----|
E | -----17--15--14-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e | -----14h15--| --15p14-----|
B | -----14h15-----| -----15p14-----|
G | -----14h16-----| -----16p14-----|
D | -----14h16-----| -----16p14-----|
A | -----14h16-----| -----16p14-----|
E | --14h15-----| -----15p14--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

e		-----	
B		-----	
G		-----14--	
D		-----14-----14--16--14--16--17--16--17--	
A		-----14-----14--16--14--16--17--16--17-----17-----	
E		--14--15--17--15--17-----17-----	

e		-----14-----14--15--14--15--17--	
B		-----14-----14--15--14--15--17--15--17-----17-----	
G		-----14--16--14--16--18--16--18-----18-----	
D		--17-----	
A		-----	
E		-----	

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

e		-----	
B		-----14--15--	
G		-----14-----14--16--18--16--18-----	
D		-----14--16--14--16--17-----17-----	
A		-----14-----14--16--17--16--17-----	
E		--14--15--17-----17-----	

e		-----14-----14--15--17-----	
B		--14--15--17-----17-----	
G		-----	
D		-----	
A		-----	
E		-----	

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

e		-----14--15--17--	
B		-----14--15--17-----	
G		-----14--16--18-----	
D		-----14--16--17-----	
A		-----14--16--17-----	
E		--14--15--17-----	

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

e		-----U14--D15--U17--	
B		-----D14--U15--D17-----	
G		-----U14--D16--U18-----	
D		-----D14--U16--D17-----	
A		-----U14--D16--U17-----	
E		--D14--U15--D17-----	

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

e		----->14--15--17--	
B		----->14--15--17-----	
G		----->14--16--18-----	
D		----->14--16--17-----	
A		----->14--16--17-----	
E		-->14--15--17-----	

PART

Sharp and Flat Keys

Keys that require barre chords and less intuitive positions. These keys unlock the full fretboard and prepare you for any musical situation – jazz standards, horn-section keys, and modulating progressions.

F# Natural Minor, Bb Natural Minor, Eb Natural Minor, Ab Natural Minor, Db Natural Minor, F Natural Minor

F# Natural Minor

Notes: F#, G#, A, B, C#, D, E | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 1-6

```
e |----- 2-- 4-- 5--|
B |----- 2-- 3-- 5-----|
G |----- 1-- 2-- 4-----|
D |----- 2-- 4-- 6-----|
A |----- 2-- 4-- 5-----|
E |-- 2-- 4-- 5-----|
```

E:2=F# | E:4=G# | E:5=A | A:2=B | A:4=C# | A:5=D | D:2=E | D:4=F# | D:6=G# | G:1=G# | G:2=A | G:4=B | B:2=C# | B:3=D
| B:5=E | e:2=F# | e:4=G# | e:5=A

Position 2

Frets 3-7

```
e |----- 4-- 5-- 7--|
B |----- 3-- 5-- 7-----|
G |----- 4-- 6-- 7-----|
D |----- 4-- 6-- 7-----|
A |----- 4-- 5-- 7-----|
E |-- 4-- 5-- 7-----|
```

E:4=G# | E:5=A | E:7=B | A:4=C# | A:5=D | A:7=E | D:4=F# | D:6=G# | D:7=A | G:4=B | G:6=C# | G:7=D | B:3=D | B:5=E |
B:7=F# | e:4=G# | e:5=A | e:7=B

Position 3

Frets 4-9

```
e |----- 4-- 5-- 7--|
B |----- 5-- 7-- 9-----|
G |----- 4-- 6-- 7-----|
D |----- 4-- 6-- 7-----|
A |----- 4-- 5-- 7-----|
E |-- 4-- 5-- 7-----|
```

E:4=G# | E:5=A | E:7=B | A:4=C# | A:5=D | A:7=E | D:4=F# | D:6=G# | D:7=A | G:4=B | G:6=C# | G:7=D | B:5=E | B:7=F#
| B:9=G# | e:4=G# | e:5=A | e:7=B

Position 4

Frets 6-11

```
e |----- 7-- 9--10--|
B |----- 7-- 9--10-----|
G |----- 6-- 7-- 9-----|
D |----- 6-- 7-- 9-----|
A |----- 7-- 9--11-----|
E |-- 7-- 9--10-----|
```

E:7=B | E:9=C# | E:10=D | A:7=E | A:9=F# | A:11=G# | D:6=G# | D:7=A | D:9=B | G:6=C# | G:7=D | G:9=E | B:7=F# |
 B:9=G# | B:10=A | e:7=B | e:9=C# | e:10=D

Position 5

Frets 9-13

```

e |-----9--10--12--|
B |-----9--10--12-----|
G |-----9--11--13-----|
D |-----9--11--12-----|
A |-----9--11--12-----|
E |--9--10--12-----|
  
```

E:9=C# | E:10=D | E:12=E | A:9=F# | A:11=G# | A:12=A | D:9=B | D:11=C# | D:12=D | G:9=E | G:11=F# | G:13=G# | B:9=G# |
 B:10=A | B:12=B | e:9=C# | e:10=D | e:12=E

Companion Chords

Play these chords over your F# Natural Minor exercises:

	F#m	A	Bm	C#m	D	E
e	--2--	--0--	--2--	--9--	--2--	--0--
B	--2--	--2--	--3--	--9--	--3--	--0--
G	--2--	--2--	--4--	--9--	--2--	--1--
D	--4--	--2--	--4--	--11--	--0--	--2--
A	--4--	--0--	--2--	--11--	--X--	--2--
E	--2--	--X--	--X--	--9--	--X--	--0--

Progression: **F#m - A - Bm - C#m - D - E**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----2--4--5--|
B |-----2--3--5-----|
G |-----1--2--4-----|
D |-----2--4--6-----|
A |-----2--4--5-----|
E |--2--4--5-----|
  
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--5--4--2-----|
B |--5--3--2-----|
G |--4--2--1-----|
D |--6--4--2-----|
A |--5--4--2-----|
E |--5--4--2-----|
  
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----2h4--| --4p2-----|
B |-----2h3-----| -----3p2-----|
G |-----1h2-----| -----2p1-----|
D |-----2h4-----| -----4p2-----|
A |-----2h4-----| -----4p2-----|
E |--2h4-----| -----4p2--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----1--|
D |-----2-- 4-- 2-- 4-- 6-- 4-- 6--|
A |-----2-- 4-- 2-- 4-- 5-- 4-- 5-- 5--|
E |--2-- 4-- 5-- 4-- 5-- 5--|

e |-----2-- 4-- 2-- 4-- 5--|
B |-----2-- 3-- 2-- 3-- 5-- 3-- 5-- 5--|
G |-----1-- 2-- 1-- 2-- 4-- 2-- 4-- 4--|
D |--6--|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----2-- 3--|
G |-----1-- 2-- 4-- 2-- 4--|
D |-----2-- 4-- 2-- 4-- 6-- 6--|
A |-----2-- 4-- 5-- 4-- 5--|
E |--2-- 4-- 5-- 5--|

e |-----2-- 4-- 5--|
B |--2-- 3-- 5-- 5--|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----2-- 4-- 5--|
B |-----2-- 3-- 5--|
G |-----1-- 2-- 4--|
D |-----2-- 4-- 6--|
A |-----2-- 4-- 5--|
E |--2-- 4-- 5--|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U2--D4--U5--|
B |-----D2--U3--D5--|
G |-----U1--D2--U4--|
D |-----D2--U4--D6--|
A |-----U2--D4--U5--|
E |--D2--U4--D5-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->2-- 4-- 5--|
B |----->2-- 3-- 5--|
G |----->1-- 2-- 4--|
D |----->2-- 4-- 6--|
A |----->2-- 4-- 5--|
E |-->2-- 4-- 5-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |----- 4-- 5-- 7--|
B |----- 3-- 5-- 7--|
G |----- 4-- 6-- 7--|
D |----- 4-- 6-- 7--|
A |----- 4-- 5-- 7--|
E |-- 4-- 5-- 7-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |-- 7-- 5-- 4-----|
B |----- 7-- 5-- 3-----|
G |----- 7-- 6-- 4-----|
D |----- 7-- 6-- 4-----|
A |----- 7-- 5-- 4-----|
E |----- 7-- 5-- 4-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----4h5--| --5p4-----|
B |-----3h5--| -----5p3-----|
G |-----4h6--| -----6p4-----|
D |-----4h6--| -----6p4-----|
A |-----4h5--| -----5p4-----|
E |--4h5--| -----5p4--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 4--|

```

```

D |----- 4----- 4-- 6-- 4-- 6-- 7-- 6-- 7-----|
A |----- 4----- 4-- 5-- 4-- 5-- 7-- 5-- 7----- 7-----|
E |-- 4-- 5-- 7-- 5-- 7----- 7-----|

e |----- 4----- 4-- 5-- 4-- 5-- 7--|
B |----- 3----- 3-- 5-- 3-- 5-- 7-- 5-- 7----- 7-----|
G |----- 4-- 6-- 4-- 6-- 7-- 6-- 7----- 7-----|
D |-- 7-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |----- 3-- 5--|
G |----- 4----- 4-- 6-- 7-- 6-- 7-----|
D |----- 4-- 6-- 4-- 6-- 7----- 7-----|
A |----- 4----- 4-- 5-- 7-- 5-- 7-----|
E |-- 4-- 5-- 7----- 7-----|

e |----- 4----- 4-- 5-- 7-----|
B |-- 3-- 5-- 7----- 7-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |----- 4-- 5-- 7--|
B |----- 3-- 5-- 7-----|
G |----- 4-- 6-- 7-----|
D |----- 4-- 6-- 7-----|
A |----- 4-- 5-- 7-----|
E |-- 4-- 5-- 7-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U4--D5--U7--|
B |-----D3--U5--D7--|
G |-----U4--D6--U7--|
D |-----D4--U6--D7--|
A |-----U4--D5--U7--|
E |--D4--U5--D7--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->4-- 5-- 7--|
B |----->3-- 5-- 7--|
G |----->4-- 6-- 7--|
D |----->4-- 6-- 7--|
A |----->4-- 5-- 7--|
E |-->4-- 5-- 7--|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----4-- 5-- 7--|
B |-----5-- 7-- 9-----|
G |-----4-- 6-- 7-----|
D |-----4-- 6-- 7-----|
A |-----4-- 5-- 7-----|
E |-- 4-- 5-- 7-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 7-- 5-- 4-----|
B |-----9-- 7-- 5-----|
G |-----7-- 6-- 4-----|
D |-----7-- 6-- 4-----|
A |-----7-- 5-- 4-----|
E |-----7-- 5-- 4--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----4h5--| --5p4-----|
B |-----5h7-----| -----7p5-----|
G |-----4h6-----| -----6p4-----|
D |-----4h6-----| -----6p4-----|
A |-----4h5-----| -----5p4-----|
E |--4h5-----| -----5p4--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----4--|
D |-----4-- 4-- 6-- 4-- 6-- 7-- 6-- 7-----|
A |-----4-- 4-- 5-- 4-- 5-- 7-- 5-- 7-----7-----|
E |-- 4-- 5-- 7-- 5-- 7-----7-----|

e |-----4-----4-- 5-- 4-- 5-- 7--|
B |-----5-----5-- 7-- 5-- 7-- 9-- 7-- 9-----9-----|
G |-----4-- 6-- 4-- 6-- 7-- 6-- 7-----7-----|
D |-- 7-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----5-- 7--|
G |-----4-- 6-- 7-- 6-- 7-----|
D |-----4-- 6-- 4-- 6-- 7-----7-----|
A |-----4-- 4-- 5-- 7-- 5-- 7-----|
```

```

E|-- 4-- 5-- 7----- 7-----|
e|----- 4----- 4-- 5-- 7-----|
B|-- 5-- 7-- 9----- 9-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 4-- 5-- 7--|
B|----- 5-- 7-- 9-----|
G|----- 4-- 6-- 7-----|
D|----- 4-- 6-- 7-----|
A|----- 4-- 5-- 7-----|
E|-- 4-- 5-- 7-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U4--D5--U7--|
B|-----D5--U7--D9--|
G|-----U4--D6--U7--|
D|-----D4--U6--D7--|
A|-----U4--D5--U7--|
E|--D4--U5--D7-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->4-- 5-- 7--|
B|----->5-- 7-- 9--|
G|----->4-- 6-- 7--|
D|----->4-- 6-- 7--|
A|----->4-- 5-- 7--|
E|-->4-- 5-- 7-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|----- 7-- 9--10--|
B|----- 7-- 9--10--|
G|----- 6-- 7-- 9--|
D|----- 6-- 7-- 9--|
A|----- 7-- 9--11--|
E|-- 7-- 9--10-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --10-- 9-- 7-----|
B | -----10-- 9-- 7-----|
G | ----- 9-- 7-- 6-----|
D | ----- 9-- 7-- 6-----|
A | -----11-- 9-- 7-----|
E | -----10-- 9-- 7--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----7h9-- | --9p7-----|
B | -----7h9-- | -----9p7-----|
G | -----6h7-- | -----7p6-----|
D | -----6h7-- | -----7p6-----|
A | -----7h9-- | -----9p7-----|
E | --7h9----- | -----9p7--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | ----- 6--|
D | ----- 6-- 7-- 6-- 7-- 9-- 7-- 9-----|
A | ----- 7----- 7-- 9-- 7-- 9--11-- 9--11-----11-----|
E | -- 7-- 9--10-- 9--10-----10-----|

e | ----- 7----- 7-- 9-- 7-- 9--10-- 9--10-----10-----|
B | ----- 7----- 7-- 9-- 7-- 9--10-- 9--10-----10-----|
G | ----- 6-- 7-- 6-- 7-- 9-- 7-- 9----- 9-----|
D | -- 9-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | ----- 7-- 9--|
G | ----- 6----- 6-- 7-- 9-- 7-- 9-----|
D | ----- 6-- 7-- 6-- 7-- 9----- 9-----|
A | ----- 7----- 7-- 9--11-- 9--11-----|
E | -- 7-- 9--10-----10-----|

e | ----- 7----- 7-- 9--10-----|
B | -- 7-- 9--10-----10-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | ----- 7-- 9--10--|
B | ----- 7-- 9--10-----|
G | ----- 6-- 7-- 9-----|
D | ----- 6-- 7-- 9-----|
A | ----- 7-- 9--11-----|
E | -- 7-- 9--10-----|

```


Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U7--D9--U10--|
B |-----D7--U9--D10-----|
G |-----U6--D7--U9-----|
D |-----D6--U7--D9-----|
A |-----U7--D9--U11-----|
E |--D7--U9--D10-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->7-- 9--10--|
B |----->7-- 9--10-----|
G |----->6-- 7-- 9-----|
D |----->6-- 7-- 9-----|
A |----->7-- 9--11-----|
E |-->7-- 9--10-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----9--10--12--|
B |-----9--10--12-----|
G |-----9--11--13-----|
D |-----9--11--12-----|
A |-----9--11--12-----|
E |--9--10--12-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--12--10-- 9-----|
B |--12--10-- 9-----|
G |--13--11-- 9-----|
D |--12--11-- 9-----|
A |--12--11-- 9-----|
E |--12--10-- 9--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----9h10--| --10p9-----|
B |-----9h10-----| -----10p9-----|
G |-----9h11-----| -----11p9-----|
D |-----9h11-----| -----11p9-----|
A |-----9h11-----| -----11p9-----|
E |--9h10-----| -----10p9--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 9--|
D |----- 9----- 9--11-- 9--11--12--11--12-----|
A |----- 9----- 9--11-- 9--11--12--11--12-----12-----|
E |-- 9--10--12--10--12-----12-----|

e |----- 9----- 9--10-- 9--10--12--|
B |----- 9----- 9--10-- 9--10--12--10--12-----12-----|
G |----- 9--11-- 9--11--13--11--13-----13-----|
D |--12-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |----- 9--10--|
G |----- 9----- 9--11--13--11--13-----|
D |----- 9--11-- 9--11--12-----12-----|
A |----- 9----- 9--11--12--11--12-----|
E |-- 9--10--12-----12-----|

e |----- 9----- 9--10--12-----|
B |-- 9--10--12-----12-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |----- 9--10--12--|
B |----- 9--10--12-----|
G |----- 9--11--13-----|
D |----- 9--11--12-----|
A |----- 9--11--12-----|
E |-- 9--10--12-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U9--D10--U12--|
B |-----D9--U10--D12--|
G |-----U9--D11--U13--|
D |-----D9--U11--D12--|
A |-----U9--D11--U12--|
E |--D9--U10--D12-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->9--10--12--|
B |----->9--10--12-----|
G |----->9--11--13-----|
D |----->9--11--12-----|
A |----->9--11--12-----|
E |-->9--10--12-----|

```

Bb Natural Minor

Notes: Bb, C, Db, Eb, F, Gb, Ab | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 5-10

```
e |-----6-- 8-- 9--|
B |-----6-- 7-- 9-----|
G |-----5-- 6-- 8-----|
D |-----6-- 8--10-----|
A |-----6-- 8-- 9-----|
E |-- 6-- 8-- 9-----|
```

E:6=Bb | E:8=C | E:9=Db | A:6=Eb | A:8=F | A:9=Gb | D:6=Ab | D:8=Bb | D:10=C | G:5=C | G:6=Db | G:8=Eb | B:6=F | B:7=Gb | B:9=Ab | e:6=Bb | e:8=C | e:9=Db

Position 2

Frets 7-11

```
e |-----8-- 9--11--|
B |-----7-- 9--11-----|
G |-----8--10--11-----|
D |-----8--10--11-----|
A |-----8-- 9--11-----|
E |-- 8-- 9--11-----|
```

E:8=C | E:9=Db | E:11=Eb | A:8=F | A:9=Gb | A:11=Ab | D:8=Bb | D:10=C | D:11=Db | G:8=Eb | G:10=F | G:11=Gb | B:7=Gb | B:9=Ab | B:11=Bb | e:8=C | e:9=Db | e:11=Eb

Position 3

Frets 8-13

```
e |-----8-- 9--11--|
B |-----9--11--13-----|
G |-----8--10--11-----|
D |-----8--10--11-----|
A |-----8-- 9--11-----|
E |-- 8-- 9--11-----|
```

E:8=C | E:9=Db | E:11=Eb | A:8=F | A:9=Gb | A:11=Ab | D:8=Bb | D:10=C | D:11=Db | G:8=Eb | G:10=F | G:11=Gb | B:9=Ab | B:11=Bb | B:13=C | e:8=C | e:9=Db | e:11=Eb

Position 4

Frets 10-15

```
e |-----11--13--14--|
B |-----11--13--14-----|
G |-----10--11--13-----|
D |-----10--11--13-----|
A |-----11--13--15-----|
E |--11--13--14-----|
```

E:11=E \flat | E:13=F | E:14=G \flat | A:11=A \flat | A:13=B \flat | A:15=C | D:10=C | D:11=D \flat | D:13=E \flat | G:10=F | G:11=G \flat | G:13=A \flat |
 B:11=B \flat | B:13=C | B:14=D \flat | e:11=E \flat | e:13=F | e:14=G \flat

Position 5

Frets 13-17

```
e |-----13--14--16--|
B |-----13--14--16--|
G |-----13--15--17--|
D |-----13--15--16--|
A |-----13--15--16--|
E |--13--14--16-----|
```

E:13=F | E:14=G \flat | E:16=A \flat | A:13=B \flat | A:15=C | A:16=D \flat | D:13=E \flat | D:15=F | D:16=G \flat | G:13=A \flat | G:15=B \flat | G:17=C |
 B:13=C | B:14=D \flat | B:16=E \flat | e:13=F | e:14=G \flat | e:16=A \flat

Companion Chords

Play these chords over your B \flat Natural Minor exercises:

	B \flat m	D \flat	E \flat m	Fm	G \flat	A \flat
e	--6--	--9--	--11--	--1--	--2--	--4--
B	--6--	--9--	--11--	--1--	--2--	--4--
G	--6--	--10--	--11--	--1--	--3--	--5--
D	--8--	--11--	--13--	--3--	--4--	--6--
A	--8--	--11--	--13--	--3--	--4--	--6--
E	--6--	--9--	--11--	--1--	--2--	--4--

Progression: **B \flat m - D \flat - E \flat m - Fm - G \flat - A \flat**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----6-- 8-- 9--|
B |-----6-- 7-- 9--|
G |-----5-- 6-- 8--|
D |-----6-- 8--10--|
A |-----6-- 8-- 9--|
E |--6-- 8-- 9-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--9-- 8-- 6-----|
B |--9-- 7-- 6-----|
G |--8-- 6-- 5-----|
D |--10-- 8-- 6-----|
A |--9-- 8-- 6-----|
E |--9-- 8-- 6--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----6h8--| --8p6-----|
B |-----6h7-----| -----7p6-----|
G |-----5h6-----| -----6p5-----|
D |-----6h8-----| -----8p6-----|
A |-----6h8-----| -----8p6-----|
E |--6h8-----| -----8p6--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----5--|
D |-----6-- 6-- 8-- 6-- 8-- 9-- 8-- 9-- 9--|
A |-----6-- 6-- 8-- 6-- 8-- 9-- 8-- 9-- 9--|
E |--6-- 8-- 9-- 8-- 9-- 9--|

e |-----6-- 6-- 8-- 6-- 8-- 9--|
B |-----6-- 6-- 7-- 6-- 7-- 9-- 7-- 9-- 9--|
G |-----5-- 6-- 5-- 6-- 8-- 6-- 8--|
D |--10-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----6-- 7--|
G |-----5-- 5-- 6-- 8-- 6-- 8--|
D |-----6-- 8-- 6-- 8--10--10--|
A |-----6-- 6-- 8-- 9-- 8-- 9--|
E |--6-- 8-- 9-- 9--|

e |-----6-- 6-- 8-- 9--|
B |--6-- 7-- 9-- 9--|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----6-- 8-- 9--|
B |-----6-- 7-- 9--|
G |-----5-- 6-- 8--|
D |-----6-- 8--10--|
A |-----6-- 8-- 9--|
E |--6-- 8-- 9--|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U6--D8--U9--|
B |-----D6--U7--D9--|
G |-----U5--D6--U8--|
D |-----D6--U8--D10--|
A |-----U6--D8--U9--|
E |--D6--U8--D9-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->6-- 8-- 9--|
B |----->6-- 7-- 9-----|
G |----->5-- 6-- 8-----|
D |----->6-- 8--10-----|
A |----->6-- 8-- 9-----|
E |-->6-- 8-- 9-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |----- 8-- 9--11--|
B |----- 7-- 9--11-----|
G |----- 8--10--11-----|
D |----- 8--10--11-----|
A |----- 8-- 9--11-----|
E |-- 8-- 9--11-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--11-- 9-- 8-----|
B |-----11-- 9-- 7-----|
G |-----11--10-- 8-----|
D |-----11--10-- 8-----|
A |-----11-- 9-- 8-----|
E |-----11-- 9-- 8--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----8h9--| --9p8-----|
B |-----7h9-----| -----9p7-----|
G |-----8h10-----| -----10p8-----|
D |-----8h10-----| -----10p8-----|
A |-----8h9-----| -----9p8-----|
E |--8h9-----| -----9p8--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 8--|

```

```

D |-----8-----8--10--8--10--11--10--11-----|
A |-----8-----8--9--8--9--11--9--11-----11-----|
E |--8--9--11--9--11-----11-----|

e |-----8-----8--9--8--9--11--|
B |-----7-----7--9--7--9--11--9--11-----11-----|
G |-----8--10--8--10--11--10--11-----11-----|
D |--11-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----7--9--|
G |-----8-----8--10--11--10--11-----|
D |-----8--10--8--10--11-----11-----|
A |-----8-----8--9--11--9--11-----|
E |--8--9--11-----11-----|

e |-----8-----8--9--11-----|
B |--7--9--11-----11-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----8--9--11--|
B |-----7--9--11-----|
G |-----8--10--11-----|
D |-----8--10--11-----|
A |-----8--9--11-----|
E |--8--9--11-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U8--D9--U11--|
B |-----D7--U9--D11-----|
G |-----U8--D10--U11-----|
D |-----D8--U10--D11-----|
A |-----U8--D9--U11-----|
E |--D8--U9--D11-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->8--9--11--|
B |----->7--9--11-----|
G |----->8--10--11-----|
D |----->8--10--11-----|
A |----->8--9--11-----|
E |-->8--9--11-----|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |----- 8-- 9--11--|
B |----- 9--11--13-----|
G |----- 8--10--11-----|
D |----- 8--10--11-----|
A |----- 8-- 9--11-----|
E |-- 8-- 9--11-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--11-- 9-- 8-----|
B |-----13--11-- 9-----|
G |-----11--10-- 8-----|
D |-----11--10-- 8-----|
A |-----11-- 9-- 8-----|
E |-----11-- 9-- 8--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----8h9--| --9p8-----|
B |-----9h11-----| -----11p9-----|
G |-----8h10-----| -----10p8-----|
D |-----8h10-----| -----10p8-----|
A |-----8h9-----| -----9p8-----|
E |--8h9-----| -----9p8--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |----- 8--|
D |----- 8----- 8--10-- 8--10--11--10--11-----|
A |----- 8----- 8-- 9-- 8-- 9--11-- 9--11-----11-----|
E |-- 8-- 9--11-- 9--11-----11-----|

e |----- 8----- 8-- 9-- 8-- 9--11--|
B |----- 9----- 9--11-- 9--11--13--11--13-----13-----|
G |----- 8--10-- 8--10--11--10--11-----11-----|
D |--11-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |----- 9--11--|
G |----- 8----- 8--10--11--10--11-----|
D |----- 8--10-- 8--10--11-----11-----|
A |----- 8----- 8-- 9--11-- 9--11-----|
```



```

E|-- 8-- 9--11-----11-----|
e|----- 8----- 8-- 9--11-----|
B|-- 9--11--13-----13-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 8-- 9--11--|
B|----- 9--11--13-----|
G|----- 8--10--11-----|
D|----- 8--10--11-----|
A|----- 8-- 9--11-----|
E|-- 8-- 9--11-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U8--D9--U11--|
B|-----D9--U11--D13--|
G|-----U8--D10--U11--|
D|-----D8--U10--D11--|
A|-----U8--D9--U11--|
E|--D8--U9--D11-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->8-- 9--11--|
B|----->9--11--13--|
G|----->8--10--11--|
D|----->8--10--11--|
A|----->8-- 9--11--|
E|-->8-- 9--11-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----11--13--14--|
B|-----11--13--14--|
G|-----10--11--13--|
D|-----10--11--13--|
A|-----11--13--15--|
E|--11--13--14-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --14--13--11-----|
B | -----14--13--11-----|
G | -----13--11--10-----|
D | -----13--11--10-----|
A | -----15--13--11-----|
E | -----14--13--11-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----11h13-- | --13p11-----|
B | -----11h13-----| -----13p11-----|
G | -----10h11-----| -----11p10-----|
D | -----10h11-----| -----11p10-----|
A | -----11h13-----| -----13p11-----|
E | --11h13-----| -----13p11--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----10-----|
D | -----10--11--10--11--13--11--13-----|
A | -----11-----11--13--11--13--15--13--15-----15-----|
E | --11--13--14--13--14-----14-----|

e | -----11-----11--13--11--13--14--13--14-----14-----|
B | -----11-----11--13--11--13--14--13--14-----14-----|
G | -----10--11--10--11--13--11--13-----13-----|
D | --13-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----11--13-----|
G | -----10-----10--11--13--11--13-----|
D | -----10--11--10--11--13-----13-----|
A | -----11-----11--13--15--13--15-----|
E | --11--13--14-----14-----|

e | -----11-----11--13--14-----|
B | --11--13--14-----14-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----11--13--14--|
B | -----11--13--14-----|
G | -----10--11--13-----|
D | -----10--11--13-----|
A | -----11--13--15-----|
E | --11--13--14-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U11--D13--U14--|
B |-----D11--U13--D14--|
G |-----U10--D11--U13--|
D |-----D10--U11--D13--|
A |-----U11--D13--U15--|
E |--D11--U13--D14-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->11--13--14--|
B |----->11--13--14--|
G |----->10--11--13--|
D |----->10--11--13--|
A |----->11--13--15--|
E |-->11--13--14-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----13--14--16--|
B |-----13--14--16--|
G |-----13--15--17--|
D |-----13--15--16--|
A |-----13--15--16--|
E |--13--14--16-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--16--14--13-----|
B |--16--14--13-----|
G |--17--15--13-----|
D |--16--15--13-----|
A |--16--15--13-----|
E |--16--14--13-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----13h14--| 14p13-----|
B |-----13h14-----| 14p13-----|
G |-----13h15-----| 15p13-----|
D |-----13h15-----| 15p13-----|
A |-----13h15-----| 15p13-----|
E |--13h14-----| 14p13-----|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----13--|
D |-----13-----13--15--13--15--16--15--16--|
A |-----13-----13--15--13--15--16--15--16-----16--|
E |--13--14--16--14--16-----16-----|

e |-----13-----13--14--13--14--16--|
B |-----13-----13--14--13--14--16--14--16-----16--|
G |-----13--15--13--15--17--15--17-----17--|
D |--16-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----13--14--|
G |-----13-----13--15--17--15--17-----|
D |-----13--15--13--15--16-----16--|
A |-----13-----13--15--16--15--16-----|
E |--13--14--16-----16-----|

e |-----13-----13--14--16-----|
B |--13--14--16-----16-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----13--14--16--|
B |-----13--14--16-----|
G |-----13--15--17-----|
D |-----13--15--16-----|
A |-----13--15--16-----|
E |--13--14--16-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U13--D14--U16--|
B |-----D13--U14--D16--|
G |-----U13--D15--U17--|
D |-----D13--U15--D16--|
A |-----U13--D15--U16--|
E |--D13--U14--D16--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->13--14--16--|
B |----->13--14--16--|
G |----->13--15--17--|
D |----->13--15--16--|
A |----->13--15--16--|
E |-->13--14--16--|

```

Eb Natural Minor

Notes: Eb, F, Gb, Ab, Bb, B, Db | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 10-15

```
e |-----11--13--14--|
B |-----11--12--14-----|
G |-----10--11--13-----|
D |-----11--13--15-----|
A |-----11--13--14-----|
E |--11--13--14-----|
```

E:11=Eb | E:13=F | E:14=Gb | A:11=Ab | A:13=Bb | A:14=B | D:11=Db | D:13=Eb | D:15=F | G:10=F | G:11=Gb | G:13=Ab |
B:11=Bb | B:12=B | B:14=Db | e:11=Eb | e:13=F | e:14=Gb

Position 2

Frets 12-16

```
e |-----13--14--16--|
B |-----12--14--16-----|
G |-----13--15--16-----|
D |-----13--15--16-----|
A |-----13--14--16-----|
E |--13--14--16-----|
```

E:13=F | E:14=Gb | E:16=Ab | A:13=Bb | A:14=B | A:16=Db | D:13=Eb | D:15=F | D:16=Gb | G:13=Ab | G:15=Bb | G:16=B |
B:12=B | B:14=Db | B:16=Eb | e:13=F | e:14=Gb | e:16=Ab

Position 3

Frets 13-18

```
e |-----13--14--16--|
B |-----14--16--18-----|
G |-----13--15--16-----|
D |-----13--15--16-----|
A |-----13--14--16-----|
E |--13--14--16-----|
```

E:13=F | E:14=Gb | E:16=Ab | A:13=Bb | A:14=B | A:16=Db | D:13=Eb | D:15=F | D:16=Gb | G:13=Ab | G:15=Bb | G:16=B |
B:14=Db | B:16=Eb | B:18=F | e:13=F | e:14=Gb | e:16=Ab

Position 4

Frets 15-20

```
e |-----16--18--19--|
B |-----16--18--19-----|
G |-----15--16--18-----|
D |-----15--16--18-----|
A |-----16--18--20-----|
E |--16--18--19-----|
```

E:16=Ab | E:18=Bb | E:19=B | A:16=Db | A:18=Eb | A:20=F | D:15=F | D:16=Gb | D:18=Ab | G:15=Bb | G:16=B | G:18=Db |
 B:16=Eb | B:18=F | B:19=Gb | e:16=Ab | e:18=Bb | e:19=B

Position 5

Frets 18-22

```

e |-----18--19--21--|
B |-----18--19--21--|
G |-----18--20--22--|
D |-----18--20--21--|
A |-----18--20--21--|
E |--18--19--21-----|

```

E:18=Bb | E:19=B | E:21=Db | A:18=Eb | A:20=F | A:21=Gb | D:18=Ab | D:20=Bb | D:21=B | G:18=Db | G:20=Eb | G:22=F |
 B:18=F | B:19=Gb | B:21=Ab | e:18=Bb | e:19=B | e:21=Db

Companion Chords

Play these chords over your Eb Natural Minor exercises:

	Ebm	Gb	Abm	Bbm	B	Db
e	--11--	--2--	--4--	--6--	--7--	--9--
B	--11--	--2--	--4--	--6--	--7--	--9--
G	--11--	--3--	--4--	--6--	--8--	--10--
D	--13--	--4--	--6--	--8--	--9--	--11--
A	--13--	--4--	--6--	--8--	--9--	--11--
E	--11--	--2--	--4--	--6--	--7--	--9--

Progression: **Ebm - Gb - Abm - Bbm - B - Db**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----11--13--14--|
B |-----11--12--14--|
G |-----10--11--13--|
D |-----11--13--15--|
A |-----11--13--14--|
E |--11--13--14-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--14--13--11-----|
B |--14--12--11-----|
G |--13--11--10-----|
D |--15--13--11-----|
A |--14--13--11-----|
E |--14--13--11-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----11h13--| --13p11-----|
B |-----11h12-----| -----12p11-----|
G |-----10h11-----| -----11p10-----|
D |-----11h13-----| -----13p11-----|
A |-----11h13-----| -----13p11-----|
E |--11h13-----| -----13p11--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----10--|
D |-----11-----11--13--11--13--15--13--15-----|
A |-----11-----11--13--11--13--14--13--14-----14-----|
E |--11--13--14--13--14-----14-----|

e |-----11-----11--13--11--13--14--|
B |-----11-----11--12--11--12--14--12--14-----14-----|
G |-----10--11--10--11--13--11--13-----13-----|
D |--15-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----11--12--|
G |-----10-----10--11--13--11--13-----|
D |-----11--13--11--13--15-----15-----|
A |-----11-----11--13--14--13--14-----|
E |--11--13--14-----14-----|

e |-----11-----11--13--14-----|
B |--11--12--14-----14-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----11--13--14--|
B |-----11--12--14-----|
G |-----10--11--13-----|
D |-----11--13--15-----|
A |-----11--13--14-----|
E |--11--13--14-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U11--D13--U14--|
B |-----D11--U12--D14--|
G |-----U10--D11--U13--|
D |-----D11--U13--D15--|
A |-----U11--D13--U14--|
E |--D11--U13--D14-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->11--13--14--|
B |----->11--12--14--|
G |----->10--11--13--|
D |----->11--13--15--|
A |----->11--13--14--|
E |-->11--13--14-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----13--14--16--|
B |-----12--14--16--|
G |-----13--15--16--|
D |-----13--15--16--|
A |-----13--14--16--|
E |--13--14--16-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--16--14--13-----|
B |-----16--14--12-----|
G |-----16--15--13-----|
D |-----16--15--13-----|
A |-----16--14--13-----|
E |-----16--14--13-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----13h14--| --14p13-----|
B |-----12h14-----| -----14p12-----|
G |-----13h15-----| -----15p13-----|
D |-----13h15-----| -----15p13-----|
A |-----13h14-----| -----14p13-----|
E |--13h14-----| -----14p13-----|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----13--|

```



```

D |-----13-----13-15-13-15-16-15-16-----|
A |-----13-----13-14-13-14-16-14-16-----16-----|
E |--13-14-16-14-16-----16-----|

e |-----13-----13-14-13-14-16-----|
B |-----12-----12-14-12-14-16-14-16-----16-----|
G |-----13-15-13-15-16-15-16-----16-----|
D |--16-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----12-14-----|
G |-----13-----13-15-16-15-16-----|
D |-----13-15-13-15-16-----16-----|
A |-----13-----13-14-16-14-16-----|
E |--13-14-16-----16-----|

e |-----13-----13-14-16-----|
B |--12-14-16-----16-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----13-14-16--|
B |-----12-14-16-----|
G |-----13-15-16-----|
D |-----13-15-16-----|
A |-----13-14-16-----|
E |--13-14-16-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U13--D14--U16--|
B |-----D12--U14--D16--|
G |-----U13--D15--U16--|
D |-----D13--U15--D16--|
A |-----U13--D14--U16--|
E |--D13--U14--D16-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->13-14-16--|
B |----->12-14-16--|
G |----->13-15-16--|
D |----->13-15-16--|
A |----->13-14-16--|
E |-->13-14-16-----|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----13--14--16--|
B |-----14--16--18--|
G |-----13--15--16--|
D |-----13--15--16--|
A |-----13--14--16--|
E |--13--14--16-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--16--14--13-----|
B |-----18--16--14-----|
G |-----16--15--13-----|
D |-----16--15--13-----|
A |-----16--14--13-----|
E |-----16--14--13-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----13h14--| --14p13-----|
B |-----14h16-----| -----16p14-----|
G |-----13h15-----| -----15p13-----|
D |-----13h15-----| -----15p13-----|
A |-----13h14-----| -----14p13-----|
E |--13h14-----| -----14p13--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----13--|
D |-----13-----13--15--13--15--16--15--16-----|
A |-----13-----13--14--13--14--16--14--16-----16-----|
E |--13--14--16--14--16-----16-----|

e |-----13-----13--14--13--14--16--|
B |-----14-----14--16--14--16--18--16--18-----18-----|
G |-----13--15--13--15--16--15--16-----16-----|
D |--16-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----14--16--|
G |-----13-----13--15--16--15--16-----|
D |-----13--15--13--15--16-----16-----|
A |-----13-----13--14--16--14--16-----|
```

```

E|--13--14--16-----16-----|
e|-----13-----13--14--16-----|
B|--14--16--18-----18-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|-----13--14--16--|
B|-----14--16--18-----|
G|-----13--15--16-----|
D|-----13--15--16-----|
A|-----13--14--16-----|
E|--13--14--16-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U13--D14--U16--|
B|-----D14--U16--D18-----|
G|-----U13--D15--U16-----|
D|-----D13--U15--D16-----|
A|-----U13--D14--U16-----|
E|--D13--U14--D16-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->13--14--16--|
B|----->14--16--18-----|
G|----->13--15--16-----|
D|----->13--15--16-----|
A|----->13--14--16-----|
E|-->13--14--16-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----16--18--19--|
B|-----16--18--19-----|
G|-----15--16--18-----|
D|-----15--16--18-----|
A|-----16--18--20-----|
E|--16--18--19-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --19--18--16-----|
B | -----19--18--16-----|
G | -----18--16--15-----|
D | -----18--16--15-----|
A | -----20--18--16-----|
E | -----19--18--16-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----16h18-- | --18p16-----|
B | -----16h18-----| -----18p16-----|
G | -----15h16-----| -----16p15-----|
D | -----15h16-----| -----16p15-----|
A | -----16h18-----| -----18p16-----|
E | --16h18-----| -----18p16--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----15--|
D | -----15-----15--16--15--16--18--16--18-----|
A | -----16-----16--18--16--18--20--18--20-----20-----|
E | --16--18--19--18--19-----19-----|

e | -----16-----16--18--16--18--19--|
B | -----16-----16--18--16--18--19--18--19-----19-----|
G | -----15--16--15--16--18--16--18-----18-----|
D | --18-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----16--18--|
G | -----15-----15--16--18--16--18-----|
D | -----15--16--15--16--18-----18-----|
A | -----16-----16--18--20--18--20-----|
E | --16--18--19-----19-----|

e | -----16-----16--18--19-----|
B | --16--18--19-----19-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----16--18--19--|
B | -----16--18--19-----|
G | -----15--16--18-----|
D | -----15--16--18-----|
A | -----16--18--20-----|
E | --16--18--19-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U16--D18--U19--|
B |-----D16--U18--D19--|
G |-----U15--D16--U18--|
D |-----D15--U16--D18--|
A |-----U16--D18--U20--|
E |--D16--U18--D19-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->16--18--19--|
B |----->16--18--19--|
G |----->15--16--18--|
D |----->15--16--18--|
A |----->16--18--20--|
E |-->16--18--19-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----18--19--21--|
B |-----18--19--21--|
G |-----18--20--22--|
D |-----18--20--21--|
A |-----18--20--21--|
E |--18--19--21-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--21--19--18-----|
B |--21--19--18-----|
G |--22--20--18-----|
D |--21--20--18-----|
A |--21--20--18-----|
E |--21--19--18-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----18h19--| --19p18-----|
B |-----18h19-----| -----19p18-----|
G |-----18h20-----| -----20p18-----|
D |-----18h20-----| -----20p18-----|
A |-----18h20-----| -----20p18-----|
E |--18h19-----| -----19p18--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----18--|
D |-----18-----18--20--18--20--21--20--21-----|
A |-----18-----18--20--18--20--21--20--21-----21-----|
E |--18--19--21--19--21-----21-----|

e |-----18-----18--19--18--19--21--|
B |-----18-----18--19--18--19--21--19--21-----21-----|
G |-----18--20--18--20--22--20--22-----22-----|
D |--21-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----18--19--|
G |-----18-----18--20--22--20--22-----|
D |-----18--20--18--20--21-----21-----|
A |-----18-----18--20--21--20--21-----|
E |--18--19--21-----21-----|

e |-----18-----18--19--21-----|
B |--18--19--21-----21-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----18--19--21--|
B |-----18--19--21-----|
G |-----18--20--22-----|
D |-----18--20--21-----|
A |-----18--20--21-----|
E |--18--19--21-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U18--D19--U21--|
B |-----D18--U19--D21--|
G |-----U18--D20--U22--|
D |-----D18--U20--D21--|
A |-----U18--D20--U21--|
E |--D18--U19--D21--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->18--19--21--|
B |----->18--19--21-----|
G |----->18--20--22-----|
D |----->18--20--21-----|
A |----->18--20--21-----|
E |-->18--19--21-----|

```

Ab Natural Minor

Notes: Ab, Bb, B, Db, Eb, E, Gb | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 3-8

```
e |----- 4-- 6-- 7--|
B |----- 4-- 5-- 7-----|
G |----- 3-- 4-- 6-----|
D |----- 4-- 6-- 8-----|
A |----- 4-- 6-- 7-----|
E |-- 4-- 6-- 7-----|
```

E:4=Ab | E:6=Bb | E:7=B | A:4=Db | A:6=Eb | A:7=E | D:4=Gb | D:6=Ab | D:8=Bb | G:3=Bb | G:4=B | G:6=Db | B:4=Eb | B:5=E
| B:7=Gb | e:4=Ab | e:6=Bb | e:7=B

Position 2

Frets 5-9

```
e |----- 6-- 7-- 9--|
B |----- 5-- 7-- 9-----|
G |----- 6-- 8-- 9-----|
D |----- 6-- 8-- 9-----|
A |----- 6-- 7-- 9-----|
E |-- 6-- 7-- 9-----|
```

E:6=Bb | E:7=B | E:9=Db | A:6=Eb | A:7=E | A:9=Gb | D:6=Ab | D:8=Bb | D:9=B | G:6=Db | G:8=Eb | G:9=E | B:5=E | B:7=Gb
| B:9=Ab | e:6=Bb | e:7=B | e:9=Db

Position 3

Frets 6-11

```
e |----- 6-- 7-- 9--|
B |----- 7-- 9--11-----|
G |----- 6-- 8-- 9-----|
D |----- 6-- 8-- 9-----|
A |----- 6-- 7-- 9-----|
E |-- 6-- 7-- 9-----|
```

E:6=Bb | E:7=B | E:9=Db | A:6=Eb | A:7=E | A:9=Gb | D:6=Ab | D:8=Bb | D:9=B | G:6=Db | G:8=Eb | G:9=E | B:7=Gb | B:9=Ab
| B:11=Bb | e:6=Bb | e:7=B | e:9=Db

Position 4

Frets 8-13

```
e |----- 9--11--12--|
B |----- 9--11--12-----|
G |----- 8-- 9--11-----|
D |----- 8-- 9--11-----|
A |----- 9--11--13-----|
E |-- 9--11--12-----|
```

E:9=D \flat | E:11=E \flat | E:12=E | A:9=G \flat | A:11=Ab | A:13=B \flat | D:8=B \flat | D:9=B | D:11=D \flat | G:8=E \flat | G:9=E | G:11=G \flat | B:9=Ab | B:11=B \flat | B:12=B | e:9=D \flat | e:11=E \flat | e:12=E

Position 5

Frets 11-15

```
e |-----11--12--14--|
B |-----11--12--14--|
G |-----11--13--15--|
D |-----11--13--14--|
A |-----11--13--14--|
E |--11--12--14-----|
```

E:11=E \flat | E:12=E | E:14=G \flat | A:11=Ab | A:13=B \flat | A:14=B | D:11=D \flat | D:13=E \flat | D:14=E | G:11=G \flat | G:13=Ab | G:15=B \flat | B:11=B \flat | B:12=B | B:14=D \flat | e:11=E \flat | e:12=E | e:14=G \flat

Companion Chords

Play these chords over your Ab Natural Minor exercises:

	Abm	B	Dbm	Ebm	E	G \flat
e	--4--	--7--	--9--	--11--	--0--	--2--
B	--4--	--7--	--9--	--11--	--0--	--2--
G	--4--	--8--	--9--	--11--	--1--	--3--
D	--6--	--9--	--11--	--13--	--2--	--4--
A	--6--	--9--	--11--	--13--	--2--	--4--
E	--4--	--7--	--9--	--11--	--0--	--2--

Progression: **Abm - B - Dbm - Ebm - E - G \flat**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----4-- 6-- 7--|
B |-----4-- 5-- 7--|
G |-----3-- 4-- 6--|
D |-----4-- 6-- 8--|
A |-----4-- 6-- 7--|
E |--4-- 6-- 7-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 7-- 6-- 4-----|
B |-----7-- 5-- 4-----|
G |-----6-- 4-- 3-----|
D |-----8-- 6-- 4-----|
A |-----7-- 6-- 4-----|
E |-----7-- 6-- 4-----|
```


Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----4h6--| --6p4-----|
B |-----4h5-----| -----5p4-----|
G |-----3h4-----| -----4p3-----|
D |-----4h6-----| -----6p4-----|
A |-----4h6-----| -----6p4-----|
E |--4h6-----| -----6p4--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |----- 3--|
D |----- 4----- 4-- 6-- 4-- 6-- 8-- 6-- 8-----|
A |----- 4----- 4-- 6-- 4-- 6-- 7-- 6-- 7----- 7-----|
E |-- 4-- 6-- 7-- 6-- 7----- 7-----|

e |----- 4----- 4-- 6-- 4-- 6-- 7--|
B |----- 4----- 4-- 5-- 4-- 5-- 7-- 5-- 7----- 7-----|
G |----- 3-- 4-- 3-- 4-- 6-- 4-- 6----- 6-----|
D |-- 8-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |----- 4-- 5--|
G |----- 3----- 3-- 4-- 6-- 4-- 6-----|
D |----- 4-- 6-- 4-- 6-- 8----- 8-----|
A |----- 4----- 4-- 6-- 7-- 6-- 7-----|
E |-- 4-- 6-- 7----- 7-----|

e |----- 4----- 4-- 6-- 7-----|
B |-- 4-- 5-- 7----- 7-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |----- 4-- 6-- 7--|
B |----- 4-- 5-- 7-----|
G |----- 3-- 4-- 6-----|
D |----- 4-- 6-- 8-----|
A |----- 4-- 6-- 7-----|
E |-- 4-- 6-- 7-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U4--D6--U7--|
B |-----D4--U5--D7--|
G |-----U3--D4--U6--|
D |-----D4--U6--D8--|
A |-----U4--D6--U7--|
E |--D4--U6--D7-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->4-- 6-- 7--|
B |----->4-- 5-- 7--|
G |----->3-- 4-- 6--|
D |----->4-- 6-- 8--|
A |----->4-- 6-- 7--|
E |-->4-- 6-- 7-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----6-- 7-- 9--|
B |-----5-- 7-- 9--|
G |-----6-- 8-- 9--|
D |-----6-- 8-- 9--|
A |-----6-- 7-- 9--|
E |--6-- 7-- 9-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--9-- 7-- 6-----|
B |-----9-- 7-- 5-----|
G |-----9-- 8-- 6-----|
D |-----9-- 8-- 6-----|
A |-----9-- 7-- 6-----|
E |-----9-- 7-- 6-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----6h7--| --7p6-----|
B |-----5h7--| -----7p5-----|
G |-----6h8--| -----8p6-----|
D |-----6h8--| -----8p6-----|
A |-----6h7--| -----7p6-----|
E |--6h7--| -----7p6--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----6--|

```

```

D |----- 6----- 6-- 8-- 6-- 8-- 9-- 8-- 9-----|
A |----- 6----- 6-- 7-- 6-- 7-- 9-- 7-- 9----- 9-----|
E |-- 6-- 7-- 9-- 7-- 9----- 9-----|

e |----- 6----- 6-- 7-- 6-- 7-- 9--|
B |----- 5----- 5-- 7-- 5-- 7-- 9-- 7-- 9----- 9-----|
G |----- 6-- 8-- 6-- 8-- 9-- 8-- 9----- 9-----|
D |-- 9-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |----- 5-- 7--|
G |----- 6----- 6-- 8-- 9-- 8-- 9-----|
D |----- 6-- 8-- 6-- 8-- 9----- 9-----|
A |----- 6----- 6-- 7-- 9-- 7-- 9-----|
E |-- 6-- 7-- 9----- 9-----|

e |----- 6----- 6-- 7-- 9-----|
B |-- 5-- 7-- 9----- 9-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |----- 6-- 7-- 9--|
B |----- 5-- 7-- 9-----|
G |----- 6-- 8-- 9-----|
D |----- 6-- 8-- 9-----|
A |----- 6-- 7-- 9-----|
E |-- 6-- 7-- 9-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U6--D7--U9--|
B |-----D5--U7--D9--|
G |-----U6--D8--U9--|
D |-----D6--U8--D9--|
A |-----U6--D7--U9--|
E |--D6--U7--D9--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->6-- 7-- 9--|
B |----->5-- 7-- 9--|
G |----->6-- 8-- 9--|
D |----->6-- 8-- 9--|
A |----->6-- 7-- 9--|
E |-->6-- 7-- 9--|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----6-- 7-- 9--|
B |-----7-- 9--11-----|
G |-----6-- 8-- 9-----|
D |-----6-- 8-- 9-----|
A |-----6-- 7-- 9-----|
E |-- 6-- 7-- 9-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 9-- 7-- 6-----|
B |-----11-- 9-- 7-----|
G |-----9-- 8-- 6-----|
D |-----9-- 8-- 6-----|
A |-----9-- 7-- 6-----|
E |-----9-- 7-- 6-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----6h7--| --7p6-----|
B |-----7h9-----| -----9p7-----|
G |-----6h8-----| -----8p6-----|
D |-----6h8-----| -----8p6-----|
A |-----6h7-----| -----7p6-----|
E |--6h7-----| -----7p6-----|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----6--|
D |-----6-- 6-- 8-- 6-- 8-- 9-- 8-- 9--|
A |-----6-- 6-- 7-- 6-- 7-- 9-- 7-- 9-- 9--|
E |-- 6-- 7-- 9-- 7-- 9-- 9--|

e |-----6-- 6-- 7-- 6-- 7-- 9--|
B |-----7-- 7-- 9-- 7-- 9--11-- 9--11--11-----|
G |-----6-- 8-- 6-- 8-- 9-- 8-- 9-- 9--|
D |-- 9--|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----7-- 9--|
G |-----6-- 6-- 8-- 9-- 8-- 9--|
D |-----6-- 8-- 6-- 8-- 9-- 9--|
A |-----6-- 6-- 7-- 9-- 7-- 9--|
```

```

E|-- 6-- 7-- 9----- 9-----|
e|----- 6----- 6-- 7-- 9-----|
B|-- 7-- 9--11-----11-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 6-- 7-- 9--|
B|----- 7-- 9--11-----|
G|----- 6-- 8-- 9-----|
D|----- 6-- 8-- 9-----|
A|----- 6-- 7-- 9-----|
E|-- 6-- 7-- 9-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U6--D7--U9--|
B|-----D7--U9--D11--|
G|-----U6--D8--U9--|
D|-----D6--U8--D9--|
A|-----U6--D7--U9--|
E|--D6--U7--D9--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->6-- 7-- 9--|
B|----->7-- 9--11--|
G|----->6-- 8-- 9--|
D|----->6-- 8-- 9--|
A|----->6-- 7-- 9--|
E|-->6-- 7-- 9--|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|----- 9--11--12--|
B|----- 9--11--12--|
G|----- 8-- 9--11--|
D|----- 8-- 9--11--|
A|----- 9--11--13--|
E|-- 9--11--12--|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --12--11-- 9-----|
B | -----12--11-- 9-----|
G | -----11-- 9-- 8-----|
D | -----11-- 9-- 8-----|
A | -----13--11-- 9-----|
E | -----12--11-- 9--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----9h11--| --11p9-----|
B | -----9h11--| -----11p9-----|
G | -----8h9-----| -----9p8-----|
D | -----8h9-----| -----9p8-----|
A | -----9h11-----| -----11p9-----|
E | --9h11-----| -----11p9--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----8--|
D | -----8-- 9-- 8-- 9--11-- 9--11-----|
A | ----- 9----- 9--11-- 9--11--13--11--13-----13-----|
E | -- 9--11--12--11--12-----12-----|

e | ----- 9----- 9--11-- 9--11--12--|
B | ----- 9----- 9--11-- 9--11--12--11--12-----12-----|
G | ----- 8-- 9-- 8-- 9--11-- 9--11-----11-----|
D | --11-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | ----- 9--11--|
G | ----- 8-- 9--11-- 9--11-----|
D | ----- 8-- 9-- 8-- 9--11-----11-----|
A | ----- 9----- 9--11--13--11--13-----|
E | -- 9--11--12-----12-----|

e | ----- 9----- 9--11--12-----|
B | -- 9--11--12-----12-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | ----- 9--11--12--|
B | ----- 9--11--12-----|
G | ----- 8-- 9--11-----|
D | ----- 8-- 9--11-----|
A | ----- 9--11--13-----|
E | -- 9--11--12-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U9--D11--U12--|
B |-----D9--U11--D12-----|
G |-----U8--D9--U11-----|
D |-----D8--U9--D11-----|
A |-----U9--D11--U13-----|
E |--D9--U11--D12-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->9--11--12--|
B |----->9--11--12-----|
G |----->8-- 9--11-----|
D |----->8-- 9--11-----|
A |----->9--11--13-----|
E |-->9--11--12-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----11--12--14--|
B |-----11--12--14-----|
G |-----11--13--15-----|
D |-----11--13--14-----|
A |-----11--13--14-----|
E |--11--12--14-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--14--12--11-----|
B |--14--12--11-----|
G |--15--13--11-----|
D |--14--13--11-----|
A |--14--13--11-----|
E |--14--12--11-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----11h12--| --12p11-----|
B |-----11h12-----| -----12p11-----|
G |-----11h13-----| -----13p11-----|
D |-----11h13-----| -----13p11-----|
A |-----11h13-----| -----13p11-----|
E |--11h12-----| -----12p11--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----11--|
D |-----11-----11--13--11--13--14--13--14--|
A |-----11-----11--13--11--13--14--13--14--14--|
E |--11--12--14--12--14-----14-----|

e |-----11-----11--12--11--12--14--|
B |-----11-----11--12--11--12--14--12--14-----14-----|
G |-----11--13--11--13--15--13--15-----15-----|
D |--14-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----11--12--|
G |-----11-----11--13--15--13--15-----|
D |-----11--13--11--13--14-----14-----|
A |-----11-----11--13--14--13--14-----|
E |--11--12--14-----14-----|

e |-----11-----11--12--14-----|
B |--11--12--14-----14-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----11--12--14--|
B |-----11--12--14-----|
G |-----11--13--15-----|
D |-----11--13--14-----|
A |-----11--13--14-----|
E |--11--12--14-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U11--D12--U14--|
B |-----D11--U12--D14--|
G |-----U11--D13--U15--|
D |-----D11--U13--D14--|
A |-----U11--D13--U14--|
E |--D11--U12--D14--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->11--12--14--|
B |----->11--12--14--|
G |----->11--13--15--|
D |----->11--13--14--|
A |----->11--13--14--|
E |-->11--12--14--|

```


Db Natural Minor

Notes: Db, Eb, E, Gb, Ab, A, B | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 8-13

```
e |-----9--11--12--|
B |-----9--10--12-----|
G |-----8--9--11-----|
D |-----9--11--13-----|
A |-----9--11--12-----|
E |--9--11--12-----|
```

E:9=Db | E:11=Eb | E:12=E | A:9=Gb | A:11=Ab | A:12=A | D:9=B | D:11=Db | D:13=Eb | G:8=Eb | G:9=E | G:11=Gb | B:9=Ab |
B:10=A | B:12=B | e:9=Db | e:11=Eb | e:12=E

Position 2

Frets 10-14

```
e |-----11--12--14--|
B |-----10--12--14-----|
G |-----11--13--14-----|
D |-----11--13--14-----|
A |-----11--12--14-----|
E |--11--12--14-----|
```

E:11=Eb | E:12=E | E:14=Gb | A:11=Ab | A:12=A | A:14=B | D:11=Db | D:13=Eb | D:14=E | G:11=Gb | G:13=Ab | G:14=A | B:10=A
| B:12=B | B:14=Db | e:11=Eb | e:12=E | e:14=Gb

Position 3

Frets 11-16

```
e |-----11--12--14--|
B |-----12--14--16-----|
G |-----11--13--14-----|
D |-----11--13--14-----|
A |-----11--12--14-----|
E |--11--12--14-----|
```

E:11=Eb | E:12=E | E:14=Gb | A:11=Ab | A:12=A | A:14=B | D:11=Db | D:13=Eb | D:14=E | G:11=Gb | G:13=Ab | G:14=A | B:12=B
| B:14=Db | B:16=Eb | e:11=Eb | e:12=E | e:14=Gb

Position 4

Frets 13-18

```
e |-----14--16--17--|
B |-----14--16--17-----|
G |-----13--14--16-----|
D |-----13--14--16-----|
A |-----14--16--18-----|
E |--14--16--17-----|
```

E:14=Gb | E:16=Ab | E:17=A | A:14=B | A:16=Db | A:18=Eb | D:13=Eb | D:14=E | D:16=Gb | G:13=Ab | G:14=A | G:16=B |
 B:14=Db | B:16=Eb | B:17=E | e:14=Gb | e:16=Ab | e:17=A

Position 5

Frets 16-20

```
e |-----16--17--19--|
B |-----16--17--19--|
G |-----16--18--20--|
D |-----16--18--19--|
A |-----16--18--19--|
E |--16--17--19-----|
```

E:16=Ab | E:17=A | E:19=B | A:16=Db | A:18=Eb | A:19=E | D:16=Gb | D:18=Ab | D:19=A | G:16=B | G:18=Db | G:20=Eb |
 B:16=Eb | B:17=E | B:19=Gb | e:16=Ab | e:17=A | e:19=B

Companion Chords

Play these chords over your Db Natural Minor exercises:

	Dbm	E	Gbm	Abm	A	B
e	--9--	--0--	--2--	--4--	--0--	--7--
B	--9--	--0--	--2--	--4--	--2--	--7--
G	--9--	--1--	--2--	--4--	--2--	--8--
D	--11--	--2--	--4--	--6--	--2--	--9--
A	--11--	--2--	--4--	--6--	--0--	--9--
E	--9--	--0--	--2--	--4--	--X--	--7--

Progression: **Dbm - E - Gbm - Abm - A - B**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----9--11--12--|
B |-----9--10--12--|
G |-----8--9--11-----|
D |-----9--11--13-----|
A |-----9--11--12-----|
E |--9--11--12-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--12--11--9-----|
B |--12--10--9-----|
G |--11--9--8-----|
D |--13--11--9-----|
A |--12--11--9-----|
E |--12--11--9--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----9h11--| --11p9-----|
B |-----9h10-----| -----10p9-----|
G |-----8h9-----| -----9p8-----|
D |-----9h11-----| -----11p9-----|
A |-----9h11-----| -----11p9-----|
E |--9h11-----| -----11p9--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----8--|
D |-----9-----9--11--9--11--13--11--13-----|
A |-----9-----9--11--9--11--12--11--12-----12-----|
E |--9--11--12--11--12-----12-----|

e |-----9-----9--11--9--11--12--|
B |-----9-----9--10--9--10--12--10--12-----12-----|
G |-----8--9--8--9--11--9--11-----11-----|
D |--13-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----9--10--|
G |-----8-----8--9--11--9--11-----|
D |-----9--11--9--11--13-----13-----|
A |-----9-----9--11--12--11--12-----|
E |--9--11--12-----12-----|

e |-----9-----9--11--12-----|
B |--9--10--12-----12-----|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |-----9--11--12--|
B |-----9--10--12-----|
G |-----8--9--11-----|
D |-----9--11--13-----|
A |-----9--11--12-----|
E |--9--11--12-----|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U9--D11--U12--|
B |-----D9--U10--D12--|
G |-----U8--D9--U11--|
D |-----D9--U11--D13--|
A |-----U9--D11--U12--|
E |--D9--U11--D12-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->9--11--12--|
B |----->9--10--12--|
G |----->8-- 9--11-----|
D |----->9--11--13-----|
A |----->9--11--12-----|
E |-->9--11--12-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |-----11--12--14--|
B |-----10--12--14-----|
G |-----11--13--14-----|
D |-----11--13--14-----|
A |-----11--12--14-----|
E |--11--12--14-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |--14--12--11-----|
B |-----14--12--10-----|
G |-----14--13--11-----|
D |-----14--13--11-----|
A |-----14--12--11-----|
E |-----14--12--11-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----11h12--| --12p11-----|
B |-----10h12-----| -----12p10-----|
G |-----11h13-----| -----13p11-----|
D |-----11h13-----| -----13p11-----|
A |-----11h12-----| -----12p11-----|
E |--11h12-----| -----12p11--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |-----11--|

```

```

D |-----11-----11--13--11--13--14--13--14-----|
A |-----11-----11--12--11--12--14--12--14-----14-----|
E |--11--12--14--12--14-----14-----|

e |-----11-----11--12--11--12--14-----|
B |-----10-----10--12--10--12--14--12--14-----14-----|
G |-----11--13--11--13--14--13--14-----14-----|
D |--14-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |-----10--12--|
G |-----11-----11--13--14--13--14-----|
D |-----11--13--11--13--14-----14-----|
A |-----11-----11--12--14--12--14-----|
E |--11--12--14-----14-----|

e |-----11-----11--12--14-----|
B |--10--12--14-----14-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |-----11--12--14--|
B |-----10--12--14-----|
G |-----11--13--14-----|
D |-----11--13--14-----|
A |-----11--12--14-----|
E |--11--12--14-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U11--D12--U14--|
B |-----D10--U12--D14--|
G |-----U11--D13--U14--|
D |-----D11--U13--D14--|
A |-----U11--D12--U14--|
E |--D11--U12--D14-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->11--12--14--|
B |----->10--12--14--|
G |----->11--13--14--|
D |----->11--13--14--|
A |----->11--12--14--|
E |-->11--12--14-----|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----11--12--14--|
B |-----12--14--16--|
G |-----11--13--14--|
D |-----11--13--14--|
A |-----11--12--14--|
E |--11--12--14-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--14--12--11-----|
B |-----16--14--12-----|
G |-----14--13--11-----|
D |-----14--13--11-----|
A |-----14--12--11-----|
E |-----14--12--11-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----11h12--| --12p11-----|
B |-----12h14-----| -----14p12-----|
G |-----11h13-----| -----13p11-----|
D |-----11h13-----| -----13p11-----|
A |-----11h12-----| -----12p11-----|
E |--11h12-----| -----12p11--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----11--|
D |-----11-----11--13--11--13--14--13--14--|
A |-----11-----11--12--11--12--14--12--14-----14-----|
E |--11--12--14--12--14-----14-----|

e |-----11-----11--12--11--12--14--|
B |-----12-----12--14--12--14--16--14--16-----16-----|
G |-----11--13--11--13--14--13--14-----14-----|
D |--14-----|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----12--14--|
G |-----11-----11--13--14--13--14-----|
D |-----11--13--11--13--14-----14-----|
A |-----11-----11--12--14--12--14-----|
```

```

E|--11--12--14-----14-----|
e|-----11-----11--12--14-----|
B|--12--14--16-----16-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|-----11--12--14--|
B|-----12--14--16-----|
G|-----11--13--14-----|
D|-----11--13--14-----|
A|-----11--12--14-----|
E|--11--12--14-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U11--D12--U14--|
B|-----D12--U14--D16-----|
G|-----U11--D13--U14-----|
D|-----D11--U13--D14-----|
A|-----U11--D12--U14-----|
E|--D11--U12--D14-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->11--12--14--|
B|----->12--14--16-----|
G|----->11--13--14-----|
D|----->11--13--14-----|
A|----->11--12--14-----|
E|-->11--12--14-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|-----14--16--17--|
B|-----14--16--17-----|
G|-----13--14--16-----|
D|-----13--14--16-----|
A|-----14--16--18-----|
E|--14--16--17-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | --17--16--14-----|
B | -----17--16--14-----|
G | -----16--14--13-----|
D | -----16--14--13-----|
A | -----18--16--14-----|
E | -----17--16--14-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----14h16-- | --16p14-----|
B | -----14h16-----| -----16p14-----|
G | -----13h14-----| -----14p13-----|
D | -----13h14-----| -----14p13-----|
A | -----14h16-----| -----16p14-----|
E | --14h16-----| -----16p14--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | -----13--|
D | -----13-----13--14--13--14--16--14--16-----|
A | -----14-----14--16--14--16--18--16--18-----18-----|
E | --14--16--17--16--17-----17-----|

e | -----14-----14--16--14--16--17--|
B | -----14-----14--16--14--16--17--16--17-----17-----|
G | -----13--14--13--14--16--14--16-----16-----|
D | --16-----|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | -----14--16--|
G | -----13-----13--14--16--14--16-----|
D | -----13--14--13--14--16-----16-----|
A | -----14-----14--16--18--16--18-----|
E | --14--16--17-----17-----|

e | -----14-----14--16--17-----|
B | --14--16--17-----17-----|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | -----14--16--17--|
B | -----14--16--17-----|
G | -----13--14--16-----|
D | -----13--14--16-----|
A | -----14--16--18-----|
E | --14--16--17-----|

```


Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U14--D16--U17--|
B |-----D14--U16--D17--|
G |-----U13--D14--U16--|
D |-----D13--U14--D16--|
A |-----U14--D16--U18--|
E |--D14--U16--D17-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->14--16--17--|
B |----->14--16--17--|
G |----->13--14--16--|
D |----->13--14--16--|
A |----->14--16--18--|
E |-->14--16--17-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----16--17--19--|
B |-----16--17--19--|
G |-----16--18--20--|
D |-----16--18--19--|
A |-----16--18--19--|
E |--16--17--19-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--19--17--16-----|
B |--19--17--16-----|
G |--20--18--16-----|
D |--19--18--16-----|
A |--19--18--16-----|
E |--19--17--16-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----16h17--| --17p16-----|
B |-----16h17--| -----17p16-----|
G |-----16h18--| -----18p16-----|
D |-----16h18--| -----18p16-----|
A |-----16h18--| -----18p16-----|
E |--16h17-----| -----17p16--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

e		-----	
B		-----	
G		-----16--	
D		-----16-----16--18--16--18--19--18--19--	
A		-----16-----16--18--16--18--19--18--19-----19--	
E		--16--17--19--17--19-----19--	

e		-----16-----16--17--16--17--19--	
B		-----16-----16--17--16--17--19--17--19-----19--	
G		-----16--18--16--18--20--18--20-----20--	
D		--19-----	
A		-----	
E		-----	

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

e		-----	
B		-----16--17--	
G		-----16-----16--18--20--18--20-----	
D		-----16--18--16--18--19-----19--	
A		-----16-----16--18--19--18--19--	
E		--16--17--19-----19--	

e		-----16-----16--17--19-----	
B		--16--17--19-----19--	
G		-----	
D		-----	
A		-----	
E		-----	

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

e		-----16--17--19--	
B		-----16--17--19-----	
G		-----16--18--20-----	
D		-----16--18--19-----	
A		-----16--18--19-----	
E		--16--17--19-----	

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

e		-----U16--D17--U19--	
B		-----D16--U17--D19--	
G		-----U16--D18--U20--	
D		-----D16--U18--D19--	
A		-----U16--D18--U19--	
E		--D16--U17--D19--	

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

e		----->16--17--19--	
B		----->16--17--19-----	
G		----->16--18--20-----	
D		----->16--18--19-----	
A		----->16--18--19-----	
E		-->16--17--19-----	

F Natural Minor

Notes: F, G, Ab, Bb, C, Db, Eb | Degrees: 1, 2, b3, 4, 5, b6, b7

Scale Positions

Position 1

Frets 0-5

```
e |----- 1-- 3-- 4--|
B |----- 1-- 2-- 4-----|
G |----- 0-- 1-- 3-----|
D |----- 1-- 3-- 5-----|
A |----- 1-- 3-- 4-----|
E |-- 1-- 3-- 4-----|
```

E:1=F | E:3=G | E:4=Ab | A:1=Bb | A:3=C | A:4=Db | D:1=Eb | D:3=F | D:5=G | G:0=G | G:1=Ab | G:3=Bb | B:1=C | B:2=Db | B:4=Eb | e:1=F | e:3=G | e:4=Ab

Position 2

Frets 2-6

```
e |----- 3-- 4-- 6--|
B |----- 2-- 4-- 6-----|
G |----- 3-- 5-- 6-----|
D |----- 3-- 5-- 6-----|
A |----- 3-- 4-- 6-----|
E |-- 3-- 4-- 6-----|
```

E:3=G | E:4=Ab | E:6=Bb | A:3=C | A:4=Db | A:6=Eb | D:3=F | D:5=G | D:6=Ab | G:3=Bb | G:5=C | G:6=Db | B:2=Db | B:4=Eb | B:6=F | e:3=G | e:4=Ab | e:6=Bb

Position 3

Frets 3-8

```
e |----- 3-- 4-- 6--|
B |----- 4-- 6-- 8-----|
G |----- 3-- 5-- 6-----|
D |----- 3-- 5-- 6-----|
A |----- 3-- 4-- 6-----|
E |-- 3-- 4-- 6-----|
```

E:3=G | E:4=Ab | E:6=Bb | A:3=C | A:4=Db | A:6=Eb | D:3=F | D:5=G | D:6=Ab | G:3=Bb | G:5=C | G:6=Db | B:4=Eb | B:6=F | B:8=G | e:3=G | e:4=Ab | e:6=Bb

Position 4

Frets 5-10

```
e |----- 6-- 8-- 9--|
B |----- 6-- 8-- 9-----|
G |----- 5-- 6-- 8-----|
D |----- 5-- 6-- 8-----|
A |----- 6-- 8--10-----|
E |-- 6-- 8-- 9-----|
```

E:6=Bb | E:8=C | E:9=Db | A:6=Eb | A:8=F | A:10=G | D:5=G | D:6=Ab | D:8=Bb | G:5=C | G:6=Db | G:8=Eb | B:6=F | B:8=G |
 B:9=Ab | e:6=Bb | e:8=C | e:9=Db

Position 5

Frets 8-12

```
e |----- 8-- 9--11--|
B |----- 8-- 9--11-----|
G |----- 8--10--12-----|
D |----- 8--10--11-----|
A |----- 8--10--11-----|
E |-- 8-- 9--11-----|
```

E:8=C | E:9=Db | E:11=Eb | A:8=F | A:10=G | A:11=Ab | D:8=Bb | D:10=C | D:11=Db | G:8=Eb | G:10=F | G:12=G | B:8=G |
 B:9=Ab | B:11=Bb | e:8=C | e:9=Db | e:11=Eb

Companion Chords

Play these chords over your F Natural Minor exercises:

	Fm	Ab	Bbm	Cm	Db	Eb
e	--1--	--4--	--6--	--8--	--9--	--11--
B	--1--	--4--	--6--	--8--	--9--	--11--
G	--1--	--5--	--6--	--8--	--10--	--12--
D	--3--	--6--	--8--	--10--	--11--	--13--
A	--3--	--6--	--8--	--10--	--11--	--13--
E	--1--	--4--	--6--	--8--	--9--	--11--

Progression: **Fm - Ab - Bbm - Cm - Db - Eb**

Exercises

Position 1 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |----- 1-- 3-- 4--|
B |----- 1-- 2-- 4-----|
G |----- 0-- 1-- 3-----|
D |----- 1-- 3-- 5-----|
A |----- 1-- 3-- 4-----|
E |-- 1-- 3-- 4-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 4-- 3-- 1-----|
B |----- 4-- 2-- 1-----|
G |----- 3-- 1-- 0-----|
D |----- 5-- 3-- 1-----|
A |----- 4-- 3-- 1-----|
E |----- 4-- 3-- 1--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----1h3--| --3p1-----|
B |-----1h2-----| -----2p1-----|
G |-----0h1-----| -----1p0-----|
D |-----1h3-----| -----3p1-----|
A |-----1h3-----| -----3p1-----|
E |--1h3-----| -----3p1--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |----- 0--|
D |----- 1-- 3-- 1-- 3-- 5-- 3-- 5--|
A |----- 1-- 3-- 1-- 3-- 4-- 3-- 4-- 4--|
E |-- 1-- 3-- 4-- 3-- 4-- 4--|

e |----- 1-- 3-- 1-- 3-- 4--|
B |----- 1-- 2-- 1-- 2-- 4-- 2-- 4-- 4--|
G |----- 0-- 1-- 0-- 1-- 3-- 1-- 3-- 3--|
D |-- 5--|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |----- 1-- 2--|
G |----- 0-- 1-- 3-- 1-- 3--|
D |----- 1-- 3-- 1-- 3-- 5-- 5--|
A |----- 1-- 3-- 4-- 3-- 4--|
E |-- 1-- 3-- 4-- 4--|

e |----- 1-- 3-- 4--|
B |-- 1-- 2-- 4-- 4--|
G |-----|
D |-----|
A |-----|
E |-----|
```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```
e |----- 1-- 3-- 4--|
B |----- 1-- 2-- 4--|
G |----- 0-- 1-- 3--|
D |----- 1-- 3-- 5--|
A |----- 1-- 3-- 4--|
E |-- 1-- 3-- 4--|
```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U1--D3--U4--|
B |-----D1--U2--D4--|
G |-----U0--D1--U3--|
D |-----D1--U3--D5--|
A |-----U1--D3--U4--|
E |--D1--U3--D4-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->1-- 3-- 4--|
B |----->1-- 2-- 4-----|
G |----->0-- 1-- 3-----|
D |----->1-- 3-- 5-----|
A |----->1-- 3-- 4-----|
E |-->1-- 3-- 4-----|

```

Position 2 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e |----- 3-- 4-- 6--|
B |----- 2-- 4-- 6-----|
G |----- 3-- 5-- 6-----|
D |----- 3-- 5-- 6-----|
A |----- 3-- 4-- 6-----|
E |-- 3-- 4-- 6-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e |-- 6-- 4-- 3-----|
B |----- 6-- 4-- 2-----|
G |----- 6-- 5-- 3-----|
D |----- 6-- 5-- 3-----|
A |----- 6-- 4-- 3-----|
E |----- 6-- 4-- 3-----|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e |-----3h4--| --4p3-----|
B |-----2h4-----| -----4p2-----|
G |-----3h5-----| -----5p3-----|
D |-----3h5-----| -----5p3-----|
A |-----3h4-----| -----4p3-----|
E |--3h4-----| -----4p3--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 3--|

```

```

D |----- 3----- 3-- 5-- 3-- 5-- 6-- 5-- 6-----|
A |----- 3----- 3-- 4-- 3-- 4-- 6-- 4-- 6----- 6-----|
E |-- 3-- 4-- 6-- 4-- 6----- 6-----|

e |----- 3----- 3-- 4-- 3-- 4-- 6--|
B |----- 2----- 2-- 4-- 2-- 4-- 6-- 4-- 6----- 6-----|
G |----- 3-- 5-- 3-- 5-- 6-- 5-- 6----- 6-----|
D |-- 6-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |----- 2-- 4--|
G |----- 3----- 3-- 5-- 6-- 5-- 6-----|
D |----- 3-- 5-- 3-- 5-- 6----- 6-----|
A |----- 3----- 3-- 4-- 6-- 4-- 6-----|
E |-- 3-- 4-- 6----- 6-----|

e |----- 3----- 3-- 4-- 6-----|
B |-- 2-- 4-- 6----- 6-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |----- 3-- 4-- 6--|
B |----- 2-- 4-- 6-----|
G |----- 3-- 5-- 6-----|
D |----- 3-- 5-- 6-----|
A |----- 3-- 4-- 6-----|
E |-- 3-- 4-- 6-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U3--D4--U6--|
B |-----D2--U4--D6--|
G |-----U3--D5--U6--|
D |-----D3--U5--D6--|
A |-----U3--D4--U6--|
E |--D3--U4--D6--|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->3-- 4-- 6--|
B |----->2-- 4-- 6--|
G |----->3-- 5-- 6--|
D |----->3-- 5-- 6--|
A |----->3-- 4-- 6--|
E |-->3-- 4-- 6--|

```

Position 3 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----3-- 4-- 6--|
B |-----4-- 6-- 8--|
G |-----3-- 5-- 6--|
D |-----3-- 5-- 6--|
A |-----3-- 4-- 6--|
E |-- 3-- 4-- 6--|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |-- 6-- 4-- 3-----|
B |-----8-- 6-- 4-----|
G |-----6-- 5-- 3-----|
D |-----6-- 5-- 3-----|
A |-----6-- 4-- 3-----|
E |-----6-- 4-- 3--|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----3h4--| --4p3-----|
B |-----4h6-----| -----6p4-----|
G |-----3h5-----| -----5p3-----|
D |-----3h5-----| -----5p3-----|
A |-----3h4-----| -----4p3-----|
E |--3h4-----| -----4p3--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```
e |-----|
B |-----|
G |-----3--|
D |-----3-- 3-- 5-- 3-- 5-- 6-- 5-- 6--|
A |-----3-- 3-- 4-- 3-- 4-- 6-- 4-- 6-- 6--|
E |-- 3-- 4-- 6-- 4-- 6-- 6--|

e |-----3-----3-- 4-- 3-- 4-- 6--|
B |-----4-----4-- 6-- 4-- 6-- 8-- 6-- 8-- 8--|
G |-----3-- 5-- 3-- 5-- 6-- 5-- 6-- 6--|
D |-- 6--|
A |-----|
E |-----|
```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```
e |-----|
B |-----4-- 6--|
G |-----3-- 3-- 5-- 6-- 5-- 6--|
D |-----3-- 5-- 3-- 5-- 6-- 6--|
A |-----3-- 3-- 4-- 6-- 4-- 6--|
```



```

E|-- 3-- 4-- 6----- 6-----|
e|----- 3----- 3-- 4-- 6-----|
B|-- 4-- 6-- 8----- 8-----|
G|-----|
D|-----|
A|-----|
E|-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e|----- 3-- 4-- 6--|
B|----- 4-- 6-- 8-----|
G|----- 3-- 5-- 6-----|
D|----- 3-- 5-- 6-----|
A|----- 3-- 4-- 6-----|
E|-- 3-- 4-- 6-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e|-----U3--D4--U6--|
B|-----D4--U6--D8--|
G|-----U3--D5--U6--|
D|-----D3--U5--D6--|
A|-----U3--D4--U6--|
E|--D3--U4--D6-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e|----->3-- 4-- 6--|
B|----->4-- 6-- 8-----|
G|----->3-- 5-- 6-----|
D|----->3-- 5-- 6-----|
A|----->3-- 4-- 6-----|
E|-->3-- 4-- 6-----|

```

Position 4 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```

e|----- 6-- 8-- 9--|
B|----- 6-- 8-- 9-----|
G|----- 5-- 6-- 8-----|
D|----- 5-- 6-- 8-----|
A|----- 6-- 8--10-----|
E|-- 6-- 8-- 9-----|

```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```

e | -- 9-- 8-- 6-----|
B | ----- 9-- 8-- 6-----|
G | ----- 8-- 6-- 5-----|
D | ----- 8-- 6-- 5-----|
A | -----10-- 8-- 6-----|
E | ----- 9-- 8-- 6--|

```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```

e | -----6h8--| --8p6-----|
B | -----6h8--| -----8p6-----|
G | -----5h6--| -----6p5-----|
D | -----5h6--| -----6p5-----|
A | -----6h8--| -----8p6-----|
E | -----6h8--| -----8p6--|

```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e | -----|
B | -----|
G | ----- 5--|
D | ----- 5-- 6-- 5-- 6-- 8-- 6-- 8--|
A | ----- 6-- 8-- 6-- 8--10-- 8--10--10--|
E | -- 6-- 8-- 9-- 8-- 9-- 9--|

e | ----- 6-- 8-- 6-- 8-- 9--|
B | ----- 6-- 8-- 6-- 8-- 9-- 8-- 9--|
G | ----- 5-- 6-- 5-- 6-- 8-- 6-- 8-- 8--|
D | -- 8--|
A | -----|
E | -----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e | -----|
B | ----- 6-- 8--|
G | ----- 5-- 5-- 6-- 8-- 6-- 8--|
D | ----- 5-- 6-- 5-- 6-- 8-- 8--|
A | ----- 6-- 8--10-- 8--10--|
E | -- 6-- 8-- 9-- 9--|

e | ----- 6-- 8-- 9--|
B | -- 6-- 8-- 9-- 9--|
G | -----|
D | -----|
A | -----|
E | -----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e | ----- 6-- 8-- 9--|
B | ----- 6-- 8-- 9--|
G | ----- 5-- 6-- 8--|
D | ----- 5-- 6-- 8--|
A | ----- 6-- 8--10--|
E | -- 6-- 8-- 9--|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```
e |-----U6--D8--U9--|
B |-----D6--U8--D9--|
G |-----U5--D6--U8--|
D |-----D5--U6--D8--|
A |-----U6--D8--U10-----|
E |--D6--U8--D9-----|
```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```
e |----->6-- 8-- 9--|
B |----->6-- 8-- 9--|
G |----->5-- 6-- 8--|
D |----->5-- 6-- 8--|
A |----->6-- 8--10-----|
E |-->6-- 8-- 9-----|
```

Position 5 Exercises

Ascending Run

Build fretboard familiarity by running the full position from low to high.

```
e |-----8-- 9--11--|
B |-----8-- 9--11-----|
G |-----8--10--12-----|
D |-----8--10--11-----|
A |-----8--10--11-----|
E |--8-- 9--11-----|
```

Descending Run

Reverse the pattern to develop equal fluency in both directions.

```
e |--11-- 9-- 8-----|
B |--11-- 9-- 8-----|
G |--12--10-- 8-----|
D |--11--10-- 8-----|
A |--11--10-- 8-----|
E |--11-- 9-- 8-----|
```

Legato (h=hammer-on, p=pull-off)

Develop hammer-on and pull-off technique for smooth, connected phrasing.

```
e |-----8h9--| --9p8-----|
B |-----8h9-----| -----9p8-----|
G |-----8h10-----| -----10p8-----|
D |-----8h10-----| -----10p8-----|
A |-----8h10-----| -----10p8-----|
E |--8h9-----| -----9p8--|
```

Sequence in 3s

Train your ear and fingers to break out of linear scale runs into musical patterns.

```

e |-----|
B |-----|
G |----- 8--|
D |----- 8----- 8--10-- 8--10--11--10--11--|
A |----- 8----- 8--10-- 8--10--11--10--11-----11-----|
E |-- 8-- 9--11-- 9--11-----11-----|

e |----- 8----- 8-- 9-- 8-- 9--11--|
B |----- 8----- 8-- 9-- 8-- 9--11-- 9--11-----11-----|
G |----- 8--10-- 8--10--12--10--12-----12-----|
D |--11-----|
A |-----|
E |-----|

```

Sequence in 4s

Expand sequencing to four-note groups for more complex melodic vocabulary.

```

e |-----|
B |----- 8-- 9--|
G |----- 8----- 8--10--12--10--12-----|
D |----- 8--10-- 8--10--11-----11-----|
A |----- 8----- 8--10--11--10--11-----|
E |-- 8-- 9--11-----11-----|

e |----- 8----- 8-- 9--11-----|
B |-- 8-- 9--11-----11-----|
G |-----|
D |-----|
A |-----|
E |-----|

```

String Skipping (E-G, A-B, D-e)

Build accuracy jumping across wide intervals – essential for modern lead playing.

```

e |----- 8-- 9--11--|
B |----- 8-- 9--11-----|
G |----- 8--10--12-----|
D |----- 8--10--11-----|
A |----- 8--10--11-----|
E |-- 8-- 9--11-----|

```

Alternate Picking (D=down, U=up)

Develop consistent down-up pick attack and rhythmic precision at any tempo.

```

e |-----U8--D9--U11--|
B |-----D8--U9--D11--|
G |-----U8--D10--U12--|
D |-----D8--U10--D11--|
A |-----U8--D10--U11--|
E |--D8--U9--D11-----|

```

Triplet Grouping (> = accent)

Internalize triplet grouping to add rhythmic variety and swing feel to your lines.

```

e |----->8-- 9--11--|
B |----->8-- 9--11-----|
G |----->8--10--12-----|
D |----->8--10--11-----|
A |----->8--10--11-----|
E |-->8-- 9--11-----|

```