Example - Markdown as IDE Top Level

```
ex3.md
# grok...
                      (Markdown Fly ElDc
     ex3.md
FOLDED
```

Example - Markdown as IDE Level 1 - Expand Grok

```
ex3.md
# grok
number <- [0-9]+
sum <- prod ('+' sum)?
prod <- number ('*' prod)?
## emit...
U:--- ex3.md
                                   (Markdown Fly ElDc
                       All L1
CHILDREN
```