

RESTful API Security

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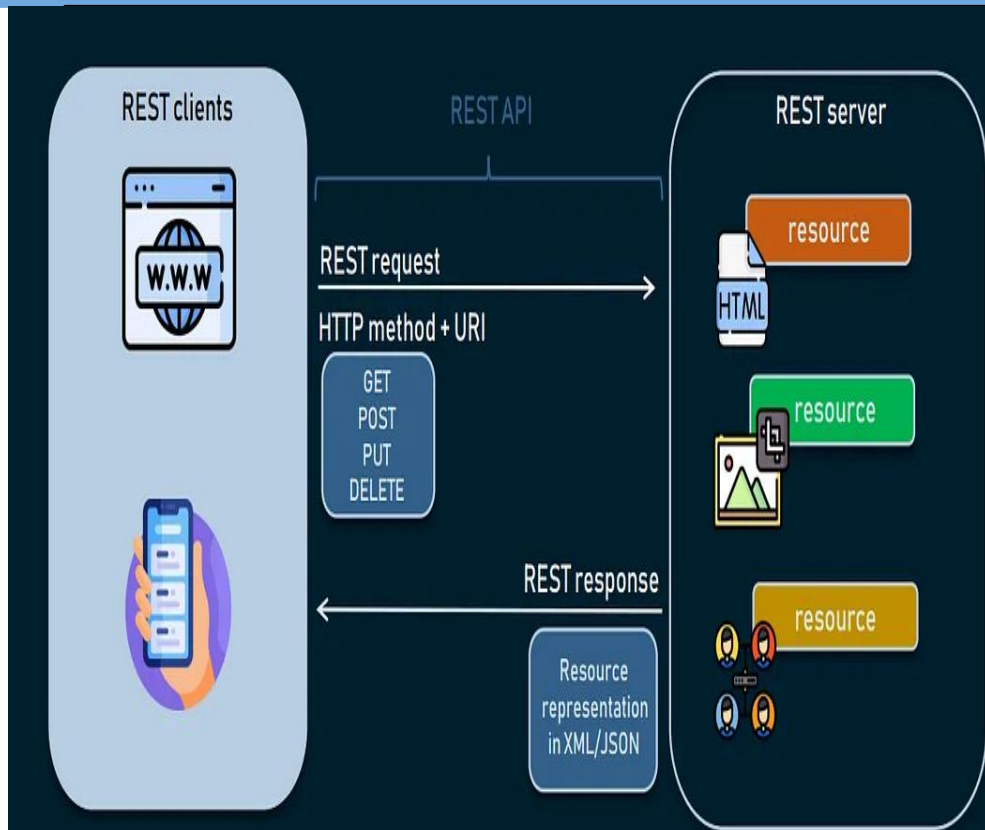
**Under The Guidance :
Professor P. Santhi Thilagam**

Overview

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Introduction

- **REST API** stands for **Representational State Transfer API**. It is a type of API (Application Programming Interface) that allows communication between different systems over the internet.
- APIs are the backbone of modern applications, enabling seamless communication between services, platforms, and devices.
- If APIs aren't properly secured, hackers can use them to **steal data or break into systems**.



RESTful API Architecture

1. **Client and Server Model :**

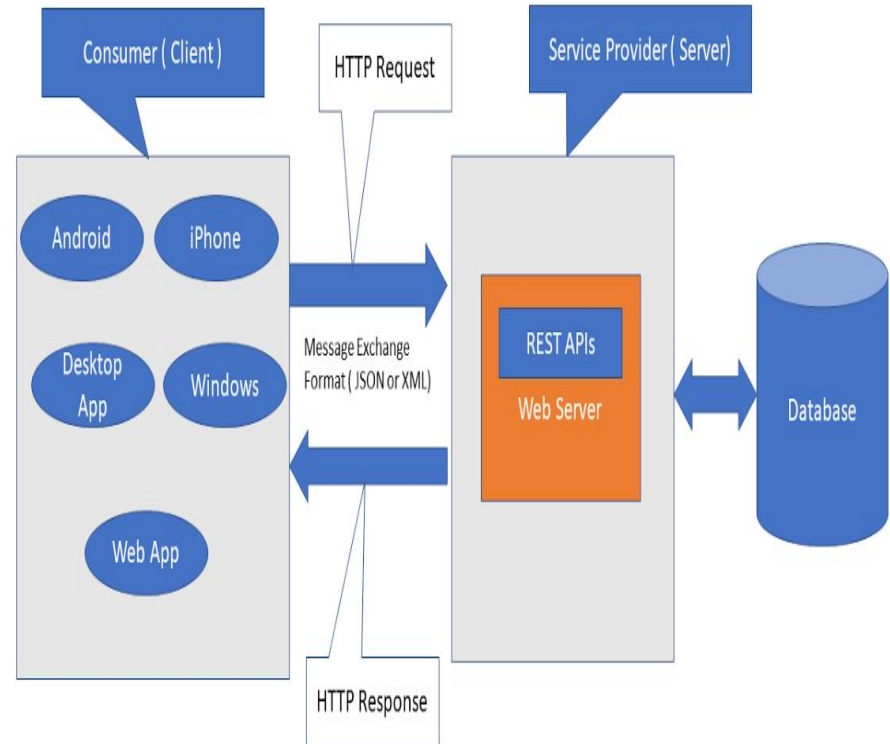
The client (like a phone or browser) sends a request, and the server replies with the data.

2. **Stateless Communication :**

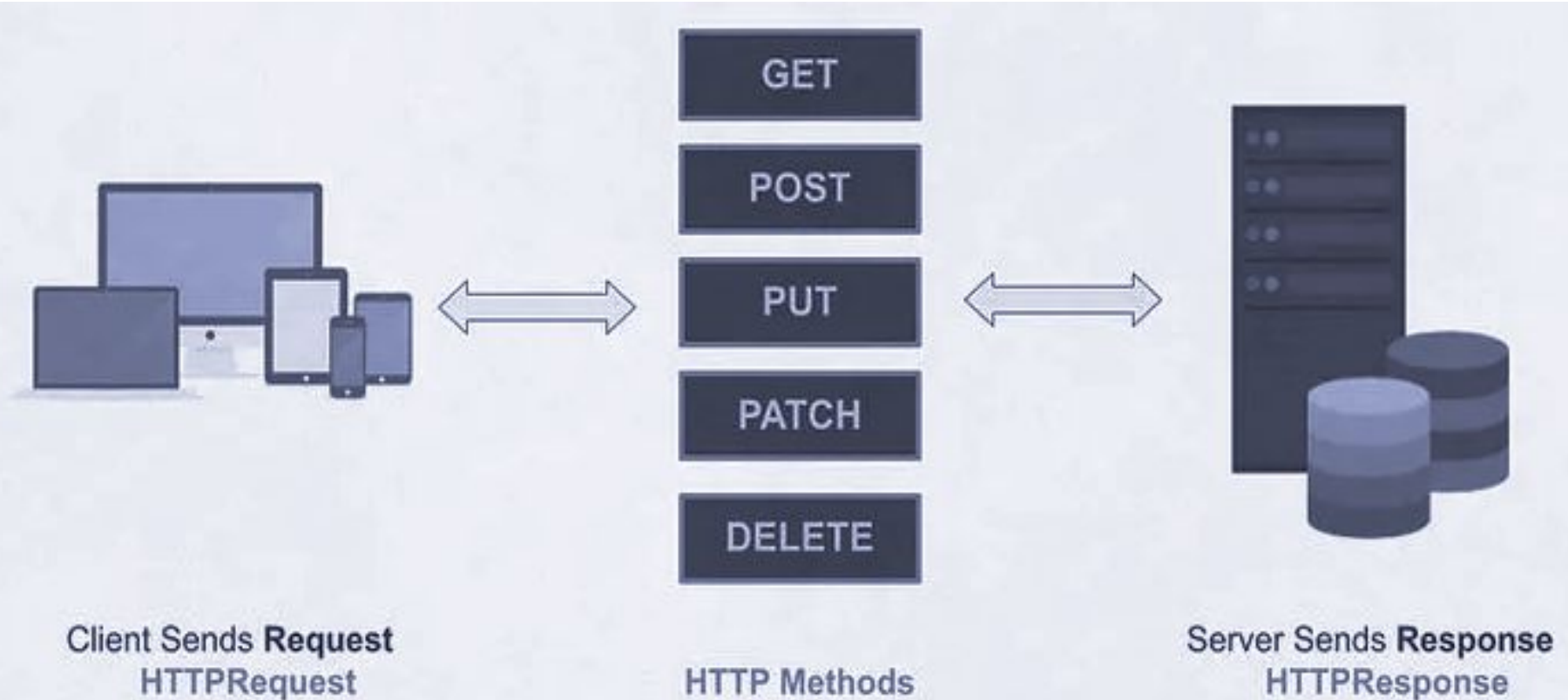
Each request from the client must contain all the info the server needs — it doesn't remember past requests.

3. **Use of HTTP Methods :**

REST APIs use common web actions like GET (to read), POST (to send), PUT (to update), and DELETE (to remove data).



HTTP Methods and Status Codes



HTTP Methods and Status Codes

Each method tells the API what action to perform, and the status code shows if it worked or failed.

HTTP Method	Action	Example Endpoint	What it Does
GET	Fetch all patients	<code>/patients/</code>	Returns a list of all patients
GET	Fetch one patient	<code>/patients/5</code>	Returns details of patient with ID = 5
POST	Create a new patient	<code>/patients/</code>	Adds a new patient to the system
PUT	Update patient info	<code>/patients/5</code>	Updates info of patient with ID = 5
DELETE	Delete a patient	<code>/patients/5</code>	Deletes patient with ID = 5

HTTP Methods and Status Codes

Status Code	Meaning	In Our Patient API - Action
200 OK	Success	Data fetched, updated, or deleted successfully
201 Created	New resource added	New patient was created and added to the database
400 Bad Request	Input is invalid	Missing or incorrect data (e.g. empty name or age field)
401 Unauthorized	Not logged in or invalid	Accessing a protected route without token (if auth used)
404 Not Found	Resource doesn't exist	Patient with the given ID doesn't exist
500 Server Error	Internal crash	Server error like DB crash or unhandled exception

RESTful API Implementation

- **Tech Stack:**

Programming Language : **Python**

Libraries and Tools : FastAPI, Pydantic for data validation, Uvicorn, Render for deployment

- **Key Features:**

1. Create, Read, Update, Delete (CRUD) for Patient data

2. Input validation using Pydantic as python is dynamically type language

3. API Documentation with Swagger UI

- **Live Demo Link:**

<https://patient-api-zo4v.onrender.com>

Implementation Snapshots

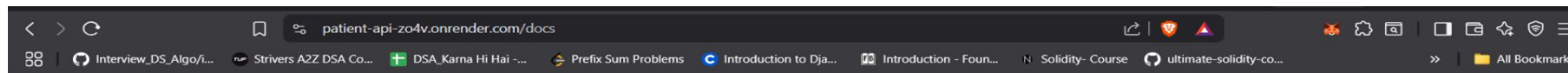
Patient API is live and hosted on Render at: <https://patient-api-zo4v.onrender.com>

The screenshot shows the Render dashboard for a service named 'patient-api'. The interface is dark-themed. On the left is a sidebar with navigation options: Dashboard, patient-api (selected), Events, Settings, MONITOR (Logs, Metrics), and MANAGE (Environment, Shell, Scaling, Previews, Changelog, Invite a friend, Contact support, Render Status). The main content area for 'patient-api' shows it is a 'WEB SERVICE' running on 'Python 3' with a 'Free' plan. It includes buttons for 'Connect', 'Manual Deploy', and 'Upgrade your instance'. Below this, a purple banner states: 'Your free instance will spin down with inactivity, which can delay requests by 50 seconds or more. Upgrade now'. A 'Filter' button shows 28 items. The deployment history table contains three entries:

Status	Event	Time
✓	Deploy live for ae1d405 : restore previous database	July 14, 2025 at 8:33 PM
📶	Deploy started for ae1d405 : restore previous database New commit via Auto-Deploy	July 14, 2025 at 8:32 PM
▶	Resumed by you	July 14, 2025 at 2:05 PM

Implementation Snapshots

The interactive Swagger documentation displays all available Patient API endpoints with HTTP methods.



FastAPI 0.1.0 OAS 3.1

/openapi.json

default

GET /about

GET /view View

GET /patient/{patient_id} View Patient

GET /sort Sort Patients

POST /create Create Patient

PUT /edit/{patient_id} Update Patient

DELETE /delete/{patient_id} Delete Patient

Implementation Snapshots

GET /sort Endpoint : This endpoint allows sorting patient data by height, weight, or BMI using query parameters.

GET

/sort Sort Patients

^

Parameters

Cancel

Name	Description
sort_by <small>★ required</small> string <small>(query)</small>	Sort patients by height, weight, or bmi <input type="text" value="height"/>
order string <small>(query)</small>	Sort order: asc or desc <input type="text" value="asc"/>

Execute

Clear

Implementation Snapshots

Sort API Response Example : /sort endpoint showing patients sorted by height in ascending order.

The screenshot shows a web browser window with the URL `patient-api-zo4v.onrender.com/docs#/default/sort_patients_sort_get`. The page displays the API documentation for the `/sort` endpoint.

Curl

```
curl -X 'GET' \
  'https://patient-api-zo4v.onrender.com/sort?sort_by=height&order=asc' \
  -H 'accept: application/json'
```

Request URL

```
https://patient-api-zo4v.onrender.com/sort?sort_by=height&order=asc
```

Server response

Code **Details**

200

Response body

```
{
  {
    "name": "Neha Sinha",
    "city": "Kolkata",
    "age": 30,
    "gender": "female",
    "height": 1.55,
    "weight": 75,
    "bmi": 31.22,
    "verdict": "Obese"
  },
  {
    "name": "Sneha Kulkarni",
    "city": "Pune",
    "age": 22,
    "gender": "female",
    "height": 1.6,
    "weight": 45,
    "bmi": 17.58,
    "verdict": "Underweight"
  },
  {
    "name": "Ananya Verma",
    "city": "Guwahati",
    "age": 28,
    "gender": "female",
    "height": 1.65,
    "weight": 70,
    "bmi": 25.93,
    "verdict": "Overweight"
  }
}
```

Response headers

Authentication & Authorization

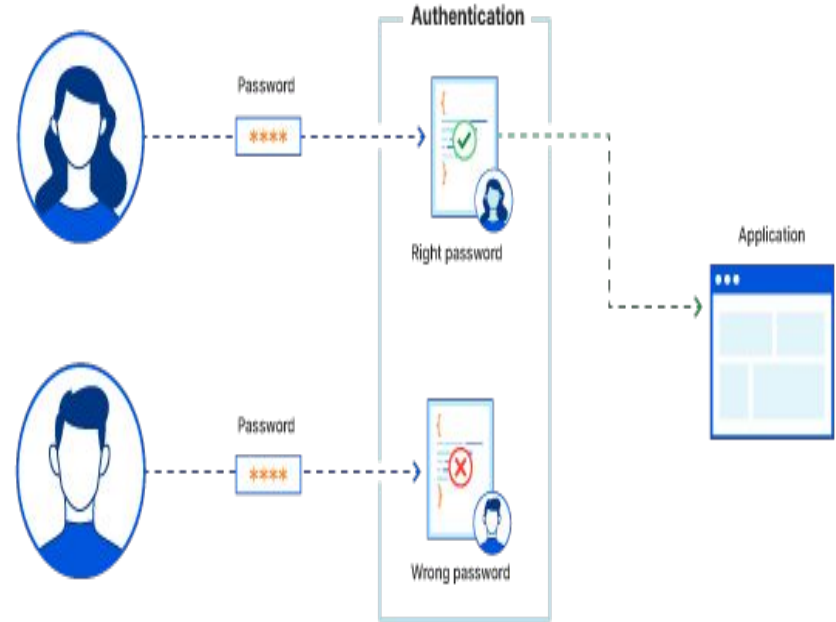
- **Authentication :**

Authentication is an important part of identity and access management (IAM), which dictates who can view data and what they can do with it.

- **Authorization :**

Authorization is concerned with permissions, or what someone is allowed to do once they gain access to a protected system or resource.

They protect our RESTful API from unauthorized access and misuse.

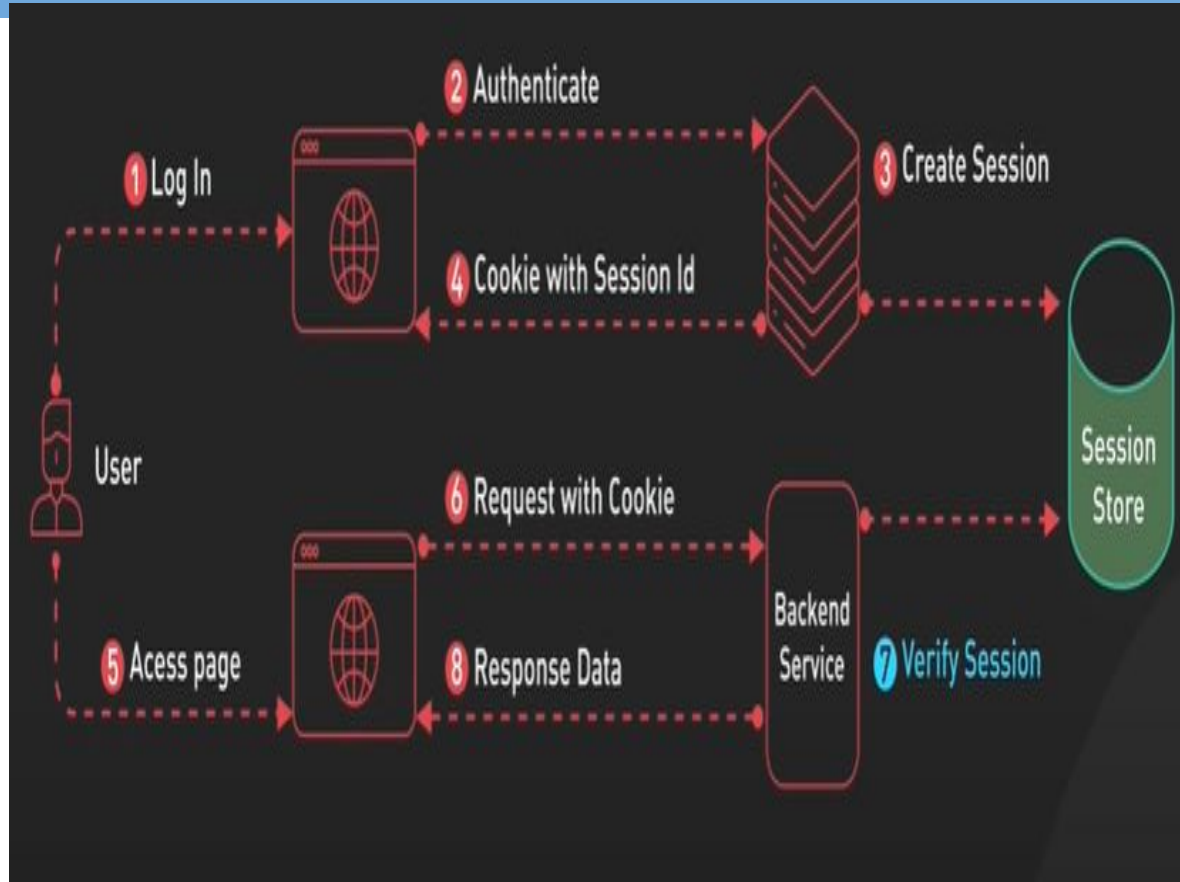


Session-Based Authentication

- **Working:**

1. When a user logs in, the server creates a **session** and stores it (usually in memory or a database).
2. The server sends a session ID to the user's browser, which is stored as a cookie.
3. For every request, the browser automatically sends the session ID, and the server uses it to identify the user.

It is for websites because it's simple and browser-friendly, but it struggles with scalability and doesn't work well for stateless APIs or mobile apps

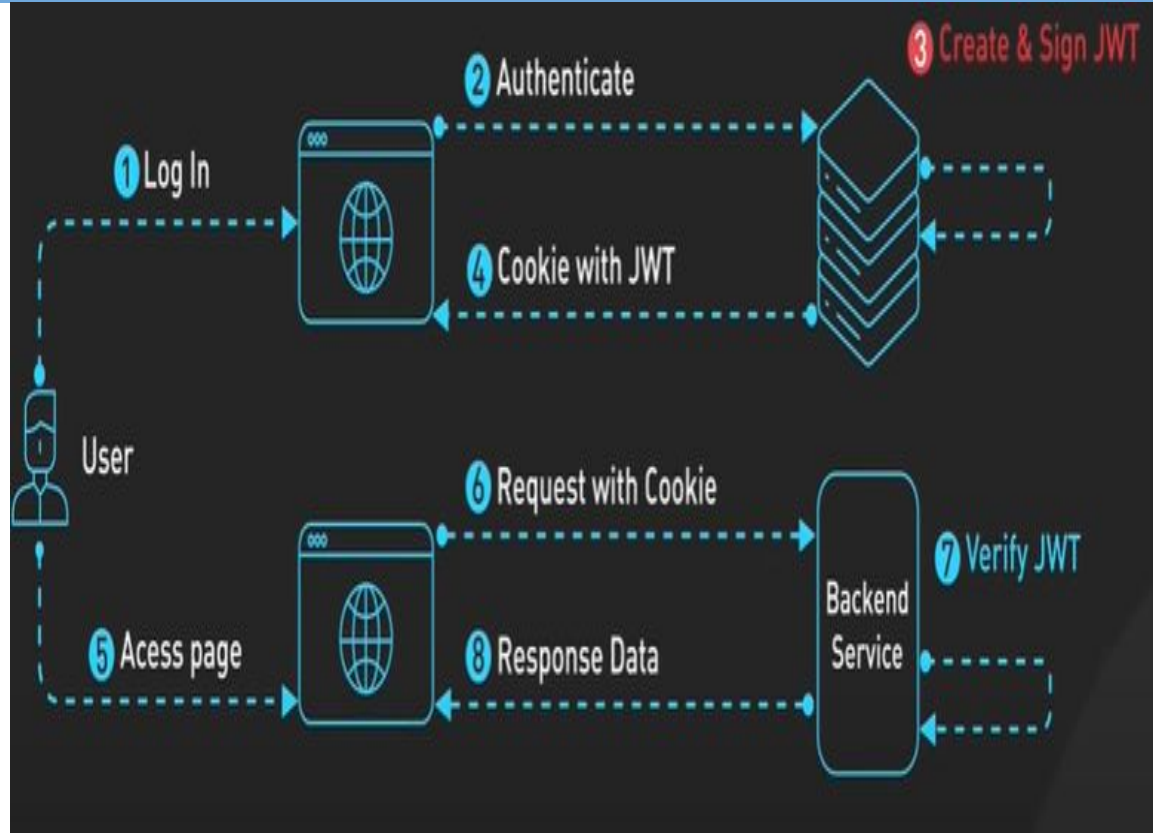


JWT-Based Authentication

- **Working:**

1. When a user logs in, the server generates a **JWT (JSON Web Token)** and sends it to the client.
2. The client stores this token (usually in localStorage or memory).
3. The token is sent with every request (in the header), and the server verifies it.

JWT is perfect for APIs and mobile apps because it's stateless and scalable, but harder to revoke access of the user (token expiry mechanism).



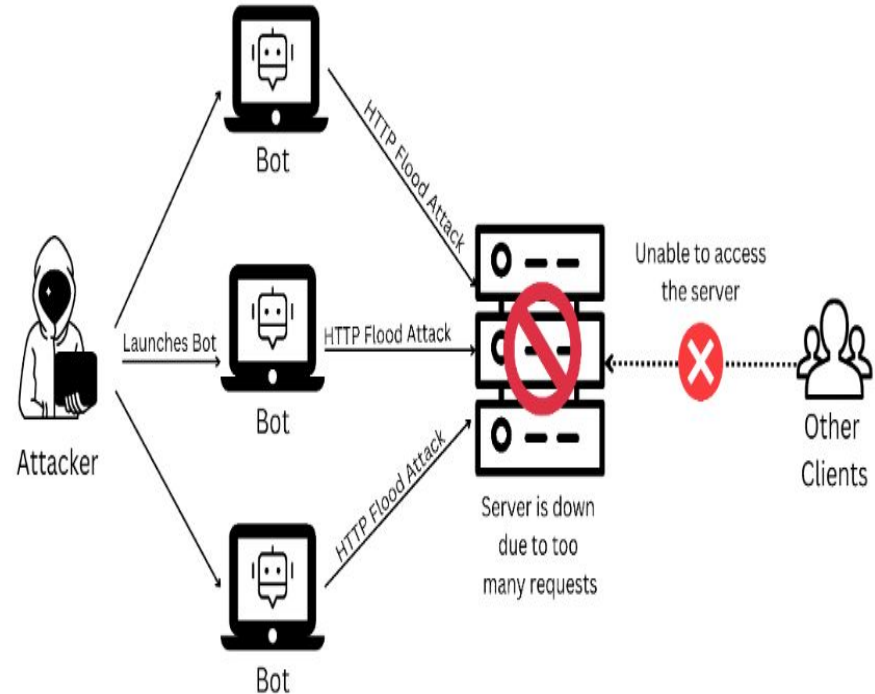
Distributed Denial of Service (DDoS) Attacks:

- **Working:**

1. **Botnet Setup:** Attackers infect multiple devices to create a botnet.
2. **Flood of DNS Queries:** The botnet sends overwhelming requests to the target server.
3. **Resource Overload:** The server becomes overloaded, depleting its resources.
4. **Service Outage:** Legitimate users are denied access as the server fails to respond.

- **Potential Impacts:**

The attack can cause service disruption, downtime, revenue loss, and network congestion.



RRL - Response Rate Limiting

RRL, or Response Rate Limiting, is an enhancement which serves as a mitigation tool for the problem of **amplification attacks**.

Algorithm :

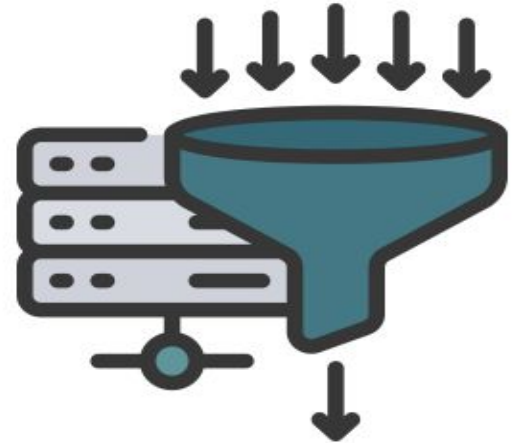
RRL is an algorithm that limits the number of responses a server sends to a particular client in a specific timeframe.

How it works:

When the server detects that too many responses are being sent to a single source (potentially from spoofed requests), it throttles or blocks further responses. This reduces the effectiveness of amplification by limiting the number of large responses.

RRL - Response Rate Limiting

Initial token count is 3



Token Bucket

Conclusion :

- **Understood how RESTful APIs working** — including HTTP methods, status codes, and how their clients and servers architecture.
- **Learn to built and deployed** my own Patient API — using FastAPI, with Swagger UI for testing and Render for live hosting.
- **Explored and implemented JWT Authentication** — to protect sensitive endpoints and control access using tokens.
- Gained hands-on understanding of common API security threats and how to protect APIs using input validation, authentication and rate limiting.

References :

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THANK

YOU

