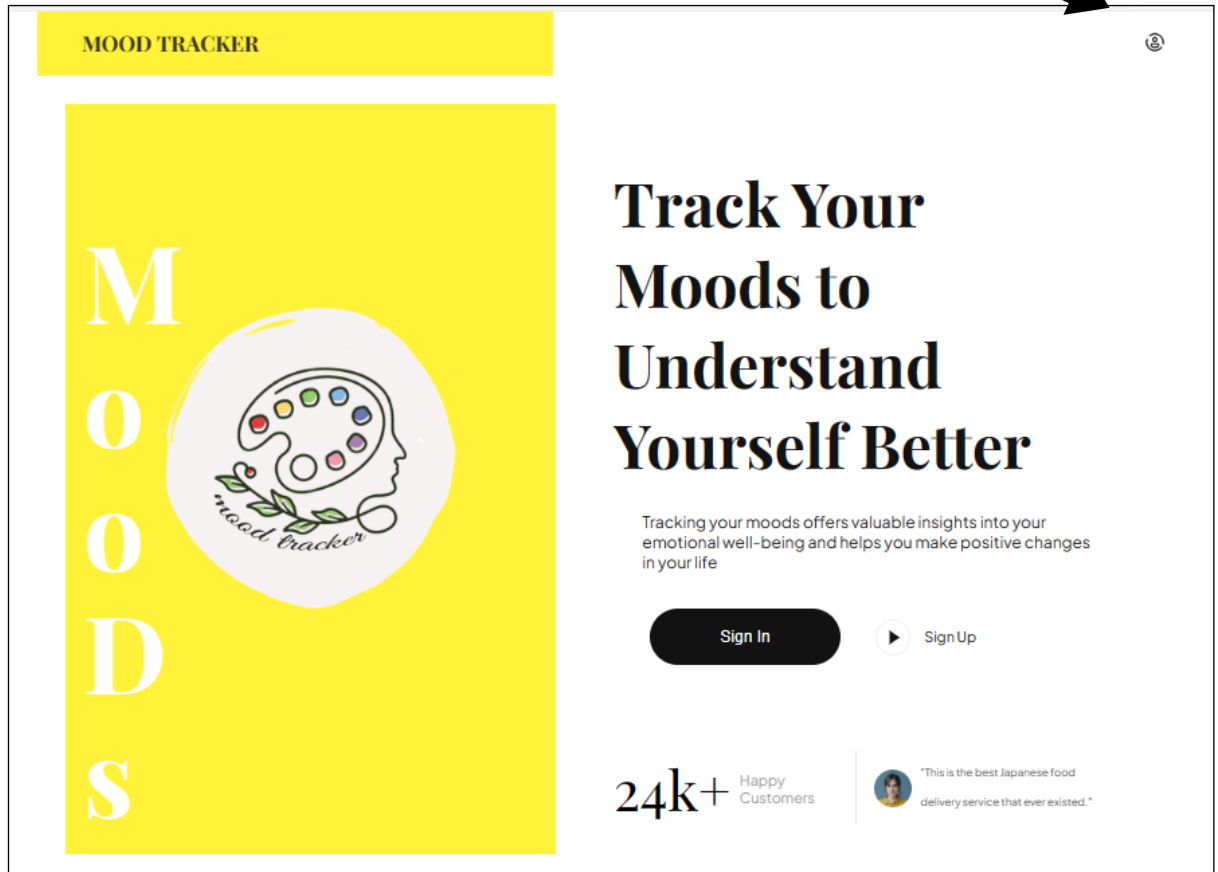


USER MANUAL.

- **User.**

User and admin could sign in or register by clicking on this icon.



On this page, this is what the user users and admin see if they haven't sign into their account yet.

USER LOGIN

Username:

Password:

Login

Reset

Don't have an account? Sign up
Confused? Click Here
If you're an admin Here

This is some information on what to do for the users such like if they don't have an account, confused, or they are an admin.

This is the user login page. It is for them to insert their account details such as their username and their password. Then, they will have to click on the “Login” button to completely log into their own account. If they would like to erase the things they have type out, they will also have to click the “Reset” button.

MOOD TRACKER

ABOUT US

REGISTER USER

*required field

Password*:

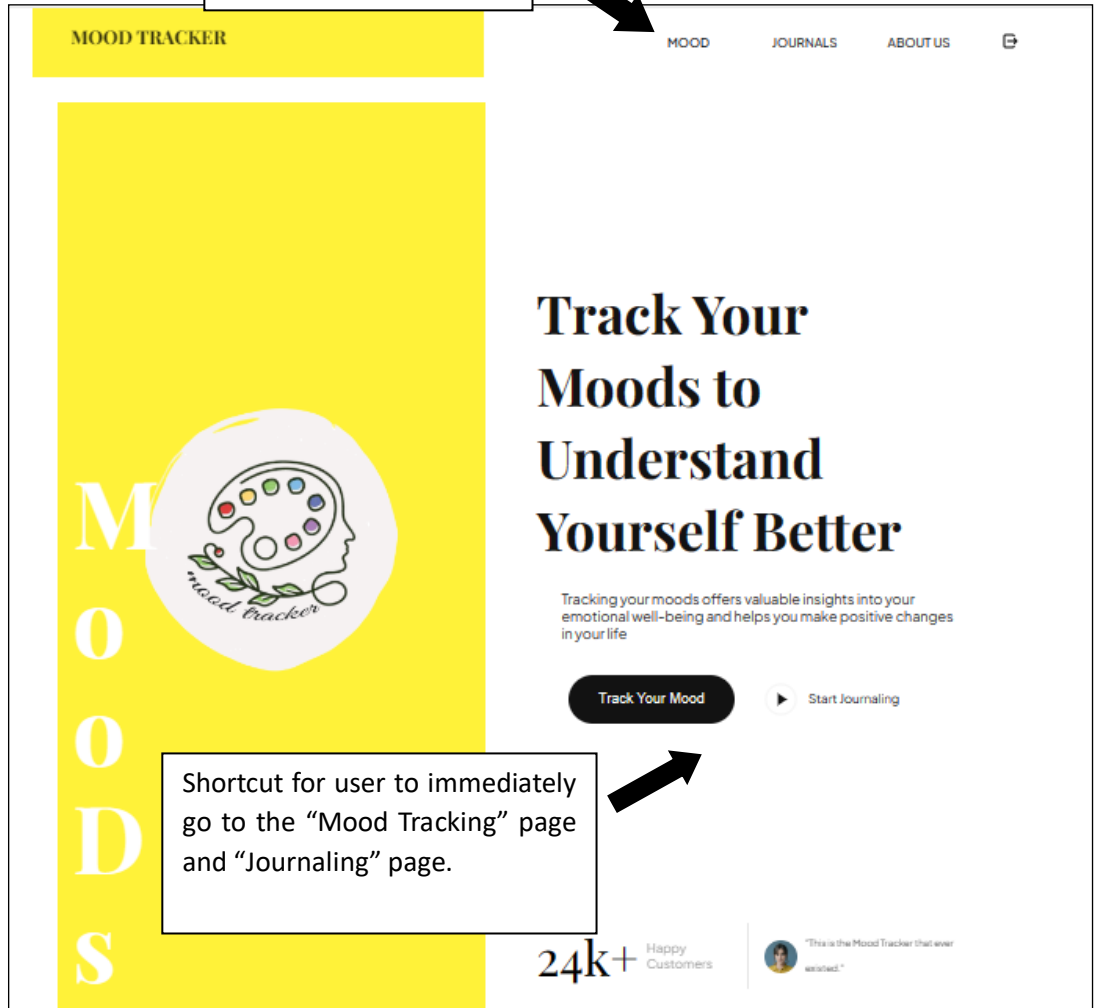
Full Name*:

Email*:

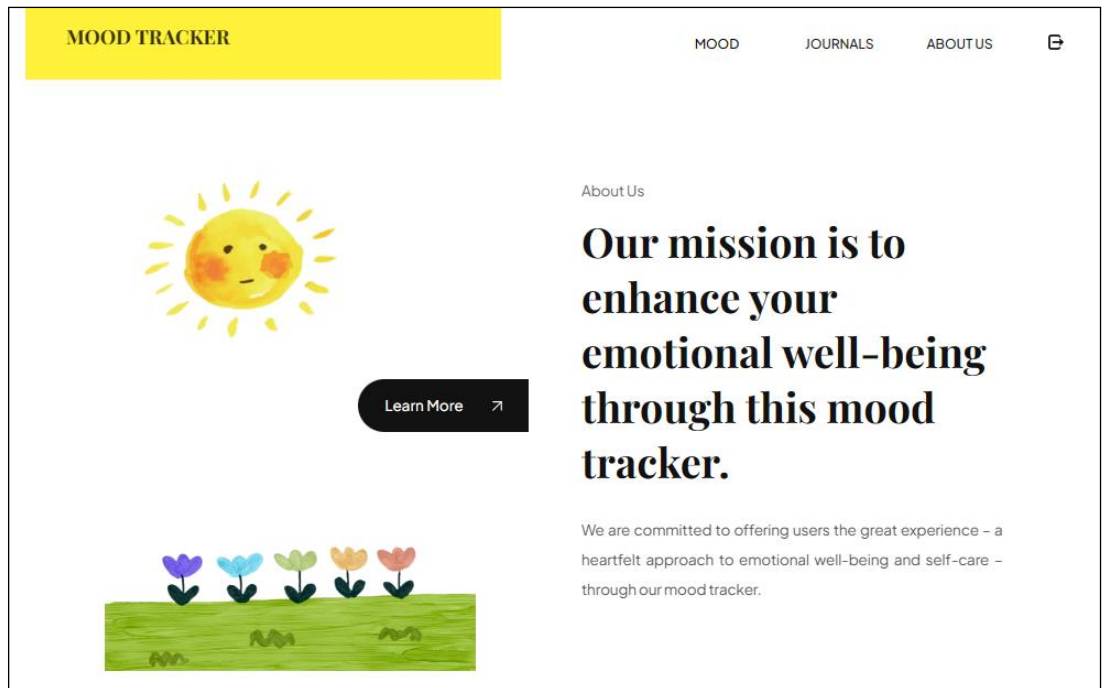
Username*:

Here is the page if the user decided to register for an account. All they have to do is put in their password, full name, email, and username. Then, they only have to click the “Register” button. If they would to do it all over again, they only have to click the “Reset”.

Navigation bar for the users



Shortcut for user to immediately go to the "Mood Tracking" page and "Journaling" page.



This is the “About Us” page. It is so that the users can learn more about this web application.

MOOD TRACKER MOOD JOURNALS ABOUT US

Search

Entry Date:

search

JOURNALS

2023-05-23
today, i feel very tired and it hurts to even type this out but it is what it is

2023-09-12
salam guys, today i did nothing productive other than playing games :D

2023-09-16
i feel really sick... i might puke

2023-09-16
i played with cat, mawi, today

Search function so that user can search for a certain journal entry by the date.

This is the “Journaling” page. This page is where user can see plethora of journal entries by other users. It is completely anonymous so that the user can feel safe to let out their thoughts without feeling judged.

MOOD TRACKER MOOD JOURNALS ABOUT US

CHOOSE YOUR MOOD FOR THE DAY!

*required field

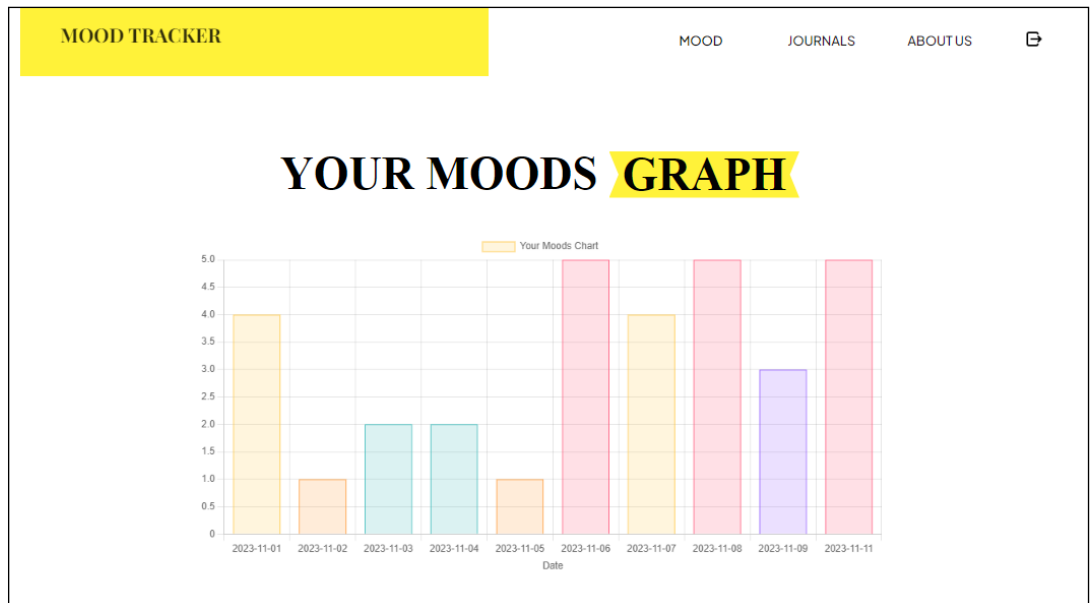
Username*:

Date*:

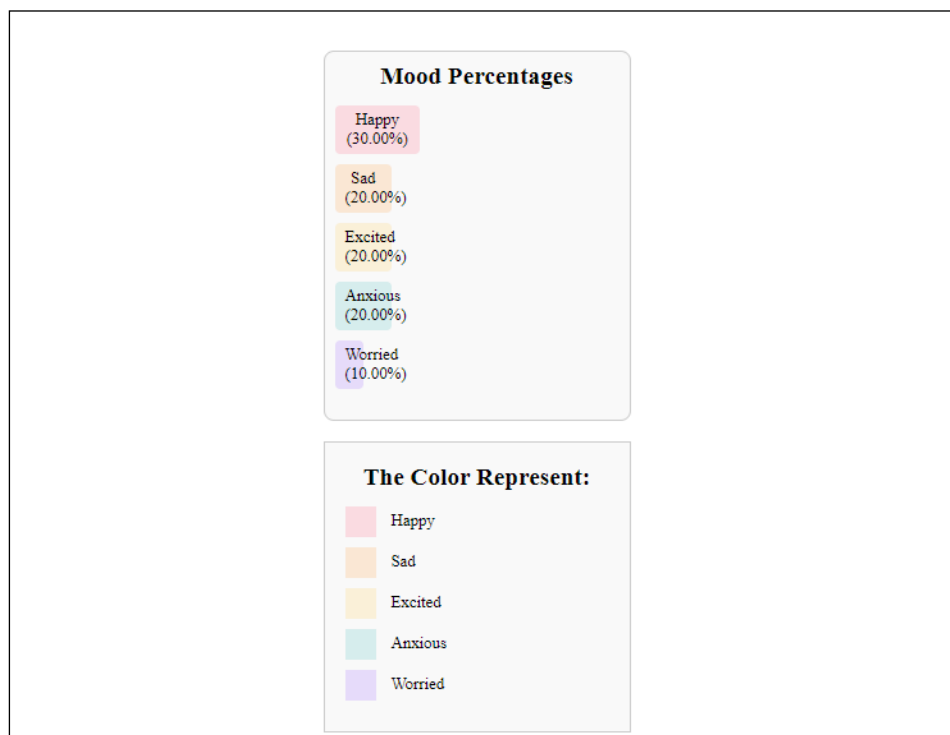
Choose Your Mood:

submit

This is where users could submit their mood for the day. They would have to enter their username, date, and the mood they feel for that date. Lastly, they would have to click the “Submit” button.





This is the “Mood Graph” page. Its purpose is to let the users to visually track and analyze their mood trends over time.




This is more information for users regarding the “Mood Graph” page.

Actions for High Emotions:



Sad - Take a break, talk to a friend, or engage in activities you enjoy.


Anxious - Practice deep breathing, mindfulness, or consider seeking professional help.



Worried - Break down tasks into manageable steps, seek support, or focus on positive aspects.

Here, users could read some informations or some guidance on what to do if certain emotions like sad, anxious, and worried are high.

MOOD TRACKER

MOOD JOURNALS ABOUT US 

WRITE YOUR JOURNAL



submit

This is where users can submit their anonymous journal entry by entering the journal's date and their thoughts. Lastly, click the "Submit" button.

- **Admin.**

ADMIN LOGIN

Admin Name:

Password:

Login

Reset

Dont have an account? Sign Up
Confused? Click Here

This is the where the admin log into their account. They have type in their name and password. Lastly, they need to click the “Login” button. Click the “Reset” button if they would like to type their details all over again.

MOOD TRACKER MANAGEMENT SYSTEM

ADMINUSERSJOURNALSLOGOUT

Navigation bar for admins

Search admin record

Admin Name:

search

Search function for admin to search other admins.

Admin ID	Admin name	Admin Phone No	Admin Email	Action
4	mawi	016-6023510	mawi5@gmail.com	delete update
5	amir	016-6023512	amir4@gmail.com	delete update
6	ana	016-6023232	ana123@gmail.com	delete update

This is where admins could go through other admins' information. They could delete and update the information. They could also search for a certain admin.

MOOD TRACKER MANAGEMENT SYSTEM

ADMINUSERSJOURNALSLOGOUT

Search user record

User Name:

search

This is where the admin could search for another user.

User ID	User name	User Email	Username	Action
6	suu	su6@gmail.com	culaiha	delete update
8	Ain izzaty	izzatyain5@gmai	gumangs	delete update
9	asmawi	asmawil@gmail.c	asmawang	delete update

This is where admins could go through other user' information. They could delete and update the information. They could also search for a certain user.

MOOD TRACKER MANAGEMENT SYSTEM

ADMINUSERSJOURNALSLOGOUT

Search journal record

Entry Date:

search

Search function for admin to search another journal.

Journal ID	Journal's Date	Journal	Action
4	2023-05-23	today, i feel very tired and it hurts to even type this out but it is what it is	delete
5	2023-09-12	salam guys, today i did nothing productive other than playing games :D	delete
6	2023-09-16	i feel really sick... i might puke my guts out after typing this journal... pray for this user guys...	delete
7	2023-09-16	i played with cat, mawi, today because he just lost his friend to parvo so i want to accompany him always :)	delete

This is where admins could go through other user' information. They could delete the entire journal entry. They could also search for a certain journal entry.