



# Sneha Sandhya AGE CARE FOUNDATION

- Honouring the Dignity of Life

## News Letter



### FROM THE CHAIRMAN



Greetings from Sneha Sandhya Age Care Foundation.

It gives me immense pleasure and happiness to share with you, the progress being made in our mission of caring for the elderly and the seriously ill. When the Bhoomi Pooja was performed for the Integrated Geriatric & Palliative Care Centre, in Aug 2022, we have realised that we are not alone in dreaming of this noble project which will be the first of its kind in the state. As the foundation stone was laid in the land generously provided by Free Polio Surgical & Research Foundation, the spontaneous and kind hearted support from many of you has strengthened our resolve. It has made us all the more determined to make this a landmark health care facility to serve the society.

Much more needs to be done in reaching the goal, for which we need your continued support. I take this opportunity to express my sincere gratitude to all the donors who have contributed to the building fund and commend the excellent team work of all the trust members for their contribution of money, service, time and talent in working for the mission. I need to make a special mention of the tireless efforts of our Managing Trustee Dr.N.S.Raju for his skilful co-ordination in taking this project forward and the invaluable work of Sri.O.Naresh Kumar, as Chairman of fund raising committee, in mobilising donors and garnering support for the project.

The journey has been an eventful one with the services of Age Care Foundation expanding manifold in the specialised domain of Palliative & Geriatric Health Care. It has been ten years of impactful service for which Age Care Foundation has been conceived by a group of senior citizens in the year 2012 under the aegis of Sneha Sandhya.

I am confident that with all your support, Age Care Foundation will herald a new era in health care for the elderly and the seriously ill. Our newsletter will give you a few glimpses of our activites and also update you of the progress made in the construction of the health facility.

Wishing you all a very HAPPY & HEALTHY LIFE.

Regards,  
**G Sambasiva Rao**



Read More



## CARING FOR THE ELDERLY AND THE SERIOUSLY ILL

Starting with a couple of out-reach clinics in the year 2012, the services of the foundation are now being availed by around 225 inmates of five old age homes in Visakhapatnam and nearly about 900 patients visiting the geriatric clinics, every month, conducted at eleven locations in and around Visakhapatnam, including tribal/rural areas at Paderu and Chodavaram. Our Geriatric / Palliative home care team conducts around 100 home care visits every month.

The Foundation's in-patient facility i.e. The Hospice, which is presently located in Gayatri Vidya Parishad Hospital, Visakhapatnam is the place of caring for the seriously sick. The palliative care facility adopts a holistic approach in dealing with life limiting illnesses and strives to improve the quality of life of the patients as well as for their family members.



## SERVICE HIGHLIGHTS IN 2022

### Out-reach Clinics

Number of patients served in our out-reach clinics and old age home visits: 8153

### Home Care

Number of Home Care visits: 977 and Virtual Calls (Tele-Medicine): 5931

### Hospice

New Registrations: 195  
Hospice Admissions: 122  
Occupancy: 794 patient days

[Read More](#)



## A NEW ERA IN HEALTH CARE ON THE HORIZON



Some vignettes of the construction in progress



### THE HEALTH CARE FACILITY FROM THE ARCHITECT'S VIEW



[Read More](#)

# THANK YOU FOR ALL THE SUPPORT AND ENCOURAGEMENT

Age Care Foundation thanks all the donors and well-wishers who have been extending their whole hearted support and encouragement all along. Though it will be difficult to list all the names in a newsletter, we would mention and acknowledge a few of them for their generous contribution to our mission of serving the elderly and the seriously ill.



**Dr S V Adinarayana Rao & Dr R Sasi Prabha**  
Free Polio Surgical & Research Foundation



Sri.Divi Madhusudana Rao

Nekkanti Sea Foods Ltd



Sri.Mavuri Venkata Ramana

Sravan Shipping Services P Ltd



Smt.Asoka Kumari



Devi Sea Foods Ltd



Devi Fisheries Ltd

and

Sandhya Marines Ltd., Lotus Wireless Technologies India P.Ltd., Sri.Nateri Kalidas&family, Nalaasha Solutions P.Ltd., R C Bothra Foundation, Lee Pharma, Dr.D.Jogalakshmi, K.Kumar Raja Projects P.Ltd., Aquatica Frozen Foods Global P.Ltd., SVBC Gold, Prof.V.Balamohandas&family, Rao Bahadur Vemur Ranganadham Chetty's Charities, Smt.N.Rajeswari&family(Dr.N.S.Raju), Vysyaraku Jewellers P.Ltd., Divyashakti Ltd., Sri.Vemula Srinivasa Rao&family, Smt.K.Uma Devi&family, Sri.P.V.G.K.Murthy&Family, Sri.Kancharla Ramabrahmam, Sri.K.V.K.Seshavataram, Giriganga Infrasolutions P.Ltd. Dr.M.Saraswathi&family(M.Sridhar Raju), Dr.K.Vishnu Varma, Smt.C.Lakshmi

**Kindness**

*For beautiful eyes,  
look for the good in others;  
for beautiful lips, speak  
Only  
words of kindness;  
and for poise,  
walk with the knowledge  
that you are  
never alone.*

and many more kind hearted individuals / institutions who have come forward to lend a helping hand to the noble endeavour. And last but not the least, the trustees, volunteers and staff who by their commitment and dedication have exemplified the vision and mission for which Age Care Foundation has its genesis.

[Read More](#)

# CREATING AWARENESS ABOUT PALLIATIVE CARE

During February 2023, Age Care Foundation had the privilege of hosting Ms.Gilly Burn, the renowned advocate and pioneer in Palliative Care, from UK, to address a series of awareness sessions at Homi Bhabha Cancer Hospital & Research Centre, Queen's NRI Hospital, Centurion University, ANH&NRI Institute of Medical Sciences, King George Hospital, Visakhapatnam.



Ms. Gilly Burn has been acknowledged internationally as an inspirational role model, palliative care advocate and for her dynamic, charismatic teaching. Her lifelong passion is to strive for excellence in Palliative Care in India, through educational initiatives. In 1989, she was asked by World Health Organization (WHO) to undertake a Palliative Care Needs Assessment in India. As a result of her research for the WHO, she founded Cancer Relief India (CRI) in 1990. Since then, she has been undertaking clinical teaching and delivering lectures all over the globe.

## Palliative Care:

*When you feel the pain of others  
&  
try your best to treat every  
broken aspect  
of a sufferer not a patient*

Dr.Rajat Kaundal

*We cannot change  
the outcome, but we can  
affect the journey*

Ann Richardson

[Read More](#)

# WORLD CANCER DAY - 4TH FEBRUARY

4th February is World Cancer Day and Team-Age Care Foundation participated in the beach walk that was held at Ramakrishna Beach, Visakhapatnam to create public awareness on cancer.



In recognition of the outstanding services in providing care and support to the elderly and the seriously ill, the American Association of Physicians of Indian Origin (AAPI) felicitated Dr.N.S.Raju, Managing Trustee, Age Care Foundation at the Global Health Summit held in Visakhapatnam from 6-8 Jan 2023. It was a proud moment for the entire team of Age Care Foundation.



## A Testimonial:

“ I Have a personal experience with Age Care Foundation. I Happened to find it when we were in need of doctor and nurse, who can visit and give medicines to my wife who is suffering with pain due to multiple tumours around her neck. They are just a call away. They visited my home in next hour and provided necessary medication. To our surprise, doctor also visited us after a couple of days to see my wife and we get regular calls from their team to know how she is feeling. They are taking a lot of care and god bless them for this good initiative and hope this team led by great personalities will continue its service for all needy and make them heal with power in their hands. ”

V. Hanumantha Rao



## Sneha Sandhya Age Care Foundation

Regd. Charitable Trust No.VSP/274/2012

### Regd. Office:

#9-41-31/1, Pithapuram Colony,  
Opp. Maddilapalem Bus Complex  
Visakhapatnam-530 003

### Palliative Care Center:

Gayatri Vidya Parishad Hospital,  
2nd Floor, #6-25, Maridi Valley, Marikavalasa,  
Madhurawada, Visakhapatnam-500 048