

Reminders

Motivational reminders

Work Updates

how close you are to rewards

Time spent on tasks

reminder that you should stay on task

due date reminder

Punishment System

Warnings

Lose points

Cutting off at owner/user discretion

Notifying parent, teacher, etc.

Parents can change time restrictions

Scope of Control

Time limit

Parents

Teachers

Business Owners

Time frames

Reward system

Incentives

Friends

competition

Point System

better rewards when you're more consistently on task

reward point bar so user can track how close they are to next reward

Productivity

To-do list

Calender

Schedule

Task

Break up big projects / assignments

Apps

instagram

tik tok

twitter

snapchat

tinder

Sports apps

shopping apps

Customization

Types of apps

Optional for games too, focused for social media

Sharing information

Notifications

option to restrict usage of streaming services

Optional for music