

Antibacterial effect of carbon dots

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summary

The antibacterial effect of carbon dots (CDs), a novel class of carbon-based nanomaterials, has emerged as a significant area of research in response to the growing crisis of antibiotic resistance. Characterized by their small size and intrinsic photoluminescence, CDs have demonstrated notable efficacy against various pathogens, including and .[\[1\]\[2\]](#) Their unique mechanisms of action—ranging from physical disruption of bacterial membranes to the generation of reactive oxygen species (ROS)—allow them to combat bacterial infections in ways that differ fundamentally from traditional antibiotics.[\[3\]\[2\]](#)

CDs are not only recognized for their antimicrobial properties but are also being investigated for their potential applications in drug delivery and photodynamic therapy. By enhancing the effectiveness of conventional antimicrobial agents through combinations or serving as nanocarriers for targeted drug release, CDs present innovative solutions in the fight against multidrug-resistant bacteria.[\[1\]\[4\]](#) The versatility of CDs extends to environmental applications, where they are utilized in water treatment processes and as sensors for pollutants, further underscoring their broad utility.[\[4\]](#) Despite their promise, the application of CDs raises important considerations regarding safety and the potential for cytotoxic effects, necessitating further research to fully understand their biocompatibility and long-term impacts on human health and the environment.[\[5\]\[6\]](#) As research progresses, carbon dots represent a pivotal advancement in nanomedicine, poised to offer novel strategies for overcoming one of the most pressing challenges in modern healthcare: antimicrobial resistance.[\[2\]\[4\]](#)

History

The exploration of carbon dots (CDs) and their antibacterial properties has gained momentum in recent years, driven by the need for innovative antimicrobial agents. Early studies highlighted the promising antibacterial activity of various carbon-based nanomaterials, including CDs, which demonstrated significant inhibition of bacterial growth against strains such as and .[\[1\]](#) These investigations set the foundation for further research into the mechanisms by which CDs exert their antibacterial effects, including their ability to generate reactive oxygen species (ROS) upon interacting with bacterial membranes.[\[3\]](#)

In subsequent studies, researchers focused on enhancing the effectiveness of CDs by incorporating them with established antimicrobial agents like ciprofloxacin and levofloxacin hydrochloride. These combinations have been shown to exhibit improved stability and cellular uptake, leading to enhanced antimicrobial efficacy compared to free antimicrobial agents alone.[\[2\]\[5\]](#) The versatility of CDs was further demonstrated by their application as nanocarriers, facilitating controlled release of drugs in a pH-responsive manner, which is crucial for targeted therapy in various biomedical applications.[\[1\]](#)

The inherent properties of CDs, such as their biocompatibility and ability to modify surface characteristics, also opened new avenues for their application in drug delivery and as antibacterial surfaces. Notably, the intrinsic antibacterial mechanisms of CDs were categorized into distinct groups, including those that rely on physical interactions and those that utilize photodynamic effects to induce bacterial cell death.[\[6\]\[7\]](#) This categorization has been pivotal in understanding how structural attributes like

charge and hydrophobicity influence the antibacterial performance of CDs, paving the way for the design of more effective antimicrobial strategies.[\[8\]](#)

Mechanism of Action

The antibacterial mechanism of carbon dots (CDs) against bacteria is multifaceted and involves several distinct processes.

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Types of Carbon Dots

Overview

Carbon dots (CDs) are a novel class of nanomaterials characterized by their small size and intrinsic photoluminescence. These properties have led to diverse applications, particularly in the biomedical field, where their antimicrobial properties are being actively explored[\[9\]\[8\]](#).

Classification of Carbon Dots

Carbon dots can be classified based on their synthesis methods and precursor materials.

1. Synthesis Methods

Carbon dots can be synthesized through various methods, which can be broadly classified into two categories: top-down and bottom-up approaches.

1.1 Top-Down Methods

Top-down methods involve breaking down larger carbon materials into nanoscale structures. Techniques such as laser ablation, arc discharge, and electrochemical approaches are commonly utilized. For instance, the antibacterial activity of laser-synthesized carbon dots has shown promise against pathogens like *E. coli* and *S. aureus* [1][10].

1.2 Bottom-Up Methods

Bottom-up methods focus on assembling carbon dots from smaller molecules. This includes techniques like microwave-assisted synthesis, thermal decomposition, and pyrolysis. These methods often allow for better control over the size and surface properties of the resulting carbon dots, impacting their functionality and efficacy in antimicrobial applications [11][2].

2. Precursor Materials

The choice of precursor material also plays a crucial role in determining the properties and applications of carbon dots. Natural sources, such as plant extracts, have gained attention due to their biocompatibility and low toxicity. For example, carbon dots derived from garlic and coriander leaves have been studied for their antioxidant properties and potential use in bioimaging and sensing applications [5][12].

3. Surface Modifications

Surface modifications can enhance the antibacterial and antiviral activities of carbon dots. For instance, cationic curcumin-loaded carbon dots have demonstrated both inhibition of viral entry and replication in cellular models, indicating their potential as therapeutic agents against viral infections [1]. The multifaceted mechanisms of action include disrupting cell membranes and inducing reactive oxygen species (ROS) production, which can hinder bacterial survival without relying on traditional antibiotics [2][8].

Applications

Antimicrobial Properties

Carbon dots (CDs) exhibit significant antimicrobial properties, making them potential candidates for combating microbial infections. They have shown effectiveness against a variety of pathogens, including *E. coli*, *S. aureus*, and *C. albicans* [1]. The rise of antimicrobial resistance (AMR) has rendered conventional antibiotics less effective, necessitating innovative approaches such as CDs to address infections that could otherwise become life-threatening [1].

Drug Delivery Systems

CDs are being explored as carriers for sustained and targeted drug delivery. Their unique physicochemical properties allow for controlled release of drugs, which is beneficial in maintaining therapeutic concentrations over extended periods. For instance,

hollow CDs (HCDs) have been developed to achieve pH-responsive drug delivery, showing varying release profiles of doxorubicin (DOX) at different pH levels.[\[1\]](#) After 80 hours, 74.7% of DOX was released at pH 5.0, compared to only 29.5% at pH 7.4.[\[1\]](#)

Photodynamic Therapy

In addition to drug delivery, CDs have been utilized in antimicrobial photodynamic therapy (aPDT). Studies demonstrate that CDs synthesized from citric acid can effectively reduce bacterial counts in contaminated wounds by using light to activate the antimicrobial properties of the CDs, resulting in a significant reduction in populations.[\[1\]](#) This method represents a promising approach for treating wounds infected with Gram-positive bacteria.[\[4\]](#)

Vaccine Delivery

The application of CDs extends to vaccine delivery systems as well. They can facilitate the targeted delivery of vaccine components, enhancing the overall efficacy of vaccines while minimizing side effects. Smart, stimuli-responsive systems using CDs can release vaccine antigens in a controlled manner, responding to specific physiological changes or external stimuli.[\[1\]](#)

Environmental Applications

Beyond medical applications, CDs have been successfully employed in environmental remediation efforts. They can serve as sensors for heavy metals, pH-sensitive cargo delivery systems, and even as antibacterial agents in water treatment processes. Their multifunctional capabilities highlight their versatility and potential for addressing a wide array of challenges in both healthcare and environmental contexts.[\[4\]](#)

Comparison with Traditional Antibacterial Agents

The use of traditional antibacterial agents, primarily antibiotics, has become increasingly problematic due to the emergence of drug-resistant bacteria and the associated public health risks. Overuse in medical and agricultural practices has led to the rapid development of superbacteria, which are resistant to multiple drugs and pose a serious threat to human health[\[2\]\[3\]](#). Traditional antibiotics often exhibit diminished efficacy at infection sites due to extensive dilution and ineffective delivery methods, which complicates treatment outcomes[\[6\]](#). In contrast, carbon dots (CDs) present a promising alternative with distinct advantages.

Advantages of Carbon Dots

CDs are a new class of nanomaterials characterized by low toxicity, ease of surface modification, and photoluminescence properties, which enhance their potential as antibacterial agents[\[2\]\[3\]](#). Unlike conventional antibiotics, CDs are less likely to contribute to resistance development due to their unique mechanism of action. Their antibacterial activity arises not from inducing reactive oxygen species (ROS) but rather from their high positive charge, which facilitates binding to bacterial cell membranes and disrupts membrane integrity through electrostatic interactions[\[2\]](#).

Efficacy Against Drug-Resistant Strains

Studies have shown that CDs are effective against both non-multidrug resistant and multidrug resistant bacteria, including strains like methicillin-resistant *Staphylococcus aureus* (MRSA)[\[2\]\[4\]](#). The minimum inhibitory concentrations (MIC) of CDs can be significantly lower than those of traditional antibiotics, indicating a greater potency in certain contexts[\[2\]](#). Furthermore, N-doping enhances the antibacterial properties of CDs, making them more effective against Gram-positive and Gram-negative bacteria alike[\[2\]\[4\]](#).

Clinical Implications

The clinical application of CDs offers a synergistic approach to combat antibiotic resistance. By integrating CDs into treatment protocols, particularly in localized therapies, the efficiency of infection control can be substantially improved. The ability of CDs to remain effective even in low concentrations provides an advantage in targeting pathogens without the risk of systemic toxicity commonly associated with traditional antibiotics[\[6\]\[3\]](#).

Recent Research and Developments

Recent studies have highlighted the potential of carbon dots (CDs) as effective antimicrobial agents in combating bacterial and fungal infections, particularly in light of rising antibiotic resistance. Researchers have focused on synthesizing various types of CDs, including nitrogen-doped CDs, metal-containing CDs, and photoresponsive CDs, to enhance their antimicrobial properties and broaden their applications[\[13\]\[14\]](#).

Mechanisms of Antimicrobial Action

CDs exhibit promising antimicrobial activity through several mechanisms, including photodynamic therapy (PDT) and synergistic antibacterial strategies. For instance, nitrogen-doped carbon dots (N-CDs) have been shown to effectively inhibit tumor growth when used in combination with phototherapy agents in hydrogels, offering new strategies for advanced cancer treatments[\[1\]](#). Similarly, in vitro studies have demonstrated that iodine-doped CDs (I-CDs) can selectively target and kill cancer cells, further confirming the potential of CDs in therapeutic applications[\[1\]](#). Moreover, combining CDs with traditional antibacterial agents has shown enhanced efficacy. For example, a study involving the integration of near-infrared emitting CDs with quaternary ammonium compounds achieved over 99% bactericidal efficiency against *Staphylococcus aureus* and *Escherichia coli*[\[6\]\[15\]](#). This innovative approach illustrates the potential of CDs in developing multifunctional antimicrobial platforms.

Applications in Drug Delivery

CDs have also been explored for their capabilities in drug delivery systems. Researchers have developed smart stimuli-responsive drug delivery systems using CDs to release therapeutic agents at controlled rates, thereby minimizing side effects associated with premature drug release[\[1\]](#). For instance, hollow carbon dots (HCDs)

were developed as carriers for the sustained release of doxorubicin (DOX), demonstrating significant control over drug release rates under different pH conditions[1]. This ability to fine-tune drug delivery makes CDs valuable in therapeutic contexts, especially in oncology.

Future Directions

The use of CDs in nanomedicine is still in its early stages, with ongoing research focusing on improving biocompatibility and expanding their application in both antimicrobial and drug delivery contexts. The synthesis of CDs from eco-friendly sources, such as plant materials, is gaining traction, providing an inexpensive and sustainable method for producing these promising nanomaterials[1]. Future studies are expected to explore the optimization of CD formulations and their combination with existing antimicrobial therapies to maximize their therapeutic efficacy while addressing the challenges posed by microbial resistance.

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