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Write a function to see if a binary tree is "superbalanced" (a new tree property we just made up).

A tree is "superbalanced" if the difference between the depths of any two leaf nodes is no greater than one.

Here's a sample binary tree node class:

```
class BinaryTreeNode(object):

def __init__(self, value):
    self.value = value
    self.left = None
    self.right = None

def insert_left(self, value):
    self.left = BinaryTreeNode(value)
    return self.left

def insert_right(self, value):
    self.right = BinaryTreeNode(value)
    return self.right
```