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Atomic force microscopy of starch systems

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Abstract

Atomic force microscopy (AFM) generates information on topography, adhesion, and elasticity of sample surface by touching with a tip. Under suitable experimental settings, AFM can image biopolymers of a few nanometres. Starch is a major food and industrial component. AFM has been used to probe the morphology, properties, modifications, and interactions of starches from diverse botanical origins at both micro- and nano-structural levels. The structural information obtained by AFM supports the blocklet structure of the granules, and provides qualitative and quantitative basis for some physicochemical properties of diverse starch systems. It becomes evident that AFM can complement other microscopic techniques to provide novel structural insights for starch systems.

Keywords: atomic force microscopy; starch, structure, surface, processing, structure-property relationship

Introduction

The atomic force microscopy (AFM) is a type of scanning probe microscopy. Instead of "looking" at the samples, AFM generates high resolution images by 'feeling' the sample surface with a sharp tip (Morris et al., 2010; 2011). The interactions between the tip and sample can be recorded to generate various images of the surface structure. At a specific image point, a force—distance curve at the single-molecule level (force spectroscopy) can be generated from the variations in the sample-tip interaction (Morris et al., 2011). The advantages of AFM over the most other microscopic techniques include high resolution capacity, minimal sample preparation (samples in near-native state), suitability for non-conductive samples, flexible imaging environment (in liquid or gas), and quantification of ultra-small structure (Morris et al., 2010; Liu et al., 2008). Since the invention in 1986, AFM has been a useful tool to probe surface properties of diverse biological materials such as cells and biomacromolecules (Binnig et al., 1986; Morris et al., 2010). During the last two decades, AFM has been extended to include the food systems (Morris et al., 2011).

Starch is a major component of various crops with an un-limited supply. In nature, starch exists as semi-crystalline granules (Pérez & Bertoft, 2010). It is widely used in diverse food and non-food industry in native and modified forms (BeMiller & Whistler, 2010). Understanding the structural basis for starch properties and the changes during starch processing and interactions allows us to better control the product quality, and to design starch systems in a rational manner (Morris et al., 2011; BeMiller & Whistler, 2010). AFM, complementing other microscopies, aids

to achieve these missions in starch applications. At a fundamental level, AFM also has revealed novel features of starch that previously have not been noted by other techniques.

The molecular and granular structures, physicochemical properties, and applications of starch have been reviewed in detail previously (Pérez & Bertoft, 2010; BeMiller & Whistler, 2010). The basics of AFM have also been covered in detail previously (Morris et al., 2010). This review starts with brief overviews on the basics of starch structure and properties as well as the principles of AFM imaging. AFM applications in starch structure, properties, modifications, and interactions are summarised. Examples using AFM-based force spectroscopy for starch systems are also provided. AFM images are selectively provided for better illustration.

Overview of starch structure

Starch is among the mostly-occurred natural carbohydrate polymers. On the molecular level, amylose and amylopectin are the two major chemical components. Amylose is mostly linear and smaller than the branched amylopectin. On the granular level, Starch granules are semicrystalline with a size ranging from $\sim 1-100~\mu m$, depending on the source. The granules are composed of semi-crystalline spherical blocklets with a size of 10–500 nm in diameter, depending on their location in the granules and more on the starch source. On a more subtle level, the granules are built up of alternating amorphous and semi-crystalline growth rings (shells) with a thickness of 100–400 nm (Figure 1). The semi-crystalline shells have a periodicity of $\sim 9-10$ nm with the alternating amorphous and crystalline lamellae. The branching regions of amylopectin are arranged in a clustered fashion, and most contribute to the formation of the amorphous lamellar. The side chains of amylopectin clusters in the form of double helices form

the crystalline lamellae. These double helices are arranged in two specific manners in the granules which are A-type and B-type polymorph. C-type is a blend of A- and B-type polymorph. The amylose component is believed to be distributed in the amorphous regions of the granules (Gallant et al., 1997; Pérez & Bertoft, 2010).

In the presence of heat and water, the granules start to hydrate and swell with some components (mostly amylose) leaching and solubilizing. Further water up-taking and heating facilitate the disruption of crystallites and granules. The dis-ordering process of granular organization is termed gelatinization. When the gelatinized starch is cooled, the dis-ordered starch chains reassociate and re-crystallize. This re-ordering process is termed retrogradation. The gelatinization and retrogradation of starch are crucial for diverse applications, and are sometimes diversified by starch modification (BeMiller & Whistler, 2009). These properties are also determined by the interactions of starch with other components present. Understanding the structural changes during starch processing contributes to a better definition of the structure-functionality relationships, and AFM provides additional structural perspectives.

Overview of AFM principles

AFM images are obtained by measurement of the force on a sharp tip created by the proximity to the sample surface (Binnig et al., 1986) (Figure 2). Starch samples are fixed on freshly-cut surface of mica. During scanning, the movement/deflection of the tip which is fixed on a cantilever spring can be captured by a laser-based device. Recording the change of the deflection by a photon-detector in the course of scanning, a topographic image of sample is plotted. Based on the nature of the interactive force between the tip and sample, major scanning modes of AFM

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include contact dc mode, deflection mode, and non-contact ac mode and tapping ac mode (Morris et al., 2010; Liu et al., 2008). For the contact dc mode, there is direct contact between AFM tip and sample surface, and the interactive force is repulsive in nature. For the ac modes including tapping and non-contact modes, the interactive force between the tip and sample is attractive in nature which is weaker than the repulsive force in the contact mode. Non-contact mode is also referred to as the true non-contact mode where the tip never comes into contact with the sample. In the deflection mode, the gain of the system control loop is set to a lower value to make the response sluggish. Therefore, the image is not noted under a constant force, and a force map of sample is recorded. A variation of this mode is the error-signal mode. For the type of images obtained by AFM, there are three major ones including topography, frictional force (lateral force), and phase imaging. Topography imaging is most used for starch analysis to obtain the height information. The frictional force imaging is about the lateral deflections of the cantilever due to the forces on the cantilever parallel to the plane of the sample surface, and it records the variations in surface friction. Phase imaging records the phase lag between the cantilever oscillation output signal and signal driving the cantilever to oscillate. It can be used to detect the variations in properties such as adhesion and elasticity (Morris et al., 2010). These image types and the above-mentioned modes have both advantages and disadvantages for better image contrast, which depends on specific applications. They can be complementary to each other to obtain additional information. However, because of the high resolution capacity within a rather tiny scanning area and extreme sensitivity to changing conditions (e.g., thermal drift), artefacts of sample preparation and instrumental background noise may arise, demanding critical treatment of the data (Liu et al., 2008). Application of AFM in starch systems, not only have

confirmed previous results obtained by other microscopies, but also have revealed new features which have not been observed.

Structure of native starch granules

Surface structure

The size of native starch granules ranged from $\sim 1-100 \mu m$. It was suggested that starch granules are made up of blocklets with a size of 20 to 500nm which depends on their location in the granule and starch type (Gallant et al., 1997). Recent data of AFM continues to support the existence and structure of these blocklets of starch from diverse botanical sources such as Norway spruce needles (Cabálková et al., 2008), wheat (Waduge et al., 2013), potato (Baldwin et al., 1998), and mango (Simão et al., 2008) (Table 1). Difference in blocklet structure among diverse starches has been observed. For example, potato starch had more protrusions as blocklets on surface than wheat starch (Baldwin et al., 1998). Cassava starch had smoother surface than potato starch (Juszczak et al., 2003a). Apart from the blocklet structure, some other features of granule surface have been observed (Table 1). For example, starch granules of Norway spruce needles had both protrusions and furrows with pores (Cabálková et al., 2008). AFM has been used to probe the surface morphology of developing wheat starch granules (Waduge et al., 2010 and 2013). Surface roughness of starch granules decreased towards maturity. At early stages after anthesis, larger fuzzy blocklets were seen. These blocklets became smaller and less fuzzy towards maturity. At all stages, blocklets of small granules are larger and fuzzier with rougher surface than in large granules (Waduge et al., 2013).

Certain processing can reveal some structural features of granule surface by AFM. For example, rice starch was subjected to water plasticizing and lyophilisation. This cycle was repeated to destroy the hydrogen bonding in the granules. As a result, nano-particles of ~30 nm in diameter, which was resistant to further plasticizing/lyophilisation, were seen (Ayoub et al., 2006). They were suggested to be individual single cluster in the crystalline region of starch granules. It is rather tempting to imagine the possibility to isolate a single blocklet and analyse the structure, which seems a rather difficult task.

Internal structure

The internal part of starch granules can be exposed for AFM analysis. This has been achieved by sectioning of starch embedded in resin using an ultramicrotome (Ridout et al., 2004), glucoamylase hydrolysis (Ohtani et al., 2000), and physical destruction (milling) (Ohtani et al., 2000). Suitable sample preparation methods can increase the image resolution (Neethirajan et al., 2008; Ridout et al., 2004; Parker et al., 2008). Compared with sectioning using a microtome or enzymatic hydrolysis, physical destruction using a glass homogenizer appeared to be a better way to expose the inner part of granules for AFM imaging (Ohtani et al., 2000). UV/ozone treatment for 30s enhanced the resolution of AFM on starch granules from durum wheat to clearly show the growth ring structure, while plasma etching destroys all the areas of starch granules at a similar rate, thus helping little in AFM imaging (Neethirajan et al., 2008). It was apparent that crystalline and amorphous parts of starch granules had different susceptibility to UV/ozone oxidization and degradation. The sectioned samples were hydrated before AFM analysis for better image (Ridout et al., 2004; Parker et al., 2008; Tsukamoto et al., 2012). The

origin of the contrast in AFM images has been attributed to the differential absorption of water within localised and exposed fragments of the starch granules. The water absorption led to the swelling of the region which becomes higher than surrounding regions (Ridout et al., 2004). To avoid any artificial manipulation of the starch granules during isolation from the plant, internal granule structure was also examined *in situ* in dried pea seeds by using a standard ultramicrotome, and showed similar structure as the isolated starch (Parker et al., 2008).

AFM imaging of internal granule confirmed the hilum structure which tends to be much more amorphous than the outer layers (Baker et al., 2001; Ohtani et al., 2000; Ridout et al., 2006) (Figure 3). Blocklets exist continuously through starch granule (Parker et al., 2008). Fine particles of approximately 30 nm in diameter existed inside granules from diverse sources (Tsukamoto et al., 2012) (Figure 3). Growth ring structure under AFM may be visible or not, depending on the amount and presence of amylose in starches from specific pea mutants (Ridout et al., 2003; 2004; 2006). By analysing starches from pea mutants differing in amylose contents, it was suggested that amylose may form crystals that contribute to a fine, hard structure in the matrix where the blocklets sit (Ridout et al., 2003 and 2006). The presence of these amylose crystals may greatly decrease the water absorption and swelling of the regions, creating little image contrast for AFM. Polymorphism of starch could not be resolved by AFM as exemplified in starches from pea mutants (Ridout et al., 2006). Therefore, AFM is complementary to other techniques to gain a whole picture of starch structure.

Structure of starch biopolymer chains

AFM has been explored to image the starch polymer chains (Gunning et al., 2003; Maley et al., 2010). The sample preparation method appeared rather critical for gaining reasonable images of amylose and amylopectin chains (Maley et al., 2010; Li et al., 2009). The starch chains from gelatinized starch should be dispersed well to prevent any aggregation. By simply dropping gelatinized and diluted barley starch solutions (1 mg/mL) on freshly cleaved mica, starch chains tended to aggregate to form small particles with average heights of 1.8–5.5 nm, depending on the samples varying in amylose content (Maley et al., 2010). Another study employing a similar preparation method also observed the aggregation of starch chains, probably due to starch retrogradation (Dang et al., 2006). Shorter starch chains tended to aggregate less (An et al., 2011). Molecular combing technique was used to visualise the starch chains (Li et al., 2009). Gelatinized starch in solution that was deposited on the surface of mica was blasted by air for drying, assuming the air-blasting could re-align the molecules to a singular direction (Li et al., 2009). However, the starch chains appeared in the form of bundles, suggesting this method is not efficient to resolve individual chains from each other. By using an aerosol spraying method, individual amylose chains and small amylopectin fibril bundles could be obtained (Maley et al., 2010) (Figure 4). The dispersed amylose chains had an average height of 0.8 nm and a contour length of 140–178 nm, and amylose chains from barley starch with higher amylose content had shorter contour length. All the amylopectin fibril bundles had heights of 1.9–2.9 nm and lengths in µm (Maley et al., 2010). AFM analysis of barley starch showed that genotypes with increasing amylose contents had lower polydispersity index of amylose (Asare et al., 2011). Polydispersity index of amylose was calculated (0.33–1.48) from AFM data, assuming amylose is in the helical form (six sugar residues per turn) and 1.32 Å rise per residue with a linear mass density of 1220

Da/nm. Another method employed surfactant (Tween-20) in hot pea amylose solution to prevent amylose from aggregation by adapting a V-type helix upon cooling (Gunning et al., 2003). Branched amylose chains have been observed (Figure 5). From the distribution of chain lengths and the polydispersity of amylose, the molecular weight was estimated as 1.08×10^6 (Gunning et al., 2003). This is in agreement with the value of 0.84×10^6 which was calculated from light scattering results on pea amylose isolated by the same method (Gunning et al., 2003), confirming the ability of AFM for structural quantification at the molecular level.

Therefore, to be able to accurately quantify the metrics of amylose such as molecular weight by AFM, the biopolymer chains should be dispersed well to prevent any aggregation. It should also be stressed that the nature of the observed chains must be confirmed to exclude any artefact (e.g., by using starch-degrading amylases) (Gunning et al., 2003). For the amylopectin biopolymer chains, the branches are arranged to form clusters. So far, the cluster structure of amylopectin has not been visualized. A method to prevent the molecular aggregation of amylopectin upon starch gelatinization remains to be developed.

Gelatinization and retrogradation

The process of gelatinization and retrogradation of starch has been visualized by AFM (Liu et al., 2005, 2007; Tang & Copeland, 2007). When the maize starch in water was heated, tightly bound and twisted nano-structural units were observed leaching out the granules at specific locations of granules during the initial stage (Liu et al., 2005). These units, coming into contact with water, dispersed. It was neither clear that if these structural units were amylose, amylopectin, or their mixture, nor if they were bundles of starch biopolymer chains. The starch was also gelatinized by

microwaving, and similar phenomenon was observed (Liu et al., 2007). The observed leaching of these units may be related to the amylose leaching during granular swelling (Shi et al., 1991). Amylose plays a major role in the microstructure of gelatinized starch (Tang & Copeland, 2007). Gelatinized wheat starch with an amylose content of 31% or 26% formed an extended network at 90 °C, while that of 6% amylose content formed no network as observed under AFM (Figure 6). The width of the observed strands in the network suggested that they were likely amylose aggregates rather than single amylose molecules.

Retrogradation

Retrogradation of wheat and maize starches was followed by AFM (Tang & Copeland, 2007). The gelatinized starch with an amylose content of 26% formed an extended network upon cooling to 37 °C. When the monoglycerides were added to form inclusion complexes with amylose, no extended network was observed. AFM data supported the bulky properties that gel of cooled starch with the extended network was firm, while that without the network was weak and soft. The results confirmed that amylose is critical for the gelation of starch.

Modified starch

Native starches from diverse botanical sources have been modified chemically, physically, or enzymatically to obtain novel properties. The modifications may bring changes to the starch structure, which has been followed by AFM (Table 1).

Chemical modification

Native cassava and maize starches have been subjected to acid hydrolysis (Beninca et al., 2013; Baker et al., 2001). Mild hydrolysis by HCl (0.15 mol/L, 8 h, 30 and 50 °C) decreased the

surface roughness of cassava starch (Beninca et al., 2013). When using a more concentrated HCl solution (2.5 N, 30 °C for 5 days) to remove the less crystalline and amorphous parts of the granules, blocklets of 10–30 nm in size were exposed (Baker et al., 2001). This size is comparable to that of the nano-structural unit observed on the surface of rice starch that was plasticised and freeze-dried as discussed above (Ayoub et al., 2006). It was suggested that these small-sized blocklets may be related to the amylopectin super helix as proposed previously (Oostergetel & van Bruggen, 1993).

Waxy maize starch in the granular form was modified by octenyl succinate anhydrate (Wetzel et al., 2010). The distribution of the modifying groups may influence the functional properties of the resulting starch. AFM analysis of the surface of modified starch revealed that small particles localised on specific areas of the surface. These particles may be related to the site of modifications.

Physical modification

Heat moisture treatment (HMT)

AFM analysis showed that HMT decreased the occurrence of protrusions and pores, and increased that of round-shaped depressions and small protrusions while enhancing the smoothness of the surface (Jiranuntakul et al., 2013). This may be due to partial gelatinization and retrogradation of the surface, as well as compression of blocklets (Jiranuntakul et al., 2013). The gelatinized layer of starch on the surface during HMT may prevent the water from easy penetration. This may facilitate suitable mobility of starch chain segments with limited amount of water inside the granules.

Deep freezing by liquid nitrogen

The effect of liquid nitrogen freezing on surface structure of starch, revealed by AFM, was much affected by the moisture content of starch (Szymońska et al., 2000; Szymońska et al., 2003). Oven dried starch with very low moisture content appeared to be little susceptible to the impact of deep freezing. Deep freezing of moisturised starch created folded structure on the surface of granules, and may be attributed to the ice formation which mechanically altered the structure. Multiple deep freezing/thawing cycles resulted in well-ordered structure of 30 nm in size which may be related to amylopectin superhelices as proposed previously (Oostergetel & van Bruggen, 1993).

Spherulite formation

Starch spherulites were formed by rapidly cooling down overheated starch solutions (Nordmark & Ziegler, 2002; Ma et al., 2011). The spherulites were produced from high-amylose maize starch solution (10%, w/w). Radially oriented crystalline lamellae and a central hilum were observed (Figure 7). Maize starch was further fractioned into amylose, amylopectin, and intermediate material fractions. The spherulite forming behaviours of these three fractions were explored (Ma et al., 2011). Samples with a higher ratio of linear to branched material better crystallized to form spherulites. Blocklets with a size of 19–26 nm were observed throughout the spherulites. The similarity between spherulites and native starch granules, which was revealed by AFM and corroborated by other methods, suggested that initiation of the biosynthesis of natural starch granules may be rather physical-chemical.

Milling caused damage

Mechanical damage (friction) by milling increased the height of nodules on granule surface (Barrera et al., 2013). The average roughness on the granule surface (R_a) increased by 4 times when the content of damaged starch increased from 4% to 73%. This may be due to the different susceptibility of the hard blocklets and their soft matrix to the friction (Ridout et al., 2003 and 2006).

Combined modification

Waxy maize starch was pre-treated by hydrolysis with glucoamylase of *Aspergillus niger* before treating with sulfuric acid to produce nanoparticles (LeCorre et al., 2012). Enzyme pre-treatment increased the rate of acid hydrolysis. The nanoparticles had an average size of 145 nm as measured by AFM when the hydrolysis extent was 70%, which could be further reduced by prolonged acid hydrolysis.

Starch films and thermoplastics

Starch has great potential to be processed into diverse biodegradable films and thermoplastics for food and medical applications (Rindlav-Westling et al., 2003; Dimantov et al., 2004; Kontturi et al., 2009; Kuutti et al., 1998; Araújo et al., 2010; Thiré et al., 2003). The surface properties and morphology of starch films are crucial for certain applications, and can be explored by AFM quantitatively and qualitatively. Films were made from autoclaved and gelatinized potato amylose, amylopectin, and starch (Rindlav-Westling and Gatenholm, 2003). The surface imaging by AFM showed that amylopectin film was the smoothest with a roughness of 1 nm, followed by amylose film (roughness, 5 nm), and starch film (roughness of 8 nm) (roughness was calculated as the surface elevation values relative to a center plane). This is probably due to the phase

separation of amylose and amylopectin fractions during film formation. Small protein protrusions were present on the film surface due to phase separation as discussed below (Rindlav-Westling and Gatenholm, 2003). AFM analysis of normal maize starch films by phase contrast imaging also revealed that films had smooth and rough domains, probably due to phase separation between glycerol and starch chains as well as the re-orientation of starch chains (Thiré et al., 2003). Another study claimed that film from high amylose maize starch (70% amylose content) was too rough to be imaged by AFM (tapping mode) (Dimantov et al., 2004). This imaging may be achieved by varying the AFM settings. Starch films and thermoplastics go through ageing process and the properties change with time (Kuutti et al., 1998). Freshly prepared films of oat and barley starches by extrusion with glycerol as plasticizers had homogeneous and smooth surfaces. After 5 weeks storage, the film surface became heterogeneous (Figure 8). The ageing phenomenon of starch films may be attributed to phase separation of starch and glycerol, re-crystallization and re-association of starch polymer chains (Kuutti et al., 1998).

Film preparation methods can affect the surface morphology of the films. AFM has been used to study the surface properties of films from cationic starch of varying hydrophobicity on hydrophilic and hydrophobic surfaces as affected by the preparation method (Kontturi et al., 2009). AFM analysis showed that the spin-coated film was rougher than the film deposited by adsorbing in constant coating concentration. The influence of gelatinization processing on film microstructure was also probed by AFM (Thiré et al., 2003). Under shorter heating time (5 min), some starch granules were not completely ruptured. Increasing heating time (90 min) gave films more homogenous surface as all the granules were completely dispersed.

Films made from maize starch and a poly(ethylene-vinyl alcohol) copolymer blend were immersed in human salivary α -amylase solution at 37 °C up to 90 days (Araújo et al., 2010). AFM analysis qualitatively showed that the surface porosity, pore size, and roughness of the films increased to various extents, much depending on the original structure of the films.

Interactions of starch with other components

Amylose-guest molecule inclusion complex

Amylose can form V-type inclusion complexes with a range of small guest molecules for diverse applications such as controlled releasing and targeted delivery. Amylose biopolymer chains have been complexed with fatty acids (Lalush et al., 2005; Lesmes et al., 2009; Zabar et al., 2010), flavour compounds (Ades et al., 2012), ibuprofen (a commercial anti-inflammatory drug) (Yang et al., 2013), and polystyrene (Kumar et al., 2013), which have been structurally analysed by AFM. It appeared that all the inclusion complexes had a tendency to aggregate to form particles with a heterogeneous size distribution. Potato amylose was complexed with stearic acid by acidification of an alkaline solution. Structural changes were observed after 24 h upon acidification (Zabar et al., 2010). The surface roughness increased from 7.7 nm to 11.5 nm within 24 h upon the acidification, and aggregates of spheroids were formed. Amylose-stearic acid inclusion complex had an apparent diameter of 182 nm and a height of 4 nm (Lesmes et al., 2009). The preparation method had an effect on the structure of the complexes (Lalush et al., 2005). Amylose-conjugated linoleic acid inclusion complexes prepared by co-precipitation from water/DMSO solution were spherical with an average diameter of 150 nm, while those formed from KOH/HCl method were elongated with an average width of 43–160 nm (Lalush et al.,

2005). All the complexes were heterogeneous in structure. Increasing the unsaturation degree of fatty acids led to the formation of larger particles with a wider variation in size (Lesmes et al., 2009). Amylose was complexed with menthone and menthol by acidification method (Ades et al., 2012). The menthone complexes were rod-like with a length of 2.8 μm, a width of 590 nm, and a height of 63 nm. The menthol complexes were also rod-like with a length of 1.12 μm, a width of 299 nm, and a height of 59 nm (Figure 9). The complexes were all heterogeneous in size. Amylose was complexed with ibuprofen by enzymatic polymerization for amylose formation in the presence of ibuprofen (Yang et al., 2013). The resulting complexes were spherical particles with a size ranging from 30 to 80 nm. Amylose—polystyrene complexes were formed by elongating the styrene chains present in the amylose helical cavity through free radical polymerization (Kumar et al., 2013). The resulting complexes tended to aggregate upon formation. Even though the morphology of these complexes can be revealed by AFM, there appears to lack the relationships between the AFM structural data and the functional properties of these inclusion complexes.

Starch granules from potato, maize, and wheat have been exposed to iodine vapour (Waduge et al., 2010; Park et al., 2011). An environmentally controlled chamber has been used to contain the iodine/water vapour. Schematic illustration of the device for *in situ* visualization of starch-iodine vapour interactions by AFM is presented (Figure 10). Starch biopolymer chains, with a size of a few nm, protruding out of the granule surface, have been observed through iodine vapour absorption behaviours of starch (Figure 11). These chains became rigid after the formation of amylose-iodine inclusion complex. The surface roughness of wheat starch granules increased as a result of iodine-starch polymer interactions (Waduge et al., 2013). By using this iodine-based

technique, the difference in the arrangement of blocklets of maize and potato starches has been observed (Figure 12) (Park et al., 2011; Waduge et al., 2013). Potato starch blocklets are more circular, uniform, and compacted, while maize starch blocklets are more irregular and loosely-packed with two size distributions (Figure 12). This technique also revealed that wheat starch of 28 days after anthesis had the longest polymer chains on granule surface, compared with those from 17 and 47 days (Waduge et al., 2010). The role of these tiny protruding starch chains on granule surface in any functional properties of starch remains to be established.

Starch-enzyme interactions

AFM has been used to visualise the real-time process of starch and enzyme interactions (Morris et al., 2005; Thomson et al., 1994). Starch granules were immersed in water, and α -amylase of porcine pancreas was injected for hydrolysis (Thomson et al., 1994). The surface morphology of granules was recorded by AFM in a real-time manner and showed the enlargement of pin-hole on the surface of granules (Thomson et al., 1994). Potato and maize starch granules were subjected to hydrolysis of *Bacillus subtilis* α -amylase at 50 °C for 60 min (Sujka et al., 2009). AFM images showed that the differential susceptibility to α -amylolysis in different locations of the granule surface (Figure 13). The depressions caused by α -amylase were ~120 nm in diameter, resulting in increased surface roughness (valley and ridge structure). Pores with depth of 41–68 nm were seen on the surface of maize starch granule, but not on that of potato starch. The accuracy of the depth of pores remains to be studied due to the possible limitations in the thickness and length of AFM probe used in the study (Sujka et al., 2009). Indeed, the pores on maize starch granules may penetrate into the central hilum of the granules (Huber and BeMiller, 1997), thus the depth could be much greater than 70 nm.

In vivo degradation of mango starch was monitored by AFM (Simão et al., 2008). 3 days upon harvesting, depressions less than 5 nm deep were seen. The degradation pattern on the granule surface appeared to be similar to that of α -amylolysis (Figure 13), suggesting the role of α -amylase in the initiation of the *in vivo* starch degradation. In general, α -amylase hydrolysis creates "pin-hole" from the top of granule, and the AFM results support the observations by electron microscopy. Furthermore, some details such as the depth of the pin-holes on the surface of granules may only be provided by AFM which may be further related to the kinetics of enzyme hydrolysis.

Amylose biopolymer chains were isolated by the surfactant-mediated procedures (Gunning et al., 2003). Glucoamylase of *Aspergillus niger* was mixed with amylose iodine-Tween 20 solution and incubated at 20 °C for 1 h before depositing on freshly-cleaved mica for AFM analysis (Morris et al., 2005). The binding between amylose and the enzyme was clearly observed (Figure 14). Glucoamylases of *A. niger* mutants lacking one of the binding domains interacted with amylose molecules differently from that of the wide type. It was suggested that starch binding domain allows glucoamylase to burrow into the end of crystalline amylose helices for the cleavage. This technique remains to be applied to visualise the interactions of amylopectin polymer chains with hydrolytic enzymes such as α -amylase of *Bacillus amyloliquefaciens* which has been used to isolate the clusters (Pérez & Bertoft, 2010).

Starch-biopolymer interactions and phase separation

During food processing and formulation, diverse ingredients are present and interact with each other. When in much diluted solutions, the system tends to stable. In high solid system such as dried films, the molecular interactions between starch and other components such as non-starch

polysaccharide and protein may result in thermodynamic incompatibility and phase separation. This process has been captured by AFM, providing additional data to support the phase separation phenomenon (Quiroga & Bergenståhl, 2007; Ptaszek & Grzesik, 2007; Ptaszek et al., 2009).

Starch-protein interactions

AFM has been used to monitor the phase separation in films of amylopectin and β -lactoglobulin mixtures (Quiroga & Bergenståhl, 2007). Amylopectin and β -lactoglobulin mixtures of different concentrations and compositions were dissolved for mixing and dried for film formation. Higher concentrations of solids led to more phase separation with a sharp boundary (Figure 15). When the amylopectin and β -lactoglobulin ratios were over 1:3, amylopectin became the continuous phase. When the ratios were below 1:6, β -lactoglobulin was continuous. The AFM results were confirmed by TEM data, while the former provided more dimensional information and simpler sample preparation (Quiroga & Bergenståhl, 2007). For example, the shape of the larger domains with a size up to 370 nm in the film of β -lactoglobulin and amylopectin at 1:1 ratio was rounded rather than spherical.

When films were formed from amylose, amylopectin, and starch solutions, small rounded protrusions of 1–4 nm high and 15–35 nm wide were observed (Rindlav-Westling and Gatenholm, 2003). These protrusions could be removed most by phenol but not water, and were believed be the endogenous starch biosynthetic enzymes in nature. The proteins might have thermodynamically separated from the starch phase during the film formation, and migrated onto the film surface.

Starch-non-starch polysaccharide interactions

Starch and non-starch polysaccharides can be mixed to create novel systems with much altered properties (Dimantov et al., 2004; Ptaszek & Grzesik, 2007; Ptaszek et al., 2009). AFM has been used to image the phase separation of maize starch-non-starch polysaccharide gels at various concentration and composition (Figure 16). Increasing hydrocolloid concentration tends to increase the chance of phase separation. Large continuous phase with a dispersed phase entrapped are commonly noted for various starch and polysaccharide mixtures (Figure 16). The phase separation observed by AFM supported the results of relaxation spectrum as analysed through rheological tests (Ptaszek & Grzesik, 2007; Ptaszek et al., 2009). One multimodal peak of relaxation spectra was observed for systems with homogeneous structure and without phase separation. In contrast, a few peaks were noted for systems with heterogeneous structure and phase separation. Therefore, the rheological properties of starch systems may be structurally corroborated by AFM results. Indeed, AFM has been successfully used to interpret the rheology of food polymer systems other than starch at molecular and colloidal levels (Morris et al., 2001). Films of high-amylose maize starch and pectin mixtures at different ratios were formed by drying solutions (Dimantov et al., 2004). Two distinct regions characteristic to pectin and starch, respectively, were detected by AFM, indicating the phase separation during film formation. The roughness of starch films was decreased by pectin addition. This result from AFM analysis contradicted with the other report on starch-pectin films which was suggested to be highly compatible composites studied by techniques (including scanning electron microscopy) other than AFM (Fishman et al., 1996). This may suggest that AFM can be a powerful tool to detect the microstructure of films which could not be probed by other types of microscopy.

AFM-based force spectroscopy

At a specific image point, variations in the tip-sample separation can be employed to generate a force—distance curve (Butt et al., 2005). Through the modification of the surface of probe/sample, AFM can be used to quantify the interactive forces at a single molecular level (force spectroscopy) (Butt et al., 2005; Morris et al., 2011). The elasticity of certain types of polysaccharides is determined by force-induced conformational transitions of the pyranose ring. Force—extension spectrum is dependent on the ground-energy conformation of the pyranose ring and the type of glycosidic linkages (Marszalek et al., 2001). AFM-based force spectroscopy has been successfully used to differentiate starch molecules (amylopectin) from other non-starch polysaccharides (agarose and λ -carrageenan) of algae on single-molecular level in a solution of polysaccharide mixtures (Marszalek et al., 2001). Drawbacks of this type of analytical techniques are the low efficiency (10%) and lack of quantitative basis. Nevertheless, it is tempting to suggest that this technique may be further developed to differentiate various types of starch biopolymer chains with different branching pattern and chain length on a single-molecule level.

AFM-based force spectroscopy has been used to detect the formation of V-type amylose inclusion complexes with iodine and butanol in solution (Zhang et al., 2006). Using AFM, individual amylose chains were forced to be adsorbed to a surface to enter the solvents to overcome the precipitation tendency of the resulting complexes. Stretch-release measurements of the amylose-guest molecule interactions were thus allowed to be conducted in solution. The formation of individual amylose helices induced by butanol and iodine were quantified. Amylose

helices with iodine extended and relaxed more easily than those with butanol in solution. The pitch of the helix was 1.3 Å/ring and the force for the formation of the helix was 50 pN in solution. The data agreed well with that of wide-angle X-ray diffractometry. This technique may complement other techniques to study the starch-guest molecule interactions in solution. As discussed above, diverse guest molecule-amylose inclusion complexes vary in shape and size upon precipitation. AFM-based force spectroscopy may provide some insights into this diversity, which remains to be studied.

AFM-based force spectroscopy has been used to probe the surface adhesion properties of wheat flour components (including starch granules) against glass and polysine surfaces (Duri et al., 2013) (Figure 17). Weibull analysis was conducted to quantify the degree of hydrophobic interactions. It was found that starch and arabinoxylan had fewer interactions than protein with the two surfaces. The interactions between starch and other food components (instead of glass and polysine) can be further explored to provide structural basis for processing such as mixing. It remains to be studied if this can also differentiate starch types as each type of starch tends to vary in the surface morphology.

Conclusions

AFM has been used to image starch and diverse starch mixtures in their native states as well as during processing and interaction. Blocklet structures on the surface of and also within the crystalline and amorphous lamellae of starch granules were imaged. On the molecular level, the single amylose chains were observed. During starch gelatinization, chain bundles leached out of the granules. Upon retrogradation, starch with higher amylose content formed an extended

network while waxy starch showed aggregates. Structural changes of starch upon modifications and film formation, as well as the interactions of starch with iodine, enzymes and proteins, fatty acids, flavour compounds, and non-starch polysaccharides have been monitored, providing support for the resulting macroscopic properties. AFM-based force microscopy provided information on elasticity and adhesion properties of starch.

Sample preparation method appears to be rather critical for obtaining the correct images and subsequent data interpretation. Preparation method to visualize the cluster structure of amylopectin remains to be developed. In some starch systems such as V-type amylose-complexes, the correlations between the structural features of AFM and the bulky physicochemical properties remain to be established. Quantitative analysis by AFM force spectroscopy can be better exploited to improve the efficiency of analysis, especially in the wet starch systems, and to relate the AFM results to that of other analytical techniques.

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Table 1 Applications of AFM in diverse starch systems

Target	Starch	Experiments	Imaging	Major findings	Reference
	type		mode		s
Surface	Potato,	Starch interaction	Tapping	Hair-like structures	Park et
morphology	maize	with iodine and		with a size of 1.5 nm	al., 2011
		water vapours		were observed on the	
				surface. The	
				distribution of these	
				structures depends on	
				structure and	
				organization of	
				blocklets on granule	
				surface	
Surface	Rice	Starch was	Tapping	Plasticizing/lyophiliz	Ayoub et
morphology		subjected to		ation reduced the size	al., 2006
		plasticizing by		of nodule structures	
		water and		on granule surface	
		lyophilization		from 60–80 nm to	
				20–40 nm	
Surface	Potato	Potato starch	Non-	Different drying	Szymońsk
morphology		granules were oven-	contact	processes greatly	a et al.,

		dried, air-dried, and		influenced the	2000
		moisturised before		surface morphology	
		deep-freezing		of granules	
Surface	Wheat	Mechanical damage	Tapping	Mechanical damage	Barrera et
morphology		(milling) was made		increased the height	al., 2013
		on starch granules		of nodules	
Surface	Wheat	Starch granules	Tapping,	Starch of 7 DAA had	Waduge
morphology		from hard red	non-	a mono-modal size	et al.,
		spring wheat	contact	distribution. Fuzzy	2010 and
		collected at 7–49		and large blocklets	2013
		days after anthesis		observed at early	
		(DAA) were imaged		DAA became smaller	
				and less fuzzy	
				towards maturity.	
				Starch of 28 DAA	
				had the longest	
				polymer chains	
				protruding from the	
				granule surface to	
				interact with iodine	
Surface	Potato,		Constant	Potato starch had	Baldwin
morphology	wheat		contact	more protrusions than	et al.,

			force	wheat starch on a	1998
				flatter surface.	
				Protrusions were 50–	
				300 nm in diameter,	
				and the surface was	
				made of structural	
				units of 10–50 nm in	
				size	
Surface	Mango	Starch degradation	Intermitte	Depressions on the	Simão et
morphology		was monitored in	nt contact	surface of granules	al., 2008
		vivo		were formed during	
				degradation and were	
				attributed to α-	
				amylolysis	
Surface	Rice,	Starch with a	Intermitte	HMT increased the	Jiranuntak
morphology	maize,	moisture content of	nt contact	surface smoothness	ul et al.,
	potato	25% was treated at		and decreased the	2013
		100 °C for 16 h		size of protrusions	
Surface	Cassava	Starch was treated	Non-	Acid hydrolysis	Beninca
morphology		with HCl solution	contact	increased the	et al.,
				smoothness of the	2013
				surface of granules	

Surface	Potato,		Non-	Cassava starch had	Juszczak
morphology	oat,		contact	smoother surface	et al.,
	cassava,			than potato starch.	2003a and
	wheat,			Blocklet structure	2003b
	barley,			was observed on all	
	maize,			starch surfaces	
Surface	Potato	Freeze-thaw	Non-	Results supported the	Szymońsk
morphology			contact	blocklet model of	a & Krok,
				starch granules	2003
Surface	Norway		Semi-	Granules had fine	Cabálkov
morphology	spruce		contact	(protrusions and	á et al.,
	needles			furrows) and rough	2008
				(nodules (100 nm in	
				diameter) and	
				grooves (100–500 nm	
				deep) portions of	
				surface	

Internal	Pea	Starches from pea	Contact	The structure of the	Ridout et
granule		mutants were		inner part of granules	al., 2003;
morphology		sectioned by an		was heterogeneous.	2004;
		ultramicrotome		Contrast in the AFM	2006
				images was attributed	
				to differential water	
				absorption localized	
				in exposed sessions	
				of granules. Growth	
				ring structure under	
				AFM may be visible	
				or not, depending on	
				the amount and	
				presence of amylose	
				in starches from	
				specific pea mutants	
Internal	Maize	Starch was	Tapping	Blocklets within the	Baker et
granule		embedded in resin	and	growth rings of	al., 2001
morphology		and sectioned by	contact	lintnerised starch	
		microtoming		granules were ~10–	
				30 nm in size	
Internal	Pea	Starch was imaged	Contact	Granules have	Parker et

granule		in situ in dried pea		alternating layers	al., 2008
morphology		seeds		with various degrees	
				of crystallinity	
				(instead of the	
				alternating	
				amorphous and	
				crystalline layers)	
Internal	Maize	Starch was	Intermitte	Nanoparticles with a	Tsukamot
granule		sectioned by an	nt contact	width of ~30 nm and	o et al.,
morphology		ultramicrotome		a height of a few nm	2012
				were observed	
Surface and	Durum	Starches of vitreous	Contact	UV/ozone treatment	Neethiraja
internal	wheat	and nonvitreous		improved the viewing	n et al., et
granule		durum wheat		of growth ring	al., 2008
morphology		kernels were		structure. Growth	
		compared.		rings were observed	
		Microtomed starch		in the nonvitreous	
		was treated by		starch granules but	
		UV/ozone		not vitreous ones.	
				Nonvitreous durum	
				wheat starch has	
				more amylopectin	

				molecules than	
				amylose	
Surface and	Maize,	Sectioning by a	Contact	Physical destruction	Ohtani et
internal	potato,	microtome,		was the most	al., 2000
granule	rice,	glucoamylase		effective for imaging	
morphology	sweet	degradation, and		inner structure of	
	potato,	physical destruction		granules. Particles	
	wheat	by a glass		with a size of 30 nm	
		homogenizer were		were seen on all	
		employed to		starch granules	
		exposed the inner			
		part of granules			
Starch	Wheat,	Retrogradation of	Tapping	An extended network	Tang &
retrogradati	maize	starch with different		of gelatinized starch	Copeland,
on		amylose contents		formed in the	2007
				presence of amylose.	
				Aggregates of	
				gelatinized starch	
				formed in the absence	
				of amylose or when	
				the amylose was	
				complexed with guest	

				molecules	
Starch	Barley	Aerosol-spray	Intermitte	Aerosol spray	Maley et
polymer		deposition of	nt contact	deposition could be	al., 2010;
chains		gelatinized starch		used to image	Asare et
		was used to prepare		individual chains of	al., 2011
		samples		amylose and fibril	
				bundles of	
				amylopectin.	
				Amylose had a length	
				of 178–127 nm and a	
				height of 0.8–0.2 nm.	
				Heights of bundles of	
				amylopectin were	
				1.9–2.9 nm and	
				lengths were in µm.	
				Polydispersity	
				indexes of amyloses	
				from genotypes with	
				reduced amylose	
				contents were lower	
				than those of	
				genotypes with	

				higher amylose	
				contents	
Starch	Maize	Starch was	Tapping	Starch chains	Li et al.,
polymer		gelatinized.		leaching out of	2009
chains		Samples were		granules during	
		prepared by drying		gelatinization were	
		a starch solution on		observed. Starch	
		a mica surface using		chains dispersed from	
		a blast of air		gelatinization were in	
				the form of bundles	
Starch	Rice and	Starch was	Non-	DP of amyloses of	Dang et
polymer	potato	gelatinized	contact	rice and potato	al., 2006
chains				starches were	
				quantified by AFM as	
				1860 and 1440,	
				respectively	
Starch	Potato	Potato starch was	Tapping	A large proportion of	An et al.,
polymer		debranched and		chain bundles was	2011
chains		further fractionated		100 nm long, and	
		by gel permeation		larger chains	
		chromatography		appeared to aggregate	
				easily	

Starch	Pea	Amylose was	Constant	Amylose chains and	Gunning
polymer		extracted from pea	force	chains with a small	et al.,
chains		starch by using		number of branches	2003
		surfactant (Tween-		were observed	
		20) to prevent			
		aggregation			
Surface	Maize	Maize starch	Non-	The modification	Wetzel et
morphology		octenyl succinate	contact	occurred specifically	al., 2010
		was prepared		on certain locations	
				of the granule surface	
Starch	Maize	Spherulites were	Tapping	Blocklets of the	Ma et al.,
spherulites		formed from		spherulites formed	2011;
		gelatinized high-		from rapid cooling of	Nordmark
		amylose starch by		heated starch solution	& Ziegler,
		heating and cooling		had a size of 19–26	2002
		a starch solution.		nm. Central helium	
		The starch was also		and radial orientation	
		fractionated to		of the lamellae-type	
		prepare spherulites		structures were seen	
Starch	Maize	Waxy maize starch	Tapping	The resulting	LeCorre
nanoparticle		was hydrolysed by	and	nanoparticles had a	et al.,
S		sulfuric acid after	conductiv	size of ~68 nm	2012

		enzymatic treatment	e		
		for starch			
		nanoparticle			
		production			
V-type	Maize	Amylose formed	Contact	Complexes were rod-	Ades et
amylose		inclusion complexes	and	like. The length,	al., 2012
inclusion		with menthone and	intermitte	width, and height of	
complex		menthol through	nt contact	menthone-amylose	
		KOH/HCl method		complexes were 2.8	
		for controlled		μm, 590 nm, and 63	
		releasing properties		nm, respectively.	
				Those of menthol	
				complexes were 1.1	
				μm, 299 nm, and 59	
				nm, respectively	
	Potato	Stearic acid, cis-9-	Contact	Increasing	Lesmes et
	amylose	octadecenoic acid,		unsaturation of fatty	al., 2009
		cis-9,cis-12-		acids resulted in the	
		octadecadienoic		formation of more	
		acid		dispersed and larger	
				particles. Amylose-	
				stearic acid	

			complexes had an a	
			diameter of 182 nm	
			and a height of 4 nm	
Potato	Amylose-ibuprofen	Tapping	The complexes	Yang et
and	complexes were		aggregated to form	al., 2013
synthetic	prepared by		spherical particles of	
amylose	enzymatic		30 to 80 nm in size	
	synthesis of			
	amylose and by			
	acidification of an			
	alkali solution			
Potato	A range of long	Contact	Surface roughness	Zabar et
amylose	chain fatty acids		increased during	al., 2010
	formed inclusion		formation of V-type	
	complexes with		complex. The	
	amylose through		complexes	
	acidification		aggregated to form	
	method		spheroids	
n.a.	Amylose-polystyre	Tapping	The complexes	Kumar et
	ne inclusion		tended to aggregate	al., 2013
	complexes were			
	prepared by first			
	and synthetic amylose Potato amylose	and complexes were synthetic prepared by amylose enzymatic synthesis of amylose and by acidification of an alkali solution Potato A range of long amylose chain fatty acids formed inclusion complexes with amylose through acidification method n.a. Amylose—polystyre ne inclusion complexes were	and complexes were synthetic prepared by amylose enzymatic synthesis of amylose and by acidification of an alkali solution Potato A range of long Contact amylose chain fatty acids formed inclusion complexes with amylose through acidification method n.a. Amylose—polystyre Tapping ne inclusion complexes were	Potato Amylose-ibuprofen and a height of 4 nm Potato Amylose-ibuprofen and complexes were synthetic prepared by enzymatic synthesis of amylose and by acidification of an alkali solution Potato A range of long Contact Surface roughness increased during formed inclusion complexes with amylose through acidification aggregated to form spheroids n.a. Amylose—polystyre ne inclusion complexes were fine tended to aggregate tended to aggregate complexes were

	inserting styrene in			
	amylose helical			
	cavity before free			
	radical			
	polymerization of			
	styrene			
Potato	Single-walled	n.a.	Small nanotubes	Lii et al.,
	carbon nanotube		formed inclusion	2003a and
	interacted with		complexes with	2003b
	amylose		amylose	
Barley	Changes in surface	Constant	The surface of fresh	Kuutti et
and oat	morphology of	force and	films was flat and	al., 1998
	thermoplastic starch	friction	homogeneous.	
	(TPS) films with	modes	Ageing imparted	
	water and glycerol		roughness and	
	prepared by		heterogeneity to film	
	extrusion during		surface, which was	
	ageing were noted		attributed to starch-	
			glycerol phase	
			separation and starch	
			re-crystallization	
	Barley	amylose helical cavity before free radical polymerization of styrene Potato Single-walled carbon nanotube interacted with amylose Barley Changes in surface and oat morphology of thermoplastic starch (TPS) films with water and glycerol prepared by extrusion during	amylose helical cavity before free radical polymerization of styrene Potato Single-walled n.a. carbon nanotube interacted with amylose Barley Changes in surface Constant and oat morphology of force and thermoplastic starch friction (TPS) films with modes water and glycerol prepared by extrusion during	amylose helical cavity before free radical polymerization of styrene Potato Single-walled carbon nanotube interacted with amylose Barley Changes in surface and oat morphology of thermoplastic starch (TPS) films with water and glycerol prepared by extrusion during ageing were noted amylose n.a. Small nanotubes formed inclusion complexes with amylose The surface of fresh films was flat and homogeneous. Ageing imparted roughness and heterogeneity to film surface, which was attributed to starch— glycerol phase separation and starch

Film	Potato	Acetylated and	Tapping	Films by spin coating	Kontturi
		cationic starch was		were rougher than	et al.,
		deposited by spin		those by adsorbing	2009
		coating or adsorbing			
		on hydrophilized			
		and hydrophobized			
		silica surfaces to			
		form films			
Film	Maize	Films of starch and	Tapping	α-Amylolysis	Araújo et
		a poly(ethylene-		increased the	al., 2010
		vinyl alcohol)		roughness of the	
		copolymer were		surface while	
		hydrolysed by		creating small pits	
		human salivary α-			
		amylase at 37 °C			
Film	Maize	Starch films were	Intermitte	Smooth and rough	Thiré et
		prepared by heating	nt contact	structures were	al., 2003
		starch and glycerol		separated by	
		mixtures for various		depression or nodules	
		length before		on film surface. The	
		casting		surface morphology	
				depends on the	

				preparation	
				conditions	
Film	High	High amylose	Tapping	Roughness of film	Dimantov
	amylose	maize-pectin films		surface increased	et al.,
	maize	were formed. The		with increasing maize	2004
		films were		starch content	
		subjected to			
		dissolution and			
		enzymatic			
		hydrolysis analysis			
Film	Potato	Potato amylose,	Tapping	Amylose film was	Rindlav-
		amylopectin, and		rougher than	Westling
		starch were made		amylopectin film.	&
		into films		Small rounded	Gatenhol
				protrusions of a of	m, 2003
				15–35 nm wide and	
				1–4 nm high were	
				observed	
Interactions	Pea	Binding of	Constant	Starch binding	Morris et
with		glucoamylases from	force	domains of the	al., 2005
glucoamyla		Aspergillus niger		glucoamylase were	

ses		(including mutants)		visualised as a	
		with amylose was		template for an	
		visualised		expanded amylose	
				double helix to bind	
				onto. A proposal on	
				how the	
				glucoamylase could	
				act on the crystalline	
				starch was suggested	
Interactions	Wheat	Starch was	Contact	α-Amylase created a	Thomson
with α-		degraded by α-		"pin-hole" in granule	et al.,
amylase		amylase		surface	1994
Surface	Potato	Starch was	Tapping	Depressions with a	Sujka &
morphology	and maize	hydrolysed by α-		size of ~121 nm in	Jamroz,
of starch		amylase of Bacillus		diameter were	2009
during α-		subtilis (50 °C up to		observed on the	
amylolysis		60 min)		surface of starch due	
				to α-amylolysis while	
				the blocklets of ~20	
				nm in diameter	
				became more obvious	
Starch-non-	Maize	Maize starch and	Contact	Surface of the gels	Ptaszek et

starch		non-starch		was imaged by AFM.	al., 2007
polysacchar		polysaccharides		The surface of gel	& 2009
ide		(guar gum,		was homogeneous	
interaction		carboxymethylcellul		and heterogeneous,	
		ose, and xanthan		depending on the	
		gum) mixtures were		composition of the	
		subjected to		polysaccharides	
		gelation			
Starch-	Waxy	Amylopectin and β-	Tapping	Surface morphology	Quiroga
protein	maize	lactoglobulin blends		of the mixtures was	&
interaction		in solution with		monitored by AFM.	Bergenstå
		different		Phase separation	hl, 2007
		concentration and		occurred at certain	
		composition were		ratios of these two	
		dried		components with	
				higher concentrations	

Intermittent contact mode is also called tapping mode; n.a., not available

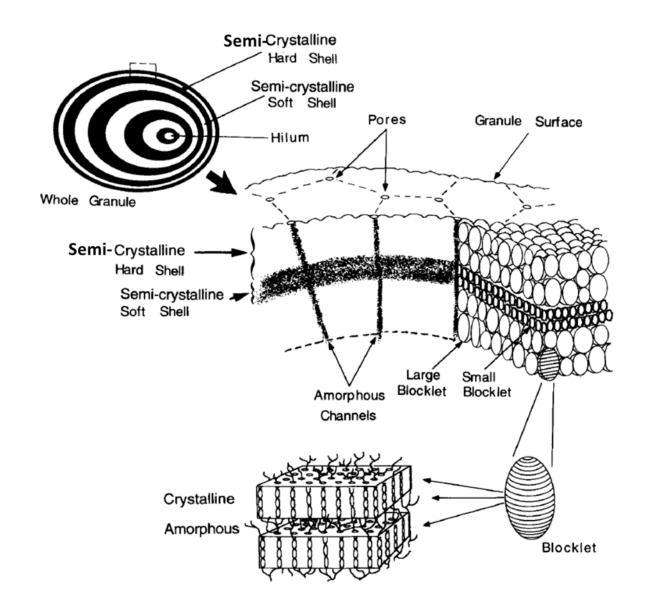


Figure 1. Schematic illustration of diverse structural levels of starch granule (Gallant et al., 1997)

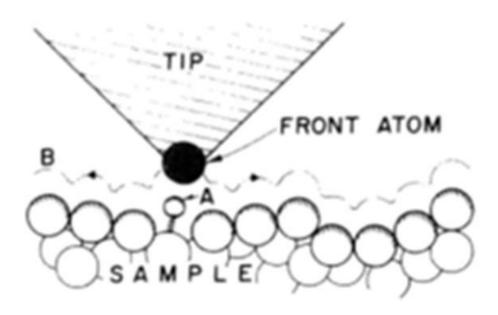


Figure 2. Schematic illustration of operation principles of AFM. The probing tip follows contour B of the sample (Binnig et al., 1986)

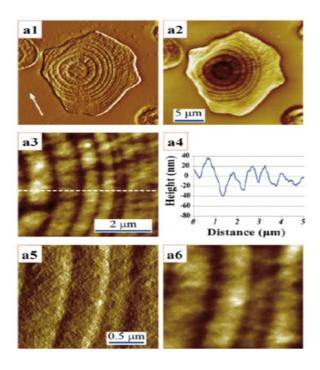


Figure 3. AFM images of sectioned maize starch granules. a1 and a2, error signal and height images of complete granule, arrow indicates the sectioning direction; a3, height image of a magnified section of (a2); a4, height distribution of cross section along the dashed line of a3; a5 and a6, error signal and height image of a further magnified section (Tsukamoto et al., 2012)

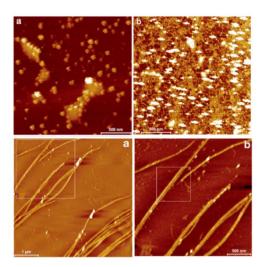


Figure 4. AFM topography images of gelatinized barley starch deposited on mica using drop (top a and b) and aerosol (bottom a and b) deposition methods. a, waxy barley; b, barley starch with 26% amylose (Maley et al., 2010)

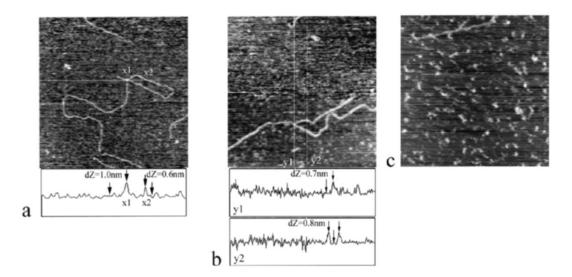


Figure 5. AFM image of pea amylose prepared by surfactant-mediated solubilisation. (a)

Amylose molecules overlapping; (b) branched amylose with a longer branch chain; (c) branched amylose with a shorter branch chain. dZ, height (Gunning et al., 2003)

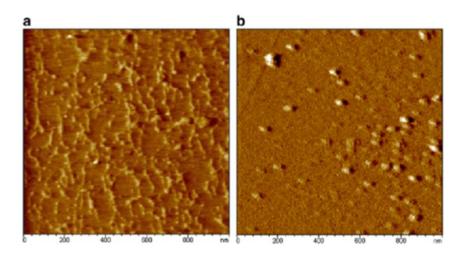


Figure 6. AFM image of gelatinized maize starches with amylose content of 31% (a) and 7% (b). The temperature of samples during the imaging was 90 °C (Tang & Copeland, 2007)

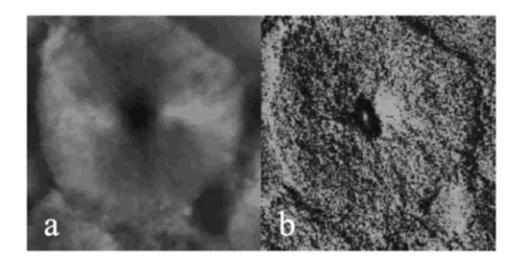


Figure 7. AFM image of a spherulite from high amylose maize starch. Image size, 10×10 µm; a, height image; b, phase angel shift image (Nordmark & Ziegler, 2002)

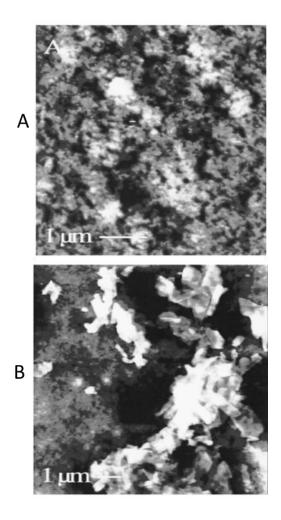


Figure 8. AFM images of the ageing process of barley starch film. (A) 1 week old (B) 5 weeks old (Kuutti et al., 1998)

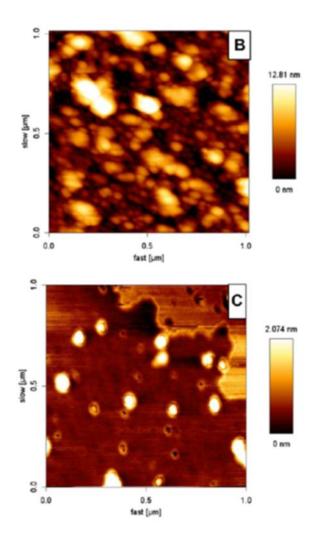


Figure 9. AFM images of potato amylose-menthone inclusion complexes using intermittent contact mode. (B) original sample; (C) diluted sample (Ades et al., 2012)

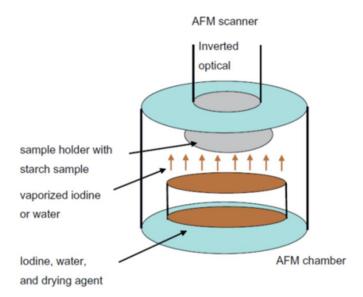


Figure 10. Schematic illustration of an environmentally controlled chamber for *in situ* AFM imaging (Park et al., 2011)

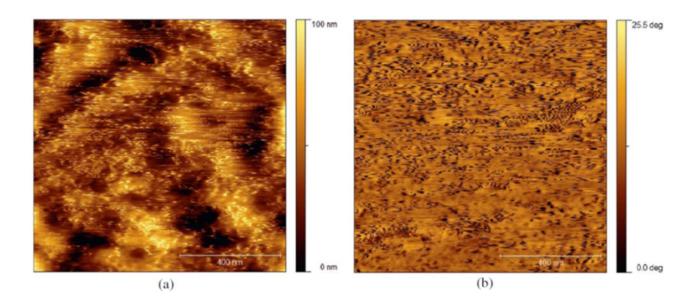


Figure 11. AFM images of potato starch exposed to iodine vapour. a, topology image; b, phase image (Park et al., 2011)

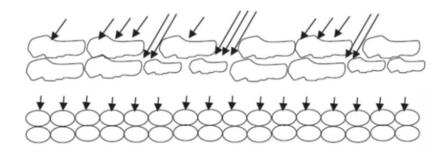


Figure 12. Schematic illustration of the formation of iodine-amylose inclusion in maize (top) and potato (bottom) starches. Blocklets of maize starch are more irregular with two size distribution.

Those of potato are more uniform and circular (Park et al., 2011)

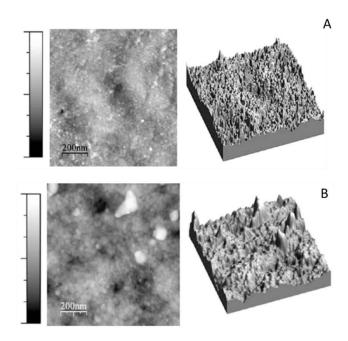
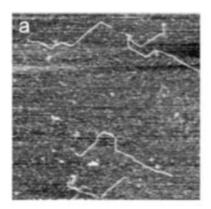


Figure 13. AFM images of surface of potato starch granules before (A) and after (B) α -amylolysis (Sujka et al., 2009)



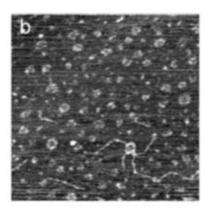


Figure 14. AFM images of pea amylose –iodine-Tween 20 complex (a) and amylosenative starch binding domain complexes (enzyme) (b) (Morris et al., 2005)

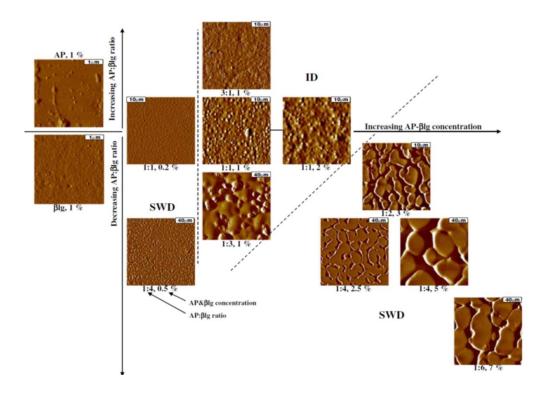


Figure 15. AFM images of film surface structure of amylopectin (AP) and β -lactoglobulin (β lg) mixtures as affected by the composition and concentration of the solution before drying (Quiroga & Bergenståhl, 2007)

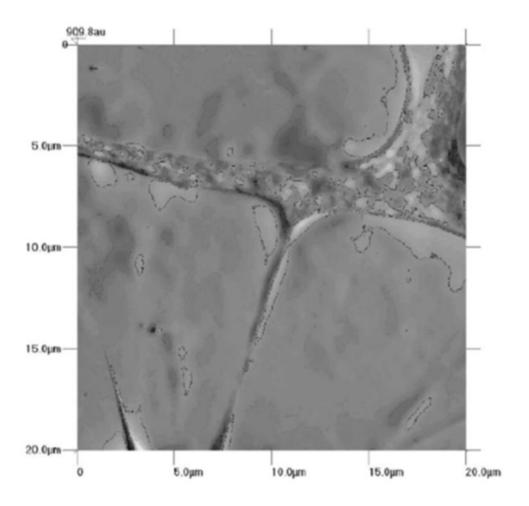


Figure 16. AFM image of starch (3%) and guar gum (1%) gel (Ptaszek et al., 2009)

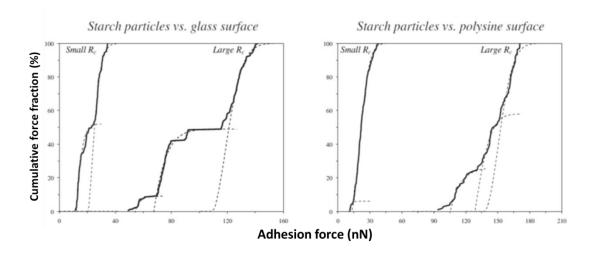


Figure 17. Distribution of the adhesion forces (nN) of surface interactions between the AFM probes with the selected wheat components particles of two large and small sizes (R_c), and the glass slide or the polysine slide. Solid lines are experimental data. Dotted lines are the fitting curves using the Weibull equation (Duri et al., 2013)