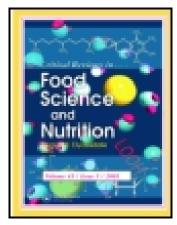
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BPA, an Energy Balance Disruptor

L. Le Corre ^a , P. Besnard ^a & M.-C. Chagnon ^a

^a Derttech Packtox, University of Burgundy, INSERM U866, NUTOX, Dijon, France Accepted author version posted online: 20 Sep 2013.

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BPA, an Energy Balance Disruptor

Le Corre L.*, Besnard P., Chagnon M.-C.

INSERM U866, NUTOX, Derttech Packtox, University of Burgundy, Dijon, France

ABSTRACT:

Bisphenol A (BPA) is used extensively in the world and is present in a diverse range of manufactured articles including dental resins, polycarbonate plastics and the inner coating of food cans. It is a high volume chemical, with global production at $3.6\ 10^9$ kg per year. BPA was identified as a high priority for assessment of human health risk because it was considered to present greatest potential for human exposure. Most studies of the health effects of BPA have focused on endocrine disruption leading to reproductive toxicity, but it displays additional side effects, including liver damage, disrupted pancreatic β -cell function, thyroid hormone disruption, and obesity-promoting effects. In this article, we reviewed specifically on the effects of BPA in energy balance.

Keywords: Bisphenol A, lipid and glucose homeostasis, endocrine disruptor, obesogens, toxic chemical.

*Corresponding author. Laboratoire de Toxicologie Alimentaire – Derttech Packtox - AgrosupDijon Nord – 1 Esplanade Erasme – 21000 Dijon – France. Tel.: +33 3 80 39 66 43; fax: +33 3 80 39 66 41. E-mail: l.le-corre@agrosupdijon.fr

1. Introduction

In 2002, Baillie-Hamilton reported that the obesity epidemic matches the significant increase of the use and distribution of industrial chemicals that may be playing a role in generation of obesity. The authors summarized data showing that the current obesity epidemic cannot be explained exclusively by changes in lifestyle. Chemical agents such as pesticides, organophosphates, polychlorinated biphenyls, polybrominated biphenyls, phthalates, BPA, heavy metals and solvents caused weight increase likely by interfering with weight homeostasis such as alterations in weight-controlling hormones, altered sensitivity to neurotransmitters or altered activity of the sympathetic nervous system (Baillie-Hamilton, 2002, Trasande, et al., 2008). Among these environmental contaminants, BPA is currently the centre of attention for the scientists, media, public and governments. It is produce in a high volume in the worldwide and is used to manufacture i) polycarbonate plastic for food packaging and manufacturing products as plastic bottles and baby bottles ii) epoxyresin that lines most food and beverage cans and dental sealants. BPA is present in the environment as a result of direct releases from manufacturing or processing facilities, fugitive emission during processing and handling, or release of unreacted monomer from products. In 2006, EFSA considered that the overall oral No-Observed Effect Level (NOEL) for BPA was 5 mg/kg/day in rat and determined a tolerable daily intake of 0.05 mg/kg/day (EFSA, 2006). Many studies in human population report measurable BPA levels: 0.2 to 20 ng/ml in serum from both men and women from several countries and at different ages (Fung, et al., 2000, Inoue, et al., 2000, Takeuchi and Tsutsumi, 2002, Vandenberg, et al., 2007), 0.3 to 18.9 ng/mL in maternal plasma, 0.2 to 9.2 ng/mL in foetal plasma with BPA

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concentrations higher in men than in women fetuses, and 1.0 to 104.9 ng/g in placental tissue. These results indicate that BPA crosses the maternal foetal placental barrier. (Schonfelder, et al., 2002). Interestingly, BPA has also been shown to accumulate in fat, with detectable levels in 50% of breast adipose tissue samples from women (Fernandez, et al., 2007).

Most studies of the health effects of BPA have focused on well-documented estrogenic activity and reprotoxicity, but reports have highlighted additional side effects, including liver damage (Bindhumol, et al., 2003, Elsby, et al., 2001, Nakagawa and Tayama, 2000), promotion of oxidative stress and inflammation (Yang, et al., 2009), disrupted pancreatic β-cell function (Ropero, et al., 2008), thyroid hormone disruption (Moriyama, et al., 2002), decrease of intestinal function (Braniste, et al., 2010) and obesity-promoting effects.

In this review, we summarize the impact of BPA on the energy balance and its mechanisms of action.

2. Bisphenol A and energy homeostasis

Without regards to the design features of studies, we can observe that BPA exposure could induce a gain of body weight and an alteration of plasma triacylglycerol (TG), total cholesterol (TC) and glucose levels. However, differences occurring in protocols induce inconsistent results. From this perspective, we performed an overview of articles in this issue with regards to major factors involved in activity of endocrine disruptor chemicals (EDC) as exposure windows, effects dependent of doses, administration route, species and gender.

2.1. Exposure windows

Currently available literature reveals an increase of body weight in offspring of dams exposed to BPA during gestation or even up to early postnatal period. It is now well established that foetus and newborn developments are particularly sensitive to EDC exposure which can induce adulthood harmful consequences (Gluckman and Hanson, 2004). The reprotoxic effect of diethylstilbestrol (DES) is one of the best examples of health consequence induced by a gestational exposure (Anderson, et al., 2000). Several physiological factors are responsible. As reported above, EDCs like BPA can cross the maternal foetal placental barrier and reach the foetus (Balakrishnan, et al., 2010, Schonfelder, et al., 2002). The perinatal period is characterized by hormone regulation of cell proliferation, migration and differentiation in developing organs. Moreover, during this stage, the organism has immature DNA repair mechanisms, immune system, detoxification and hepatic metabolism. Thus, it is not surprising that BPA effect on body weight gain occurs after exposure during foetal development.

The effects of BPA appear to be not dependent of the beginning and length of treatment. As reported, effects of BPA can occur after an exposure from GD6-GD15 up to the birth or not. As described by Howdeshell et al. (1999) and Nikaido et al. (2004), a gain of body weight can be observed in offspring from BPA-treated dams only before delivery (Howdeshell, et al., 1999, Nikaido, et al., 2004). Likewise, Rubin et al. (2001) shown that the effect of BPA on body weight increase were observed during the period of exposure, and persisted when BPA administration ceased (Rubin, et al., 2001).

2.2. Dose effects of BPA

Another key concept in the field of endocrine disruption is the existence of non-traditional dose response curves. Many EDCs and hormones exhibit response neither as the threshold nor as the linear nonthreshold common models. These U-shaped and inverted U-shaped dose response curves are considered "nonmonotonic" and are used as evidence that very low doses can be biologically efficient (Calabrese and Baldwin, 2001). These non-monotonic dose responses make difficult to predict responses in the low dose environmental exposure range based on exposures in the high dose range (Conolly and Lutz, 2004). These concepts are now well accepted for hormones and neurotransmitters but they are still not clearly admitted for endocrine disruptor. Concerning BPA, it exhibits generally a nonmonotonic inverted U-shaped dose response (Vandenberg, et al., 2009).

Rubin et al. (2001) performed an oral BPA exposure (0.1 mg (low dose) or 1.2 mg BPA/kg bw/day (high dose) in drinking water) on pregnant Sprague-Dawley rat to GD6 up to the weaning. They observed a significant increase (≥10%) of body weight of the pups born to BPA-treated females. Interestingly, animals exposed to low dose of BPA were heavier than those exposed to the high dose of BPA, which are consistent with a non-monotonic inverted-U-shaped BPA dose-response (Rubin, et al., 2001). In another study, Miyawaki et al. (2007) exposed pregnant mice to oral administration of BPA in drinking water (~0.3 and ~3 mg/kg/day) from GD10 up to PND30 of pups. Body weight of offspring was significantly increased and exhibited a positive correlation with adipose mass. However, there was a sex effect as BPA induced a non-monotonic and inverted-U-shape dose-response increase in the mean adipose tissue mass in

female offspring, while it caused a monotonic dose-response increase in this mass in male offspring. In the same study, the authors described an increase of plasma TC and TG levels which displayed a non-monotonic and inverted-U-shaped dose-response in female as well as male mice (Miyawaki, et al., 2007). More recently, Alonso-Magdalena et al. (2010) shown that administration of 10 and 100 μg/kg/day of BPA (subcutaneously injected) to pregnant OF-1 mice was associated with higher birth weight up to the weaning but only with the exposure to 10μg/kg/day BPA (Alonso-Magdalena, et al., 2010). Likewise, Wei et al. (2011) studied effects of perinatal exposure to 50, 250 and 1250 μg/kg bw/d in Wistar rats on a normal and high-fat diet. They observed that only 50 μg/kg bw/d of BPA resulted in increased body weight, elevated serum insulin, and impaired glucose tolerance in adult offspring. On a high-fat diet, such detrimental effects were accelerated and exacerbated. No adverse effect of perinatal BPA exposure at 250 and1250 μg/kg bw/d was observed (Wei, et al., 2011).

Concerning glucose homeostasis, Alonso-Magdalena et al. (2010) shown that administration of 10 and 100 µg/kg of BPA (subcutaneously injected twice per day) to adult male mice produced a rapid increase in plasma insulin and a decrease in blood glucose after only 30 min. These alterations occurred according to an inverted-U shape dose-response curve (Alonso-Magdalena, et al., 2008).

2.3. Species and gender dependent effects of BPA

Concerning the species dependent effect, the major studies were performed in mice and rat model. The lack of data doesn't permit to clearly conclude on this issue. However, it is well

known that in human xenobiotics are better metabolized and eliminated than in murine models.

This fact must be considered before conclude to the potential effect of BPA notably.

As above described, Miyawaki et al. (2007) reported an effect of BPA which was different according mouse offspring gender (cf. dose effects of BPA). Moreover, TC level increase was more significant in females with a positive correlation with adipose tissue weight. Whereas in males, TG level increase was more significant with a negative correlation with adipose tissue weight but a positive correlation with non-esterified fatty acid serum level. Thus, it seems that BPA induce hypercholesterolemia in female offspring and hypertriglyceridemia in male offspring. In the same study, plasma leptin level was increased only in female offspring (Miyawaki, et al., 2007).

Likewise, in a recent study, Sprague Dawley rats treated with drinking water containing 1 mg/L BPA from GD6 through the end of lactation showed a weight increase of male and female pups on PND1. However, on PND21, body weight was increased only in females in correlation with parametrial white adipose tissue (pWAT) weight (Somm, et al., 2009).

2.4. Impact of administration way

The administration way determines the availability of compounds and consequently its activities in an organism. In studies using diet route or oral gavages, the authors failed to found an effect of BPA (Kwon, et al., 2000, Palanza, et al., 2002, Ryan, et al., 2010, Seidlova-Wuttke, et al., 2005) in opposition to BPA diluted in drinking water (Miyawaki, et al., 2007, Rubin, et al., 2001, Somm, et al., 2009) or subcutaneous injection (Alonso-Magdalena, et al., 2008, Nikaido, et al.,

2004). As an exception, an increased body weight was reported at the time of weaning in female CD-1 mice born to mothers that received an oral dose of 2 µg BPA/kg bw /day on gestational days 11–17. However, the difference in body weight was seen in females positioned between two females in the uterine horn during gestation. This finding suggests that the magnitude of BPA's effects on body weight were influenced by subtle differences in the hormone environment in utero (Howdeshell, et al., 1999). As described above, Wei et al. (2011) also observed effects of a perinatal exposure to 50 μ g/ kg bw/d of BPA administrated by oral gavage (Wei, et al., 2011). Even if the exposure of BPA via drinking water or subcutaneous injection appears to be more efficient, there is no clear evidence to conclude of this issue. In all *in vivo* studies, the range of BPA doses used is large. Thus, the relationship between route of administration and dosedependent effects of BPA is difficult to highlight. The understanding of current levels of human BPA exposure is complicated by the limited knowledge of the ways by which humans are exposed. Because BPA leaches into food from plastic packaging and resin linings of food and beverage containers, it has been widely assumed that the consumption of contaminated food and beverages represents the major route of human exposure. However, new sources of exposure continue to be uncovered, such as thermal (carbonless) receipts used for many daily transactions that contain a coating of high levels of free BPA, raising the possibility that dermal transport may also be a significant source of exposure (Biedermann, et al., 2010, Zalko, et al., 2011)). There is also significant leaching of BPA from children's books (Sajiki, et al., 2010).

Concerning oral route of administration, differential processing of high doses relative to low doses of BPA may contribute to the inverted-U-shaped non-monotonic dose-response curve that

has been earlier described for this molecule and other compounds (Kern, et al., 2003, vom Saal, et al., 1998, vom Saal, et al., 1997). Pottenger *et al.* also reported that a single oral administration of BPA (10 mg/kg or 100 mg/kg) resulted in the metabolization of BPA to the monoglucuronide conjugate, the major urinary metabolite of the compound. Thus, BPA plasma levels were lower and the period of time that detectable levels of BPA were present in the plasma was abbreviated. Their results demonstrated a route dependency of BPA bioavailability in rats, with oral administration resulting in the lowest bioavailability, and offer an explanation for the apparent route differences in effect observed for BPA (Pottenger, et al., 2000). These data suggest that the BPA biotransformation is an important parameter to take into account according to the exposition way.

Many studies have attempted to reported the inability to detect unconjugated serum BPA based on one experiment conducted with a limited sample size and a relatively insensitive assay (Volkel, et al., 2002) as an indication that all administered BPA is completely metabolized during its first pass through the liver. In contrast, Taylor et al. (2011) found in their study with rhesus monkeys do not support this conclusion and also conclude that the adult rhesus monkey is a valid model for predicting the serum levels of conjugated BPA after oral exposure in humans Likewise, BPA pharmacokinetics in women, female monkeys, and mice is very similar. The authors compared the approximately 2 ng/mL unconjugated serum BPA reported in multiple human studies with their study where they found unconjugated serum BPA concentration of 0.5 ng/mL in both monkeys and mice after a 400 µg/kg oral dose, They concluded that total daily human exposure occurs via multiple routes and is much higher than previously assumed (Taylor, et al., 2011).

2.5. Body weight gain or a faster rate of growth?

The body weight gain observed in studies seems to be not only related to an increase of adipose tissue mass. Recently, Ryan et al. (2010) tested the hypothesis that perinatal exposure to an ecologically relevant dose of BPA (0.25µg/kg bw/d in the diet) results in increased susceptibility to high-fat diet-induced obesity and glucose intolerance in adult CD-1 mice. They found that weaning mice exposed to BPA during gestation and lactation are heavier compared with control mice. They also observed that BPA-treated mice are longer than controls at 4 wk of age, but these differences are no longer apparent when the mice reach adulthood, even when tested on a high-fat diet. They conclude that this larger size-for-age represents a faster rate of growth early in development rather than an obese, diabetic phenotype in adulthood (Ryan, et al., 2010). In contrast, Miyawaki et al. (2007) showed that body weight of offspring was significantly increased with a positive correlation with adipose mass (Miyawaki, et al., 2007). In a recent study, Sprague Dawley rats treated with drinking water containing 1 mg/L BPA showed a weight increase of male and female pups. However, body weight was increased only in females in correlation with parametrial white adipose tissue (pWAT) weight. This excess of pWAT was associated with adipocyte hypertrophy and overexpression of lipogenic genes in adipocyte and liver (Somm, et al., 2009). Thus, activity of BPA seems to be both the consequence of growth stimulation and an increase of lipid storage.

2.6. Mechanism of Action

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Potential targets of BPA activity could be the TC and TG content and the adipogenesis. As described above in studies performed in vivo, effects of BPA could be mediated by an alteration in TC and TG content. These results are in accordance with in vitro studies which reported an accumulation of TG in adipocyte and hepatocyte cells after BPA treatment (Masuno, et al., 2005, Masuno, et al., 2002, Wada, et al., 2007). In these studies, authors investigated the BPA-induced differentiation of preadipocytes (3T3-L1 mouse preadipocyte cell line) to mature adipocytes. Wada et al. (2007) described that 10µM BPA significantly stimulated the accumulation of TG in mature adipocytes. The authors concluded that BPA can promote the differentiation of preadipocytes to mature adipocytes. Likewise, they observed that BPA (10µM) also stimulate the lipid accumulation in human hepatocellular carcinoma cell line HuH-7. Furthermore, BPA (~80μM) in combination with insulin seems to be able to accelerate the conversion of 3T3-L1 to adipocytes. 3T3-L1 cells treated with BPA for 2 days and subsequently treated with insulin alone for 9 days exhibited an increase of 150% in the TG content. BPA resulted in the presence of larger lipid droplets in the differentiated cells. Insulin and BPA interacted synergistically to further accelerate these processes (Masuno, et al., 2005, Masuno, et al., 2002). In contrast, Phrakonkham et al. failed to observe an alteration in TG content in 3T3-L1 treated with 80 µM of BPA for 48h and up to 8 days after this induction (Phrakonkham, et al., 2008).

Lipid accumulation in adipocytes is notably regulated by leptin protein hormone which is produced by adipocytes and it plays a key role in regulating energy intake and energy expenditure, including appetite and metabolism (Ceddia, et al., 2002, Farooqi and O'Rahilly,

2009). Interestingly, in ovariectomized rats (3 months old), BPA (0.033 and 0.333 mg/kg/day) reduced serum leptin concentrations (Seidlova-Wuttke, et al., 2005). Miyawaki *et al.* (2007) had shown, *in vivo*, an increased of serum leptin level in female but no change in male. This augmentation was in positive correlation with adipose tissue weight, which is in agreement with actual knowledge since leptin is secreted in direct proportion to body adiposity (Woods and D'Alessio, 2008). Taken together, this discrepancy between effects of BPA on serum leptin level in ovariectomized rats in comparison with female mice and the no effect in male mice could be explained by the presence or not of endogen estrogens which alter the range of the inverted U-shaped dose-effect of BPA. In contrast, Phrakonkham et al. (2008) failed to obtain an alteration of leptin protein release in differentiated 3T3-L1 adipocytes treated by 80μM BPA although mRNA level was significantly increase (Phrakonkham, et al., 2008). Up-regulation of leptin mRNA level was also reported in 3T3-L1 treated 24h by 10 μM of BPA (Lee, et al., 2008).

Another adipocyte hormone, adiponectin seems to be a target of BPA effect. Adiponectin improves insulin sensitivity by increasing energy expenditure and fatty acid oxidation (Heidemann, et al., 2008). Low doses of BPA (0.1, 1, 10nM) inhibited adiponectin release from human breast, subcutaneous, and visceral adipose explants (Hugo, et al., 2008). In contrast, Wada et al. (2007) didn't show BPA (10μM) effect on adiponectin level secreted by 3T3-L1 preadipocytes (Wada *et al.*, 2007). This discrepancy must be explained due to the use of mature adipocytes in or preadipocytes, adiponectin expression has been found to be potently induced during adipocyte differentiation (Scherer, et al., 1995). It suggests that mature adipocytes in contrast to preadipocyte exhibit receptor or pathway which will be activated or inhibited by BPA.

Concerning glucose homeostasis, several studies investigated effects of BPA treatment in the rat pancreatic islets β cells after 1h as well as after 24h exposure. Thus, treatment with E2 (10µg/l) or BPA (10 and 100 µg/l) for 24 h induce significant increase of insulin secretion with 16.7 mM glucose, compared to the control. However, in contrast to E2, 1h BPA exposure did not significantly change the level of insulin release following glucose stimulation. In addition, exposure to 10 µg/l BPA (or E2) with transcription inhibitor Actinomycin D or pure antiestrogen ICI 182,780 for 24 h significantly suppressed increase in insulin secretion. These results suggest that, similar to E2, 24h exposure to BPA induce insulin secretion via cytosolic/nuclear ERs (Adachi, et al., 2005). Likewise, Alonso-Magdalena et al. (2010) reported that long-term exposure to physiological levels of E2 (1nM) and environmentally relevant doses of BPA ((0.23 up to 22.83 μ g/l (0.1 up to 100 nM)) increased β -cell insulin content, insulin gene expression and insulin release, yet pancreatic β-cell mass was unaltered. The pancreatic insulin content was upregulated through a mechanism involving activation of ERα involving ERK1/2. Interestingly, BPA-induced increase of insulin content followed an inverted-U shape dose-response curve, being significant at doses as low as 100pM-1 nM and equally effective as E2 with 1 nM of BPA (Alonso-Magdalena, et al., 2008).

Likewise, in a recent report, Makaji et al. (2011) described that BPA treatment directly affected insulin secretion in mouse beta TC-6 cells. Furthermore, chronic exposure to BPA altered the expression of key proteins in the cellular and endoplasmic reticulum stress response. Authors suggest that long-term BPA exposure may be detrimental to β-cell function and ultimately be an important contributor to the etiology of Type 2 diabetes (Makaji, et al., 2011).

The glucose uptake is also important for its homeostasis. The transport of glucose over the plasma membrane is mediated by members of the glucose transporters (GLUT) family. *In vitro*, Sakurai *et al.* (2004) reported that BPA (1 and 100μM) stimulated insulin-dependent glucose uptake and increased expression of GLUT4 in 3T3-F442A murine pre-adipocytes whereas E2 and lower BPA levels (<1μM) were ineffective. Of interest, this effect of BPA was not inhibited by ICI 182,780, revealing that this effect is nuclear ER independent (Sakurai, et al., 2004).

Development and maturation of brain circuits involved in the regulation of food intake and metabolism occur during the perinatal period (Grove, et al., 2005, Simerly, 2008, Xiao, et al., 2007). They could be potential direct or indirect targets of BPA action during perinatal exposure. Several studies have confirmed the ability of BPA to affect the developing brain even at very low doses (Richter, et al., 2007).

2.7. Molecular mechanisms induced by BPA

2.7.1. Target genes in 3T3-L1 preadipocytes

By using DNA microarray with RNA from 3T3-L1 preadipocytes, BPA was described to upregulated gene expression involved in lipid metabolism, adipocyte differentiation, and inflammation. Notably, the up-regulation of hormone-sensitive lipase, phospholipase A2, and phospholipase C involved in lipid metabolism were reported. Likewise, up-regulation of CD36, a receptor for oxidized- or acetylated-LDL, adiponectin and TNF-α, an important adipocytokine to induce insulin resistance, were also observed (Wada, et al., 2007). In contrast, mRNA expression

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of resistin, an adipokine known to link obesity to Type 2 diabetes in rodents (Steppan and Lazar, 2004), was not altered in 3T3-L1 cells treated by 10μM of BPA for 24h (Lee, et al., 2008).

2.7.2. BPA an activator of PI3K pathways

Phosphatidylinositol 3-kinase (PI3K) is essential for lipid accumulation in 3T3-L1 adipocytes as reported by using a PI3K inhibitor LY294002 (Xia and Serrero, 1999). Likewise, activated PI3K induced phosphorylation of AKT kinase which was found to result in spontaneous differentiation of fibroblast into adipocytes in association with lipid accumulation (Kohn, et al., 1996). Consequently, Masuno *et al.* (2005) described that LY294002 blocked completely TG accumulation and adipocyte differentiation provoked by BPA. Moreover, BPA was able to increase the level of phospho-AKT (Masuno, et al., 2005). Then, TG accumulation and adipocyte differentiation induced by BPA was mediated by the activation of PI3K and AKT kinase pathway.

2.7.3. BPA, an estrogenic compound

As described above, sex-dependent and dose-dependent differences in body weight in response to early postnatal exposure to BPA suggest that estrogenic properties of BPA may contribute to effects on body weight.

About the effects of BPA on lipid homeostasis, none studies investigated whether BPA activated ER or not. In contrast, in glucose homeostasis, BPA seems to act partially through ER

pathways (Adachi, et al., 2005, Alonso-Magdalena, et al., 2008) and another pathway was found to be dependent of ncmER as reported in pancreatic islet cells (Alonso-Magdalena, et al., 2005). Pancreatic cells secrete insulin according to ionic events which generate an oscillatory electrical activity that causes intracellular calcium concentration ([Ca²⁺]i) to oscillate as well. The oscillatory [Ca²⁺]i pattern triggers a pulsatile insulin secretion. [Ca²⁺]i oscillations is regulated by E2 in α - and β -cells. In the glucagon-containing α -cells, E2 suppressed [Ca²⁺]i oscillations generated by low glucose, whereas in β-cells it potentiates calcium ion signals (Ropero, et al., 2002). Interestingly, the E2 effect is initiated after binding to the no-classical membranar estrogen receptor (ncmER; (Nadal, et al., 2000, Ropero, et al., 2002)). In mouse pancreatic αcells within isolated and intact islets of Langerhans, BPA (1nM) inhibited low-glucose-induced [Ca2+]i oscillations and consequently decreased glucagon release. Moreover, similarly to E2, BPA seems to acts via the ncmER as shown by the no-effect of the anti-estrogen ICI 182,780. Another related finding is that in pancreatic cells, BPA stimulates phosphorylation and activation of the transcription factor CREB within a few minutes via a calcium-dependent mechanism that is activated by ncmER (Quesada, et al., 2002). CREB also plays an important role in adipocyte differentiation, and it is possible that the effects of BPA on adipocyte differentiation thus also involve rapid effects on CREB (Alonso-Magdalena, et al., 2005).

BPA appeared also to bind to ncmER inducing an activation cascade as follow: stimulation of nitric oxide synthase (NOS) which produces NO and activates soluble guanylate cyclase. The resulting increase of cGMP levels activates PKG, inducing alteration in ion channels and producing the abolishment of low-glucose–induced [Ca2+]i (Alonso-Magdalena, et al., 2005).

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2.7.4. BPA activates nuclear receptor pathways?

The other possibility is that BPA binds to other nuclear receptors, such as human steroid and xenobiotic receptor (Takeshita et al., 2001). Notably, BPA is an indirect agonist of RXR but it must be previously metabolized; however, the metabolite that is responsible for the inducing activity is unknown (Li et al., 2008). BPA also induced an increase of RXRα and RXRβ mRNA expression in murine embryos (Nishizawa, et al., 2005). Moreover, although bisphenol A diglycidyl ether (BADGE) is a antagonist of PPARγ, no evidence was reported to determine an effect of BPA on PPARy activity. However, BPA was found to be able to increase the mRNA expression of PPARγ in 3T3-L1 preadipocyte (Phrakonkham, et al., 2008). PPARγ/RXR signallings have been identified as major regulators of adipogenesis (Rangwala and Lazar, 2000). BPA seems also to bind to thyroid receptor (TR) and distinctly regulate the action of TR function, thyroid hormone system being important for biological functions such as growth, development and metabolism (Jung, et al., 2007). To date and our knowledge, among the others nuclear receptors involved in energetic metabolism, effects of BPA on activities of liver X receptor (LXR), farnesoid X receptor (FXR), retinoic acid receptor (RAR) and RXR were not investigated and thus, remains potential targets for BPA studies. However, recently, it was reported that BPA was able to promote adipogenesis through the activation of the glucocorticoid receptor (Sargis, et al., 2010).

The last identified member of the orphan estrogen-related receptor (ERR) family, ERRγ, has been found to bind BPA (Matsushima, et al., 2008, Okada, et al., 2008). The functions of ERRγ have not been clearly defined. ERRγ is present in adipose tissue and recent data suggests

that ERR γ as ERR α and ERR β , plays an important role in the transcriptional control of energy homeostasis (Giguere, 2008). Further studies are necessary to determine whether BPA may exert effects on ERR γ and its target genes.

2.7.5. Epigenetic modifications

Epigenetics refers to DNA methylation and chromatin acetylation modifications that persist from one cell division to the next despite a lack of change in the underlying DNA sequence. Some epigenetic changes show transgenerational inheritance. Epigenetics play an important role in cellular differentiation, allowing distinct cell types to have specific characteristics despite sharing the same DNA sequence. Endocrine disruptors have recently been shown to promote an epigenetic transgenerational phenotype involving a number of disease states (Anway and Skinner, 2006). Studies have mainly focused on epigenetic changes in reproductive tract tissues. In a recent review, authors highlighted researches indicating a consequence of prenatal BPA exposure for brain, behavior, and immune outcomes and discuss evidences for the role of epigenetic pathways in shaping these developmental effects. They conclude that though there is emerging evidence supporting the role of epigenetic mechanisms in these BPA-induced effects, further studies are needed to examine the correlation between BPA-induced epigenetic alterations, changes in gene expression, and phenotypic outcomes (Kundakovic and Champagne, 2011). In this way, similar effects could possibly occur in other differentiating endocrine responsive tissues.

2.8. BPA, an endocrine disruptor

Interestingly, others EDCs induces similar effects that BPA on energy balance suggesting that the same pathways are involved. For example, diethylstilbestrol (DES) is a very potent xenoestrogen and it has often been used as a positive control in toxicology experiments evaluating endocrine disruptors. Prenatal exposure with low dose of DES (1μg/kg/day) did not alter birth weight but induce a significant increase in adult body weight in a positive correlation with adipose tissue mass (Newbold, et al., 2005). Like BPA, effects of DES differ according to the period of exposure and dose levels which follow a non-monotonic dose-response curve. In studies of pancreatic cells in both primary culture and *in vivo* suggest that 1nM of DES affect the normal physiology of the endocrine pancreas by suppressing, as BPA, low-glucose–induced intracellular calcium ion ([Ca2+]i) oscillations in α-cells, the signal that triggers glucagon secretion (Alonso-Magdalena, et al., 2005).

An organotin, tributyltin chloride (TBT) has been shown to disrupt normal development and homeostatic controls over adipogenesis and energy balance (Grun and Blumberg, 2006, Tabb and Blumberg, 2006). TBT stimulates adipocytes differentiation *in vitro* and increases lipid droplets accumulation in 3T3-L1 cells (Inadera and Shimomura, 2005). *In vivo* exposure to TBT increased body fat mass and was involved in obesity development (Grun and Blumberg, 2006).

In vitro study show that nonylphenol have the same effects that BPA on lipid content in 3T3-L1 pre-adipocyte and HuH-7 hepatocytes cells (Wada, et al., 2007). Likewise, long-term exposure to nonylphenol promotes *in vitro* insulin secretion from rat pancreatic islets via cytosolic/nuclear estrogen receptors (Adachi, et al., 2005).

Among the phtalates, mono-ethyl-hexyl phthalate (MEHP) and mono-benzyl phthalate (MBzP) was found to activate PPARγ and to be associated with adipocyte differentiation of 3T3-L1 cells (Feige, et al., 2007).

2.9 BPA and human metabolic disorders: epidemiological studies

Although there are a large number of in vitro and experimental animal studies concerning the role of BPA and other "obesogens" in obesity and other co-morbidities associated with metabolic syndrome, only a few epidemiologic studies have examined the possible role of BPA in the human obesity epidemic. In human and to our knowledge, only one recent study highlighted specifically a correlation between BPA urinary level and an increased prevalence of obesity, diabetes but also of cardiovascular disease and liver-enzyme abnormalities obesity. Thus, BPA concentration in subjects with body mass index recommended (18.5-24.9) were 3.91 ng/ml while as it was 6.93 ng/ml in obese II category (BMI>35). However, this relation could be explain by an increased of dietary weight intakes associated with obesity which result in higher intakes of BPA (Lang et al., 2008). Likewise, in the InCHIANTI Adult Population Study performed by Galloway et al. (2010) in order to define the relationship between daily bisphenol A excretion and associations with sex hormone concentrations, authors found higher excretion rates among men, younger respondents, and those with increasing waist circumference and weight. But no associations with the Body Mass Index was found (Galloway, et al., 2010). Melzer et al. (2010) found that Higher BPA concentrations were associated with coronary heart disease and diabetes in a cross-sectional analysis of US national health and nutrition examination survey (NHANES) data (Melzer, et al., 2010).

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3. Conclusions and Remarks

Like others EDCs, BPA seems to be able to alter energy balance at different levels. Like DES, which is a strong agonist to estrogen receptor, BPA induce an increase of body weight. It may suggest that estrogen receptor pathway is preferentially activated by DES and BPA inducing an alteration of energy. Interestingly, it appears important to have an impregnation of BPA during the gestation period to observe significant effects. Like observed in endocrine disruption studies, BPA exhibit currently a non-monotonic inverted-U-shaped dose-response and a gender-response. It could be explained by both estrogenic and anti-androgenic effects of BPA. However, others pathways were involved (ncmER, PI3K/AKT) but it remains to made further studies to conclude. Another important parameter to evaluate is the administration way of BPA which interfere on its bioavalabilities and consequently its activities. In further study, the impact of new sources of BPA exposure (dermal, inhalation) should be investigated in order to consider the adverse effects of BPA in its enterity.

The alterations induced by BPA could expect that a chronic exposure lead to insulin resistance, energetic imbalance and subsequently could increase the incidence of obesity and/or diabetes. Certainly, additional studies are necessary to investigate the effects of BPA on metabolism disorder in order to define whether this is a compound-specific effect or a general effect of endocrine disruptor.

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