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REVIEW



Technologically relevant *Bacillus* species and microbial safety of West African traditional alkaline fermented seed condiments

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ABSTRACT

Fermented food condiments serve as a major source of nutrients to many homes in West Africa, especially among the rural poor who use these condiments as a cheap source of protein substitute for milk and other animal protein sources. Traditional fermented West African condiments are produced by spontaneous fermentation of legumes and protein-rich seeds of both cultivated and wild plant species. These fermented condiments are culturally accepted and widely produced in the West African sub-region, and rely on indigenous microbiota responsible for taste, texture, aroma development and the overall unique product characteristics. Detailed understanding of fermentation microbiota and their unique technological and functional properties are fundamental in developing products with enhanced quality and safety, as well as development of specific locally adapted starter cultures. Technologically relevant Bacillus spp., mainly Bacillus subtilis, are the predominant fermentative bacteria responsible for the natural fermentation of condiments across West Africa. Other species of Bacillus including B. amyloliquefaciens, B. licheniformis, B. pumilus, B. megaterium, B. sphaericus, B. cereus, B. badius and B. fusiformis are also frequently involved in the fermentation process. These bacterial species are responsible for flavor development, bio-conversion of complex food molecules, and production of antimicrobial compounds that impact shelf-life and safety, and in some instances, may confer host-beneficial health effects beyond basic nutrition. First, this review provides currently available information on the technologically relevant Bacillus species isolated from fermented food condiments in nine (9) West African countries. In addition, perspectives on harnessing the potentials of the technologically beneficial bacterial strains in fermented condiments in West Africa for enhanced food safety, quality and overall food security is presented.

KEYWORDS

Spontaneous fermentation; food safety; Bacillus subtilis; protein degradation; legume; West Africa

Traditional alkaline fermentation of seed condiments in West Africa

Protein-rich plant seeds are fermented into condiments in West Africa, and they constitute an important component of the peoples' diets. These condiments are popular across the West African sub-region for their sensory characteristics and high nutritional value, where they serve as flavoring in soups and stews, and form a significant source of low-cost protein in the predominantly starchy staple region (Azokpota, Hounhouigan, and Nago 2006; Dakwa et al. 2005; Parkouda et al. 2009). The raw materials for the processing of fermented condiments in West Africa come from many different plant species, including seeds of several wild trees, as well as various cultivated leguminous plants (Achi 2005; Ogunshe, Omotosho, and Ayansina 2007; Ouoba et al. 2004; Parkouda et al. 2009; Terlabie, Sakyi-Dawson, and Amoa-Awua 2006). Fermented condiments produced from the

same raw material with similar or minor differences in production process may be known by different local names depending on country or local region of production. For example, while dawadawa is a common name for spontaneously fermented African locust bean [Parkia biglobosa (Jacq. Benth)] in Ghana and Nigeria, the same product is also known under different local names such as soumbala in Burkina Faso (Ouoba et al. 2004), afitin, iru or sonru in Benin (Azokpota, Hounhouigan, and Nago 2006), nététou in Senegal (N'Dir et al. 1994), kinda in Sierra Leone and iru in some parts of Nigeria (Sanni et al. 2000). Similarly, fermented condiment from roselle seeds [Hibiscus sabdariffa (Linn.)] is known by different local names such as bikalga in Burkina Faso (Ouoba et al. 2008), yanyanku and ikpiru in Benin (Agbobatinkpo et al. 2013) and mbuja in Cameroon (Mohamadou, Mbofung, and Barbier 2013). Different plant species commonly used for the processing of various

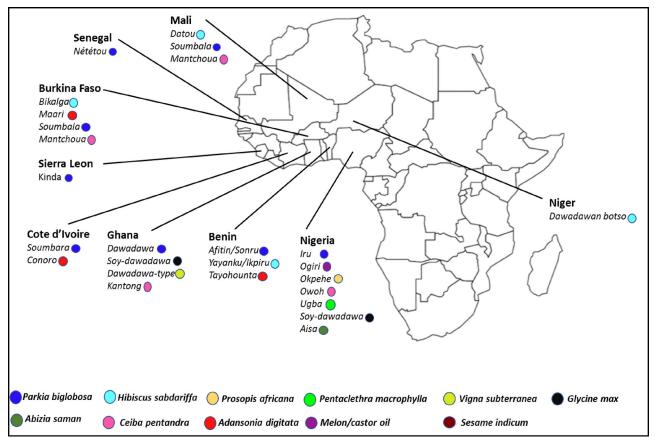


Figure 1. Common plant species for the processing of West African fermented seed condiments.

condiments in different West African countries is shown in Figure 1.

As a typical artisanal process, West African fermented seed condiments are produced at household or small-scale level, with most phases of the production process and parameters, such as pH, time, and temperature are often poorly controlled. The fermentative process, which is considered as a crucial phase in the production of fermented foods, is spontaneous or achieved by back-slopping, a process that affects product quality and safety. Consequently, a huge diversity of microorganisms has been detected, in association with the fermentation of West African traditional fermented seed condiments. Thus, it is possible to find a heterogeneous population of microbiota, including the technologically important, as well as microbial pathogens and/or strains liable to synthetize toxic by-products such as mycotoxins, ethyl carbamate and biogenic amines in the spontaneously fermented condiments with negative implications for food safety and public health.

Due to the proteinaceous nature of the plant raw materials used for the processing of food condiments, the natural fermentation of these raw materials is generally characterized by extensive hydrolysis of the proteins into peptides, amino acids and ammonia, resulting in pH increasing to about 8-10 in the final product (Aderibigbe and Odunfa 1990; Leejeerajumnean et al. 2001; Odunfa 1985; Omafuvbe et al. 2004). However, in a few fermented seed products such as kantong produced in northern Ghana, the addition of cassava flour to Ceiba pentandra (kapok) seeds leads to a

co-dominance of lactic acid bacteria (LAB) and Bacillus in the fermentation matrix resulting in relatively lower pH of about 5-7 (Kpikpi et al. 2010). Other important biochemical activities such as degradation of oligosaccharides to simple sugars have also been reported (Omafuvbe, Shonukan, and Abiose 2000; Ouoba, Diawara, Christensen, et al. 2007). Fermentation of protein-rich seeds into condiments in West Africa are reportedly dominated by aerobic endospore-forming bacteria (AEB), particularly Bacillus spp., with AEB counts reaching 10 Log₁₀ CFU/g in the final products (Kaboré et al. 2012; Parkouda et al. 2009; Parkouda et al. 2010). During the fermentation process, Bacillus spp. degrade plant proteins into peptides and amino acids (Odunfa, 1985; Ouoba et al., 2003). Subsequently, the free amino acids are utilized by the Bacillus as carbon and nitrogen sources, to produce ammonia/ammonium hydroxide, resulting in high pH values and the associated atypical odor of these fermented condiments (Amoa-Awua et al. 2014; Ouoba et al. 2005; Ouoba, Rechinger, et al. 2003; Parkouda et al. 2009). Furthermore, the microbiological and biochemical processes occurring during alkaline fermentation of seed condiments are reported to improve the nutritional value of the final products through transformation of the chemical constituents of the raw material. Degradation of anti-nutritive factors, improvements in digestibility and increase in concentrations of vitamins, minerals, and essential amino acids have also been reported for fermented seed condiments (Adams 1990; Kwak et al. 2010; Makanjuola and Ajayi 2012; Okechukwu et al. 2012; Parkouda et al. 2009).

Indeed, several studies have reported the contribution of fermented condiments to the nutritional requirements of consumers, where they serve as sources of essential amino acids and fatty acids, including B vitamins (Odunfa and Adesomoju 1985; Odunfa and Adesomoju 1986). High levels of free amino acids, non-protein and soluble nitrogenous compounds are reported in iru, a West African fermented seed condiment (Azokpota, Hounhouigan, and Nago 2006; Azokpota et al. 2006; Gernah, Inyang, and Ezeora 2007). Also, increase in the concentration of essential amino acids, particularly, methionine, phenylalanine, leucine, isoleucine and lysine during alkaline fermentation of African locust bean has been reported (Ouoba, Cantor, et al. 2003).

The microbiota of fermented condiments greatly influences product characteristics, such as quality, safety and products functionality. Despite the similarities that exist among the various condiments produced in West Africa, previous investigations have independently focused on the isolation, characterization and identification of dominant microorganisms involved in the fermentation of these products in different countries. Irrespective of raw material or country of production, most of these investigations, have reported the dominance of Bacillus spp. in these condiments (Adewumi et al. 2013; Agbobatinkpo et al. 2013; Amoa-Awua, Terlabie, and Sakyi-Dawson 2006; Azokpota et al. 2007; Meerak et al. 2008; Oguntovinbo et al. 2010; Ouoba et al. 2008; Parkouda et al. 2009; Parkouda et al. 2010).

Information on the unique features including technological and functional properties of the fermentative Bacillus species isolated from fermented condiments in West Africa have been sparsely reported in literature. Thus, except for a previously published review on the microbiology of alkaline fermented condiments in Africa and Asia more than a decade ago (Parkouda et al. 2009), there is lack of a current comprehensive overview of the fermentative and technologically relevant Bacillus species in West African alkaline fermented food condiments. This information is however, fundamental to designing locally adapted common starter culture(s) that could contribute significantly to enhancing food safety, food quality and overall food and nutrition security in the sub-region. Therefore, the aim of this paper is to present a comprehensive review of the status of currently available knowledge on the fermentative and technologically relevant Bacillus species isolated from alkaline fermented seed condiments in West Africa. The information in this review is presented with a focus on the taxonomic diversity, distribution and interactions of Bacillus species in alkaline fermented seed condiments in West Africa. Additionally, technological and functional properties of Bacillus species, including development of aroma compounds, nutritional improvements and degradation of toxins and production of antimicrobial compounds are presented. Microbial safety aspects of West African alkaline fermented seed condiments as well as perspectives and innovations for future developments are proposed within the context of food quality, safety and overall food security in West Africa.

Taxonomic diversity and distribution of Bacillus spp. in fermented condiments

Conventionally, microbiological procedures of selective isolation, enumeration, taxonomical profiling and identification have been employed to analyze the microbiota of different indigenous fermented food condiments in West Africa. These classical techniques include cultural morphology, microscopic, biochemical or physiological characteristics and other phenotypic features such as carbohydrate fermentation profiles that are used in the detection, identification and differentiation of bacterial species associated with various African fermented foods (Obadina et al. 2008; Odunfa and Adesomoju 1985; Sanni, Ahrne, and Onilude 1995; Uzeh, Ohenhen, and Rojugbokan 2006). Microbial examinations of fermented food condiments in West Africa have been studied using traditional culturing and isolation approaches that are discriminatorily low, non-reproducible and laborious (Jeff-Agboola 2007; Okorie and Olasupo 2013a). Other challenges associated with these techniques include time consuming, and often times, ambiguous identifications (Rantsiou and Cocolin 2006). In a pioneer study by Odunfa (1981), colony morphology, microscopic examination, including cultural and biochemical characterization were used to identify the microorganisms associated with iru. Similarly, bacterial isolates in dawadawa and daddawa, using cultural characteristics and biochemical tests (Antai and Ibrahim 1986; Ogbadu and Okagbue 1988). The microorganisms associated with natural fermentation of mesquite seeds [Prosopis africana (Tuab)] for the production of okpiye/okpehe were also determined by microscopic parameters, cultural morphology and sugar fermentation profiles (Achi 1992). Also, Bacillus species involved in the fermentation of African oil bean [Pentaclethra macrophylla (Benth.)] seeds during ugba production were phenotypically characterized by employing physiological, microscopic and growth characteristics (Isu and Njoku 1997; Sanni et al. 2002). However, the availability of diverse culture-dependent molecular typing methods and culture-independent molecular assessment technologies, based on analysis of DNA or RNA used in recent years, has enabled better comprehension and more detailed understanding of the microbial composition and quantification, taxonomic identification, biodiversity and distribution of these fermented food condiments. An overview of predominant Bacillus species isolated from alkaline fermented seed condiments in West Africa is presented in Table 1.

Oguntoyinbo et al. (2010) used a combination of amplified ribosomal DNA restriction analysis (ARDRA) and randomly amplified polymorphic DNA (RAPD) PCR fingerprinting techniques to successfully differentiate between Bacillus species isolated from okpehe, a traditional fermented soup condiment from Nigeria. These authors, however, found that ARDRA digestion with HhaI, Hinfl and Sau3AI alone was not sufficient to differentiate between the Bacillus species; except for distinguishing B. cereus from B. subtilis. Subsequently, a simple, rapid, reproducible and reliable ARDRA protocol, based on RsaI and CfoI, which clearly differentiated closely related species of the B. subtilis sensu

 Table 1. Overview of predominant Bacillus species occuring in fermented seed condiments in West Africa.

Product name	Substrate/raw material	Bacillus spp.	Method of identification	Country/region	Reference
Dawadawa	Parkia biglobosa seed	B. subtilis, B. pumilus, B. licheniformis, B. firmus, B. atrophaeus, B. amyloliquefaciens, B. mojavensis, Lysininbacillus sphaericus.	Phenotypic tests, 16S rRNA gene sequencing	Ghana	Amua-Awua et al. 2006; Meerak et al. 2008;
Dawadawa- type condiment	Bambara groundnut	B. subtilis subsp. subtilis, B. amyloliquefaciens subsp. plantarum, B. pumilus and B.	MALDI-TOF MS, 16S rRNA and <i>gyr</i> A genes sequencing	Ghana	Akanni et al. 2018
Bikalga	Hibiscus sabdariffa	licheniformis B. subtilis, B. licheniformis, B. cereus, B. pumilus, B. badius, Brevibacillus bortelensis, B. sphaericus,	Phenotypic tests, 16S-23S rRNA (ITS-PCR) gene sequencing	Burkina Faso	Bengaly 2001; Ouoba et al. 2008
lru	Parkia biglobosa seed	B. fusiformis B. subtilis, B. amyloliquefaciens, B. cereus, B. licheniformis, B. pumilus and Brevibacillus formosus	Phenotypic tests, ARDRA, ITS-PCR, ITS-PCR-RFLP, RAPD-PCR, PCR-DGGE, 16S rRNA	Nigeria	Adewumi et al. 2013; Adewumi et al. 2014
Tayohounta	Baobab seed	B. licheniformis, B. pumilus, B. subtilis, B. thermoamylovorans	gene sequencing PCR-DGGE and cloning of 16s rRNA PCR fragments	Benin	Chadare et al. 2011
Ogiri	Melon/Castor oil seeds	B. safensis, B. siamensis, B. altitudinis, B. encimensis	Phenotypic tests, 16S rRNA gene sequencing	Nigeria	Adeyemi et al. 2018; Odunfa 1985
Okpehe	Prosopis africana seeds	B. subtilis, B. amyloliquefaciens, B. cereus, B. licheniformi	Phenotyping, RAPD-PCR, ARDRA fingerprinting, 16S rRNA	Nigeria	Oguntoyinbo et al. 2010
Soumbala	Parkia biglobosa seed	B. subtilis, B. pumilus, B. cereus, B. sphaericus, Brevibacillus borstelensis, B. thuringiensis, B. licheniformis, B. badius, Paenibacillus alvei, B. firmus, P. larvae, Brevibacillus laterosporus, B. megaterium, B. mycoides	gene sequencing ITS-PCR, ITS-PCR RLFP, PFGE, 16S rRNA sequencing, RAPD-PCR fingerprint	Burkina Faso	Ouoba et al. 2004; Sarkar et al. 2002
Ugba	Pentaclethra macrophylla	B. cereus sensu lato, Lysinibacillus xylanilyticus, B. clausii, B. licheniformis, B. subtilis and B. safensis	Phenotyping, sequencing of 16S rRNA, gyrB and rpoB genes, 16S-23S rRNA ITS-PCR and rep-PCR	Nigeria	Ahaotu et al. 2013
Afitin, sonru and iru	Parkia biglobosa seed	B. subtilis, B. licheniformis, B. cereus,	ITS-PCR-RFLP, 16S rRNA gene sequencing	Benin	Azokpota et al. 2007
Nététou Sou daddawa	Parkia biglobosa seed	B. licheniformis, B. coagulans, B. subtilis, B. pumilus	Phenotypic tests	Senegal	N'dir et al. 1994; N'dir et al. 1997
Soy-daddawa	Soybean	B. subtilis	Phenotypic, PCR-DGGE and 16S rRNA gene sequencing	Nigeria	Ezeokoli et al. 2016
Owoh	cotton seeds (Gossypium hirsutum)	B. subtilis, B. licheniformis, B. pumilus,	Phenotypic tests	Nigeria	Sanni and Ogbonna 1991; Ezekiel et al. 2015
Maari	Baobab seed	B. subtilis, B. licheniformis, B. velezensis, B. safensis, B. megaterium, B. endophyticus, B. cereus, B. coagulans, B. circulans	Phenotypic tests, rep-PCR (GTG) ₅ -fingerprinting and 16S rRNA gene sequencing	Burkina Faso	Parkouda et al. 2010
Soumbara	Parkia biglobosa seed	B. subtilis, B. velezensis, B. pumilis,	16S rRNA genes sequencing, RFLP analysis	Côte d'Ivoire	Adjoumani et al. 2019
Mbuja	Hibiscus sabdariffa	B. subtilis, B. megaterium, B. amyloliquefaciens, B. pumilus and B. cereus	Phenotypic tests, 16S rRNA and <i>gyr</i> B genes sequencing	Cameroon	Mohamadou et al. 2013
Yanyanku	Hibiscus sabdariffa	B. subtilis, B. cereus, B. amyloliquefacience, B. licheniformis, B. safensis, B. altitudinis, B. aryabhattai, B. flexus, B. circulans	Phenotypic tests, rep-PCR, M13-PCR, 16S rRNA, gyrA, gyrB sequencing	Benin	Agbobatinkpo et al. 2013
Ikpiru	Hibiscus sabdariffa	B. subtilis, B. cereus, B. amyloliquefaciens, B. licheniformis, B. safensis, B. altitudinis, B. aryabhattai, B. flexus, B. circulans	Phenotypic tests, rep-PCR, M13-PCR, 16S rRNA, gyrA and gyrB genes sequencing	Benin	Agbobatinkpo et al. 2013
kantong	Kapok tree (Ceiba pentandra)	B. subtilis subsp. subtilis, B. safensis, B. amyloliquefaciens subsp. plantarum	Phenotypic tests, M13- PCR typing, 16S rRNA and <i>gyrA</i> genes sequencing	Ghana	KpiKpi et al., 2014

lato group present in iru, in particular, B. licheniformis from B. subtilis was developed (Adewumi et al. 2014; Jeyaram et al. 2011). Ouoba et al. (2004) genotypically characterized the interspecies and intraspecies relationship among B. subtilis and B. pumilus potential starter strains obtained from soumbala in Burkina Faso, using ITS-PCR, ITS-PCR-RFLP and PFGE. Similarly, ITS-PCR reportedly brought about interspecies differentiation among the B. subtilis group in iru, while ITS-PCR-RFLP with CfoI confirmed intraspecies variation, aside differentiating B. pumilus from B. amyloliquefaciens, which hitherto was a difficult task (Adewumi et al. 2014). Further RAPD-PCR analyses with OPA 18 and M13 primers revealed high strain level diversity among the dominant B. subtilis and B. amyloliquefaciens strains in iru, and these were completely diverged and phylogenetically different from Bacillus strains found in similar fermented food condiments in Asia (Adewumi et al. 2019; Adewumi et al. 2014). Repetitive-PCR and ITS-PCR were also used to distinguish Bacillus species from bikalga, and their identities confirmed by gyrB gene sequencing (Compaoré, Nielsen, Sawadogo-Lingani, et al. 2013; Ouoba et al. 2008). The B. cereus phylogeny possessing high 16S rRNA gene sequence similarity in iru were better separated by applying MLSA of chromosomally encoded housekeeping genes; B. cereus sensu stricto was clearly differentiated from B. thuringiensis (Adewumi et al. 2014). Thorsen et al. (2010; 2015) also employed phylogenetic analysis of concatenated gene sequences, as well as PCR-amplifications of toxigenic and virulent genes to identify B. cereus sensu stricto, B. cereus biovar anthracis and other species of the B. cereus group isolated from maari and Beninese traditional fermented food condiments.

Bacillus species responsible for the fermentation of baobab seeds [Adansonia digitata (L.)] for maari production, a fermented food condiment from Burkina Faso were characterized and identified using rep-PCR fingerprinting and 16S rRNA gene sequencing respectively (Parkouda et al., 2010). Bacillus species isolated during fermentation of African oil beans [Pentaclethra macrophylla (Benth.)] for ugba production were identified by sequencing of 16S rRNA, gyrB and rpoB genes; species and strains diversity were also conducted using ITS-PCR and rep-PCR (Ahaotu et al. 2013). Phylogenetic analysis of 16S rRNA and gyrB genes were used to identify and evaluate the diversity of 26 Bacillus species isolated from 12 samples of mbuja. B. subtilis and other related species were found most abundant. Genetic and phenotypic strains variability was found that can contribute to selection of starter cultures for mbuja production (Mohamadou, Mbofung, and Barbier 2013). The diversity of aerobic endospore-forming bacteria (AEB) occurring in yanyanku and ikpiru produced by spontaneous fermentation of Gossypium hirsutum and H. sabdariffa seeds respectively, was studied using genetic fingerprinting markers, including rep-PCR, M13-PCR, 16S rRNA, gyrA and gyrB PCR genes amplification (Agbobatinkpo et al. 2013). Although yanyanku and ikpiru are not directly consumed as food condiments, they are used as 'enrichment inocula' or 'starter materials' for the fermentation of P. biglobosa seeds into

fermented condiments such as iru and sonru in Benin. The use of yanyanku or ikpiru as enrichment inocula is to reduce fermentation time, exert a softening effect and ensure consistency in quality of the final product (Agbobatinkpo et al. 2011; Agbobatinkpo et al. 2012). Bacillus subtilis is the dominant species involved in the spontaneous fermentation of seeds to produce yanyanku and ikpiru, followed by B. cereus, B. amyloliquefaciens, B. licheniformis, B. safensis and B. altitudinis (Agbobatinkpo et al. 2013). In other related studies, Bacillus species isolated from dawadawa were characterized and identified by (GTG)5-rep-PCR fingerprinting, 16S rRNA and gyrA genes sequencing as belonging to B. subtilis subsp. subtilis, B. amyloliquefaciens subsp. plantarum, B. pumilus and B. licheniformis as distinct clusters (Akanni et al. 2018). Similarly, the OTU of 16S rRNA gene sequencing representing Bacillus species were found to dominate in iru and ogiri (melon seed [Citrullus vulgaris] fermented condiment in Nigeria) (Adedeji et al. 2017; Ademola et al. 2018).

So far, only a few studies have applied culture-independent molecular techniques to investigate the community microbiota, diversity, spatial distribution and taxonomic identities of West African alkaline fermented food condiments. In one of such studies, 16S rRNA gene sequences obtained from PCR-DGGE DNA bands identified B. subtilis as the consistent and main bacterial species present in iru, sampled among different retail markets and local manufacturers (Adewumi et al., 2013). B. licheniformis and Brevibacillus parabrevis were also found to be present in at least one sample of iru. Sequencing of 16S rRNA clones of PCR-DGGE of bacterial DNA in tayohounta, a fermented baobab flavoring food condiment in Benin, revealed the frequent presence of B. licheniformis, B. pumilus, B. subtilis, B. thermoamylovorans and Lactobacillus fermentum in all the samples analyzed (Chadare et al. 2011). Also, in soy-daddawa, a Nigerian fermented soybean condiment, PCR-DGGE analysis of 16S rRNA gene indicated Bacillus species as the dominant OTU, occurring throughout the fermentation of soy-daddawa (Ezeokoli, Gupta, Popoola, et al. 2016; Ezeokoli, Gupta, Mienie, et al. 2016). Recent advancement in high-throughput next generation sequencing (NGS) platforms, such as, illumina, pyrosequencing, Ion Torrent and ABI SOLiD has delivered an entirely new strategy, employing massively parallel approaches to produce millions of short DNA sequence reads in a single run. These deep sequencing techniques have facilitated better understanding of the microbial community structures, dynamics and kinetics in many ecosystems, including the ecology of fermented food products, compared to other culture-independent molecular methods (Humblot and Guyot 2009; Jung et al. 2011; Kim et al. 2011). While information is available on the metagenomic analysis, as well as Illumina and pyrosequencing analysis of bacterial communities and distribution in Asian fermented soybean food condiments such as da-jiang, doenjang, cheonggukjang and dajiang-meju (Chun et al. 2020; Jung et al. 2016; Nam, Yi, and Lim 2012; Xie et al. 2019; Zhang et al. 2018), there is dearth of reports on the application of these techniques in profiling the complex



community structure and microbiota succession of fermented protein seeds in West Africa.

Microbial interactions occurring in alkaline fermented condiments

Spontaneous fermentation of seeds in West Africa is generally accompanied with mixed population of AEB, particularly the genera Bacillus, Brevibacillus, Paenibacillus and Lysinibacillus. Other microorganisms that have been identified, along with the major Bacillus spp. dominating West African seed condiments fermentation include members of the genera Stapylococcus, Micrococcus, Proteus, Pseudomonas, Brevibacterium, Aerococcus, LAB, yeasts and molds (Dakwa et al. 2005; Jeff-Agboola 2007; Okorie and Olasupo 2013b; Ouoba et al. 2010). Staphylococcus vitulinus and S. saprophyticus detected and identified in iru for the first time, and perhaps in any ethnic African fermented flavoring condiment, based on PCR-DGGE analysis of 16S rRNA gene, as a culture-independent molecular approach, were among the major bacterial species in iru, where they represent about 63% of the bacterial population (Adewumi 2016; Adewumi et al. 2013). Indeed, staphylococci have been previously thought to be the second dominant bacterial flora after Bacillus species or co-dominanate with bacilli in various indigenous African fermented condiments, using traditional culture-dependent techniques, involving phenotypic, biochemical and molecular characterization (Antai and Ibrahim 1986; Chadare et al. 2011; Jeyaram et al. 2011; N'dir et al. 1997; Obeta 1983; Odunfa 1981; Ogbonna, Sokari, and Achinewhu 2001; Ogunshe, Omotosho, and Ayansina 2007; Okorie and Olasupo 2013b; Parkouda et al. 2010). However, the roles of these microorganisms during legume seeds fermentation is poorly understood (Adewumi 2016). Ouoba et al. (2019) while investigating the heterogeneity of Staphylococcus species in alkaline fermented foods described them as part of the secondary microbiota after Bacillus. S. arlettae, S. aureus, S. cohnii, S. epidermidis, S. gallinarum, S. haemolyticus, S. hominis, S. pasteuri, S. condimenti, S. piscifermentans, S. saprophyticus, S. sciuri, S. simulans and S. warneri were found present.

A number of studies indicate the occurrence or co-dominance of LAB with Bacillus in West African fermented seed condiments, particularly, in products where cassava or cereal flour is added to the seed during fermentation. In these products, LAB ferment various carbohydrates in the flour leading to lower pH values (4.9-6.9) of the final product (Kpikpi et al. 2010). In these types of products, interactions between LAB and the dominant Bacillus species might be important for product quality characteristics and safety. For succession of microbial species involved in the alkaline fermentation of seed condiments, Bacillus species are often reported to dominate throughout the fermentation period while LAB are often detected at the later stages of the fermentation processes. During the fermentation of dawadawa, Leuconostoc dextranicum and Leuconostoc mesenteroides significantly appeared only after 24h of fermentation, whereas Bacillus species were dominantly present throughout the 72h fermentation period (Antai and Ibrahim 1986). LAB such as Enterococcus faecium, E. hirae, E. durans, E. casseliflavus, L. fermentum, L. agilis, Leuconostoc mesenteroides, L. dextranicus, Streptococcus equinus, Pediococcus acidilactici, P. pentosaceus and Weissella confusa have been identified in West African fermented condiments, but whose roles are yet to be ascertained (Antai and Ibrahim 1986; Chadare et al. 2011; Diaz et al. 2019; Kpikpi et al. 2010; Ouoba et al. 2010; Parkouda et al. 2010). The most common form of microbial interactions investigated so far in alkaline fermented food condiments in West Africa is antagonism. A mixed culture laboratory-scale fermentation of Prosopis africana seeds for okpehe production, involving bacteriocin-producing starter B. subtilis BFE 5301 and non-bacteriocin-producing B. subtilis BFE 5372, produced okpehe with acceptable sensory features, in which growth of B. cereus was antagonized and undetected (Oguntoyinbo et al. 2007). Similarly, B. amyloliquefaciens ssp. plantarum strains A4, I8 and G3 demonstrated antimicrobial activities against B. cereus NVH391-98, by inhibiting it when co-inoculated in H. sabdariffa seedsbased medium (Compaoré, Nielsen, Sawadogo-Lingani, et al. 2013). The B. amyloliquefaciens ssp. plantarum strains exhibited broad-spectrum antifungal and antibacterial properties in vitro, being able to qualitatively produce inhibitory compounds like lipopeptides, iturin, fengycin, surfactin, difficidin, macrolactin, bacillaene and the dipeptide bacilysin. Three B. subtilis strains (B3, B122 and B222) isolated from maari, which tested positive for bacteriocin production, delayed the growth of B. cereus NVH391-98 when co-cultured in a medium containing 5% (w/w) baobab seeds (Kaboré et al. 2013). In a bacteria-mould interaction, B. subtilis and B. pumilus strains from soumbala caused aberrant spore germination of Aspergillus ochraceus, with about five to eight log reduction, in addition to growth inhibition of Micrococcus luteus, S. aureus, B. cereus, E. faecium, Listeria monocytogenes, Escherichia coli, Salmonella typhimurium, Shigella dysenteriae and Yersinia enterocolitica during coinoculation fermentation of P. biglobosa for soumbala production (Ouoba, Diawara, Jespersen, et al. 2007).

It is evident from the preceding reports that spontaneous fermentation of seed condiments in West Africa involves a complex microbial community, and their proliferation, metabolic activity and their intra- and interspecies interactions greatly influence the quality of these fermented condiments. Although several interaction mechanisms such as production of bacteriocins and antagonism have been widely described for various fermented foods microbiota, there is dearth of information on more complex interaction mechanisms such as cell-to-cell communication via quorum sensing (QS) and their impact on quality of alkaline fermented seed condiments in West Africa. However, it has been shown that, in traditional alkaline food fermentations, AEB are able to interact and influence each other's behavior through cell-to-cell communication system referred to as quorum sensing (Gori et al. 2011; Moslehi-Jenabian, Gori, and Jespersen 2009; Qian et al. 2015). Quorum sensing is conducted through a communication system by small and diffuse molecules called auto-inducer molecules (AI) or cellto-cell signal molecules that aim at signaling (Bassler 2002; Bassler and Losick 2006). Auto-inducer molecules are produced within a specific growth stage under specific physiological conditions or environmental changes, only acting after reaching a certain peak of concentration (Quorum) and being identified by specific receptors (Bassler 2002; Williams et al. 2007; Winzer et al. 2002). Autoinducer-2 (AI-2), a QS signaling molecule, produced by AEB strains of B. subtilis, B. cereus, B. altitudinis, B. amyloliquefaciens, B. licheniformis, B. aryabhattai, B. safensis, Lysinibacillus macroides and Paenibacillus polymyxa isolated from West African fermented seed condiments has been investigated, providing evidence of a quorum sensing system in Bacillus spp. and L. macroides (Qian et al. 2015). The authors showed by phylogenetic analysis that luxS gene, involved in the synthesis of AI-2, is widespread and highly conserved in Bacillus species, and further attributed this observation to the metabolic function of LuxS enzyme in the activated methyl cycle in addit ion to AI-2 signaling in AEB. The luxS gene has also been identified in food-borne LAB (Di Cagno et al. 2009) as well as food-borne pathogens (Coughlan et al. 2016). In bacteria, auto-inducers have been associated with improvements in access to nutrients and environmental niches (Skandamis and Nychas 2012; Waters and Bassler 2005), and optimization of cellular ability for morphological modification such as the formation of biofilm, reproduction, and sporulation (Bassler 2002; Henke and Bassler 2004; Skandamis and Nychas 2012). Additionally, auto-inducers are associated with the generation of defence responses against competitive organisms, expression of virulence factors and adaptation mechanisms to survive in hostile environments that limit growth (Bassler 2002, Skandamis and Nychas 2012; Taga and Bassler 2003; Waters and Bassler 2005). In general, auto-inducers such as AI-2 and other peptides can be of great significance for the quality and safety of West African alkaline food condiments. However, detailed knowledge of AI activity of the AEB and other microbial species involved in the fermentation of these food products is pertinent to the development of new QS-based strategies for improving quality and safety alkaline fermented of food condiments.

Technological roles of Bacillus spp. in fermented condiments in West Africa

Aroma and flavor development

In addition to serving as rich source of nutrients to consumers, fermented condiments are likewise used in West Africa their characteristics pleasant flavor and aroma (Agbobatinkpo et al. 2019; Akanni et al. 2018; Azokpota et al. 2008; Ouoba et al. 2005; Owens et al. 1997). The flavor of these fermented condiments has mainly been attributed to various volatile compounds, produced through the metabolic activities of microorganisms during fermentation, or due to other processing conditions, such as roasting and boiling (Azokpota et al. 2008; Azokpota et al. 2010; Dakwa et al. 2005; Leejeerajumnean et al. 2001; Ouoba et al. 2005). The production of specific aroma compounds has been linked to activities of different Bacillus spp. during fermentation of seed condiments. Several volatile compounds contributing to the aroma and flavor profiles of West African fermented seed condiments have been identified (Table 2).

Differences in volatile compound profiles were reported to rely on the variable ability of the microbial species to degrade the proteins, lipids and carbohydrates of African locust beans (Ouoba et al. 2005). Thus, the development of aroma and flavor are related to the ability of the divergent Bacillus strains to degrade the proteins, lipids and carbohydrates of the substrate, through a diversity of extracellular hydrolases, which can contribute to flavor and aroma, generating reactions such as Maillard reactions, oxidation of lipids, degradation of amino acids and sugars (Aderibigbe and Odunfa 1990; Beaumont 2002; Leejeerajumnean et al. 2001). Indeed, metabolic activities of Bacillus species can generate various precursors, such as amino acids, monosaccharides, ammonia that are converted to volatile compounds, such as pyrazines (Owens et al. 1997). Moreover, adequate lipolytic activity of Bacillus species leads to the liberation of free fatty acids, which are required for the development of desired aroma characteristics (Beaumont 2002; Odunfa and Adesomoju 1986).

Traditional West African condiments are characterized by distinctive umami taste and therefore are used as meat or fish substitute for foods flavoring. Along with the four basic tastes of sweet, sour, salty and bitter, umami taste becomes the widely accepted 5th basic form of taste (Zhang et al. 2017). The influence of fermentation microbiota such as Bacillus species on proteolysis, and peptide hydrolysis, and the metabolism of glutamate and arginine in West African fermented seed condiments has been reported (Table 2). Consequently, umami substances, including free amino acids, nucleotides, peptides, organic acids and their derivatives, are widely distributed in fermented seed condiments, contributing to the overall taste these food condiments including the meat-like sensation and enhanced flavor characteristics.

Bioconversion of plant components

Degradation of proteins and amino acids synthesis

Protein has been reported as one of the major components of the raw materials used to produce alkaline fermented condiments in West Africa (Achi, Anokwuru, and Ogbo 2007; Amoa-Awua et al. 2014; Parkouda et al. 2009). A study of the biochemical changes associated with alkaline fermentation reveals that proteolysis is the main metabolic activity, leading to an increase in free amino acids (FAA), such as lysine, an essential amino acid (Odunfa 1985; Wang and Fung 1996). Previous investigations have shown significant increase in protease activity during alkaline fermentation of seeds to produce condiments in West Africa (Odunfa 1985; Oguntoyinbo et al. 2007; Parkouda, Diawara, and Debrah 2014). Bacillus spp., the major fermentation microorganisms involved in alkaline fermented condiments, are the main producers of proteolytic enzymes. Proteolysis due to Bacillus spp. results in the production of peptides,



Technological property	Bacillus species	Product	Specific activity expressed by <i>Bacillus</i> spp.	Reference
Production of Aroma/ flavor compounds	B. subtilis	Ugba	Production of phosphonous dichloride (Cl ₂ HP), chloro (1,1-dimethylethyl) phosphinomethyl; hexylidencyclohexane; pentanoic acid, 10-undecenyl ester; 2,6- ditert-butyl-4 (2,3,4,5,6- pentafluorobenzyl) phenol	Nwokeleme and Ugwuanyi 2019
	B. subtilis	Soybean <i>dawadawa</i>	Several aliphatic ketones, acetic acid, two aliphatic esters, several pyrazines, 2-pentylfuran, dimethyl sulfide, 2-methoxyphenol and trimethyloxazole were produced in 18 h fermented beans but were absent, or present in much lower concentrations, in roasted or autoclaved cotyledons. 3-hydroxy-2-butanone (acetoin), 2,5-dimethylpyrazine and trimethylpyrazine produced in large amounts.	Owens et al. 1997
	B. subtlis	Soumbala	aldehydes, ketones, esters, alcohols, acids, alkanes, alkenes, amines, pyridines, benzenes, phenols, sulfurs, furans produced in a 48-h controlled fermentation.	Ouoba et al. 2005
	B. subtilis subsp. subtilis	Bambara groundnut <i>dawadawa</i>	Produced 27 compounds; at level of 2398 ng/g. High level of sulfur compounds (1110 ng/g) with methanethiol and dimethyl disulfide detected.	Akanni et al. 2018
	B. amyloliquefaciens subsp. plantarum	Bambara groundnut <i>dawadawa</i>	Produced 37 compounds; total level of 11,952 ng/g. Organic acids, notably acetic acid (3460 ng/g) and <i>n</i> -hexadecanoic acid (2160 ng/g) produced. Phenols (700 ng/g), Dimethyl trisulfide (70 ng/g), dimethyl disulfide (610 ng/g), aldehydes (470 ng/g) and ketones (150 ng/g) produced.	Akanni et al. 2018
	B. cereus	Bambara groundnut <i>dawadawa</i>	Produced mainly ketones (1380 ng/g) alcohols and 2,5-dimethyl pyrazine (30 ng/g).	Akanni et al. 2018
	B. licheniformis	Bambara groundnut <i>dawadawa</i>	Produced 58 compounds; total level 15,030 ng/g dominated by aldehydes, particularly hexanal (710 ng/g), and esters. trace amount (2 ng/g) of 2,5-dimethyl pyrazine was also detected.	Akanni et al. 2018
	B. megaterium		Production of 2,4,6-tritert-butyl-4-methyl-2,5-cyclohexadien-1-one; (4E)-2,3,3-trimethyl-4-nonene; (Z) cyclododecene, 1,10-decanediol (72 h of fermentation).	Nwokeleme and Ugwuanyi 201
Degradation of protein and amino acids synthesis	B. subtilis	Soumbala	Strain dependent significant increase in total and essential free amino acids (FAA), including lysine.	Ouoba et al. 2003
	B. subtilis	Soya bean	Protein degradation during 48 h fermentation of soya bean results in release of peptides. <i>In vitro</i> digestibility increases from 29% up to 33–43% after fermentation for 48 h.	Kiers et al. 2000
	B. subtilis,	Afitin, iru and sonru	Strain dependent protease activity	Azokpota
	B. licheniformis	Afitin, iru and sonru	Strain dependent protease activity	et al. 2006 Azokpota et al. 2006
	B. licheniformis		Extracellular protease production of up to 18.4 U/ml at 48 h of growth. Protease stable over pH 5.0-11 and at 60 °C for 60 m.	Olajuyigbe and Ajele 2008
	B. pumilus	Soumbala	Strain dependent significant increase in total and essential free amino acids (FAA), including lysine	Ouoba et al. 2003
Degradation of carbohydrates	B. subtilis	Soumbala	Liquefaction of galactomannan gels, strong ability to degrade arabinogalactan, stachyose and raffinose after 48 h of fermentation, yielding melibiose, fructose and traces of galactose as residual sugars. Degraded up to 85% of stachyose and	Ouoba e al. 2007

Table 2 Continued

Technological property	Bacillus species Product		Specific activity expressed by <i>Bacillus</i> spp.	Reference	
			100% (complete degradation) raffinose, releasing melibiose, fructose and galactose.		
	B. subtilis	Soya beans	Carbohydrate degradation during 48 h fermentation of soya bean. <i>In vitro</i> digestibility increases from 29% up to 33–43% after 48 h of fermentation	Kiers et al. 2000	
	B. pumilus	Soumbala	Weak degradation of carbohydrates	Ouoba et al. 2007	
Degradation of oils	B. subtilis	Soumbala	Strain dependent degradation of tributyrin and African locust bean oil with significantly high esterase and lipolytic activities for selected strains	Ouoba et al. 2003	
	B. pumilus	Soumbala	Strain dependent degradation of tributyrin and African locust bean oil with significantly high esterase and lipolytic activities for selected strains	Ouoba et al. 2003	
	B. subtilis	Afitin, iru and sonru	High esterase activity (degradation of	Azokpota	
	B. licheniformis	Afitin, iru and sonru	tributyrin) displayed by strains High esterase activity (degradation of tributyrin) displayed by strains	et al. 2006 Azokpota et al. 2006	
Production of antimicrobial peptides	B. subtilis	Okpehe	Production of bacteriocin, which was identified as subtilisin, using subtilisin-specific primers and PCR amplification of the subtilisin gene. Bacteriocin was stable at 100 °C for 10 min and exhibited highest activity at pH values lower or equal to pH 6.0.	Oguntoyinbo et al. 2007	
	B. subtilis	Soumbala and bikalga	Production of surfactins (C14 and C15).	Savadogo et al. 2011	
	B. subtilis subsp. subtilis	Bikalga	Production of surfactin and a putative novel bacteriocin having a molecular weight of 3346.59 Da which is different from previously reported molecular weights of subtilin (3319.56 Da) and subtilosin (3400.57 Da) although the producing strain <i>B. subtilis</i> subsp. <i>subtilis H4</i> possesed the genes involved in subtilin, subtilosin, surfactin and plipastatin biosynthesis. Inhibition of growth of <i>Listeria monocytogenes, Micrococcus luteus, Staph. aureus</i> and <i>B. cereus.</i>	Compaoré et al. 2013	
	B. subtilis	Bikalga	Inhibited <i>B. cereus, Staphylococcus aureus,</i> Escherichia coli and caused abnormal germination of <i>Aspergillus ochraceus</i>	Ouaba et al. 2007	
	B. subtilis	Maari	Production of bacteriocins; subtilosin and subtilin. Exhibits antimicrobial activity toward Gram positive and negative pathogens.	Kaboré et al. 2012	
	B. subtilis	Maari	Bacteriocins production. Substrate-specific and strain-specific antimicrobial activity against <i>B. cereus</i>	Kaboré et al. 2013	
	B. amyloliquefaciens subsp. plantarum	Bikalga	Exhibits broad spectrum antifungal and antibacterial properties through production of several lipopeptide antibiotics and dipeptide bacilysin	Compaoré et al. 2013	

amino acids and ammonia from proteins (Table 2). Indeed, several studies have reported increasing protease activity from the onset of fermentation, leading to increase in the quantity of total free amino acids (FAA) and essential FAA, such as lysine, cysteine, methionine, leucine, isoleucine, tyrosine and phenylalanine (Omafuvbe, Shonukan, and Abiose 2000; Ouoba, Rechinger, et al. 2003; Pant et al. 2015; Parkouda et al. 2015; Terlabie, Sakyi-Dawson, and Amoa-Awua 2006). The profile of soluble proteins during seed fermentation have been shown to change with fermentation time and varies depending on fermenting strains (Ouoba, Rechinger, et al. 2003).

Degradation of non-digestible carbohydrates

Raw materials used to produce alkaline fermented condiments are rich in carbohydrates, of which a large proportion is non-digestible oligosaccharides (Akaaimo and Raji 2006; Ogbonna, Sokari, and Achinewhu 2001; Omafuvbe, Shonukan, and Abiose 2000; Sarkar et al. 1997). Stachyose, raffinose, sucrose and arabinogalactan constitute among others, the main poly- and oligosaccharides in legume seeds (Aderibigbe and Odunfa 1990; Karr-Lilienthal et al. 2005; Kiers, Rombouts, and Nout 2000; Odunfa 1983; Terlabie, Sakyi-Dawson, and Amoa-Awua 2006), which are the raw materials for the fermentation of West African condiments. Some of these carbohydrates have been shown to be associated with abdominal distension and flatulence in humans (Naczk, Amarowicz, and Shahidi 1997; Sarkar et al. 1997). Microorganisms involved in the fermentation of protein-rich seeds into condiments hydrolyze the non-digestible carbohydrates, such as galactamannan, arabinogalactan, stachyose and raffinose into simple carbohydrates (melibiose, fructose and galactose), which are readily digestible by humans, and in addition positively influence the texture of the product by softening the plant tissue (Odunfa 1983; Ouoba, Diawara, Christensen, et al. 2007; Sarkar et al. 1997). Thus, Bacillus spp. are capable of producing amylase, galactanase, galactosidase, glucosidase and fructofuranosidase, which are enzymes involved in the degradation of complex carbohydrates during alkaline fermentation (Aderibigbe and Odunfa 1990; Dakwa et al. 2005; Kiers, Rombouts, and Nout 2000; Omafuvbe, Shonukan, and Abiose 2000; Parkouda, Diawara, and Debrah 2014; Sarkar et al. 1997; Terlabie, Sakyi-Dawson, and Amoa-Awua 2006).

Degradation of lipids

Similar to degradation of carbohydrates, several investigations on biochemical changes associated with alkaline fermentation of protein-rich legume seeds in West Africa reported changes in crude fat content and fatty acid profiles (Gernah, Inyang, and Ezeora 2007; Ogunshe, Omotosho, and Ayansina 2007; Omafuvbe, Shonukan, and Abiose 2000; Parkouda et al. 2015; Terlabie, Sakyi-Dawson, and Amoa-Awua 2006). Generally, increases in free fatty acids during alkaline fermentation have been reported (Ogunshe, Omotosho, and Ayansina 2007; Parkouda et al. 2015; Sarkar and Tamang 1995). However, for some products such as dawadawa, contradicting results have been reported. While Odunfa and Adesomoju (1985) reported a decrease in fatty acid concentration, Antai and Ibrahim (1986)reported an increase in the fatty acid concentration during dawadawa fermentation. Bacillus spp. involved in the alkaline fermentation of legume seeds have been shown to possess lipolytic activity (Table 2), a property that has been reported to be strain dependant (Ouoba, Cantor, et al. 2003).

Production of antimicrobial peptides by Bacillus in West **African fermented condiments**

The ability of fermentative microorganisms to produce antimicrobial peptides (AMPs) is a property that gives them superior ability to survive against other microorganisms in their immediate environment. In this way, the fermentative microorganisms possess the capability to naturally control pathogenic and spoilage microorganisms in the food environment, and likely also in the gut of consumers. Consequently, antimicrobial property is a relevant technological characteristic that is required for the selection of functional starter cultures, for the production of fermented food condiments with consistent quality and enhanced safety (Ouoba, Cantor, et al. 2003). In the case of Bacillus strains, the production of antimicrobial substances and sporulation capacity give them a dual advantage, in terms of their ability to survive in different extreme environments, including food processing conditions.

Members of the genus Bacillus are known to produce a wide variety of peptides (Ongena and Jacques 2008) and non-peptide (Hamdache et al. 2011; Wise et al. 2012) antimicrobial compounds that contribute to the quality and safety attributes of fermented food condiments in West Africa. For example, B. subtilis group species isolated from West African fermented condiments are known to produce antimicrobial compounds that are effective against a number of foodborne pathogenic bacteria and fungi (Compaoré, Nielsen, Sawadogo-Lingani, et al. 2013; Compaoré, Nielsen, Ouoba, et al. 2013; Ouoba, Diawara, Jespersen, et al. 2007; Savadogo et al. 2011). The most important of these antimicrobial compounds are perhaps bacteriocins and the peptides group including lipopeptides (iturins, fengycins and surfactins).

Bacteriocin production

Bacteriocins are bacterial antimicrobial peptides or proteins produced by ribosomal synthesis to inhibit or kill other related or unrelated microorganisms (Abriouel et al. 2011; Cotter, Hill, and Ross 2005; Leroy and De Vuyst 2004). These metabolites are heterogeneous compounds that may have a narrow spectrum by inhibiting bacteria taxonomically close or a broad spectrum by inhibiting a wide variety of bacteria (Cotter, Hill, and Ross 2005; Leroy and De Vuyst 2004; Mills et al. 2011). Yet, many other similar antimicrobial substances that are not well characterized and the peptide nature of the antimicrobial compound not confirmed are often termed as bacteriocin-like inhibitory substances (BLIS). Generally, bacteriocins inhibit target cells by forming pores in the membrane, depleting the transmembrane potential and/or the pH gradient, resulting in the leakage of cellular materials (Cleveland et al. 2001). The proteinaceous nature of bacteriocins also implies a putative degradation in the gastrointestinal tract of humans and animals, making them suitable for use as natural preservatives in foods and feed (Cleveland et al. 2001).

B. subtilis, the predominant bacterial species in West African fermented condiments, is known to produce the bacteriocins. Bacteriocin producing strains of B. subtilis that exhibit antibacterial activity against foodborne pathogens, including L. monocytogenes and B. cereus were isolated from maari in Burkina Faso (Kaboré et al. 2013; Kaboré et al. 2012). The antimicrobial compound produced was confirmed to be proteinaceous in nature and heat stable, with activity over a wide range of pH (3-11). Further characterization revealed that the B. subtilis strains isolated from the West African fermented condiment, maari, harbored genes of the subtilosin operon (sboA), as well as, subtilin operon (spaS), but not eriC and sunT genes involved in ericin and sublancin synthesis, respectively (Kaboré et al. 2012). Furthermore, the genes involved in the biosynthesis of subtilin and subtilosin A were confirmed by sequencing of the related amplicons, which showed 96.2% similarity with the subtilin gene (spaS) from B. subtilis subsp. spizizeni strain



ATCC 6633 and 100% identity with the subtilosin A gene (sboA) from B. subtilis subsp. subtilis strain 168, respectively (Kaboré et al. 2012). Subtilin is a bacteriocin belonging to the class I bacteriocins or lantibiotics, and has been described as a nisin analogue. Class I lantibiotics are often referred to as autoinducing peptides (AIP) and are important in typical quorum sensing (QS) systems (Alvarez-Sieiro et al. 2016; Lubelski et al. 2008).

Lipopeptide antimicrobial production

Another important class of technologically relevant antimicrobial peptides commonly produced by Bacillus species are lipopeptides, which probably represent the most common class of secondary metabolites produced by Bacillus spp. (Stachelhaus, Mootz, and Marahiel 2002). Bacillus lipopeptides are synthesized by multienzyme complexes called Non-Ribosomal Peptide Synthetases (NRPS) (Marahiel and Essen 2009; Marahiel 1997), and exhibit a broad range of biological activities, with great potential for biotechnological applications in food, agricultural, medicine and the environment. In addition to their ability to inhibit the growth of several food-borne pathogens and/or spoilage microorganisms, their surfactant properties can positively affect the sensory characteristics, such as consistency and organoleptic attributes of food products.

Lipopeptide antimicrobials of Bacillus are classified into three different families, depending on the amino acid sequence, as surfactins/lichenysins, iturins (mycosubtilin, iturin A and bacillomycin), and fengycins/plipastatins (Ongena and Jacques 2008). B. amyloliquefaciens ssp. plantarum strains from bikalga exhibited both antibacterial and antifungal activities, and were revealed by PCR to harbor genes involved in the biosynthesis of the lipopeptides iturins (ituA, ituD, ituC), mycosubtilin (myc), bacillomycin (bmyA), surfactin (srf) and fengycin (fen); the polyketides macrolactin (mlnA), bacillaene (baeA) and difficidin (dfnA); and the dipeptide bacilysin (bacA/B) (Compaoré, Nielsen, Ouoba, et al. 2013). Furthermore, ultra-high-performance liquid chromatography-time of flight-mass spectrometry (U-HPLC-TOF-MS) analysis of antimicrobial substances produced by the B. amyloliquefaciens ssp. plantarum in BHI broth, enabled the identification of iturin, fengycin and surfactin. Similarly, B. subtilis subsp. subtilis H4 strain isolated from bikalga inhibited the growth of L. monocytogenes, Micrococcus luteus, S. aureus and B. cereus. A further characterization of the antimicrobial peptides showed that B. subtilis subsp. subtilis H4 harbored the genes involved in biosynthesis of subtilin (spaS, etnS), subtilosin (yiwB, sboA, spoX, albA), surfactin (srfA, sfp, srf/lch) and plipastatin (pps) (Compaoré, Nielsen, Ouoba, et al. 2013). Thus, B. subtilis subsp. subtilis H4 isolated from traditional bikalga in Burkina Faso co-produced surfactin and a novel bacteriocin with mass size of 3346.59 Da. (Compaoré, Nielsen, Ouoba, et al. 2013). In a related investigation, Savadogo et al. (2011) demonstrated that B. subtilis and B. licheniformis isolates from soumbala and bikalga produced surfactins, using both PCR and MALDI-TOF-MS analyses. In their study, two strains of B. subtilis produced biomolecules related to

surfactin C₁₄ and C₁₅, whereas B. licheniformis produced lichenysin, a lipopeptidic biosurfactant member of the family of surfactins (Savadogo et al. 2011). These surfactin molecules were further shown to be effectively synthesized by the Bacillus strains in soumbala by MALDI-TOF-MS analysis of crude extracts of soumbala, and the molecular structure of the surfactins was confirmed by LC-MS analysis (Savadogo et al. 2011). Kaboré et al. (2018) also reported that strains of B. subtilis, B. pumilus and B. licheniformis isolated from maari harbor sfp gene, responsible for the production of the lipopeptide biosurfactant, a member of the surfactin family. Furthermore, a relationship between the presence of the sfp gene in the Bacillus strains, biosurfactant production and antifungal activity against Aspergillus flavus, A. niger, A. versicolor and Rhizopus oryzae was demonstrated (Kaboré et al. 2018).

Microbiological safety of West African fermented seed condiments

In general, alkaline fermented condiments have been reported to be microbiologically safe (Steinkraus 1997) due to the production of antimicrobial peptides including bacteriocins and lipopeptide antimicrobials such as surfactins, iturins and fengycins by the predominant fermentation microorganisms. In addition to the antimicrobial effects exerted by these peptides, long cooking hours of seeds prior to fermentation during processing of West African seed condiments potentially eliminates non-spore forming pathogenic microorganisms (Parkouda et al. 2009). However, the spontaneous nature of the fermentation processes and poor control measures during and after processing predisposes these condiments to contamination by pathogenic microorganisms. Indeed, a number of secondary microorganisms including pathogenic bacteria and molds, and their toxins have been identified in West African fermented seed condiments. Specifically, pathogenic bacteria such as B. cereus, Staphylococcus spp., E. coli, Salmonella spp., Shigella spp., and Clostridium spp. as well as mycotoxigenic molds such as A. flavus and A. parasiticus have been isolated from West African alkaline fermented seed condiments, giving rise to food safety and public health concerns (Adekoya, Njobeh, et al. 2019; Adekoya, Obadina, et al. 2019; Parkouda et al. 2009).

The occurrence of B. cereus in West African alkaline fermented food condiments is prevalent and of considerable concern for food safety and health of the consuming public. B. cereus strains have been isolated in high numbers from several West African fermented seed condiments including ogiri and okpehe (Oguntoyinbo and Sanni Oguntoyinbo 2014; Okanlawon, Ogunbanwo, and Okunlola 2010), ugba (Ahaotu et al. 2013; Mbajunwa et al. 1998), sonru, iru and afitin (Azokpota, Hounhouigan, and Nago 2006; Azokpota et al. 2007; Thorsen et al. 2010), ogiri and dawadawa (Okanlawon, Ogunbanwo, and Okunlola 2010) and bikalga (Ouoba et al. 2008). B. cereus is recognized as an opportunistic human pathogen, capable of causing two types of food poisoning; emetic food poisoning resulting

from the production of heat stable toxin, cereulide, during growth in food, and diarrhoeal food poisoning, which results from the production of various enterotoxins in the small intestine of the host (Ehling-Schulz, Fricker, and Scherer 2004; Granum, Brynestad, and Kramer 1993). Diarrhoeal food poisoning has been linked to the enterotoxins cytotoxin (CytK), non-haemolytic enterotoxin (Nhe) and hemolysin BL (Hbl) (Agata et al. 1994; Michelet, Granum, and Mahillon 2005; Stenfors Arnesen, Fagerlund, and Granum 2008). Genes encoding production of non-haemolytic enterotoxin (NheA, NheB, NheC) and cytotoxin K (CytK) genes have been detected in B. cereus isolates from ugba, while Hbl genes (HblA, HblC, HblD) were detected in only one of six B. cereus isolates investigated from ugba. However, emeticspecific gene fragment was not detected in any of the B. cereus isolates from ugba (Ahaotu et al. 2013). Similarly, Ouoba et al. (2008) reported the presence of Nhe genes in all B. cereus isolates (100%) from soumbala and bikalga, while the CytK and Hbl genes were detected in 67% and 22% of B. cereus isolates respectively. Additionally, it was shown that B. cereus from soumbala and bikalga harboring NheA, NheB and NheC genes were able to produce the NheA component of the Nhe enterotoxin complex, in both laboratory broth and during the fermentation of African locust beans (Ouoba, Thorsen, and Varnam 2008). B. cereus isolates from afitin, iru and sonru have also been shown to harbor the enterotoxin genes nhe (A, B, C), the hbl (A, C, D), the CytK encoding gene, and cesB. Further, the B. cereus isolates from afitin, iru and sonru showed high levels of cytotoxicity in Vero cells assay comparable to diarrhoeal outbreak reference strains LWL3, LWL42, LWL90, B4AC and F4433/73NheA (Thorsen et al. 2010, Thorsen et al. 2011). In okpehe, 40% of the B. cereus strains were found to be toxigenic, and were capable of producing their toxins in mixed starter culture fermentation for *okpehe* production. Furthermore, PCR amplification of virulence genes revealed that B. cereus and B. licheniformis contained DNA sequences encoding the hemolysin BL (hblD) enterotoxin complex (Oguntoyinbo and Sanni 2007).

Another group of microorganisms that are commonly found in West African fermented seed condiments, with food safety and public health concern, are members of the genus Staphylococcus. In a recent study, Ouoba et al. (2019) reported the presence of coagulase negative (CoNS) and positive (CoPS) Staphylococcus species in alkaline fermented foods, using Rep-PCR/PFGE, and their associated toxins and antimicrobial resistance genetic elements. Specifically, the authors reported the presence of five species from soumbala (S. epidermidis, S. pasteuri, S. condimenti, S. piscifermentans and S. simulans) and four from bikalga (S. aureus, S. cohnii, S. haemolyticus and M. caseolyticus). While nhe toxin genes were not detected and the bacteria did not produce the staphylococcal enterotoxins A, B, C and D, antimicrobial resistance (AMR) genes including blazA, cat501, dfr (A), dfr (G), mecA, mecA1, msr (A) and tet (K) were identified in both CoNS and CoPS Staphylococcus species (Ouoba et al. 2019). The heterogeneity of Staphylococcus species from bikalga and soumbala, their relationship with clinical and

environmental isolates, as well as their safety, in relation to AMR and toxin production, underscores the importance of staphylococci in these products, particularly in relation to the safety of the consumers. From iru and ogiri condiments in Nigeria, other potentially pathogenic bacterial species such as Alcaligenes faecalis, B. anthracis, Proteus mirabilis and S. sciuri subsp. sciuri were detected although their toxin production profiles were not determined (Adedeji et al. 2017). On the other hand, the presence of Acinetobacter baumanii, Clostridium sartagofum, E. casseliflavus, Comamonas testosteronii and Aeromonas species were reported in ugba in Nigeria (Okorie et al. 2017). Adekoya et al. (2019) also reported the presence of high numbers of members of the Enterobacteriaceae family in Nigerian ogiri, ugba and iru, with Sphingomonas paucimobilis and E. coli being the dominant Gram-negative bacterial species detected. Additionally, high levels of bacterial endotoxins (up to 5.5×10^4 EU/g) were reported in the Nigerian fermented condiments ogiri, ugba and iru (Adekoya, Obadina, et al. 2019).

Considering that the major raw materials for the production of West African fermented condiments are seeds of both cultivated and wild leguminous plants, the potential for contamination by toxigenic fungi in these fermented condiments is high and therefore a valid food safety concern is the presence of mycotoxins in these products. Toxigenic molds producing different mycotoxins have been isolated from ogiri, ugba and iru in Nigeria. Strains of A. flavus and A. parasiticus from the condiments were found to produce aflatoxin B1 (27-7406 μg/kg), whereas A. niger strains produced Ochratoxin A (28-1302 µg/kg). Other toxigenic strains such as A. versicolor, A. amstelodami, and A. sydowii, producers of sterigmatocystin were also identified in the Nigerian alkaline fermented seed condiment (Adekoya, Njobeh, et al. 2019).

All these preceding reports raise genuine concerns about the microbiological safety and variability in quality of traditional fermented seed condiments as a result of poor-quality raw materials, spontaneous or mixed-culture fermentation, poor control of processing conditions, such as temperature and pH, inadequate hygienic practices and post-processing handling. This poses major challenges for the development and consumer acceptance of West African fermented seed condiments. There is, therefore, the need to institute measures geared toward enhancing the quality and safety of traditional West African fermented condiments. One of such measures would be the development and use of starter cultures, based on indigenous microbial consortia for controlled fermentation processes, while striving to preserve the unique qualities of these products. In order to guarantee quality and safety of West African fermented condiments for broader consumer acceptance, application of starter cultures should be implemented along with good manufacturing practices (GMP), vis-a-vis personal and environmental hygiene, supply of quality raw materials and potable water, and post-processing handling including packaging and storage (Peter-Ikechukwu et al. 2016).

In order to ensure consumer safety, it is strongly recommended that the selection of Bacillus strains to be used as starter cultures for West African fermented seed condiments have the qualified presumption of safety (QPS) or generally recognized as safe (GRAS) status. The QPS concept which was developed in 2003 provides a harmonized generic safety pre-appraisal of microorganisms that are intentionally added at different stages of food and feed chain. Under the QPS protocols, unambiguously defined biological taxonomic units (TUs) are assessed for their body of knowledge, their safety and their end use. That is, for a Bacillus strain (and for that matter any other microorganisms) to be included in the QPS list, it must have been unambiguously identified with its taxonomic identity based on the internationally accepted classification of the List of Prokaryotic Names with Standing in Nomenclature (Euzéby and Parte 2018) and the modifications that appear in the International Journal of Systematic and Evolutionary Microbiology (Oren and Garrity 2015). Additionally, the body of knowledge about the microbial strain which includes its history of use (Constable et al. 2007; Pariza et al. 2015), its ecology in the natural environment, clinical aspects, industrial applications and special properties are required for QPS status. Properties related to colonization ability and routes for dispersal, knowledge about the strain's interaction with other microorganisms, especially with respect to antagonism and competitive ability, are also relevant. Furthermore, safety concerns relating to potential presence of virulence factors and antimicrobial resistance that may contribute to the pathogenicity of the microorganism to humans and animals, and to the possible production of biologically active substances, such as antimicrobials and toxins must have been assessed (Herman et al. 2019).

Conclusion and future perspectives

The production and consumption of fermented seed condiments constitute an important part of the West African food heritage, and their value in the diet, nutrition and health, and economy of the people cannot be overemphasized. Bacillus species (particularly, the B. subtilis group) dominate the alkaline fermentation of traditional West African seed condiments and display a number of technological properties that are relevant for the development of functional starter cultures. At the same time, a huge diversity of secondary microflora whose technological roles in the fermentation process are not yet fully understood, if any at all, are also associated with fermented seed condiments in West Africa. This heterogenous nature of the microbiota of West African fermented seed condiments leads to the presence of microbial pathogens liable to synthetize toxic byproducts, such as bacterial toxins and mycotoxins, with implications for food safety assurance and public health.

As the world population continues to grow, with its accompanying urbanization and changing dietary patterns, there will be an increasing need for food that is safe, nutritious, healthy and convenient, and that can be produced in an environmentally sustainable manner. Traditional seed

fermentation in West Africa hold great prospects for food security and income generation, for example, through the development and industrialization of the production processes and the improvement of the traditional seed fermentation technologies to meet changing consumer preferences. In this respect, developing functional starter cultures for controlled fermentation process is crucial. This will require a rigorous selection and characterization of desirable microbes responsible for transforming raw seeds into traditional West African condiments. Characterization should include both whole-genome sequencing and detailed physiological description to ensure that strains are suitable for their intended purpose. Undoubtedly, developments in genomics, metagenomic and metabolomics analysis will play critical roles, by providing insights into the genes, structure, and function of these fermentation microorganisms, as well as allow innovative safety assessment and monitoring of fermentation processes.

Disclosure statement

The authors declare no conflict of interest.

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