

# Sethu Annual Report 2016-2017

## To Do LIST

- ① ~~Reach out to over 1000 children and families.~~ **DONE**
- ② ~~Promote inclusive education in preschool and balvadis.~~ **DONE**
- ③ ~~Conduct at least 25 training programs.~~ **DONE**
- ④ Develop a child protection policy for sethu. **DOING**
- ⑤ Raise Rs 1.5 crores to purchase land for a permanent home for Sethu. **NEED TO DO MORE**



## Sethu's Mission

Sethu is a bridge between children and their families, schools and communities to foster their complete development through assessments, therapy, educational initiatives, training, awareness and capacity building.

Established in 2005, Sethu is a charitable trust that believes that all children can develop to their maximum potential and deserve protection, understanding and care. Every child has personal strengths—Sethu endeavours to enhance these and help build a nurturing circle of support for children, to bring out the best in them.

Hello sethu I like your center every one here is very helpful they give stickers like  and  they have different kinds of toys from Shraw

THE YEAR THAT WAS: It is with great pleasure that we share the story of our journey during the last financial year 2016-17. Right at the start, we set out with one purpose—GET BETTER AT WHAT WE DO. We had a plan and set targets. Then we focused on strengthening systems by developing protocols, procedures and documentation that would help us achieve our goals, as well as evaluate both the outcomes and the process. In many ways we have succeeded. The number of children and families who use our services and the demand for Sethu training programs are growing steadily. This makes the expansion of our facility a necessity, in terms of infrastructure as well as personnel. A permanent fit-for-purpose space remains our greatest gap. We urge you to read this report and join us in adding further chapters to our exciting story.



Illustration credit: Savoir Faire

Three things I have achieved this year:

1. to make my nutrella sandwich.
  2. to do a ginnastic stunt.
  3. to comb and tie my hiar.
- 

### Sethu's Major Achievements

We planned, we perspired, we performed!

- ✓ Strengthened our services, expanded the team and developed protocols for standardised care
  - ✓ Initiated group training for families of children with Attention Deficit Hyperactivity Disorder (ADHD)
  - ✓ Grew our approach of itinerant teaching to promote inclusive education
  - ✓ Reached out to Government preschools in remote areas of Goa
- to facilitate child centred teaching and inclusion
  - ✓ Developed a systematic campaign of peer to peer fundraising for Sethu's programs, including partnerships with other not-for-profit agencies outside India
  - ✓ Networked with more institutions to build capacity within Sethu, as well as expand our training programs

Rotary Award 2017



## My Fears

1) horror movies

2) heights

3) slipperiness

## Solutions

1) do not watch

2) do not go

3) wear Super sonic spiked  
design football shoes  
and walk carefully

## Sethu Centre For Child Development and Family Guidance

From 1st April 2016 to 31st March 2017, Sethu helped:

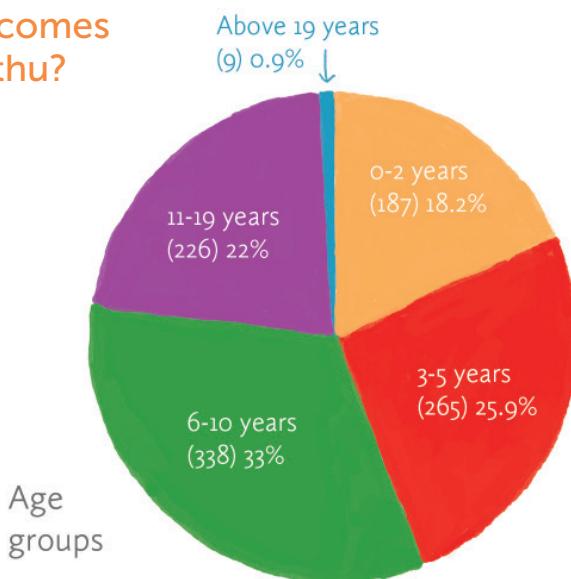


Boys (746) 72.8%      Girls (279) 27.2%

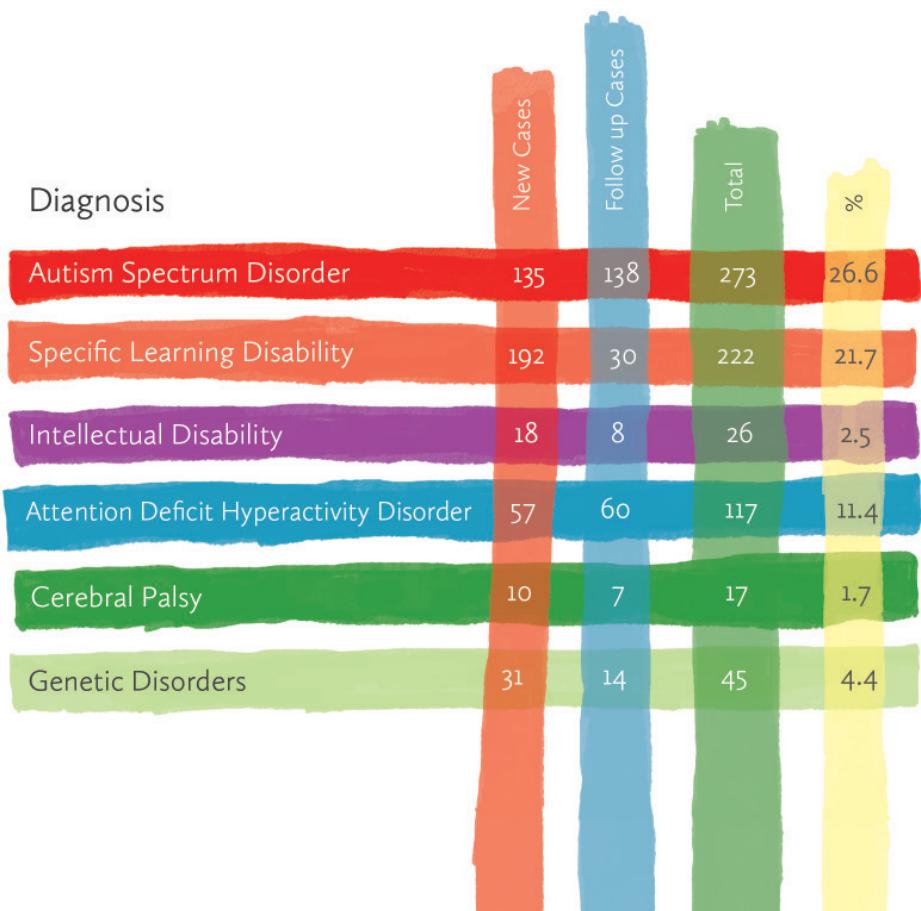
The Sethu Centre for Child Development and Family Guidance remains a busy hub of activity. Our greatest joy is working together with the children and their families, shoulder to shoulder. There is no other way! Therapists are just facilitators and catalysts—it is the families and teachers, who spend the maximum amount of time with the child, that are the real agents of change. Clients vote with their feet and their rising numbers indicate that we are on the right track. During 2016-17, the clinical team developed protocols for the

management of children with ADHD, Down syndrome, autism, babies at high risk for developmental delay and many other challenges. We believe that if we plan to 'upscale' (and this is definitely happening!), it is not just 'quantity' and numbers but more importantly, the 'quality' and excellence of care that needs dissemination. Our new team members, interns and trainees are the first recipients of this approach and it is working well. We are almost ready for when the rest of the world comes knocking at our door.

## Who comes to Sethu?



## Diagnosis



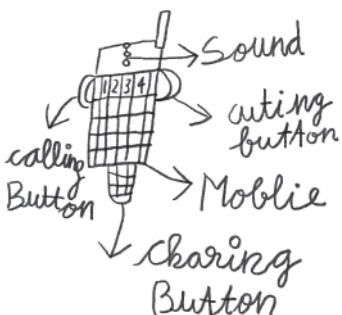


### Play on!

5 year old Sarita (name changed) was referred to Sethu for developmental delay. On day 1, she refused to come into the room and sit at the table for her assessment. The therapist asked Sarita's mother what she liked. "She only plays all day!" replied Mom with desperation in her voice. "Wonderful!" was the therapist's response as she brought out her magic tools—a stethoscope and her trusted toy, Noddy. Sarita's assessment progressed smoothly from there on! Turning a potentially stressful situation into a fun activity helped develop a trusting bond between therapist and child. Sarita now attends a regular nursery, where she participates in all the class activities and follows an Individualised Educational Program (IEP) drawn up by the special educator at Sethu.

### Sethu's Return Policy

Regular follow-up is a key factor to work effectively with children with challenging behaviour concerns and disabilities. We work hard to ensure that families return for reviews. During 2016, out of the total number of 1089 children and families who visited Sethu, 810 were scheduled to return. Out of these 43% lapsed, which means that they missed their review appointments and have not contacted us. This is unfortunate and requires our proactive action, which will be a focus area for 2017-18. Watch this space!



Alternative Augmentative Communication (AAC)  
Sethu is very grateful to Goa Sudharop, USA for supporting 'An Avaz for Children', an innovative project to promote the use of AAC programs and technology to help children with communication difficulties to have a voice.

Our thanks to the Afonso Foundation, USA, Goa Sudharop USA, Betts India Pvt. Ltd., and CMM Logistics Pvt. Ltd. for support towards the running expenses of the Sethu Centre.



The 12-week Asha program for training parents and children with autism

# P.E.E.R.S SOCIAL SKILLS TRAINING

A 10-week intervention for teenagers who struggle with social skills, to build their confidence in making and keeping friends, overcome bullying and use social media appropriately.  
**PARENT INVOLVEMENT IS A MUST!**

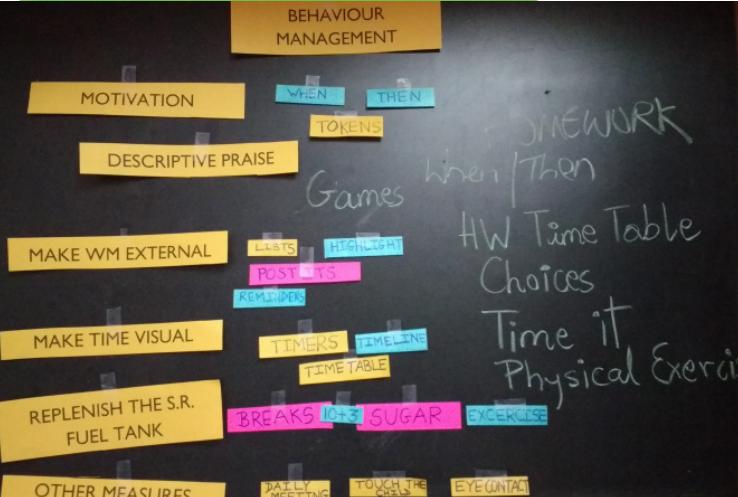
**STARTS SEPTEMBER 2016**

## Parent to Parent

Parents and families are our greatest resource and a wellspring of support. Sethu has been working hard to make parents an inherent part of our approach to reach out to more families. They assist us in training programs, share their inspirational stories, provide support to other families via the phone or face to face meetings and have even organised fundraising events for Sethu. The clinical team is working hard through our personal contact with families, to build our parents resource base.

## The More the Merrier

Group training programs are beneficial on various levels. They optimise the use of time and effort, more children can be reached and the group dynamic creates an atmosphere of sharing and emotional support—the TEAM (Together Everyone Achieves More) approach really does work.



Parents of children with ADHD learn to banish bad behaviour

Three things I am good at:

- 1) doing H.W H.W Home wok.
- 2) I am a creative.
- 3) doing art. I am a artist.

## Inclusive Education

Inclusive education is better education for ALL.

Is it possible to create a world where all schools welcome diversity and no child is denied admission because of their special needs? We believe it is!



Teachers value multisensory learning at CLAPS



Story telling comes alive

**TARANG** is Sethu's commitment to inclusive education. The model of itinerant teaching spread to 3 schools during 2016—Nisha's Play School, Torda, Wee Wonders, Sucorro and Ardee School, Sangolda. All three schools were very different from each other in terms of their admission policies, staffing, curriculum, hours of operation and so on. These ground realities were challenging but provided an impetus to develop creative approaches. Sethu's Index for Inclusion checklist helped to determine the schools' readiness for inclusion, recognise supportive practices and identify gaps.

Heads and teachers from seven schools in Goa and Hyderabad showed their commitment to inclusion at the 4-day CLAPS (Class Act Preschool) workshop in March 2017.

As we forge ahead setting our direction and planning our activities for the coming year, we remain indebted to Cipla Foundation for their support and our partner schools for their collaboration.

## **GNYANDEEP**

Sethu's work with the anganwadi teachers of the Integrated Child Development Scheme (ICDS) of the Dept of Women and Child Development has always been rewarding. After the intensive training of 26 teachers in early 2016, the Sethu team travelled to the remote corners of Goa to visit each of their balwadis (preschools) during the rest of the year. We learnt so much! Cluttered spaces, lack of resources, low salaries, shortage of time and other hurdles do not get in the way of these passionate teachers who clearly put their students first. We found the approach used by the anganwadi teachers is much more child-friendly compared to many private preschools. Sethu plans to train the helpers in these balwadis as they are often responsible for teaching when the anganwadi teachers are away. Our focus will be on reflective teaching, where observation, thinking and self evaluation will enable them to find their own answers to the age-old question, "how can the children learn better?"

The learning and impact through Gnyandeepr was made possible by the generous funding of Cipla Foundation.



An anganwadi centre in faraway Dharbandora



A 'feet' of organisation in a busy balwadi



The long and winding road back home, after a fun morning at the balwadi

Picture perfect!



## ENGLISH IS FUN

There is never a dull moment at the Govt. Primary School, Paithona, where the English Is Fun project has achieved more than just the education of 60 children over the last 8 years. It has been an opportunity to work in collaboration with the class teachers and the English teachers of Govt. primary schools across Goa, the Dept. of Education and Sarva Shiksha Abhiyan, Goa. We believe that the English as a Second Language (ESL) approach can be very successfully adapted to the local situation and with adequate training, teachers who have never heard of 'ESL teaching' are able to use these techniques to teach English and build all facets of language—listening, speaking, reading and writing—with meaning. Despite the depressing fall in student numbers—from 20 children in 2009 to 13 in 2016 at GPS, Paithona—their unbridled enthusiasm and pure love for learning, as well as the sincerity of their teachers, shine as beacons of hope.

Rapt listening at story time with volunteer Anabel Edwards



Drama builds language—a play about cleanliness



Preparation for a picnic to the park



Fun in the Defence Colony Park

## Training Programs

Sethu receives many requests for a variety of training programs.  
In our desire to do a better job in this vital area of Sethu's work, we:

1) Appointed a staff member  
as the Training Coordinator →



2) Developed a SOP for  
conducting training program

3) Prepared a training calendar for the year

The gift of an LCD screen and additional chairs and tables from Spandan provided a much-needed upgrade of our training infrastructure. The positive results are showing!



Target group of Participants



Sethu thanks everyone who has given us the opportunity to train, share and increase our knowledge, including the following: Academy of Pediatrics, Ahmedabad; Acron Group of Companies, Goa; Alison Conrad, USA; Amanda Williams, Goa; Antarman, Goa; Ardee World School, Sangolda; Auxilium High School, Caranzalem; Bambi Kindergarten, Margao; Catalysts for Social Action, Goa; Central Library, Daisy Daruwalla, Mumbai; Directorate of Art and Culture, Govt. of Goa; Cidade de Goa, Goa; Directorate of Education, Govt. of Goa; Directorate of Women and Child Development, Govt. of Goa; Fr. Agnel Ashram, Pilar; Giselle Martyres, Canada; Goa Institute of Public Administration and Rural Development (GIPARD), Old Goa; Goa State Commission for Protection of Child Rights; Goa Institute of Management, Ribander; Goa Medical College; GVM College of Education, Ponda; Gopika Kapoor, Mumbai; Indian Medical Association, Tiswadi; Jill Sanghavi, Mumbai; Kendriya Vidyalaya, Vasco; Karl Kubel Institute for Development, Coimbatore; Mahek Uttamchandani, Mumbai; Margadharshak Development Society; Nirmala Institute of Education, Goa; Dr. Pranab Mukhopadhyay; Rotary Club Midtown, Panaji; Sarah Cunningham UK; Sanjay School for Special Education, Goa; Sarva Shiksha Abhiyan, Goa; Shiksha Niketan School, Alto Torda; St. Xavier's College, Mapuca; Teachers Teams India; Tata Consultancy Services, Thivim; TIES Goa; Ummeed Child Development Centre, Mumbai; Walter Mascarenhas, Goa

**FLASH NEWS!** ⚡

Sethu has been accredited by the Indian Academy of Pediatrics to run the one year Fellowship Program in Developmental Pediatrics—one of only 9 institutions in the country to have this capacity!

Gopika Kapoor of Ummeed, Mumbai demonstrates ways to build social play in autism



Mahek Uttamchandani brings Brain Gym to Goa and gets everyone to jump for joy (and learning)



# Cultivating the Reading Habit workshop for English teachers in Govt. primary schools, at the District Institute of Education, Goa



Attention on ADHD at Neuropedicon 2016 conference in Ahmedabad

## Sexuality training for the parents of Shiksha Niketan School



# We reach to teach! Participants in Class Act 2016



Classroom management workshop at Auxilium Convent, Caranzalem, Goa

I came expecting

that it would be somewhat boring where I would have to just sit and listen to someone talking continuously.

## A teacher tells it like it is

I got

I got a totally different experience. I had only heard about SETHU never attended any of their seminar. But I got a lot of ideas to change my teaching and deal with my students.

I value

I value the way  
the programme  
was conducted.  
It was not a one  
way programme.  
I value the  
different strategies  
they taught.

I still need.

I thought it had to be for more time. Because we still need to learn a lot about class management specially the ~~at~~ teenagers.

# How do you become brave?



# Drink brave

# be coming medicine

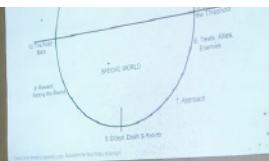
## Growing Sethu

All great services start with passion and a plan. To stay strong, a solid administrative foundation is key. The team has spent much time in the development and fortification of systems to do the right thing in the right way.

### Sethu Policies and Standard Operating Procedures (SOP)

Staff Policy, Financial Policy, Child Protection Policy, Internship Manual, SOP for donor management, SOP for training programs

Dave MacDonald, our master strategist



Amanda Williams explains strategic fundraising and how sharing stories can open hearts and wallets



### CHILD PROTECTION POLICY

Thanks to the training received at the Karl Kubel Institute for Development, Coimbatore, Sethu's Child Protection Policy has seen the light of day. The draft document covers important aspects of staff conduct, case management, recruitment policies and rules for photography and social media. The final version will incorporate the views of children, who are participating in the formulation of the policy.

A special thank you to K.S. Malathi, Children's Rights in Goa and Rikka Tahvanein, for guiding us through this process and to Dr. Milind Dabholkar, Pascal and Sunita Noronha and John Machado for their financial support.

# SETHU IS GROWING!

and we need more SPACE!

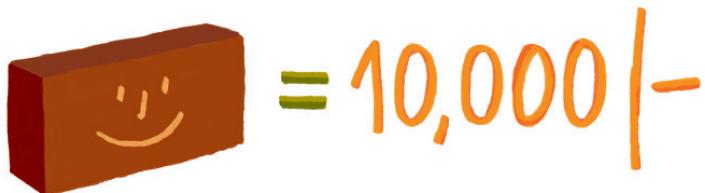


## Build Our Bridge Campaign

Sethu has been looking for a space to call its own and build a state of the heart child development centre for Goa for quite a while. We have approached the Government of Goa, written many appeals and contacted families that own land in Goa. We even advertised our need in newspapers, magazines and on social media, hoping that someone, somewhere, would donate a property within 10 kms of Panaji, Goa, that Sethu could use. However, this wish remained unfulfilled. In the meanwhile, the demand on our services and training programs kept rising with the need to increase staff and infrastructure. Tired of waiting, we decided to be more proactive to raise the hefty sum required to buy land and build a Sethu Centre that all the world can be proud of. On 8th December 2016, Sethu launched the Build Our Bridge campaign for this purpose. We need INR 5,00,00,000 for a home for Sethu's work. That's a lot of zeros! The good news is that there is enough money to realise our dream! The not so good news is that it is still in people's pockets!

It is not easy to raise money for charitable causes but we think that our approach is strategic and smart. Bridges (and centres) are made of bricks. Our bridge to a bright future has just 5000 bricks. Each brick costs INR 10,000. We urge you to buy at least one brick (or ten) and be a Hero for Sethu. Then, use your powers of persuasion to convince your friends, family, neighbours, co-workers, bosses, schoolmates, teachers—basically everyone you know, to buy a brick (or ten) too.

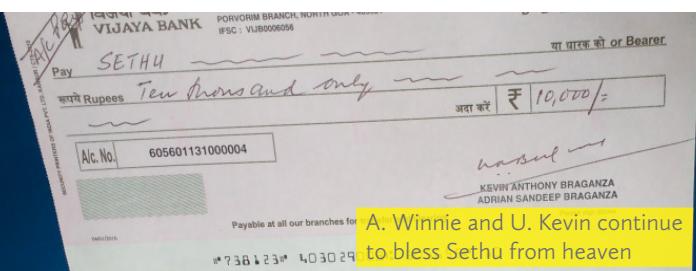
Sethu is indebted to Helene Menezes, our fundraising ringleader who works 25 hours a day and cracks the whip at regular intervals to keep us focused and on target.



5000 bricks = Sethu's bridge to a bright future

To make it easier, we have many options to donate and avail income tax benefit

- 1) Indian citizens can donate online through the Sethu website, by bank transfer or by cheque. Sethu has 80G certification for tax deduction
- 2) US citizens can donate via Arpan Foundation ([www.arpanfoundation.org](http://www.arpanfoundation.org)) and obtain tax benefit
- 3) Canadian citizens can donate via Maharashtra Seva Samiti Organisation ([www.mssoonline.org](http://www.mssoonline.org)) and obtain tax benefit
- 4) Citizens from all other countries can donate via our website or by bank transfer. Potential donors can write to Helene Menezes ([helene.menezes@sethu.in](mailto:helene.menezes@sethu.in)) for further details.



*IN FOND MEMORY OF  
WINNIE BRAGANZA  
(AUNTY WINNIE)  
31 JAN 2017*

## Fundraising Stories

Sethu's well of well-wishers is deep and wide. A few snapshots of how generous our Sethu community has been are featured here. Carpe Diem Gallery organised an art auction on behalf of Sethu. Hesham Malik, one of India's most well-known artists donated his painting '8 Griffons' for this cause. Following his example, 5 Goan artists—Viraj Naik, Sadguru Chendvankar, Suhas Shilker, Mohan Naik, Norman Tagore also donated 2 works each.



₹98,655  
raised of ₹ 98,500

19 Supporters



Beginner's Luck: Our first attempt at online crowd-funding through BitGiving was a great success! We raised over INR 98,000 for the Asha Autism training program in less than 3 months

## FLASH NEWS! ⚡



Sethu has been approved by CAF America to accept tax deductible donations from US donors.

Please visit the Give Now page at [www.cafamerica.org](http://www.cafamerica.org) to invest in the future of children at Sethu.



8 Griffons by Hesham Malik  
bring good luck to Sethu

Music for a good cause

Concert for the King was held in aid of Sethu's Build our Bridge Campaign





# Thanks for

- 1) Love + friendship
- 2) Funds
- 3) Vitamin S = support



To all of us at Sethu, the people and institutions named on this page are sturdy and life-giving molecules of Vitamin S (support)

**Donors:** Akash Pardeshi, Akash Madgavkar, Abhijeet Gujar, Afonso Family Foundation, Agnelo Fernandes, Aileen DeSouza, Aimee and David Rego, Ajay Kumar, Ajinkyा Walimbe, Alessandra Noronha, Alinto Coelho, Alina DeSouza, Alison Conrad, Alka Patel, Alwyn and Anita Baptist, Amy Vu, A.M.Baptist, Anne and Clyde Dos Santos, Ana Maria Kamath, Andre Velho, Andrew and Marisa Mascarenhas, Anand and Karen Noronha, Anita Dudhane, Angad Kamat, Anita D'Souza, Anita and Thomas John, Anjali Nunes, Anabel Edwards, Antonio DeLima, Anuradha Voolapalli, Arpan Foundation, Ashish Srivastava, Asha and Polson Chemmanoor, Ashok and Meena Pais, Augusta Rebello, Avani and Mehul Pema, Betts India Pvt. Ltd., Bharati and Santosh Helekar, Bhimla and Jerome Antony, Brian and Sonia Castelino, Brian Patrick Whiter, BeBook, Buzz Events, Cemeen Sarosh, Cidade de Goa, Cecilia DeSouza, Chryselle Pinto, Christabel and Joe D'Mello, Charlotte Hayward, Clair Gardens Pharmacy, Cipla Foundation, Clevis Tavares, CMM Logistics Pvt. Ltd., Clover Soares, Colin D'Souza, Cora Abreu, Darshana Kolte, Darshini Padvi, Dean Menezes, Deepa Bharne, Derek Henriques, Denise Rose, Denzil and Regina D'Souza, Diana Charles, Dileep Verlekar, Diane Froio, Dinar Beach Hotel, Dinesh and Yvette D'Souza, Divya Dayya, Divya Kapur, Edith Melo Furtado, Elaine D'Costa, Elvis Ralph Tavares, Elroy Figueiredo, Emano and Ethel Moniz, Emry and Winston Sequeira, Enduro Sports Goa, Eric De Souza, Fatima Gracias, Francisco De Lima, Ganesh V, Gautam and Seema Amonkar, Gayle Menezes, Gertrude Lobo, Goa Sudharop Community Development, Goenca Resorts Pvt. Ltd., G. Stalin, Guala Closures India Pvt. Ltd., Gerard and Rose Aranha, Hazel Carvalho, Helene Menezes, Hotel Orfil, Ian and Emma Martin, Ida Weippert, Ivan Crasto, Isabel Santa Rita Vas, Jacintha Coelho, Jagadish Bhat, Jamsheed Banaji, Jaydeep Pendse and Nisha Kolhatkar, Jean Michel and Monique Gattlen, Jerry Matheu, Jessie Mattingly, Jillian Rose, Joaquim and Thelma Correia Afonso, Joe and Yvonne Carvalho, Jorge Bravo, Jolene Lobo, Joseph D'Mello, Juhi Prasad, K.Sainath Shetty, Kala and R. Sunder, Karen Fernandes, Karla Maria Breitkope, Kavyashree N, Kay Derkin, Kayla Andersen, Kevin Braganza, Krishnan Moorley Dharan, Kulkarni Eye Clinic, Lara Rodrigues, Leo and Jacintha Martis, Lions Club of Nyon, Lucina and Godfrey Pinto, Luis De Souza, Luke Sequeira, Lynn D'Cruz, Maria Helena Bravo, Machado and Sons Pvt. Ltd., Madhavi and Poonam Jain, Madhura Shastri, Mahera Kantwalla, Makarand Parulekar, Manishka Goes, Manuelinho Mendes, Marcilia Rodrigues, Mariette and Noel Rao, Mario Leitao, Maria Garcia, Marushka Mascarenhas, Marta Melita Quadros, Martha Saldanha, Mary Gomes, Mateus Noronha, Maya deSouza, Meherunnissa Noorudin Rehmani, Melanie D'Mello, Melvin Barreto, Melroy Pereira, Milind Dabolkar, Miriam Pinto, Mohammed Dohadwalla, Mohandas K Mallath, Mr. and Mrs. Cassinath, Mr. and Mrs. Garg, Mr. Zuwarkar, MSSO Toronto Chapter, Mukul Pai Raiturkar, Mullamangalam Jacob, Nachiket Shanker, Nagarsenkar Classic Hospital, Nan Pagidyal, Nandita de Souza, Navrekha Sharma, Naz Jazaeri, Nazeen Sarosh Rebello, Neena Jacob, Rina and Nereus Drego, Ninad Pawaskar, Ninette De Souza, Nisha Madgavkar, Nisha Da Cunha, Olga Maladen, Oswaldo and Merlyn Velho, Pascal and Sunita Noronha, Patricia Valadares, Yash and Trupti Pednekar, Peter and Rita Noronha, Pereira Furnishing, Philomena Pereira, P.N. Shankar, Prajakta Lotlikar, Pramodini Seth, Pravin Fernandes, Shri P.S. Narsimhan Trust, Pushpa Fernandes, Rajaram and Tarabai Bandekar Charitable Trust, Rajasekar, Rajesh Shukla, Rajesh Sobti, Ralph Gomes, Ram and Seema Sundaram, Ramesh and Lisbeth Mehra, Rashmi and Sanjiv Jain, Rashida Adenwala, Romola de Souza, Rotary Club of Panaji, Robert and Isabel DeSouza, Rodolfo Arnaldo Do Carmo, Roopa and Ravi Herunde, Ronil Hotels and Resorts, Roseanne Souza, Rosemary and Sebastian

Thalanany, Rudolf and Maureen Fernandes, Rupa Padwalkar, Ryan and Vidya Alberto, Ryan and Daisy Carvalho, Ryan and Clarissa Costa, Samarth Maira, Sadiq Zaveri, Sandeep and Liz Jain, Sandra Souza, Sandra Bartu, Sangeeta and Srinivas Barla, Sanjeev Kumar, Sarika Vaz, Saroj Sahu, Satish Agharar, Savio Da Gama, Savio Pinto, Seascam Maritime Foundation, Seema Menon, Shalabh Garg, Shalini and Melville D'Souza, Sharron Orpin, Shashidhar Kenkre, Sheela Carvalho, Shraddha Patil, Sid and Kim Kapur, Silvia Mascarenhas, Som Gude, Sonia Figueiredo, Soumya Banerjee, Spandan Trust, Stacy Davis, Stephen and Sandy Noronha, Stephen D'Silva, Stefan and Anjali Maus, Suhas Asnodkar, Suhail Ullal and Mridula Shankar, Sunil Warkhandkar, Sung Ling Chou, Sydney Moniz, Sunaparanta, Suma Ponuguppati, Suman B, Sunita Dangeti, Sydney Moniz, Tarun Rishi, Tasnim Mamuwala, T Koteswara, Thelma Ferreira, Theresa Crasto, Tome Jose and Carolina de Souza, Tony and Yvette Pinto, Trisha Saldanha, Troy and Denise Yoshitake, Valeriano D'Souza, Vernon Barreto, Vidya Uchil, Vidyadhar Mallya, Vilda Timblo, Vishal Varshney, W.E Machado, Wendy Gracias, Yasmin Sadiq Zaveri, Yogita Joshi, Zebash Adam and other generous genies who wish to remain anonymous.

**Volunteers:** Helene Menezes, Aileen D'Souza, Dr. Elysha D'Sa, Sarah Cunningham, Rikka Tahvanein, Giselle Martyres

**Well-wishers:** Giselle Lobo, Madhura Joshi, Ali Haider Zaveri, Ralph Crasto and AED, Mumbai Literati, Christine Shetty, Carpe Diem and Daegal Godinho, Rotary Club of Panjim, Parag Karia, Ajit Bapat, Jeffrey Manuel, Derrick Menezes, Jessy Arick, Anna Dvortcsak, Amey Hegde, ADAMS Chorale, A26, Chrysalis, Saved by Grace, The Natal Choir

**Press and Media Coverage:** Shobhika Jaju, Gautam Mukherjea and Planet Goa, Eugen Hanley and Hilary Lapadis of Goa Streets, Milena at Radio Mango, Canada, Dhanashree Manerikar of Gomantak Times

We have no words to thank Ram Sundaram (our IT Go To person), Indrajit Choudhury and Powerstores (our website Spiderman and Company), Filipe Cordeiro and Teresa Colaco (Sethu's lawyers), Prashant Jain (Chartered Accountant), Avelino D'Sa (Investments), Creometric (our social media experts), Jose Lourenco and Darshana Mandrekar (Konkani translations of our educational material), Anjora Noronha (Annual Reporter of Sethu), Maryanne D'Souza (Sethu's Video Wonder)

Sethu mourns the passing of the great visionary Dr Jagannath Wanji, founder of Maharashtra Seva Samiti Organisation (MSSO), Canada. He leaves behind a legacy of love, kindness and generosity.

### Our Team

**Trustees:** Peter Pinto (Managing Trustee), Ameeta Mascarenhas, Michael Mendonsa, Olga Maladen, Neena Jacob

**Staff:** Nandita de Souza (Director and Developmental Pediatrician), Abhijit Gujar (COO till August 2016), Helene Menezes (Head, Development and Fundraising), Laxmi Pillai (Administrator), Priscilla D'Souza (Jr. Administrator), Laxmi Magdum (Office Assistant), Ulka Lotlikar (Accountant),



Anjali Nunes (Speech and Language Therapist), Andre Velho (Autism Interventionist), Kimberly Dias (Psychologist and Counsellor), Gouri Salvi (Psychotherapist), Silvia Mascarenhas (Psychologist and Child Protection Officer), Aileen D'Souza (Psychologist), Shenessa Barretto (Clinical Psychologist), Mahera Kantawalla (Occupational Therapist), Madhura Manerikar (Jr. Special Educator), Patricia Lopes (Autism Interventionist), Dr. Priti Bakre (Visiting Psychiatrist), Radha Redkar (Housekeeping)



# Money Matters

SETHU, SOCORRO - GOA

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2017

EXPENDITURE	AMOUNT	INCOME	AMOUNT
To Training & Workshops	30,040.00	By Administrative Receipts	25,042.00
" Workshop Expenses	3,57,373.00	" Donations	9,94,970.00
" Audit Fees	22,425.00	" Donation received-FCRA	3,64,250.00
" Bank Charges	63.75	" Patients Receipts	17,36,250.00
" Bank Charges-FCRA	2,164.88	" Workshop Receipts -FCRA	7,63,314.00
" CF- Administrative expenses	12,000.00	" Workshop Receipts -FCRA	9,19,779.00
" CF- Auditing & Evaluation	2,500.00	" Dividend	3,10,455.78
" CF-Programme Related expenses	13,042.00	" Cheer for children	1,00,500.00
" Commission paid	8,717.35	" Cheer for Children-FCRA	81,218.90
" Commission paid-FCRA	1,232.23	" SB Interest	45,217.00
" Electricity & Water Charges	29,018.00	" SB Interest-FCRA	6,108.32
" Miscellaneous expenses	501.47	" Workshop grants	1,50,000.00
" Licenses/Fees/Taxes	4,300.00	" Income Receipt	680.00
" Newspaper & Periodicals	2,405.00	" Interest on FDR	3,82,897.50
" Office expenses	60,417.00		
" Office expenses-FCRA	2,899.00		
" Professional fees paid	30,63,540.00		
" Renewal of Practo	11,489.00		
" Rent paid	2,58,380.00		
" Rent paid-FCRA	41,660.00		
" Repair & maintenance	20,375.00		
" Resource fee (field visit)	1,09,000.00		
" Resource fee-FCRA	50,562.00		
" Sponsorship	1,17,700.00		
" Telephone/ Internet	43,206.00		
" Telephone/ Internet-FCRA	10,948.00		
" GS Accountant-FCRA	3,000.00		
" GS Administrator-FCRA	9,000.00		
" GS Clinical Dr. & Pediatrician-FCR	30,000.00		
" GS Speech Therapist-FCRA	55,733.00		
" Printing & Stationery	1,475.00		
" Depreciation :-	87,533.00		
(As per the statement attached)			
" Excess of Income Over Expenditure	14,17,982.82		
Total Rs.	58,80,682.50	Total Rs.	58,80,682.50

WHY MONEY  
MATTERS??

- 1) To Buy Things
- 2) To help Children
- 3) To help Sethu

As per my report of even date attached  
Place :- Panaji - Goa

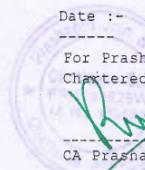
Date :- 16.05.2017

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)

CA Prashant Kumar Jain  
M.N. 133883

Petre Pinto  
(Managing Trustee)

Olga Maladen  
(Trustee)



## SETHU, SOCORRO - GOA

## RECEIPTS AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2017

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
To Opening Balances : -			
F/D HDFC Bank	56,61,000.00	By Training & Workshops	22,866.00
HDFC Bank	7,27,510.41	" Training & Worshops (AITP)	7,174.00
HDFC Bank - FCRA	3,01,559.31	" Workshop Expenses	3,57,398.00
Cash in hand	84,522.00	" Audit Fees	22,425.00
		" Bank Charges	64.17
		" Bank Charges-FCRA	2,166.10
		67,74,591.72 " Commission paid	8,717.35
		" Commission paid-FCRA	1,232.23
" Building fund	24,61,135.00	Electricity & Water expense	29,018.00
" Building fund-FCRA	26,98,425.40	Miscellaneous expenses	500.00
" Donations	9,94,970.00	Licenses/Fees/Taxes	4,300.00
" Donations-FCRA	3,64,250.00	Newspaper & Periodicals	2,405.00
" Workshop receipt	7,67,614.00	Office expenses	60,417.00
" Workshop Receipt-FCRA	9,79,479.00	Office expenses-FCRA	2,899.00
" SB Interest	45,217.00	Professional fees paid	30,63,840.00
" Cheer for children	1,00,500.00	Renewal of Practo	11,489.00
" Cheer for children-FCRA	81,218.90	Rent paid	2,69,380.00
" Workshop grants	1,50,000.00	Rent paid-FCRA	41,660.00
" Income Receipt	680.00	Repair & Maintenance	20,375.00
" Dividend	3,10,455.78	Resource fee (Field visit)	1,09,000.00
" Interest on FDR	3,82,897.50	Resource fee-FCRA	50,562.00
" SB Interest-FCRA	6,108.32	Sponsorship	1,17,700.00
" Patient receipt	17,36,550.00	Telephone/ Internet	43,206.00
" Rent deposit	81,000.00	Telephone/ Internet-FCRA	10,948.00
" Tds	9,369.00	Computer	11,700.00
		" Dlink IP Camera	11,030.00
		" Fan	3,301.00
		" Furniture & Fixtures	9,850.00
		" UPS	1,000.00
		" Deposit	87,480.00
		" Nirmaya	1,800.00
		" Patient receipts	300.00
		" Professional fee paid	6,475.00
		" GS Accountant-FCRA	3,000.00
		" GS Administrator-FCRA	9,000.00
		" GS Clinical Dr. & Pediatrician-F	30,000.00
		" GS Speech Therapy equipment-FCRA	59,700.00
		" GS / Speech Therapist-FCRA	55,733.00
		" Printing & Stationery-FCRA	1,475.00
" Closing Balances : -			
		F/D HDFC Bank	56,61,000.00
		HDFC Bank	35,28,167.17
		Cash in hand	37,743.00
		State Bank of	
		India-FCRA	41,65,864.60
		Cash in hand-FCRA	101.00
			----- 1,33,92,875.77
Total Rs.	1,79,44,461.62	Total Rs.	1,79,44,461.62

As per my report of even date attached

Place :- Panaji - Goa

Date :- 16/05/2017

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)CA Prashanth Kumar Jain  
M.N. 133883Peter Pinto  
(Managing Trustee)Olga Maladen  
TrusteeCA Prashanth Kumar Jain  
M.N. 133883

## Why does Money Matter??

i) We need money to buy our favorite things.

② to make our dreams come true.

③ Buy supplies and things that you need to live.

SETHU, SOCORRO - GOA

BALANCE SHEET AS ON 31ST MARCH 2017

FUNDS & LIABILITIES	AMOUNT	ASSETS	AMOUNT
Capital Account		Fixed Assets :-	403489.00
Corpus Donations	7293881.00	(As per statement)	
Fund Account-FCRA	136534.00	Therapy Equipments (FCRA) :-	154578.00
Building Donations:-	3886492.00	Investment:-	
		Corpus Investment	72,93,881.00
		Building Fund Investment	38,86,492.00
		Other Investments	15,37,953.83
Building Donations(FCRA):-	2703425.40		12718326.83
TDS payable	28058.00	Current Assets Loans & Advances:-	
		Rent Deposit	87,480.00
		Nirmaya	1,800.00
Income and Expenditure			89280.00
Account :-		Tax Deducted at Source :-	36246.30
As on 01-04-2016	5736760.45		
Add:- Excess of Income		Interest accrued(Fixed Deposit) :-	69337.80
--- Over Expenditure	1417982.82		
	7154743.27	Cash and Bank Balance :-	
		HDFC Bank	35,28,167.17
		State bank of India-FCRA	41,65,864.57
		Cash in hand	37,844.00
Total Rs.	21203133.67	Total Rs.	21203133.67

As per my report of even date attached

Place :- Panaji - Goa

Date :- 16.05.2017

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)

CA Prashanth Kumar Jain  
M.N. 133883

Peter Pinto  
(Managing trustee)

Ollaladeen

(Olga Maladen)  
Trustee



## The Way Forward

Sethu needs funds to sustain and scale the bountiful work that we do. An important aspect of sustainability is to hire young and committed people and help them grow within their professions and even beyond, as future leaders of Sethu. Every staff member develops skills in organisation, time management, networking, fundraising, writing project proposals, training others and being creative and collaborative. As a team, we constantly think strategically and endeavour to achieve our vision and goals by maximising resources.

With Corporate Social Responsibility (CSR) in ascendency, Sethu offers multiple options to companies to invest in social progress and empowerment. These are our projects for the next year that need support:

All donations to Sethu are exempt from income tax under Sec 80G

Name of the Project	Main objective	Budget (amount raised)
Build our Bridge Campaign	To build a permanent home for Sethu's services	Rs. 5 crores (20%)
From Disorder to Order	To create a comprehensive service for children with ADHD and their families and build awareness in schools and the community	Rs. 17 lakhs (50%) for one year
Early Intervention Clinic	Promoting development in high-risk babies e.g. Down syndrome, birth injury, prematurity	Rs. 4.4 lakhs for one year
Tarang Inclusive Education Project	To promote inclusion in preschools by creating a road map with well-defined strategies	Rs. 22 lakhs (10%) for one year
Gnyandep Program	To strengthen inclusive education in anganwadis across all talukas of Goa	Rs. 17 lakhs (15%) for one year
Sethu Capacity Building Program	Strengthening the infrastructure and professional skills available at Sethu	Rs. 3 lakhs (25%) for one year
Asha Parent-Toddler Program	To train parents and young children with autism in social communication	Rs. 1 lakh/program X 3 batches, for one year

## Our Wishlist

- Funds to build Sethu's permanent centre 
- Financial support for our projects 
- Well-wishers to organise fundraisers on Sethu's behalf 
- Sponsorship of workshops and training programs 
- Trained volunteers - speech therapists, physiotherapists, administrative experts 
- Toys and therapy equipment - trampoline, fidget toys 
- Equipment: 3 laptops and 1 LCD projector
- Stationery: lamination sheets, A4 paper, printer cartridges
- Testing materials, teaching aids and books - detailed list available on request

3 wishes

1. I want all of mamas problems to go all away
2. are home wod be big
3. I want to have many frieds





We need RS.5 Crores for our new Sethu centre!

Do you want to make a  
miracle happen?

Here's how:

- 1) Donate on our website
  - 2) get a matching grant through your company
  - 3) Organise a fun-draiser for Sethu
  - 4) Be a peer to peer fund-raiser and commit to raising enough for 10 bricks.

**BE A HERO FOR SETHU!**



Sethu is the proud recipient of the GuideStar India Committed to Transparency Award



Design and Layout  
Anjora Noronha

Bhutkivaddo, Sucurro, Porvorim, Goa - 403501  
[P] (0832) 651 37 49 [E] [reachus@sethu.in](mailto:reachus@sethu.in) [W] [www.sethu.in](http://www.sethu.in)

You Tube Sethu



 Sethu, Goa



 Sethu\_Goa