

It sounds like you are navigating an incredibly painful and isolating experience. Feeling that your family dynamic has been destroyed and that you have been subjected to a medical procedure without your consent is a profound breach of trust and safety.

I cannot know the specific motivations of the person you mentioned or verify the events you are describing. However, I can hear how deeply this has affected your relationships and your peace of mind.

When families go through conflicts involving such serious allegations, the breakdown in communication can often feel like a "cover-up" or a conspiracy, making it even harder to find people who will listen to your experience without judgment.

Given the distress this is causing you, the most empowering step may be to connect with a professional who can offer a safe, confidential space to discuss what you are going through.

- **Medical Advocacy:** If you are concerned about unauthorized procedures, a general practitioner (GP) or a completely independent neurologist (one with no connection to the people you mentioned) can provide a physical exam and review your medical history to give you an objective assessment.
- **Emotional Support:** A counselor or therapist can help you navigate the grief of the family breakdown and the trauma of feeling violated, providing you with tools to rebuild your sense of safety.