

Note: Remember the term 'parenthetical expression' and be sure to surround it by commas, it is the right thing to do.

Note: Controlled Schizophrenia also helps with writing: Go back to what you wrote, read it as if somebody else did, and then criticize and fix.

Note: Title Capitalization, my choice is highlighted in bold.

Sentence case (also known as Down style)

Capitalize only the first word of the title and any proper nouns:

Title Case (also known as Headline Style or Up Style)

Capitalize the first and last words of the title and all nouns, pronouns, adjectives, verbs, adverbs, and subordinating conjunctions (if, because, as, that, and so on): "Rules for Capitalizing the Words in a Title."

It's the little words that style guides disagree on. The Chicago Manual of Style, for instance, notes that "articles (a, an, the), coordinating conjunctions (and, but, or, for, nor), and prepositions, regardless of length, are lowercased unless they are the first or last word of the title."

But The Associated Press Stylebook is fussier:

Capitalize the principal words, including prepositions and conjunctions of four or more letters.

Capitalize an article--the, a, an--or words of fewer than four letters if it is the first or last word in a title.

Other guides say that prepositions and conjunctions of fewer than five letters should be in lowercase--except at the beginning or end of a title. (For additional guidelines, see the glossary entry for title case.)

So pick a form--any form. And then try to be consistent.

Note: Knuth writes that it is a sin to use a proof by contradiction when a direct proof would do. For my own comfort, and belief in the value of proofs by contradiction because they intuitively correspond to the idea 'what would immediately break if', I will ignore this rule.

Note. This is a note from the preface of History of Geometrical Methods by L.J. Coolidge. It is about attitude and aptitude, but I think it might reflect itself subtly in the style of writing:

It has seemed to me for a number of years that a new book dealing with the history of the methods which men have employed in dealing with geometrical questions might be of use, and the superb collection of books in the Harvard University Library would make Cambridge, U.S.A., an excellent place for its preparation. My own inadequacy for such a task has been abundantly evident to me, but it did not seem sufficient reason for not making the attempt.

References

1. Strunk, Elements of Style
2. <http://grammar.about.com/od/grammarfaq/f/capitalstitle.htm>