

## Jake's Results

### Your Instinct Distribution

- Competitive Drivers: 4.25
  - Adaptive Movers: 4.2
  - Disruptive Innovators: 4.0
  - Relational Harmonizers: 4.0
  - Grounded Protectors: 3.8
  - Structured Strategists: 3.25
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### Interpretation

#### Your Dual State: Adaptive Driver

You operate on the high edge of Dominant and Passive, with both drive and sensitivity engaged — a hallmark of the Dual State balance.

#### Dominant Side (Driver / Challenger Energy)

- You carry Ram and Coyote instincts: assertive, experimental, and unafraid of challenge or disruption.
- You confront obstacles directly but with creativity rather than brute force.
- You lead by moving first — confident, kinetic, and capable of creating momentum where others stall.

#### Passive Side (Adapter / Harmonizer Energy)

- You also score very high in Antelope and Deer energies — attuned to relational cues and environmental shifts.
- You're emotionally intelligent and agile; when pressure builds, you flex instead of fight.

- This gives you social accuracy — the ability to read people and pace quickly without losing authenticity.

### Integration Point

You don't live in extremes — your nervous system can flow between states of leadership and receptivity.

That's the pure definition of the Dual State principle: dominance that listens, sensitivity that still acts.

Dominant Archetypes	Passive Archetypes	Combined Expression
Ram – Competitive, resilient	Antelope – Adaptive, fast-moving	Bold but flexible under pressure.
Coyote – Disruptive, witty	Deer – Empathic, relational	Challenges systems but protects people.
Eagle / Fox (secondary energies)	Owl / Rabbit (supporting energies)	Visionary, alert, emotionally perceptive.

### Summary Statement

You lead like an Adaptive Driver — a blend of Dominance and Awareness.

You move quickly, confront directly, sense tension early, and instinctively steer others toward change without leaving them behind.

This is one of the rarest and most effective operating states because you pair courage with intuition — the essence of H2's Willingness Partnership in motion.

## H2 DNA Spectrum: Dual State Profile

**Name:**

**Adaptive Driver**

**Primary Spectrum:**


**Dual State (Dominant ↔ Passive Balance)**

**Core Blend:**

**Ram × Antelope × Coyote × Deer**

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## Dominance Scale:

 (7 / 10 – Active Dominance)

## Adaptiveness Scale:

 (7 / 10 – Responsive Sensitivity)

You operate almost perfectly balanced between action and awareness.

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## Core Instinct

Moves first, but not blindly.

Reads people and environments in real time, then channels courage and empathy into decisive movement.

Thrives in change, tension, and growth cycles.

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## Behavioral Signature

- Reacts fast but adjusts mid-stride when new data appears.
  - Challenges systems or leaders when integrity or purpose feel off.
  - Feels most alive when there's something to prove and someone to protect.
  - Balances confidence with emotional literacy; naturally builds loyalty through authenticity.
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## Strengths

- Drives transformation without burning bridges.
  - Reads the emotional and strategic field simultaneously.
  - Inspires followership by modeling composure under pressure.
  - Uses humor and creativity as pressure valves during conflict.
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## Watch Outs

- May over-extend trying to be everything for everyone.
- Can suppress personal needs until exhaustion hits.

- Occasionally moves so fast that others can't feel included.
  - When unsupported, toggles between intensity and withdrawal.
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## **Dual State Cue**

Slow your breath before you speed your plan.”

You thrive when you pause just long enough for others to join your movement.

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## **To Lead Yourself**

- Choose rhythm over reaction — your nervous system prefers cadence.
- When doubt rises, ground yourself in purpose, not control.
- Protect your recovery cycles; adaptability requires restoration.

## **To Partner With Others**

- Pair with detail-minded Builders or Observers to sustain your pace.
  - Seek honest mirrors who can name when your drive overshadows your empathy.
  - Build psychological safety through clarity — your power is safest when transparent.
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## **You may lead like an Adaptive Driver when ...**

...you feel both the pulse to act and the pull to understand.

You are the bridge between courage and connection, instinct and intention