

Food Blog

Tasty finds

Buddha Bowl

Harvest • Park City, Utah



The film festival just passed and all the commotion has almost settled. I took a trip to Park city and stopped by The Harvest. They use three words to describe their establishment *Food, Coffee and People*. It is a popular stop in the morning and if you are in the mood for a salad you must try the Buddha Bowl. Amazing salad refreshing and yet fills you explosion of taste in

your mouth perfect combination of flavors.

Menu items you should try

| Name | Available | Cost |
|-----------------------------|-----------|---------|
| Acai Bowl | Breakfast | \$12.05 |
| Smashed Avocado | Breakfast | \$15.5 |
| Thai Beef Salad or Sandwich | Lunch | \$15.5 |
| Chicken Laksa Noodle Soup | Dinner | \$16.50 |
| Salmon Wellness Bowl | Dinner | \$17.50 |