John Hopkins University – Data Science Specialization – Practical Machine Learning Course – Project 1

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Human Activity Recognition - Weight Lifting Data

Problem

Background

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it. In this project, your goal will be to use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways. More information is available from the website here: http://groupware.les.inf.puc-rio.br/har (see the section on the Weight Lifting Exercise Dataset).

Data

The training data for this project are available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv

The test data are available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv

The data for this project come from this source: http://groupware.les.inf.puc-rio.br/har. If you use the document you create for this class for any purpose please cite them as they have been very generous in allowing their data to be used for this kind of assignment.

What you should submit

The goal of your project is to predict the manner in which they did the exercise. This is the "classe" variable in the training set. You may use any of the other variables to predict with. You should create a report describing how you built your model, how you used cross validation, what you think the expected out of sample error is, and why you made the choices you did. You will also use your prediction model to predict 20 different test cases.

- 1. Your submission should consist of a link to a Github repo with your R markdown and compiled HTML file describing your analysis. Please constrain the text of the writeup to < 2000 words and the number of figures to be less than 5. It will make it easier for the graders if you submit a repo with a gh-pages branch so the HTML page can be viewed online (and you always want to make it easy on graders:-).
- 2. You should also apply your machine learning algorithm to the 20 test cases available in the test data above. Please submit your predictions in appropriate format to the programming assignment for automated grading. See the programming assignment for additional details.

Reproducibility

Due to security concerns with the exchange of R code, your code will not be run during the evaluation by your classmates. Please be sure that if they download the repo, they will be able to view the compiled HTML version of your analysis.

Solution

I verified the length of the text (not including code and code output) to be less than 2,000 words. The number of figures is less than 5.

Getting and Cleaning the Data

Remove serial number, time stamps and window information features. Remove features which have more than 50% missing values.

```
## [1] "Percent of complete cases is now: 100%"
```

```
print(paste("Number of features is now: ",dim(data1)[2], sep = ""))
```

```
## [1] "Number of features is now: 54"
```

Convert "user_name" and "classe" features to factor variables.

```
data1[,c("user_name","classe")] <-
   as.data.frame(lapply(data1[,c("user_name","classe")], factor))</pre>
```

Exploratory Data Analysis

We examine the structure and the summary of the features.

```
## $ yaw belt
                             -94.4 - 94.4 - 94.4 - 94.4 - 94.4 - 94.4 - 94.4 - 94.4 - 94.4 - 94.4 \dots
                       : num
   $ total_accel_belt
                       : int
                             3 3 3 3 3 3 3 3 3 ...
## $ gyros belt x
                       : num
                             ## $ gyros_belt_y
                             0 0 0 0 0.02 0 0 0 0 0 ...
                       : num
##
   $ gyros_belt_z
                       : num
                             -0.02 -0.02 -0.02 -0.03 -0.02 -0.02 -0.02 -0.02 -0.02 0 ...
## $ accel_belt_x
                             -21 -22 -20 -22 -21 -21 -22 -22 -20 -21 ...
                       : int
## $ accel_belt_y
                       : int
                             4 4 5 3 2 4 3 4 2 4 ...
                             22 22 23 21 24 21 21 21 24 22 ...
##
   $ accel belt z
                       : int
##
   $ magnet belt x
                       : int
                             -3 -7 -2 -6 -6 0 -4 -2 1 -3 ...
## $ magnet_belt_y
                       : int
                             599 608 600 604 600 603 599 603 602 609 ...
   $ magnet_belt_z
                             -313 -311 -305 -310 -302 -312 -311 -313 -312 -308 ...
                       : int
   $ roll_arm
##
                             : num
##
   $ pitch_arm
                             22.5 22.5 22.5 22.1 22.1 22 21.9 21.8 21.7 21.6 ...
                       : num
## $ yaw_arm
                       : num
                             ##
                             34 34 34 34 34 34 34 34 34 ...
   $ total_accel_arm
                       : int
##
   $ gyros_arm_x
                       : num
                             ## $ gyros_arm_y
                       : num
                             0 -0.02 -0.02 -0.03 -0.03 -0.03 -0.03 -0.02 -0.03 -0.03 ...
## $ gyros_arm_z
                             -0.02 -0.02 -0.02 0.02 0 0 0 0 -0.02 -0.02 ...
                       : num
                             ## $ accel_arm_x
                       : int
## $ accel_arm_y
                       : int
                             109 110 110 111 111 111 111 111 109 110 ...
## $ accel_arm_z
                       : int
                             -123 -125 -126 -123 -123 -122 -125 -124 -122 -124 ...
## $ magnet_arm_x
                             -368 -369 -368 -372 -374 -369 -373 -372 -369 -376 ...
                       : int
                             337 337 344 344 337 342 336 338 341 334 ...
##
   $ magnet_arm_y
                       : int
                             516 513 513 512 506 513 509 510 518 516 ...
##
   $ magnet arm z
                       : int
## $ roll_dumbbell
                       : num
                             13.1 13.1 12.9 13.4 13.4 ...
## $ pitch_dumbbell
                       : num
                             -70.5 -70.6 -70.3 -70.4 -70.4 ...
##
   $ yaw_dumbbell
                             -84.9 -84.7 -85.1 -84.9 -84.9 ...
                       : num
   $ total_accel_dumbbell: int
                             37 37 37 37 37 37 37 37 37 ...
## $ gyros_dumbbell_x
                             0 0 0 0 0 0 0 0 0 0 ...
                       : num
## $ gyros_dumbbell_y
                             -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 ...
                       : num
##
   $ gyros_dumbbell_z
                       : num
                             0 0 0 -0.02 0 0 0 0 0 0 ...
##
   $ accel_dumbbell_x
                       : int
                             -234 -233 -232 -232 -233 -234 -232 -234 -232 -235 ...
## $ accel_dumbbell_y
                             47 47 46 48 48 48 47 46 47 48 ...
                       : int
## $ accel_dumbbell_z
                             -271 -269 -270 -269 -270 -269 -270 -272 -269 -270 ...
                       : int
   $ magnet dumbbell x
                             -559 -555 -561 -552 -554 -558 -551 -555 -549 -558 ...
                       : int
## $ magnet_dumbbell_y
                       : int
                             293 296 298 303 292 294 295 300 292 291 ...
## $ magnet dumbbell z
                       : num
                             -65 -64 -63 -60 -68 -66 -70 -74 -65 -69 ...
## $ roll_forearm
                             28.4 28.3 28.3 28.1 28 27.9 27.9 27.8 27.7 27.7 ...
                       : num
## $ pitch_forearm
                             -63.9 -63.9 -63.9 -63.9 -63.9 -63.9 -63.8 -63.8 -63.8 ...
                       : num
## $ yaw_forearm
                             : num
                             36 36 36 36 36 36 36 36 36 ...
## $ total accel forearm : int
## $ gyros_forearm_x
                             : num
   $ gyros_forearm_y
                       : num
                             0 0 -0.02 -0.02 0 -0.02 0 -0.02 0 0 ...
## $ gyros_forearm_z
                             -0.02 -0.02 0 0 -0.02 -0.03 -0.02 0 -0.02 -0.02 ...
                       : num
## $ accel_forearm_x
                             192 192 196 189 189 193 195 193 193 190 ...
                       : int
##
                             203 203 204 206 206 203 205 205 204 205 ...
   $ accel_forearm_y
                       : int
##
   $ accel_forearm_z
                       : int
                             -215 -216 -213 -214 -214 -215 -215 -213 -214 -215 ...
## $ magnet_forearm_x
                       : int
                             -17 -18 -18 -16 -17 -9 -18 -9 -16 -22 ...
## $ magnet_forearm_y
                       : num
                             654 661 658 658 655 660 659 660 653 656 ...
##
   $ magnet_forearm_z
                             476 473 469 469 473 478 470 474 476 473 ...
                       : num
##
                       : Factor w/ 5 levels "A", "B", "C", "D", ...: 1 1 1 1 1 1 1 1 1 1 ...
   $ classe
```

summary(data1)

```
pitch_belt
##
      user_name
                     roll belt
                                                         yaw_belt
   adelmo :3892
                   Min. :-28.90
##
                                   Min. :-55.8000
                                                      Min. :-180.00
##
   carlitos:3112
                   1st Qu.: 1.10
                                    1st Qu.: 1.7600
                                                      1st Qu.: -88.30
                   Median :113.00
                                    Median: 5.2800
##
   charles :3536
                                                      Median : -13.00
##
   eurico :3070
                   Mean : 64.41
                                    Mean
                                         : 0.3053
                                                      Mean : -11.21
##
    jeremy :3402
                   3rd Qu.:123.00
                                    3rd Qu.: 14.9000
                                                      3rd Qu.: 12.90
   pedro :2610
                   Max. :162.00
                                    Max. : 60.3000
                                                      Max. : 179.00
                                                           gyros_belt_z
##
   total_accel_belt gyros_belt_x
                                         gyros_belt_y
   Min. : 0.00
                                                                :-1.4600
##
                    Min. :-1.040000
                                       Min. :-0.64000
                                                          Min.
##
                    1st Qu.:-0.030000
                                        1st Qu.: 0.00000
                                                          1st Qu.:-0.2000
   1st Qu.: 3.00
                                        Median : 0.02000
   Median :17.00
                    Median: 0.030000
                                                          Median :-0.1000
##
   Mean :11.31
                          :-0.005592
                                        Mean : 0.03959
                    Mean
                                                          Mean
                                                                :-0.1305
##
   3rd Qu.:18.00
                    3rd Qu.: 0.110000
                                        3rd Qu.: 0.11000
                                                          3rd Qu.:-0.0200
##
         :29.00
                    Max. : 2.220000
                                        Max. : 0.64000
   Max.
                                                          Max. : 1.6200
##
    accel_belt_x
                       accel_belt_y
                                        accel_belt_z
                                                        magnet_belt_x
##
   Min.
          :-120.000
                      Min. :-69.00
                                       Min.
                                             :-275.00
                                                        Min. :-52.0
##
   1st Qu.: -21.000
                      1st Qu.: 3.00
                                       1st Qu.:-162.00
                                                        1st Qu.: 9.0
   Median : -15.000
                      Median: 35.00
                                       Median :-152.00
                                                        Median: 35.0
   Mean : -5.595
                      Mean : 30.15
                                      Mean : -72.59
                                                        Mean : 55.6
##
                                       3rd Qu.: 27.00
##
   3rd Qu.: -5.000
                      3rd Qu.: 61.00
                                                        3rd Qu.: 59.0
                                      Max. : 105.00
##
   Max. : 85.000
                      Max.
                           :164.00
                                                        Max. :485.0
   magnet_belt_y
                   magnet_belt_z
                                       roll_arm
                                                       pitch_arm
         :354.0
##
   Min.
                   Min. :-623.0
                                    Min. :-180.00
                                                     Min. :-88.800
   1st Qu.:581.0
                   1st Qu.:-375.0
                                    1st Qu.: -31.77
                                                     1st Qu.:-25.900
##
##
   Median :601.0
                   Median :-320.0
                                    Median: 0.00
                                                     Median : 0.000
   Mean :593.7
                   Mean
                        :-345.5
                                    Mean : 17.83
                                                     Mean : -4.612
##
   3rd Qu.:610.0
                   3rd Qu.:-306.0
                                    3rd Qu.: 77.30
                                                     3rd Qu.: 11.200
                        : 293.0
                                         : 180.00
##
   Max.
         :673.0
                   Max.
                                    Max.
                                                     Max. : 88.500
##
                       total_accel_arm gyros_arm_x
      yaw_arm
                                                          gyros_arm_y
         :-180.0000
                       Min. : 1.00
                                      Min.
                                            :-6.37000
                                                         Min. :-3.4400
   Min.
##
   1st Qu.: -43.1000
                       1st Qu.:17.00
                                       1st Qu.:-1.33000
                                                         1st Qu.:-0.8000
##
   Median :
             0.0000
                       Median :27.00
                                      Median : 0.08000
                                                         Median :-0.2400
   Mean : -0.6188
                       Mean :25.51
                                       Mean : 0.04277
                                                         Mean :-0.2571
                       3rd Qu.:33.00
##
   3rd Qu.: 45.8750
                                       3rd Qu.: 1.57000
                                                         3rd Qu.: 0.1400
##
   Max. : 180.0000
                       Max. :66.00
                                       Max. : 4.87000
                                                         Max. : 2.8400
##
                      accel_arm_x
    gyros_arm_z
                                       accel_arm_y
                                                        accel_arm_z
##
   Min. :-2.3300
                     Min. :-404.00
                                      Min. :-318.0
                                                       Min.
                                                              :-636.00
                                                       1st Qu.:-143.00
##
   1st Qu.:-0.0700
                     1st Qu.:-242.00
                                       1st Qu.: -54.0
##
   Median: 0.2300
                     Median : -44.00
                                      Median: 14.0
                                                       Median : -47.00
##
   Mean : 0.2695
                     Mean : -60.24
                                       Mean : 32.6
                                                       Mean : -71.25
   3rd Qu.: 0.7200
                     3rd Qu.: 84.00
                                       3rd Qu.: 139.0
                                                       3rd Qu.: 23.00
##
   Max. : 3.0200
                     Max. : 437.00
                                      Max. : 308.0
                                                       Max. : 292.00
##
    magnet arm x
                     magnet_arm_y
                                      magnet_arm_z
                                                     roll dumbbell
##
   Min. :-584.0
                                     Min. :-597.0
                    Min. :-392.0
                                                     Min. :-153.71
   1st Qu.:-300.0
                    1st Qu.: -9.0
                                     1st Qu.: 131.2
                                                     1st Qu.: -18.49
   Median : 289.0
                    Median : 202.0
                                     Median : 444.0
                                                     Median: 48.17
##
                                     Mean : 306.5
                                                            : 23.84
##
   Mean : 191.7
                    Mean : 156.6
                                                     Mean
##
   3rd Qu.: 637.0
                    3rd Qu.: 323.0
                                     3rd Qu.: 545.0
                                                     3rd Qu.: 67.61
   Max. : 782.0
                    Max. : 583.0
                                     Max. : 694.0
                                                     Max.
                                                            : 153.55
##
   pitch_dumbbell
                      yaw_dumbbell
                                        total_accel_dumbbell
##
   Min. :-149.59
                                       Min. : 0.00
                     Min. :-150.871
   1st Qu.: -40.89
                                        1st Qu.: 4.00
##
                     1st Qu.: -77.644
   Median : -20.96
                     Median : -3.324
                                       Median :10.00
   Mean : -10.78
##
                     Mean : 1.674
                                       Mean :13.72
```

```
3rd Qu.: 17.50
                       3rd Qu.: 79.643
                                           3rd Qu.:19.00
           : 149.40
                                                   :58.00
##
    Max.
                       Max.
                               : 154.952
                                           Max.
    gyros dumbbell x
                                             gyros_dumbbell_z
##
                         gyros_dumbbell_y
           :-204.0000
                                 :-2.10000
                                                    : -2.380
##
    Min.
                         Min.
                                             Min.
##
    1st Qu.:
              -0.0300
                         1st Qu.:-0.14000
                                             1st Qu.: -0.310
   Median:
                         Median: 0.03000
                                             Median : -0.130
##
               0.1300
                                                     : -0.129
##
    Mean
           :
               0.1611
                         Mean
                                 : 0.04606
                                             Mean
##
    3rd Qu.:
               0.3500
                         3rd Qu.: 0.21000
                                              3rd Qu.: 0.030
##
    Max.
                2.2200
                         Max.
                                 :52.00000
                                             Max.
                                                     :317.000
           :
##
    accel_dumbbell_x
                       accel_dumbbell_y
                                          accel_dumbbell_z
                                                             magnet_dumbbell_x
##
           :-419.00
                              :-189.00
                                                  :-334.00
                                                             Min.
                                                                     :-643.0
    Min.
                       Min.
                                          Min.
    1st Qu.: -50.00
                       1st Qu.:
                                 -8.00
                                          1st Qu.:-142.00
##
                                                             1st Qu.:-535.0
##
    Median :
              -8.00
                       Median: 41.50
                                          Median: -1.00
                                                             Median :-479.0
                               : 52.63
##
    Mean
           : -28.62
                       Mean
                                          Mean
                                                  : -38.32
                                                             Mean
                                                                     :-328.5
    3rd Qu.: 11.00
                       3rd Qu.: 111.00
                                          3rd Qu.:
##
                                                     38.00
                                                             3rd Qu.:-304.0
##
    Max.
           : 235.00
                               : 315.00
                                          Max.
                                                  : 318.00
                                                                     : 592.0
                       Max.
                                                             Max.
##
                       magnet_dumbbell_z
                                           roll_forearm
                                                                pitch_forearm
    magnet_dumbbell_y
##
           :-3600
                               :-262.00
                                                  :-180.0000
                                                                       :-72.50
    Min.
                       Min.
                                          Min.
                                                               Min.
                       1st Qu.: -45.00
##
    1st Qu.:
              231
                                          1st Qu.:
                                                    -0.7375
                                                                1st Qu.: 0.00
##
    Median:
              311
                       Median :
                                 13.00
                                          Median :
                                                     21.7000
                                                               Median :
                                                                          9.24
##
    Mean
              221
                       Mean
                                 46.05
                                          Mean
                                                     33.8265
                                                               Mean
                                                                       : 10.71
                       3rd Qu.:
                                 95.00
                                          3rd Qu.: 140.0000
                                                                3rd Qu.: 28.40
##
    3rd Qu.:
              390
##
              633
                               : 452.00
                                                  : 180.0000
                                                               Max.
                                                                       : 89.80
    Max.
           :
                       {\tt Max.}
                                          Max.
##
     yaw forearm
                       total_accel_forearm gyros_forearm_x
##
    Min.
           :-180.00
                       Min.
                             : 0.00
                                            Min.
                                                    :-22.000
##
    1st Qu.: -68.60
                       1st Qu.: 29.00
                                             1st Qu.: -0.220
    Median :
                       Median : 36.00
                                            Median :
##
               0.00
                                                      0.050
##
    Mean
           : 19.21
                       Mean
                              : 34.72
                                            Mean
                                                    : 0.158
    3rd Qu.: 110.00
##
                       3rd Qu.: 41.00
                                             3rd Qu.: 0.560
##
           : 180.00
                               :108.00
                                                       3.970
    Max.
                       Max.
                                            Max.
                                                    :
##
    gyros_forearm_y
                         gyros_forearm_z
                                             accel_forearm_x
                                                                 accel_forearm_y
                                : -8.0900
##
    Min.
           : -7.02000
                         Min.
                                             Min.
                                                    :-498.00
                                                                 Min.
                                                                        :-632.0
##
    1st Qu.: -1.46000
                         1st Qu.: -0.1800
                                             1st Qu.:-178.00
                                                                 1st Qu.: 57.0
                                                                 Median : 201.0
##
    Median :
              0.03000
                         Median:
                                   0.0800
                                             Median : -57.00
##
              0.07517
                                   0.1512
                                                     : -61.65
                                                                        : 163.7
    Mean
           :
                         Mean
                                             Mean
                                                                 Mean
    3rd Qu.:
                                             3rd Qu.:
                                                                 3rd Qu.: 312.0
##
              1.62000
                         3rd Qu.: 0.4900
                                                       76.00
##
    Max.
           :311.00000
                         Max.
                                 :231.0000
                                             Max.
                                                     : 477.00
                                                                 Max.
                                                                        : 923.0
    accel_forearm_z
                                          magnet_forearm_y magnet_forearm_z
##
                       magnet_forearm_x
           :-446.00
                               :-1280.0
                                                  :-896.0
                                                            Min.
##
    Min.
                       Min.
                                          Min.
                                                                    :-973.0
                       1st Qu.: -616.0
##
    1st Qu.:-182.00
                                                      2.0
                                                            1st Qu.: 191.0
                                          1st Qu.:
##
    Median : -39.00
                       Median: -378.0
                                          Median: 591.0
                                                            Median : 511.0
           : -55.29
                               : -312.6
                                                  : 380.1
##
    Mean
                       Mean
                                          Mean
                                                            Mean
                                                                    : 393.6
##
    3rd Qu.:
              26.00
                       3rd Qu.:
                                 -73.0
                                          3rd Qu.: 737.0
                                                            3rd Qu.: 653.0
##
           : 291.00
                                 672.0
                                                  :1480.0
                                                                    :1090.0
    Max.
                       Max.
                                          Max.
                                                            Max.
##
    classe
    A:5580
##
##
    B:3797
##
    C:3422
##
    D:3216
##
    E:3607
##
```

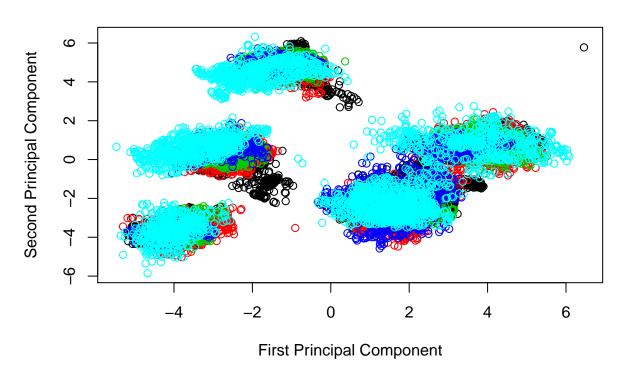
Since we will not use regression, highly-correlated feature pairs are not a problem. We assume any outliers are true measurements, since we don't have the means to check if they are indeed so. For the two categorical

features: user_name and classe, we see from the output of summary(data1) above that there is no problem with imbalance. We will deal with skewed variables by applying the BoxCox preprocessing option from the caret package when using linear models.

We plot the outcome variable in the plane of the first two principal components.

```
library(stats)
pr.out = prcomp(data1[,2:53], scale=TRUE)
plot(pr.out$x[,1],pr.out$x[,2],col=data1$classe,xlab = "First Principal Component", ylab="Second Principal")
```

Principal Components Plot



We see from the plot that the classes are not easily separable and that principal component analysis is probably of little use here.

Feature Preprocessing/Selection/Extraction

There are no missing data as we saw above.

We now scale the data to have mean 0 and SD 1.

```
data1[, 2:53] <- as.data.frame(lapply(data1[, 2:53],scale))</pre>
```

We also create a second dataset which includes only the variables seen by single-factor ANOVA to have an association with the outcome variable.

Statistical prediction/modeling

The predictive models we will consider are: LDA, random forests and SVM.

We create a trainset and a model stacking validation set.

```
## Loading required package: lattice
## Loading required package: ggplot2

inTrain <- createDataPartition(y=data1$classe, p=0.7, list=FALSE)
training1 <- data1[inTrain, ]; testing1 <- data1[-inTrain, ]
training2 <- data2[inTrain, ]; testing2 <- data2[-inTrain, ]</pre>
```

We create 10 folds for k-fold cross-validation.

```
kNum <- 10
folds <- createFolds(training1$classe, k = kNum)</pre>
```

Linear Discriminant Analysis We train the LDA model on the data.

Loading required package: MASS

[1] "With 10-fold CV, LDA accuracy has mean 0.7247 and SD 0.005 . This is our estimate for out of sa

Try again only with the relevant features.

[1] "With 10-fold CV, LDA accuracy has mean 0.725 and SD 0.0044 . This is our estimate for out of same

Random Forests We train the random forests model on the data.

[1] "With 10-fold CV, random forest accuracy has mean 0.9344 and SD 0.0046 . This is our estimate for

Try again only with the relevant features.

[1] "With 10-fold CV, random forest accuracy has mean 0.9338 and SD 0.0046. This is our estimate for

Support Vector Machines

We train the support vector machine model on the data.

[1] "With 10-fold CV, SVM accuracy has mean 0.8963 and SD 0.0047 . This is our estimate for out of s

Try again only with the relevant features.

```
cv_results <- sapply(folds, function(x) {
   data_train <- training2[x, ]
   data_test <- training2[-x, ]
   data_model <- svm(classe ~ . , data = data_train, cost = 20)
   data_pred <- predict(data_model, newdata = data_test)
   return(mean(data_pred == data_test$classe))
})</pre>
```

[1] "With 10-fold CV, SVM accuracy has mean 0.8989 and SD 0.0054 . This is our estimate for out of s

Conclusions

We see that removing irrelevant variables did not improve prediction performance. This is evidence for the ability of the models used to pick up the relevant features. We also see that model performance did not deteriorate upon removing the irrelevant variables. This is evidence for these variables being indeed irrelevant. The best model is random forests, which keeps all the variables. Based on 10-fold cross-validation, we estimate the out of sample error of this model as 7%. Per the instructions, we do not show here the prediction results for the 20 observations in the test set.