



# Friends of Kwezana Primary



## How Does Your Garden Grow?

Kwezana's school garden is flourishing thanks to the hard work of the gardener and the children.

The garden's first main harvest was gathered in January. Crops included potatoes, pumpkin, onion, cabbage, carrot and spinach.

These extra vegetables help to supplement the children's school meals which are provided free by the government. These meals are nutritious and filling but are not always very appetising as you can see from the sample menu!

Growing the crops teaches the children practical skills for the future. A garden also gives them an area to carry out practical science experiments on plant growth, learn about nutrition and composting. Planting and weeding encourages the children to work together.

The garden is in the process of being prepared for planting new winter crops.

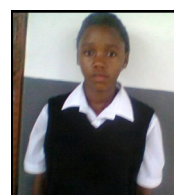
The role of gardener at Kwezana has been taken on by a local man whose wages have been sponsored through Helen Monks and 'Chipmonks'. Unfortunately this funding period is coming to an end next month. The Friends of Kwezana Primary are hoping that a new sponsor or sponsors can be found from within the Settle community so that funding can continue for at least another year ensuring that the future of the garden is secure.



## Photos From Kwezana

Two of the children who represented the school and the region in East London after winning events in 100m, 200m and the shotput.

Well done to them!



A cheerful classroom



Kwezana Primary has a new volunteer in Reception. As well as being a parent of one of the children she is also a qualified teacher.

Here she is pictured with the children.

They are using the chalkboards Miss Nojozi took back to Kwezana with her.



Please Miss, can we have a go now?