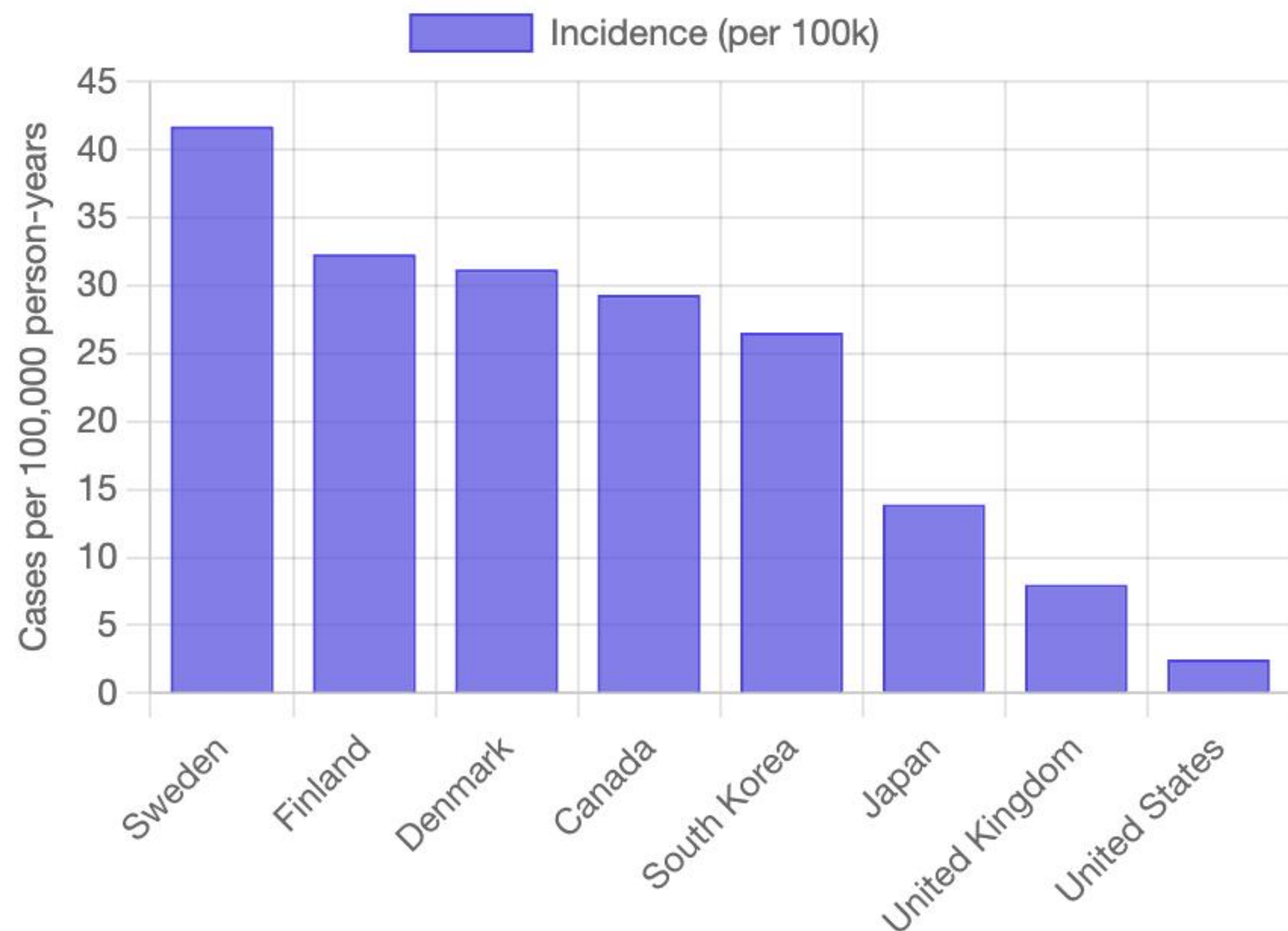
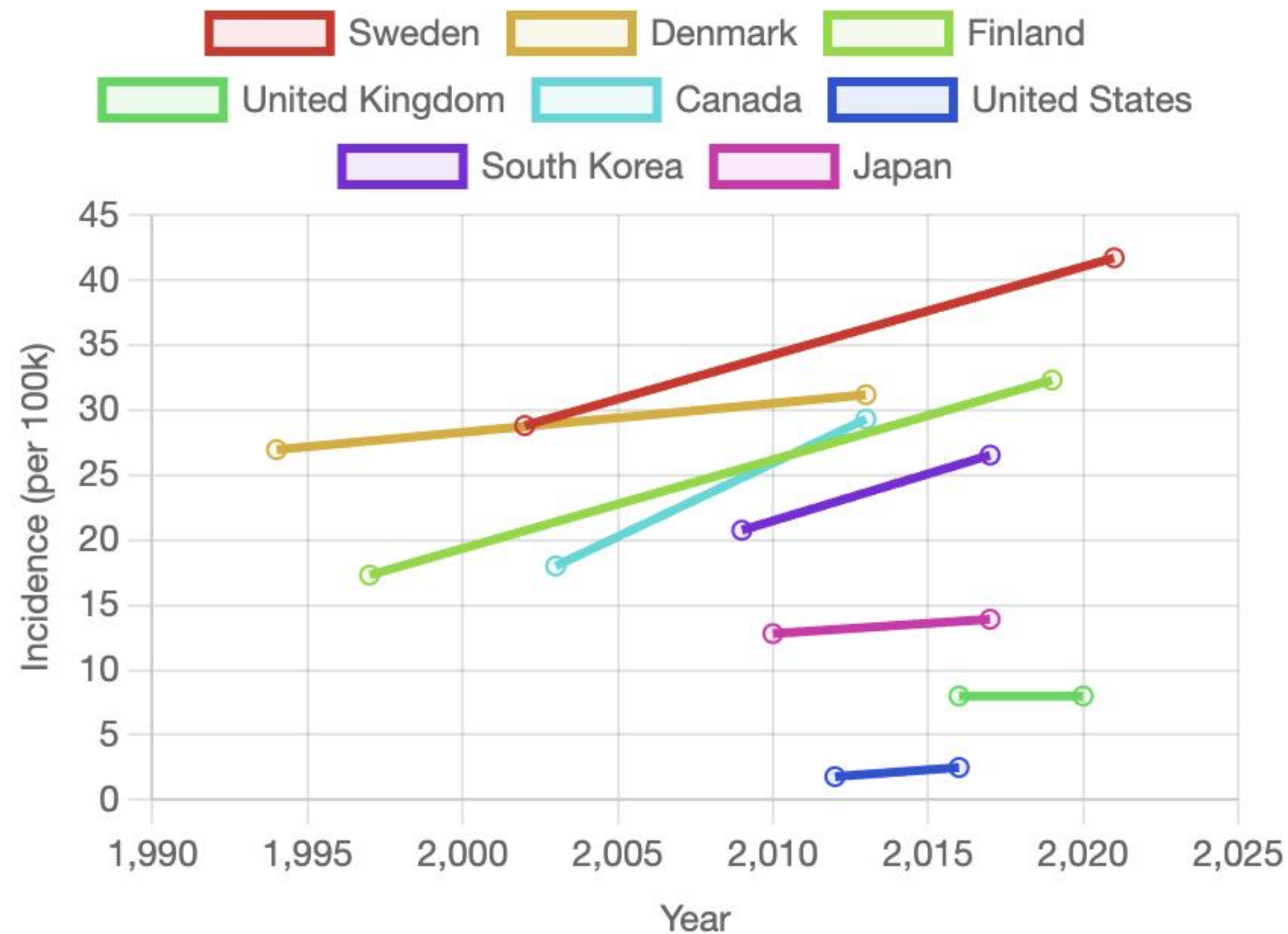


# Latest Achilles Rupture Incidence



Scandinavian nations continue to post the highest incidence rates, led by **Sweden** at around **41.7** ruptures per 100,000 person-years.

# Incidence Trends (Selected Countries)



All selected countries show an upward trajectory – an alarming but consistent global pattern.



# Latest Incidence by Country

COUNTRY	LATEST INCIDENCE	KEY FINDING	SOURCE
 Sweden	41.7 / 100k (2021)	Nationwide register: incidence rising, surgical management fell to 14%	<a href="https://doi.org/10.1136/bmjsem-2024-001960">https://doi.org/10.1136/bmjsem-2024-001960</a>
 Finland	32.3 / 100k (2019)	Incidence almost doubled; surgery incidence fell 64%	<a href="https://doi.org/10.1177/23259671221131536">https://doi.org/10.1177/23259671221131536</a>
 Denmark	31.17 / 100k (2013)	Incidence up, surgical incidence down	<a href="https://doi.org/10.1007/s00167-015-3544-5">https://doi.org/10.1007/s00167-015-3544-5</a>
 Canada	29.3 / 100k (2013)	Surgical proportion dropped >50% after 2009	<a href="https://doi.org/10.1302/0301-620X.99B1.BJ-J-2016-0434.R1">https://doi.org/10.1302/0301-620X.99B1.BJ-J-2016-0434.R1</a>
 South Korea	26.53 / 100k (2017)	Both rupture and surgery incidences rising	<a href="https://doi.org/10.4055/cios20255">https://doi.org/10.4055/cios20255</a>
 Japan	13.9 / 100k (2017)	~70% of ruptures treated surgically; proportion increasing	<a href="https://doi.org/10.1177/23259671211034128">https://doi.org/10.1177/23259671211034128</a>
 United Kingdom	8 / 100k (2020)	>97% of ruptures managed non-surgically in prospective ED cohort	<a href="https://doi.org/10.1371/journal.pone.0304197">https://doi.org/10.1371/journal.pone.0304197</a>
 United States	2.5 / 100k (2016)	Largest rise in middle-aged patients (40-59 years); 81.9% sport-related with basketball most common	<a href="https://doi.org/10.1177/2325967118808238">https://doi.org/10.1177/2325967118808238</a>