
Information for Staff

After application of the splint, please give this information sheet to the patient to take to their scan/follow up.

SINGLE PATIENT USE ONLY.

BEFORE APPLICATION YOU MUST CHOOSE THE APPROPRIATE PACK, RIGHT OR LEFT, SMALL OR LARGE.

See Size Guide on Box.

Find instructions overleaf.

Information for Patient

Do not remove the splint after application.

Do not walk stand or walk in the splint.

Purpose:

This splint holds your foot plantar flexed (tip toe position) preventing further injury. It allows the tendon to start healing optimally, before your specialist appointment

Further information can be found here:



<https://thetismedical.com/recovery-pathway>

info@thetismedical.com

<https://thetismedical.com>



* In the case of skin irritation, please contact a doctor.

1. Remove bandage clips (for use later) and position stockinette overhanging the toes.

1



2. Keeping foot pointed down (tip-toes), position the splint to cover the shin and top of foot, but leave toes free.

2



3. Fold the stockinette over at both ends.

3



4. Wrap the crepe bandage firmly, but not too tight. Secure with the bandage clips provided.

4

