## Thetis Medical



## **BEFORE YOU START YOU WILL NEED:**

- 1. THETIS SPLINT CHOOSE RIGHT OR LEFT, SMALL OR LARGE
- 2. EITHER COHESIVE BANDAGE OR CREPE BANDAGE, TAPE AND SCISSORS.

## INSTRUCTIONS

- 1. Position the splint on the lower shin so that it also covers the top of the foot.
- 2. The foam of the lower end of the splint should sit just above the joints where the toes meet the foot.
- 3. Bandage firmly but not too tight.

