## Mom's Connection Doula Services LLC



# Birth Doula Packages

Birth doula package requires a non-refundable retainer due at contract signing with remaining balance due at 36 weeks.

#### Regular Package: \$900

- Two (2) Personal prenatal appointments. These are a 60 to 90-minute sessions. Your dould will work with you to help you identify your unique needs in a 1-on-1 setting to better prepare for your birth.
- Attendance at your labor and delivery. We will attend all the labor and delivery. This includes 1-2 hours of immediate postpartum support at your birth setting (hospital, home, etc.)
- One (1) postpartum appointment in your home within 14 days of your birth.

#### Regular Package + extra postpartum care: \$950

- All the above, plus two (2) extra postpartum visits
- Help with feeding questions and any other postpartum issues that may need more care.

### Reduced Rate: \$350

If there is a financial hardship, please let me know. You will receive all the same care but at a reduced rate.



**Tricare Insurance:** We proudly accept Tricare Insurance. The total cost for a birth doula is covered by your insurance carrier. Be sure to give your insurance card to the Doula and we will do all the paperwork for payment.