

Mathematical Mindsets

Directions: Draw a star in any box that describes you.

When it comes to mathematics:

I tend to avoid challenges.

I tend to embrace challenges.

When a problem is difficult, I tend to give up easily.

When a problem is difficult, I work hard to solve it.

I see mistakes as a sign that I'm not good at math.

I see mistakes as a necessary part of learning.

Feedback on a problem I got wrong makes me feel that I'm not very smart.

I try to learn from feedback on a problem I got wrong.

No matter what I do, I can't change my intelligence.

Hard work can increase my intelligence.