

GOLDEN WOK



Chinese Restaurant

We are proud to service your health and high quality
Chinese Food for Dine In or To Go.

That is low fat, less oil, no MSG, our Chef's use high quality and freshest meat,
vegetable and seafood. We make sure you get a great food at a fair price.

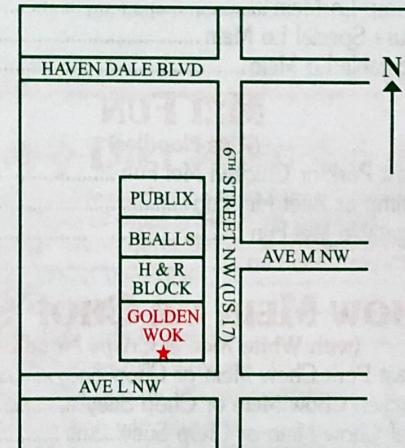
If we pleased you, tell your friends. If we haven't please tell us,
So enjoy!

Your friend in the Golden Wok.

North Gate Shopping Center
1366 6th Street NW Winter Haven, FL 33881

Tel: (863) 292-8883 / 2233
www.goldenwokwinterhaven.com

WE ACCEPT:



Lunch Special

FROM 11:00 AM - 3:30 PM

(Served with Pork Fried Rice)

FREE Wonton Soup or Egg Drop Soup or Hot & Sour Soup

L 1.	Chicken Chow Mein	6.35
L 2.	Shrimp Chow Mein	6.35
L 3.	Sweet & Sour Pork	6.35
L 4.	Sweet & Sour Chicken	6.35
L 5.	Roast Pork Egg Foo Young	6.35
L 6.	Chicken Egg Foo Young	6.35
L 7.	Bourbon Chicken	6.35
L 8. ~	General Tso's Chicken	6.35
L 9.	Sesame Chicken	6.35
L10. ~	Orange Chicken	6.35
L11. ~	Kung Po Chicken	6.35
L12.	Moo Goo Gai Pan	6.35
L13.	Shrimp with Lobster Sauce	6.35
L14.	Pepper Steak	6.35
L15.	Roast Pork Lo Mein	6.35
L16.	Chicken Lo Mein	6.35
L17.	Shrimp Lo Mein	6.35
L18.	Chicken with Broccoli	6.35
L19.	Beef with Broccoli	6.35
L20.	Shrimp with Broccoli	6.35
L21.	Roast Pork with Chinese Vegetable	6.35
L22.	Beef with Chinese Vegetable	6.35
L23.	Shrimp with Chinese Vegetable	6.35
L24.	Chicken with Mixed Vegetable	6.35
L25.	Shrimp with Mixed Vegetable	6.35
L26.	Chicken with Cashewnuts	6.35
L27.	Chicken with Snow Peas	6.35
L28. ~	Hunan Chicken	6.35
L29. ~	Hunan Beef	6.35
L30. ~	Szechuan Chicken	6.35
L31. ~	Szechuan Shrimp	6.35
L32.	Fresh Mixed Vegetable	6.35
L33.	Sauteed Broccoli	6.35
L34. ~	Beef with Garlic Sauce	6.35
L35. ~	Chicken with Garlic Sauce	6.35
L36.	Boneless Spare Ribs	6.35
L37.	Chicken Sticks (4)	6.35
L38.	Fried Chicken Wings (8)	6.35
L39.	Fried Scallops (10)	6.35
L40.	Fried Jumbo Shrimp (5)	6.35
L41.	Honey Chicken	6.35

~ HOT & SPICY

APPETIZERS

1.	Roast Pork Egg Roll.....	1.30
1a.	Shrimp Egg Roll	1.60
2.	Crispy Spring Roll (w. Shrimp).....	1.60
3.	Vegetable Roll.....	1.30
3a.	Vegetable Spring Roll (4).....	3.25
4.	Fried or Steamed Dumplings (8).....	5.45
5.	Barbecued Spare Ribs..... (5) 6.75 (10) 12.95	
6.	Boneless Spare Ribs..... (S) 6.75 (L) 12.95	
7.	Gourmet Crispy Wonton (10).....	4.75
8.	Krab Rangoon (Cheese Wonton) (8).....	4.75
9.	Shrimp Toast (4).....	3.25
10.	Fried Jumbo Shrimp (8).....	4.95
11.	Chinese Biscuits (Sweet Rolls) (10).....	3.95
12.	Beef Teriyaki (2).....	2.95
13.	Chicken Sticks (4).....	4.75
14.	French Fries.....	1.95
15.	Fried Scallop (10).....	3.95
16.	Fried Chicken Wings (8)	5.65
	(Also: B-B-Q Wings, or Garlic Wings or Buffalo Wings or Honey Wings)	
17.	Pu Pu Platter (For 2).....	12.50
	(Included: Spring Roll, Spare Ribs, Chicken Wings, Fried Jumbo Shrimp, Shrimp Toast and Beef Teriyaki)	

SOUP

		Pt.	Qt.
18.	Wonton Soup.....	1.75	3.35
19.	Egg Drop Soup.....	1.75	3.35
20. ~	Hot & Sour Soup.....	2.05	3.80
21.	Wonton Egg Drop Soup.....	2.05	3.80
22.	Chicken Noodles or Rice Soup	1.75	3.35
23.	Vegetable Bean Curd Soup (For 2).....	5.45	
24.	Roast Pork or Chicken Yat Gaw Mein (For 2)	5.45	
25.	House Special Soup (For 2).....	6.45	
26.	Seafood Soup (For 2).....	6.45	
27.	Wonton Vegetable Soup (For 2).....	5.45	

FRIED RICE

		Pt.	Qt.
28.	Plain Fried Rice.....	4.15	6.95
29.	Vegetable Fried Rice	4.65	7.95
30.	Roast Pork Fried Rice.....	4.65	7.95
31.	Chicken Fried Rice	4.65	7.95
32.	Beef Fried Rice	5.15	8.35
33.	Shrimp Fried Rice	5.45	8.85
34.	House Special Fried Rice	5.65	9.35

LO MEIN

(Soft Noodles)

		Pt.	Qt.
35.	Roast Pork Lo Mein.....	4.95	8.15
36.	Chicken Lo Mein.....	4.95	8.15
37.	Beef Lo Mein	5.65	8.45
38.	Shrimp Lo Mein	5.65	8.65
39.	House Special Lo Mein	5.75	9.35
40.	Vegetable Lo Mein.....	4.95	8.15

MEI FUN

(Rice Noodles)

		Order
41.	Roast Pork or Chicken Mei Fun	7.65
42.	Shrimp or Beef Mei Fun	8.15
43.	Vegetable Mei Fun	7.55
44. ~	Singapore Mei Fun.....	8.45

CHOW MEIN OR CHOP SUEY

(with White Rice & Crispy Noodles)

		Pt.	Qt.
45.	Roast Pork Chow Mein or Chop Suey	4.95	8.25
46.	Chicken Chow Mein or Chop Suey	4.95	8.25
47.	Beef Chow Mein or Chop Suey.....	5.35	8.55
48.	Shrimp Chow Mein or Chop Suey.....	5.55	8.75
49.	Vegetable Chow Mein or Chop Suey.....	4.95	8.25

EGG FOO YOUNG (OMELETS)

	(with White Rice)	Order
50.	Roast Pork Egg Foo Young.....	7.55
51.	Chicken Egg Foo Young.....	7.55
52.	Beef Egg Foo Young	7.75
53.	Shrimp Egg Foo Young	8.25
54.	House Special Egg Foo Young	8.25
55.	Vegetable Egg Foo Young.....	7.55

PORK

	(with White Rice)	Pt.	Qt.
56.	Roast Pork with Broccoli	5.95	9.15
57.	Roast Pork with Chinese Vegetable	5.95	9.15
58.	Roast Pork with Snow Peas	5.95	9.15
59.	Roast Pork with Mushroom	5.95	9.15
60.	Sweet & Sour Pork	5.95	9.15
61. ~	Szechuan Pork..... (Order)	9.15	
62. ~	Pork with Garlic Sauce	9.15	
63. ~	Double Cooked Pork	9.15	
64.	Moo Shu Pork (with 4 Pancakes).....	9.15	

CHICKEN

	(with White Rice)	Pt.	Qt.
65.	Moo Goo Gai Pan.....	5.95	9.15
66.	Chicken with Broccoli.....	5.95	9.15
67.	Chicken with Snow Peas	5.95	9.15
68.	Chicken with Chinese Vegetables	5.95	9.15
69.	Chicken with Cashew Nuts	5.95	9.15
70.	Chicken with Almond	5.95	9.15
71. ~	Curry Chicken.....	5.95	9.15
72.	Sweet & Sour Chicken	5.95	9.15
73.	Chicken with Mixed Vegetable	5.95	9.15
74.	Chicken with Black Bean Sauce	5.95	9.15
75. ~	Chicken with Garlic Sauce	9.15	
76. ~	Szechuan Chicken	9.15	
77. ~	Kung Po Chicken	9.15	
78. ~	Hunan Chicken	9.15	
79. ~	Mongolian Chicken	9.15	
80.	Moo Shu Chicken (with 4 Pancakes).....	9.15	

BEEF

	(with White Rice)	Pt.	Qt.
81.	Green Pepper Steak	6.25	10.45
82.	Beef with Broccoli	6.25	10.45
83.	Beef with Snow Peas	6.25	10.45
84.	Beef with Chinese Vegetable	6.25	10.45
85.	Beef with Mushroom	6.25	10.45
86.	Beef with Mixed Vegetable	6.25	10.45
87. ~	Hunan Beef	10.45	
88. ~	Beef with Garlic Sauce	10.45	
89. ~	Mongolian Beef	10.45	
90. ~	Hot & Spicy Beef	10.45	
91. ~	Szechuan Beef	10.45	

SHRIMP

	(with White Rice)	Pt.	Qt.
92.	Shrimp with Lobster Sauce	6.25	10.45
93.	Shrimp with Broccoli	6.25	10.45
94.	Shrimp with Snow Peas	6.25	10.45
95.	Shrimp with Cashew Nuts	6.25	10.45
96.	Shrimp with Mixed Vegetable	6.25	10.45
97.	Shrimp with Chinese Vegetable	6.25	10.45
98.	Sweet & Sour Shrimp	6.25	10.45
99. ~	Hunan Shrimp	10.45	
100. ~	Jumbo Shrimp with Garlic Sauce	10.45	
101. ~	Ginger Shrimp	10.45	
102. ~	Kung Po Shrimp	10.45	
103. ~	Scallop with Garlic Sauce	10.45	
104. ~	Kung Po Scallop	10.45	
105. ~	Kung Po Shrimp and Scallop	10.45	

VEGETABLE (with White Rice)

		Order
106.	Fresh Mixed Vegetable	7.95
107.	Buddhist Delight	7.95
108.	Sauteed Broccoli.....	7.95
109.	Sesame Tofu	7.95
110. ~	Broccoli with Garlic Sauce.....	7.95
111. ~	Bean Curd Szechuan Style.....	7.95
112.	Moo Shu Vegetable (with 4 Pancakes).....	7.95
113. ~	Ma Po Tofu.....	7.95

COMBINATION PLATTERS

(Served with Pork Fried Rice and Egg Roll)

C 1.	Chicken Chow Mein.....	7.99
C 2.	Shrimp Chow Mein	7.99
C 3.	Sweet & Sour Pork	7.99
C 4.	Sweet & Sour Chicken	7.99
C 5.	Roast Pork Egg Foo Young	7.99
C 6.	Chicken Egg Foo Young	7.99
C 7.	Bourbon Chicken.....	7.99
C 8. ~	General Tso's Chicken.....	7.99
C 9.	Sesame Chicken.....	7.99
C10. ~	Orange Chicken	7.99
C11. ~	Kung Po Chicken.....	7.99
C12.	Moo Goo Gai Pan	7.99
C13.	Shrimp with Lobster Sauce.....	7.99
C14.	Pepper Steak.....	7.99
C15.	Roast Pork Lo Mein	7.99
C16.	Chicken Lo Mein	7.99
C17.	Shrimp Lo Mein.....	7.99
C18.	Chicken with Broccoli	7.99
C19.	Beef with Broccoli	7.99
C20.	Shrimp with Broccoli.....	7.99
C21.	Roast Pork with Chinese Vegetable.....	7.99
C22.	Beef with Chinese Vegetable	7.99
C23.	Shrimp with Chinese Vegetable	7.99
C24.	Chicken with Mixed Vegetable	7.99
C25.	Shrimp with Mixed Vegetable.....	7.99
C26.	Chicken with Cashewnuts.....	7.99
C27.	Chicken with Snow Peas	7.99
C28. ~	Hunan Chicken	7.99
C29. ~	Hunan Beef	7.99
C30. ~	Szechuan Chicken.....	7.99
C31. ~	Szechuan Shrimp	7.99
C32.	Fresh Mixed Vegetable.....	7.99
C33.	Sauteed Broccoli	7.99
C34. ~	Beef with Garlic Sauce.....	7.99
C35. ~	Chicken with Garlic Sauce	7.99
C36.	Boneless Spare Ribs or B-B-Q Spare Ribs.....	7.99
C37.	Chicken Sticks (4)	7.99
C38.	Fried Chicken Wings (8).....	7.99
C39.	Fried Scallops (10).....	7.99
C40.	Fried Jumbo Shrimp (5).....	7.99
C41.	Honey Chicken	7.99

~ HOT & SPICY

CHEF'S SUGGESTION

(with White Rice)

S 1.	Bourbon Chicken	10.45
	Chunks of boneless chicken sauteed w. Special tangy brown sauce. Served on a bed of fresh broccoli.	
S 2. ~	Tai Chine Chicken	10.45
	Crispy tender chicken sauteed with golden vegetable stir-fried in a sweet and spicy sauce.	
S 3. ~	General Tso's Chicken.....	10.45
	Tender chunks of chicken, marinated and quickly fried with crispy, stir-fried in a sweet and spicy sauce. A well known dish created by the great General Tso in Ching Dynasty.	
S 4.	Sesame Chicken	10.45
	Tender chunks of chicken fried until golden brown, sauteed w. Chef's Special sesame sauce.	
S 5. ~	Orange Chicken	10.45
	Hot chunks of boneless chicken deep fried until crispy, sauteed w. orange peel in spicy sauce.	
S 6. ~	Orange Beef	11.75
	Hot! Slices of tender prime beef, sauteed w. orange peel in spicy sauce.	
S 7.	Honey Walnut Shrimp	11.75
	Shrimp in a light batter, covered w. snow white honey creamy sauce surrounding with honey glazed roasted walnuts makes this dish a outstanding winter.	
S 8.	Honey Walnut Chicken	11.75
	Chicken in a light batter covered with snow white honey creamy sauce surrounding with honey glazed roasted walnuts makes this dish a outstanding winter.	
S 9.	Pineapple Chicken.....	10.45
	A truly unique dish tender white meat chicken sauteed with red & green pepper and chunks of pineapple in special golden sauce.	
S10.	Seafood Delight	13.45
	Lobster, shrimp, scallop & crab meat in a fresh vegetable in white sauce.	
S11.	Happy Family.....	13.45
	Roast pork, chicken beef, shrimp, scallop & crab meat with mixed vegetable in light brown sauce.	
S12.	Four Season.....	11.75
	A savory blend of shrimp, chicken, roast pork and beef with Chinese vegetable in season.	
S13. ~	Hunan Combination	11.75
	Sliced tenderloin of beef, breast of chicken and jumbo shrimp sauteed with Hunan rich broth.	
S14. ~	Chow Shan Pan	11.75
	Shrimp and chicken sauteed with healthy vegetables in Chef's special white sauce. Hot!	
S15.	Beef with Scallop	11.75
	Tender fillets of beef and scallop with mixed vegetable in brown sauce.	
S16.	Seafood Pan Fried Noodle.....	13.45
	Chinese noodles fried on both sides to form a crisp base for a flavorful mixture of lobster shrimp, scallop and crab meats in white cream sauce.	
S17.	Honey Chicken	10.45

DIET MENU

(with White Rice) Steamed without oil, no corn starch, no salt.

Choice of Dipping Sauce on The Side:

(Brown Sauce, Garlic Sauce, or White Sauce)

Order

D 1.	Steamed Mixed Vegetable	7.95
D 2.	Steamed Broccoli	7.95
D 3.	Steamed Tofu with Vegetable	7.95
D 4.	Steamed Chicken with Broccoli	9.15
D 5.	Steamed Chicken with Mixed Vegetable	9.15
D 6.	Steamed Shrimp with Broccoli	10.45
D 7.	Steamed Shrimp with Mixed Vegetable.....	10.45
D 8.	Steamed Seafood Delight	13.45