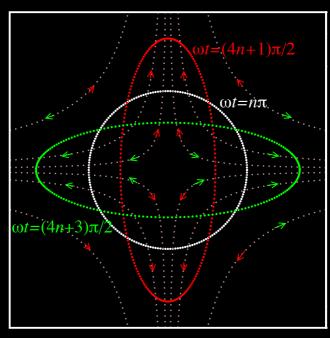
$$h_{+}=h_{0}\sin(\omega t), h_{x}=0$$



 $h_{+}=0, h_{x}=h_{0}\sin(\omega t)$

