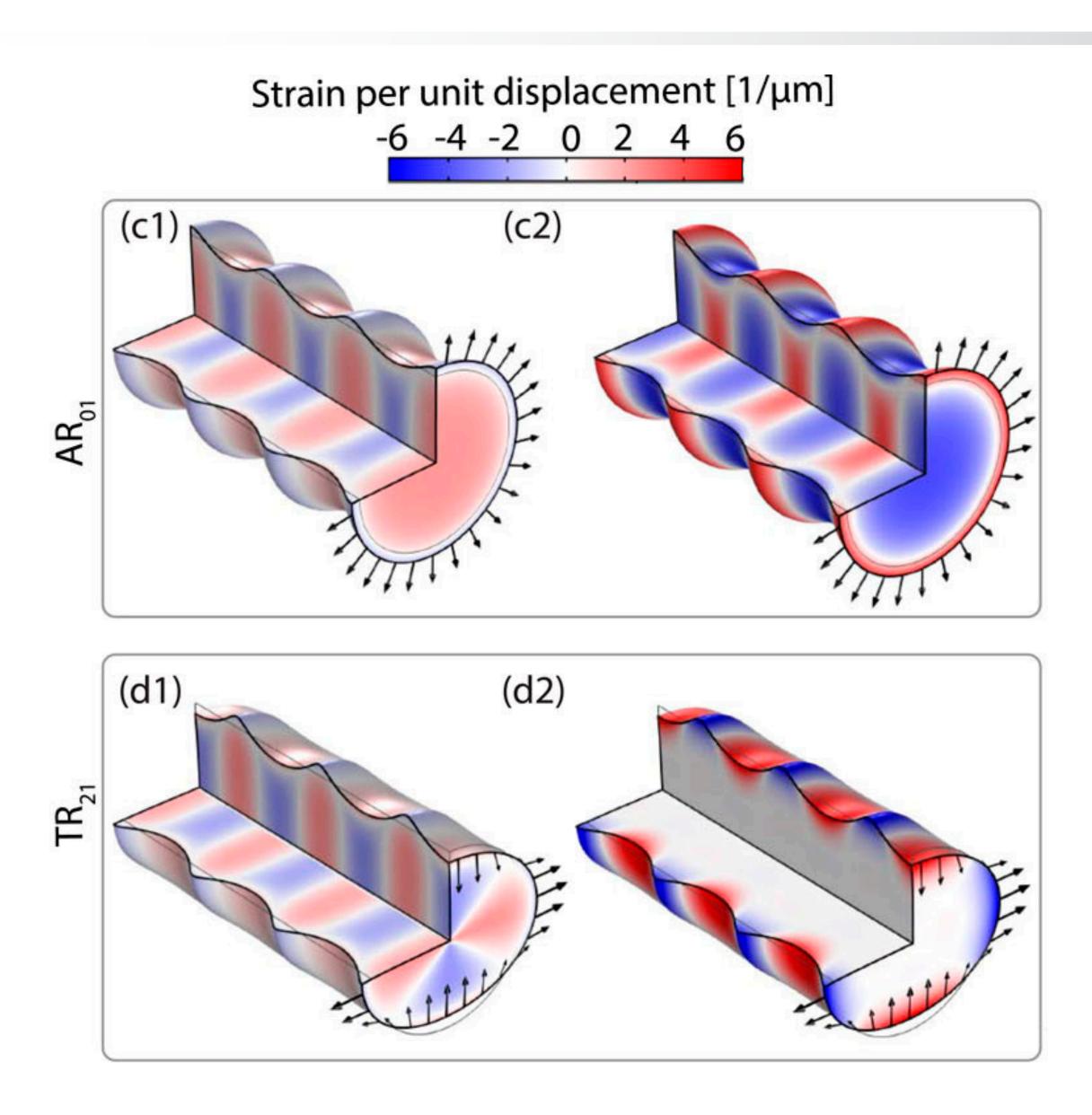
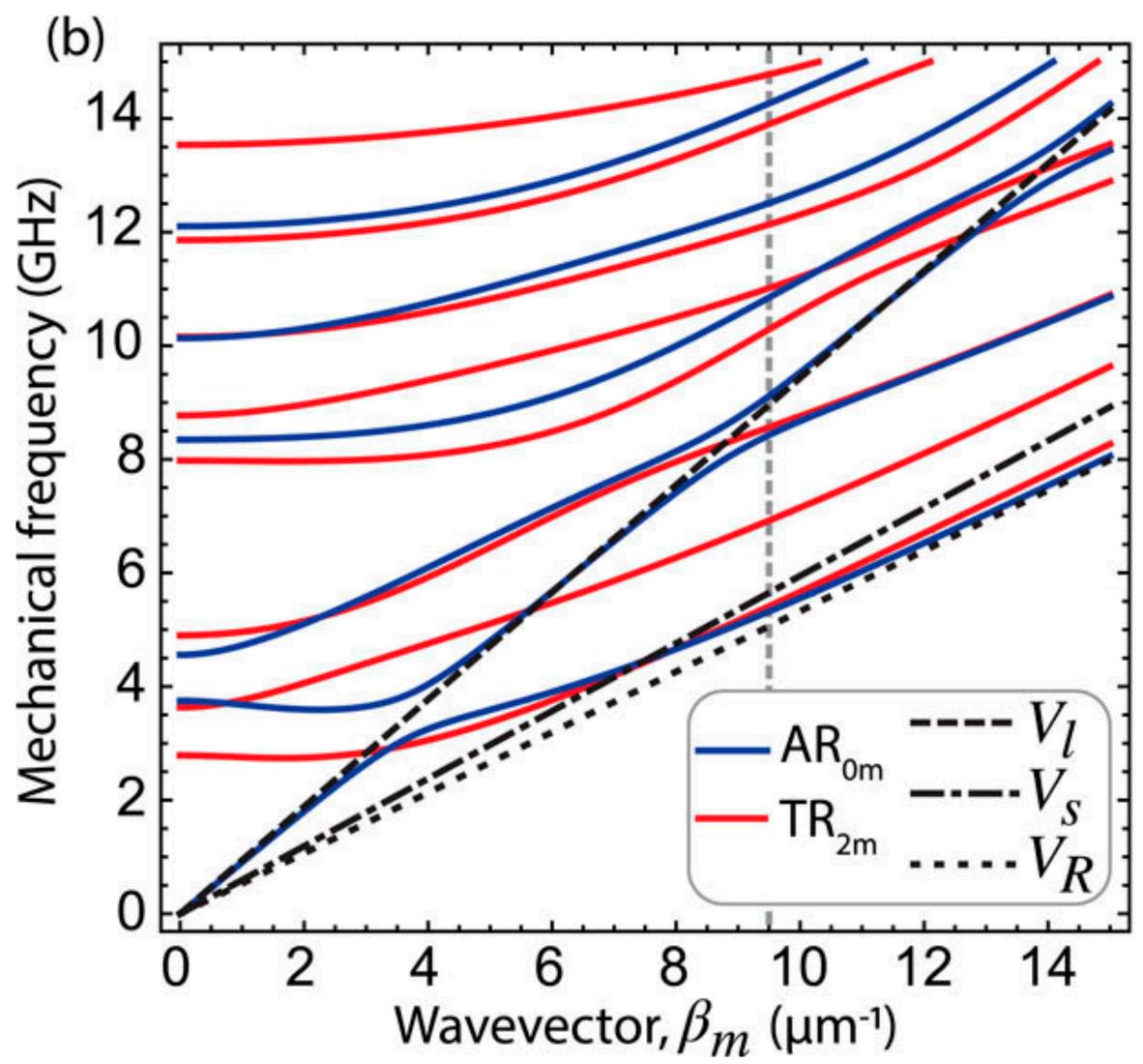
Mechanical modes

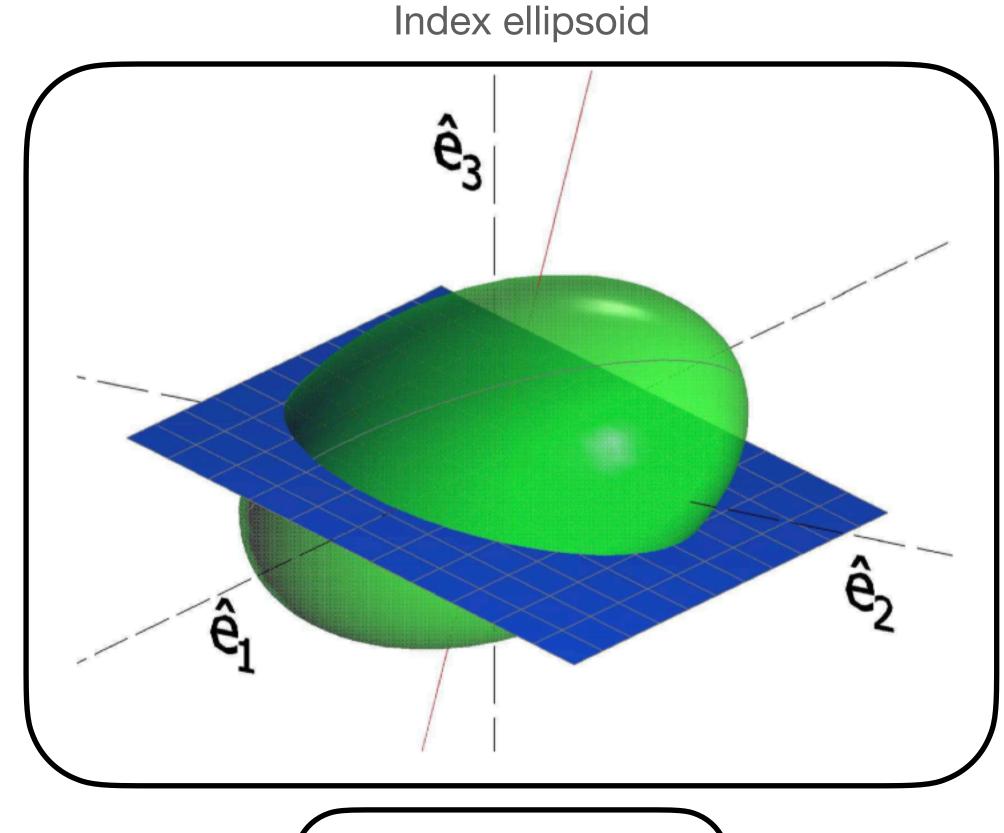






Mechanical modes (Photo-elastic effect)





$$\beta_{ij}\epsilon_{jk} = \delta_{ik}$$

$$\beta_{ij}x_ix_j = 1$$