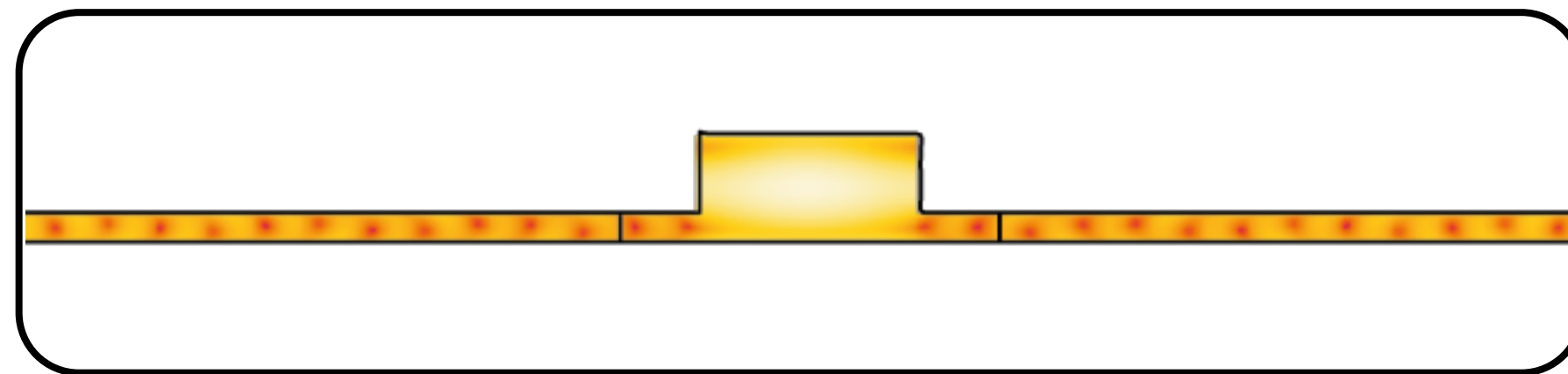


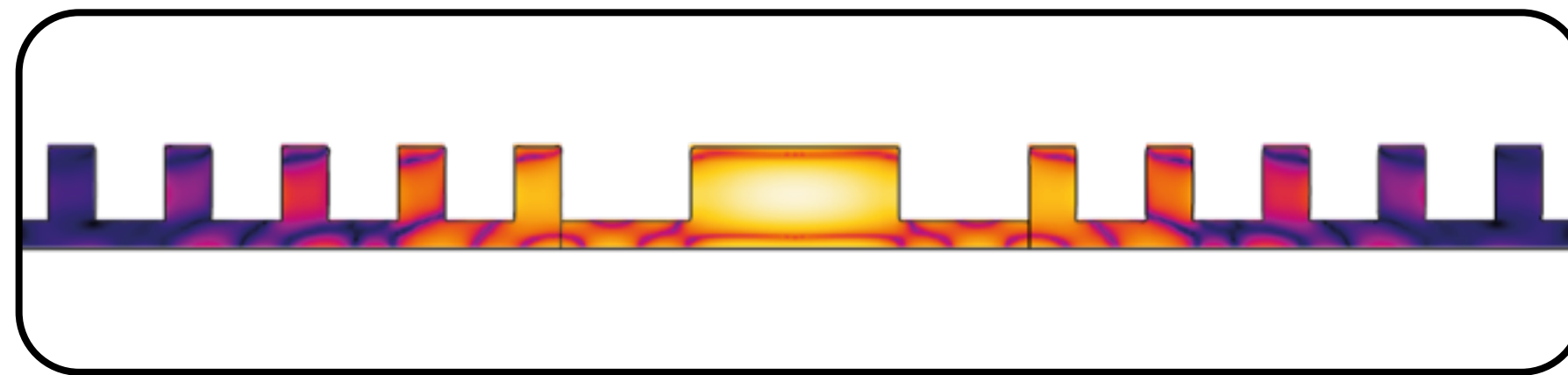


Discussion


Mechanical Confinement:
 $\approx 4 \times$ Larger Gain

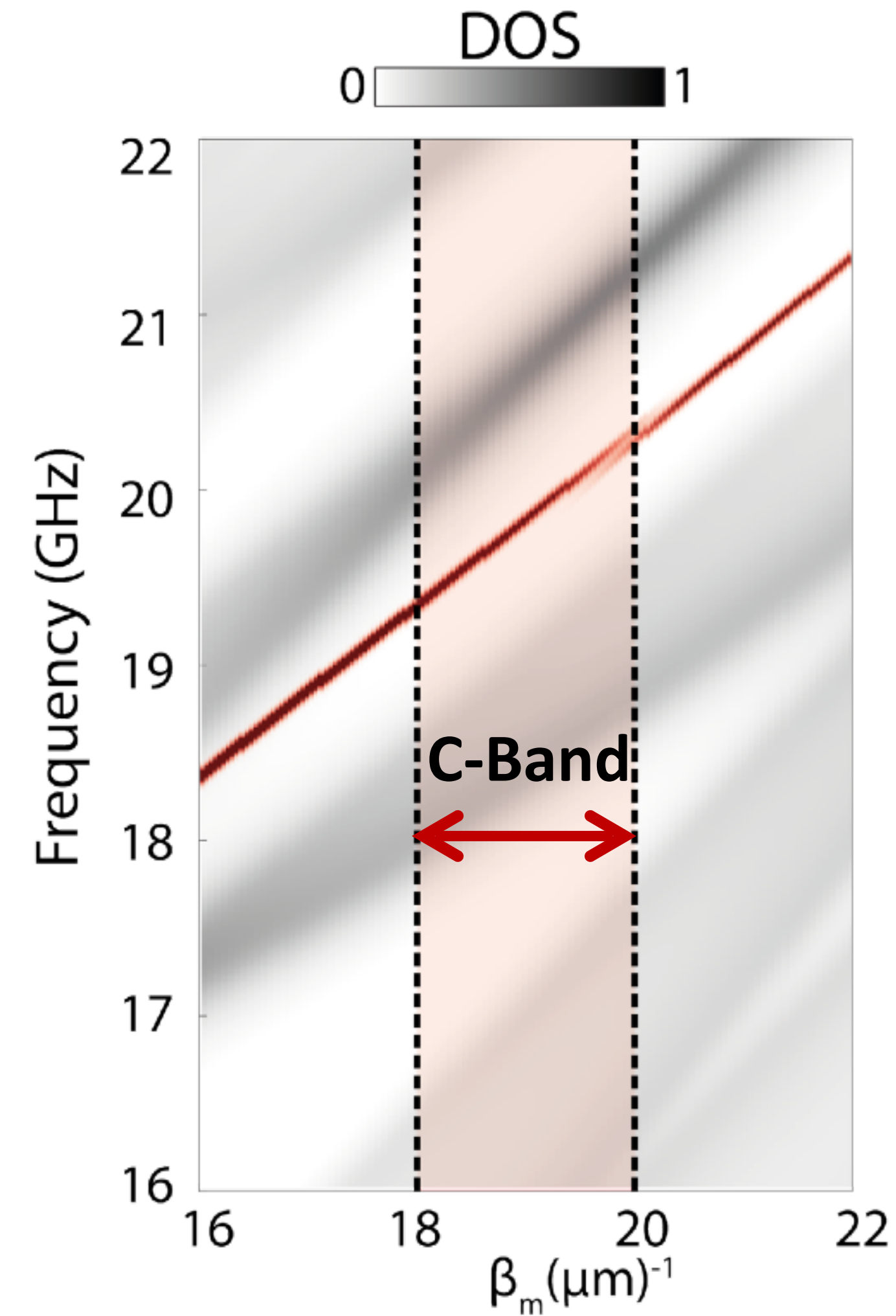


$$G_B/Q_m = 0.15 \text{ (W} \cdot \text{m)}^{-1}$$



$$G_B/Q_m = 0.55 \text{ (W} \cdot \text{m)}^{-1}$$

−30  0
 $|u| \text{ (dB)}$



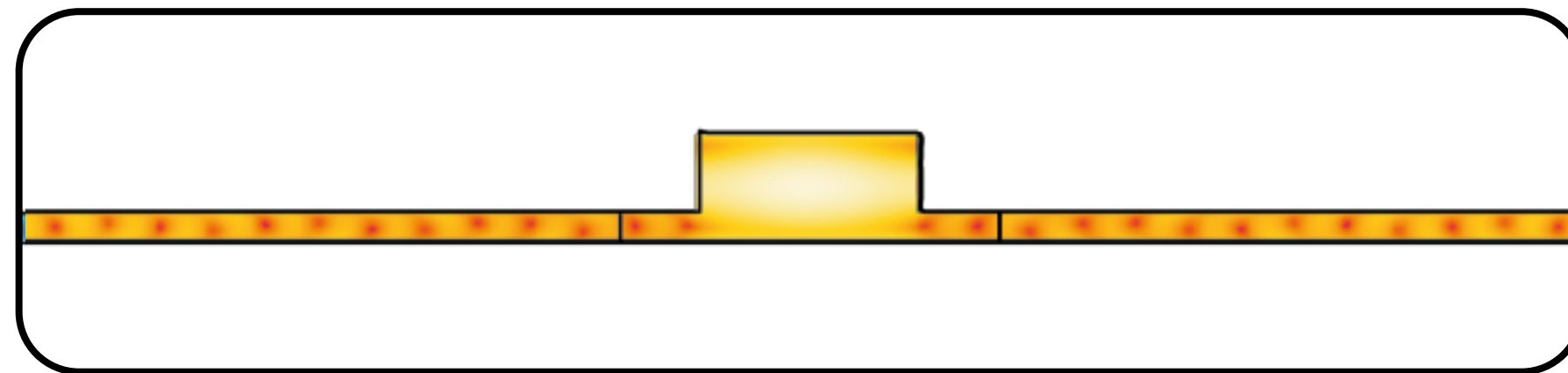
Active Region
 Mode dispersion

Crystal modes
 dispersion

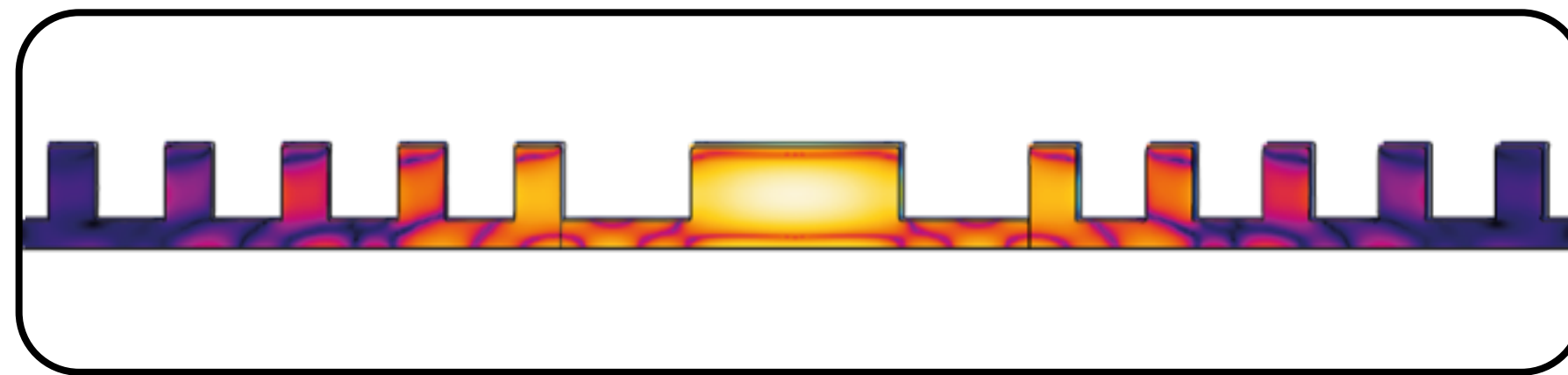


Discussion

Mechanical Confinement:
 $\approx 4 \times$ Larger Gain

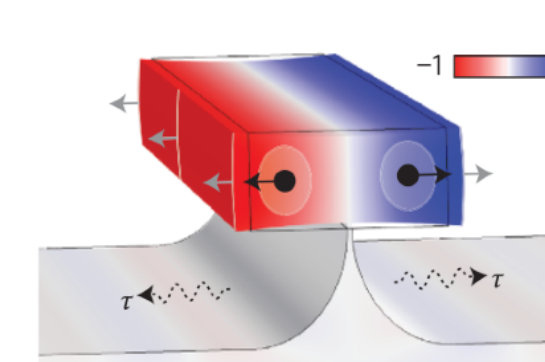
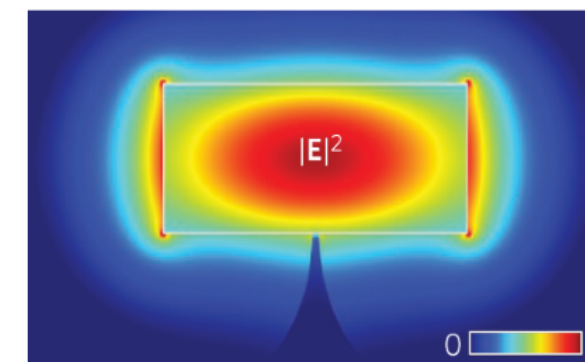
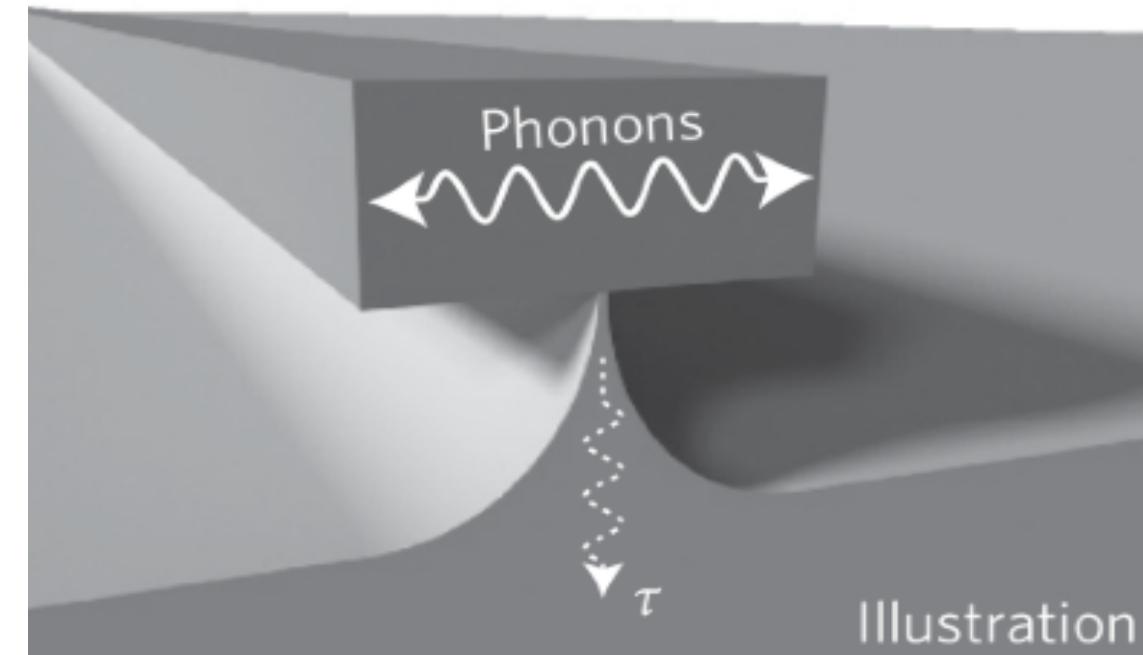


$$G_B/Q_m = 0.15 \text{ (W.m)}^{-1}$$



$$G_B/Q_m = 0.55 \text{ (W.m)}^{-1}$$

-30 0
 $|u| \text{ (dB)}$



$$G_B/Q_m = 12. \text{ (W.m)}^{-1} \text{ (FW)}$$

$$G_B/Q_m = 0.4 \text{ (W.m)}^{-1} \text{ (BW)}$$

R. Van Laer et. al, Nat .Phot. **9**, (2015)