

## Orthopedic Referral – Hip & Knee Joint Replacement Pre-Op Eval

Pt. Name:   DOB:

PCP:  Last PCP Visit:

### Pre-operative Risk Check List: (if any “NO’s”, please bring to PCP for discussion and approval)

|   |      |       |
|---|------|-------|
| Has the patient failed conservative measures? (These include NSAID’s / analgesics, steroid joint injections, Phy Tx, weight loss, exercise program) | Yes  | No    |
| Their BMI < 40, or <35 with comorbidities?  | Yes  | No    |
| Is their A1c < 7.5?   | Yes  | No    |
| If a smoker, has the patient quite or not smoked for at least the past 6 months or weeks?   | Yes  | No    |
| Patient is not on anticoagulation.  | True | False |
| a. If on; <b>Warfarin or Coumadin</b> , is there a plan for bridging?   | Yes  | No    |
| a. If on; <b>Xeralto / Eliquis</b> , is there a plan for bridging?  | Yes  | No    |
| b. If on; <b>Aspirin / Plavix</b> , is there a plan for bridging?   | Yes  | No    |
| Is the patient stable for the surgery from a cardiac standpoint?  | Yes  | No    |

### Risk Assessment and Prediction Tool; Discharge Planning:

|   |                    |                        |                                 |
|---|--------------------|------------------------|---------------------------------|
| What is their age group?  | 50-65 years (2)    | 66-75 years (1)        | >75 years (0)                   |
| What is their gender?   | Male(2)            | Female(1)              |                                 |
| How far, on avg., can they walk? (a block ~200m)                              | ≥2 blocks (2)      | 1-2 blocks (1)         | Housebound (most of the time 0) |
| Which gait aid do they use? (more often than not)                             | None (2)           | Single point stick (1) | Crutches / Frame (0)            |
| Do they use community support? (Home help, meals-on-wheels, district nurse)   | None or 1/week (1) | 2 or more/week (0)     |                                 |
| Will they live with someone who can care for the patient after the operation? | Yes (3)            | No (0)                 |                                 |

### Interpretation / Report:

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