

GXC Interview

Name: Irfan Kaya

Age: 23

General:

- What do you do for a living?
⇒ Studies business administration
- How do you move daily between locations? (ex: subway, bus, bike, by foot, etc.)
⇒ Mostly by car
- How and if do you keep yourself healthy outside of sporty activities?
⇒ Trying to eat healthy, don't drink sugary drinks
- Do you do Sports?
⇒ Yes, playing basketball, soccer and going to the gym
- If yes, what type of and how often?
⇒ 3-4 times a week

Special

- Are you active in a sports club?
⇒ No
- If no, have you ever been?
⇒ Yes, I used to play handball in a sports club
- Is there something that particularly motivates you when it comes to sports?
⇒ I would say just the feeling you get while and after a workout
- How do you motivate yourself to be active?
⇒ Sport helps me staying fit and be productive
- What hinders you most often to put your plans into action?
⇒ I don't like to do sports alone, I rather go with friends and if they don't come I am less motivated
- Is sustainability important to you?
⇒ Yes, but I have never really thought about it that much
- Have you ever been to bigger Sport Events?
⇒ Yes, Champions League finals 2018 in Kiev
- Did you notice if they organized their event in a sustainable way?
⇒ I haven't really paid attention to that
- Could they have done something better?
⇒ I do think so
- If yes, what?
⇒ Maybe stop giving these cheap plastic cups for your drinks