

## GXC Interview

**Name:** Maren Domes

**Age:** 22

### General:

- What do you do for a living?  
⇒ Student Industrial Mngmnt.
- How do you move daily between locations? (ex: subway, bus, bike, by foot, etc.)  
⇒ By Bike
- How and if do you keep yourself healthy outside of sporty activities?  
⇒ Nutritional Food, Veggie
- Do you do Sports?  
⇒ Yes
- If yes, what type of and how often?  
⇒ Twice a week, Bike, Gym, Volleyball, Tennis

### Special

- Are you active in a sports club?  
⇒ Not at the moment
- If no, have you ever been?  
⇒ Yes, Tennis, Horse riding
- Is there something that particularly motivates you when it comes to sports?  
⇒ My Mirror, Self Confidence, Psychology
- How do you motivate yourself to be active?  
⇒ Healthy Lifestyle in general
- What hinders you most often to put your plans into action?  
⇒ Low Energy, Tiredness
- Is sustainability important to you?  
⇒ Yes but not that important
- Have you ever been to bigger Sport Events?  
⇒ Yes, Horse Riding Competitions (Spectator)
- Did you notice if they organized their event in a sustainable way?  
⇒ Depends (seen as normal/standard). They gave out their food without plastic casings
- Could they have done something better?  
⇒ Sure
- If yes, what?  
⇒ More biological Food, local food, forcing people to come by public transport