



Subscriber access provided by University of Florida | Smathers Libraries

Article

New ACE inhibitory peptides from hemp seed (Cannabis sativa L.) proteins

Lara P Orio, Giovanna Boschin, Teresa Recca, Carlo F. Morelli, Laura Ragona, Pierangelo Francescato, Anna Arnoldi, and Giovanna Speranza

J. Agric. Food Chem., Just Accepted Manuscript • DOI: 10.1021/acs.jafc.7b04522 • Publication Date (Web): 07 Nov 2017

Downloaded from http://pubs.acs.org on November 9, 2017

Just Accepted

"Just Accepted" manuscripts have been peer-reviewed and accepted for publication. They are posted online prior to technical editing, formatting for publication and author proofing. The American Chemical Society provides "Just Accepted" as a free service to the research community to expedite the dissemination of scientific material as soon as possible after acceptance. "Just Accepted" manuscripts appear in full in PDF format accompanied by an HTML abstract. "Just Accepted" manuscripts have been fully peer reviewed, but should not be considered the official version of record. They are accessible to all readers and citable by the Digital Object Identifier (DOI®). "Just Accepted" is an optional service offered to authors. Therefore, the "Just Accepted" Web site may not include all articles that will be published in the journal. After a manuscript is technically edited and formatted, it will be removed from the "Just Accepted" Web site and published as an ASAP article. Note that technical editing may introduce minor changes to the manuscript text and/or graphics which could affect content, and all legal disclaimers and ethical guidelines that apply to the journal pertain. ACS cannot be held responsible for errors or consequences arising from the use of information contained in these "Just Accepted" manuscripts.



1	New ACE inhibitory peptides from hemp seed (Cannabis sauva E.) proteins
2	
3	Lara P. Orio ^{a,1} , Giovanna Boschin ^{b,1*} , Teresa Recca ^a , Carlo F. Morelli ^a , Laura Ragona ^c ,
4	Pierangelo Francescato ^a , Anna Arnoldi ^b , Giovanna Speranza ^{a,d*}
5	
6	^a Department of Chemistry, University of Milan, via C. Golgi 19, I-20133 Milano, Italy
7	^b Department of Pharmaceutical Sciences, University of Milan, via L. Mangiagalli 25, I-20133
8	Milan, Italy
9	^c Institute for Macromolecular Studies (ISMAC - CNR), via A. Corti 12, I-20133 Milan, Italy
10	^d Institute of Molecular Science and Technologies (ISTM - CNR), via C. Golgi 19, I-20133 Milan,
11	Italy
12	
13	¹ Lara P. Orio and Giovanna Boschin contributed equally to the work
14	
15	* corresponding authors:
16	giovanna.boschin@unimi.it; Department of Pharmaceutical Sciences, University of Milan, via L.
17	Mangiagalli 25, I-20133 Milan, Italy; phone +39 0250319392, fax: +39 0250319343
18	
19	giovanna.speranza@unimi.it; Department of Chemistry, University of Milan, via C. Golgi 19, I-
20	20133 Milan, Italy; Institute of Molecular Science and Technologies (ISTM - CNR), via C. Golgi
21	19, I-20133 Milan, Italy; phone +39 0250314097, fax +39 0250314072
22	
23	
24	

25	Δh	ctr	act
ر_ر	AU	211	acı

An hemp seed protein isolate, prepared from defatted hemp seed meals by alkaline solubilization/acid precipitation, was subjected to extensive chemical hydrolysis under acid conditions (6 M HCl). The resulting hydrolysate was fractionated by semipreparative RP-HPLC and the purified fractions were tested as inhibitors of angiotensin converting enzyme (ACE). Mono- and bi-dimensional NMR experiments and LC-MS/MS analyses led to the identification of four potentially bioactive peptides, i.e. GVLY, IEE, LGV, and RVR. They were prepared by solid-phase synthesis, and tested for ACE-inhibitory activity. The IC₅₀ values were GVLY $16 \pm 1.5 \mu M$, LGV $145 \pm 13 \mu M$, and RVR $526 \pm 33 \mu M$, confirming that hemp seed may be a valuable source of hypotensive peptides.

Keywords: ACE-inhibitors; bioactive peptides; *Cannabis sativa* L.; hemp seed protein hydrolysate;

37 LC-MS/MS

•	4	•		
In	tro	du	cti	on

41 Modifications of diet and lifestyle are recommended strategies for the prevention of hypertension, a 42 main risk factor for cardiovascular disease. One of the main pathways involved in human blood 43 pressure control is the renin-angiotensin system. Renin converts angiotensinogen to angiotensin I, 44 while angiotensin I converting enzyme (ACE; EC 3.4.15.1) catalyses the conversion of the 45 biologically inactive angiotensin I to the vasoconstrictor angiotensin II. ACE also inactivates the potent vasodilator bradykinin, causing an overall increase of blood pressure. 1 ACE-inhibitory 46 47 peptides bind tightly to the ACE active site competing with angiotensin I for occupancy, inactivate ACE, and prevent blood pressure enhancement. ^{1,2} 48 49 There is now a great interest for bioactive peptides that are encrypted in food proteins and may be 50 enzymatically released from their precursor proteins during food processing, gastrointestinal digestion or specific hydrolytic processes; they are often named as "cryptides". ³ 51 52 Cryptides showing ACE-inhibitory activity have been obtained from different sources such as proteins from animal products, marine organisms and plants, recently reviewed. ³⁻⁶ In particular 53 plant proteins, such as rice, sunflower, soybean, pea, lupin, and lentil 7-13 have gained attention in 54 55 this field. 56 Industrial hemp, the non-drug type of Cannabis sativa L., is a well-known plant of industrial importance, being a relevant source of fiber, food, and bioactive phytochemicals. 14 For some 57 58 decades, hemp cultivation was prohibited in numerous countries due to its affinity with the Δ 9-59 tetrahydrocannabinol (THC) rich varieties. In the last years, however, industrial hemp can be legally 60 grown again in some countries and its global market is rapidly increasing, since low-THC cultivars are available. 15 61 62 The use of hemp seed as human food dates back to prehistory, together with the fiber utilization in textiles. The great current attention for hemp seed is related to its nutritional content: 35.5% oil, 63 24.8% protein, 20-30% carbohydrates, 27.6% total fiber (5.4% digestible and 22.2% non-digestible) 64 and 5.6% ash in the whole seed. 14 Up-to-now, the main industrial interest is for the oil that has 65

66	numerous applications either in food or body care products, being rich in polyunsaturated fatty
67	acids. 16
68	In parallel, there is an increasing attention for hemp seed proteins owing to their digestibility,
69	satisfactory essential amino acid composition ¹⁷ , and techno-functional properties. ¹⁸ The two main
70	protein classes in hemp seed are the globulins and albumins. The formers are the most abundant,
71	corresponding to 60-80% of total protein content. Edestin, the main globulin, is constituted by two
72	main fractions. i.e. edestin 1 and 2, each characterized by several isoforms: edestin 1A, 1B, 1C, 1D,
73	and edestin 2A; 2B; 2C. Each isoform is composed by an acidic and a basic subunit linked by a
74	disulphide bond. ¹⁹
75	Recent research, based either on in vitro or in vivo experiments, has shown that hydrolysates
76	obtained by treating hemp seed protein with different enzymes, such as pepsin, alcalase, papain,
77	pancreatin, or other proteases, showed ACE-inhibitory activity. 17, 20-22 The most promising
78	mixtures were submitted to purification processes and structural determination of peptide
79	composition obtaining specific bioactive peptides sequences. ²³ In particular WVYT and WYT were
80	identified as ACE inhibitors peptides in a pepsin + pancreatin hydrolysate. ²³
81	In this context, the present investigation had the objective of identifying novel ACE-inhibitory
82	cryptides from hemp seed protein. To achieve this goal, hemp seed protein was submitted to
83	chemical hydrolysis under experimental conditions suitable to produce fragments containing 3-5
84	amino acid residues. After purification, LC-MS/MS and 1D and 2D NMR analyses were performed
85	with the aim of identifying some ACE-inhibiting peptides, whose structures were confirmed by
86	solid-phase synthesis of authentic samples.

Materials and methods

89

90

88

Chemicals and sampling

91 All chemicals (reagents and solvents) were from Sigma-Aldrich (St. Louis, MO, USA), if not

otherwise specified. Hemp seeds (C. sativa L., variety Futura) were obtained from the Institute of

93 Agricultural Biology and Biotechnology (IBBA-CNR, Milan, Italy); they were stored in an air-tight

container at 4 °C in the dark until use.

95

96

99

100

101

102

103

104

105

106

107

108

109

110

111

112

113

94

92

Preparation of hemp seed protein isolate (HPI)

97 Hemp seeds were finely ground in a coffee mill, defatted by stirring under *n*-hexane at room

98 temperature (rt) (twice, 1:4 w/v for 3 h and 1:6 w/v overnight), and then air-dried under a fume

hood for 12 h. The protein content of the defatted meal was determined by Kjeldahl method, using

6.25 as protein conversion factor. ²⁴ Hemp seed protein isolate (HPI) was prepared according to a

literature method ¹⁸, with some modifications. Specifically, defatted hemp seed meal (12 g) was

suspended in deionized water (160 mL) at rt under stirring, and the mixture was adjusted to pH 10.0

with 2 N NaOH. After 90 min, samples were centrifuged at 8000g for 30 min at rt. The pellet was

discarded, the supernatant was adjusted to pH 5.0 with 2 N HCl, and the precipitate was collected

by centrifugation (8000g, 30 min). The precipitate was then resuspended in deionized water, and the

resulting suspension was freeze-dried. The efficiency of protein extraction was checked by SDS-

PAGE analyses that were performed on a discontinuous buffered system according to the method of

Laemmli ²⁵ using 12% separating gel and 4% stacking gel. The proteins extracted in different

concentration were directly mixed with 4-fold volume of 12.5 mmol/L

tris(hydroxymethyl)aminomethane-hydrochloric acid (tris-HCl) buffer containing 1% (w/v) sodium

dodecyl sulphate (SDS), 2% (v/v) 2-mercaptoethanol, 5% (v/v) glycerol and 0.025% (w/v)

bromophenol blue. The samples were then heated for 5 min in boiling water before electrophoresis.

Each sample (20 µL) was applied to each lane. The gel was stained with 0.25% Coomassie brilliant

blue (R-250) in methanol-water (1:1), and destained in 7% acetic acid in methanol-water (1:1).

SDS PAGE gel was reported in Supporting Information (S1).

117 Preparation and RP-HPLC separation of hemp seed protein hydrolysate (HPH) 118 A mixture of HPI (5 g) in 6 M HCl (25 mL) was stirred at 110 °C for 6 h. After cooling down in an 119 ice bath, the solution was treated with 4 M NaOH and then with 1 M Na₂CO₃ under stirring until 120 pH 5.8 was reached, followed by freeze-drying. 121 An aliquot of 1 mL of HPH (80 mg/mL in solvent A) was filtered through Millex-HV syringe filter, 122 0.45 µm (Millipore, Billerica, MA, USA) and loaded on a semipreparative RP-HPLC AKTA Basic 123 100 instrument (GE Healthcare Life Science, AB, Sweden), using the following chromatographic 124 conditions: column, Jupiter® 10 µm Proteo 90 Å (250 x 10 mm) (Phenomenex, Torrence, CA, 125 USA); flow rate, 5 mL/min; UV detector, λ 226 nm; mobile phase, 0.1% trifluoroacetic acid (TFA) 126 in water (solvent A) and acetonitrile (MeCN)/0.1% TFA in water (8:2) (solvent B), gradient elution 127 from 5% to 40% B in 2 column volume (CV), to 80% B in 1 CV then to 100% B in 1 CV. 128 Four fractions named as PHPH1 to PHPH4 were collected for each injection; corresponding 129 fractions from different replicate chromatography runs were pooled and analyzed by analytical RP-130 HPLC (column, Jupiter® 10 µm Proteo 90 Å C12, 250 x 4.6 mm (Phenomenex), 250 x 4.6 mm; 131 flow rate, 0.5 mL/min; detection and eluent, as above) to check their composition. Removal of the 132 solvent under reduced pressure followed by freeze-drying afforded four samples that were stored at 133 -20 °C before further analysis. 134 135 NMR analysis 136 NMR experiments were performed at 298 K on a Bruker Avance Spectrometer (Bruker 137 Corporation, Billerica, MA, USA) operating at 400.10 ¹H frequency and equipped with a z gradient 138 coil probe. All NMR samples were prepared with a peptide concentration of ca. 20 mg/mL in 139 DMSO- d_6 . Chemical shifts (δ) are given in parts per million and were referenced to the solvent 140 signals ($\delta_{\rm H}$ 2.50 and $\delta_{\rm C}$ 39.50 ppm for DMSO- d_6). All 1D and 2D NMR spectra were collected 141 using the standard pulse sequences available with Bruker Topspin 1.3. Short mixing times (200 ms)

143

144

146

147

148

149

150

151

152

153

were used in the ROESY experiments to minimize spin-diffusion effects. Proton resonances we	re
assigned using standard methods. ²⁶	

145

MS analysis

An ESI-Q-Tof Micro-Waters mass spectrometer system (Waters Corporation, Milford, MA, USA) was used to perform MS analysis. Peptide samples were dissolved in a mixture of MeCN/0.1% TFA in water (8:2) at a concentration of 10 μg/mL and directly injected at 10 μL/min. Mass spectrum acquisition was performed in positive ion mode. In particular, the optimized Q-TOF operating conditions were as follows: capillary voltage, 3200 V; source temperature, 100°C; cone voltage, 45 V. The ESI gas was nitrogen, and the collision gas was argon. The time-of-flight analyzer collected data between m/z 100 and m/z 1000. The acquired MS spectrum was analyzed with MassLynx software (version 4.1, Waters).

154

155

156

157

158

159

160

161

162

163

164

165

166

167

Synthesis and characterization of identified peptides

The four identified peptides, namely GVLY, IEE, LGV, and RVR, were prepared by standard fluorenyl-9-methoxycarbonyl (Fmoc) solid-phase synthetic protocol on a Biotage Initiator + SP Wave Peptide Synthesizer (Biotage Sweden AB, Uppsala, Sweden) using a trityl chloride resin support (loading about 1.6 mmol/g). The functional groups of the amino-acid side chains were protected as follows: Glu(OtBu), Arg(Pbf), Tyr(tBu). HBTU/HOBT/DIPEA (VWR, Milan, Italy) were used as the coupling reagents. The peptides were side-chain deprotected and cleaved from the resin with a mixture of trifluoroacetic acid/phenol/H₂O/triisopropylsilane in the ratio 88:5:5:2. All crude peptides were purified by semipreparative HPLC using an AKTA Basic100 instrument (GE Healthcare Life Science, Italy) and the following chromatographic conditions: column, Jupiter® 10 μm Proteo 90 Å C12, 250 x 10 mm (Phenomenex); flow rate, 5 mL/min; detector, λ 226 nm; mobile phase, 0.1% TFA in water (solvent A) and MeCN/0.1% TFA in water (8:2) (solvent B), gradient elution from 5% to 40% B in 3 CV, to 70% B in 3 CV, then to 100% B in 2 CV min. Collected fractions were lyophilized and their purity was shown to be >95% by analytical HPLC: column,

Jupiter® 10 μm Proteo 90 Å C12, 250 x 4.6 mm (Phenomenex); flow rate, 1 mL/min; detection and

eluent, as above). The peptide identity and molecular weight were confirmed by Q-Tof mass

spectrometry (see above) (*m/z* 451.23 [M+H⁺]⁺, 390.16 [M+H⁺]⁺, 288.17 [M+H⁺]⁺, 430.27 [M+H⁺]⁺

for GVLY, IEE, LGV, and RVR, respectively).

173

174

175

176

177

178

179

180

181

182

183

184

185

186

187

188

189

190

191

192

- ACE inhibition assay
- Both mixtures and synthetic peptides were tested for their ACE-inhibitory activity as previously described 8, 27, evaluating hippuric acid (HA) formation from hippuryl-histidyl-leucine (HHL), a mimic substrate for angiotensin I 28 . Briefly, 100 μL of 2.5 mM HHL in 100 mM tris-formic acid (tris-HCOOH), 300 mM NaCl pH 8.3 (buffer 1) was mixed with 30 µL of peptide mixture or single peptide solution in buffer 1. In particular, six different concentrations of sample were used; they were obtained by serially dilution of the most concentrate one (see Table 1) and each solution was tested twice. Samples were pre-incubated at 37 °C for 15 min, then 15 µL of ACE solution, in 100 mM tris-HCOOH, 300 nM NaCl, 10 μM ZnCl₂, pH 8.3, were added. Samples were incubated for 60 min at 37 °C, then the reaction was stopped with 125 μL of 0.1 M HCl. The aqueous solution was extracted twice with 600 µL of ethyl acetate; the solvent was evaporated, the residue was dissolved in 500 µL of buffer 1 and then analyzed by HPLC, in order to determine HA. HPLC analyses were performed with a HPLC 1200 Series (Agilent Technologies, Santa Clara, US) equipped with an autosampler using the following conditions: column, Lichrospher® 100 C18 (4.6 x 250 mm, 5 µm; Grace, Italy); flow rate, 0.5 mL/min; detector, λ 228 nm; mobile phase, water and MeCN, gradient elution from 5 to 60% MeCN in 10 min and 60% MeCN for 2 min, then back to 5% MeCN in 3 min; injection volume, 10 μ L; R_t (HA), 4.2 min. The evaluation of the inhibition of ACE activity was based on the comparison between the concentrations of HA in the presence or absence of the inhibitor (Inhibitor Blank). The phenomenon of autolysis of HHL to give HA was evaluated by a reaction blank, i.e. a sample with the higher

inhibitor concentration but without the enzyme. The percentage of ACE inhibition was computed considering the area of HA peak with the following formula:

ACE-Inhibition (%) =
$$\frac{A_{IB} - A_{N}}{A_{IB} - A_{RB}} \times 100$$

196

197

198

199

200

201

202

203

194

195

where A_{IB} is the area of HA in Inhibitor Blank (IB) sample (*i.e.* sample with enzyme but without inhibitor), A_{N} is the area of HA in the samples containing different inhibitor amounts and A_{RB} is the area of HA in the Reaction Blank (RB) sample (i.e. sample without enzyme and with inhibitor at the highest concentration). The percentages of ACE inhibition were plotted vs. Log₁₀ inhibitor concentrations obtaining a sigmoid curve; IC₅₀ was the inhibitor concentration needed to observe a 50% inhibition of the ACE activity and is expressed as mean value \pm standard deviation of three independent assays.

204

205

- Statistical analysis
- 206 Statistical analyses were performed with StatGraphics Plus (version 2.1 for Windows). The data
- 207 were evaluated using one-way analysis of variance followed by Fisher's Least Significant
- Difference procedure; values with different letters are significantly different for p < 0.05.

209

210

Results

- 211 Preparation of HPI
- Hemp seeds were ground and defatted obtaining a defatted meal with 65% w/w yield and a protein
- 213 content of 35.8%. HPI was separated in 34% yield from defatted hemp seed meal by basic
- 214 extraction followed by acidic precipitation. The obtained HPI had 94% protein content.

215

216

Preparation and fractionation of HPH and evaluation of ACE-inhibitory activity

217	The hydrolysis of HPI was performed treating with 6 M HCl for 6 h at 110 °C monitoring the
218	progress of hydrolysis by HPLC analysis. Hydrolysis was performed several times and HPLC
219	chromatograms of obtained mixtures were characterized always by the same peaks; in Figure 1A an
220	exemplary HPLC chromatogram is reported.
221	Fractionation of raw HPH by semi-preparative RP-HPLC enabled the separation of four fractions
222	named as PHPH1-PHPH4 having the retention times (R_t) 2-5 min, 5-7 min, 11-13 min and 13-20
223	min, respectively (Figure 1A), being PHPH3 the most abundant one (Figure 1B).
224	Both HPH and the four collected fractions were tested for ACE-inhibitory activity. In Table 1 ACE
225	inhibitory activity was reported as the average \pm standard deviation of three different assays.
226	HPH achieved a 44.8% ACE-inhibitory activity at 1.1 mg/mL. After fractionation procedure,
227	PHPH3 showed an 84.9% ACE-inhibitory activity at 1.0 mg/mL, with an IC $_{50}$ value of 180 \pm 3.1
228	$\mu g/mL$, whereas all other fractions, i.e. PHPH1, PHPH2 and PHPH4, did not achieve 50% ACE
229	inhibition even at the highest tested concentration (Table 1).
230	
231	Identification of peptides in PHPH3 fraction
231 232	Identification of peptides in PHPH3 fraction Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a
232	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a
232 233	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components.
232 233 234	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components. One- and two-dimensional ¹ H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to
232 233 234 235	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components. One- and two-dimensional ¹ H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to identify the spin systems of glycine (G), valine (V), leucine (L), tyrosine (Y), glutamic acid (E),
232 233 234 235 236	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components. One- and two-dimensional ¹ H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to identify the spin systems of glycine (G), valine (V), leucine (L), tyrosine (Y), glutamic acid (E), arginine (R), and isoleucine (I) and to make proton resonance assignment of the individual residues
232 233 234 235 236 237	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components. One- and two-dimensional 1 H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to identify the spin systems of glycine (G), valine (V), leucine (L), tyrosine (Y), glutamic acid (E), arginine (R), and isoleucine (I) and to make proton resonance assignment of the individual residues (see Supporting Information, S2). In addition, a number of sequential $H_{\alpha i}$ - H_{Ni+1} connectivities
232 233 234 235 236 237 238	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components. One- and two-dimensional 1 H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to identify the spin systems of glycine (G), valine (V), leucine (L), tyrosine (Y), glutamic acid (E), arginine (R), and isoleucine (I) and to make proton resonance assignment of the individual residues 26 (see Supporting Information, S2). In addition, a number of sequential $H_{\alpha i}$ - H_{Ni+1} connectivities together with cross peaks due to NOEs involving side chain protons observed in the ROESY
232 233 234 235 236 237 238 239	Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a pure peptide, but a mixture consisting of different components. One- and two-dimensional 1 H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to identify the spin systems of glycine (G), valine (V), leucine (L), tyrosine (Y), glutamic acid (E), arginine (R), and isoleucine (I) and to make proton resonance assignment of the individual residues (see Supporting Information, S2). In addition, a number of sequential $H_{\alpha i}$ - H_{Ni+1} connectivities together with cross peaks due to NOEs involving side chain protons observed in the ROESY spectrum (Supporting Information, S3) were indicative of the presence of the following couples of

243	PHPH3 fraction. In Figure 2A the ESI-MS/MS spectrum of ion m/z 451.1 (GVLY) and in Figure
244	2B the ESI-MS spectrum of PHPH3 were reported.
245	Convincing evidence in favor of GVLY, LGV, RVR and IEE came from inspection of the sequence
246	of edestin, the main protein in hemp seed, accounting for about 60-80% of the total protein content
247	¹⁹ , in which such fragments (or the alternative ones IQQ, IEQ, and IQE, Table 3) are contained. The
248	four peptides were synthesized using Fmoc chemistry, purified and their spectral data, in particular
249	ESI-MS and MS/MS spectra, compared with those of the PHPH3 fraction.
250	
251	Evaluation of the ACE-inhibitory activity of synthetic peptides
252	The synthetic peptides were then screened for their ACE-inhibitory activity. Figure 3, showing the
253	ACE inhibition curves of the four peptides, clearly indicates that IEE was almost inactive, since it
254	was able to inhibit ACE only by 20.5% even at the highest tested concentration. The activity of the
255	other peptides, instead, enables the calculation of the IC ₅₀ values, which are reported in Table 1
256	together with the highest tested concentrations ($\mu g/mL$) and the percentages of ACE inhibition at
257	these concentrations. GVLY was the most active peptide with an IC $_{50}$ value equal to $16\pm1.5~\mu M_{\odot}$
258	LGV was the second with an IC ₅₀ equal to $145 \pm 13~\mu M$, and RVR the third, with an IC ₅₀ equal to
259	$526 \pm 33~\mu M.$ These values are significantly different for p < 0.05 (Table 1).
260	
261	Discussion
262	Whereas the production of ACE-inhibitory peptides from proteins is usually performed by
263	proteolytic enzymes, opting for a different approach, in this investigation we performed a drastic
264	acidic hydrolysis of hemp seed proteins. The main reason for this choice was that a small molecular
265	weight favors the stability of peptides towards stomach proteases and an efficient absorption at
266	intestinal level. ^{3, 29} Moreover ACE-inhibitors peptides are generally short chained. ⁹ As expected, a
267	complex mixture of low molecular weight peptides was produced, from which four single peptides
268	i a GVLV LGV RVR and IEE were identified. As for our knowledge, these pentides were never

269	cited before in literature as ACE-inhibitors or bloactive peptides. Searching in different
270	antihypertensive peptides databases, such as ACE-pepDB, BIOPEP and EROP-Moscow database,
271	no matches were found (last search on 19 th September 2017).
272	These four peptides derive from edestin hydrolysis. The LGV sequence is present in the acidic
273	subunit of edestin 1 (A, B, C, D); RVR is part of the acidic subunit of edestin 2 (A, B, C); GVLY is
274	part of the acidic unit of both edestin 1 (A, B, C, D) and edestin 2 (A, B, C) 19. The last sequence
275	has been previously reported as part of the ACE-inhibitory peptide whose sequence is AAKGVLY,
276	deriving from an <i>in silico</i> hydrolysis of a 11S globulin from <i>Amaranthus hypochondriacus</i> seed. ¹³
277	A recent paper 23 has investigated the ACE-inhibitory activity of different peptides purified by
278	preparative HPLC from a pepsin + pancreatin hydrolysate from hemp seed protein. The most active
279	ones were WYT (IC ₅₀ = 574 μ M) and WVYY (27 μ M). Although the structures are quite different,
280	the range of activities are in very good agreement with the results obtained for RVR and GVLY,
281	respectively.
282	Biological activity of peptides is related to chain length, amino acid composition and sequence. 9
283	Some literature evidence indicate that the most effective ACE-inhibitory peptides identified up-to-
284	now contain 2-20 amino acids, must have a good hydrophobicity/hydrophilicity balance and some
285	particular structural characteristic related to its sequence. 4, 9
286	Hydrophobic amino acids can improve the solubility of peptide in lipid based conditions, such as in
287	cell membrane, enabling to exert a greater antihypertensive effect ^{4, 30, 31} , enhancing their interaction
288	with target organs through hydrophobic associations with cell membrane lipid bilayer, needful to
289	exert different biological activities.
290	One parameter related to peptide solubility is Log P value, i.e. the logarithm (base 10) of the
291	partition coefficient (P) defined as the ratio of the solubility of peptide organic-to- aqueous phase
292	concentration. This parameter can be either measured experimentally or calculated in silico. Log P
293	calculation performed with ACD/ChemSketch [©] (Freeware 2016 2.2 Version) enable to obtain

294	positive values for GVLY (+1.78) and LGV (+0.94), assessing the hydrophobic character of these
295	peptides.
296	On the contrary RVR and IEE, that are less active, have an hydrophilic character being Log P -2.34
297	and -1.29 respectively. Obviously this is only one of requested features for a peptide to be an ACE
298	inhibitor: other features may concur.
299	Other known ACE-inhibitory peptides ²³ have Log P positive values: +3.54 for WVYY and +1.34
300	for WYT, respectively.
301	Moreover experimental evidences show that residues with cyclic or aromatic rings, such as tyrosine,
302	phenylalanine, tryptophan, and proline, at the C-terminal and hydrophobic amino acids, especially
303	those with aliphatic chains such as glycine, isoleucine, leucine, and valine, at the N-terminal, are
304	typical of ACE-inhibitor peptides. ^{5, 9, 29}
305	Two out of these features are present in GVLY, the most active peptide (Y at the C-terminal and G
306	at the N-terminal) and one in LGV, which is only moderately active (L in the N-terminal).
307	Other structure-activity data suggests that the positive charge of lysine and arginine as the C-
308	terminal residue may contribute to the inhibitory activity. ²⁹ Regarding RVR, arginine at the C-
309	terminal seems to give only a low contribute to ACE inhibitory activity, being RVR the least active
310	peptide.
311	It is also important to underline that all active peptides isolated in this work contain a residue of
312	valine, a hydrophobic branched chain amino acid reported to have high affinity for the active site of
313	ACE. ²³
314	In conclusion, NMR and mass spectrometry enabled the identification of three peptides with
315	interesting ACE-inhibitory activity, confirming that hemp seed may be a valuable source of
316	hypotensive peptides. Of course, this is only a first step, since other studies are necessary in order to
317	establish their stability, i.e. the capability to survive to the gastrointestinal digestion, as well as their
318	bioavailability, i.e. the capacity to reach the target organ in the active form. Moreover, we have
319	evaluated their ability to inhibit the ACE activity <i>in vitro</i> ; the hypotensive activity should be also

320	assessed by in vitro tests on cell model systems and, afterwards, in vivo by using suitable animal
321	models, such as the spontaneously hypertensive rats. In addition, our experimental results may be
322	very useful also for encouraging structure-activity studies that may provide templates for the
323	development of future peptidomimetics.
324	
325	Abbreviations
326	ACE, angiotensin I converting enzyme; COSY, correlation spectroscopy; DIPEA, N-
327	ethyldiisopropylamine; Fmoc, fluorenyl-9-methoxycarbonyl; HA, hippuric acid; HBTU, N,N,N',N'-
328	tetramethyl-O-(1H-benzotriazol-1-yl)uronium hexafluorophosphate; HCOOH, formic acid; HHL,
329	hippuryl-histidyl-leucine; HOBT, 1-hydroxybenzotriazole hydrate; HPH, hemp protein hydrolysate;
330	HPI, hemp protein isolate; MeCN, acetonitrile; NOESY, nuclear Overhauser spectroscopy; PHPH,
331	purified hemp protein hydrolysate; ROESY, rotating-frame overhauser spectroscopy; SDS-PAGE,
332	sodium dodecyl sulphate-polycrylamide gel electrophoresis; TFA, trifluoroacetic acid; TOCSY,
333	total correlation spectroscopy; Tris, tris(hydroxymethyl)aminomethane.
334	
335	Acknowledgement
336	The Authors are indebted with Graziana M. Scigliuolo and M. A. Loredana Mesce for precious help
337	in ACE-inhibitory activity evaluation and IBBA-CNR, Milan for having kindly supplied the hemp
338	seeds.
339	
340	Supporting Information
341	S1 (Supporting 1). SDS PAGE gel of HPI.
342	S2 (Supporting 2). ¹ H chemical shifts for the amino acid residues identified in PHPH3 sample
343	(ppm, DMSO-d6) at 298 K.
344	S3 (Supporting 3). Finger print region of ROESY spectrum of PHPH3 sample (DMSO-d6) at 298
345	K.

346 References

- 347 1. Skeggs, L. T., Jr.; Kahn, J. R.; Shumway, N. P., Preparation and function of the hypertensin-
- 348 converting enzyme. *J. Exp. Med.* **1956**, *103*, 295-309.
- 349 2. Yang, H.-Y. T.; Erdos, E. G.; Levin, Y., Dipeptidyl carboxypeptidase that converts
- angiotensin I and inactivates bradykinin. Biochim. Biophys. Acta Protein Struct. 1970, 214, 374-
- 351 376.
- 352 3. Dhaval, A.; Yadav, N.; Purwar, S., Potential applications of food derived bioactive peptides
- 353 in management of health. *Int. J. Pept. Res. Ther.* **2016**, *22* (3), 377-398.
- Lee, S. Y.; Hur, S. J., Antihypertensive peptides from animal products, marine organisms,
- and plants. Food Chem. **2017**, 228, 506-517.
- 356 5. Iwaniak, A.; Minkiewicz, P.; Darewicz, M., Food-originating ACE inhibitors, including
- antihypertensive peptides, as preventive food components in blood pressure reduction. Compr. Rev.
- 358 Food Sci. Food Saf. **2014**, 13 (2), 114-134.
- 859 6. Rudolph, S.; Lunow, D.; Kaiser, S.; Henle, T., Identification and quantification of ACE-
- inhibiting peptides in enzymatic hydrolysates of plant proteins. *Food Chem.* **2017,** 224, 19-25.
- 361 7. Wu, J.; Ding, X., Characterization of inhibition and stability of soy-protein-derived
- angiotensin I-converting enzyme inhibitory peptides. Food Res. Int. 2002, 35, 367-375.
- 8. Boschin, G.; Scigliuolo, G. M.; Resta, D.; Arnoldi, A., ACE-inhibitory activity of enzymatic
- protein hydrolysates from lupin and other legumes. *Food Chem.* **2014**, *145*, 34-40.
- Daskaya-Dikmen, C.; Yucetepe, A.; Karbancioglu-Guler, F.; Ozcelik, B.; Daskaya, H.,
- Angiotensin-I-Converting Enzyme (ACE)-Inhibitory peptides from plants. *Nutrients* **2017**, 9 (4),
- 367 316.
- 368 10. Guang, C.; Phillips, R. D., Plant food-derived Angiotensin I Converting Enzyme inhibitory
- 369 peptides. J. Agric. Food Chem. **2009**, *57* (12), 5113-5120.
- 370 11. Li, H.; Aluko, R. E., Identification and inhibitory properties of multifunctional peptides
- from pea protein hydrolysate. J. Agric. Food Chem. 2010, 11471-11476.

- 372 12. Roy, F.; Boye, J. I.; Simpson, B. K., Bioactive proteins and peptides in pulse crops: pea,
- 373 chickpea and lentil. *Food Res. Int.* **2010**, *43*, 432-442.
- 374 13. Montoya-Rodriguez, A.; Gomez-Favela, M. A.; Reyes-Moreno, C.; Milan-Carrillo, J.;
- Gonzalez de Mejia, E., Identification of bioactive peptide sequences from amaranth (Amaranthus
- 376 hypochondriacus) seed proteins and their potential role in the prevention of chronic diseases.
- 377 Compr. Rev. Food Sci. Food Saf. **2015**, 14 (2), 139-158.
- 378 14. Callaway, J. C., Hempseed as a nutritional resource: An overview. *Euphytica* **2004**, *140* (1),
- 379 65-72.
- 380 15. Oomah, B. D.; Busson, M.; Godfrey, D. V.; Drover, J. C. G., Characteristics of hemp
- 381 (Cannabis sativa L.) seed oil. Food Chem. **2001**, 76 (1), 33-43.
- 382 16. Torres-Salas, P.; Pedrali, A.; Bavaro, T.; Ambrosini, S.; Marrubini, G.; Pappalardo, V. M.;
- Massolini, G.; Terreni, M.; Ubiali, D., Preparation of PUFA concentrates as acylglycerols via
- enzymatic hydrolysis of hempseed oil (Cannabis sativa L.) in a homogeneous low-water medium.
- 385 Eur. J. Lipid Sci. Technol. **2014**, 116 (11), 1496-1504.
- 386 17. Malomo, S. A.; He, R.; Aluko, R. E., Structural and functional properties of hemp seed
- proteinproducts. *J. Food Sci.* **2014,** 79 (8), C1512-C1521.
- 388 18. Tang, C.-H.; Ten, Z.; Wang, X.-S.; Yang, X.-Q., Physicochemical and functional properties
- of hemp (Cannabis sativa L.) protein isolate. J. Agric. Food Chem. **2006**, 54 (23), 8945-8950.
- 390 19. Docimo, T.; Caruso, I.; Ponzoni, E.; Mattana, M.; Galasso, I., Molecular characterization of
- 391 edestin gene family in *Cannabis sativa* L. *Plant Physiol. Biochem.* **2014**, *84*, 142-148.
- 392 20. Girgih, A. T.; Udenigwe, C. C.; Li, H.; Adebiyi, A. P.; Aluko, R. E., Kinetics of enzyme
- inhibition and antihypertensive effects of hemp seed (Cannabis sativa L.) protein hydrolysates. J.
- 394 Am. Oil Chem. Soc. **2011**, 88 (11), 1767-1774.
- 395 21. Teh, S.-S.; Bekhit, A. E.-D. A.; Carne, A.; Birch, J., Antioxidant and ACE-inhibitory
- activities of hemp (Cannabis sativa L.) protein hydrolysates produced by the proteases AFP, HT,
- 397 Pro-G, actinidin and zingibain. *Food Chem.* **2016,** *203*, 199-206.

- 398 22. Malomo, S. A.; Onuh, J. O.; Girgih, A. T.; Aluko, R. E., Structural and antihypertensive
- properties of enzymatic hemp seed protein hydrolysates. *Nutrients* **2015**, *7* (9), 7616-7632.
- 400 23. Girgih, A. T.; He, R.; Malomo, S.; Offengenden, M.; Wu, J.; Aluko, R. E., Structural and
- 401 functional characterization of hemp seed (Cannabis sativa L.) protein-derived antioxidant and
- antihypertensive peptides. J. Funct. Foods **2014**, *6*, 384-394.
- 403 24. AOAC, Official Methods of Analysis. 15 th ed.; Association of Official Analytical Chemists:
- 404 Arlington, VA, 1990.
- 405 25. Laemmli, U. K., Cleavage of structural proteins during the assembly of the head of
- 406 bacteriophage T4. Nature 1970, 227 (5259), 680-685.
- 407 26. Wuthrich, K., NMR of Proteins and Nucleic Acids. John Wiley and Sons: 1986.
- 408 27. Boschin, G.; Scigliuolo, G. M.; Resta, D.; Arnoldi, A., Optimization of the Enzymatic
- 409 Hydrolysis of Lupin (Lupinus) Proteins for Producing ACE-Inhibitory Peptides. J. Agric. Food
- 410 *Chem.* **2014,** *62* (8), 1846-1851.
- 411 28. Cushman, D. W.; Cheung, H. S., Spectrophotometric assay and properties of the
- angiotensin-converting enzyme of rabbit lung. *Biochem. Pharmacol.* **1971**, *20*, 1637-1648.
- 413 29. Pihlanto, A.; Makinen, S. In Antihypertensive properties of plant protein derived peptides,
- 414 InTech: 2013; pp 145-182.
- 415 30. Kobayashi, Y.; Yamauchi, T.; Katsuda, T.; Yamaji, H.; Katoh, S., Angiotensin-I converting
- enzyme (ACE) inhibitory mechanism of tripeptides containing aromatic residues. J. Biosci. Bioeng.
- 417 **2008,** *106* (3), 310-312.
- 418 31. Martinez-Maqueda, D.; Miralles, B.; Recio, I.; Hernandez-Ledesma, B., Antihypertensive
- peptides from food proteins: a review. *Food Funct.* **2012**, *3* (4), 350-361.

420

422 Founding sources

- 423 This work was supported by Regione Lombardia through the project "VeLiCa From ancient crops,
- materials and products for the future" (protocol n° 14840/RCC).

426	Figure captions
427	
428	Figure 1. HPLC chromatograms of A) HPH; B) PHPH3 fraction, after purification.
429	Figure 2. A) ESI-MS/MS spectrum of ion m/z 451.1; B) ESI-MS spectrum of PHPH3. By manual
430	calculation, the sequence of GVLY is displayed with the fragment ions observed in the spectrum.
431	Figure 3. Diagram reporting % ACE inhibition vs. concentration (µmol/mL) for the four synthetic
432	peptides GVLY (\blacklozenge), IEE (\blacksquare), LGV (\blacktriangle), RVR (\blacklozenge).
433	
434	

Table 1. Highest tested concentration (μ g/mL), highest ACE inhibition percentage and IC₅₀ value for HPH, fractions PHPH1-PHPH4, and the four synthetic peptides. Values are reported as mean value \pm standard deviation of three independent experiments.

Sample	Max conc.	Max ACE	IC ₅₀ (μg/mL)	IC ₅₀ (μM) ^a
	$(\mu g/mL)$	inhibition (%)		
НРН	1118	44.8 ± 3.0	/	/
PHPH1	1035	14.5 ± 4.0	/	/
PHPH2	1008	26.4 ± 3.4	/	/
РНРН3	1036	84.9 ± 4.2	180 ± 3.1	/
РНРН4	990	29.4 ± 2.8	/	/
GVLY	862	95.1 ± 0.88	7.27 ± 0.7	16 ± 1.5a
IEE	787	20.5 ± 2.31	/	/
LGV	1000	95.2 ± 0.85	41.5 ± 3.8	$145 \pm 13b$
RVR	1077	93.3 ± 1.78	226 ± 14	$526 \pm 33c$

^a values with different letters are significantly different (p < 0.05).

Table 2. Sequential ROEs correlations observed for PHPH3 sample.

Peptide	ROEs correlations			
GV	NH (V) at 8.39 ppm $\rightarrow \alpha$ (G) at 3.75 ppm			
GV	NH (V) at 8.47 ppm $\rightarrow \alpha 1, \alpha 2$ (G) at 3.93, 3.79 ppm			
LY	NH (Y) at 8.66 ppm $\rightarrow \alpha, \beta, \gamma$ (L) at 4.32, 1.54, 0.92 ppm			
RV	NH (V) at 8.39 ppm $\rightarrow \gamma$, δ (R) at 1.55, 3.09 ppm			
VR	NH (R) at 8.33 ppm $\rightarrow \beta$ (V) at 2.00 ppm			
IE	NH (E) at 8.65 ppm \rightarrow β,γ,δ (I) at 1.82, 1.27-1.04 (CH ₃), 0.93 ppm			

Table 3. Potential peptides identified in fraction PHPH3: observed mass $[M+H]^+$ (m/z), charge (z), calculated mass (m/z), MS/MS fragmentation and suggested sequence.

Obs. mass	z	Calc. mass	MS/MS fragmentation	Suggested sequence
(m/z)		(m/z)	(<i>m/z</i>)	
451.1	1	450.6	270.3 (b ₃), 182.1 (y ₁)	$ \begin{array}{c} b_3 \\ GVL \underline{Y} \\ y_1 \end{array} $
288.1	1	287.1	175.08 (y ₂), 171.09 (b ₂)	$L = \begin{bmatrix} b_2 \\ V \\ y_2 \end{bmatrix}$, IGV*
430.2	1	411.2	274.16 (y ₂), 175.1 (y ₁)	$ \begin{array}{c c} R V R \\ \hline & \\ & \\ & \\ & \\ & \\ & \\ & \\ $
390.1	1	389.1	277.03 (y ₂), 243.05 (b ₂)	$I = \begin{bmatrix} b_2 \\ E \end{bmatrix}, IQQ^{**}, IEQ^{**}, IQE^*$

^{*} fragments not present in the edestin sequence 19

^{**} fragments present in the edestin sequence ¹⁹, but not detectable due to the chemical hydrolysis of glutamine in glutamic acid

TOC graphic



Figure 1

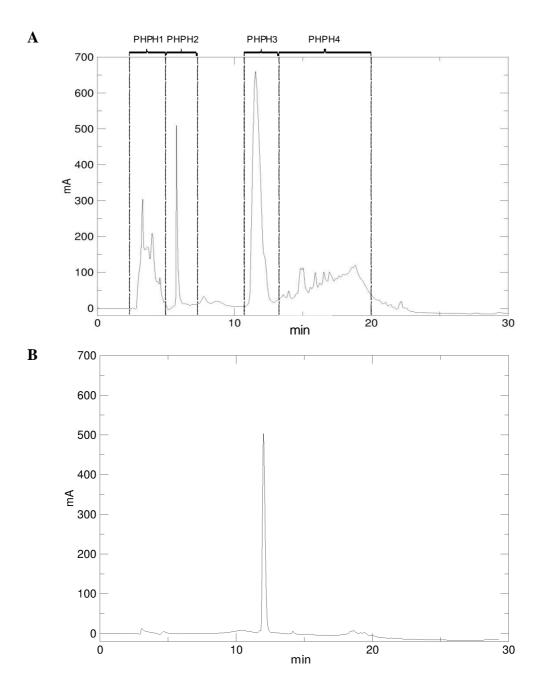


Figure 2

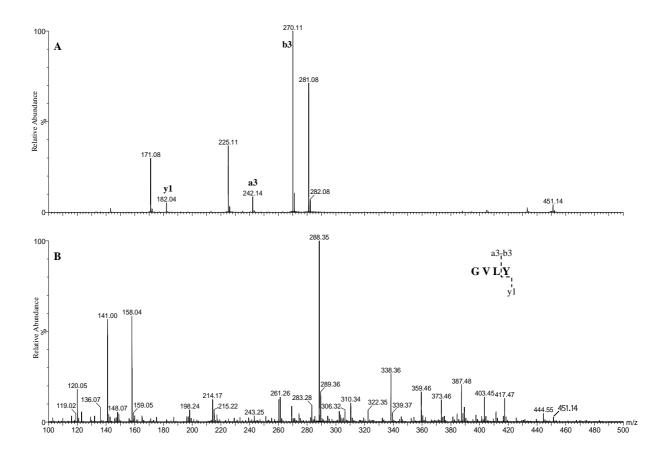


Figure 3

