

# CONSENT FORM

Geffrey Klein

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## PROCEDURE / TREATMENT

### DaVinci Hysterectomy

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## PATIENT INFORMATION

Name: Sarah Patient

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## CONSENT INFORMATION

Da Vinci Hysterectomy for Abnormal Uterine Bleeding, Pelvic Pain, or other benign indications

### Introduction

A da Vinci hysterectomy is a type of minimally invasive surgery performed to remove the uterus. This procedure is done using the da Vinci robotic surgical system, which allows the surgeon greater precision and control. Below, you'll find details about the benefits, risks, alternatives, and considerations related to the preservation or removal of the ovaries.

### Benefits of a Da Vinci Hysterectomy

- Minimally Invasive Approach: The da Vinci system uses small incisions, which generally means less pain, minimal scarring, and quicker recovery compared to traditional open surgery.
- Shorter Hospital Stay: Many patients are able to go home the same day or after a short overnight stay.
- Reduced Risk of Infection: Smaller incisions lower the chance of post-surgery infections.
- Faster Recovery Time: Most patients can resume daily activities within 2-4 weeks, significantly sooner than with an abdominal hysterectomy.
- Precision: The advanced technology allows for more precise removal of the uterus, which can help reduce the risk of damage to surrounding structures.

### Risks of a Da Vinci Hysterectomy

- Bleeding: As with any surgery, there is a risk of bleeding, though it is typically minimal.
- Infection: Although the risk is lower compared to open surgery, there is still a chance of infection at the incision sites or internally.
- Damage to Nearby Organs: The bladder, bowel, or other pelvic structures could be accidentally injured during surgery.
- Blood Clots: There is a risk of developing blood clots in the legs or lungs after surgery.
- Anesthesia Risks: Any surgery that requires general anesthesia carries potential risks, such as breathing problems or allergic reactions.

### Alternatives to Hysterectomy

- Medications: Hormonal treatments, such as birth control pills or hormone-releasing intrauterine devices (IUDs), can help manage abnormal bleeding in some cases.

- Endometrial Ablation: This procedure destroys the lining of the uterus to reduce bleeding. It is not suitable for patients who may want future pregnancies.
- Myomectomy: If fibroids are the cause of the bleeding, a myomectomy can be performed to remove them while preserving the uterus.
- Uterine Artery Embolization (UAE): This is a minimally invasive procedure used to block the blood supply to fibroids, causing them to shrink and reducing bleeding.

#### Preservation vs. Removal of the Ovaries

- Preserving the Ovaries: Keeping the ovaries can be beneficial for maintaining hormone production, especially if you are premenopausal. This helps reduce the risk of early menopause and associated symptoms like hot flashes, bone loss, and cardiovascular risks.
- Removing the Ovaries (Oophorectomy): Removal may be recommended if there is a high risk of ovarian cancer or other ovarian issues. For women at increased genetic risk (e.g., BRCA gene carriers), removing the ovaries can significantly reduce the chance of developing ovarian or breast cancer.

Discussing your personal and family medical history with your healthcare provider will help determine the best course of action regarding your ovaries.

#### Recovery Expectations

After a da Vinci hysterectomy, you may experience some cramping, light vaginal bleeding, or discomfort around the incision sites. Most patients can return to light activities within a week or two, with full recovery taking about 4-6 weeks. Your healthcare provider will provide specific guidelines for activity levels, wound care, and follow-up appointments.

#### Conclusion

A da Vinci hysterectomy offers many benefits for those dealing with abnormal uterine bleeding, but it is important to understand the risks, benefits, and alternatives before making a decision. Discuss all available options with your healthcare provider to determine the best approach for your health and well-being.

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#### ACKNOWLEDGMENT

I have reviewed all consent materials and understand the information provided. I voluntarily agree to the procedure/treatment described and understand the risks, benefits, and alternatives.

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#### DIGITAL SIGNATURE

Sarah Patient

Signed by: Sarah Patient  
Date: Wednesday, January 7, 2026 at 11:21 PM UTC  
Submission ID: 1e0ebb12-0dad-4dba-92e6-4d5a2586b587