

People First Activity Book



For Young Children

Dear Parents and Teachers,

We are delighted that you have chosen the People First Activity Book for use in your home or classroom.

The activity book is designed for you and your children to do together as an individual or classroom activity. We encourage you to discuss each example with your child or class to help them better understand the concepts presented.

If you would like more information on People First Language or other disability issues, or if you would like additional copies of the activity book, please do not hesitate to contact us.

WV Developmental Disabilities Council
110 Stockton Street
Charleston, WV 25312
304-558-0416
www.wvddc.org

This book belongs to:

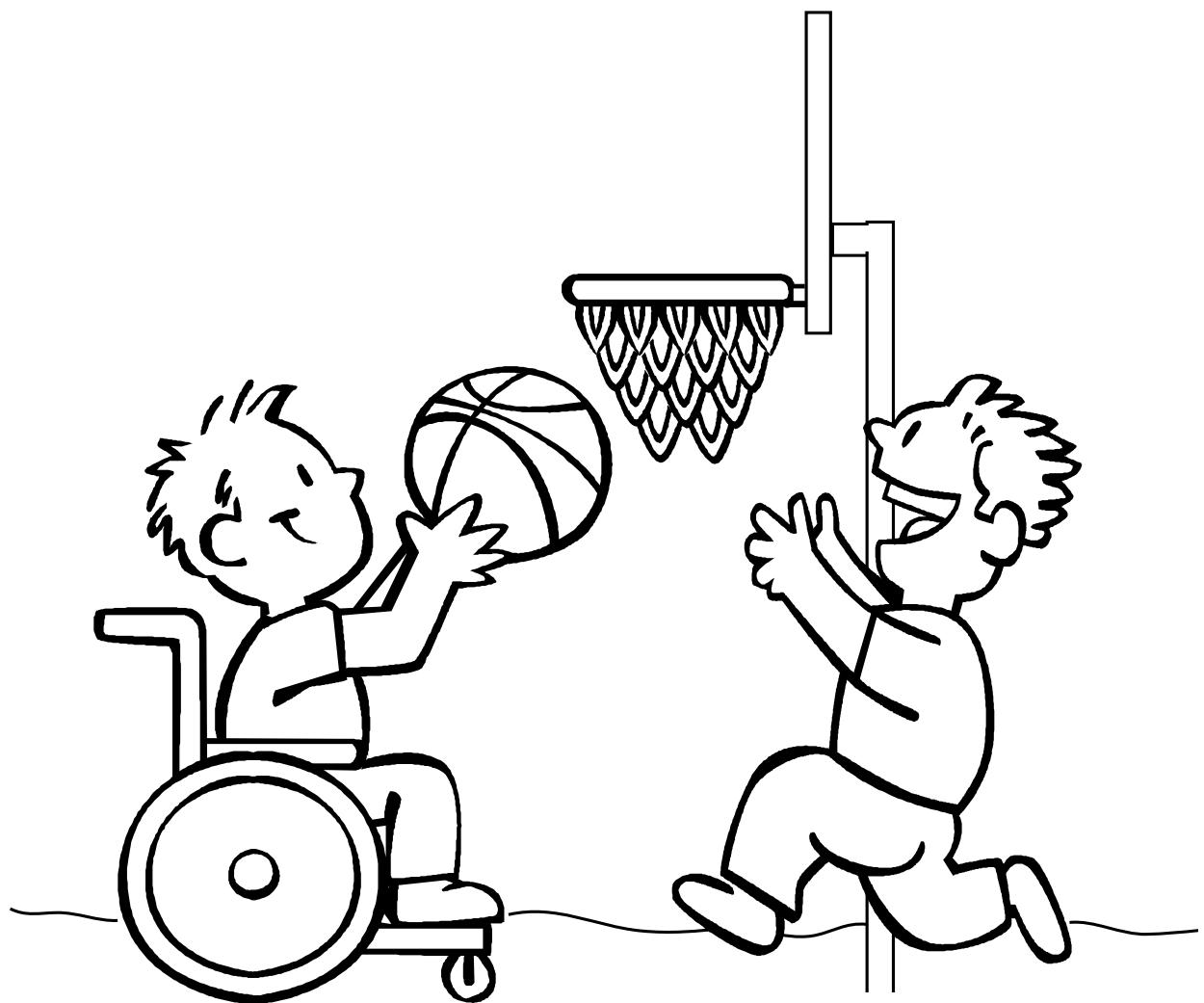




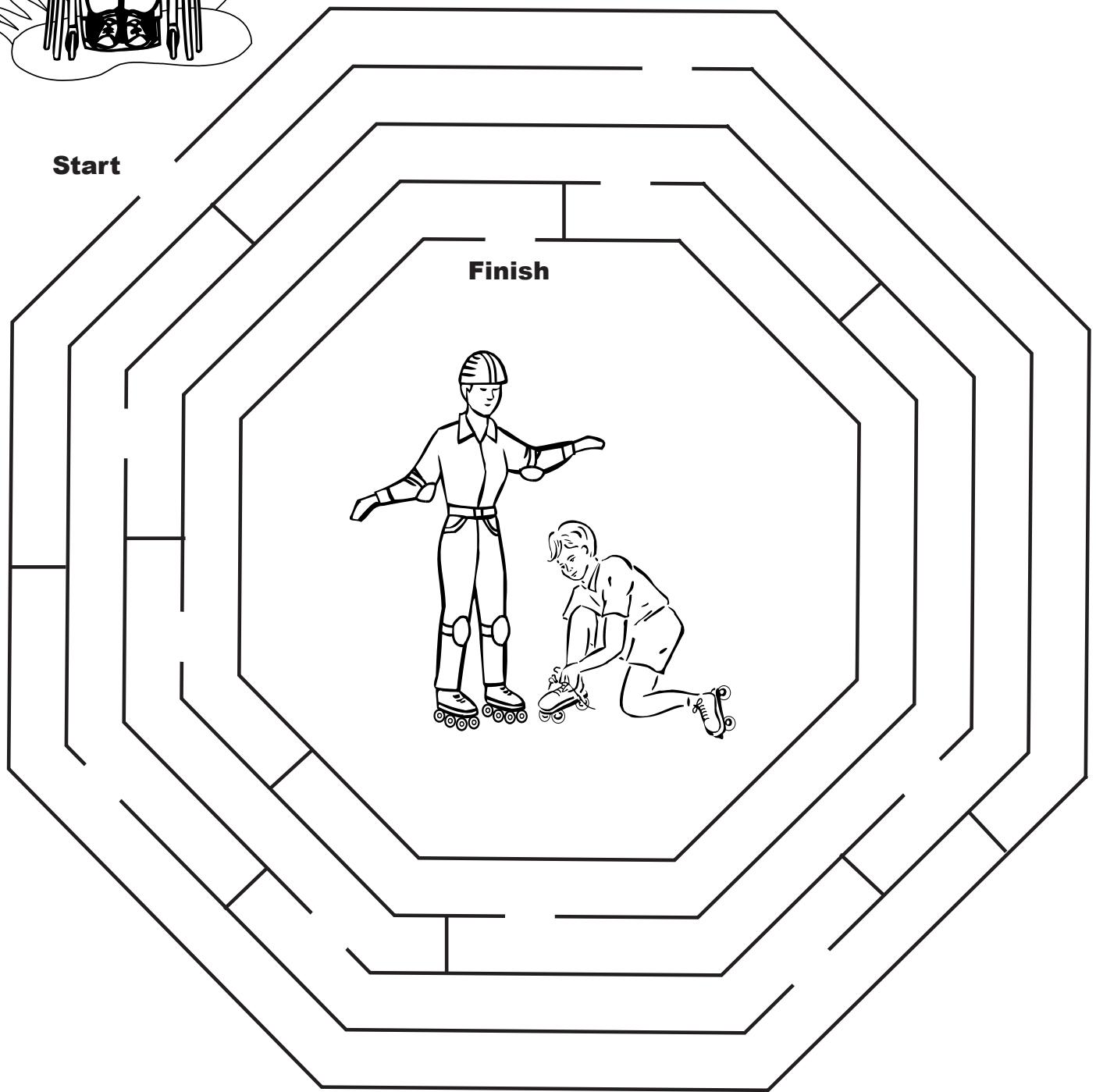
The way we talk to and about people
who have disabilities is very
important.



When we talk too much about someone's disability and don't spend enough time talking to the person, we might hurt their feelings.



The truth is, people with disabilities enjoy doing the same things that people without disabilities like to do.



**Help Dave find his
friends at the
park.**



People with disabilities are everywhere. We should all learn to be respectful to all members of our communities.



People with disabilities are Moms.



They are Dads.



They are brothers and sisters.



They are friends.



Harriet Tubman
African American Abolitionist

They are civil rights leaders.



**Vincent Van Gogh
Painter**

They are famous artists.



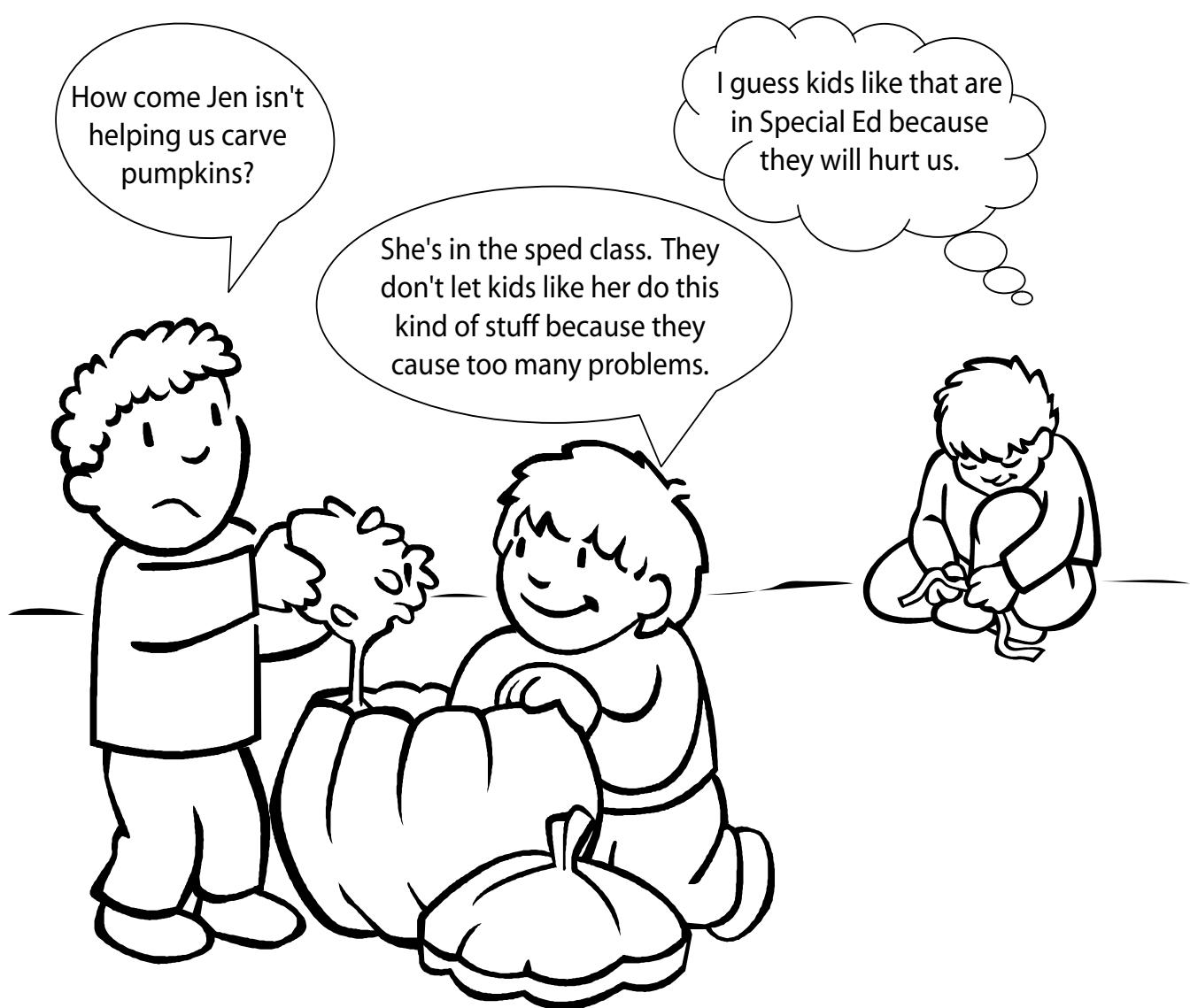
Franklin D. Roosevelt
US President
1933-1945

They are Presidents.



**Write as many bad labels as you can think
of in the jar and draw a lid on it so that you
remember not to use them.**

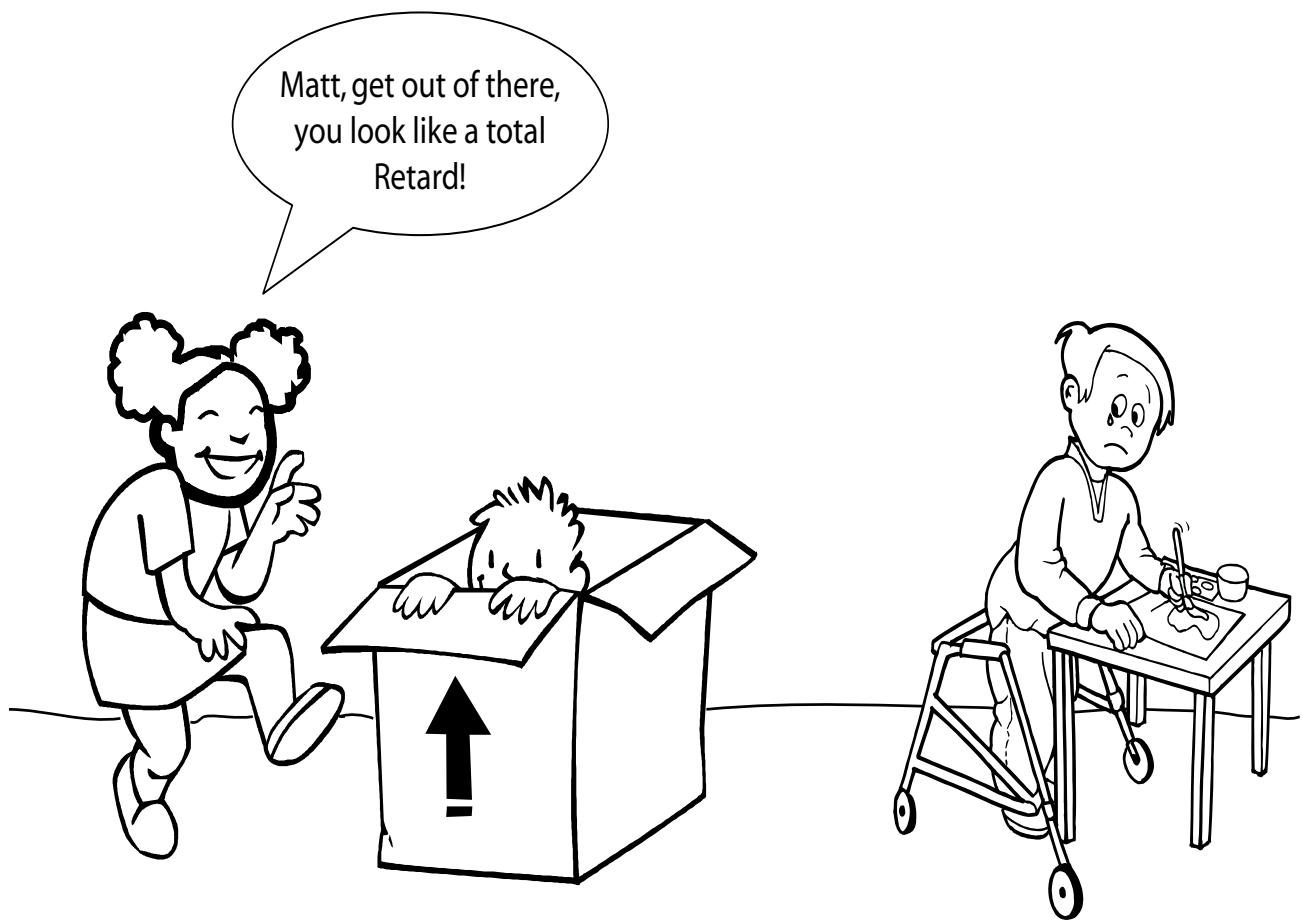
Many words that are used to talk about people with disabilities are not very nice or cause people to be afraid of people with disabilities. We call these words labels.



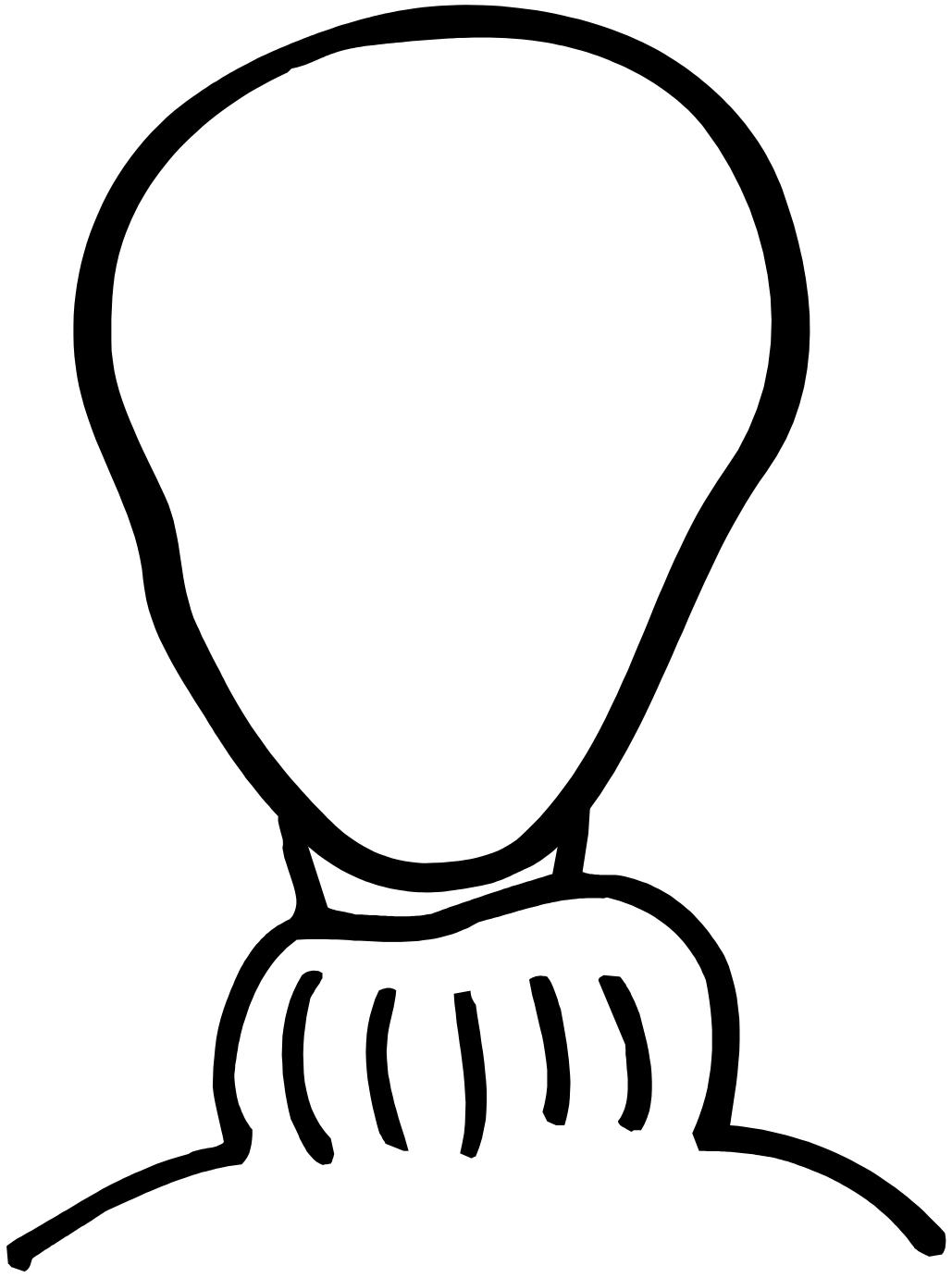
When we use these labels, we might give other people wrong and confusing ideas about people with disabilities. These wrong ideas are called stereotypes.



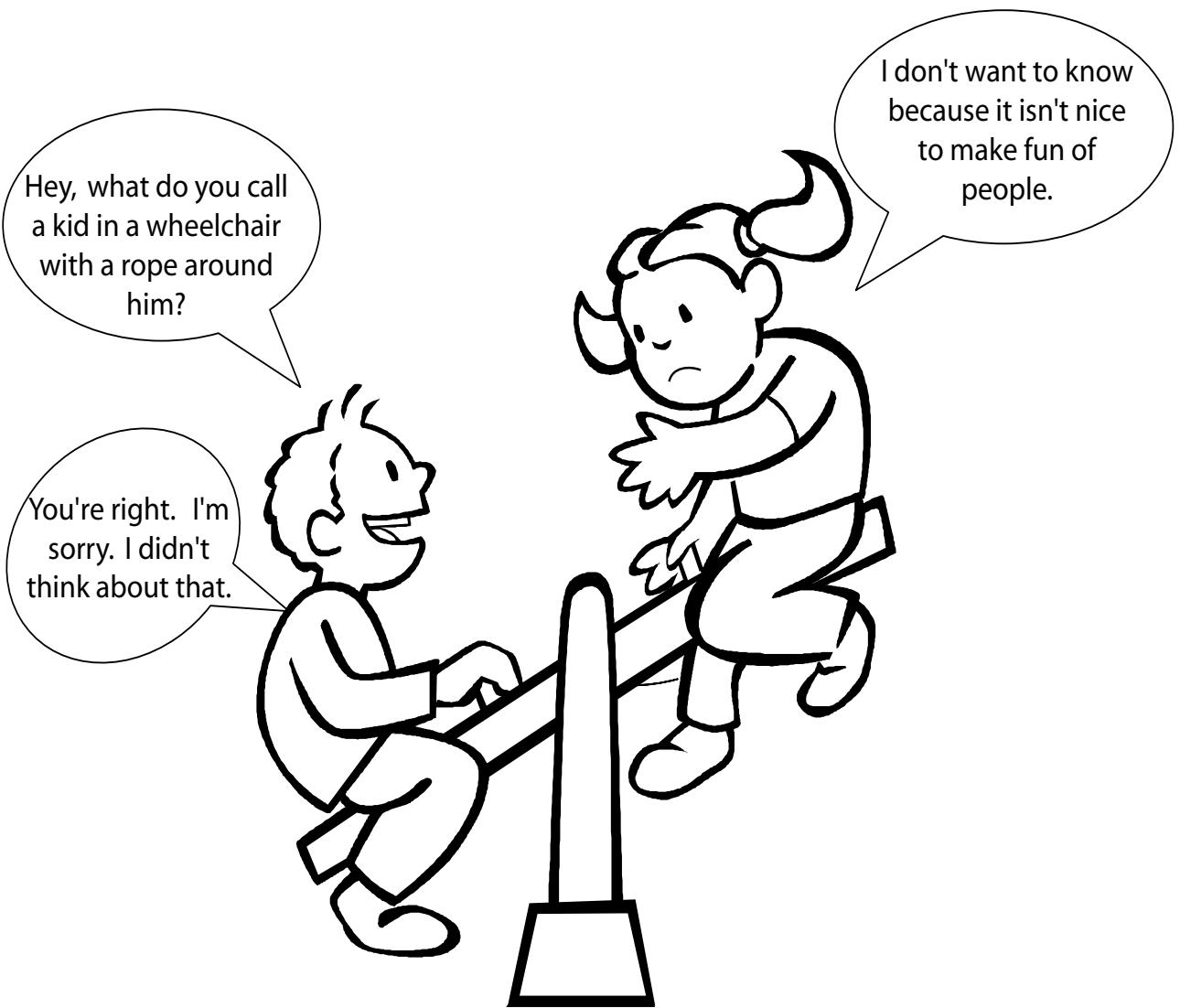
We may hear our friends use these labels in jokes or as a way to say something is "bad" or "stupid." We may also hear them on TV or in the movies.



We may think that it is OK to use these labels because they aren't being used to talk about a person with a disability. But, it isn't OK because it hurts people's feelings.



Draw how you would feel if someone told you
that you were bad or stupid.



We should also never tell jokes about people with disabilities. If someone wants to tell you a joke that is mean, it is OK to tell them you don't want to hear it.

Franklin D. Roosevelt

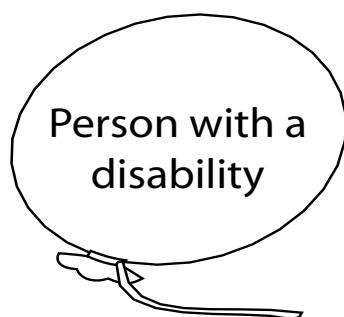
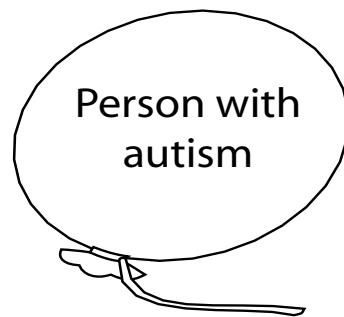
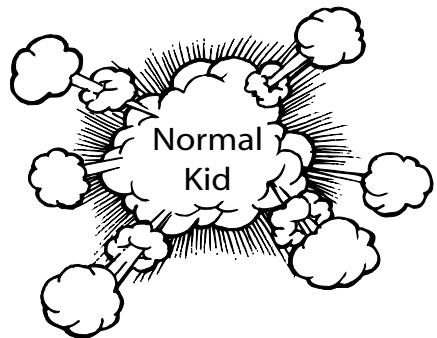
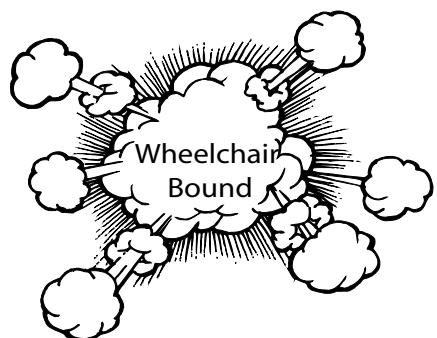
32nd President of the United States
Helped the U.S. recover from the Great Depression

Many of you may not be aware that President Roosevelt had a disability.

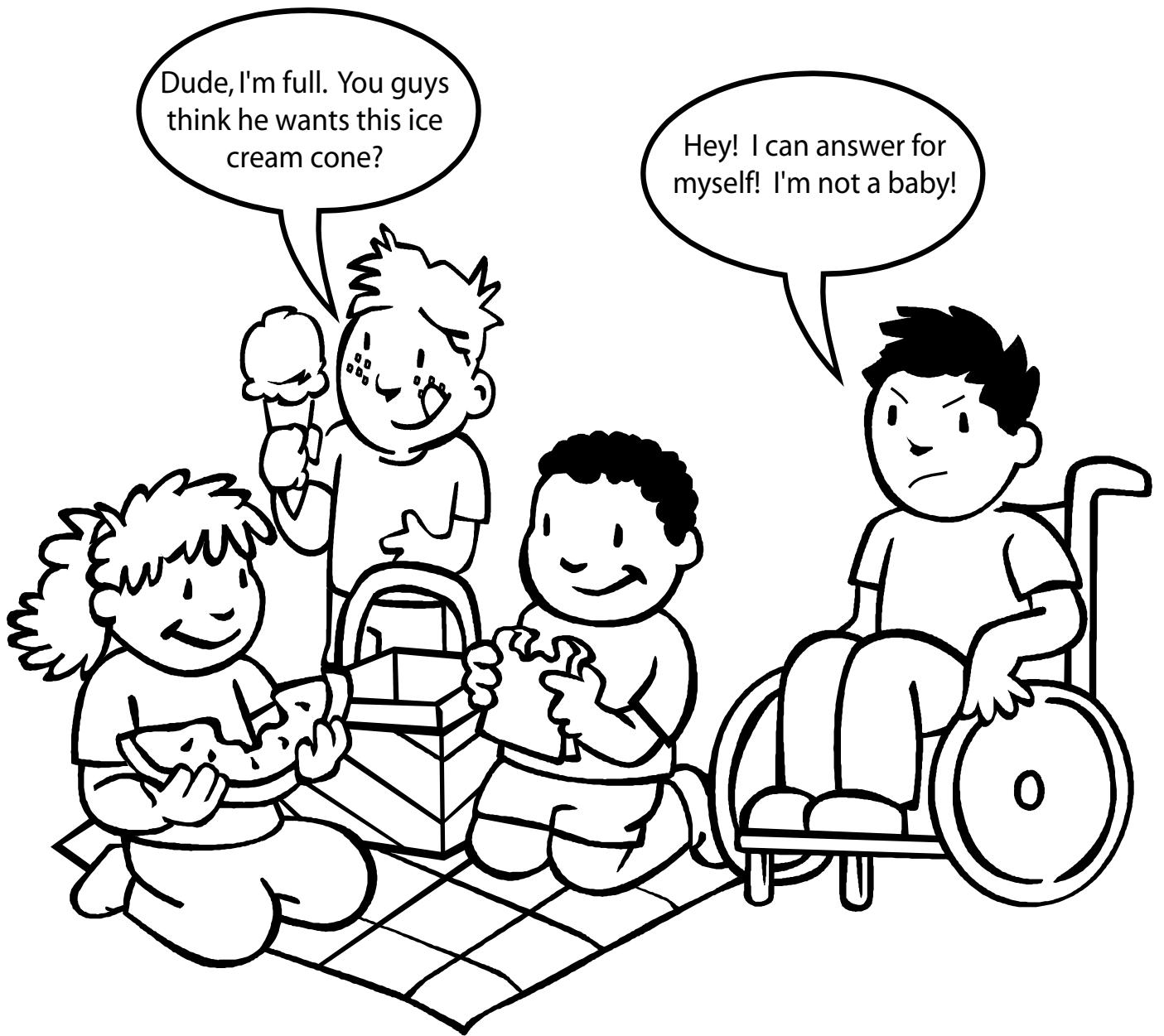


When we talk to or about people with disabilities, we should always use People First Language.

People First Matching Game



Match the labels on the left to the correct People First phrase on the right.

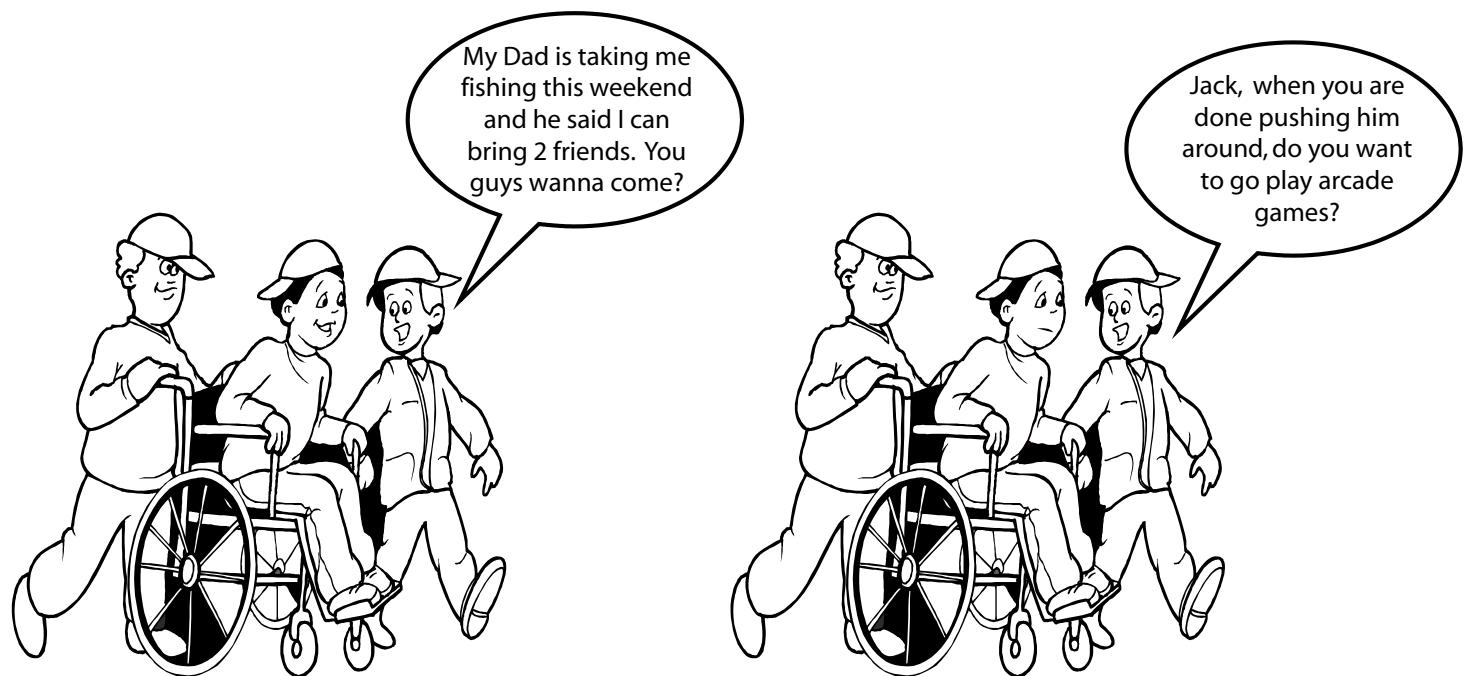
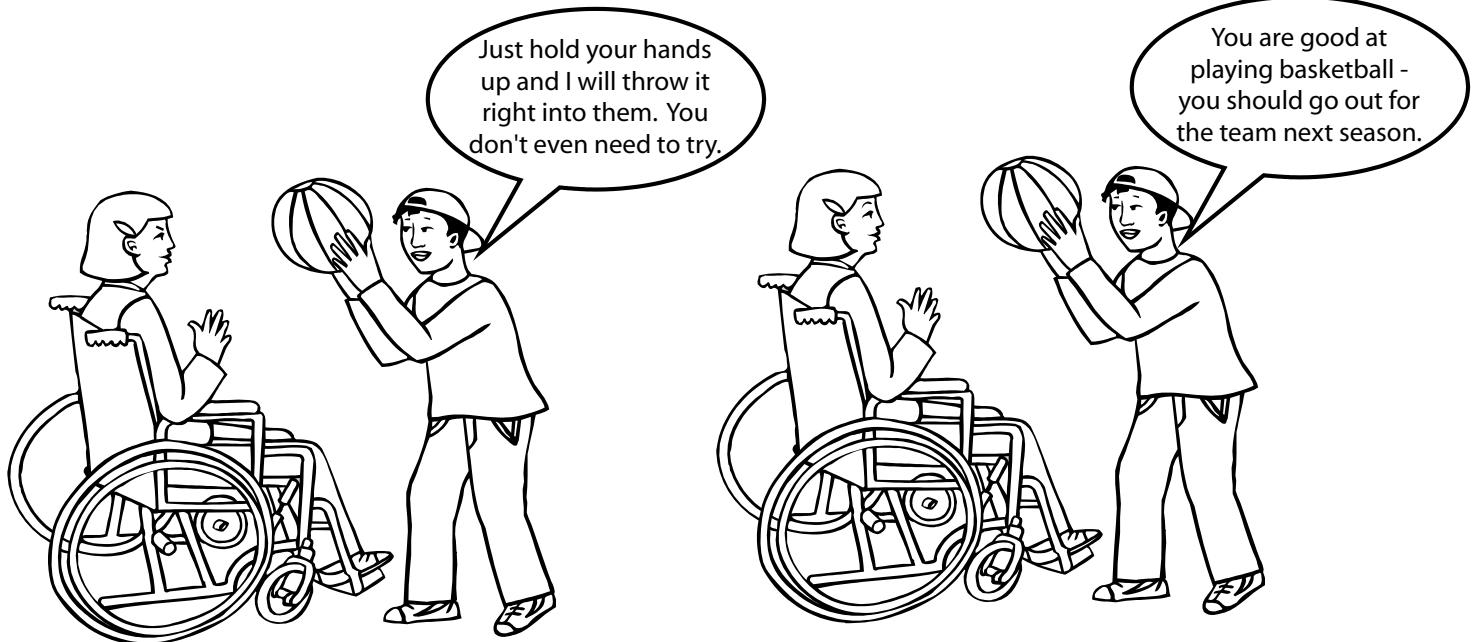


We shouldn't treat our friends with disabilities any differently than we treat our friends without disabilities. If we do, we may hurt their feelings or make them angry.



It is always nice to help others, but we shouldn't assume that people with disabilities can't help themselves. If we think that someone could use our help, it is polite to ask first, just to be sure.

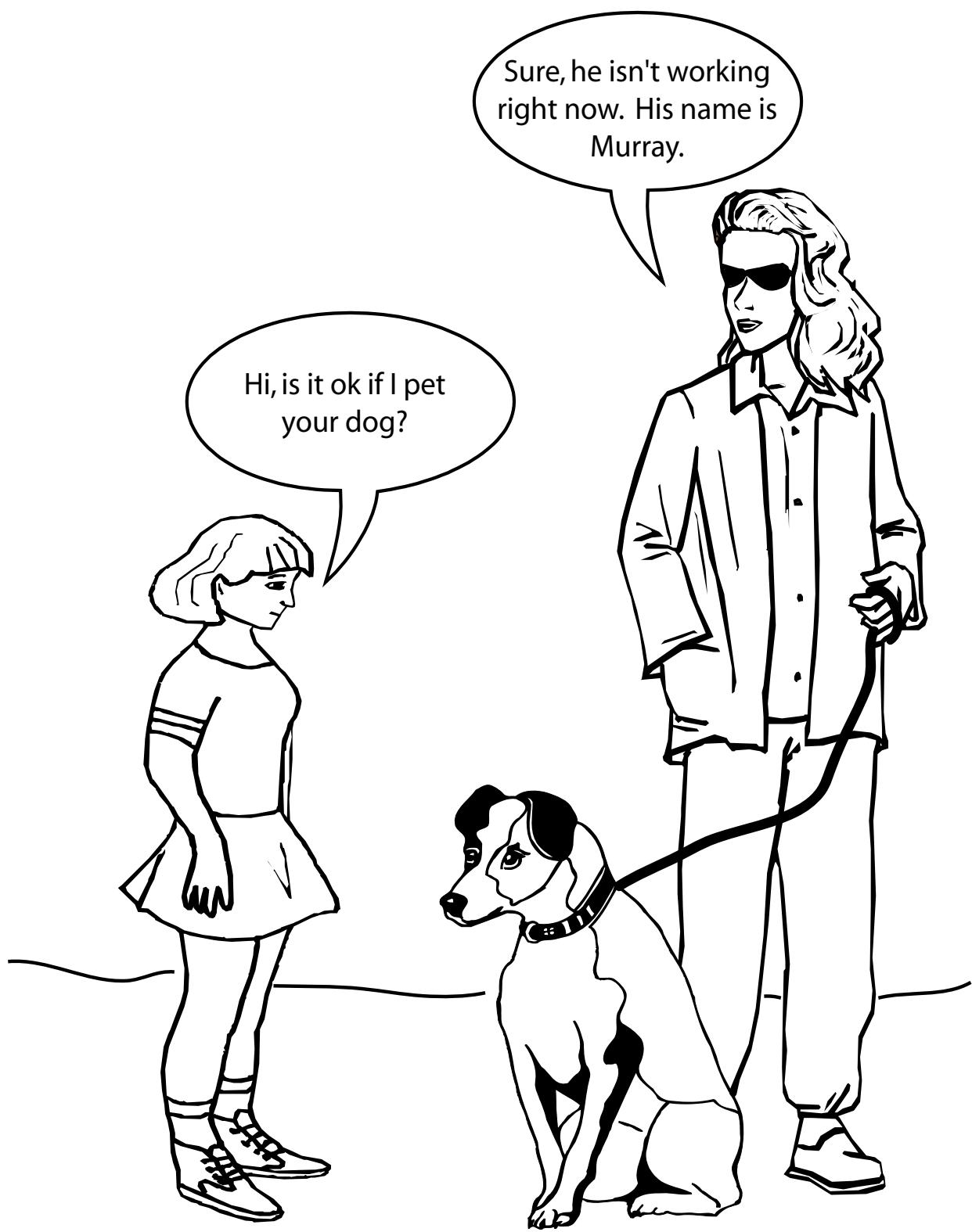
Which One?



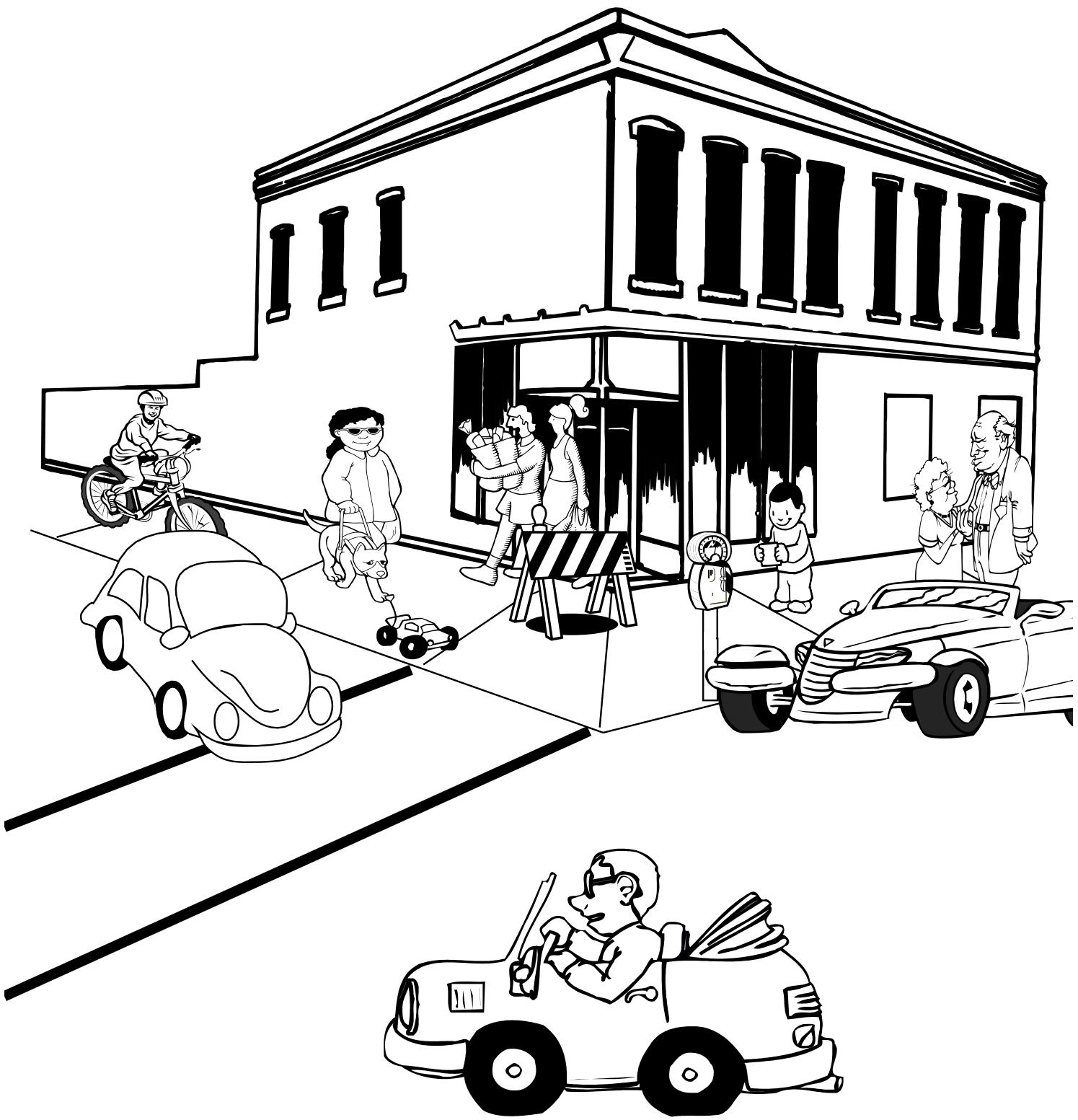
Circle and color the picture that is the best example of how we should treat our friends.



Some people with disabilities have animals who help them. These animals are called support animals.



We should never pet a support animal without asking the person first. We might distract the animal from doing its job. It's always a good idea to ask before petting any animal.



Circle all of the things you think could be a problem for the woman if her support dog got distracted by someone paying attention to it without her knowing about it.

Place a checkmark in the boxes where people are being courteous, and an "X" in the boxes where people are not being courteous.

Thank you for asking.
That would be very
helpful.

Pardon me, would
you like me to get
those keys for you?

3.

My son will love it.
Maybe we can go
whitewater
rafting too.

Would you like to
join us for a
weekend camping
trip?

2.

Come here
puppy!

4.



5.

Show me how you
scored that goal in
our last game!

6.

I'm not a baby and
I already told you, I
don't want to play
ball!

1.

You guys think
he wants this ice
cream cone?

I can answer for
myself!



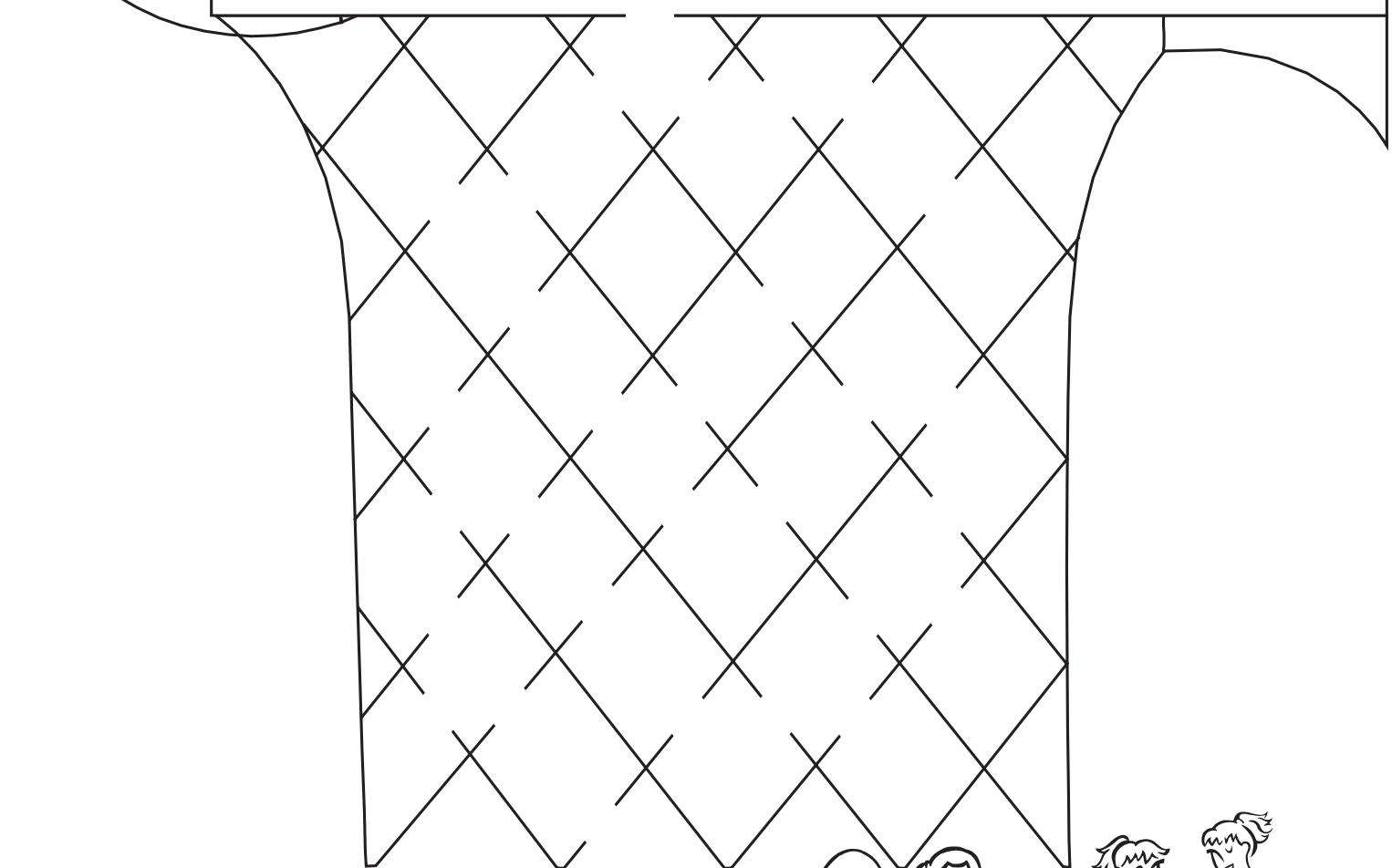
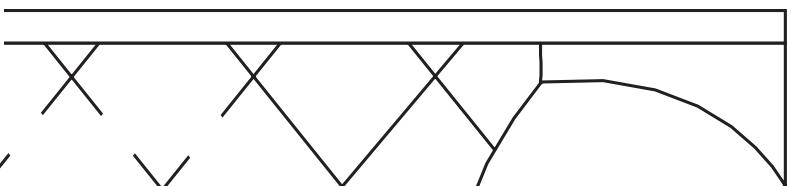
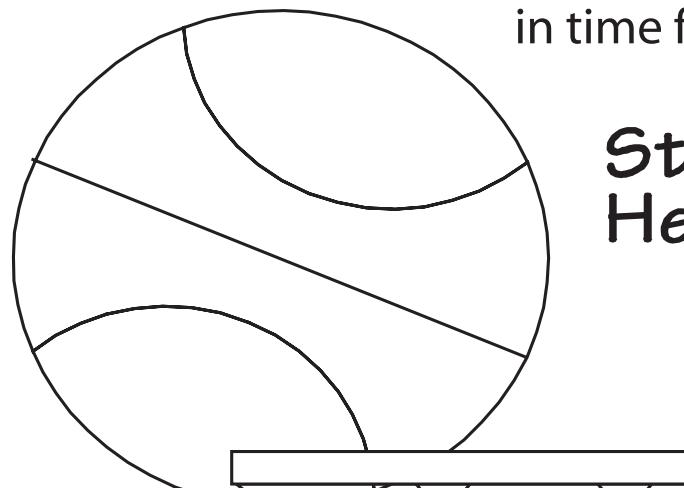
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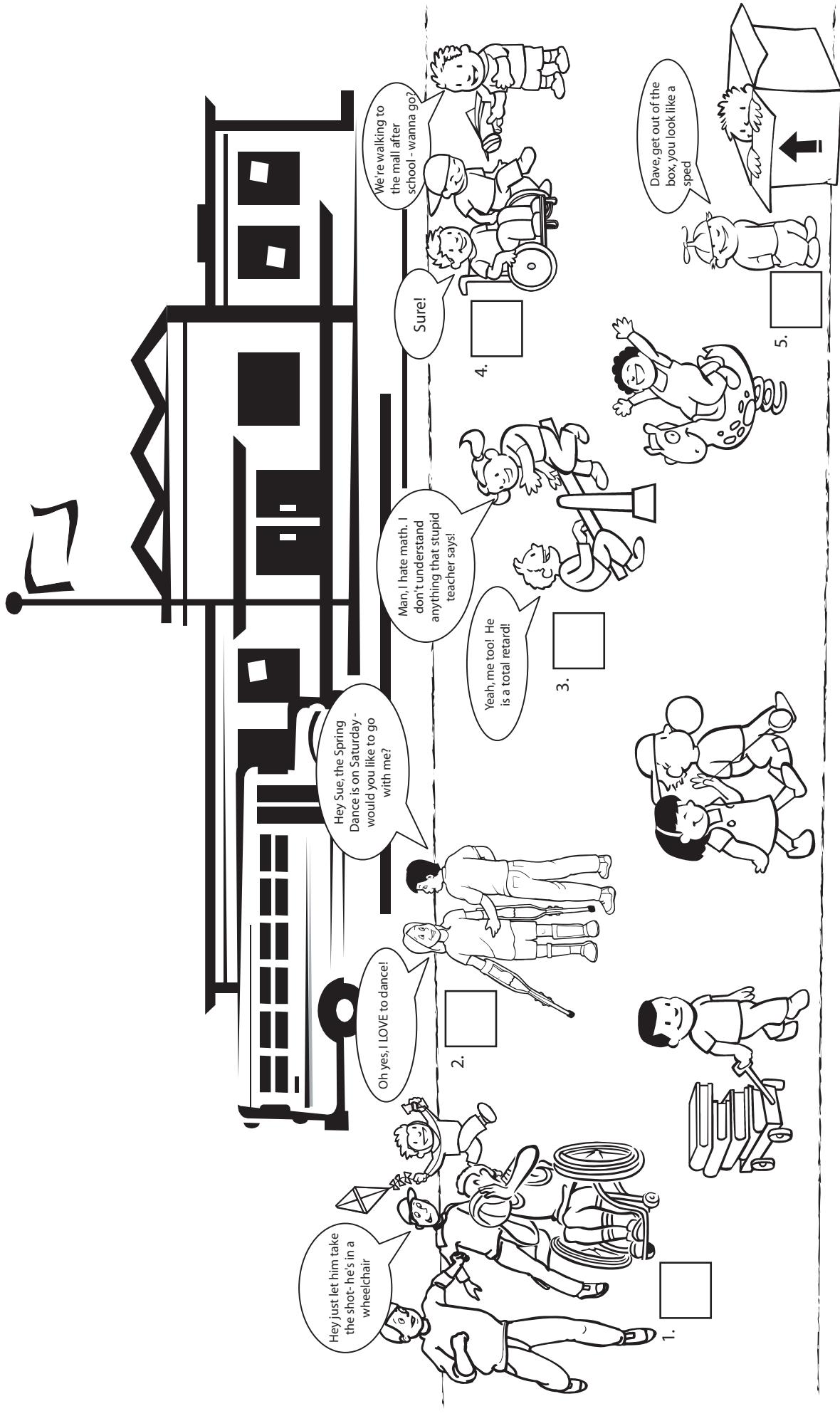


It's not hard, I'll
throw it right in
your hands.

Help Heather join the rest of her teammates
in time for the big game!

Start
Here





Place a checkmark in the boxes which show students using People First Language and an X in the boxes where students are not using People First Language

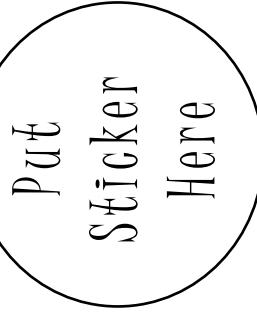


When we treat each other with kindness and respect, we help to make our world a better place to live.

Certificate of Achievement

This certificate is awarded to

for outstanding effort to increase disability awareness by completing the People First Activity Book.



Parent or Teacher

Created by
The West Virginia Developmental Disabilities Council.
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We would like to thank the Kanawha County Schools - Parent Educator Resource Center, the Autism Society of WV, Margaret Arabia, and Jerri Stephens for their valuable input on this project.