

# Learned Reference-based Diffusion Sampler for multi-modal distributions

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Sampling from multi-modal distributions

**Setting.** We want **samples** from a target probability distribution  $\pi$  supported on  $\mathbb{R}^d$ , while only having access to its log-density  $\log \pi$ .

**The difficulty.** This task is especially difficult when  $\pi$  is *multi-modal* as the samples needs to reflect both the local properties (mean, covariance, ...) and the global properties (proportions between distinct non-zero probability areas).

**Our (realistic) assumption.** In this work, we simplify the problem by assuming access the the locations of the modes.

Standard sampling approaches

**Classic MCMC.** *Markov Chain Monte Carlo (MCMC)* builds chains using local transitions that preserve  $\pi$ , but such moves often prevent the chain from escaping modes, limiting global exploration.

**Annealed MCMC.** *Annealing methods* run MCMC over a sequence of distributions that bridge an easy-to-sample distribution  $\rho$  to the target  $\pi$ , typically via a *geometric interpolation*. While effective in low dimensions, these schemes struggle with high dimension.

Diffusion Models : from generative to sampling approach

*Diffusion Models* (DMs) are a powerful class of generative models based on a *noising diffusion process*  $(X_t)_{t \in [0, T]}$ , defined by

$$dX_t = f(t)X_t dt + g(t)dB_t, X_0 \sim \pi$$

which gradually transforms the data into noise  $X_T \sim \rho$ , with  $\mathbb{P}^*$  denoting the associated path measure and  $p_t$  the density of  $\mathbb{P}^*_t$ . To generate samples, DMs simulate the *time-reversed* process  $(Y_t)_{t \in [0, T]} \sim (\mathbb{P}^*)^R$

$$dY_t = -[f(T-t)Y_t - g^2(T-t)\nabla \log p_{T-t}(Y_t)] dt + g(T-t)dW_t$$

with  $Y_0 \sim \rho$ , which satisfies  $Y_t \stackrel{\mathcal{L}}{=} X_{T-t}$ , i.e.,  $Y_T \sim \pi$ . Still, the score function  $\nabla \log p_t$  is intractable and needs to be approximated. In practice, one aims to learn it with a *neural network*  $s_t^\theta$ . We denote by  $\mathbb{P}^\theta$  the path measure of the obtained *denoising diffusion process*.

**Generative setting.** Using samples from  $\pi$ ,  $s_t^\theta$  can be efficiently optimized via a *Denoising Score Matching* regression loss.

**Sampling setting.** This work tackles learning  $s_t^\theta$  from model samples via a variational approach, without requiring access to  $\pi$  samples.

Reference-based variational approach for diffusion sampling

We aim to minimize the log-variance variational loss on path measures

$$\mathcal{L}(\theta) = \text{Var} \left[ \log \left( \frac{d\mathbb{P}^\theta}{d(\mathbb{P}^*)^R} \right) (Y_{[0, T]}^\theta) \right], Y_{[0, T]}^\theta \sim \mathbb{P}^\theta$$

where  $\hat{\theta} = \text{StopGrad}(\theta)$ . As such, this loss is however not tractable...

Following [1], we introduce a *reference process*  $\mathbb{P}^{\text{ref}}$ , defined as the exact noising process for a known distribution  $\pi^{\text{ref}}$ , which yields to simplifying the log-density ratio

$$\log \frac{d\mathbb{P}^\theta}{d(\mathbb{P}^*)^R} (Y_{[0, T]}) = \log \frac{d\mathbb{P}^\theta}{d(\mathbb{P}^{\text{ref}})^R} (Y_{[0, T]}) + \log \frac{\pi^{\text{ref}}}{\pi} (Y_T).$$

By further parameterizing  $s_t^\theta$  as an additive *control* term

$$s_t^\theta = \nabla \log p_t^{\text{ref}} + g(t)^{-1} \phi_t^\theta$$

we obtain the tractable (but not simulation free) objective

$$\mathcal{L}(\theta) = \text{Var} \left[ \int_0^T \left\{ \frac{1}{2} \|\phi_{T-t}^\theta(Y_t^\theta)\|^2 dt + \phi_{T-t}^\theta(Y_t^\theta)^\top dB_t \right\} + \log \frac{\pi^{\text{ref}}}{\pi} (Y_T^\theta) \right]$$

Our novelty : learning the reference process from MCMC data

**Previous designs of  $\mathbb{P}^{\text{ref}}$ .** Prior works [3, 2] use a Gaussian  $\pi^{\text{ref}}$  with fixed variance, which requires heavy tuning and strong constraints on the neural network  $\phi_t^\theta$ .

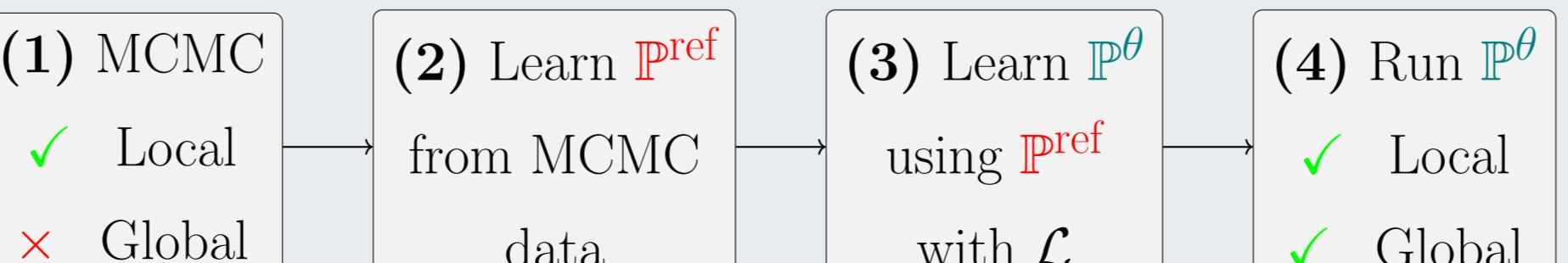
### Our intuition on the role of the reference process

If well chosen, the reference process may drive  $Y_t^\theta$  to high-density regions, thus simplifying the numerical optimization procedure.

⇒ We propose to learn  $\mathbb{P}^{\text{ref}}$  based on approximate data from  $\pi$  !

**LRDS methodology.** We combine the three following steps:

1. Generate approximate samples from  $\pi$  via MCMC;
2. Fit a Diffusion Model on this data to obtain  $\mathbb{P}^{\text{ref}}$ ;
3. Minimize the log-variance loss  $\mathcal{L}$  w.r.t.  $\theta$  to obtain  $\mathbb{P}^\theta$ .



How to learn the scores and the densities of the reference process ?

The loss  $\mathcal{L}$  requires both the scores  $\nabla \log p_t^{\text{ref}}$  and the density  $\pi^{\text{ref}}$ . We propose to learn them based on MCMC data in two ways.

- **Gaussian Mixture Model (GMM) – cheap but limited**  
Fit a GMM on MCMC data to model  $\pi^{\text{ref}}$  (see below); scores are computed analytically at no extra cost;

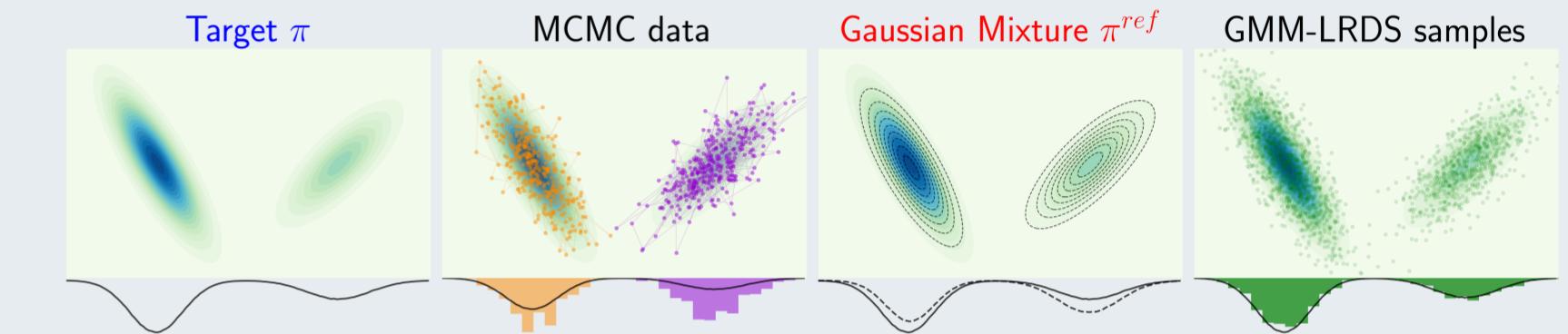


Figure 1. Learned  $\pi^{\text{ref}}$  and samples from GMM-LRDS on a Gaussian mixture.

- **Energy-Based Model (EBM) – costly but expressive**  
Learn  $p_t^{\text{ref}}$  via a new Maximum Likelihood approach using a neural net. Recover  $\pi^{\text{ref}} = p_0^{\text{ref}}$  and get scores by differentiating the net.

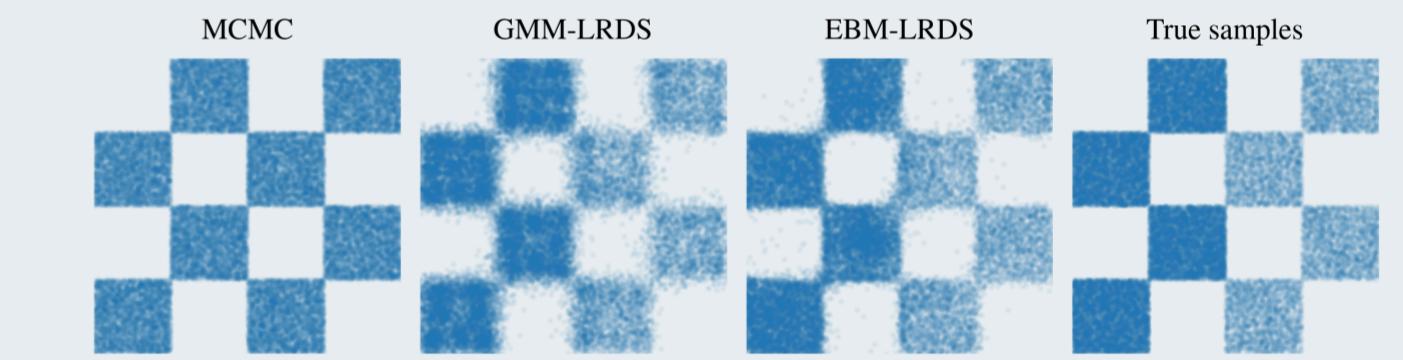


Figure 2. Samples from GMM-LRDS and EBM-LRDS on the checkerboard

Numerical results

We apply our methodology on a wide range of known multi-modal distributions and observe a significant performance gap against concurrent methods (annealed MCMC & diffusion-based sampling methods).

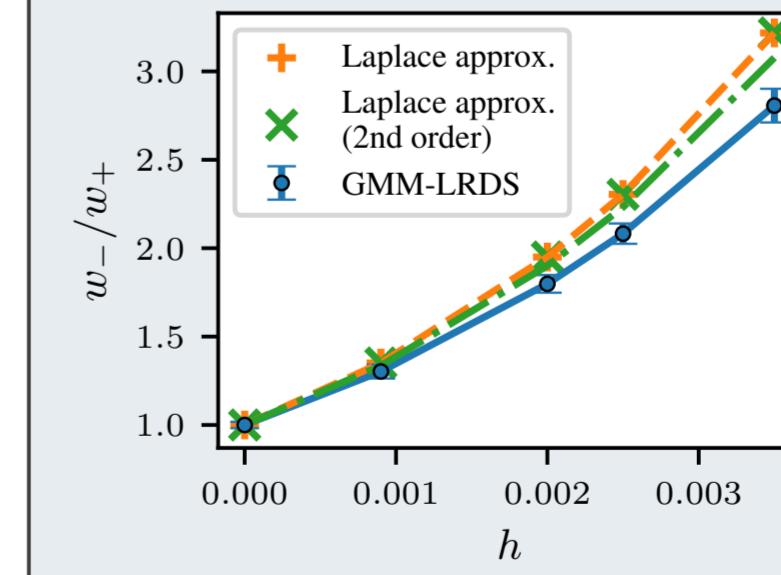


Figure 3. Estimation of the mode weight ratio in the challenging  $\phi^4$  system using GMM-LRDS. The external field  $h$  breaks the system's symmetry, creating an imbalance between modes. Laplace approximation serves as the reference ground truth.

**Limitations.** Learning both  $\mathbb{P}^{\text{ref}}$  and  $\mathbb{P}^\theta$  may be expensive in practice. Moreover, similarly to previous approaches, LRDS doesn't scale well with high dimension or with high number of modes.

References

- [1] L. Richter and J. Berner. Improved sampling via learned diffusions. In *ICLR*, 2024.
- [2] F. Vargas, W. S. Grathwohl, and A. Doucet. Denoising diffusion samplers. In *ICLR*, 2023.
- [3] Q. Zhang and Y. Chen. Path Integral Sampler. In *ICLR*, 2022.