



NEWSLETTER

AUTISM RESOURCE CENTRE LAHORE



The Autism Resource Centre Lahore (ARCL) was established in 2015 by Dr. Ahmad Faraz Bhatti, driven by a personal commitment to improving the lives of children with autism, inspired by his own experiences as a parent. As a non-profit organization, ARCL has become a beacon of hope for families navigating the challenges of autism. Led by Syeda Mehwish, the center prides itself on a team of highly educated and trained professionals, including therapists, educators, and support staff, who specialize in autism spectrum disorders. ARCL provides a wide range of services, including therapeutic interventions, personalized education plans, and skill-building programs, designed to help children reach their full potential. With its state-of-the-art facilities and a strong emphasis on innovation and care, ARCL has established itself as a trusted and leading institution for autistic children, ensuring their growth in a supportive and inclusive environment.

Quarterly Highlights

- **July**
- **August**
- **September**

Preview

1

2022 – July

- Summer Camp
- Autism Pride Day

2

2022 – August

- RBT Training
- Independence Day Celebration

3

2022 – September

- Farewell Party
- Chef Activity Day



Summer Camp – A Journey of Learning

An "Learning is a treasure that will follow its owner everywhere." At ARCL's Summer Camp, our bright stars engaged in various fun-filled activities that enhanced their skills and creativity. This immersive experience provided children with the opportunity to learn, grow, and build confidence in a supportive environment. The camp's engaging sessions fostered a sense of curiosity and independence, ensuring that each child took home valuable memories and lessons.

Celebration of Autism Pride Day

Autism Pride Day was celebrated with great enthusiasm, as our children participated in engaging water activities and fun-filled games. This event not only created joyful memories but also promoted awareness, acceptance, and appreciation of neurodiversity within our community. The day served as a reminder of the uniqueness and potential of every child, reinforcing the importance of inclusion and support.



Registered Behavior Technician (RBT) Training

ARCL successfully initiated the RBT training program, equipping parents and professionals with essential behavioral intervention techniques. This session set the foundation for structured learning and skill development to better support individuals with autism. Participants actively engaged in discussions and hands-on exercises, ensuring they gained practical insights for effective behavioral support.



Independence Day Celebration

The spirit of patriotism filled ARCL as we celebrated Independence Day with great enthusiasm. The event featured activities that instilled national pride and unity among our students, creating a memorable experience for everyone. From flag hoisting to creative performances, the celebration fostered a deep sense of belonging and love for the country.



Farewell Ceremony 2022

ARCL bid farewell to some of our dedicated team members and students, wishing them success in their future endeavors. Their contributions and journey with us will always be cherished, and we remain hopeful for their bright futures ahead. The farewell was filled with heartfelt moments, appreciation, and warm wishes for their continued success.



Chef Day – Little Hands, Big Dreams

Our little chefs showcased their enthusiasm and creativity during Chef Day, where they enjoyed hands-on cooking activities. Encouraging children to participate in cooking not only enhances their motor skills but also instills teamwork, responsibility, and a sense of achievement. The joy on their faces as they prepared simple meals reflected their excitement and eagerness to explore new experiences.





AUTISM AWARNESS MESSAGE

Many autistic individuals rely on routines to feel secure. Sudden changes can be overwhelming, so preparing them in advance and maintaining consistency can help reduce anxiety and stress. Even small disruptions, like a change in schedule, can be distressing. By respecting their need for predictability, we create a more comfortable and supportive environment for them to thrive.

OUR VISION

The Autism Resource Centre aims to become nationally and internationally acknowledged Centre with the distinction of implanting Quality services combined with outstanding outcomes through conducive learning environment, experienced staff, efficient, and friendly management.

OUR MISSION

The mission of the Autism Resource Centre (ARC) Lahore is to support individuals with autism and their families by providing education, therapy, and resources. We aim to develop each child's potential, improve their quality of life, and prepare them for integration into mainstream schools, fostering a better understanding of autism across communities.



Support Us



Your support can transform lives at ARCL. Every donation helps us provide a safe, empowering space where children with autism can thrive. Together, we can offer quality education, life-changing therapies, and a brighter future for these incredible kids. Join us in this journey of hope and possibilities—because every child deserves a chance to shine. Donate now and make a lasting impact!

DONATION DETAILS

CONTACT US:

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BANK DETAIL:

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