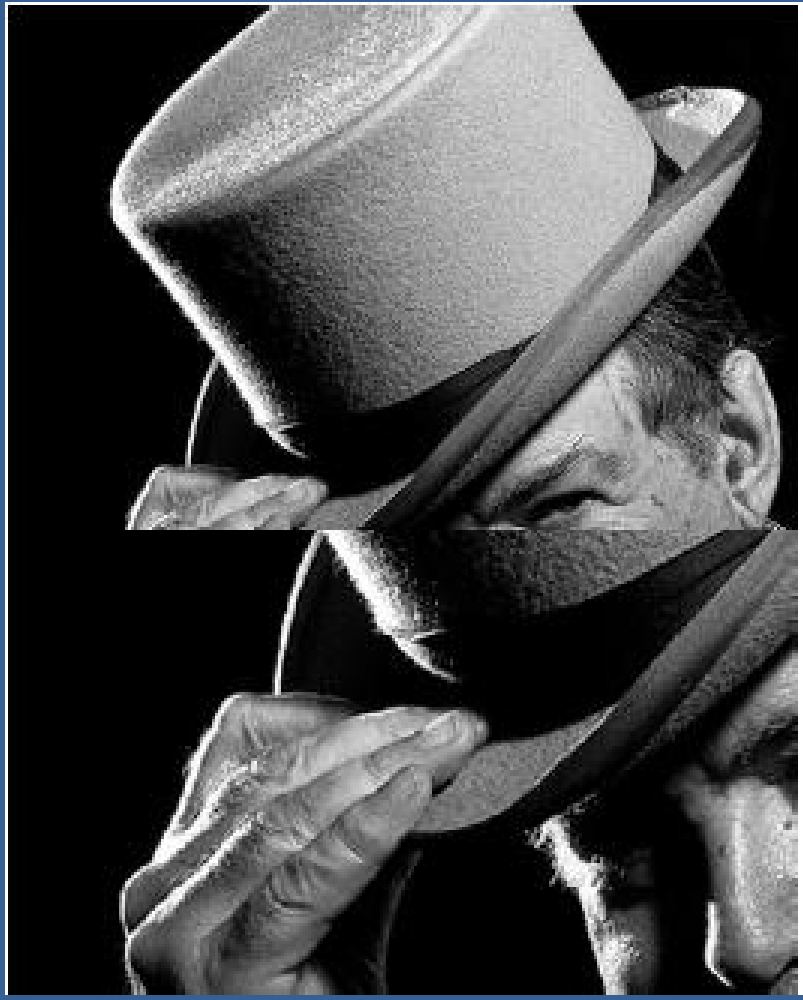


# Six Thinking Hats: Starting a Team's Journey to Innovation

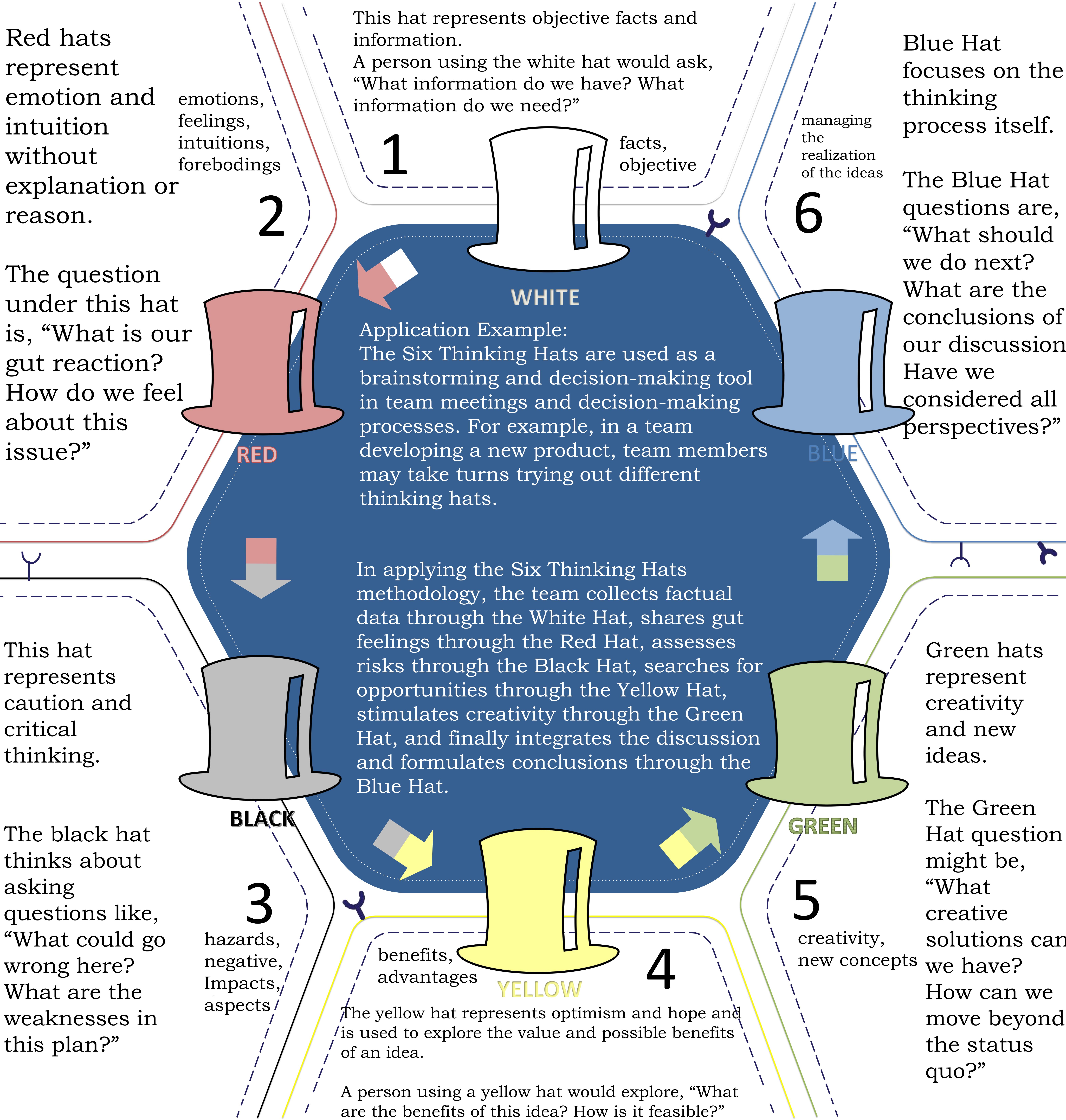


The Six Thinking Hats method was created by Dr Edward de Bono in the mid-1980s.

A detailed discussion of an innovation method.

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History and background:  
Edward de Bono, a Maltese psychologist and educator, is famous for promoting creative thinking methods. He believed that creative thinking was needed to solve problems because people tended to think in a single mode, limiting perspectives. For this reason, he invented the Six Thinking Hats method in 1985 to promote diverse thinking.



A strategy for promoting and implementing the Six Thinking Hats within an organisation should include the following steps:

- Introduction of seminars
- Practice Exercises
- Coaching and Feedback
- Integration into processes
- Ongoing support