# Comparing in-sample and out-of-sample error for ridge regression

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## 1 Introduction

### 1.1 Ordinary least squares

Consider a linear model where  $y = X\beta + \epsilon$ , with  $\epsilon$  having independent, zero-mean entries, all with the same variance  $\sigma^2$ . We observe y and X and estimate  $\beta$  by  $\hat{\beta} = (X^TX)^{-1}X^Ty$ . Now consider the problem of predicting an independent set of observations

$$y^* = X\beta + \epsilon^*$$

where  $\epsilon^*$  is an independent copy of  $\epsilon$  and where the design matrix X is unchanged from before. We can predict the values of  $y^*$  by  $\hat{y} = X\hat{\beta}$ . Define the *in-sample* prediction risk by

$$\mathbf{r}_{in} = \frac{1}{n} \mathbf{E} ||\hat{y} - y^*||^2$$

where the term "in-sample" refers to the design matrix X is the same for the predicted observations as for the training data. The in-sample error  $\mathbf{r}_{in}$  can equally well be defined by the error of prediction for a single observation  $y^*$  conditional on observing its covariate  $x^*$ , where  $x^*$  is drawn uniformly at random among the n rows of X. It is well-known that under the previous assumptions,

$$\mathbf{r}_{in} = \sigma^2 \left( 1 + \frac{p}{n} \right)$$

<sup>\*</sup>with thanks to Lucas Janson and Zhou Fan

To prove this fact, note that  $\hat{y} = Hy$ , where H is the projection onto the column space of X, and that tr(H) = p. Then

$$r_{in} = \frac{1}{n} \mathbf{E} ||y^* - \hat{y}||^2$$

$$= \frac{1}{n} ||y^* - Hy||^2$$

$$= \frac{1}{n} ||(X\beta + \epsilon^*) - H(X\beta + \epsilon)||^2$$

$$= \frac{1}{n} ||(I - H)X\beta + \epsilon^* - H\epsilon||^2$$

$$= \frac{1}{n} ||\epsilon^* - H\epsilon||^2 \text{ (since } HX = X)$$

$$= \frac{1}{n} ||\epsilon||^2 + ||H\epsilon||^2$$

$$= \frac{1}{n} \text{tr}(\sigma^2 I) + \text{tr}(\sigma^2 H)$$

$$= \frac{1}{n} \sigma^2 (n + p)$$

which yields the desired formula.

The concept of in-sample error arises naturally in problems where the design matrix X is fixed, e.g. controlled experiments. In observational data it is more natural to suppose that observations  $(x_i, y_i)$  are drawn from some joint distribution F. Supposing we observe i.i.d. realizations  $(x_i, y_i)$  are drawn iid from F, then forming the design matrix X by stacking the  $x_i$ , we again obtain a least-squares estimate  $\hat{\beta}$  for the coefficients of the best linear approximation of y conditional on x. Now suppose we obtain a new independent realization  $(x^*, y^*)$  from F, but only observe  $x^*$ . As before, we predict  $\hat{y} = (x^*)^T \hat{\beta}$ , and now we define the average out-of-sample prediction risk by

$$\mathbf{r}_{out} = \mathbf{E}(\hat{y} - y^*)^2$$

With suitable assumptions we can derive a similar formula for the outof-sample risk. The following result is due to Lucas Janson. Suppose that F is a multivariate gaussian with mean 0 and covariance

$$\Sigma_{xy} = \begin{pmatrix} \Sigma & \Sigma \beta \\ \beta^T \Sigma & \beta^T \Sigma \beta + \sigma^2 \end{pmatrix}$$

i.e.  $x \sim N(0, \Sigma)$  and  $y|x \sim N(x^T\beta, \sigma^2)$ . Then using the fact that  $(\hat{\beta} - \beta)$ 

$$\beta$$
)| $X \sim N(0, \sigma^2(X^TX)^{-1})$  we have

$$\mathbf{r}_{out} = \mathbf{E}(y^* - \hat{y})^2$$

$$= \mathbf{E}(\beta^T x^* + \epsilon^* - \hat{\beta}^T x^*)^2$$

$$= \mathbf{E}((\beta - \hat{\beta})^T x^* + \epsilon^*)^2$$

$$= \mathbf{E}((\beta - \hat{\beta})^T x^*)^2 + \mathbf{E}(\epsilon^*)^2$$

$$= \sigma^2 + \mathbf{E}((\beta - \hat{\beta})^T x^*)^2$$

$$= \sigma^2 + \operatorname{tr}\mathbf{E}(x^* (x^*)^T (\beta - \hat{\beta})(\beta - \hat{\beta})^T)$$

using independence of (X, y) and  $x^*$ ,

$$= \sigma^{2} + \operatorname{tr}[\mathbf{E}[x^{*}(x^{*})^{T}]\mathbf{E}[(\beta - \hat{\beta})(\beta - \hat{\beta})^{T}]]$$

$$= \sigma^{2} + \operatorname{tr}[\Sigma \mathbf{E}[(\beta - \hat{\beta})(\beta - \hat{\beta})^{T}]]$$

$$= \sigma^{2} + \operatorname{tr}\mathbf{E}[\Sigma \mathbf{E}[(\beta - \hat{\beta})(\beta - \hat{\beta})^{T}|X]]$$

$$= \sigma^{2} + \mathbf{E}[\operatorname{tr}[\Sigma(\sigma^{2}(X^{T}X)^{-1})]]]$$

$$= \sigma^{2} + \sigma^{2}\mathbf{E}[\operatorname{tr}[\Sigma^{1/2}((X^{T}X)^{-1})\Sigma^{1/2}]]]$$

Note that  $\Sigma^{1/2}(X^TX)^{-1}\Sigma^{1/2}$  has an inverse-Wishart distribution with identity scale matrix and n degrees of freedom. Hence

$$\mathbf{E}[\text{tr}[\Sigma^{1/2}((X^TX)^{-1})\Sigma^{1/2}]]] = \frac{p}{n-p-1}$$

and thus

$$\mathbf{r}_{out} = \sigma^2 \left( 1 + \frac{p}{n - p - 1} \right)$$

Comparing with  $r_{in}$ , we see that  $r_{out}$  is strictly larger, since p/n has been replaced by p/(n-p-1).

### 1.2 Ridge regression

We see in the OLS case that out-of-sample risk is greater than in-sample risk, with the difference becoming more and more pronounced as p increases relative to n. Hence it is especially interesting to consider the relationship between out-of-sample risk and in-sample risk in an extremely high-dimensional setting. Of course, since OLS cannot be applied when p > n, we could only derive the formulas for a method such as ridge regression.

Ridge regression can be used to estimate a linear model when p > n by using the estimator

 $\hat{\beta}_{\lambda} = (X^T X + n\lambda)^{-1} X^T y$ 

where  $\lambda > 0$  is a regularization parameter.

Dobriban and Wager (2015) obtain asymptotic expressions for  $\mathbf{r}_{out}$  of ridge regression; using similar methods, we obtain expressions for the insample error  $\mathbf{r}_{in}$ .

Dobriban and Wager (2015) consider a sequence of multivariate normal models for (x,y), but in which  $\beta$  is also a random variate, and in an asymptotic regime where both p and n grow to infinity, approaching a ratio  $\gamma = p/n$ . Since p is changing, the covariance matrix  $\Sigma_p$  must be different for each model in the sequence, but one assumes that the distribution of eigenvalues of  $\Sigma_p$  converges in distribution to a limiting eigenvalue distribution  $H(\lambda)$  on the real line. Meanwhile, it is assumed that  $\beta \sim N(0, \frac{\alpha^2 \sigma^2}{p}I)$  so that  $\frac{||\beta||^2}{\sigma^2}$  approaches a constant  $\alpha^2$ . It is shown that under such a setup, the asymptotically the optimal value of  $\lambda$  is given by

$$\lambda^* = \frac{\gamma}{\alpha^2}$$

and using this value of  $\lambda$ , one obtains

$$\mathbf{r}_{out} = \mathbf{E}(y^* - \hat{\beta}_{\lambda^*}^T x^*)^2 = \sigma^2 \left( \frac{1}{\lambda^* v_{H,\gamma}(-\lambda^*)} \right)$$

where  $v_{H,\gamma}$  will be defined below.

Using similar methods we derive an expression for  $\mathbf{r}_{in}$ . The key fact from random matrix theory we use is that if  $\hat{\Sigma}_p$  is the empirical covariance matrix for a sequence of distributions  $N(0, \Sigma_p)$  where  $\Sigma_p$  have limiting spectrum  $H(\lambda)$ , then

$$\lim_{p \to \infty} \frac{1}{p} \operatorname{tr}((\hat{\Sigma}_p - z I_{p \times p})) = m_{H,\gamma}(z)$$

for all  $z \in \mathbb{C} \setminus \mathbb{R}^+$ , where  $m_{H,\gamma}(z)$  is a well-known function from random matrix theory, which can be computed for distribution H from the fixed-point formula

$$m_H(z) = \int_{t=0}^{\infty} \frac{dH(t)}{t(1 - \gamma - \gamma z m z(z)) - z}$$

which is known as the Marchenko-Pasture formula, or Silverstein formula. Meanwhile, the function  $v_{H,\gamma}$  appearing in the out-of-sample risk formula is related to  $m_{H,\gamma}$  by

$$\gamma(m(z) + 1/z) = v(z) + 1/z$$

The limit

$$\lim_{p \to \infty} \frac{1}{p} \operatorname{tr}((\hat{\Sigma}_p - z I_{p \times p})) = m_{H,\gamma}(z)$$

can also be expressed as

$$\lim \frac{1}{p} \sum_{i=1}^{p} \frac{1}{\lambda_i - z} \to m_{H,\gamma}(z)$$

where  $\lambda_i$  are the sample eigenvalues. Hence we also have

$$\lim \frac{1}{p} \operatorname{tr}(\hat{\Sigma}(\hat{\Sigma}_p - zI_{p \times p})) = \lim \frac{1}{p} \sum_{i=1}^p \frac{\lambda_i}{\lambda_i - z}$$

$$= \lim \frac{1}{p} \sum_{i=1}^p \left( 1 + \frac{z}{\lambda_i - z} \right)$$

$$= \lim 1 + z \frac{1}{p} \sum_{i=1}^p \frac{1}{\lambda_i - z}$$

$$= 1 + z m_{H,\gamma}(z)$$

Our result is as follows. Note that

$$\hat{\beta}_{\lambda} - \beta = (X^T X + n\lambda I)^{-1} X^T y$$

$$= ((\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} - I)\beta + \frac{1}{n} (\hat{\Sigma} + \lambda I)^{-1} X^T \epsilon$$

$$= (\hat{\Sigma} + \lambda I)^{-1} \left( -\lambda \beta + \frac{1}{n} X^T \epsilon \right)$$

For  $y^* = X\beta + \epsilon^*$  where  $\epsilon^*$  is an independent copy of  $\epsilon$ , we have (as

$$n, p \to \infty$$

$$\begin{split} \mathbf{r}_{in} & \stackrel{def}{=} \frac{1}{n} \mathbf{E} || y^* - X \hat{\beta}_{\lambda^*} ||^2 \\ & = \frac{1}{n} \mathbf{E} || X \beta + \epsilon^* - X \hat{\beta}_{\lambda^*} ||^2 \\ & = \sigma^2 + \frac{1}{n} \mathbf{E} || X (\beta - \hat{\beta}_{\lambda^*}) ||^2 \\ & = \sigma^2 + \frac{1}{n} \mathbf{E} (\beta - \hat{\beta}_{\lambda^*})^T X^T X (\beta - \hat{\beta}_{\lambda^*}) \\ & = \sigma^2 + \mathbf{E} (\beta - \hat{\beta}_{\lambda^*})^T \hat{\Sigma} (\beta - \hat{\beta}_{\lambda^*}) \\ & = \sigma^2 + \mathbf{E} (X^T \epsilon / n - \lambda \beta)^T (\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1} (X^T \epsilon / n - \lambda \beta)) \\ & = \sigma^2 + (1/n^2) \mathbf{E} [\epsilon^T X (\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1} X^T \epsilon] \\ & + \lambda^{*2} \mathbf{E} [\beta^T (\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1} \beta] \\ & = \sigma^2 + (\sigma^2 / n) \text{tr} \mathbf{E} [\hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1}] \\ & + \lambda^{*2} \frac{\alpha^2 \sigma^2}{p} \text{tr} \mathbf{E} [(\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1}] \\ & = \frac{\sigma^2}{n} \left[ \text{tr} \mathbf{E} [\hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1} \hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1}] + \lambda^* \text{tr} \mathbf{E} [\hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-2}] \right] \\ & = \sigma^2 + \frac{\sigma^2}{n} \text{tr} \mathbf{E} [\hat{\Sigma} (\hat{\Sigma} + \lambda I)^{-1}] \end{split}$$

where in the last line we used

$$\hat{\Sigma}(\hat{\Sigma} + \lambda I)^{-1}\hat{\Sigma}(\hat{\Sigma} + \lambda I)^{-1} = \hat{\Sigma}(\hat{\Sigma} + \lambda I)^{-1} - \lambda \hat{\Sigma}(\hat{\Sigma} + \lambda I)^{-2}$$

Thus

$$\lim_{n \to \infty} \mathbf{r}_{in} = \sigma^2 \left( 1 + \lim_{n \to \infty} \frac{\gamma}{p} \operatorname{tr} \mathbf{E} [\hat{\Sigma} (\hat{\Sigma} + \lambda^* I)^{-1}] \right) = \sigma^2 (1 + \gamma (1 - \lambda^* m (-\lambda^*)))$$

#### TODO:

- These formulae have been confirmed numerically. Todo: include the plots and tables
- Interpret the formulae for special cases, e.g. identity covariance and AR-1 covariance
- From these formulae, derive a simpler formula for the relationship of out-of-sample to in-sample risk