# How to picnic like a pro!

#### 1. Plan

- Here are few questions to think about when planning your picnic!
- Where will you have it? Pick a fun spot!
- Who will you invite? Will it be a solo picnic or will you invite friends? Family? Partner?
- What will you eat? There are so many options!
- What will you wear? Will there be a dress code?
- Will you do an activity after eating?

#### 2. Setup

- Be sure to bring everything you need including a blanket, plates, utensils, cups etc.
- Layout things the way you want, find picnic inspiration on our website or Pinterest to find the right vibe.
- Also make sure to bring things to clean up afterward!

### 3. Enjoy!

- After setting up now is time to enjoy the company, food, and activities
- Be in the moment, chat, or if solo spend time being mindful.
- Take photos of course to remember your picnic!

## 4. Clean up

- After a fun and successful picnic now is the time to clean up!
- Don't forget to bring a trash bag to throw trash away and extra bags for easy clean up dirty dishes.
- Now is time to plan your next picnic!