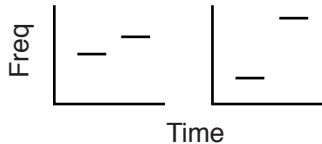


Training Block Types

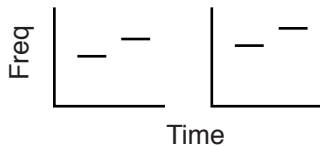
Practice

Which interval was the 4th?



Exposure

Which interval was the 4th?



Silence

Which interval was the 4th?

