



FITNESS CERTIFICATE

NAME	MR NO	DATE OF BIRTH	NATIONALITY	DATE	GENDER
HAROON UR RASHID MUHAMMAD RASHID	NNMC0716015	11-03-1984	Pakistan	10-01-2025	MALE

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **HAROON UR RASHID MUHAMMAD RASHID, 41 YEARS/MALE** from **CEMCON MECHANICAL ENGINEERING LLC** underwent a medical check-up as per his/her request at **NEW NATIONAL MEDICAL CENTRE** on **10-01-2025**.


According to the medical investigation made, He is **Fit to Work**.

This fitness is valid for **1 year** from the date of medical.

Test Name	Results
Vitals & Physical Examination	BP: 132/ 82 mmhg, Pulse: 88/min, HT: 168 cm, WT: 91 kg, BMI: 32.2
Lab	Normal
Eye Examination	Normal

Doctor Signature and Stamp:

Hospital Stamp


Dr. Sapna Devi Ahuja
Medical Practitioner
Lic.No:GD19873
New National Medical Centre L.L.C.
Abu Dhabi-U.A.E



The certificate was issued upon his/her request for employment purposes.

Vision Test Certificate

Employee ID: CEMCON
Job Details: FITTER
Company Name: CEMCON MECHANICAL ENGINEERING LLC
Date of Exam: 10-01-2025
MR NO: NNM0716015

Applicant's Details

Name	HAROON UR RASHID MUHAMMAD RASHID
Nationality	Pakistan
Gender	MALE
Date Of Birth	11-03-1984
Job Title	FITTER
ID / Passport No.	784-1984-1670433-0 / AH6905584
Assessment Type	OCCUPATIONAL MEDICAL CHECKUP
Contact No	971-563416506
Sponsor Name	CEMCON MECHANICAL ENGINEERING LLC

This is to certify that the above applicant has completed the Health Assessment and with an outcome of:

	RIGHT EYE	LEFT EYE
Visual Acuity without Glass (Distant)	6 / 6	6 / 6
Visual acuity with Glass (Distant)	NA	NA
Near Vision Without Glass	N6	N6
Near Vision with Glass	NA	NA
Color Vision	Normal	Normal

Remarks: Normal Color Vision as per Ishihara Test and FIT For Work

Physician Name: SURESH KIZHAKKEVALAPPIL KOCHUBAVA

Physician
Signature




Sample No : SR000128379

Laboratory Report

EMR No : NNMC0716015	Name : HAROON UR RASHID MUHAMMAD RASHID	
Visit No : 128379	Doctor : DRSAPNA (M)	Registered Date: 10-01-2025 12:35 PM
Gender : Male	Insurance :	Collection Date :
Mobile : 971-563416506	DOB & Age : (11-03-1984) 40y 9m 0d	Receiving Time:
Lab No :	Member Id :	Reporting Time : 10-01-2025 10:04 PM
Ref.Clinic :	Ref.Doctor :	

BIO CHEMISTRY

Test	Result	Unit	Biological Reference	Methodology
Glucose,Random/Fasting				
Sample Type : Serum				
Glucose, Fasting(F.B.S)	88.90	mg/dL	Normal 70 - 99Prediabetes :100 -125Diabetes : >=126 UV	Hexokinase,Enzymatic
*** End of Report ***				

URINE EXAMINATION

Test	Result	Unit	Biological Reference	Methodology
Urine Analysis				
Sample Type : Urine				
Urine macroscopic Examination				
Color	Pale Yellow		Yellow	Visual/Manual
Appearance	Clear		Clear	Visual/Manual
Urine chemistry Examination				
Specific gravity	1.015		1.005 -1.030	bromothymol blue indicator
pH	Acidic 6.5		5.0 - 8.0	double indicator system methyl red / bromothymol blue
Glucose	Absent		Absent	GOD/POD oxidase permixidase test
Ketone	Absent		Absent	legals test principle
Protein	Absent		Absent	indicator to protein anions
Blood	Absent		Absent	peroxidase activity of hemoglobin

Sample No : SR000128379

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URINE EXAMINATION

Test	Result	Unit	Biological Reference	Methodology
Urine Analysis				
Sample Type : Urine				
Bile salt	NIL		NIL	Diazonium salt method
Bile Pigment	NIL		NIL	Diazonium salt method
Urine chemistry Examination				
Urobilinogen	Normal		Normal	azo, coupling of diazonium salt with urobilinogen (acid medium) to procedure azo colour
Nitrite	Negative		Negative	gresis test principle conversion of nitrites to nitrites
Leukocyte esterase	NIL		NIL	esterase action on pyrazole whice reacts with diazonium salt
Urine microscopic Examination				
Pus Cells	1-2	/HPF	0 - 2	hpf
RBC's	NIL	/HPF	0 - 2	hpf
Epithelial cells	1-2	/HPF	1 - 2	hpf
Bacteria	NIL	/HPF		hpf
Casts	NIL	/HPF		hpf

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URINE EXAMINATION

Test	Result	Unit	Biological Reference	Methodology
Urine Analysis				
Sample Type : Urine				
Crystals	NIL	/HPF		hpf
Others	NIL	/HPF		hpf
Amorphous urates	NIL	/HPF		Microscopy
Amorphous phosphates	NIL	/HPF		Microscopy
Mucus Threads	NIL	/HPF		Microscopy
*** End of Report ***				

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All microbiology tests are not ISO-accredited

Verified by :
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LAB TECHNICIAN
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Authorized by :
DR SUBRAMANYAN RAMAKRISHNA
NADAR
Pathologist

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