Hayder Achir

Module-3

The one of the 12 keys to success that I am going to struggle with the most is number 11, which is self care . I am a hard worker and I like to stay busy all the time. Sometimes I forget to get enough sleep and eat healthy food. I am going to work on getting to bed at a decent hour and not eating junk food so that I can do my best in this class and learn as much as possible.