

MESS MENU FOR 1st YEAR STUDENT 2021-22

S.NO.	DAY	BREAKFAST	LUNCH	SNACKS	DINNER
1	MONDAY	BREAD SERVED WITH BUTTER AND PRESERVES, & TEA SESIONAL FRUITS,	CHOLEY MASALA, BOONDI RAITA ROTI, RICE, GREEN SALAD,	TEA & CHAT PAPDI	LOKI SABJI, BEGAN BHRTA, DAL PANCHRATN, ROTI, RICE, GREEN SALAD, HOT MILK
2	TUESDAY	NAMKEEN DALIYA, PAW BHAJI & TEA	BHINDI MASALA, ALOO PALAK, CHANA DAL, ROTI, RICE, SALAD	TEA & MACKRONI	ALOO TAMATER, POORI, PULAO, ACHAR, GREEN SALAD KHEER
3	WEDNESDAY	BREAD SERVED WITH BUTTER AND PRESERVES, VEG. POHA & TEA	KADHI PAKORA, ALOO JEERA, ROTI, RICE, GREEN SALAD	TEA & BHELPURI,	VEG. MANCHURIYAN, FRIED RICE, ALOO TAMATER SABJI ONION SALAD, ROTI, HOT MILK
4	THURSDAY	MATRA- KULCHE & MILK CORNFLECKS	ALOO SHIMLA, LOKI KOFTA, DAL ARHAR, ROTI, RICE, SALAD	TEA & SANDWICH	MUTTER PANEER, DAL TADKA VEG. FRIED RICE, GULAB JAMUN ACHAR, GREEN SALAD, PAPAD, ROTI,
5	FRIDAY	SESIONAL FRUITS, SWEET DALIYA, VADA SHAMBHAR & TEA	RAJMA MASALA, RAITA BOONDI, ROTI, RICE, GREEN SALAD	TEA & BISCUIT (SWEET & SALTY)	BESAN GUTTA, LOKI CHANA DAL, ROTI, RICE, GREEN SALAD HOT MILK
6	SATURDAY	KACHORI WITH SABJI & TEA	MIX VEG, CHANA DAL PLAIN RICE, ROTI, ACHAR, GREEN SALAD,	TEA NAMKEEN JAWA	DUM ALOO, ARHAR DAL, ROTI RICE, ACHAR, SALAD
7	SUNDAY	STUFF PARATHA & CURD WITH JALEBI CHOLEY BHATURE PULAU, JUICE	VEG. BIRYANI, BOONDI RAITA JEERA RICE, DAL TADLA	HOT COFFEE & MAIGEE	PANEER DISH, (MUTTER/KADHAI/SHAHI) DALMAKHANI, ROTI, MUTTER PULAO, ACHAR, SALAD, PAPAD, SWEET

PREPARED BY: 

APPROVED BY: 

CHECKED BY: 