

KEANNA VO

APRIL SOMETHING... 2021

*Some word blabs to help me figure out why I spent more or less in different months.
I am in no way some English-writing-pro.
Some of this may seem irrelevant because I am simply typing some thoughts onto a document.*

JANUARY, 2021

January was a good month. The start of a new year with hopes of it being better than the shitshow that was 2020. Of course, like many others, I had the new year tradition of staying fit and working out more. So, I did that mostly every day. It felt good. I had a set schedule: wake up at 7am, eat, workout, eat, walk with my dog, school work, relax, sleep. My life seemed to be in order and I was happy with myself.

With January comes Canada's beautiful white snow and with snow comes snowboarding—the thing that makes me the utmost happiest. It simply makes me forget about everything and I feel the most free when I snowboard. I've been doing it for over 10 years now. School work around this time was light as well, so I was often outside on my board. This is starting to seem irrelevant to my project but I was happy.

Reflecting upon January, I had my life in order and was extremely active during this time. I guess when I am active, my brain has no time to stress about things that should not even be stressed. I spent a total of \$133.48 online shopping during this month. Most of that was spent on shampoo and conditioner at Sephora and the second most was on a video game. I think this is pretty good considering I only buy my shampoo/conditioner once every few months and have not bought a video game for myself in a long time. A nice treat.

MARCH, 2021

March was not a good month. Like, okay. I'm not even being dramatic...like...maybe I am just a bit, but still. You feel? So, I stopped working out for two weeks because all my school work piled on top of me. It was overwhelming, stressful and I had no time to spare even one hour to sweat. So, I felt shitty because I stopped working out and felt shitty due to my lack of sleep and added stress. I honestly believe that I am too young and pretty to be this stressed.

The ski hills are also closed due to Ontario's third lockdown...noooOOOOOOOOOOO!!! RIGHT? So basically, I had no motivation to do anything, man. I was slumped in bed, dwelling over school and wondering when this pandemic would be over. My birthday was around the corner too. Unfortunately, I get the birthday blues. So I guess I was feeling sorry for myself. Not really showing the boss energy that I preach to have.

AnywhoOOOOOOO...I spent a grand total of \$786.21 online shopping. Most of it was spent on clothes and stuff I got on Amazon for my dog. When I am sad, I have the toxic habit of buying things to make myself feel better. I tried to buy some of that sweet, sweet temporary happiness and all I got was a massive hit on my credit card.

FEBRUARY, 2021

February was an even better month than January. I was SEEING SOME MAD RESULTS FROM WORKING OUT. I felt like I could beat anyone up (not that I would) and I was happy. I also snowboarded more, which of course, was dope. I started baking with my wonderful mom, spent more time with my loved ones, and just felt more appreciative of everything I had.

This semester, I am taking an animation class and have found a new love for the art of animation. I am so proud of the work that I have been producing and the amount of time that was put into it. I even taught myself how to 3D sculpt and animate. A pain, but fun nonetheless. Even though my grade in that class is pretty bad (only because I don't do discussion posts), I love it. I'm happy with what I've been doing. I guess my mind and well, all of me, has been pretty occupied with February—in a good way, doing things that I love. I have learned, grew my skill set in design, and grew as a person. Cool stuff, really. In the month of February, I spent a total of \$66.50 online shopping. The most expensive things were once again, a video game, and a raincoat for my dog.



Reflecting on my online-spending habits, it is clear to say that how I feel plays a big factor. Listen, spending money based on my emotions is a habit that I am trying to break. Actually, I think that I have been good at that lately. I have been happier and picked up a new hobby for the spring/summer: surf skating. I am in love with it. Every day I grow to be more appreciative of what I have and have lost the feeling of purchasing things to bring me temporary happiness. On days where I am feeling down, I listen to music and spend time with my dog skateboarding. I have been working out again as well. I'm not saying that online shopping is bad, in moderation and especially during the time of this pandemic, it is a necessity! But I am hoping that after this project is over, I will break these spending habits for good.

I guess this little freewriting-thing may have gotten a bit out of hand? Did I overshare? Who knows. But this is the end of my self-reflection of the last 3 months and some insight on how much/the reasons behind my online shopping.