

**SENIOR WORLD CHAMPIONSHIPS (GR/FS/WW)
CHAMPIONNATS DU MONDE SENIOR (GR/LL/LF)**

OSLO (NOR), 02.-10.10.2021

SPECIFIC INFORMATION / INFORMATIONS SPECIFIQUES	
Details of the organising Federation Coordonnées de la Fédération organisatrice	Norges Bryteforbund Serviceboks 1 Ullevål Stadion NO - 0840 Oslo Tel: +47 9242 3016 Email: NOR@unitedworldwrestling.org
Host broadcaster Radiodiffuseur hôte	United World Wrestling Television
Details of the competition venue Coordonnées de la salle de compétition	Jordal Amfi Jordalgata 12 0657 Oslo
Weight categories Catégories de poids	FS / LL 57-61-65-70-74-79-86-92-97-125kg GR 55-60-63-67-72-77-82-87-97-130kg WW / LF 50-53-55-57-59-62-65-68-72-76kg
Number of mats and trademark Nombre de tapis et marque	4 United World Wrestling approved mats 4 tapis approuvés United World Wrestling
Deadline for the final entries Délai pour les inscriptions nominatives	02 September 2021 02 septembre 2021
Referees' category Catégorie d'arbitres	Category IS (only selected referees) Catégorie IS (seuls les arbitres sélectionnés)
Referees' course type Type de stage pour arbitres	Type V
Reception of the teams Accueil des équipes	Oslo Lufthavn «Gardermoen» Oslo Airport Aéroport d'Oslo
Details of the hotel for the teams Coordonnées de l'hôtel pour les équipes	Thon Hotel Storo Vitaminveien 23, 0485 Oslo https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-storo/ Thon Hotel Opera Dronning Eufemias gate 4, 0191 Oslo https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-opera/ Thon Hotel Cecil Stortingsgata 8, 0161 Oslo https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-cecil/ Thon Hotel Europa St. Olavs Gate 31, 0166 Oslo https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-europa/ Thon Hotel Linne Statsråd Mathiesens vei 12, 0598 Oslo https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-linne/
Details of the hotel for the referees Coordonnées de l'hôtel pour les arbitres	Thon Hotel Ullevaal Stadion Sognsveien 77C, 0855 Oslo https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-ullevaal-stadion/
Details of the hotel for the UWW Staff Coordonnées de l'hôtel pour le Staff UWW	Thon Hotel Slottsparken Wergelandsveien 5, 0166 Oslo

	https://www.thonhotels.no/hoteller/norge/oslo/thon-hotel-slottsparken/
Details of the hotel for the UWW Bureau Coordonnées de l'hôtel pour le Bureau UWW	Hotel Bristol Kristian IVs gate 7, 0184 Oslo https://www.thonhotels.no/hoteller/norge/oslo/hotel-bristol/
Accommodation fee per day and per person Taxe de séjour par jour et par personne	CHF 180.-
Entry fee for the competition Taxe d'engagement pour la compétition	CHF 100.-
Details of the accreditation place Coordonnées du lieu d'accréditation	Jordal Idrettspark Jordalgata 12A, 0657 Oslo
Website Site internet	https://bryting.no/home/

**SENIOR WORLD CHAMPIONSHIPS (GR/FS/WW)
CHAMPIONNATS DU MONDE SENIOR (GR/LL/LF)**

OSLO (NOR), 02-10.10.2021

PROGRAM / PROGRAMME		
Thursday / Jeudi 30.09.2021		Arrival of the delegations Arrivée des délégations
Friday / Vendredi 01.10.2021	09.00-13.00	Referees Consultation Consultation des arbitres
	15.00-16.00	Technical conference – all FS teams Conférence technique – toutes les équipes LL Draw FS – All weight categories Tirage au sort LL – Toutes les catégories de poids
Saturday / Samedi 02.10.2021	08.00-08.30	I Medical examination&Weigh-in FS – 61-74-86-125kg I Examen médical & pesée LL – 61-74-86-125kg
	10.30-14.30	Qualification rounds FS – 61-74-86-125kg Tours éliminatoires LL – 61-74-86-125kg
	15.45-16.15	Opening Ceremony Cérémonie d'ouverture
	16.30-18.00	Semi finals FS – 61-74-86-125kg Demi-finales LL – 61-74-86-125kg
	19.00-20.30	Reception City Hall – opening banquet Réception City Hall – gala d'ouverture
Sunday / Dimanche 03.10.2021	08.00-08.15	II Weigh-in FS – 61-74-86-125kg II Pesée LL – 61-74-86-125kg
	08.15-08.45	I Medical examination&Weigh-in FS – 57-65-79-92kg I Examen médical & pesée LL – 57-65-79-92kg
	10.30-14.30	Qualification rounds FS – 57-65-79-92kg Tours éliminatoires LL – 57-65-79-92kg
	10.30-14.30	Repechage FS – 61-74-86-125kg Repêchages LL – 61-74-86-125kg
	14.30-15.30	Technical conference – all WW teams Conférence technique – toutes les équipes LF Draw WW – All weight categories Tirage au sort LF – Toutes les catégories de poids
	16.45-17.45	Semi Finals FS – 57-65-79-92kg Demi-finales LL – 57-65-79-92kg
	18.00-21.00	Finals FS – 61-74-86-125kg Finales LL – 61-74-86-125kg Award ceremonies / Cérémonies protocolaires
Monday / Lundi 04.10.2021	08.00-08.15	II Weigh-in FS – 57-65-79-92kg II Pesée LL – 57-65-79-92kg
	08.15-08.45	I Medical examination & Weigh-in FS – 70-97kg I Examen médical & pesée LL – 70-97kg
		I Medical examination & Weigh-in WW – 55-62kg I Examen médical & pesée LF – 55-62kg
	10.30-14.30	Qualification rounds FS – 70-97kg / WW – 55-62kg Tours éliminatoires LL – 70-97kg / LF – 55-62kg
	10.30-14.30	Repechage FS – 57-65-79-92kg Repêchages LL – 57-65-79-92kg
	16.45-17.45	Semi Finals FS – 70-97kg / WW – 55-62kg Demi-finales LL – 70-97kg / LF – 55-62kg
Tuesday / Mardi 05.10.2021	18.00-21.00	Finals FS – 57-65-79-92kg Finales LL – 57-65-79-92kg Award ceremonies / Cérémonies protocolaires
	08.00.08.15	II Weigh-in FS – 70-97kg / WW – 55-62kg II Pesée LL – 70-97kg / LF – 55-62kg
	08.15-08.45	I Medical examination & Weigh-in WW – 50-53-65-76kg I Examen médical & pesée LF – 50-53-65-76kg

	10.30-14.30	Qualification rounds WW – 50-53-65-76kg Tours éliminatoires LF – 50-53-65-76kg
	10.30-14.30	Repechage FS – 70-97kg / WW – 55-62kg Repêchages LL – 70-97kg / LF – 55-62kg
	16.45-17.45	Semi Finals WW – 50-53-65-76kg Demi-finales LF – 50-53-65-76kg
	18.00-21.00	Finals FS – 70-97kg / WW – 55-62kg Finales LL – 70-97kg / LF – 55-62kg Award ceremonies / Cérémonies protocolaires
Wednesday / Mercredi 06.10.2021	08.00-08.15	II Weigh-in WW – 50-53-65-76kg II Pesée LF – 50-53-65-76kg
	08.15-08.45	I Medical examination & Weigh-in WW – 57-59-68-72kg I Examen médical & pesée LF – 57-59-68-72kg
	10.30-14.30	Qualification rounds WW – 57-59-68-72kg Tours éliminatoires LF – 57-59-68-72kg
	10.30-14.30	Repechage WW – 50-53-65-76kg Repêchages LF – 50-53-65-76kg
	14.30-15.30	Technical conference – all GR teams Conférence technique – toutes les équipes GR Draw GR – All weight categories Tirage au sort GR – Toutes les catégories de poids
	16.45-17.45	Semi Finals WW – 57-59-68-72kg Demi-finales LF – 57-59-68-72kg
	18.00-21.00	Finals WW – 50-53-65-76kg Finales LF – 50-53-65-76kg Award ceremonies / Cérémonies protocolaires
Thursday / Jeudi 07.10.2021	08.00-08.15	II Weigh-in WW – 57-59-68-72kg II Pesée LF – 57-59-68-72kg
	08.15-08.45	I Medical examination & Weigh-in GR – 55-72-77-82kg I Examen médical & pesée GR – 55-72-77-82kg
	10.30-14.30	Qualification rounds GR – 55-72-77-82kg Tours éliminatoires GR – 55-72-77-82kg
	10.30-14.30	Repechage WW – 57-59-68-72kg Repêchages LF – 57-59-68-72kg
	16.45-17.45	Semi Finals GR – 55-72-77-82kg Demi-finales GR – 55-72-77-82kg
	18.00-21.00	Finals WW – 57-59-68-72kg Finales LF – 57-59-68-72kg Award ceremonies / Cérémonies protocolaires
Friday / Vendredi 08.10.2021	08.00-08.15	II Weigh-in GR – 55-72-77-82kg II Pesée GR – 55-72-77-82kg
	08.15-08.45	I Medical examination & Weigh-in GR – 60-97-130kg I Examen médical & pesée GR – 60-97-130kg
	10.30-14.30	Qualification rounds GR – 60-97-130kg Tours éliminatoires GR – 60-97-130kg
	10.30-14.30	Repechage GR – 55-72-77-82kg Repêchages GR – 55-72-77-82kg
	17.00-17.45	Semi Finals GR – 60-97-130kg Demi-finales GR – 60-97-130kg
	18.00-21.00	Finals GR – 55-72-77-82kg Finales GR – 55-72-77-82kg Award ceremonies / Cérémonies protocolaires
Saturday / Samedi 09.10.2021	08.00-08.15	II Weigh-in GR – 60-97-130kg II Pesée GR – 60-97-130kg
	08.15-08.45	I Medical examination & Weigh-in GR – 63-67-87kg I Examen médical & pesée GR – 63-67-87kg
	10.30-14.30	Qualification rounds GR – 63-67-87kg Tours éliminatoires GR – 63-67-87kg
	10.30-14.30	Repechage GR – 60-97-130kg Repêchages GR – 60-97-130kg
	17.00-17.45	Semi Finals GR – 63-67-87kg Demi-finales GR – 63-67-87kg

	18.00-20.30	Finals GR – 60-97-130kg Finales GR – 60-97-130kg Award ceremonies / Cérémonies protocolaires
Sunday / Dimanche 10.10.2021	08.00-08.15	II Weigh-in GR – 63-67-87kg II Pesée GR – 63-67-87kg
	16.00-17.30	Repechage GR – 63-67-87kg Repêchages GR – 63-67-87kg
	18.00-20.30	Finals GR – 63-67-87kg Finales GR – 63-67-87kg Award ceremonies / Cérémonies protocolaires
Monday / Lundi 11.10.2021		Departure of the delegations Départ des délégations

SANITARY PROTOCOL for the SENIOR WORLD CHAMPIONSHIPS 2021

Oslo, 02-10 October 2021

This document is based on the current sanitary requirements provided by the Norwegian government and on the LOC and UWW recommendations.

Participants who are vaccinated or have recovered from COVID-19 in the last 6 months, and who can document it through the EU digital COVID Certificate system are not required to provide a PCR Test upon arrival at the Airport.

Country list that are part of the EU digital COVID certificate system that is approved by the Norway government:

https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate_en

I. Travel information

You are exempt from travel quarantine if:

- You are fully vaccinated or have had COVID-19 during the preceding six months (counting from the day your positive test was sampled, and no longer in isolation); and
- You can document this **via a valid COVID-19 certificate**.

In such case, you do not need to provide documentation of a negative test for the coronavirus, nor do you need to fill in the travel registration form or take a test at the border.

If you come from a country outside the EU/EEA/Schengen that is not approved as part of the EU Digital COVID Certificate scheme, your COVID-19 certificate will not be accepted as documentation and you will have to follow the same process than non-vaccinated participants.

1. Rules upon entry into Norway for the athletes and supporting staff who are allowed to enter Norway but are not fully vaccinated or part of a country list Norway does not grant access without exemption:

- Complete the registration form* prior to travelling:
<https://reg.entrynorway.no/?lang=en>

*After completing the digital registration, you will receive a receipt which you must then present to the police at the border control. You cannot register your journey any earlier than 72 hours prior to the time of arrival.

If you have questions or require assistance in connection with the registration, please call +47 33 41 28 70. This service is operated by the Government. You can also send an email to support@entrynorway.no.

The lines are open 24/7. Guidance in Polish, Russian, Lithuanian and Romanian is also available between 08:00-22:00.

- Present documentation of a **negative test result** for the coronavirus taken less than 24 hours prior to entry.
If you arrive in Norway by air, the test can be taken less than **24 hours prior to departure time**. If your journey involves connecting flights, departure time refers to the **first flight of your flight itinerary**.
- Bring with you the letter provided by the Organizing Committee ([Link](#))
- Undergo testing upon arrival in Norway.
- Enter a 4-day quarantine period or when you receive negative PCR-test result on day 3.

It is your duty to familiarize yourself with the rules including potential exceptions. If you do not meet the requirements or comply with the rules, you might be denied entry or be prosecuted.

II. Requirements for presenting a negative test result upon entry to Norway

- You should present documentation of a negative test for the coronavirus upon entry.
- The test must be taken less than 24 hours prior to entry. If you arrive in Norway by air the test can be taken less than 24 hours prior to departure time. If your journey involves connecting flights, departure time refers to the first flight of your flight itinerary.
- Valid test methods are the **standard PCR-based analysis or the rapid antigen-based test**.
- The documentation must be issued in Norwegian, Danish, Swedish, English, French or German.
- Persons who - without due reason - are not willing to undergo testing when arriving in Norway can choose to leave the country.
- The test must be taken at the airport or when crossing the border. You will need to take the rapid antigen-based test and then wait for the test result before proceeding.
- If your rapid test is positive you will need to take the PCR-based test, you will immediately take this PCR-test at the point of arrival.

III. Quarantine:

- Anyone who is not fully vaccinated or have had COVID-19 during the preceding six months period must as a rule of thumb stay in quarantine for 4 days after the date of their arrival in Norway.
- Violation of the quarantine duty is a criminal offence.
- Your travel quarantine period is 4 days starting from the day of your arrival to Norway.

If you are in quarantine, you should:

- For the duration of your 4-day quarantine, stay in the hotel.
- **You can take part of the training and competition in the competition venue.**
- **Not use public transport.** Transportation from the airport, hotel and competition venue is provided by the organizers. During the quarantine you can only move between those locations.
- **Not visit public places** such as shops, pharmacies and cafes. Your meals have been provided by the organizers: breakfast, lunch and dinner, there is no need to seek out any other options during your quarantine period.

Testing during quarantine

- Athletes and supporting staff can take the test (PCR-based) three days after arrival and end their quarantine if the test result comes back negative. During that 3-day waiting period they will also be tested everyday with rapid tests.
- Summary of tests:
 - Arrival in Norway – rapid test at the airport
 - 2nd day in Norway – rapid test at the accreditation center or hotel
 - 3rd day in Norway – rapid test at the accreditation center or hotel
 - 72 hours after arriving to Norway – PCR test at the accreditation center or hotel

IV. Other

- All participants will have to wear face masks (even if vaccinated) and respect social distancing.
- All the documentation (proof of vaccination or negative rapid/PCR tests test) must always be with the participant for proof.
- In case of having any kind of positive test, it is strongly advised to have a filled COVID-19 History Certificate Form.
- **In case of any positive test:** immediate isolation measures will be ordered at a dedicated place and treatment will be provided and covered until recovery.
- A dedicated Hotel for observation to those participants producing a positive sample.
- Sanitizers and masks will be provided by the LOC during the championship.
- All places (transports, hotels, training place, competition hall, etc.) will be carefully disinfected several times per day.
- Competition mats will be disinfected regularly, and every competitor will pass a disinfection barrier when entering the field of play.
- The Local Medical Team could measure SpO₂ and Heart Rate in case of any doubt and document it without obligation upon a “bad result” to disqualify the competitor. In case of dangerous values the further steps should be implemented by the general Medical Regulation by the UWW.
- The UWW Medical Commission and the Local Authorities have the right to overwrite any part of these instructions based on the future situation.
- Respect of all instructions required later by the LOC.

- The LOC Medical team will consist of regular doctors for competition injuries and a Covid-19 specialist team. Their contact detail will be provided to each delegation at the accreditation centre.

V. Pre-departure testing

PCR tests and results before departure for all participants are planned **UPON REQUEST** so that no one is placed in isolation in their country upon return.

Cost:

- 24hour result: 65 Swiss Francs
- 1 hour result (carried out at the airport) : 180 Swiss Francs

VI. Sanitary bubble

1. The LOC created the so-called “**Norwegian Wrestling bubble**” (Hotel, transportation, competition hall). This will apply for the participants who are in the 4-day quarantine or until their 72 hours PCR test has come back negative.

2. **Participants who are not fully vaccinated or part of a country list Norway does not grant access without exemption at the moment must have a filled out COVID-19 History certificate form and all participants filled out and signed liability release waiver upon arrival at the registration / accreditation.**

3. **Liability:** Participants must understand and sign that they release, waive, discharge the UWW and the Norwegian Wrestling Federation, from all liabilities, claims, demands, actions, and causes of action whatsoever, directly, or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by the participant related to COVID-19 while participating in the Senior World Championship Oslo 2021 while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.

4. All the medical expenses related to COVID-19:

- For licensees** - are explained on the following link:
<https://unitedworldwrestling.org/governance/accidentillness-insurance-emergency>
- For all participants not licensed by UWW** all the expenses related to COVID-19 issue (tests, treatments, isolation, quarantine, hospital, etc) must be covered by the Federation of the participant.

VII. Obligatory restrictions by the LOC and by the UWW

Based on the existing Norwegian legislation, UWW regulations and recommendations regarding COVID-19 infection, the organizer will apply the following obligatory restrictions to run a safe and risk-free Senior World Championship 2021 in Oslo.

WHAT TO DO during competition

- **Before entering to the competition hall**, use of facemask of all participants will be monitored.
- All participants will be checked at the door of the arena for their EU COVID certificate vaccination passport or recovery proof from COVID-19, negative rapid test or PCR-test result.
- Anyone who is unwell and experiencing respiratory symptoms should contact the COVID- team.

HYGIENIC RESTRICTIONS

- All athletes and referees **must use hand disinfectant tissue or spray**, before and after each bout.
- Mats (warm-up area & competition) will be cleaned and disinfected regularly.
- **Every participant, including the referees and medical staff in the mats, but except the competitors wrestling in the mat must wear face masks.**
- Skin and surface **disinfectant spray will be provided for every team** during the accreditation.
- Special medical room will be available for COVID team and in case of possible isolation.

VIII. CONSEQUENCES FOR NON-COMPLIANCE

- Any wrestler or other participant taking part in the competition is deemed to adhere and comply with all the measures (and their consequences) put in place to protect the health of all participants.
- Any refusal to comply, tampering or dissimulating any information about the health of an athlete or other participant will sanctioned accordingly. The organizing committee reserves the right to bring civil or criminal proceedings against any participant at fraud with the sanitary protocols in place.

It is the top priority of the Organizing Committee and United World Wrestling to keep everyone safe and healthy, therefore Organizers will be in close contact with the local authorities and comply with all the rules and regulations and ask everyone for a full cooperation.

We are very grateful for any suggestions or different opinions, which would contribute to the safety of the participants' health and the success of the championship.

Every team leader must check the actual governmental restrictions and situation upon entry to Norway and returning home.

<https://www.udi.no/en/important-messages/infection-control-when-entering-norway/>

In case of any question do not hesitate to contact the Norwegian Wrestling Federation.

This document may be adjusted from time to time, subject to the evolution of the pandemic.

What can be done to lower your risk of becoming infected with COVID-19?

1. Avoid close contact with people who have or appear to have an Acute Respiratory Illness.
2. If you are experiencing symptoms of an upper respiratory infection, practice “cough etiquette” (i.e. maintain distance from others, cover coughs and sneezes with a hand, flexed elbow or disposable tissue). Request others in your company to do the same.
3. Wash your hands frequently with either an alcohol-based gel or soap and water, especially after direct contact with ill people or their environment.
4. Wear disposable nonsterile gloves when touching potentially infectious materials.
5. The use of face masks.
6. Patients, who experience upper respiratory symptoms, and then they develop any kind of respiratory difficulty (i.e., shortness of breath, chest pain etc.) are strongly advised to seek immediate, or very prompt, medical evaluation and treatment.

IX. Information concerning the spectators:

All the spectators are not part of the exemption list. For knowing your right and rules concerning the entry to Kingdom of Norway please see the information brought out in the following webpage: <https://www.helsenorge.no/en/coronavirus/international-travels/#who-can-travel-to-norway>

Oslo, 13 September 2021
The Organizing Committee.

Appendix 1: Covid-19 History Certificate Form
Appendix 2: Liability Release Waiver – COVID 19

COVID-19 HISTORY CERTIFICATE FORM

Senior World Championships, 02-10 October 2021, Oslo, Norway

I, the undersigned, Dr, Team Doctor, certify the following information:

First Name:

Last Name:

Nationality:

Style / Weight:/.....

Date of Birth:

UWW licence NO:

History of COVID <ul style="list-style-type: none">• Have you ever been COVID-19 positive or ill:• First PCR positivity (date):• Last PCR positivity (date):• Antibody screening (date, level):• Vaccination (date, type): First: Second: In case of past illness, the severity of the symptoms:	Date of PCR Test before departure: Result: Number:
	Contact info (Contact with a COVID-19 ill or PCR positive person) Yes / No: Name: Contact date (last day):

During the last 14 days I have visited the following countries:

Date: Travel from: to:

Date: Travel from: to:

Clinical Symptoms (please circle):		
<ul style="list-style-type: none">• Fever• Shortness of breath	<ul style="list-style-type: none">• Cough• Fatigue	<ul style="list-style-type: none">• Chills• Loss of smell and/ or taste
<ul style="list-style-type: none">• Other symptoms:		
<ul style="list-style-type: none">• No symptoms:		

Any relevant medical history / risk factors:

I undersigned, declare, with my criminal liability, that the above information is true.

Parameters SPO₂%: Respiratory Rate (per min):

Heart rate (per min): Body Temperature (C°):

Auscultation Heart (normal or not, if not, please specify):

Lung (normal or not, if not, please specify):

.....
Signature and stamp of the Federation

.....
Signature and stamp of the Team Doctor

Any recommendations:

LOC Doctor's Signature:

Date:

LIABILITY RELEASE WAIVER – COVID-19

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the UWW and the Organizing Committee (“OC”) have set recommendations, guidelines, and some prohibitions throughout the Sanitary Protocol and the adjustments to the UWW International Wrestling Rules in this regard for the Individual EOQ in Oslo to be held from 02 to 10 October 2021 (the “Event”). The sanitary protocol applies to all participants in this Event. In consideration of my participation in the Event, I, the undersigned,

Name: **Date of birth:**

National Federation/Organization:

Participant:

1. Confirm that I have taken good note of the sanitary protocol and specific and hereby undertake comply with them.

2. Acknowledge and agree to the following:

- I am aware of the existence of the risk on my physical appearance to the venue and my participation to the Event that may cause injury or illness such as, COVID-19.
- I have not experienced symptoms that of fever, fatigue, difficulty in breathing, or dry cough or exhibiting any other symptoms relating to COVID-19 or any communicable disease within the last 14 days.
- I have not been, nor any of my relatives, diagnosed to be infected of COVID-19 virus within the last 30 days.

3. And, following the pronouncements above I hereby declare the following:

- I am fully and personally responsible for my own safety and actions while and during my participation and I recognize that I may be in any case be at risk of contracting COVID-19.
- With full knowledge of the risks involved, I hereby release, waive, discharge the UWW and the OC, from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by me related to COVID-19 while participating in the Event while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.

By signing below, I acknowledge that I have read the foregoing Liability Release Waiver and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing it as my own free act and deed; with full intention to be bound by the same, and free from any inducement or representation.

This waiver will remain effective until laws and mandates relevant to COVID-19 are lifted.

Date:

Signature:

Norwegian Wrestling Federation
Sognsveien 75 J
0855 Oslo
NORWAY
(+47) 903 66 820
nor@unitedworldwrestling.org

SUPPORT LETTER CROSSING NORWAY STATE BORDER

To whom it may concern,

Person(s)/ the group showing this letter is part of the Senior World Championship 2021, Oslo.

Norwegian Wrestling Federation is the organizer of Senior World Championships 2021 in Oslo, from the 2nd to 10th of October 2021.

With the government's decision on the 28th of August 2021 our competition has been added to the list of competitions whose participants can arrive to Norway without any restrictions on their access to the country.

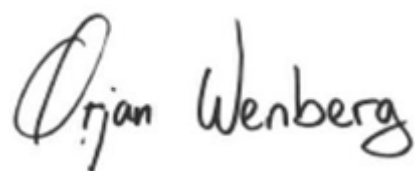
The list has been added to the UDI's homepage: <https://www.udi.no/en/about-the-corona-situation/i-am-abroad/residing-in-a-country-outside-the-eu-eea-schengen/#link-24117>

Participating countries teams will be arriving few days prior to the event. Together with the international wrestling federation United World Wrestling Norwegian Wrestling Federation is making sure that all the COVID-19 protocols are being followed by the participants.

Accommodation, transport and meals are provided for the delegation during their stay in Norway.

All the participants are under the supervision of the organizing federation Norwegian Wrestling Federation.

Ørjan Wenberg



President
Norwegian Wrestling Federation