

Project Milestone 1: Relational Model

Presented to

Sir, Majid Hussain

In partial fulfillment of the requirements for the course of

DATABASE SYSTEMS

By:

Hafsa Imtiaz (22i - 0959) Areen Zainab (22i - 1115) Aoun Jee (22i - 1052) Section H

Assumptions:

- DietPlan, DietMeal, Diet Meal:
 - It has been assumed that each Diet Plan will have multiple meals, and meals can be used in numerous diet plans hence, a M:N relationship exists between them.
- User, Member, Trainer, Admin, GymOwner:
 - The User relation acts as a superclass for the Member, Trainer, Admin, and GymOwner relations. It contains the information that all child entities share.
 - Moreover, UserID is inherited by each child entity but it has been renamed to be easier to understand in this relational model
 - The Admin and Gym_Owner entities may be implemented as Views, nevertheless they are represented here!
- WorkoutPlan, WorkoutSchedule, Schedule Excercise:
 - It has been assumed that each Workout Plan has multiple scheduled days, leading to a 1:M relationship with the WorkoutSchedule entity that stores the planned workout for each day of the plan!
 - Each workout day has multiple planned activities, leading to an M:N relationship with the Exercise entity modeled as Schedule_Exercise.
- Member and Gym:
 - It has been assumed that a member can only belong to one gym at a time!
 - Each gym operates on a monthly payment basis and the price depends on the membership type.
- Gym, Machines:
 - Within this database, it is assumed that each gym offers multiple machines for members - with different numbers of each machine. Hence there is a M:N relationship between the Gym and the Machine entity.
- Administration Abilities:
 - The gym owners can add, remove, and disable members and trainers as can the admin users. These powers have not been added or shown as relationships or entities they will be implemented separately!

<u>Unnormalized Relations (based on ERD):</u>

DietPlan(DPlanID, PlanName, Type, Goal, Description, CreationDate, CreatorID*, Status);

Meal(MealID, Name, Description, MealType, Fat, Carbs, Proteins, Fibre, Calories, Allergens);

Diet_Meal(DPlanID*, MealID*);

User(<u>UserID</u>, Role, LName, FName, Password, DoB, Gender, Email, PhoneNo, Address):

Admin(AdminID*);

AccountLogs(LogID, AccountType, Reason, Action, DateTime, AdminID*);

Trainer(<u>TrainerID*</u>, Years, Specialization, Qualifications);

Member(<u>MemID*</u>, Payment, height, status, goal, weight, Allergens, DPlanID*, WPlanID*, MembershipType, Start_Date, End_Date, Amount, GymID*);

GymOwner(<u>OwnerID*</u>, License, JoinDate);

Gym_Employment(Status , endDate , startDate , Salary , GymID*, TrainerID*);

Trainer_Feedback(MemID*, TrainerID*, Rating, Date, Time, Comment);

Training_Session(SessID, MemID*, TrainerID*, Duration, Date, Time, Description);

WorkoutPlan(<u>WPlanID</u>, PlanName, Description, Status, Goal, Difficulty, CreatedDate, CreatorID*);

WorkOutSchedule(WPlanID*, Day, MuscleGroup);

Exercise(ExcerciseName, EDescrip, Difficulty, MachineName*);

Machine(MachineName, Price);

Schedule_Excercise(<u>PlanID*</u>, <u>Day, ExcerciseName</u>, Sets, Reps, Rest_Interval);

Gym(GymID , GymName , PhoneNo , Address , OwnerID*);

 $\textbf{Gym_Equipment}(MachineCount\;,\;\underline{GymID^*\;,\;MachineName^*});$

 $\textbf{Gym_Review}(Comments \ , \ Date/Time \ , \ Rating \ , \ \underline{GymID^*, \ MemberID^*});$

1st Normal Form:

- Member(Allergens), Meal(Allergens), Trainer(Qualification), and Trainer(Specialization) are multivalued attributes that have been broken into their tables.
 - Trainer Specialization(TrainerID*, Specialization);
 - Trainer_Qualification(<u>TrainerID*, Qualification</u>);
 - Meal_Allergens(MealID*, AllergenName);
 - Member_Allergy(MemID*, Allergens);

User(UserID, Role, LName, FName, Password, DoB, Gender, Email, PhoneNo,

Address);

Trainer(<u>TrainerID*</u>, Years);

Trainer_Specialization(<u>TrainerID*</u>, <u>Specialization</u>);

Trainer_Qualification(<u>TrainerID*</u>, <u>Qualification</u>);

Trainer_Feedback(MemID*, TrainerID*, Rating, Date, Time, Comment);

Training_Session(SessID, MemID*, TrainerID*, Duration, Date, Time, Description);

Plan(DPlanID, PlanName, Type, Goal, Description, CreationDate, CreatorID*, Status);

DietMeal(MealID, Name, Description, MealType, Fat, Carbs, Proteins, Fibre, Calories);

Meal_Allergens(MealID*, AllergenName);

Diet_Meal(DPlanID*, MealID*);

Member(MemID*, Payment, height, status, goal, weight, DPlanID*, WPlanID*, MembershipType, Start_Date, End_Date, Amount, GymID*);

Member_Allergy(MemID*, Allergens);

WorkoutPlan(<u>WPlanID</u>, PlanName, Description, Status, Goal, Difficulty, CreatedDate, CreatorID*);

WorkOutSchedule(WPlanID*, Day, MuscleGroup);

Exercise(ExerciseName, EDescrip, Difficulty, MachineName*);

Machine(MachineName, Price);

Schedule_Exercise(PlanID*, Day, ExerciseName, Sets, Reps, Rest_Interval);

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GymOwner(OwnerID*, License, JoinDate);
Gym_Employment(Status , endDate , startDate , Salary , GymID*, TrainerID*);
Gym(GymID , GymName , PhoneNo , Address, OwnerID*);
Gym_Equipment(MachineCount , GymID* , MachineName*);
Gym_Review(Comments , Date/Time , Rating , GymID*, MemberID*);
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Admin(AdminID*);

AccountLogs(LogID, AccountType, Reason, Action, Date, Time, AdminID*);

2nd Normal Form:

• All tables are now in both the 1st-Normal Form, and the 2nd-Normal Form

User(<u>UserID</u>, Role, LName, FName, Password, DoB, Gender, Email, PhoneNo, Address);

Trainer(TrainerID*, Years);

Trainer_Specializations(<u>TrainerID*, Specialization</u>);

Trainer_Qualifications(TrainerID*, Qualification);

Trainer_Feedback(MemID*, TrainerID*, Rating, Date, Time, Comment);

Training_Session(SessID, MemID*, TrainerID*, Duration, Date, Time, Description);

DietPlan(<u>DPlanID</u>, PlanName, Type, Goal, Description, CreationDate, CreatorID*, Status);

Meal(MealID, Name, Description, MealType, Fat, Carbs, Proteins, Fibre, Calories);

Meal_Allergens(MealID*, AllergenName);

Diet_Meal(DPlanID*, MealID*);

Member(<u>MemID*</u>, Payment, height, status, goal, weight, DPlanID*, WPlanID*, MembershipType , Start_Date , End_Date , GymID*);

Member_Allergy(MemID*, Allergens);

WorkoutPlan(<u>WPlanID</u>, PlanName, Description, Status, Goal, Difficulty, CreatedDate, CreatorID*);

WorkOutSchedule(WPlanID*, Day, MuscleGroup);

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Exercise(ExerciseName, EDescrip, Difficulty, MachineName*);
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Machine(MachineName, Price);

Schedule_Exercise(PlanID*, Day, ExerciseName, Sets, Reps, Rest_Interval);

GymOwner(OwnerID*, License, JoinDate);

Gym_Employment(<u>GymlD*, TrainerlD*,</u> Status, endDate, startDate, Salary);

Gym(<u>GymID</u>, GymName, PhoneNo, Address, OwnerID*);

Gym_Equipment(GymID*, MachineName*, MachineCount);

Gym_Review(GymlD*, MemberlD*, Comments , Date, Time , Rating);

Admin(AdminID*);

AccountLogs(LogID, AccountType, Reason, Action, Date, Time, AdminID*);

3rd Normal Form:

- Removing Transitive Dependencies created two more tables:
 - Credentials: Email can be used to determine the password: transitive dependency.
 - Credentials(Email, Password);
 - Gym_Membership: The MembershipType can be identified via GymID and the Payment of membership depends on the MembershipType transitive dependency.
 - **Gym_Membership**(<u>GymID*</u>, <u>MembershipType</u>, Payment);

Credentials(Email, Password);

User(<u>UserID</u>, Role, LName, FName, DoB, Gender, PhoneNo, Address, Email*);

Trainer(TrainerID*, Years);

Trainer Specializations(TrainerID*, Specialization);

Trainer_Qualifications(<u>TrainerID*</u>, <u>Qualification</u>);

Trainer Feedback(MemID*, TrainerID*, Rating, Date, Time, Comment);

Training Session(SessID, MemID*, TrainerID*, Duration, Date, Time, Description);

DietPlan(<u>DPlanID</u>, PlanName, Type, Goal, Description, CreationDate, CreatorID*, Share_Status);

Meal(MealID, Name, Description, MealType, Fat, Carbs, Proteins, Fibre, Calories);

Meal_Allergens(MealID*, AllergenName);

Diet_Meal(DPlanID*, MealID*);

Member(MemID*, Height, Account_Status, Goal, Weight, DPlanID*, WPlanID*, MembershipType*, Start_Date, End_Date, GymID*);

Gym_Membership(GymID*, MembershipType, Payment);

Member_Allergy(MemID*, Allergens);

WorkoutPlan(<u>WPlanID</u>, PlanName, Description, Share_Status, Goal, Difficulty, CreatedDate, CreatorID*);

WorkOutSchedule(<u>WPlanID*</u>, <u>Day</u>, <u>MuscleGroup</u>);

Exercise(ExerciseName, EDescrip, Difficulty, MachineName*);

Machine(MachineName, Price);

Schedule Exercise(PlanID*, Day, ExerciseName, Sets, Reps, Rest Interval);

GymOwner(OwnerID*, License, JoinDate);

Gym Employment(GymlD*, TrainerlD*, Status, endDate, startDate, Salary);

Gym(GymID, GymName, PhoneNo, Address, OwnerID*);

Gym_Equipment(<u>GymID*</u>, <u>MachineName*</u>, MachineCount);

Gym Review(GymlD*, MemberlD*, Comments, Date, Time, Rating);

Admin(<u>AdminID*</u>);

AccountLogs(LogID, AccountType, Action, Reason, Date, Time, AdminID*);