```
CREATE TABLE ext_caretakers
    Caretaker_ID INTEGER,
    Name VARCHAR2(100),
    Phone VARCHAR2(15),
    Address VARCHAR2(255)
ORGANIZATION EXTERNAL
    TYPE ORACLE_LOADER
    DEFAULT DIRECTORY data_dir
    ACCESS PARAMETERS
        RECORDS DELIMITED BY NEWLINE
        FIELDS TERMINATED BY ',' OPTIONALLY ENCLOSED BY '"'
        MISSING FIELD VALUES ARE NULL
        (Caretaker_ID, Name, Phone, Address)
    LOCATION ('caretakers_data.csv')
REJECT LIMIT UNLIMITED;
INSERT INTO Permanent_Table_Name
SELECT * FROM External_Table_Name;
pretty much the basis of loading external data into the database tables.
```