

Disera Medical Center Inc.

30 Disera Drive, Unit 100
Thornhill ON, Canada
L4J 0A7

Fax Cover Sheet

To: LMC - 1600 Steeles
Phone: (289) 807-1961
Fax: (877) 562-2778

Date: 2025-Oct-23

From: Dr. Azar Bayat
Phone: (905) 771-7755
Fax: (905) 771-7752

Number of pages including cover: 8

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Re: NATALIA FISHBAIN



Tel • 1 (905) 771.7755
Fax • 1 (905) 771.7752

30 Disera Drive, Unit 100
Thornhill, ON L4J 0A7

www.DiseraMedical.com

2025-Oct-23

LMC - 1600 Steeles
1600 steeles ave west unit 5
Vaughan, ON L4K 3B9
(289) 807-1961
(877) 562-2778

Patient: NATALIA FISHBAIN
PHN: 1282 355 625FV
Birthdate: 1980-Mar-15
Address: 74 Redmond Drive Thornhill, ON L4J 0B5
Phone: H: (647) 993-2822 W: (000) 000-0000 C: (647) 993-2822
Email: natalik80@gmail.com

Dear LMC - 1600 Steeles,

Problem History: ATONY OF BLADDER, POLYCYSTIC OVARIES, Uterine fibroid, Prolapse, Rec UTI, ?Dermoid cyst

Risk Factors: None Recorded

Active Medications: cyclobenzaprine HCL 10 mg Oral Tablet [1 Tablet(s) Three times daily X 7 Day(s)], UBRELVY 100 MG TABLET [1 Tablet(s) Two times daily As Needed X 1 Week(s)] [may start with 50 mg may repeat dose in 2 h if not better, do not exceed 200 mg/day], sulfamethoxazole/trimethoprim 400 mg-80 mg Oral Tablet [1 Tablet(s) Once daily X 3 Mth30], HYDROVAL 0.2 % CREAM [1 Application(s) Two times daily X 1 Week(s)], BETADERM 0.1% SCALP LOTION [1 Application(s) Three times/week X 1 Mth30], TEVA-OXYBUTYNIN 5 MG TABLET [1 Tablet(s) Every day at bedtime X 1 Mth30], sulfamethoxazole/trimethoprim 400 mg-80 mg Oral Tablet [1 Tablet(s) Once daily X 90 Day(s)], amoxicillin 500 mg Oral Capsule [1 Capsule(s) Three times daily X 5 Day(s)], sulfamethoxazole/trimethoprim 800 mg-160 mg Oral Tablet [1 Tablet(s) Two times daily X 5 Day(s)], nitrofurantoin 100 mg Oral Tablet [1 Tablet(s) Once daily X 1 Mth30] [QHS], metformin HCL 500 mg Oral Tablet [1 Tablet(s) Two times daily X 6 Mth30], NRA-AZITHROMYCIN 250 MG TABLET [2 Tablet(s) Once daily X 1 Day(s) then 1 Tablet(s) Once daily X 4 Day(s)], spironolactone 25 mg Oral Tablet [1 Tablet(s) Once daily X 6 Mth30], amoxicillin 500 mg Oral Capsule [1 Capsule(s) Three times daily X 7 Day(s)], VENTOLIN HFA 100 MCG INHALER [2 Inhalation(s) Two times daily As Needed X 1 Week(s)], FLOVENT HFA 250 MCG INHALER [bid for 1 week], lorazepam 0.5 mg Oral Tablet [1 Tablet(s) Once daily As Needed X 5 Day(s)], ACT-CIPROFLOXACIN 250 MG TAB [2 Tablet(s) Two times daily X 5 Day(s)]

External Medications: nitrofurantoin macrocrystal 100 mg Oral Capsule

Known Allergies: None Recorded

Lifestyle Notes: Substance - Alcohol - Yes - Social

Family History: HTN (natural mother) - Status: Active, Hyperlipidemia (natural mother) - Status: Active, Gout (Brother)

Gyn Problem List: PCOS, Contraception Counselling - Mirena in situ - inserted 2018, Ovarian cyst - Dermoid - longstanding, stable

Meds Hx Imported: None Recorded

Preventative Care: PAP - Active [-ve]

Could you please see NATALIA, a pleasant 45 year old female with regards to thyroid right lobe enlargement with low TSH , normal T3 and T4 and high antibodies. never had thyroid issue , she had PCOS before .

Relevant findings and investigations are attached.

Please do not hesitate to contact me if you have any questions regarding the care of NATALIA.

Active Medications:

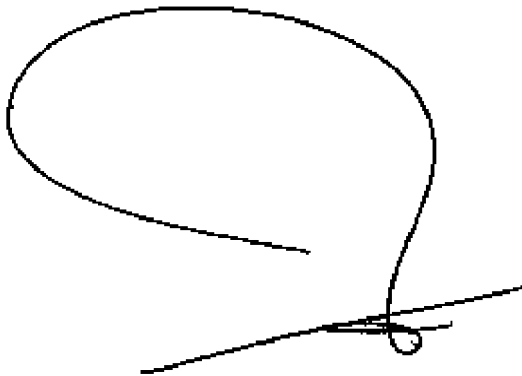
TECTA DR 40 MG TABLET, HYDROVAL 0.2 % CREAM, BETADERM 0.1% SCALP LOTION, TEVA-OXYBUTYNIN 5 MG TABLET, UBRELVY 100 MG TABLET, sulfamethoxazole/trimethoprim 400 mg-80 mg Oral Tablet, amoxicillin 500 mg Oral Capsule, sulfamethoxazole/trimethoprim 800 mg-160 mg Oral Tablet, nitrofurantoin 100 mg Oral Tablet, metformin HCL 500 mg Oral Tablet, NRA-AZITHROMYCIN 250 MG TABLET, spironolactone 25 mg Oral Tablet, amoxicillin 500 mg Oral Capsule, VENTOLIN HFA 100 MCG INHALER, FLOVENT HFA 250 MCG INHALER, lorazepam 0.5 mg Oral Tablet, ACT-CIPROFLOXACIN 250 MG TAB

Known Allergies:

None Recorded

Thank you for seeing this patient.

Sincerely,

A handwritten signature in black ink, appearing to be 'Azar Bayat', with a large loop at the top and a horizontal line at the bottom.

Azar Bayat, MD, 048097

Electronically Reviewed to Expedite Delivery

Enclosures (5)



**Accurate
Imaging
Diagnostics**

Accurate Imaging Diagnostics

31 Disera Drive Unit 200, Thornhill, ON L4J 0A7
(905)763-0009

Patient Name: **Fishbain, Natalia (1282355625)**
Date of Birth: **15 Mar 1980**
Phone Number: **(647) 993 2822**
Service Date: **23 Sep 2025**
Referring Doctor: **Dr. Azar Bayat (fax: (905) 771 7752)**

THYROID ULTRASOUND

HISTORY: Nodule

COMPARISON: Thyroid ultrasound 2019

FINDINGS:

Right lobe 42 x 24 x 21 mm. Left lobe 43 x 16 x 16 mm diffusely heterogenous and lobulated appearance of the thyroid gland. A discrete focal nodule is not seen.

IMPRESSION:

Extensive heterogeneity and lobulated appearance the thyroid gland , right greater than left. A discrete thyroid nodule is not definitively seen or measurable. The thyroid gland appear homogeneous and normal in appearance on prior ultrasound from 2019. The large heterogeneity and lobulated appearance of the right lobe of the thyroid gland could be on the basis of a large nodule although may alternatively represent sequela of longstanding thyroiditis. Recommend a repeat thyroid ultrasound in 6 months to reassess with consideration for optional FNA of the region of heterogeneous/lobulated appearance of the right lobe.

SUFFIX:

Thyroid Nodule Management Recommendations based on TIRADS criteria

TIRADS 1 - Benign. No FNA, no follow-up.

TIRADS 2 - Not suspicious. No FNA, no follow-up.

Date of dictation

Date of transcription
24 Sep 2025

Transcriptionist
Ravi Shergil

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TIRADS 3 - Mildly suspicious. FNA if ≥ 2.5 cm, follow-up if ≥ 1.5 cm q 1,3,5 y.

TIRADS 4 - Moderately suspicious. FNA if ≥ 1.5 cm, follow-up if ≥ 1 cm q 1,2,3,5y.

TIRADS 5 - Highly suspicious. FNA if ≥ 1 cm, follow-up if ≥ 0.5 cm, q 1,2,3,4,5 y

Reference: Tessler et al. J Am Coll Radiol 2017;14:587-595 [https://www.jacr.org/article/S1546-1440\(17\)30186-2/pdf](https://www.jacr.org/article/S1546-1440(17)30186-2/pdf)

R. Shergil

The report is generated by voice recognition software.

Please contact facility if there is any concerns regarding the report.

Date of dictation

Date of transcription
24 Sep 2025

Transcriptionist
Ravi Shergil

Page 2 of 2

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Ministry of Health and Long-Term Care
Ontario Laboratories Information System (OLIS)

Lab Results: , Manual Entry Generated On 2025-Oct-23

Patient	FISHBAIN, NATALIA	Home Phone	(647)993-2822	Work Phone	
Health #	1282355625	Sex	F	Patient ID	266
Age	45 years				
DOB	1980-Mar-15				

Accession Id: 102680593 (Final)
Ordered By: AZAR BAYAT DR. Reported By: LifeLabs
Collection Date: 2025-Sep-25 Reviewed: 2025-Sep-29 by Dr.Bayat
Service Date: 2025-Sep-25
Report Date: 2025-Sep-26 5:30 PM

Updated On: 2025-Sep-29 11:21 PM

	Results	Flags	Ref Range		Test Loc
HEMATOLOGY I					
WBC	8.7		4.0 - 11.0	x E9/L	10
RBC	4.63		4.00 - 5.10	x E12/L	
HEMOGLOBIN	126		120 - 160	g/L	
HEMATOCRIT	0.388		0.350 - 0.450	L/L	
MCV	84		80 - 100	fL	
MCH	27.2	LO	27.5 - 33.0	pg	
MCHC	325		305 - 360	g/L	
RDW	12.8		11.5 - 14.5	%	
PLATELET COUNT	260		150 - 400	x E9/L	
10 - 100 INTERNATIONAL BLVD TORONTO M9W 6J6 1 (877) 849-3637					

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Updated On: 2025-Sep-29 11:21 PM

	Results	Flags	Ref Range		Test Loc
HEMATOLOGY II					
NEUTROPHILS	5.2		2.0 - 7.5	x E9/L	10
LYMPHOCYTES	2.8		1.0 - 3.5	x E9/L	
MONOCYTES	0.6		0.2 - 1.0	x E9/L	
EOSINOPHILS	0.1		0.0 - 0.5	x E9/L	
BASOPHILS	0.1		0.0 - 0.2	x E9/L	
IMMATURE GRANULOCYTES	0.0		0.0 - 0.1	x E9/L	
NRBC	0			/100 WBC	
10 - 100 INTERNATIONAL BLVD TORONTO M9W 6J6 1 (877) 849-3637					

Accession Id: 102680593 (Final)
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Updated On: 2025-Sep-29 11:21 PM

	Results	Flags	Ref Range		Test Loc
SPECIAL CHEMISTRY II					
FREE T3	3.6		2.6 - 5.8	pmol/L	10
THYROID STIMULATING HORMONE	0.12	LO	0.32 - 4.00	mIU/L	
FREE T4	13		9 - 19	pmol/L	
10 - 100 INTERNATIONAL BLVD TORONTO M9W 6J6 1 (877) 849-3637					

Ordered By:Staroselsky, Arthur
Collection Date: 2025-Jul-23Reviewed: 2025-Jul-23 by ibrahim
Updated On:2025-Sep-29 11:21 PM

	Flags	Results	Ref Range
Physical History			
Weight		73	kg
Height		161	cm
BMI		28.2	
BP - Systolic		114	
BP - Diastolic		75	
Heart Rate		65	bpm
Waist Circumference		100	cm

Accession Id:102680593 (Final)
Ordered By:AZAR BAYAT DR. Reported By: LifeLabs
Collection Date: 2025-Sep-25Reviewed:2025-Sep-29 by Dr.Bayat
Service Date:2025-Sep-25
Report Date:2025-Sep-26 5:30 PM

Updated On:2025-Sep-29 11:21 PM

	Results	Flags	Ref Range		Test Loc
CHEMISTRY					
ANTI-TPO	42	HI	< 35	kIU/L	10
	Anti-Thyroid peroxidase antibody values up to 250 kIU/L may be seen in 5-10% of the normal population without demonstrable thyroid disease. This incidence increases with age.				
ANTI-TG	207	HI	< 40	kIU/L	
	Test method: Roche Cobas immunoassay. Changes in serial results may be misleading unless all results are from the same laboratory method. Anti-Thyroglobulin antibody values up to 800 kIU/L may be seen in healthy people without demonstrable thyroid disease.				
	New reagent formulation as of August 14, 2023 has reduced interference for high doses of biotin.				
10 - 100 INTERNATIONAL BLVD TORONTO M9W 6J6 1(877)849-3637					

CC List HO, JULIA WING YING {MD# 22223} STAROSELSKY, ARTHUR {MD# 85730}		Attending Provider AGGARWAL, ANITA {MD# 76432}	
Lab Order # M025B59120 William Osler Health System Brampton Civic Hospital{Lab 4111} {MD# 76432}		Ordering Practitioner AGGARWAL, ANITA {MD# 76432}	Primary Performing Lab William Osler Health System - Brampton Civic Hospital {Lab 4111}
Last Updated in OLIS 2025-Jul-09 10:03:43 AM EDT		Address 2100 Bovaird Dr E Brampton ON L6R3J7 {Firm/Business}	Address 2100 Bovaird Drive East Brampton L6R 3J7 ON {Firm/Business}
Specimen Received Date/Time 2025-07-08 2:58:00 PM EDT			Primary Reporting Lab William Osler Health System - Brampton Civic Hospital {Lab 4111}
			Address 2100 Bovaird Drive East Brampton L6R 3J7 ON {Firm/Business}

Microbiology

Specimen Type
Urine
Site Modifier: URINE - URINE

Collection Date
2025-Jul-08 2:18:00 PM EDT

Specimen Collected By
William Osler Health System - Brampton Civic Hospital
{Lab 4111}

Urine Culture	Flags	Results	Reference Range	Units
Urine; Culture		No significant growth		

CC List HO, JULIA WING YING {MD# 22223} STAROSELSKY, ARTHUR {MD# 65730}	Attending Provider AGGARWAL, ANITA {MD# 76432}
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