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Consultation and Special Examination

LMC Clinic - Dr. Krant/Mack

Dr. Jacqueline James

To: _____

Sept 29, 2025

Date: _____

Our Findings:

Thank you for seeing this pleasant 31 year old travel-nurse who had been working in Halifax when she presented with palpitations, SOB with minimal exertion, 25 pound weight loss, increased frequency BM. She lives in Toronto but travels to Halifax for travel nursing at times. Aug 26 had TSH <0.01, T4 47, T3 >30 (ULN). She was started on methimazole 10 mg BID and I saw her in clinic on Sept 10. She had been feeling better by that point - we continued the medication and bw drawn Sept 29 showed TSH <.01, FT4 8.9 (ref 9-19), FT3 4.63.

I told her to reduce methimazole to 10 mg once daily. She is travelling back to Toronto on Oct 5. She is also planning to go to Australia between Oct 25-Nov 25. She has been taking prenatal vitamins and has an 18 month old - she was going to TTC soon but I told her to hold off until levels stabilize. TRAb are pending and I can forward once available. Her thyroid was clinically 2x ULN.

M.D.

Vicki Munro

Print Name

(For additional information see reverse)

To: _____

Date: _____

Our Findings and Advice:

M.D.

Print Name

FOLLOW-UP VISITS

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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Consultation Records

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