



## Patient Referral Form

- Barrie  Mid-Toronto  Brampton  Etobicoke  Markham  Oakville  Thornhill

### PATIENT INFORMATION:

Name: SARONO, VALERIANA

DOB:

(dd/mm/yyyy)

Health Card:

Uninsured Specify:

Address:

HOME: 647-388-9776 Dr. Teku, Edo (126839)  
HIN:8988829998 HC SEX:F DOB:1962-09-12 AGE:63.0  
(n) 212 BELGRAVIA AVE York, ON M6E2M8  
(c) SARONO, VALERIANA TUBOG  
CHART#:001693

(unit)

(e-mail address)

(home #)

(work # with extension)

(other #)

### DIABETES/ENDOCRINOLOGY PLEASE SPECIFY:

The following investigations would be helpful:

- |   |                              |  |                           |
|---|------------------------------|--|---------------------------|
| <input type="radio"/> Diabetes  | <input type="radio"/> Type 1 | <input checked="" type="radio"/> Type 2  | <input type="radio"/> GDM |
| <input type="radio"/> Newly Diagnosed Diabetes Rapid Triage (1-2 weeks) |                              | <input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR <span style="float: right;">ATTACHED</span> |                           |

- |  |
|--|
| <input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR <span style="float: right;">ATTACHED</span> |
| <input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR   |

Consultation & shared care       Consultation only

<input type="radio"/> Thyroid	<input type="radio"/> Thyroid function, Relevant imaging
<input type="radio"/> Osteoporosis	<input type="radio"/> BMD report <2 years, other relevant labs
<input type="radio"/> Lipids	<input type="radio"/> TC, LDL, HDL (<3 months), A1C
<input type="radio"/> PCOS	<input type="radio"/> LH, FSH, estrogen, testosterone, A1C
<input type="radio"/> Other (please specify):	

### Notes:

### Current Medications:

63 Y.O. WOMAN WITH  
TYPE 2 DM. NOT AT TARGET  
METFORMIN 500 MG 2 TAB BID  
DREMPIC 1 MG WEEKLY (COST AND  
WAS PLANNING TO SWITCH TO  
DIAMICRON

Referred By: EDO TEKU, M.D., C.C.F.P.

Referring Physician Billing #: 126839

27 Roncevalles Ave, Suite 511  
Toronto, Ontario M6R 3B2

Referring Physician Signature: *E. Teku*

Tel: 416-539-8181

Fax: 416-539-8797

Date:

24/10/2025

Patient Demographics				Results		
Patient Name:	VALERIANA SARONO	Home Phone:	(416)787-9776	Date of Service:	2025-10-18 09:18	
Date of Birth:	1962-09-12	Work Phone:		Date Received:	2025-10-20 17:47	
Age:	63 years	Sex:	F	Report Status:	Final	
Health #:	8988829993	Patient Location:	GDML	Client Ref. #:		
				Accession #:	16-56279910	
Requesting Client:	EDO TEKU	cc: Client:				

CHEMISTRY						
Test Name	Result	Unit	Reference Range	Time	Type	Comments
<b>ALBUMIN R U</b>						
ALBUMIN RANDOM U	102	N		mg/L	2025-10-18 22:12:33	F
ALBUMIN/CREAT RATIO	14.0	H	<= 2.99	mg/mmol creat	2025-10-18 22:12:33	F
GLUCOSE SERUM FASTING	11.8	H	3.6 - 6.00	mmol/L	2025-10-20 17:27:03	F
	3.6 - 6.0 NORMAL FASTING GLUCOSE					
	6.1 - 6.9 IMPAIRED FASTING GLUCOSE					
	>6.9 PROVISIONAL DIAGNOSIS OF DIABETES MELLITUS					
<b>CREATININE</b>						
CREATININE	54	N	50 - 100.00	umol/L	2025-10-20 17:27:03	F
eGFR	100	N	60 - 99999.99	mL/min/1.73 m <sup>2</sup>	2025-10-20 17:27:03	F
	eGFR is calculated using the CKD-EPI 2021 equation					
	which does not use a race-based adjustment.					
HOURS FASTING	12	N		hrs	2025-10-20 17:27:03	F
CHOLESTEROL	4.27	N	<= 5.19	mmol/L	2025-10-20 17:27:03	F
	Total cholesterol and HDL-C used					
	for risk assessment and to calculate non-HDL-C.					
TRIGLYCERIDES	2.17	H	<= 1.69	mmol/L	2025-10-20 17:27:03	F
	If nonfasting,					
	triglycerides <2.00 mmol/L desired.					
HDL CHOLESTEROL	1.14	L	1.30 - 9999.00	mmol/L	2025-10-20 17:27:03	F
	F: >=1.30 mmol/L					
	HDL-C <1.30 mmol/L indicates risk for metabolic syndrome.					
<b>LDL CHOLESTEROL CALC.</b>						
LDL CHOLESTEROL CALC.	2.28	N	<= 3.49	mmol/L	2025-10-20 17:27:03	F
	LDL-C was calculated using the					
	NIH equation.					
	For additional LDL-C and non-HDL-C thresholds					
	based on risk stratification,					
	refer to 2021 CCS Guidelines.					
Triglycerides exceed 1.50 mmol/L. For dyslipidemia assessment, refer to apoB or non-HDL-C						
NON-HDL-CHOLESTEROL(CALC)	3.13	N	<= 4.19	mmol/L	2025-10-20 17:27:03	F
TC/HDL-C RATIO	3.7	N			2025-10-20 17:27:03	F
SODIUM	136	N	136 - 146.00	mmol/L	2025-10-20 17:27:03	F

**CHEMISTRY**

TEST	RESULT	REFERENCE RANGE	UNIT	DATE	PERFORMED BY	
POTASSIUM	4.5	N	3.7 - 5.4	mmol/L	2025-10-20 17:27:03	F
CHLORIDE	99	N	95 - 108.00	mmol/L	2025-10-20 17:27:03	F
ALT	29	N	<= 35.99	U/L	2025-10-20 17:27:03	F
HEMOGLOBIN A1c	12.3	H	<= 5.99	%	2025-10-20 17:27:03	F
	NON-DIABETIC:	< 6.0 %				
	PREDIABETES:	6.0 - 6.4 %				
	DIABETIC:	> 6.4 %				
	OPTIMAL CONTROL:	< 7.0 %				
	SUB-OPTIMAL CONTROL:	7.0 - 8.4 %				
	INADEQUATE CONTROL:	> 8.4 %				
<b>5-YEAR KFRE</b>						
<b>5-YEAR KFRE</b>		<= 4.99	%	2025-10-20 17:27:03		F

An ACR 3-60 mg/mmol indicates mild to moderate albuminuria reflecting increased risk of CKD progression. If this is the first result with an ACR >=3, confirm with at least 2 of 3 elevated results within 3 months.  
 KFRE not indicated when eGFR >=60 ml/min/1.73m\*\*2  
 If there is hematuria (>2Rbc/hpf confirmed on urine microscopy), refer to nephrology.  
 Remeasure eGFR and urine ACR annually for patients with diabetes mellitus.  
 See the KidneyWise toolkit (kidneywise.ca) for further management recommendations including when to refer to nephrology.

**HEMATOLOGY**

TEST	RESULT	REFERENCE RANGE	UNIT	DATE	PERFORMED BY	
HEMOGLOBIN	150	H	110 - 147.000	g/L	2025-10-20 17:27:03	F
HEMATOCRIT	0.43	N	0.33 - 0.440	L/L	2025-10-20 17:27:03	F
RBC	4.8	N	3.8 - 5.200	x 10*12/L	2025-10-20 17:27:03	F
RBC INDICES: MCV	90	N	76 - 98.000	fL	2025-10-20 17:27:03	F
MCH	31	N	24 - 33.000	pg	2025-10-20 17:27:03	F
MCHC	347	H	313 - 344.000	g/L	2025-10-20 17:27:03	F
RDW	13.4	N	12.5 - 17.3		2025-10-20 17:27:03	F
WBC	5.7	N	3.2 - 9.400	x 10*9/L	2025-10-20 17:27:03	F
PLATELETS	281	N	155 - 372.000	x 10*9/L	2025-10-20 17:27:03	F
MPV	8.5	N	4.0 - 14.000	fL	2025-10-20 17:27:03	F

**DIFFERENTIAL WBC'S**

TEST	RESULT	REFERENCE RANGE	UNIT	DATE	PERFORMED BY	
NEUTROPHILS	3.7	N	1.4 - 6.3	x 10*9/L	2025-10-20 17:27:03	F
LYMPHOCYTES	1.4	N	1.0 - 2.9	x 10*9/L	2025-10-20 17:27:03	F
MONOCYTES	0.2	N	0.2 - 0.8	x 10*9/L	2025-10-20 17:27:03	F
EOSINOPHILS	0.2	N	0.0 - 0.5	x 10*9/L	2025-10-20 17:27:03	F
BASOPHILS	0.00	N	0.00 - 0.09	x 10*9/L	2025-10-20 17:27:03	F