

Disera Medical Center Inc.

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Thornhill ON, Canada
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Fax Cover Sheet

To: Dr. David Sionit (Endocrinology) (LMC)
Phone: (905) 763-8660
Fax: (877) 562-2778

Date: 2025-Oct-22

From: Dr. Rajan Joshi
Phone: (905) 771-7755
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Number of pages including cover: 4

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Re: Svitlana Pinehina



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2025-Oct-22

Dr. David Sionit

, ON
(905) 763-8660
(877) 562-2778

Patient: Svitlana Pinehina
PHN: 4218 958 983bh
Birthdate: 1967-Dec-22
Address: 44 Hinda Lane Thornhill, ON L4J 6S1
Phone: H: (416) 878-4824 W: (416) 574-4438 C: (000) 000-0000
Email: yuri84dbx@hotmail.com

Dear Dr. David Sionit,

Problem History: BENIGN ESSENTIAL HYPERTENSION, *ANXIETY/DEPRESSION, DIABETES MELLITUS

Risk Factors: None Recorded

Active Medications: VALSARTAN 160 MG TABLET [1 Tablet(s) Two times daily X 6 Mth30] [BID], diltiazem HCL 120 mg Oral Capsule, Ext Release 24 Hr [2 Capsule(s) Once daily X 6 Mth30] , METFORMIN 500 MG TABLET [1 Tablet(s) Two times daily X 6 Mth30] , ACH-FLUOXETINE 20 MG CAPSULE [qd], amoxicillin/potassium clavulanate 875 mg-125 mg Oral Tablet [1 Tablet(s) Two times daily X 7 Day(s)] , APO-PREDNISONE 5 MG TABLET [40 mg qd for 5 days], OMNARIS 50 MCG NASAL SPRAY [2 Spray(s) Once daily X 2 Week(s)] [Two sprays (50 mcg/spray) per nostril once daily; maximum: 200 mcg/day], KOFFEX DM 15 MG/5 ML SIROP [5 mL Every 6 hours As Needed X 1 Week(s)] , ASA 81 MG TABLET [1 Tablet(s) Once daily X 3 Mth30]

External Medications: None Recorded

Known Allergies: Drug - Allergy - None Known

Lifestyle Notes: Denies tobacco, EtOH, drugs

Family History: Family Hx: - Mother: HTN, DM-2. Father: Unsure. Siblings: Nil.

Gyn Problem List: None Recorded

Meds Hx Imported: None Recorded

Preventative Care: None Recorded

Could you please see Svitlana in regards to issues with subclinical hypothyroidism. Most recent TSH was 8.68 with free t4 of 14.

Thyroid peroxidase Ab was +.

Please do not hesitate to contact me if you have any questions regarding the care of Svitlana. Your help is greatly appreciated.

Thank you for seeing this patient.

If you are not able to see this patient can you kindly suggest an alternative

physician for a referral?

PLEASE CONTACT THE PATIENT DIRECTLY WITH THE APPOINTMENT DATE AND TIME, AS PER MOST RECENT CPSO POLICY. THANK YOU

Sincerely,

A handwritten signature in black ink, appearing to read 'R. Joshi', is positioned below the word 'Sincerely,'.

Rajan Joshi, MD

Billing #: 044089

Electronically Reviewed to Expedite Delivery

Enclosures

2025-Oct-07 - TSH

2025-Oct-07 - T4 FREE

2025-Oct-07 - THYROID PEROXIDASE AB

Patient	PINEHINA, SVITLANA	Home Phone	(416)878-4824	Work Phone	
Health #	4218958983	Sex	F	Patient ID	29319
Age	57 years				
DOB	1967-Dec-22				

Lab Order #: BL-56126093
Ordered By: R. JOSHI Reported By: GDML
Collection Date: 2025-Oct-07
Reported Date: 2025-Oct-07 8:52 PM

	Flags	Results	Ref Range	Units
TSH TSH (F)	H	8.68	0.35 - 5.00 mIU/L	mIU/L
T4 FREE T4 FREE (F)	N	14	11 - 23 pmol/L	pmol/L
THYROID PEROXIDASE AB THYROID PEROXIDASE AB (F)	A	>599.00	<35 kIU/L	kIU/L

Presence of thyroid antibodies may indicate increased risk of progression to overt hypothyroidism.
REVIEWED BY DR.MIRANDA WOZNIAK M.D., F.R.C.P.(C)