

Dr. Matthew Galati

SCARBOROUGH ON, Canada

Fax Cover Sheet

To: LMC Scarborough
Phone: (647) 695-3866 Ext: 1229
Fax: 1 (416) 309-0495

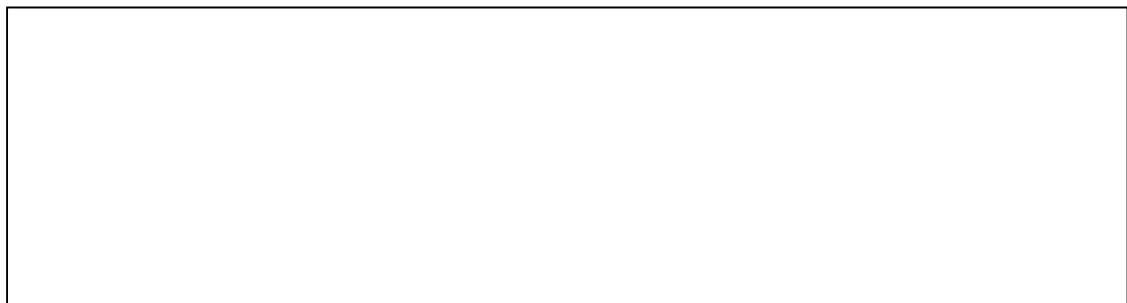
Date: 22-Oct-2025

From: Dr. MATTHEW GALATI
Phone: (416) 615-0000
Fax: (416) 673-9198

Number of pages including cover: 7

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Re: Amit Kumar



Dr. MATTHEW GALATI

520 Ellesmere Road, Suite 215, Scarborough, Ontario M1R 0B1
Phone: (416) 615-0000 Fax: (416) 673-9198

22-Oct-2025

LMC Scarborough
214-520 Ellesmere Road
SCARBOROUGH, ON
tel (647) 695-3866 ext. 1229
fax (416) 309-0495

Patient: Kumar, Amit
PHN: 4622 482 224AK
Birthdate: 01-Jan-1994 M
Address: 1202 York Mills Road #105
NORTH YORK, ON M3A 1Y1
Home: (437) 993-8975
Cell: (437) 993-8975
email: mr.ak1993@gmail.com

Dear LMC Scarborough:

Active Medications: levothyroxine sodium 137 mcg Oral Tablet [1 Tablet(s) Once daily X 90 Day(s)] , metformin HCL 500 mg Oral Tablet [1 Tablet(s) Two times daily X 90 Day(s)] , dapagliflozin propanediol 10 mg Oral Tablet [1 Tablet(s) Once daily X 90 Day(s)] , rosuvastatin calcium 20 mg Oral Tablet [1 Tablet(s) Once daily X 90 Day(s)] , hydrocortisone 1 % Topical Cream (Gram) [apply to affected area once daily], levothyroxine sodium 125 mcg Oral Tablet [1 Tablet(s) Once daily X 90 Day(s)] , FORXIGA 10 MG TABLET [1 Tablet(s) Once daily X 90 Day(s)]

Surgical/Medical History: PHIMOSIS - Dr Noakes (urology) - circumcision recommended, Knee - R knee chondromalacia patella, DIABETES MELLITUS, knee surgery - L knee for osteochondritis desicans, Hypothyroidism - Endocrinologist Dr Chen - TPO antibody positive- FNAB thyroid nodule - lymphocytic thyroiditis

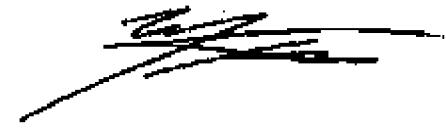
Known Allergies: Drug - Intolerance - None Known, Non-Drug - Allergy - None Known, Non-Drug - Intolerance - None Known, Drug - Allergy - None Known

Lifestyle Notes: Diet - Not well balanced, single, Exercise - No, Alcohol - Occasional, Smoking - Non-Smoker, Recreational Drugs - Nil, Occupation - Preparing for IT job

Family History: None Recorded

Please see this 31 Yr old M familiar to you regarding + + + uncontrolled diabetes and hypothyroid. please assess and treat

Sincerely,



MATTHEW GALATI, MD
Electronically Reviewed to Expedite Delivery
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Enclosures (4)

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DYNACARE LABORATORIES
115 MIDAIR CT, BRAMPTON L6T5MB

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M 31 Y 215-520 ELLESmere RD
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PHONE: 437-993-8975

PHONE: 416-615-0000

OUTSIDE
NORMAL
LIMITS

CODES TEST DESCRIPTION

RESULTS

REFERENCE RANGE

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C H E M I S T R Y

GLUCOSE SERUM FASTING	17.4	mmol/L	17.4
3.6 - 6.0	NORMAL FASTING GLUCOSE		
6.1 - 6.9	IMPAIRED FASTING GLUCOSE		
>6.9	PROVISIONAL DIAGNOSIS OF DIABETES MELLITUS		
CREATININE	90.	60 - 110 umol/L	
eGFR	101.	>=60. mL/min/1.73m**2	
eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.			
HOURS FASTING	12.	hours	
CHOLESTEROL	6.06	< 5.20 mmol/L	6.06
Total cholesterol and HDL-C used for risk assessment and to calculate non-HDL-C.			
TRIGLYCERIDES	9.00	< 1.70 mmol/L	9.00
If nonfasting, triglycerides <2.00 mmol/L desired.			
HDL CHOLESTEROL	0.69	mmol/L	0.69
M: >=1.00 mmol/L HDL-C <1.00 mmol/L indicates risk for metabolic syndrome.			

R

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LDL CHOLESTEROL CALC.	2.05	< 3.50 mmol/L	
LDL-C was calculated using the NIH equation.			
For additional LDL-C and non-HDL-C thresholds based on risk stratification, refer to 2021 CCS Guidelines.			
Triglycerides exceed 1.50 mmol/L. For dyslipidemia assessment, refer to apoB or non-HDL-C			
NON-HDL-CHOLESTEROL (CALC)	5.37	< 4.20 mmol/L	5.37
If non-HDL-C \geq 4.20 mmol/L in primary prevention setting for low risk patients (FRS 5.0-9.9%) or intermediate risk patients (FRS 10.0-19.9%), consider therapy. Therapy also suggested in low risk patients (FRS <10.0%) with non-HDL-C \geq 5.8 mmol/L.			
TC/HDL-C RATIO	8.8		
SODIUM	135.	136 - 146 mmol/L	135.
POTASSIUM	4.5	3.7 - 5.4 mmol/L	
CK	118.	<225 U/L	
ALT	19.	<46 U/L	
TSH	39.90	0.35 - 5.00 mIU/L	39.90
T4 FREE	10.	11 - 23 pmol/L	10.
HEMOGLOBIN A1c	14.3	%	14.3
NON-DIABETIC: < 6.0 %			
PREDIABETES: 6.0 - 6.4 %			
DIABETIC: > 6.4 %			
OPTIMAL CONTROL: < 7.0 %			
SUB-OPTIMAL CONTROL: 7.0 - 8.4 %			
INADEQUATE CONTROL: > 8.4 %			

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H E M A T O L O G Y

HEMOGLOBIN	141.	129 - 165	g/L
HEMATOCRIT	0.44	0.39 - 0.49	1/1
RBC	5.4	4.2 - 5.8	x 10E12/L
RBC INDICES: MCV	82.	80 - 98	fL
.	MCH	24 - 33	pg
.	MCHC	313 - 344	g/L
RDW	14.0	12.5 - 17.3	
WBC	5.2	3.2 - 9.4	x 10E9/L
PLATELETS	197.	155 - 372	x 10E9/L
MPV	10.2	4.0 - 14.0	fL
DIFFERENTIAL WBC'S :			
NEUTROPHILS	2.7	1.4 - 6.3	x10E9/L
LYMPHOCYTES	1.9	1.0 - 2.9	x10E9/L
MONOCYTES	0.4	0.2 - 0.8	x10E9/L
EOSINOPHILS	0.1	0.0 - 0.5	x10E9/L
BASOPHILS	0.00	0.00-0.09	x10E9/L

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C H E M I S T R Y

ALBUMIN R U

ALBUMIN RANDOM U	3.	mg/L
ALBUMIN/CREAT RATIO	0.6	< 3.0 mg/mmol creat
5-YEAR KFRE		< 5%

An eGFR \geq 60 ml/min/1.73m^{**2} and an ACR <3 mg/mmol rules out CKD stage G3-G5 and albuminuria. The KidneyWise toolkit (kidneywise.ca) recommends remeasuring eGFR and urine ACR annually for people with diabetes mellitus and less frequently in others unless clinical circumstances dictate otherwise.

KFRE not indicated when eGFR \geq 60 ml/min/1.73m^{**2}