

**Disera Medical Center Inc.**

30 Disera Drive, Unit 100  
Thornhill ON, Canada  
L4J 0A7

# Fax Cover Sheet

To: Dr. David Sionit (Endocrinology) (LMC)  
Phone: (905) 763-8660  
Fax: (877) 562-2778

Date: 2025-Oct-22

From: Dr. Rajan Joshi  
Phone: (905) 771-7755  
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Number of pages including cover: 4

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Re: Svitlana Pinehina



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[www.DiseraMedical.com](http://www.DiseraMedical.com)

2025-Oct-22

Dr. David Sionit

, ON  
(905) 763-8660  
(877) 562-2778

Patient: Svitlana Pinehina  
PHN: 4218 958 983bh  
Birthdate: 1967-Dec-22  
Address: 44 Hinda Lane Thornhill, ON L4J 6S1  
Phone: H: (416) 878-4824 W: (416) 574-4438 C: (000) 000-0000  
Email: yuri84dbx@hotmail.com

**Dear Dr. David Sionit,**

**Problem History:** BENIGN ESSENTIAL HYPERTENSION, \*ANXIETY/DEPRESSION, DIABETES MELLITUS

**Risk Factors:** None Recorded

**Active Medications:** VALSARTAN 160 MG TABLET [1 Tablet(s) Two times daily X 6 Mth30] [BID], diltiazem HCL 120 mg Oral Capsule, Ext Release 24 Hr [2 Capsule(s) Once daily X 6 Mth30] , METFORMIN 500 MG TABLET [1 Tablet(s) Two times daily X 6 Mth30] , ACH-FLUOXETINE 20 MG CAPSULE [qd], amoxicillin/potassium clavulanate 875 mg-125 mg Oral Tablet [1 Tablet(s) Two times daily X 7 Day(s)] , APO-PREDNISONE 5 MG TABLET [40 mg qd for 5 days] , OMNARIS 50 MCG NASAL SPRAY [2 Spray(s) Once daily X 2 Week(s)] [Two sprays (50 mcg/spray) per nostril once daily; maximum: 200 mcg/day] , KOFFEX DM 15 MG/5 ML SIROP [5 mL Every 6 hours As Needed X 1 Week(s)] , ASA 81 MG TABLET [1 Tablet(s) Once daily X 3 Mth30]

**External Medications:** None Recorded

**Known Allergies:** Drug - Allergy - None Known

**Lifestyle Notes:** Denies tobacco, EtOH, drugs

**Family History:** Family Hx: - Mother: HTN, DM-2. Father: Unsure. Siblings: Nil.

**Gyn Problem List:** None Recorded

**Meds Hx Imported:** None Recorded

**Preventative Care:** None Recorded

Could you please see Svitlana in regards to issues with subclinical hypothyroidism.  
Most recent TSH was 8.68 with free t4 of 14.

Thyroid peroxidase Ab was +.

Please do not hesitate to contact me if you have any questions regarding the care of Svitlana. Your help is greatly appreciated.

Thank you for seeing this patient.

**If you are not able to see this patient can you kindly suggest an alternative**

**physician for a referral?**

**\*PLEASE CONTACT THE PATIENT DIRECTLY WITH THE APPOINTMENT DATE AND TIME, AS PER MOST RECENT CPSO POLICY. THANK YOU\***

Sincerely,



Rajan Joshi, MD  
Billing #: 044089

**Electronically Reviewed to Expedite Delivery**

Enclosures

2025-Oct-07 - TSH  
2025-Oct-07 - T4 FREE  
2025-Oct-07 - THYROID PEROXIDASE AB

Patient	PINEHINA, SVITLANA	Home Phone	(416)878-4824	Work Phone	
Health #	4218958983	Sex	F	Patient ID	29319
Age	57 years				
DOB	1967-Dec-22				

Lab Order #: BL-56126093

Ordered By: R. JOSHI      Reported By: GDML

Collection Date: 2025-Oct-07

Reported Date: 2025-Oct-07 8:52 PM

	Flags	Results	Ref Range	Units
<b>TSH</b>				
TSH (F)	H	8.68	0.35 - 5.00 mIU/L	mIU/L
<b>T4 FREE</b>				
T4 FREE (F)	N	14	11 - 23 pmol/L	pmol/L
<b>THYROID PEROXIDASE AB</b>				
THYROID PEROXIDASE AB (F)	A	>599.00	<35 kIU/L	kIU/L

Presence of thyroid antibodies may indicate increased risk of progression to overt hypothyroidism.

REVIEWED BY DR.MIRANDA WOZNIAK M.D., F.R.C.P.(C)