

**WATERLOO REGION NURSE PRACTITIONER LED CLINIC**  
13 Water Street North, Cambridge N1R 3B2  
123 Pioneer Drive, Unit B204, Kitchener N2P 2A3  
#10-10 Townsend Drive, Breslau N0B 1M0  
(519) 772-2322 phone  
(519) 772-2323 fax  
[www.wrnplc.ca](http://www.wrnplc.ca)

Oct 24, 2025

Dr. Adam Telner  
1929 Bayview Avenue Suite 107  
Toronto, ON  
M4G 3E8  
Phone: 1-416-645-2929 Fax: 1-416-645-2930

Dear:

**Re: Adelina Marcu Jul 29, 1991 Age: 34 yr HN: 6806 007 982 GF**  
416-505-0939 (H) 416-505-0939 (M)

Please find attached referral.  
Thank you.

Yours truly,

Roxana Jurca

**Marcu, Adelina Gabriela****Age 34 yr #13461 Page 1/2****Oct 22, 2025** 

Miscellaneous Letter

asla/roju

Received: Oct 24, 2025

LMC Endocrinology Referral

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Oct 22, 2025

Dr. A. Telner  
LMC Endocrinology Centres  
107 - 1929 Bayview Avenue  
Toronto Ontario M4G 3E8  
(416) 645-2929  
Fax: 1-877-562-2778

Dear Dr. Telner

**Re: Adelina Marcu Jul 29, 1991 Age: 34 yr**  
416-505-0939 (H) 416-505-0939 (M)

Thank you for seeing this 34-year-old female, known to you, who is a new patient to our practice. I am writing to re-refer her to your care for follow-up of her thyroid condition.

She was previously under your care several years ago for investigation of symptoms including hot flashes, which led to a workup for thyroid dysfunction. She recalls that her blood work showed some significantly abnormal results and that Hashimoto's thyroiditis was considered. She was advised to follow up with you but was lost to follow-up due to personal circumstances. She is now eager to re-engage with her health and has specifically requested to be referred back to your service for continuity of care.

Her current medications consist of over-the-counter supplements, including a magnesium/zinc blend, vitamin C, and vitamin D 2000 IU daily. She has a significant family history of hypothyroidism in both her mother and father.

Thank you for reassessing this pleasant patient and continuing her care.

Yours truly,

 NP-PHC  
Kristen Gale, NP-PHC, 729708