

# DR. RAMI MOZES MEDICINE PROFESSIONAL CORPORATION

Dr. Rami Mozes

211-2401 YONGE STREET Toronto Ontario M4P 3H1

Tel: 416-486-9600 Fax: 4164869227

## Consultation Request

Date:	2025-10-24	Patient:	TAWDE, RITUJA RAJENDRA
Status:	Non-Urgent	Address:	1414-88 Erskine Ave Toronto, CA-ON, M4P 1V3
Service:	Endocrinologist	Phone:	647-919-6341
Consultant:	Boright, Andrew	Work Phone:	
Phone:	416-645-2929	Cell Phone:	
Fax:	416-645-2931	Email:	rituja1992@gmail.com
Address:	1929 Bayview Ave #107 Toronto ON	Birthdate:	1992-12-09 (y/m/d)
		Sex:	F
		Health Card No.:	(ON) 6202783723 CK
		Appointment date:	
		Time:	
		Chart No.:	

### Reason for consultation:

Please see regarding elevated blood sugar and prolactin. Thank you.

### Pertinent Clinical Information:

#### Medical History:

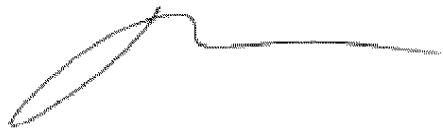
PCO S  
sinusitis  
DM

### Allergies:

NKDA Custom Allergy  
DUST Custom Allergy

Mozes, Dr. Rami (245092)

Signature:



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DYNACARE LABORATORIES  
115 MIDAIR CT, BRAMPTON L6T5MB

## CUSTOMER SERVICE PHONE/FAX REPORT

COLLECTION TIME LRC BJ-56061085 REPRINT  
2025/10/02 08:03 2025/10/02 2025/10/03

TAWDE, RITUJA 6202783723 CK DR. R.S. MOZES  
#1414-88 ERSKINE AVE 1992/12/09 ROCKCLIFFE CARE COMMUNITY  
TORONTO 3015 LAWRENCE AVE E  
ONTARIO SCARBOROUGH, ON LRC  
M4P 1V3 F 32 Y M1P 2V7 BRG03

PHONE: 647-919-6341 PHONE: 416-264-3201  
FASTINGOUTSIDE  
NORMAL

LIMITS

CODES TEST DESCRIPTION	RESULTS	REFERENCE RANGE	
*****			
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*****			
	C H E M I S T R Y		
	-----		
GLUCOSE SERUM FASTING	8.3	mmol/L	8.3
3.6 - 6.0 NORMAL FASTING GLUCOSE			
6.1 - 6.9 IMPAIRED FASTING GLUCOSE			
>6.9 PROVISIONAL DIAGNOSIS OF DIABETES MELLITUS			
CREATININE	59.	50 - 100 umol/L	
eGFR	119.	>=60. mL/min/1.73m**2	
eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.			
An eGFR result >=60 mL/min/1.73m**2 rules out CKD stage 3-5. Assessment of urine ACR is required to definitively rule out or confirm CKD diagnosis. The KidneyWise toolkit (kidneywise.ca) recommends remeasuring eGFR and urine ACR annually for people with diabetes mellitus and less frequently in others unless clinical circumstances dictate otherwise.			
CALCIUM	2.35	2.15 - 2.60 mmol/L	
PHOSPHORUS	1.36	0.80 - 1.45 mmol/L	
MAGNESIUM	0.83	0.65 - 1.05 mmol/L	
BILIRUBIN TOTAL	7.	<23 umol/L	
URATE	287.	149 - 422 umol/L	
The target for treatment of gout is a serum urate level < 360 umol/L (minimum). Lower serum concentrations may be required for alleviation of symptoms. [Arthritis Care Research 64 (2012) 1431-1446]			
HOURS FASTING	12.	hours	

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CHOLESTEROL	4.43	< 5.20 mmol/L	
	Total cholesterol and LDL-C used for risk assessment and to calculate non-HDL-C.		
TRIGLYCERIDES	0.94	< 1.70 mmol/L	
	If nonfasting, triglycerides <2.00 mmol/L desired.		
HDL CHOLESTEROL	0.97	mmol/L	0.97
	F: >=1.30 mmol/L		
	HDL-C <1.30 mmol/L indicates risk for metabolic syndrome.		
LDL CHOLESTEROL CALC.	3.06	< 3.50 mmol/L	
	LDL-C was calculated using the NIH equation.		
	For additional LDL-C and non-HDL-C thresholds based on risk stratification, refer to 2021 CCS Guidelines.		
NON-HDL-CHOLESTEROL(CALC	3.46	< 4.20 mmol/L	
TC/HDL-C RATIO	4.6		
VITAMIN B12	360.	221 - 918 pmol/L	
	60% of symptomatic patients have a hematologic or neurologic response to B12 supplementation at a level < 148 pmol/L		
	Vitamin B12 Deficiency: < 148 pmol/L		
	Vitamin B12 Insufficiency: 148 to 220 pmol/L		
FERRITIN	28.	30 - 109 ug/L	28.
	Result consistent with Iron Deficiency For guidance, see <a href="http://www.hemequity.com/raise-the-bar">www.hemequity.com/raise-the-bar</a>		
SODIUM	138.	136 - 146 mmol/L	
POTASSIUM	4.7	3.7 - 5.4 mmol/L	
CHLORIDE	103.	95 - 108 mmol/L	
ALKALINE PHOSPHATASE	71.	35-122 U/L	

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ALT	<10.	<36 U/L	
TSII	3.53	0.35 - 5.00 mIU/L	
T4 FREE	15.	11 - 23 pmol/L	
FREE T3	4.7	3.4 - 5.9 pmol/L	
HEMOGLOBIN A1c	8.2	%	8.2
	NON-DIABETIC:	< 6.0 %	
	PREDIABETES:	6.0 - 6.4 %	
	DIABETIC:	> 6.4 %	
	OPTIMAL CONTROL:	< 7.0 %	
	SUB-OPTIMAL CONTROL:	7.0 - 8.4 %	
	INADEQUATE CONTROL:	> 8.4 %	
LH	2.5	IU/L	
	Follicular:	1.9 - 14.6	
	Ovulatory:	12.2 - 118.0	
	Luteal:	0.7 - 12.9	
	Post-menopausal:	5.3 - 65.4	
DHEAS	6.8	2.68 - 9.23 umol/L	
FSH	3.	IU/L	
	Follicular:	3 - 15	
	Ovulatory:	5 - 23	
	Luteal:	1 - 9	
	Post-menopausal:	16 - 157	

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PROLACTIN	55.	< 24 ug/L	55.
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Roche Diagnostics Electrochemiluminescence Immunoassay (ECLIA).

Values obtained with different assay methods or kits may not be comparable and cannot be used interchangeably.

Testing for the potential presence of macroprolactin is suggested in asymptomatic hyperprolactinemic patients. If clinically indicated, "Macroprolactin" testing should be requested on an OHIP laboratory requisition. A fresh blood sample (serum) will need to be collected.

PROGESTERONE	5.6	nmol/L
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Follicular: < 3.7

Ovulatory: < 57.2

Luteal: 3.4 - 83.6

Post-menopausal: < 0.7

R CG <1 IU/L

Non-pregnant pre-menopausal: < 5

Equivocal (may indicate early pregnancy): 5 - 9

Post-menopausal: < 8

In the first three weeks of a normal pregnancy the serum HCG approximately doubles every two days. The doubling time of HCG is considered a more reliable method of evaluating an early pregnancy than a single serum HCG result.

Serum chorionic gonadotropin (CG) measurements should be made only in relation to diagnosing pregnancy.

Discrepancies between the laboratory value and clinical findings may be resolved with a urine CG measurement.

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ESTRADIOL	251.	pmol/L
	Follicular:	45 - 854
	Ovulatory:	151 - 1461
	Luteal:	82 - 1251
	Post-menopausal:	< 202

## H E M A T O L O G Y

HEMOGLOBIN	127.	110 - 147 g/L
HEMATOCRIT	0.40	0.33 - 0.44 l/l
RBC	5.2	3.8 - 5.2 x 10E12/L
RBC INDICES: MCV	78.	76 - 98 fl
.	MCH	24 - 33 pg
.	MCHC	313 - 344 g/L
RDW	15.2	12.5 - 17.3
WBC	8.4	3.2 - 9.4 x 10E9/L
PLATELETS	384.	155 - 372 x 10E9/L
MPV	9.3	4.0 - 14.0 fl
DIFFERENTIAL WBC'S :		
NEUTROPHILS	4.8	1.4 - 6.3 x10E9/L
LYMPHOCYTES	3.0	1.0 - 2.9 x10E9/L
MONOCYTES	0.3	0.2 - 0.8 x10E9/L
EOSINOPHILS	0.1	0.0 - 0.5 x10E9/L
BASOPHILS	0.00	0.00-0.09x10E9/L

## SMEAR:

SMEAR REFERRED TO PATHOLOGIST FOR REVIEW.

\*\* PLEASE REVIEW THIS REPORT AS ADDITIONAL TESTING HAS BEEN ADDED/REPORTED.

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## CONSULTANT'S REPORT

MICROCYTOSIS (<80 FL)  
CONSISTENT WITH IRON DEFICIENCY  
LYMPHOCYTOSIS ?INFECTION ?DRUG EFFECT

Dr. Sanjeev Deodhare , MD, FRCPC

## U R I N A L Y S I S

## URINALYSIS CHEMICAL

GLUCOSE	NEG	NEGATIVE (mmol/L)
BILIRUBIN	NEG	NEGATIVE
KETONES	NEG	NEGATIVE (mmol/L)
SPECIFIC GRAVITY	1.014	1.005 - 1.030
BLOOD	NEG	NEGATIVE
pH	5.5	5.0 - 8.0
PROTEIN	NEG	NEGATIVE (g/L)
UROBILINOGEN	3.2	3.2 - 16 umol/L
NITRITE	NEG	NEGATIVE
LEUKOCYTES	NEG	NEGATIVE
COLOUR	YELLOW	YELLOW
APPEARANCE	CLEAR	CLEAR