

Dr. Tung Le

346 Bronson Ave
Ottawa ON, Canada
K1R 6J3

Fax Cover Sheet

To: Dr. Jenny Gu
Phone: (613) 505-9704
Fax: (613) 505-9707

Date: Oct 22, 2025

From: Dr. Tung Le
Phone: (613) 233-9505
Fax: (613) 233-1872

Number of pages including cover: 10

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Re: BU HUYNH

Dr. Tung T. Le Medicine Professional Corporation

Dr. Tung Le MD, CCFP. Provider # 041368

346 Bronson Ave. Ottawa, ON K1R-6J3

Tel: 613-233-9505 Fax: 613-233-1872

Oct 22, 2025

Dr. Gu

4100 Strandherd Drive Suite 208

Ottawa, ON K2J 0V2

(613) 505-9704 (613) 505-9707

Patient: Mrs. HUYNH, BU TUA THI
812 TWIST WAY
KANATA, ON
K2V 0M1

PHN: 1084 022 662WP

Birthdate: Dec 02, 1947

Tel:

cell: (613) 818-0062

home: (613) 836-8065

work: (____) ____ - ____

kin: (613) 818-0062

Dear Dr. Gu,

Problem History:

Oct 25, 2013 Chronic kidney disease, unspecified

May 09, 1993 DIABETES - NIDDM ['23: mild retinopathy
]

May 09, 1993 HYPERTENSION, ESSENTIAL

Jan 05, 2023 Anxiety disorder, unspecified [since teens]

Feb 24, 2015 B12 low fr diet

Active Medications:

Oct 17, 2025 APO-INDAPAMIDE 1.25 MG TAB

1 Tablet(s) Every morning X 3 Mth30

Oct 15, 2025 HUMALOG MIX25 (25-75 UNIT/ML) [34U ac b; 24U ac
supper (new dose)

patient asks that you call them to pick up med]

Sep 07, 2025 JARDIANCE 10 MG TABLET

1 Tablet(s) Every morning X 3 Mth30

Sep 07, 2025 ACT ATENOLOL 50 MG TABLET

1 Tablet(s) Once daily X 3 Mth30

Sep 07, 2025 LIPITOR 10 MG TABLET

1 Tablet(s) Once daily X 3 Mth30 [Council patient to see MD right
away with muscular pain.

]

Sep 07, 2025 MICARDIS 80 MG TABLET

1 Tablet(s) Once daily X 3 Mth30

Sep 07, 2025 codeine phosphate 15 mg Oral Tablet

1 Tablet(s) Four times daily As Needed X 1 Mth30 [patient asks that
you call them to pick up med for cough/diarrhea]

Sep 07, 2025 finerenone 10 mg Oral Tablet

1 Tablet(s) Once daily X 3 Mth30 [patient asks that you call them to
pick up med]

Sep 07, 2025 TECTA DR 40 MG TABLET

1 Tablet(s) Once daily As Needed X 3 Mth30 [patient asks that you
call them to pick up med]

Sep 07, 2025 CARDURA 2 MG TABLET

2 Tablet(s) Once daily X 3 Mth30

Jun 16, 2025 zinc sulfate 0.5 % Rectal Ointment With Applicator
1 Application(s) Four times daily As Needed X 1 Day(s) [patient asks that you call them to pick up med]

Jun 16, 2025 zinc sulfate 0.5 % Rectal Ointment With Applicator
1 Application(s) Four times daily As Needed X 1 Day(s) [patient asks that you call them to pick up med]

May 28, 2025 OZEMPIC 1 MG/DOSE (4 MG) PEN

1 mg Once a week X 3 Mth30 [patient asks that you call them to pick up med start after 0.5mg/wk course done LU 667]

Nov 04, 2024 LAMISIL 1% CREAM

1 Application(s) Two times daily X 3 Week(s) [patient asks that you call them to pick up med]

Jun 28, 2021 Freestyle Libre [sensors]

Surgical/Medical History: Apr 07, 2025 MOCA test - 24/30

May 08, 2024 squamous cell ca - Lt tibia: excised completely and graft

Jun 24, 2023 Cataract Excision + Implant Rt

Apr 09, 2022 adenoma on colonoscopy - +2, PROVIS

Mar 11, 2022 Diverticula Of Intestine - bilat, +colonoscopy

Sep 19, 2016 kidney stone bilaterally - Lt, stent :+ureteric scar fr hysterectomy surg

Sep 15, 2016 PNEUMONIA

Jun 24, 2011 Hysterectomy - for cystocoele prolapse

May 09, 2002 kidney cyst

Known Allergies:

Adalat XL (Mild Drug Allergy), Avapro (Mild Drug Allergy), ACE Inhibitors (Mild Non-Drug Allergy), NORVASC 5 MG TABLET - Calcium Channel Blocking Agents-Dihydropyridines (Moderate Drug Intolerance)

Referral Priority: Normal

Please see BU, a 77 year old female for assessment

NIDDM with that difficult to control A1c levels. She previously been seen by another endocrinologist but unfortunately A1c continues to be elevated. She would like to ask you for an assessment a second opinion.

Please do not hesitate to contact me if you have any questions regarding the care of BU. Thank you.

Sincerely,

A handwritten signature in black ink, appearing to read 'Tung Le'.

Tung Le, MD

Electronically Reviewed to Expedite Delivery

Enclosures (6)



502-1355 Bank Street

Ottawa, ON K1H 8K7

P: 613-738-1584 F: 613-738-9097

Dora Liu M.D., FRCPC

D. Liu Medicine Professional Corporation. Endocrinology and Metabolism

May 27, 2025

Dr. Tung LE

346 Bronson Ave

Ottawa

K1R6J3

Re: HUYNH, BU TUA**DOB: December 2, 1947****HIN: 1084022662 VM**

Dear Dr. LE,

BU TUA HUYNH is a 77 year old female who was reevaluated regarding diabetes. Her son was in attendance to assist with translation.

Medical Issues

Type 2 diabetes in her 40's

Stage III chronic kidney disease followed by Dr. Moorman

Hypertension

Dyslipidemia

Nephrolithiasis

Hysterectomy for cystocele prolapse 2011

Renal cyst

Skin cancer excised from left lower leg 2024

Medications

Empagliflozin 10 mg daily

Semaglutide 0.5 mg SC weekly

Humalog Mix 25 insulin 34 units with breakfast and 22 units with supper

Atorvastatin 10 mg nightly

Telmisartan 80 mg daily

Atenolol 50 mg daily

Doxazosin 4 mg daily

Fineronone 10 mg daily

Allergies

None to drugs

Interval History

The patient reports she has been feeling well.

Date Created: May 27, 2025

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Patient: HUYNH BU TUA**DOB: December 2, 1947 Age: 77 years****GLYCEMIC CONTROL**

BG checks per day: 2

BG monitoring method: Capillary BG testing, preferred by patient over Libre 2

Frequency of hypoglycemia: None

Recent severe hypoglycemia: No

BG levels: acB 5-10, pcS 6-13

DIABETES COMPLICATIONS

Regular eye exams: Yes, patient not informed of any concern

Diabetic neuropathy or foot ulcers: No

Physical Exam

Feb 13, 2024: Height 152 cm, weight 73.5 kg, BP 153/68, HR 70 May 14, 2024: Weight 69.8 kg, BP 167/70, HR 59 (home SBP ~140)

Aug 20, 2024: Weight 69.5 kg, BP 138/63, HR 71

Nov 26, 2024: Weight 66 kg, BP 113/53, HR 78

May 27, 2025: Weight 71.0 kg, BP 128/65, HR 66

Feb 2024 foot exam:

Peripheral edema, left more than right lower leg

Dry skin on feet, otherwise in tact

Recent Investigations

Jun 28, 2021: Na 143, K 4.5, Cr 133, eGFR 34, HbA1c 8.0%, LDL 2.03, non-HDL cholesterol 2.62, ALT 20

Oct 25, 2021: HbA1c 8.1%, Cr 113, eGFR 41, Na 142, K 4.7, LDL 1.55, non-HDL cholesterol 2.28

Jun 20, 2023: HbA1c 8.8%, Cr 124, eGFR 37, urine ACR 65.2

Oct 25, 2023: HbA1c 9.5%, Cr 108, eGFR 43, LDL 1.40, non-HDL cholesterol 2.48, ALT 33

Apr 1, 2024: LDL 1.8, non-HDL cholesterol 2.6

May 10, 2024: Random BG 11.6, HbA1c 9.7%, Cr 122, eGFR 40, LDL 1.96, non-HDL cholesterol 2.94, ALT 26, TSH 0.51, Hb 120

Nov 4, 2024: Random BG 8.5, HbA1c 8.5%, Cr 113, eGFR 41, LDL 1.33, non-HDL cholesterol 2.60, TSH 0.37, urine ACR 186.0

Apr 7, 2025: HbA1c 8.9%, Cr 137, eGFR 32, LDL 0.92, non-HDL cholesterol 2.32, vitamin B12 1063, Hb 126

Impression

Ms. Huynh is a 77-year-old female with type 2 diabetes. HbA1c remains slightly above target.

Plan:

- Check glucose levels at different times in the day (before meals and at bedtime)
- Increase semaglutide to 1 mg SC weekly
- Adjust breakfast insulin dose by 2 units every few days as needed to try to keep most glucose levels in 5-10 mmol/L range before lunch and supper.
- Adjust supper insulin by 2 units every few days as needed to try to keep bedtime, overnight and early AM glucose levels in 5-10 mmol/L range.
- Follow up with Catherine from Community Diabetes Education Program as needed.
- Labs prior to next appointment.

Follow-up will be scheduled in about 6 months.

Labs (Result Date: 5/10/2024)

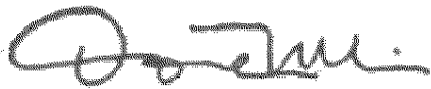
A1C 9.7 %, ALT 26. U/L, Creatinine 122. umol/L, eGFR 40. mL/min, Hb 120. g/L, HDL 1.16 mmol/L, LDL 1.96 mmol/L, Triglycerides 2.60 mmol/L, TSH 0.51 mU/L

Date Created: May 27, 2025

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Patient: HUYNH BU TUA

DOB: December 2, 1947 Age: 77 years



Dora Liu M.D., FRCPC

Family Doctor: Dr. Tung LE

Lab Summary for BU HUYNH

Printed: Oct 22, 2025 5:05 PM

Health #: 1084022662WP

Birthdate: Dec 02, 1947

Gender: Female

Lab Summary (CPX)

	Oct 15, 2025	Jun 16, 2025	Apr 07, 2025	Dec 30, 2024	Nov 04, 2024	Jul 04, 2024
BP - Systolic	134	148	152		158	145
BP - Diastolic	60	63	67		67	76
Heart Rate	64 bpm	72 bpm	64 bpm		66 bpm	72 bpm
Weight	70.6 kg	72.7 kg	71.1 kg		69.3 kg	68.3 kg
Height						
BMI						
Waist Circumference	112 cm	112 cm	110 cm		104 cm	103 cm
CREATININE	163 umol/L		137 umol/L	5.7 mmol/L, 137	113 umol/L	
Creatinine(CrCl)						
Glomerular Filtration Rate (eGFR)	28 mL/min		32 mL/min	34 mL/min/1.73m*2	41 mL/min	
POTASSIUM	5.2 mmol/L		4.2 mmol/L	4.7 mmol/L		
SODIUM	141 mmol/L		141 mmol/L	143 mmol/L		
Urine Albumin^L	130 mg/L		278.6 mg/L	573 mg/L	654.6 mg/L	
ALBUMIN CREATININE RATIO	31.3 mg/mmol		83.2 mg/mmol	100.5 mg/mmol creat	186.0 mg/mmol	

Lab Summary for BU HUYNH

Printed: Oct 22, 2025 5:05 PM

Health #: 1084022662WP

Birthdate: Dec 02, 1947

Gender: Female

Lab Summary (chol)

	Oct 15, 2025	Apr 07, 2025	Nov 04, 2024	May 10, 2024	Oct 25, 2023	Jun 20, 2023
CHOLESTEROL	3.41 mmol/L	3.36 mmol/L	3.79 mmol/L	4.10 mmol/L	3.42 mmol/L	3.10 mmol/L
HDL	0.98 mmol/L	1.04 mmol/L	1.19 mmol/L	1.16 mmol/L	0.94 mmol/L	1.14 mmol/L
TRIGLYCERIDES-R^L	2.08 mmol/L	3.06 mmol/L	2.77 mmol/L	2.60 mmol/L	2.35 mmol/L	1.26 mmol/L
LDL Cholesterol	1.48 mmol/L	0.92 mmol/L	1.33 mmol/L	1.96 mmol/L	1.40 mmol/L	1.38 mmol/L
Non HDL Cholesterol	2.43 mmol/L	2.32 mmol/L	2.60 mmol/L	2.94 mmol/L	2.48 mmol/L	1.96 mmol/L
ALT	24 IU/L	22 IU/L	18 IU/L	26 U/L	33 IU/L	29 IU/L
CK	140 IU/L	110 IU/L				

Lab Summary for BU HUYNH

Printed: Oct 22, 2025 5:05 PM

Health #: 1084022662WP

Birthdate: Dec 02, 1947

Gender: Female

Lab Summary (diabetes/ACR urine)

	Oct 15, 2025	Apr 07, 2025	Dec 30, 2024	Nov 04, 2024	May 10, 2024	Oct 25, 2023
A1C	9.0 %	8.9 %	9.3 %	8.5 %	9.7 %	9.5 %
Non HDL Cholesterol	2.43 mmol/L	2.32 mmol/L		2.60 mmol/L	2.94 mmol/L	2.48 mmol/L
TRIGLYCERIDES-R^L	2.08 mmol/L	3.06 mmol/L		2.77 mmol/L	2.60 mmol/L	2.35 mmol/L
AST (SGOT)^L						
ALT	24 IU/L	22 IU/L		18 IU/L	26 U/L	33 IU/L
Glomerular Filtration Rate (eGFR)	28 mL/min	32 mL/min	34 mL/min/1.73m*2	41 mL/min	40 mL/min/1.73m*2	43 mL/min
CREATININE (RUR)						
Creatinine(CrCl)						
CREATININE	163 umol/L	137 umol/L	5.7 mmol/L , 137	113 umol/L	122 umol/L	108 umol/L
ALBUMIN CREATININE RATIO	31.3 mg/mmol	83.2 mg/mmol	100.5 mg/mmol creat	186.0 mg/mmol	138.4 mg/mmol creat	
CK	140 IU/L	110 IU/L				
ALBUMIN^L						
Urine Albumin^L	130 mg/L	278.6 mg/L	573 mg/L	654.6 mg/L	1010 mg/L	