

Dr. Michelle Hanna
Rexdale Medical Centre
2-123 Rexdale Blvd
Toronto, ON M9W 1P1
Tel. (416) 743-5853
Fax. (416) 743-1358

Oct 23, 2025

Dr. LMC (Brampton) North Park Drive
2130 North Park Drive, Suite 238
Brampton
Phone: 905-595-0560 Fax: 1-877-562-2778

Dear Dr. LMC (Brampton) North Park Drive:

Re: Sandra McSpadden Jun 28, 1970 Age: 55 yr HN: 6012 307 234 YX
905-846-3801 (H) 416-807-3706 (M preferred)

Yours truly,

A handwritten signature in black ink, appearing to be 'MH' followed by a horizontal line.

Dr. Michelle Hanna

McSpadden, Sandra**Age 55 yr #53377 Page 1/5**

27 Shenstone Ave
Brampton ON L6Z 2Y9
905-846-3801(H)
*416-807-3706(M)

Birthdate: Jun 28, 1970 Sex: F
Health #: ON 6012 307 234 YX valid; FHO Enrolled
Last Billed: Oct 20, 2025
MD: Michelle Hanna

Preferred Pharmacy WAL-MART PHARMACY (BRAMPTON) QUARRY EDGE/BRICKYARD 50 Quarry Edge Dr

Family History

GF - 3MIs, stroke, T1DM
mother - ca of esophagus
GM - colon ca at age 68
father - ?multiple myeloma; renal ca, prostate c...

Problem List

T2DM
high cholesterol
IBS
invasive ductal carcinoma

History of Past Health

breast reduction 1996
pins in L knee - no MRIs
2021: L breast cancer
Continue Anastrozole 1mg daily till June 2028 as..
Annual mammograms
Oct 2024: Mammogram BiRads 2; annual mam..
Dec 2022: Colonoscopy normal, repeat 2027
PAP N/A: never sexually active
April 2025: BMD normal

Treatments

Forxiga 10 mg 1 time daily for 90 days
rosuvastatin 10 mg 1 time daily for 90 days
metformin 1000mg po BID for 90 days
Ozempic 1mg SC weekly for 90 days
gliclazide 90 mg 1 time daily for 90 days
anastrozole 1mg po daily; continue until June 20..
vitamin B12 1000 mcg 1000 mcg PO once daily
Omnaris 50 mcg 2 sprays 1 time daily
freestyle libre sensor use as directed

Allergies

No known allergies Apr 30, 2019

Immunization

Shingrix ... latest: Dec 30, 2020
Prevnar 13 Jan 20, 2022
Pneumovax 23 Mar 10, 2022
COVID-19 ... latest: Nov 7, 2023
influenza ... latest: Oct 16, 2024

Personal History

Single No children
Processor for NLS Has private ..
Exercise: active at work Nons...

Reminders

McSpadden, Sandra**Age 55 yr #53377 Page 2/5****Sep 26, 2024****Alpha Labs Lab Data****MH**

Accession Number
Collection Date
Ordering Physician: Hanna, Michelle

56618908
Sep 26, 2024 4:52PM

B I O C H E M I S T R Y

HbA1C 8.60 (A) 0.000- 5.90
< 0.060
refer to HbA1C % below

HbA1C % 8.6 (A) 0.0 - 5.9

MH(Sep 30, 2024 13:23): booked for f/u Oct 16, 2024
%

NON-DIABETIC: < 6.0 %
PRE-DIABETES: 6.0 - 6.4 %
DIAGNOSIS OF TYPE 2 DIABETES: > 6.4 %
OPTIMAL CONTROL: < 7.1 %
SUB-OPTIMAL CONTROL: 7.1 - 8.5 %

CREATININE 55 44 - 88
umol/L

eGFR (Creatinine CKD-EPI)

eGFR (Creatinine CKD-EPI) 106 61 - 999
>60 mL/min/1.73
m*2

eGFR (Creatinine): >90 mL/min/1.73 m*2
Considered normal kidney function.

NOTE: 1) Result not validated for use in pregnant women,
patients under 18 years of age, or extremes of
muscle mass.

2) eGFR is calculated using the CKD-EPI 2021 equation
which does not use a race-based adjustment.

Mar 19, 2025**Alpha Labs Lab Data****MH**

Accession Number
Collection Date
Ordering Physician: Hanna, Michelle

56701753
Mar 19, 2025 5:51PM

H E M A T O L O G Y

HEMOGLOBIN 160 (A) 115 - 155
g/L

HEMATOCRIT 0.48 (A) 0.33 - 0.46
L/L

W B C COUNT 4.3 4.0 - 11.0
x10E9/L

R B C COUNT 5.28 (A) 3.80 - 5.20
x10E12/L

MCV 91 80 - 100
fL

MCH 30 27 - 33
pg

MCHC 334 320 - 360
g/L

RDW 13.7 11.5 - 14.5
%CV

PLATELET COUNT 168 150 - 400
x10E9/L

DIFFERENTIAL COUNT

NEUTROPHILS 2.4 2.0 - 7.5
x10E9/L

LYMPHOCYTES 1.6 1.0 - 4.0
x10E9/L

MONOCYTES 0.2 0.0 - 1.2
x10E9/L

EOSINOPHILS 0.1 0.0 - 0.7
x10E9/L

BASOPHILS 0.0 0.0 - 0.4
x10E9/L

B I O C H E M I S T R Y

HbA1C 9.30 (A) 0.000- 5.90

McSpadden, Sandra**Age 55 yr #53377 Page 3/5**

< 0.060

refer to HbA1C % below

HbA1C %

9.3 (A)

0.0 - 5.9

MH(Mar 20, 2025 13:50): booked for f/u March 29, 2025

%

NON-DIABETIC: < 6.0 %

PRE-DIABETES: 6.0 - 6.4 %

DIAGNOSIS OF TYPE 2 DIABETES: > 6.4 %

OPTIMAL CONTROL: < 7.1 %

SUB-OPTIMAL CONTROL: 7.1 - 8.5 %

CREATININE

53

44

- 88

umol/L

eGFR (Creatinine CKD-EPI)

eGFR (Creatinine CKD-EPI)

106

61

- 999

>60 mL/min/1.73

m*2

eGFR (Creatinine): >90 mL/min/1.73 m*2

Considered normal kidney function.

NOTE: 1) Result not validated for use in pregnant women, patients under 18 years of age, or extremes of muscle mass.

2) eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.

SGPT (ALT)

37 (A)

0

32

< 33

U/L

Oct 20, 2025**Alpha Labs Lab Data****MH**

Accession Number

56811463

Collection Date

Oct 20, 2025 11:08PM

Ordering Physician: Hanna, Michelle

B I O C H E M I S T R Y

HbA1C

11.9 (A)

0.000- 5.90

< 0.060

refer to HbA1C % below

HbA1C %

11.9 (A)

0.0

- 5.9

%

NON-DIABETIC: < 6.0 %

PRE-DIABETES: 6.0 - 6.4 %

DIAGNOSIS OF TYPE 2 DIABETES: > 6.4 %

OPTIMAL CONTROL: < 7.1 %

SUB-OPTIMAL CONTROL: 7.1 - 8.5 %

CREATININE

56

44

- 88

umol/L

eGFR (Creatinine CKD-EPI)

eGFR (Creatinine CKD-EPI)

105

60

- 999

>59 mL/min/1.73

m*2

eGFR (Creatinine): >90 mL/min/1.73 m*2

Considered normal kidney function.

NOTE: 1) Result not validated for use in pregnant women, patients under 18 years of age, or extremes of muscle mass.

2) eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.

SGPT (ALT)

32

0

- 32

< 33

U/L

McSpadden, Sandra

Age 55 yr #53377 Page 4/5

Oct 23, 2025

Endocrinology -LMC

MH

Diabetes &
Endocrinology

Patient Referral Form

☐ Barrie ☒ Brampton ☐ Downtown Toronto ☐ Etobicoke ☐ London ☐ Oakville ☐ Ottawa ☐ Mid-Town Toronto ☐ Scarborough ☐ Vaughan

Patient Name: Sandra McSpadden

DOB: 28/06/1970

first name

last name

dd/mm/yyyy

Health #: ON 6012 307 234

Version Code: YX

Uninsured Specify:

Address: 27 Shenstone Ave

number

street name

unit

Brampton L6Z 2Y9

city

postal code

e-mail address - required

416-807-3706

905-846-3801

mobile # - required

home #

work # with extension

☒ Consultation & shared care☐ Diabetes Education only☐ Chiroprody Assessment☐ Consultation only☐ Optometry Consultation

DIABETES/ENDOCRINOLOGY PLEASE SPECIFY:

Following investigations would be helpful:

☒ Routine:☐ Urgent*: _____☒ Diabetes ☐ Type 1 ☒ Type 2 ☐ GDM☐ FPG, A1C, Lipids, Renal Function, uACR☐ Newly Diagnosed Diabetes☐ FPG, A1C, Lipids, Renal Function, uACR☐ Thyroid☐ Thyroid function, Relevant imaging☐ Osteoporosis☐ BMD report <2 years, other relevant labs☐ Lipids☐ TC, LDL, HDL (<3 months), A1C☐ PCOS☐ LH, FSH, estrogen, testosterone, A1C☐ Weight Management☐ BMI > 30, OR BMI > 27 with comorbidities☐ Other (please specify):

* Expect a 5 business day delay in processing referrals. If an assessment is required sooner, we recommend directing your patient to the nearest Emergency Department, or alternatively, try contacting one of our endocrinologists directly.

Notes:

Current Medications:

55 yo F, worsening T2DM, most recent A1C 11.9% (up from 9.3% earlier this year). On several oral meds already. Please advise re: next steps and if insulin is her best option at this time.

Referred Physician Full Name: Michelle Hanna

Referring Physician Billing #: 033758

Physician Signature:

Date: Oct 23, 2025

New Patient Referrals:

T: 1.866.701.ENDO (3636)

F: 1.877.LMC.APPT (562.2778)

E: referrals@lmc.ca

W: www.LMC.ca/referrals

LMC 11 2023

McSpadden, Sandra

Age 55 yr #53377 Page 5/5

Oct 23, 2025

Letter

MH

Needs Printing

To: Dr. LMC (Brampton) North Park Drive Phone: 905-595-0560 Fax: 1-877-562-2778

Dear Dr. LMC (Brampton) North Park Drive:

Re: Sandra McSpadden Jun 28, 1970 Age: 55 yr HN: 6012 307 234 YX
905-846-3801 (H) 416-807-3706 (M preferred)