



Patient Referral Form

☐ Barrie ☐ Mid-Toronto ☐ Brampton ☒ Etobicoke ☐ Markham ☐ Oakville ☐ Thornhill

PATIENT INFORMATION:

Name:

DOUCETTE, FRANCES CHART#:

DOB:

(dd/mm/yyyy)

Heal

HIN: 5281117258 RL SEX: F DOB: 1949-10-11

Uninsured Specify:

264 Lake Promenade City: Etobicoke Province: Postal:

Add:

Etobicoke, ON M8W 1B3

Home: (416) 259-4924

(unit)

(e-mail address)

(home #)

(work # with extension)

(other #)

DIABETES/ENDOCRINOLOGY PLEASE SPECIFY:

The following investigations would be helpful:

<input type="radio"/> Diabetes <input type="radio"/> Type 1 <input checked="" type="radio"/> Type 2 <input type="radio"/> GDM	<input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR
<input type="radio"/> Newly Diagnosed Diabetes Rapid Triage (1-2 weeks)	<input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR

☐ Consultation & shared care

☐ Consultation only

<input type="radio"/> Thyroid	<input type="radio"/> Thyroid function, Relevant imaging
<input type="radio"/> Osteoporosis	<input type="radio"/> BMD report <2 years, other relevant labs
<input checked="" type="radio"/> Lipids	<input type="radio"/> TC, LDL, HDL (<3 months), A1C
<input type="radio"/> PCOS	<input type="radio"/> LH, FSH, estrogen, testosterone, A1C
<input type="radio"/> Other (please specify):	

Notes:

Current Medications:

Uncontrolled DM
Metformin, Januvia, Diamicon
Metformin
Labs - Cleveland

Referred By:

M. Alan

Referring Physician Billing #:

Referring Physician Signature:

Date:

Square Medical Clinic
Dr. Mohammed Alam, MD, CCFP
CPSO 85466, OHIP 020245
WSIB - 980 017 297
5225 Speers Rd, Oakville, ON, L6K 0J4
Tel: 289-837-3311 Fax: 289-837-1010

25/10/24

Patient Info				Results Info	
Patient Name:	FRANCOISE MARIE DOUCETTE	Home Phone:	(416) 259-4924	Date of Service:	2025-10-21 10:39:00
Date of Birth:	1949-10-11	Work Phone:		Date Received:	2025-10-23 17:01
Age:	76 years	Sex:	F	Report Status:	complete
Health #:	5281117258	Patient Location:	LIFELABS ONTARIO	Client Ref. #:	85466
				Accession #:	2025-2Q2940805
Requesting Client: MOHAMMED ALAM			cc: Client: MOHAMMED ALAM		

CHEM4

Test Name(s)	Result	Unit	Reference Range	Unit	Date/Time Completed	Status	Lab Ref #
Glucose Fasting	9.8	H	3.6 - 6.0	mmol/L	2025-10-21 15:48:22	F	5407
Fasting Glucose greater than or equal to 7.0 mmol/L after an 8 hr fast can be used as a provisional diagnosis of diabetes mellitus. If asymptomatic, a repeat confirmation test using Fasting Glucose, HbA1c, or 75g OGTT must be done.							

Hemoglobin A1c

Hemoglobin A1C/Total Hemoglobin	8.4	H	<6.0	%	2025-10-22 00:46:57	F	
<p>Diabetes Canada 2018 Guidelines:</p> <p>Screening and Diagnosis:</p> <ul style="list-style-type: none"> < 5.5 % Normal 5.5% - 5.9 % At risk 6.0% - 6.4 % Prediabetes >OR= 6.5 % Diabetes Mellitus*** <p>***Regarding diagnosis: in the absence of symptomatic hyperglycemia, if a single laboratory test result is in the diabetes range, a repeat confirmatory laboratory test (FPG, A1C, 2hPG in a 75 g OGTT) must be done on another day for diagnosis confirmation.</p> <p>Monitoring: <OR= 7.0 %</p> <p>Target in adults without comorbidities. Other targets may be more appropriate in children, elderly and patients with comorbidities.</p> <p>Results may not accurately reflect mean blood glucose in patients with hemoglobin variants, disorders associated with abnormal erythrocyte turnover, severe renal and liver disorders.</p>							

Creatinine/GFR

Creatinine	82		50-100	umol/L	2025-10-21 15:48:22	F	
Glomerular Filtration Rate (eGFR)	64		See below		2025-10-21 15:48:22	F	
<p>Reference interval: ≥ 60 mL/min/1.73m2</p> <p>eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.</p>							

CHEM6

Test Name(s)	Result	Unit	Reference Range	Unit	Date/Time Completed	Status	Lab Ref #
Lipid Assessment							
Hours After Meal	15			Hours	2025-10-21 15:48:22	F	

MICRO3

Test Number	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Lab Use
Urine Culture							
Specimen Source	MIDSTREAM URINE				2025-10-22 15:29:07	F	5687
Collection Date	21-OCT-2025				2025-10-22 15:29:07	F	
Collection Time	10:39				2025-10-22 15:29:07	F	
Culture Status	Final				2025-10-22 15:29:07	F	
Culture Report	Urine Culture NO GROWTH				2025-10-22 15:29:07	F	

END OF REPORT

S407 - KENNEDY 6560 Kennedy Road Mississauga Ontario L5T 2X4 Canada B

5687 - LifeLabs 100 International Blvd. Toronto Ontario M9W 6J6 Canada B