

Mount Pleasant Clinic

245 Eglinton Avenue East (Unit 5),
Toronto, Ontario, M4P 3B7
Phone: 437-826-3005
Fax: 437-294-0885

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Mount Pleasant Clinic

Dr. Sasha Richards

245 Eglinton Avenue East (Unit 5) Toronto Ontario M4P 3B7

Tel: 437-826-3005 ex Fax: 437-294-0885

Consultation Request

Date:	2025-10-23	Patient:	VARGAS FLORES, ANA
Status:	Urgent	Address:	- 990 Avenue Road Toronto, CA-ON, M5P 2K8
Service:	Endocrinology	Phone:	
Consultant:	(LMC Downtown) Mak, Jessica	Work Phone:	
Phone:	416-237-0104	Cell Phone:	6477606130
Fax:	647-478-2415	Email:	a.c.v.f@hotmail.com
Address:	123 Edward St	Birthdate:	1976-04-10 (y/m/d)
		Sex:	F
		Health Card No.:	(ON) 5481132149 WC
		Appointment date:	
		Time:	
		Chart No.:	

Reason for consultation:

Dear Dr. Mak- I would be grateful for a review of patient- known to have Hashimoto's - currently on L thyroxine 100mcg for 6 days of the week and then 50mcg on Sunday. Thyroid levels have not been well controlled. She struggles with sweating, cold intolerance, GI discomfort, sleep challenges, anxiety and tremors at times. I have attached her latest blood test results

Pertinent Clinical Information:

Medical History:

Rheumatoid Arthritis, Hashimoto Thyroid
had surgery to right hand- march 31, 2025
hysterectomy at 27 years

Allergies:

No Known Drug Allergies Custom Allergy

Richards, Dr. Sasha (052765)

Signature:



Detail Results: Patient Info				Results Info		
Patient Name:	ANA VARGAS FLORES	Home Phone:	(647)760-6130	Date of Service:	2025-10-09 12:46	
Date of Birth:	1976-04-10	Work Phone:		Date Received:	2025-10-10 08:11	
Age:	49 years	Sex:	F	Report Status:	Final	
Health Care #:	5481132149	Patient Location:	GDML	Client Ref. #:		
				Accession #:	BJ-56169412	
Requesting Client:	S.N. RICHARDS	cc: Client:				

CHEMISTRY						
Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status
CK						
CK	154	N	<= 189.9	U/L	2025-10-10 07:14:10	
GGT						
GGT	17	N	<= 35.99	U/L	2025-10-10 07:14:10	
AST						
AST	21	N	<= 30.99	U/L	2025-10-10 07:14:10	
ALT						
ALT	23	N	<= 35.99	U/L	2025-10-10 07:14:10	
TSH						
TSH	0.01	L	0.35 - 5.00	mIU/L	2025-10-10 07:14:10	

END OF REPORT
