



## Patient Referral Form

☐ Barrie ☐ Mid-Toronto ☐ Brampton ☐ Etobicoke ☐ Markham ☒ Oakville ☐ Thornhill

### PATIENT INFORMATION:

Name: WALID MOHAMMAD HAMID CHART#:  
HIN: 7581905002 AJ SEX: M DOB: 1967-04-04  
Health Car: 1301-706 DUNDAS ST. WEST  
Mississauga, ON L5C1C9  
Address: Home: 905 808 2672

DOB:

(dd/mm/yyyy)

Uninsured Specify:

(unit)

(e-mail address)

(city)

(postal code)

(home #)

(work # with extension)

(other #)

### DIABETES/ENDOCRINOLOGY PLEASE SPECIFY:

The following investigations would be helpful:

☒ Diabetes ☐ Type 1 ☒ Type 2 ☐ GDM

☐ FPG, A1C, Lipids, Renal Function, uACR

☐ Newly Diagnosed Diabetes Rapid Triage (1-2 weeks)

☐ FPG, A1C, Lipids, Renal Function, uACR

☐ Consultation & shared care

☐ Consultation only

☐ Thyroid

☐ Thyroid function, Relevant imaging

☐ Osteoporosis

☐ BMD report <2 years, other relevant labs

☒ Lipids

☐ TC, LDL, HDL (<3 months), A1C

☐ PCOS

☐ LH, FSH, estrogen, testosterone, A1C

☐ Other (please specify):

### Notes:

### Current Medications:

Uncontrolled DM

- Labr Enclored

- Meds - ezetimibe, atorvastatin, januvia, Dianin

Referred By:

Referring Physician Billing #:

020245

Referring Physician Signature:

Date:

25/10/24

New Patient Referrals:

T: 1.866.701.ENDO (3636) x450  
E: referrals@lmc.ca

F: 1.877.LMC.APPT (562.2778)  
W: www.LMC.ca/referrals

<b>Detail Results:</b> Patient Info		<b>Result Info:</b>	
<b>Patient Name:</b> MOHAMMAD WALID	<b>Home Phone:</b> (905)808-2672	<b>Date of Service:</b> 2025-10-22 07:52	
<b>Date of Birth:</b> 1967-04-04	<b>Work Phone:</b>	<b>Date Received:</b> 2025-10-24 07:02	
<b>Age:</b> 58 years	<b>Sex:</b> M	<b>Report Status:</b> Final	
<b>Health #:</b> 7581905002	<b>Patient Location:</b> GDML	<b>Client Ref. #:</b>	
		<b>Accession #:</b> 96-56324765	
<b>Requesting Client:</b> M.S. ALAM		<b>cc: Client:</b>	

## CHEMISTRY

Test Name(s)	Result	Abn.	Reference Range	Unit	Date/Time Completed	Sign
<b>ALBUMIN R U</b>						
ALBUMIN RANDOM U	29	N		mg/L	2025-10-22 22:52:41	F
ALBUMIN/CREAT RATIO	1.5	N	<= 2.99	mg/mmol creat	2025-10-22 22:52:41	F
<b>5-YEAR KFRE</b>						
5-YEAR KFRE			<= 4.99	%	2025-10-23 01:42:36	F

An eGFR  $\geq 60$  mL/min/1.73m<sup>2</sup> and an ACR <3 mg/mmol rules out CKD stage G3-G5 and albuminuria. The KidneyWise toolkit (kidneywise.ca) recommends remeasuring eGFR and urine ACR annually for people with diabetes mellitus and less frequently in others unless clinical circumstances dictate otherwise.  
KFRE not indicated when eGFR  $\geq 60$  mL/min/1.73m<sup>2</sup>

GLUCOSE SERUM FASTING	13.2	H	3.6 - 6.00	mmol/L	2025-10-23 22:38:47	F
3.6 - 6.0 NORMAL FASTING GLUCOSE						
6.1 - 6.9 IMPAIRED FASTING GLUCOSE						
>6.9 PROVISIONAL DIAGNOSIS OF DIABETES MELLITUS						

## CREATININE

CREATININE	76	N	60 - 110.00	umol/L	2025-10-23 22:38:47	F
eGFR	100	N	60 - 99999.99	mL/min/1.73 m <sup>2</sup>	2025-10-23 22:38:47	F

eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.

HOURS FASTING	12	N		hrs	2025-10-23 22:38:47	F
CHOLESTEROL	7.20	H	<= 5.19	mmol/L	2025-10-23 22:38:47	F

Total cholesterol and HDL-C used for risk assessment and to calculate non-HDL-C.

TRIGLYCERIDES	4.00	H	<= 1.69	mmol/L	2025-10-23 22:38:47	F
If nonfasting, triglycerides <2.00 mmol/L desired.						

HDL CHOLESTEROL	0.92	L	1.00 - 9999.00	mmol/L	2025-10-23 22:38:47	F
M: $\geq 1.00$ mmol/L						
HDL-C <1.00 mmol/L indicates risk for metabolic syndrome.						

## LDL CHOLESTEROL CALC.

LDL CHOLESTEROL CALC.	4.50	H	<= 3.49	mmol/L	2025-10-23 22:38:47	F
LDL-C was calculated using the NIH equation.						
For additional LDL-C and non-HDL-C thresholds based on risk stratification,						



☐ Barrie   ☐ Mid-Toronto   ☐ Brampton   ☒ Etobicoke   ☐ Markham   ☐ Oakville   ☐ Thornhill

<b>Name:</b>	THORPE JULIA CHART#:	<b>DOB:</b>	(dd/mm/yyyy)
<b>Health Ca</b>	HIN:2639378872 KW SEX:F DOB:1967-12-16	<b>Uninsured Specify:</b>	
	165 kennedy rd s		
<b>Address:</b>	brampton, ON L6W 3L3		
	Home: 647 781 2233	(unit)	
	(city)	(e-mail address)	
	(home #)	(work # with extension)	(other #)

**The following investigations would be helpful:**

<input type="radio"/> Diabetes <input type="radio"/> Type 1 <input checked="" type="radio"/> Type 2 <input type="radio"/> GDM	<input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR
<input type="radio"/> Newly Diagnosed Diabetes Rapid Triage (1-2 weeks)	<input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR

☐ Consultation & shared care      ☐ Consultation only

<input type="radio"/> Thyroid	<input type="radio"/> Thyroid function, Relevant imaging
<input type="radio"/> Osteoporosis	<input type="radio"/> BMD report <2 years, other relevant labs
<input checked="" type="radio"/> Lipids	<input type="radio"/> TC, LDL, HDL (<3 months), A1C
<input type="radio"/> PCOS	<input type="radio"/> LH, FSH, estrogen, testosterone, A1C
<input type="radio"/> Other (please specify):	

**Current Medications:**

Uncontrolled DM  
Lab - Enclosed

— Math — Candace — Travis —

Referred By: Ham 2

Referring Physician Billing #:

Referring Physician Signature:

Date:

**New Patient Referrals:** T: 1.866.701.ENDO (3636) x450 F: 1.877.LMC.APPT (562.2778)  
E: referrals@lmc.ca W: www.LMC.ca/referrals

43205

Patient Results - Patient Info				Results Info	
<b>Patient Name:</b>	JULIA MAY THORPE	<b>Home Phone:</b>	(647) 781-2233	<b>Date of Service:</b>	2025-10-22 10:36:00
<b>Date of Birth:</b>	1967-12-16	<b>Work Phone:</b>		<b>Date Received:</b>	2025-10-23 22:00
<b>Age:</b>	57 years	<b>Sex:</b>	F	<b>Report Status:</b>	complete
<b>Health #:</b>	2639378872	<b>Patient Location:</b>	LIFELABS ONTARIO	<b>Client Ref. #:</b>	85466
				<b>Accession #:</b>	2025-2S2950817
<b>Requesting Client:</b> MOHAMMED ALAM			<b>cc: Client:</b> MOHAMMED ALAM, JONATHAN PINTO		

## HAEM1

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Lab Ref #
<b>Complete Blood Count</b>							
WBC	8.0		4.0 - 11.0	x E9/L	2025-10-22 14:21:29	F	5407
RBC	4.57		4.00 - 5.10	x E12/L	2025-10-22 14:21:29	F	
Hemoglobin	137		120 - 160	g/L	2025-10-22 14:21:29	F	
Hematocrit	0.418		0.350 - 0.450	L/L	2025-10-22 14:21:29	F	
MCV	92		80 - 100	fL	2025-10-22 14:21:29	F	
MCH	30.0		27.5 - 33.0	pg	2025-10-22 14:21:29	F	
MCHC	328		305 - 360	g/L	2025-10-22 14:21:29	F	
RDW	13.0		11.5 - 14.5	%	2025-10-22 14:21:29	F	
Platelets	267		150 - 400	x E9/L	2025-10-22 14:21:29	F	
Neutrophils	5.3		2.0 - 7.5	x E9/L	2025-10-22 14:21:29	F	
Lymphocytes	1.7		1.0 - 3.5	x E9/L	2025-10-22 14:21:29	F	
Monocytes	0.4		0.2 - 1.0	x E9/L	2025-10-22 14:21:29	F	
Eosinophils	0.5		0.0 - 0.5	x E9/L	2025-10-22 14:21:29	F	
Basophils	0.0		0.0 - 0.2	x E9/L	2025-10-22 14:21:29	F	
Immature Granulocytes	0.0		0.0 - 0.1	x E9/L	2025-10-22 14:21:29	F	
Nucleated RBC	0			/100 WBC	2025-10-22 14:21:29	F	

## CHEM1

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Lab Ref #
Vitamin B12	230		>220	pmol/L	2025-10-22 15:53:32	F	
	>220 pmol/L: Normal, deficiency unlikely 150-220 pmol/L: Borderline, deficiency is possible <150 pmol/L: Low, consistent with deficiency						
Ferritin	154			ug/L	2025-10-22 16:01:43	F	

In absence of concomitant inflammation, Ferritin levels can be interpreted as follows:

30-50 ug/L: Probable iron deficiency  
 51-100 ug/L: Possible iron deficiency, if risk factors are present  
 101-300 ug/L: Iron deficiency unlikely  
 =>600 ug/L: Consider test for iron overload

In patients with concomitant inflammation, use Iron Studies, including TIBC and Transferrin Saturation, to assess Iron Deficiency status.

For guidance, see [www.hemequity.com/raise-the-bar](http://www.hemequity.com/raise-the-bar)

## CHEM4

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Lab Use
	<p>Results indicate mild to moderate CKD. If this is the first result with an eGFR &lt;60, confirm results with repeat eGFR at least 3 months later. A urine ACR measurement is required to stage CKD and further evaluate risk of renal failure. Once results have been confirmed:</p> <p>If urine ACR &gt;60, 5-year KFRE ≥5%, or eGFR declines &gt;5ml/min/1.73m<sup>2</sup> over a 6 month period, refer to nephrology.</p> <p>If eGFR remains between 30 and 59ml/min/1.73m<sup>2</sup> and declines &lt;5ml/min/1.73m<sup>2</sup> over a 6 month period measure eGFR and urine ACR every 6 months, or annually if eGFR is stable for ≥2 years.</p> <p>See the KidneyWise toolkit (kidneywise.ca) for management recommendations and additional indications that may warrant referral to nephrology in the future.</p> <p>Reference interval: ≥60 mL/min/1.73m<sup>2</sup></p> <p>eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.</p>						

## CHEM6

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Lab Use
<b>Lipid Assessment</b>							
Hours After Meal	0			Hours	2025-10-22 15:40:27	F	
Triglyceride	2.66	H		mmol/L	2025-10-22 15:40:27	F	
	FASTING: <1.70 mmol/L NON-FASTING: <2.00 mmol/L						
Cholesterol	3.37		<5.20	mmol/L	2025-10-22 15:40:27	F	
	Total cholesterol and HDL-C used for risk assessment and to calculate non HDL-C.						
HDL Cholesterol	0.91	L	≥1.30	mmol/L	2025-10-22 15:40:27	F	
	HDL-C <1.30 mmol/L indicates risk for metabolic syndrome.						
Non HDL Cholesterol	2.46		<4.20	mmol/L	2025-10-22 15:40:27	F	
	Non HDL-Cholesterol is not affected by the fasting status of the patient.						
LDL Cholesterol	1.48		<3.50	mmol/L	2025-10-22 15:40:27	F	
	LDL-C is calculated using the NIH equation.						
	For additional LDL-C and non-HDL-C thresholds based on risk stratification, refer to 2021 CCS Guidelines. Can J Cardiol. 2021;37(8):1129-1150.						
Cholesterol/HDL Cholesterol	3.7				2025-10-22 15:40:27	F	
	Cholesterol/HDL-C is not included in the 2021 CCS guideline as a lipid initiation or treatment target but is recognized as an indicator of high CVD risk at Cholesterol/HDL-C ratio >6.0						



## Patient Referral Form

☐ Barrie ☐ Mid-Toronto ☐ Brampton ☒ Etobicoke ☐ Markham ☐ Oakville ☐ Thornhill

### PATIENT INFORMATION:

Name: DOUCETTE, FRANCES CHART#: \_\_\_\_\_ DOB: \_\_\_\_\_ (dd/mm/yyyy)  
Heal HIN: 5281117258 RL SEX: F DOB: 1949-10-11 \_\_\_\_\_ Uninsured Specify: \_\_\_\_\_  
264 Lake Promenade City: Etobicoke Province: Postal: \_\_\_\_\_  
Add: Etobicoke, ON M8W 1B3 \_\_\_\_\_ (unit) \_\_\_\_\_  
Home: (416) 259-4924 \_\_\_\_\_ (e-mail address) \_\_\_\_\_  
\_\_\_\_\_  
(home #) (work # with extension) (other #)

### DIABETES/ENDOCRINOLOGY PLEASE SPECIFY:

### The following investigations would be helpful:

<input type="radio"/> Diabetes <input type="radio"/> Type 1 <input checked="" type="radio"/> Type 2 <input type="radio"/> GDM	<input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR
<input type="radio"/> Newly Diagnosed Diabetes Rapid Triage (1-2 weeks)	<input type="radio"/> FPG, A1C, Lipids, Renal Function, uACR

☐ Consultation & shared care ☐ Consultation only

<input type="radio"/> Thyroid	<input type="radio"/> Thyroid function, Relevant imaging
<input type="radio"/> Osteoporosis	<input type="radio"/> BMD report <2 years, other relevant labs
<input checked="" type="radio"/> Lipids	<input type="radio"/> TC, LDL, HDL (<3 months), A1C
<input type="radio"/> PCOS	<input type="radio"/> LH, FSH, estrogen, testosterone, A1C
<input type="radio"/> Other (please specify): _____	

### Notes:

### Current Medications:

Uncontrolled DM  
Met - Januvia, Diamicon  
- Metformin  
Lab - Cleveland

### Referred By:

### Referring Physician Billing #:

M. Alan

### Referring Physician Signature:

### Date:

Square Medical Clinic  
Dr. Mohammed Alam, MD, CCFP  
CPSO 85466, OHIP 020245  
WSIB - 980 017 297  
5-225 Speers Rd, Oakville, ON, L6K 0J4  
Tel: 289-837-3311 Fax: 289-837-1110

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Demographics - Patient Info				Results Info	
<b>Patient Name:</b>	FRANCOISE MARIE DOUCETTE	<b>Home Phone:</b>	(416) 259-4924	<b>Date of Service:</b>	2025-10-21 10:39:00
<b>Date of Birth:</b>	1949-10-11	<b>Work Phone:</b>		<b>Date Received:</b>	2025-10-23 17:01
<b>Age:</b>	76 years	<b>Sex:</b>	F	<b>Report Status:</b>	complete
<b>Health #:</b>	5281117258	<b>Patient Location:</b>	LIFELABS ONTARIO	<b>Client Ref. #:</b>	85466
				<b>Accession #:</b>	2025-2Q2940805
<b>Requesting Client:</b> MOHAMMED ALAM			<b>cc: Client:</b> MOHAMMED ALAM		

CHEM4							
Test Name(s)	Result	Unit	Reference Range	Units	Date/Time Completed	Sex	Lab Ref #
Glucose Fasting	9.8	H	3.6 - 6.0	mmol/L	2025-10-21 15:48:22	F	8407
Fasting Glucose greater than or equal to 7.0 mmol/L after an 8 hr fast can be used as a provisional diagnosis of diabetes mellitus. If asymptomatic, a repeat confirmation test using Fasting Glucose, HbA1c, or 75g OGTT must be done.							

Hemoglobin A1c							
Hemoglobin A1C/Total Hemoglobin	8.4	H	<6.0	%	2025-10-22 00:46:57	F	
Diabetes Canada 2018 Guidelines:							
Screening and Diagnosis:							
< 5.5 % Normal							
5.5% - 5.9 % At risk							
6.0% - 6.4 % Prediabetes							
>OR= 6.5 % Diabetes Mellitus***							
***Regarding diagnosis: in the absence of symptomatic hyperglycemia, if a single laboratory test result is in the diabetes range, a repeat confirmatory laboratory test (FPG, A1C, 2hPG in a 75 g OGTT) must be done on another day for diagnosis confirmation.							
Monitoring: <OR= 7.0 %							
Target in adults without comorbidities. Other targets may be more appropriate in children, elderly and patients with comorbidities.							
Results may not accurately reflect mean blood glucose in patients with hemoglobin variants, disorders associated with abnormal erythrocyte turnover, severe renal and liver disorders.							

Creatinine/GFR							
Creatinine	82		50-100	umol/L	2025-10-21 15:48:22	F	
Glomerular Filtration Rate (eGFR)	64		See below		2025-10-21 15:48:22	F	
Reference interval: =>60 mL/min/1.73m2							
eGFR is calculated using the CKD-EPI 2021 equation which does not use a race-based adjustment.							

CHEM6							
Test Name(s)	Result	Unit	Reference Range	Units	Date/Time Completed	Sex	Lab Ref #
Lipid Assessment							
Hours After Meal	15			Hours	2025-10-21 15:48:22	F	

## MICRO3

Test Number	Results	Unit	Reference Range	Units	Time Time Completed	Status	Accession
<b>Urine Culture</b>							
Specimen Source	MIDSTREAM URINE				2025-10-22 15:29:07	F	5687
Collection Date	21-OCT-2025				2025-10-22 15:29:07	F	
Collection Time	10:39				2025-10-22 15:29:07	F	
Culture Status	Final				2025-10-22 15:29:07	F	
Culture Report	Urine Culture NO GROWTH				2025-10-22 15:29:07	F	

## END OF REPORT

5407 - KENNEDY 6560 Kennedy Road Mississauga Ontario L5T 2X4 Canada B  
 5687 - LifeLabs 100 International Blvd. Toronto Ontario M9W 6J6 Canada B