

ACTIVITIES

Activities are goal-directed sets of actions—paths towards things people want to accomplish.

- Sports
- Art classes
- Cooking classes
- Swimming
- Dance lessons
- Day camp activities
- Gymnastics
- Skating
- Weight lifting
- Rock climbing
- Job preparation
- Running

ENVIRONMENTS

Environments include the entire arena where activities take place.

- Computer room
- Dance studio
- Daycare
- Employment centre
- Fitness/Weight room
- Gymnasium
- Running Tracks
- Kitchen
- Lounge
- Multipurpose room
- Multipurpose field
- Basketball court
- Outdoor dry pad
- Shower room
- Swimming Pool
- Ice rink
- Rock climbing room

INTERACTIONS

Interactions are exchanges between a person and someone or something else—They are the building blocks of activities.

- Connection to Nelson Mandela Park Public School
- Instructors teaching students
- Advisors offering employment-seeking assistance
- Speaking to the receptionist to sign in
- Friendly conversations with others within the community

OBJECTS

Objects and devices are things that people have in their environments, which relate to their activities.

- Weights
- Balls
- Cooking utensils
- Seating
- Computers
- Keyboards and mice
- Clay
- Paints and brushes
- Elevator
- Ping pong table
- Pool table
- Showers

USERS

Users are those whose behaviours, preferences, and needs are being observed.

- Instructors
- Students
- Children
- Adults
- Seniors
- Lifeguards
- Parents
- Job searches
- Librarians
- Custodians
- Receptionists
- Fitness trainers