



# GASING PANGKAH

Gasing pangkah is a competitive Malay game of spinning tops in which two or more players compete to strike each other's top out of a circle or to make it fall over and stop spinning

*Gasing pangkah tournament in Brunei*



## 3 steps to throw Gasing

### 1. Coill the string

- Hold the gasing using your left hand
- Secure the string using your left thumb
- Coil the string around moving in an anti-clockwise direction

### 2. Hold the gasing

- Make sure the bottom is facing outward
- Grip the excess string using 3 bottom fingers
- Index finger should be supporting the gasing

### 3. Throw the gasing

- Put your left leg forward
- Swing your right arm to get momentum
- Throw the gasing & pull the string back



Modern video game is defeated by traditional games. Because reality is always better than virtual. Video games is a play with machine while traditional games is a play with being.

-Priyadharsini Balaji

*"LIFE IS MORE FUN IF YOU PLAY GAMES"*



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SCAN ME



# JOHOR TRADITIONAL GAMES



## SEPAK RAGA



Earliest historical evidence shows that the game was played in the 15th century's Malacca Sultanate. The Malay Annals described in the incident of Raja Muhammad, son of Sultan Mansur Shah who was accidentally hit with a rattan ball by Tun Besar, son of Tun Perak, in a sepak raga game.



*A group of Sepak Raga player's weighing the ball*

## BATU SEREMBAN

Selambut games only need a few pieces of fruit. Rubber seeds, pebbles or small stones, chunks of other objects commonly used round, often as much as five seeds.



*A group of female student playing Batu Seremban*

In addition, the cloth bag sewn and filled with saga seeds, sand, etc



## HOW TO PLAY :



*A boy playing Diabolo tricks*

1. If you are right-handed, follow the instructions precisely.
2. Place the diabolo down on the ground directly in front of you
3. Roll the diabolo over to your right foot, and let it stop.
4. Before it stops spinning, move the right stick up and down in a "hitting" motion.

## DIABOLO

5. The diabolo will naturally tilt away from or toward you
6. The diabolo naturally tends to unbalance until you learn to keep it at consistent high speeds.
7. When you can keep the diabolo level and with reasonable speed, try learning to throw and catch it.



## FUN FACTS

## KABADDI

- ❑ India's dominance of kabaddi Game.
- ❑ The women/girls are also welcome in this Game.
- ❑ Star Sports Pro Kabaddi registered the complete record viewership in its inaugural season.
- ❑ Star Sports Pro Kabaddi introduces the whole kabaddi world to India.
- ❑ Kabaddi has a special place in Indian cinema.

*Kabaddi player competed in Pro Kabaddi League*



Legend has it that kabaddi originated in Tamil Nadu over 4,000 years ago. Past fans include the Buddha, and the princes who played to display their strength and win their brides. Kabaddi was being played at a competitive level internationally. The sport became part of the Beijing Asian Games in 1990.